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In this edition, I want to talk about 'Change'. Life has become so different and we have embraced it wholeheartedly. There are some things that we want to remember, to inculcate, to learn if you must.

When I speak to you about computers, phones and gizmos, I am all too aware of the eye rolling that makes me smile even months down the line. The reason we prefer you write a letter (obsolete as it seem!) is because it is tangible. Read a book that you can replace on your shelf, not on your kindle. An email or phone call is always wonderful to receive, yet a letter in your hand, you can hear the other person telling you, "Hey you made a difference to me".

I am proud that we at Scottish High School, have imbibed technology, yet we still so look forward to some old traditions – much like this Northwind. Don't give up books - take time to open their summer scented pages and watch everything pale in comparison; let them sweep you away. Let your books remind you of who you once were.

Do not allow anyone shake your fundamentals of your values and ethics. Most importantly, dream BIG, because these dreams will make you work towards what you want to be. Go ahead and look at rainbows appearing out of nowhere, while flying unicorns sail across the room, don't stop your imagination from filling with awe and wonder.

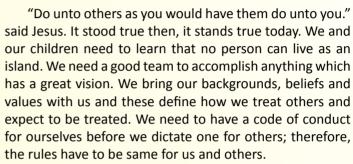
Have the courage and passion to pursue all your dreams without compromising respect and honour. When your reach your goal, embrace humility, don't forget from where you have come.

Ms. Sudha Goyal School Director





Great Team Work Starts With Respect



In all situations a person's intrinsic value as a human being should be recognized. We should ensure that while dealing with people at any level we respect the basic value of humanity and respect the dignity of a person. We can set a good example for our students if we are careful of the language we speak and the words we use with our fellow beings. Children watch us closely, especially when we are not in control of our temper. If we want our children to be respectful towards us we need to lead by example.

So how do we tackle this challenging task? The best mantra is to - Practice what we preach. Use appropriate language at all times, ensure that we are even more careful when we are irritated or angry. Be mindful of the words during altercations because words are very powerful and hurtful words form lifelong scars. Devise strategies to control temper, taking deep breaths or counting till ten helps to a great extent.

A great team can be recognized through the respect shown to all members of the team by all members of the team. With this basic value in place any team can reach unattainable heights and this understanding can be passed on to our children only through live examples.

I would like to share a wonderful quote which made me think and change my attitude to a great extent.....

"I speak to everyone in the same way, whether he is the garbage man or the president of the university."

Albert Einstein

Ms. Seema Bhati Primary School Principal



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You can teach a student a lesson for a day; but if you can teach him to learn by creating curiosity, he will continue the learning process as long as he lives.

— Clav P. Bedford



The enthusiastic learners of the Initial Chapter celebrated 'Library Week' in the month of July with much gusto. It not only motivated good reading and in instilling a love for reading in the young ones but also turned out to be a celebration of reading.

While the youngest of the lot, Pre-Nursery students were read different books in the cozy and inviting confines of the toy room, giving them ample opportunity to enact and role play to express themselves freely; the week saw the students of Nursery visiting the Initials library, pair up with their friends and read and reflect about a story of their choice. It gave them an opportunity to collaborate and share their views with each other. The Kindergarten students on the other hand,

ventured into the world of imagination by creating a story of their own and making a cover page of the same while working in small groups.



Moreover, the young learners from Pre-Nursery to Kindergarten had an opportunity to showcase their journey of learning so far in this academic session with their parents through the 'Gallery Walk' on Saturday, 26th July'14. During the same, the students took responsibility in leading the conference and in walking their parents around their 'learning hub' to familiarize them with the class layout, the different corners, work displayed on the boards and their portfolios. This helped the parents get an insight into the



kind of work their child is doing and in understanding the progress he/she is making in terms of developing attributes of learner profile and skills that they are building through the Primary Years Programme.



Bubbling with enthusiasm, the tiny tots of Pre- Nursery are creatively involved with their present unit based on colours and shapes, under the theme, 'How we express ourselves'. Walking into their colourful and vibrant classrooms and interacting with them, one realizes that they are now aware of the importance of colours in and around their environment. The same is visible when they are seen appreciating colours, naming their favourite ones and using these to display imagination and independence while enjoying numerous colouring sheets. Our tiny scholars have also ventured into the world of experimentation.





