



From the Director's Desk



As I sit and ponder and write to you, it is my opportunity to share with you observant impressions and learnings that I have gathered over the years. In this message I would like to share my views on 'Discipline.'

As years pass by and you slowly grow up, your canvas of life continues to expand and your choices continue to grow as well; you prepare to fill your world with colours of your choice, colours which eventually shape the pictures of your life. To put it simply your choices create circumstances which shape the quality of your life. So as an educator here, I would like to emphasize what I have learnt through my many years of experience. Discipline in my view is an all encompassing umbrella that pervades every facet of life.

What does discipline mean? Can it be defined by walking in a line, adhering to school and class rules, listening to your teacher and countless other instructions that you receive in school or at home? Yes, but that is just a small part of the action you to follow discipline; the definition of discipline is much wider in scope, and trust me once you understand discipline, the follow up is then easy. As Gautam Buddha said: "To enjoy good health, to bring true happiness to one's family, to bring peace to all, one must first discipline and control one's own mind. If a man can control his mind he can find the way to enlightenment, and all wisdom and virtue will naturally come to him." Life is a journey through a winding path in which you will inevitably encounter tough terrains and road blocks. The quality of your life depends on how you deal with these difficult situations: do you allow them to control you or do you choose to control them? If you allow them to own you, it will be a tough task to find your true character but, if you take onus for your life situations, then a challenge will become an adventure. Hence the need to discipline your mind, to set your own boundaries, to be your own watchman. The most common misconception about discipline is that it fetters you, it hampers your freedom. However that is not true. Following discipline for yourself and not for anybody else is, in reality, freeing. Structure, in the long run is the key to positive freedom. So from now on, follow rules because you want to, because it improves the quality of life, because it improves you as a person. Do it for self growth and not because somebody has asked you to.

Ms. Sudha Goyal
School Director

From the Principal Primary School



Developing Critical Thinking Skills in Children

It is the innate nature of children to question. They are curious and want to know how the world works around them. We as adults need to take this opportunity and convert it into

a lesson on critical thinking skills. Developing critical thinking skills in early age through questioning and counter questioning help children find solutions to their everyday problems. As parents encourage children to analyze and evaluate situations around them, the core of critical thinking is being responsive to information and not just accepting it. Below are listed some tips which I picked up from an interesting article on thinking skills:

Observe and draw conclusions.

- When children begin to make detailed observations about objects or information, they are then able to draw conclusions or make judgments based on those observations.
- When a child asks the question -Why?... Respond with - Why do you think? To encourage the child to draw his or her own conclusions.
- This is the beginning of scientific observation skills that will be useful and necessary throughout life.

Compare and contrast items and topics.

- This allows children to tell the ways things are similar and different and helps them analyze and categorize information.
- A simple example of this activity is to have children compare and contrast an apple and an orange. Allow them to describe all the ways they are similar and different.
- Comparing and contrasting stories is another way to encourage critical thinking. Children are analyzing characters, settings, plot and other story elements when they list the way stories are the same and different.

Discuss and analyze stories.

- Have children retell a story you have read in their own words. This encourages them to summarize the main ideas of the story instead of just responding to specific questions with facts.
- Ask questions that do not have direct answers in the story. This makes the children infer and draw their own conclusions based on their understanding of the story. Ask the children to analyze character and setting elements in the story. This is a good opportunity to have the child compare and contrast within the story and outside of the story.
- Have the children relate the story to their own lives or outside events. This is the beginning important critical thinking skill called synthesizing, where children begin to use the information in new ways and apply it to different ideas.

Provide stories without conclusions.

- Telling a story without an ending and asking the children to finish the story is another way to encourage critical thinking skills such as synthesis. The children must take the information from the story and creatively compile it, draw conclusions and come up with their own ending.
- This can also be done by asking a child "What do you think happened next?" on a familiar story that does have an ending, such as a fairy tale.

Therefore, encouraging children to think critically will prepare them to judge situations in life with a balanced approach, hence, enable them to think for themselves and review circumstances correctly before taking any action.

"Critical thinking is thinking about your thinking while you're thinking in order to make your thinking better." — Richard Paul

Ms. Seema Bhati
Primary School Principal



Let's see what's buzzing in the

INITIALS



"There is no labour a person does that is undignified; if they do it right." -Bill Cosby.

The students of the Initial Chapter reaffirmed their faith in these words through a special assembly to commemorate 'Labour Day'. They became aware and were sensitized towards showing respect for all work and believing in equality of all humans. The young Highlanders expressed their appreciation towards the 'didis and bhaiyas' by presenting each one of them with a group photo framed by students.



To inculcate camaraderie-ship amongst the new joiners, Monkey Business along with the Initials Annual function was staged on 10th May'2014. Through this musical adaptation of the classic 'Alice in Wonderland', the little Highlanders showcased their riveting performances, full of sparkle, dance and drama transporting all into the world of fantasy and joy.

It's summer time again- Soaring temperatures, cooling ice-creams and lethargy setting in.

Summer Camp Initials



With the soaring temperatures and the school closing for vacations in mid May, SHIS offered an exciting range of activities to keep the little ones engaged during the break. The 'Summer Fervour' commenced with great zeal and energy for the duration 19th-30th May'2014. The fun filled ambience of the summer camp helped nurture a feeling of friendliness and unity. Siblings and friends were also welcomed. In our endeavour to make the experience enriching, a range of age appropriate and exciting activities for the children were planned. The camp provided the right instruction, equipment and facilities for children to enhance their sports abilities, their artistic talents, and their adventure skills. The focus of the summer camp activities was to make them independent, build team spirit, develop inter personal and life skills. They were encouraged to work co-operatively and to appreciate each others work. The camp offered a plethora of activities like art and craft, music, storytelling, cooking, magic show, puppet show, fun games, horse riding and much more for the little ones. Not only this, splash pool helped in beating the summer heat in the most fun way. 'Movers and Shakers' focused on enhancing gross motor skills through

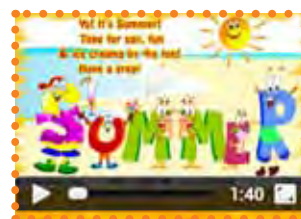


dance and sports. On culmination of the camp children carried home a hamper filled with their creative products.

Back to School....



Like all good things come to an end, so did the summer break and the young scholars came back to school on 30th June '14 filled with unbridled energy. The Home Room Tutors welcomed all and eased the children into the school routine. Armed with loads of stories and experiences to share with their peers and teachers alike, children shared how they spent their summer vacations. Not only this, learning to be responsible and sensitive towards the environment, children of the Nursery and Kindergarten sections presented their summer research projects sharing their findings on how to save our planet. The summer connect letters /cards sent by the



teachers were appreciated and carried along by most of them.

Growing fast and becoming more independent by the day, the young learners of Pre Nursery continue with their learning of self awareness. Their growing self management skills are aptly in display with the way they are beginning to exhibit confidence



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in handling resources and in conducting themselves in various co curricular activities. On the other hand, in the unit under the theme, 'How we express ourselves children are exploring and extending their creative side by learning about colours and shapes. While through various engagements children are learning how different shapes like, celebrating colour days has helped in developing appreciation for aesthetics and learning the significance of different colours. Students of Nursery, are in the process of inquiring about human relationships under the theme 'Who we are' and what constitutes the same. Learning about the existence of similar and different families, inviting parents with family members, narrating stories and interpreting the different types of families through a bar graph has led to a deeper conceptual understanding of the same.

The young inquirers of Kindergarten continued with their journey of learning about significance of water under the theme, 'Sharing the planet'. Learning about the need for clean water, the learners visited the R.O. plant to understand the purification process as well conducted the experiment of water filtration in the science lab. Further more, demonstrated responsible behaviour and took action of their learning by conducting a water rally around the school premises, spreading the message of need for water conservation.

Ms. Rupa Chauhan
Initial School Principal





PYP



International-Mindedness: A journey from 'SELF' to 'OTHER'

International-mindedness isn't something that can be taught through distinct lessons; it's a frame of mind that needs a period to cultivate. It is the growing sense of the 'OTHER'. The most helpful way of considering what international-mindedness might be: a journey from 'Self' to 'Other'. We at SHIS facilitate children in building up a strong sense not only of themselves and their own identity, which is definitely crucial, but alongside that, a deep sense and awareness of other peoples, cultures, countries and customs, then we offer them a great chance to be truly 21st century global citizens.

Living in an interconnected world as we now do, and facing complex challenges –ranging from global warming, poverty, lack of education, women empowerment– will require a generation of problem solvers and creative thinkers, who see these issues not from one but multiple perspectives. These global challenges and problems will ultimately be faced by the children going through schools today, and what better chance do we have but help our children, from the earliest age possible, develop that strong sense of the 'OTHER'.



Our Highlanders have exhibited and are further inheriting the core essence of International Mindedness especially through the IB Learner Profiles: Open-Minded, Thinkers, Communicator, Principled, Caring, Risk Takers (Courageous), Balanced, Knowledgeable, Inquirer.

A six-year-old in his/her formative years is internationally-minded when he/she along the pathway develops a greater sense of the 'OTHER'. So it may well be knowing that the children in their classrooms have different home countries, and being able to work with each other and being able to respect one another's independence and individuality.



Pre-Nursery students delved on how expressions and colours are related and that use of colours is different for different people, hence valuing others perspectives. Nursery students explored different family setups both local and global. They respected and acknowledged how their friends and peers come from a range of families i.e. nuclear and joint. This also helped them gain insight into cosmopolitanism ways of living. Awareness of social structures within their own and other countries made them recognize this diversification.



Grade I delved on the essence of humanity and nature which is interdependence; through the Transdisciplinary Theme- Sharing the planet. Focusing on how no individual is self sustained which further leads to sharing of resources helped them foster respect and value these ever widening relationships. The other Grade group explored the Transdisciplinary Theme- Who we are and realized how we are same and yet different across the globe. How our form changes within and outside our geographical boundaries. Respect for our body as well as that of others was also highlighted through the unit.