Colour mixing activity, 'Magic', as they called it, had them enthralled. As red mixed with yellow made orange, blue mixed with yellow turned green, the little faces shone with glee. Sorting the same and understanding that they have different shades has enriched their vocabulary. The little minds are being encouraged to think critically and ponder upon questions such as 'What

would you feel if there were no colours around us?' The students can recognize basic shapes now. They can speak about the form confidently and can also relate to these shapes when observing their surroundings. Using their tactile sense and their thinking skills, they learnt to guess the name of the shape given to them, while being blindfolded. The little ones learnt that they could make various objects using shapes, such as two circles put together could create a cat, a circle and a triangle could make a clown and the like. To help our little students find out how colours and shapes are used to beautify surrounding, how they can allure and attract people, we



took them to a nearby mall. The riot of colours there cheered the children, who now observed each thing with a new perspective. They were quick to observe things in different shapes too. A new word, 'Multi coloured' was added to their ever growing vocabulary that day. Our artists are using their creative minds and have begun to present little visuals while using colourfulmanipulatives of different shapes.





The little Highlanders of Nursery sections are undoubtedly vivid learners. Through the transdisciplinary theme- 'Who We Are', the young inquirers pondered over the IB learner profiles and learned to be caring and respectful towards their friends and family. Focusing on how to make friends, they visited Ajanta Public School and exchanged souvenirs made by them. Parents visit gave them an insight into the different family structures and fostered the importance of family in them. Our children are inheriting



International Mindedness through engagements like Skype wherein they developed respect towards each other's family and learned about ways to keep in touch with them. Armed with the knowledge and significance of celebrating Rakshabandhan and Janamashtami, children displayed enthusiasm while making rakhis, decorating matkis, crowns and flutes, respectively.



BE SAFE AND KEEP OTHERS SAFE was the motto of the young explorers of Kindergarten. Keeping in mind the grave consequences of not being safe in different areas, made them take a step forward in their journey of learning by becoming responsible and following various safety rules. Their awareness led them to go through newspaper and magazines to identify pictures of safe and unsafe things, become risk takers by handling scissors carefully to cut them and paste them to create a collage. Later they put across



their perspective of how they considered each picture to be safe or unsafe with the help of an oral presentation in a group. They exhibited lots of curiosity while inquiring about the significance of different traffic signs as 'the language of the road' during their visit to the traffic park. They

enthusiastically created a safety sign for their respective classes and diligently used it to make others conscious of the need to be safe. Power Point Presentation on international safety signs and an expert visit of a parent and electrician was an eye opener wherein they became aware of different signs depicting the same message. Besides taking a pledge to be safe always, they now take an initiative to remind others to do so too.



The spirit of freedom brought with it the fervour of patriotism in the Initials, as we celebrated our country's 68th Independence Day. The skies echoed with the sound of 'Jai Hind' while the little ones witnessed the hoisting of the National flag with great enthusiasm. The events that followed kept the spirits high- the march past, band display, various colourfull drills and enactments and so on. Last but not the least the little tiny tots of Pre Nursery dressed up as freedom fighters walking down the school grounds, undoubtedly stole the limelight!



Ms. Rupa Chauhan Initial School Principal

MI's Corner The Other Side

A father was reading a magazine and his little daughter every now and then distracted him.

Trying to keep her busy, he tore out one page on which was printed the map of the world. He then tore the page into pieces and asked her to go to her room and put them together to make the map again.

He was sure she would take the whole day to get it done. But the little one came back within minutes with the perfect map....

When he asked how she could do it so quickly, she said, "Oh.... Dad, there is a man's face on the other side of the paper.... I made the face perfect to get the map right." She ran outside to play leaving the father surprised.

Reflection:

There is always the other side of whatever you experience in this world. This story indirectly teaches a lesson i.e. whenever we come across a challenge or a puzzling situation, look at the other side.... You will be surprised to see an easy way to tackle the problem.

Resourced by Monica Jajoo



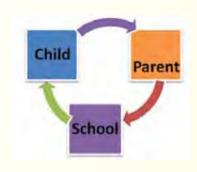


PYP



'Observing a child's passion for learning and desire to find out more about the amazing world in which they live is very affirming for an educator be it parents or the teacher'

Everyone wants the same thing - the best for our children.



The three tier relationship between parents, teachers and the school is fostered and further developed in various ways. The three stakeholders are equally responsible and work towards on the primary aim of holistic development of the children.

Scottish High International Schools mission statement underpinning the true essence of overall development of young individuals in becoming global citizen's surfaces through the way the parent, faculty and the school community synthesis to get involved in nurturing the students.



Reading Programme - Books are an incredible source for obtaining immense knowledge. Books help to cultivate an understanding of the world around and our imaginative world within. The Reading Programme in SHIS is supported by the parents of our young Highlanders of grades Pre-Nursery to Grade 5. It has been very encouraging and motivating for our young students to have their parents coming to their classrooms and to share their favourite stories or new ones with their friends. It is worthwhile to mention here that both 'Mamas' and 'Papas' are creating wonderful experiences for the students by also engaging children in craft and activities related to the stories they read.

Guest Speakers – Parents visit as experts in the learning process of their children throughout the year. The aim is to tap our primary resources. Parents have spent fruitful time with the young enthusiasts conducting quizzes, games, showing PPTs, videos or through interactive discussions with the students.