Grade II pondered over the related concepts of biodiversity and responsibility while exploring the Transdisciplinary Theme- Sharing the planet. Exploring the Function and Connection between insects and humans surfaced, as they went deeper into harmful and useful insects. Though insects are useful as well as harmful but we mustn't exploit these creatures was the crux of this inquiry.



Identifying how cuisines differ across the globe was another positive learning experience for Grade III students under the Transdisciplinary Theme -Who we are. Understanding how eating habits differ from person to person was well comprehended by these young enthusiastic learners.



Through the Transdisciplinary Theme -Sharing the planet, students of Grade IV inquired into the connection of oceans and the life surrounding it. They also pondered over the importance of saving and conserving ocean animals which is a global concern. Sustainability of endangered species and world action were also scrutinized. International efforts on global environmental concerns and related conflicts enabled them to think of solutions to this devastating apprehension.

For older students of Grade V, international learning outcomes included knowing about the lives of people in other countries, cultural and historical significance of money, trade or being able to identify ways in which people work together





for mutual benefit as they explored the Transdisciplinary Theme-How the world works. On the other hand the other grade group reflected on various forms of media and their influence on us while exploring the Central Idea 'Media can influence and alter our perception and choices.' Students could analyse and create an understanding of how media has brought the world closer and has been a stimulus in global cultural awareness and exchange.



International education doesn't mean we forget what's on our doorstep. International Mindedness transitions from Local to Global. 'International' needn't only mean the many nationalities that make up a school population, but can also be something much deeper. It's about RESPECT and TOLERANCE and circulates around the IB Learner Profile and Attitudes with students imbibing and demonstrating them all the way.



International mindedness is specifically an attitude of openness and curiosity. It is an attitude toward the world and different cultures. The goal of international mindedness is a deep understanding of human action and interactions, and their complexity, diversity and motives. In the 21st century, internationally minded learners need the skill to be "Comfortable with anxieties, complications, inaptness and overlaps." A demonstrable connection can be perceived between the IB mission statement and the understanding of international mindedness. The IB mission statement emphasises 'Intercultural understanding and respect' is a stream to the creation of 'a better and more peaceful world'. Understanding and respect for people 'with their differences' is a core virtue that IB encourages students to develop. Such conceptualisation gives students world views and awareness of global issues.



Manya Jain
Asst. PYP Coordinator



Professional Development across teaching and learning is always a predominant and cyclical feature at SHIS. The PD weeks from 19th May 2014 to 23rd May 2014 and 23rd June 2014 to 27th June 2014 were devoted to workshops and sharing of teaching practices.



Ranveer, *Spells His Magic Once Again*

The 3rd Special Olympics Golf Masters International held in Macau from 26th May- 31st May' 2014. 13 year old Ranveer Saini, the youngest Indian who is a resident of Gurgaon, bagged a gold medal besides lifting the tournament trophy for team India. The remarkable fact is that, Ranveer is Autistic by birth and has yet achieved this outstanding feat.

A student of Scottish High International School, Ranveer is the defending champion as he won the medal for the second time in a row despite being the youngest delegate. This time he competed with around 112 players from 19 countries. This win has earned him a qualifying ticket for 2015 Special Olympics World Summer Games, to be held at Los Angeles.

Ranveer has achieved such a commendable feat due to his rigorous training regime at the DLF Golf and Country Club Academy under the able guidance of his coach Mr. Anitya Chand who also coaches the Junior National Team, assisted by Mr. Pramod & Mr. Mukesh at his School's Golf Academy

Ranveer is the member of the DLF Golf Course which is his home course and this championship course designed by Mr. Gary Player and Mr. Arnold Palmer has been instrumental in training him under challenging conditions.

Ranveer is an all-rounder, with multiple interests & abilities. He is also a trained pianist certified by Trinity College of London. Ranveer's achievements have also won him a place in the Limca Book of Records this year.





Medley of Activities

Art & Craft

"A chef is a mixture maybe of artistry and craft. You have to learn the craft really to get there."

Wolfgang Puck

The month of May started with the preparations of 'Monkey Business', and the much awaited summer camp. Students gave a helping hand in completing the props for the function. In summer camp, students started with making different compositions, candle making, tie and dye.



July started with the welcoming of the students from summer break and making them comfortable to their regular schedule after the long vacation. Grade I reflected upon the scene of their choice and also had fun doing tear and paste activity. Grade II were also seen applying their creative minds while doing tear and paste activity. Grade III enjoyed illustrating their summer holidays and doing colour wheel. While Grade

IV was busy completing the underwater scene, Grade V was at its creative best with the advertisement designing and weaving activity.

In optional art and craft activity, students continued with the pencil shading, quilling, cross stitch and long thread work.

Craft is an activity that rejuvenates the soul because the art of creating out some sort of material or medium at hand gives a sense of being a part of that Almighty who has created this beautiful earth and us.

Amita Gahlott

Sr. Coord – Indoor Activities

Visual Art



Month of May...while new session already began for grade X and XII ICSE & ISC and proceeding with their first term syllabus, the IBDP visual art XI candidates were involved in putting up their annual assessment

and juried visual art exhibition.

All highlanders also gear up for much awaited welcome new session annual event 'Monkey business' before packing up for summer vacations.

Churning of ideas and consistent visual observations towards new art works, however do not cease during vacations. Art students gladly approach such innovations during holidays, sharing and discussing over long distance while away from school during vacations.

We warmly welcome our seniors wing highlanders back post vacations on June 23rd, motivated for betterment and challenging self towards excellence looking forward to some out of the box creative endeavors in visual art studio.

Dhara Mehrotra
HOD Visual Art

Dance



April was an event full month at SHIS, as the children were busy preparing for the Grand Welcome of the new members and also for the Annual Function of the Initials, which was a mesmerizing show.

Students of Grade I to IV are busy planning for their FDP's. The school re-opened after summer break in July and we are gearing up for the Independence Day and FDP's of Grade IV.

Almost 500 students are going to participate for the Independence Day. The Highlanders of different grades will be dancing on various songs.

Puja Ghosh Meyn
Dance Instructor

Music



The new session after the summer holidays started with a lot of music activities. In the Indian music, the rehearsals for Independence Day commenced wherein the senior and primary children were taught the patriotic song –Uth Ja tham le. In the regular music classes the children were taught songs to be presented in the FDP and the morning assemblies. In the Western music the children are being taught new Hymn and other contemporary songs which they perform in the Morning assemblies. Some action songs are also being taught to increase the participation and fun factor in the Music class.

Tony Fernandes

Western Music Instructor

Sport

The month of May was very exciting with the Highlanders performing well in a medley of events.

Highlanders secured third place in the Y.M.C.A Invitational Cricket tournament held at Nanital. Anirudh was adjudged as the best all rounder, Aryan as best batsman and Chinmay as best bowler.

Vedika Kundu participated in 65th Junior National Basketball Championship held at Kochi, Kerala.

The Highlanders bagged a rich haul of 18 medals at the Invitational Skating Championship organized by Gyan Deep Sr. Sec. School Gurgaon. The Team won 8 gold medals, 5 silver medals and 5 bronze medals.

Gold medalists were Suryansh, Hardip, Iniba, Malhar, Neewan, Tanisha, Kritika and Nerav. Silver medals were won by Joylita, Samudhyan, Mehul, Gayatri and Aashid. Bronze medals were won by Hita, Arohi, Agastya, Evan, and Ratisha.

During the Summer break the school organized summer camps for soccer, Tennis, Basketball, Badminton, Cricket, Judo, Skating, Taekwondo, Swimming and Scuba diving.

I wish you all a successful and bright year ahead in all your academics, sports and extra-curricular activities.

Rakesh Prasad
Sports Coordinator





laugh
everyday

A day of teaching when you do not laugh at least a couple times will be quite rare.

TEACHING ADOLESCENTS IS FUN. THEY ARE BOTH EASILY AMUSED AND VERY AMUSING SO WORKING WITH THEM PROVIDES MANY OPPORTUNITIES FOR LAUGHTER

Sometimes it will be silly jokes you will make up as you teach that will make your students laugh. Sometimes it will be funny statements that your students share with you that make you laugh

BE A TEACHER. **BRING LIFE INTO YOUR LIFE**

A teacher is a blessing from above who provides warmth and comfort in the formative years of students' lives. Which lingers of throughout. And believes that there's always a hope and each child is special

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Ms. Rupa Chauhan
Programme Leader (CIDTT/CICTT)

Robotics – A Blossoming Industry

Crazed with mechanical machines for kids? What would you do if while driving on the road the car in front of you suddenly turns into a monster?

Robots have been gaining more and more importance in our life. Intelligent robots, equipped with a high power computer and capable of sophisticated movements, belong to the latest generation of robots. It is still a controversial issue though, whether robots are a curse or a blessing for us and our kids.

There is doubtless a huge demand for robots in numerous fields of life, given that they can replace or even surpass human control. Household appliances, such as the microwave oven or the washing machine, can be pre-programmed to cook or wash, and thus save us considerable time and energy.

It is seen that facilities are found in institutions such as IIT's for research oriented work in this discipline, typically as part of PG program. A student can go for a PCM with computer science if you are interested in robotics.

The scope of this field will only increase in the future as humans become more and more dependent on machines. Also we are constantly discovering new areas of research where it is humanly impossible to go for example: outer space. After doing a bachelors degree in engineering preferentially mechanical or electrical, students can opt for a wide range of robotics involved fields such as mainstream robotics or nanotech etc.

In 2012, a survey conducted on behalf of the European Commission found that 70 per cent of respondents agreed with the statement that robots, "Could steal people's jobs."



Clan News



Anderson

I extend a very warm welcome to all new members of Clan Anderson who have joined us recently. We are sure that you will have an enriching experience as a part of the Scottish High Family.

At the start of the academic session, students of our clan participated in the Monkey's Business and had put up a wonderful show. Many of our students were awarded proficiency awards. I congratulate them for their hard work and dedicated efforts!

For sure, we have come back from our summer break rejuvenated and geared up for the varied activities that are scheduled for this academic year.