Home Visits –Visits by Home Room Tutor and the Single subject teachers has enabled us to cultivate better understanding. Meeting the extended family members and people who influence the lives of their children on a daily basis gave an insight and helped identify ways of how to best encourage and motivate the child.



Field Trips- Field trips are woven into the Scottish High International school PYP curriculum. Fond memories of visiting museums, factories, farms, schools, markets, all the exhibits and industrial processes open new perspectives. Children learn much from field trips and shared experiences. Areas such as critical thinking, historical and environmental empathy, tolerance and interest in art surface through these visits. What's more impressive is the fact that those who went on the trip remembered important details weeks later. Such visits give scope for critical thinking and fosters healthier decision making. Students show and develop skills like observation, interpretation, evaluation, problem solving and flexible thinking. The critical-thinking gap between concrete learning and application is filled as these visits are extended through classroom sessions.















Gallery Walk

The Gallery Walk is one of the ways of reporting student progress in the PYP. The Scottish High International School, Grade I-V conducted this annual event on July 19, 2014 and on 26th July 2014 for the Initial Chapter. It was a time of celebrating our curriculum practices in the PYP and sharing evidence with the broader community. The classrooms were filled with an air of excitement and pride as the students shared their journeys of inquiry and academic escalation with their parents. It was an occasion when the students took their parents for a gallery walk around their classroom. Students shared with their parents their goals. They also explained annotated work pieces from their portfolios. The young, passionate learners took their parents through the class, shared and elucidated their work samples, work on their soft boards, photographs of their activities, profile booklets and their journal. Gallery walk not only provided an occasion for the students to showcase and reflect on their learning with their parents, but helped them develop their communication and presentation skills as well. Parents eventually gave feedback to the students based on their observations. The same was assessed by the students and Home Room Tutors.











It was also a day for teachers to take pride in their students as they were showered with gratitude and appreciation from parents for their hard work and commitment towards their child's remarkable progress.

It was indeed a day for the students, teachers, parents and senior management of the school to CELEBRATE LEARNING!

The World is our Classroom so let us exploit our resources and exemplify the true essence of learning.

Asst. PYP Coordinators

Medley of Activities

Art & Craft

The months of July and August were colourful and full of the creative activities for the primary students as well as the seniors. In the primary section, the Highlanders were trying their hands

at Colour Wheel. Some were doing it in oil pastels and water colours.

In senior section, we had an inter clan art and craft competition. There were 5 teams from each clan.

There were different themes like Grade VI Recycle and Redesign, Grade VII Rangoli, the theme being Independence Day, GradeVIII Fresh flower arrangement and Dry flower arrangement, Grade IX to XII collage and painting (IB Learner profile). Overall the competition was outstanding, all the teams performed very well.

Another major event in art and craft department was our participation in the inter school competition "Spectrum". All the teams showed the indigenous art forms of any one country/continent.







Our Highlanders did a wonderful work. Spectrum was also a superb platform for the kids to display their creative skills

Amita Gahlott
Sr. Coord – Indoor Activities

Dance

The months of July and August were filled with activities, dance remaining one of the vital one.

FDP's of the primary section have started

and the primary Highlanders are working on masterpieces to make their FDP's great. August

was fully occupied with various wonderful events like Interschool competitions, Spectrum, and above all the Independence Day celebrations at Scottish High. The children, danced enthusiastically and made the day auspicious spreading the colours and aura of patriotism in the environment of Scottish High.

It is rightly said by Albert Einstein, "Dancers are Athletes of God."

Puja Ghosh
Dance Instructor

Music

The Music Department was on its toes, as usual. The children

got busy in the preparations for the Independence day celebrations. The Hindi Singing choir sang a Patritotic song for the Independence Day. The primary children are now busy preparing for their Front Desk Progarmme.

Tony FernandesWestern Music Instructor



Visual Art



As academics take front priority through July, the IBDP visual art students focus on completing submissions for their semester examinations. Students explore several diverse mediums such as print, canvas, apparel and technical variety such as collage,

ink, acrylic and paper construct, towards accomplishing theme based art projects. DP students make use of mannequin as medium along side painting on canvas to compliment their theme presentations, while IGCSE Art & Design students received their half yearly question papers to prepare for their 8 hour examination and research work submission on individual chosen topics during September examinations.

We congratulate IBDP visual art student Do Hyun Baek & Somin Lee of IGCSE Art & Design for excellent scoring of 7 (in visual art) and 92% A* (in art & design)

We also congratulate Mohini Narayanswamy & Akriti M for commendable scores of 95% & 94% in ICSE art.

looking forward to all the more fulfilling academic works ahead and wishing each student outstanding creative performance in their own individual discipline.

> **Dhara Mehrotra** HOD Visual Art

The Heritage Club

"A moment comes, which comes but rarely in history,
When we step out from the old to the new.......
India discovers herself again."