Anderson started the year with an outstanding performance in the Inter Clan Spell Bee Competition that was held in the month of May, 2014. We bagged the 2nd position. To add to our achievements, we have had students who worked really hard for the Inter Clan Science Competitions. We stood 2nd in two major events i.e Inter Clan Model Making Competition (grades XI – XII) and the Inter Clan Declamation Competition (grades IX – X). Students of grade VI – VIII presented a very informative and captivating Science PPT with a lot of confidence and enthusiasm.

Let's move ahead with the following thought in mind that success comes to those who work hard and have a positive mind. To reach your goal always be focused.

All the Best!!

Jyotika Singh
Clan Elder



Boyd

Welcome back!! Hope you all had a great summer vacation and are fully recharged to take on new roles and responsibilities. As we look back, Monkey's Business and the Award Ceremony functions were a great success. The academic performers as well as achievers in various other fields were felicitated. Monkey's Business is a unique tradition of our school and we managed to conduct it extremely well this year as well.

On behalf of Clan Boyd, I congratulate all students of Grade X and XII for a great performance in their board examinations. Well done and keep your school flag always flying high.

Boyd secured the First Position in the Inter Clan Spell Bee Competition for VI-VIII held in the month of May' 2014. The Inter Clan Science Competitions were held in the month of July wherein Clan Boyd stood 1st in the Model Making Competition (XI and XII) and 2nd in the Power Point Presentation (VI – VIII). The performance of our students in the Inter Clan Declamation (IX and X) was also praiseworthy. Overall Clan Boyd has once again bagged the 1st Position in the Science Competitions. As clan Elder of Clan Boyd, I welcome all the new tutees and the clan parents in our Boyd family

Congratulations and keep it up!!!

Mamta Nath
Clan Elder



Macarthur

Dear Clan Members a warm or should I say 'A Hot' Welcome back after the summer vacations?

In the Spell B competition we got 3rd position which proves that with more effort we could have done better. We did get the 2nd position in the overall science competition, though we could have done better as rightly pointed, "Hard work always pays." Please bear in mind that the clan's success or failure is entirely in the hands of each clan member, I can but motivate you, the depends on your resolve. My message to you all is "Life equal running when we stop running may be that how we will know life is finally finished."

Urnil Rana
Clan Elder



Lamont

There is a little difference in people and that difference is in one's attitude. But that little difference makes a big difference depending whether it is positive or negative. Just read the following: A very old lady looked in the mirror one morning. She had three hair remaining on her head, and being a positive soul, she said, 'I think I will braid my hair today'. So she braided her three hairs and had a great day.

Some days later looking in the mirror one morning, preparing for her day, she saw that she had only two hair remaining; 'Humm, two hairs... I fancy a centre parting today'. She duly parted her two hairs and as ever, she had a great day.

A week or so later, she saw that she had one hair left on her head. 'One hair huh...' she mused, 'I know, a pony tail will be perfect'. And again she had a great day.

The next morning she looked in the mirror. She was completely bald. 'Finally bald huh,' she said to herself, 'How wonderful! I won't have to waste time doing my hair any more'.

What a wonderful short story! Positive feelings come from being honest about yourself and accepting your personality, physical characteristics, warts and all; so always turn a negative situation into a positive situation.

Before closing for summer vacation, we had Spell Bee Competition for classes 6-8. Our team did try their best but also learnt that there is need for more hard work. However, there is always a second chance. In Monkeys' Business, a unique programme of our school, our new members of Lamont took part and showed their talent.

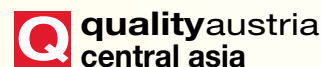
'A happy summer holidays' we could hear all around in the school while you proceeded for the same. You all must have been excited to share the positive experiences with your friends. So welcome back after the well-deserved break.

Once again it was time to submit holiday home-work and start normal school routine. We had Science Competition having three categories with a theme each. Our participants of classes 6-8 presented PPT, IX-X took part in Declamation and XI-XII demonstrated a working model. Each group could mustered third position for themselves. Well tried! I am sure months ahead will be of exciting challenges, successful learning and many more clan competitions. So be positive.

As clan Elder of Clan Lamont, I welcome all the new tutees and the clan parents in our Lamont family.

Maya Sharma
Clan Elder

ISO – 10 healthy lifestyle tips for children



Do you remember when you learned to ride a bike? The most important part was getting the balance right. Once you could balance easily, the pedals could turn smoothly, to drive the wheels and get the bike moving.

The same thing is true when it comes to choosing our food. Once we have learned to carefully balance the amounts and types of foods eaten, all the organs in the body will function smoothly and the body will work efficiently.

Following these ten tips will help you stay fit and healthy.

1. Food is Fun... Enjoy your food
2. Breakfast is a very important meal
3. Eat lots of different foods every day, variety is the recipe for health
4. Which group would you tip for the top? Base your food on carbohydrates
5. Gimme five! Eat fruits and vegetables with each meal and as tasty snacks!
6. Fat facts! Too much fat is not good for your health
7. Snack attack! Eat regularly and choose a variety of snacks
8. Quench your thirst. Drink plenty of liquids
9. Care for those teeth! Brush your teeth at least twice a day
10. Get moving! Be active every day

It's as easy as riding a bike, once you've got the balance right!

Rupa Chauhan
MR ISO

Seniors

IBDP

'Education is not filling a pail, but lighting a fire. Explore! Discover! Dream!'

We're so proud of the countless hours of study and hard work that our IBDP 2012-2014 batch has put in, to secure such high grades in their May, 2014 final exams.

They have worked hard and have proved their caliber once again.

It is with pride that we announce 'The Star Student', who has consistently maintained the title of a 'Topper', Parinaaz Saini. She has secured the highest grades, 41 points out of 45, equivalent to a 98%.

We also congratulate Sagar Agarwal, Shivani Aggarwal, Shrey Bansal, Arjun Vivek Singh, Tushar Bhajanka, Do Hyun Baek, Ripudaman Datta, Sanya Budhiraja and all other students who have put in consistent efforts and have been awarded a 'Diploma'.

These students are starting yet another journey of discovery in their chosen fields. They have got admission in the best of Colleges and Universities around the world. To name a few....

Parinaaz Saini - Lady Sri Ram College (University of Delhi),

Shrey Bansal - London School of Economics

Tushar Bhajanka - University College London/ Venkateshwara College (University of Delhi)

Sagar Agarwal - Emory College, US

Arjun Vivek Singh - Georgia Tech, Atlanta, US

Shivani Aggarwal - Singapore Management University

Do Hyun Baek - Goldsmiths University, London, UK

Ripudaman Datta - Narsee Monji, Mumbai

Rohan Singh - University of Cincinnati

Well done students and we wish that all your hopes and dreams become a reality!

The highest grades in all the subjects have been a grade 7, which is the maximum grade that IB awards. 17% students have been awarded a grade 7 and 21% have secured grade 6. Congratulations to all our DP Faculty for such a splendid result!!

The IB Diploma Programme is rapidly growing with its high quality education that encourages international mindedness, positive attitude towards learning and develops inquiring, knowledgeable and caring young people through its rigorous teaching and learning model.

We have commenced our 2014-2016 batch. The number of students who are opting for the IB Diploma Programme is increasing by the year.

Year 2 Students are now gearing up for their Internal Assessments. Recently our students attended an in-house Extended Essay Workshop organized by our EE Coordinator, Ms. Pooja Sharma. This enlightening workshop has been of great value at just the right time, to give a boost to the efforts of our year 2 students, who will soon be completing their submissions.

We wish our students a good luck for the coming Unit Cycle (for grade XI) and the Semester 3 Examinations (for grade XII) in the month of September. Do keep in mind for all times that, "The difference between ordinary and extraordinary is that little extra."

All The Best

Jyotika Singh
Assistant IB DP Coordinator



ICSE – ISC CORNER

The school closed for summer vacation on a happy note after the declaration of outstanding ICSE & ISC results.

Keeping up with their tradition, Highlanders have done it once again. They brought laurels for us by showing outstanding performance. Jyotika Puri of X ICSE topped in NCR by securing 97.20% marks.

RESULT HIGHLIGHTS 2014

X ICSE

I	JyotikaPuri	97.20%
II	AdityaKolsur	95%
III	Kushagra Agarwal	94.40%

Nearly 30% of the students who appeared had above 90% marks.

Subject - wise Toppers

English	94	JyotikaPuri
Hindi	94	Aditya Kolsur&JyotikaPuri
HCG	97	JyotikaPuri
Mathematics	100	JyotikaPuri
Science	95	Aditya Kolsur& Jyotika Puri
Art	95	Mohini Narayanaswamy
Commercial Applications	100	Aditya Kolsur, Kushagra Agarwal
Computers Applications	100	JyotikaPuri, Chinmay Milind Datar & Khyati Aggarwal, Sripath Mishra

Overall School Result – 46 students appeared

More than 90% in 5 Subjects – 13

More than 90% in all Subjects - 10

XII ISC

I	AmbikaSaxena	94.25%
II	Poojalssar	94%
III	Vishesh Srivastava	93.75%

Subject - wise Toppers

English	95	Amrita Singh
History	90	Reeya Rao
Political Science	94	GeniyaDuhan
Sociology	95	Reeya Rao
Economics	94	Urvashi Seth
Accounts	95	Urvashi Seth
Commerce	95	Urvashi Seth
Mathematics	97	AmbikaSaxena & Prateek Vohra
Physics	95	Vishesh Srivastava
Biology	97	Kriti Bhatia
Computer Science	98	Vishesh Srivastava
Physical Education	95	Raj Kumar Yadav & Mahesh Kumar Yadav

Overall School Result – 29 students appeared

More than 90% in 4 Subjects – 10

More than 90% in all Subjects - 7

Many new students took admission in ISC Sciences, Commerce and Humanities which offered a wide spectrum of subject combinations. We accord them a hearty welcome and wish them a pleasant stay at Scottish High International School.

Meena Kapoor

ICSE - ISC Coordinator

IGCSE

Interesting facts about Cambridge

1. The Saxons called Cambridge 'Grantabrycge' (bridge over the river Granta). The name of the town gradually changed to Cambridge.
2. The name of the river then changed to Cam, so it may be said that the river is named after the town, not the town after the river.
3. According to research in 2009, residents of Cambridge spend more per head on takeaway meals than any other town or city in Britain.
4. Affiliates of Cambridge University have won 89 Nobel Prizes covering all six disciplines.
5. Cambridge has won most Nobel Prizes in Physics, 29 in all.
6. Oxford can claim only 58 Nobel Prizes but it has produced more prime ministers than Cambridge, 27 compared with 14.
7. Lord Byron kept a pet bear in his rooms at Cambridge, because he was not allowed a dog.
8. In 2001, Cambridge psychologists reported that a sheep can remember the faces of 50 other sheep for more than two years.
9. Richard, Earl of Cambridge, was beheaded in 1415 for plotting against Henry V.
10. Cambridge people rarely smile, Being urban, squat, and packed with guile," (Rupert Brooke).

Pawan Mittal

IGCSE Coordinator & Math HOD



THE GLOBAL
EDUCATION & LEADERSHIP
FOUNDATION

tGELF: Gayatri Dua of Grade VIII was selected for the Student Leadership Challenge Columba 1400 held at Scotland between the 10th and 20th July' 2014.

The challenge was held across two leadership centers (The Transcontinental School Innovation Alliance and Columba 1400) on the banks of Loch Lomond in Ardoch and on the beautiful Isle of Skye.

The 10-days conference was a unique opportunity for ten British and ten Indian students to discover the essential skills and core values of leadership.

Geeta Bedi

tGELF Incharge

National Cadet Corps



1. The NCC activities were on a low key during April/ may. It was the time to take stock of the various activities conducted by the cadets during the year gone by.
2. It was also the time to enroll the first batch of Highlander cubs in NCC. There were far too many volunteers to join NCC as a result we had to wait list many aspiring young ones to be enrolled on priority in next training year. As a parting shot, the NCC troop bid farewell to the second year NCC cadets on their successful completion of two years of their NCC training
3. The monthly quote by the Highlander cadets "We can't change the direction of the wind but we adjust our sails to always reach our destination".

God Speed- Scottish High
Lt Col DS Dabas Retd.

From the Counselors Desk

The world today, offers innumerable choices and multi layered options; making a choice is no easy task, especially when it is known to create a long term impact on our lives. American author Napoleon Hill has wisely remarked, "No man can succeed in a line of endeavor which he does not like," and it is true, indeed. One needs to be on the right career track coupled with appropriate set of skills to flourish outright. School counselors here play pivotal roles in shaping the lives of students by helping them choose which courses to take, how to plan for the future, and work through difficult times.

It is in secondary school that a student makes his/her very first career choice, when in the eleventh grade he/she needs to decide between Science and Commerce subjects. A number of students pick specific subjects simply because their friends have opted for them while many simply confirm to their parents' desires. Only a few choose subjects based on their interests, most of the times not knowing whether their preferred subjects would lead them to their desired careers or not.

The role of a Career counselor becomes crucial here as students are introduced to a range of subjects they can select from, the colleges and universities they can go to and the professions they can enter. Discuss about different subject combinations and explain to them what the world of work is like. They need to know which profession is in demand and which fields have saturated.

School counselors are also the source of "In-School Support" for students. Counselors work with students, teachers, administrators, and parents for early identification and peaceful resolution of problems. Counselling can be thought of as one of the magical element in shaping students' behaviour and deriving performance. Students with various problems in schools need to be listened to. Counsellor not only helps students with special emotional or academic need but also becomes a source of motivation for bright students who may visit the counsellor just to share their success and achievements. And Let's not forget; "Best practice is sharing."

Shilpa Sengar
Department of Psychology

Highlanders Shine Once Again

Debyani Kishore, student of class IV-F has secured the 2nd Rank (1st Runner up) position in the 7th Haryana State Level Competition in Abacus, conducted by UCMAS on 2nd May 2014. She had appeared for Level 4 exam. She has qualified for the Nation Level.

Debyani Kishore also participated in the "Krishna Leela Tarangini" (Magic of Krishna) a dance recital by the disciples of Dr(s). Raja Radha Reddy & Smt. Kaushalya Reddy on 5th May 2014 in Kamani Auditorium, Delhi & on 6th May 2014 in Epicenter, Gurgaon.

Inika Khatter of class III (F) has brought laurels to the family and school by winning Gold medals in First Inter School Skating championship held on 10 May at Guan Public School.

A Potpourri of Creativity

"Before words must always be deeds. By deeds alone we have got our influence."

V. Pirapakran

With the neoteric Session 2014-15 getting underway it truly were the zestful Highlanders who set out to pick their respective leisure hour commitments choosing from a bouquet of choices offered at school. The bouquet that comprises classical singing, dancing, instrument – Indian as well as western, painting, sports – indoor and outdoor, oral articulation, MUN and environmental conservation.

The Highlanders had their hands full with activities be it the month of April May or June. The major events being World Autism Awareness Day, English Extempore (VI-VIII), Hindi Extempore (IX - XII), Earth Day, Poster Making Competition (Grade I-II), Slogan Writing Competition (Grade III-V). Labour Day, Monkey Business, Mother's Day, Inter Clan Spell Bee (Grade VI-VII), Summer-camp, NCC In house camp.

Monkey Business, which has, by now, become the torch-bearer for the creative expression of Highlanders, was no different this time. The theme for the year was enactment of an all-time classic 'Alice in Wonderland'. The presentation winning hearty accolades from parents and guest alike, might be an understatement. This has surely set the benchmark for the Senior School fraternity to realize with aplomb.

By the first week of June nearly the entire academic fraternity of Scottish High community proceeded for the much needed Summer Vacations. The vacations once again provided the required succor and invigoration to the sprightly Highlanders who returned to their Alma-Mater for further rendezvous, by the last week of June.

A new team comprising Mr. Sumit Gupta (Primary School) and Mr. Amitabh Garg (Senior School) has taken the baton of responsibility to lead the activity department to greater heights.

The department looks forward to new ideas and is more than eager to make improvements based on valuable suggestions of the Scottish High community.

Amitabh Garg
Activity Coordinator



MJ's Corner

Struggles of our Life

Once upon a time a daughter complained to her father that her life was miserable and that she didn't know how she was going to make it. She was tired of fighting and struggling all the time. It seemed just as one problem was solved, another one soon followed. Her father, a chef, took her to the kitchen. He filled three pots with water and placed each on a high fire.

Once the three pots began to boil, he placed potatoes in one pot, eggs in the second pot and ground coffee beans in the third pot. He then let them sit and boil, without saying a word to his daughter. The daughter, moaned and impatiently waited, wondering what he was doing. After twenty minutes he turned off the burners. He took the potatoes out of the pot and placed them in a bowl. He pulled the eggs out and placed them in a bowl. He then ladled the coffee out and placed it in a cup.

Turning to her, he asked. "Daughter, what do you see?" "Potatoes, eggs and coffee," she hastily replied.

"Look closer", he said, "and touch the potatoes." She did and noted that they were soft.

He then asked her to take an egg and break it. After pulling off the shell, she observed the hard-boiled egg.

Finally, he asked her to sip the coffee. Its rich aroma brought a smile to her face.

"Father, what does this mean?" she asked.

He then explained that the potatoes, the eggs and coffee beans had each faced the same adversity-the boiling water. However, each one reacted differently. The potato went in strong, hard and unrelenting, but in boiling water, it became soft and weak. The egg was fragile, with the thin outer shell protecting its liquid interior until it was put in the boiling water. Then the inside of the egg became hard. However, the ground coffee beans were unique. After they were exposed to the boiling water, they changed the water and created something new.

"Which one are you?" he asked his daughter. "When adversity knocks on your door, how do you respond? Are you a potato, an egg, or a coffee bean?"

Moral: In life, things happen around us, things happen to us, but the only thing that truly matters is how you choose to react to it and what you make out of it. Life is all about learning, adopting and converting all the struggles that we experience into something positive.

Resourced by **Monica Jajoo**

Golf News

The summer season at SHIS kicked off with a golf summer camp organized from 16th May'14 - 30th May'14. Many young budding golfers enrolled enthusiastically for the Camp under the guidance and training of dedicated Golf Professionals. The summer camp became an excellent venue to improve, practice and develop their golf skills. The Camp helped them to develop confidence and positive thinking. The summer camp ended in high spirits with certificate of participation given to all.

An in - house Putting Competition was organized for all the students of SHIS on 4th July' 2014. The competition received an overwhelming response with more than 200 students participating. Kushaan Mitra -VI E and Vrinda Gahlot- VI E were the winners in 11 yrs and above category, while Vijval Bharal - V H and Prisha Chandgothia- IV H won in 10 yrs and below category. The winners were awarded a trophy during the school assembly.

Anitya's Golf Tip of the Day

Get Your Alignment Right

Aligning correctly to your target is a very important part of setting yourself up to the golf ball but is often overlooked by golfers, resulting in a variety of swing problems. As a young Tiger Woods was told by his coach "Your best chance of hitting the ball to your target is to aim at it". Only if you align yourself at the target, can you make a good swing and hit the ball to it. Here is how you can achieve correct alignment.



In golf, we always align the club face at the target and our body parallel or left of the target (for a right handed golfer). Imagine a railway track as shown in the picture by the two lines on the ground. Now, you have to place your club face behind the ball on the outer track which is going straight to the flag, whereas the feet, knees, hips and shoulders are all aligned parallel to this line and are on the inside track.

This outer track is also known as the ball to target line. Your intention is to make a swing and hit ball over the target line straight to your target. This is achieved by having the club face aiming down this line to the target and your body slightly left of this line. When viewed from behind, a right-handed golfer will appear aimed slightly left of the target. This optical illusion is created because the ball is on the target line and the body is not

When you practice, placing a club or a shaft or an alignment stick on the ground is a great way to ensure that you are aligned correctly to your target. Golf is a target sport and a good golfer is like an ace shooter – taking dead aim before you pull the trigger!

Ankita Jain
Coordinator



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