Jawahar lal Nehru.

The entire school proudly participated in the unfurling of the National Flag by our Chairman Sir Mr. Kartikay Saini. The sprawling lawns of Scottish high came alive with patriotism. On this important day, The Heritage club organised a Slogan campaign on freedom. A beautifully decorated Board 'My India My Pride' was put up at the entrance of the school. The mystic aura of India and the enigma that she is has captured the imagination and fancy of great minds so much has been written about it. How could we lag behind, Our Director Ma'am Ms. Sudha Goyal, staff, students and proud parents celebrated 68th Independence day by pouring in their love for their motherland by writing inspirational messages. I am sure while writing the messages every heart was filled with love for the nation and a will to do their best.

It was indeed a proud moment for the heritage club to celebrate the glory and power of our free India with one and all by honoring the brave hearts and the glorious souls who gifted us a free India.

Freedom in the mind, Faith in words, Pride in our souls. The Scottish high family came together to felicitate our glorious nation and felt Proud to be Indians!

!!!! Vande Mataram!!! Jai Hind!!!!

Ranjna Makkar In Charge

ICT

Android Game Development

Smartphone's and their apps are the new way of the world, and developers are lured by their increasing popularity. The mobile gaming market is growing rapidly and is expected to be a \$16 billion business by 2016.



The mobile game revenue model is shifting from paid games to games that are free to play, where revenue is generated from virtual goods, other in-game purchases, as well as from in-game advertising. With these new trends there is a demand for mobile games to be more engaging and immersive.

Even for experienced software engineer, coding a game can be a little daunting. It's not that writing games is more difficult than developing other types of applications, it's just different.

Android apps are written in the Java programming language. Many developers have made careers in enterprises by becoming very proficient in Java, so developing for the Android platform is a natural fit for those who know the language.

Enjoy Developing and Gaming!

Nimisha Parihar

Sports

The months of July and August were buzzing with a medley of competitions and championships; which our Highlanders welcomed with open arms and unmatched enthusiasm. Our ebullient soccer team participated and cruised to top position on the victory stand in the National Youth football Tournament 2014. ICSE Inter School Football

Tournament held at Bangalore for under 13 and under 15 categories. The tournament was held from 3rd to 8th August' 2014. Fifty schools from 18 states participated in this tournament. Trishampriyo Sarkar was awarded with the 'Best Player Trophy', Varin Aggarwal was awarded with the 'Best Goalkeeper Trophy' and Mr. Depak Jha was awarded with the 'Best Coach Trophy'. The players who participated in under 13 category are as follows: Varin, Sunny, Ishaan, Anirit, Ansh, Parwaz, Rishab, Arnav, Rayan, Ramon, Rudraansh, Tanish Arora, Tanish Reddy, Vasu, Anshuman, Ahaan, Bhav, Zev. and Under 15 category are as follows: Jassi, Arjun, Aryan, Samridh, Revant, Hanist, Sahen, Ashwin, Seok, Shaurya, Trisham, Anant, Shantanu, Madhav, Dhruv, Nischay

The Highlanders would now visit Sri Lanka to participate in the, 'International ICSE Schools Soccer Tournament'.

Highlanders also participated in the 16th Dr. Jigaro kano Judo Championship and brought laurels by winning 4 gold, 8 silver, and 5 bronze. The Gold medalist were - Cherisha, Sanaya Irani, Vasudha, Shaurya Jain. The Silver medalist were: Panya Anand, Shivanshi, Dev Gupta, Vedant Vig, Veer Tyagi, the Bronze medalist: khushi Sethi, Avini, Tanush Zutshi, Madhav Mehta, Rudraraj, Teeya Kapur, Ritisika Kotra, Ceana Trehun

Highlanders also participated in the 16th District Judo



Championship and got 1 silver and 1 bronze medals. SHIS under 16 girls Basketball team secured third place in Heritage District basketball tournament

Independence Day celebrations were held where Parade inspection was followed by March past, Also a horse show was performed by Nirpesh, Ceana Trehunn, Kabir Kapoor and Daksh Moon. Taekwondo was Displayed by Grade III.

Students and Black Belt Examination group from Grade IV to VII displayed their Martial Art skills. The Highlanders are now gearing up for the upcoming events.

Rakesh Prasad Sports Coordinator

My Little Paper Boats

These are my little paper boats, In the splashy water they float, swishing down the running stream, it's so fast, doesn't it seem?

Woosh woosh down it goes, who will find it? God knows? It goes down like a shooting star, or may be a race car.

When this boat's journey will end, may be I find a new friend these are my little paper boats, inthe splashy water they float.



By. Sarah Goyal (IV-H)



Professional Development Qualifications

Help the Child Learn Better..... Differentiate Learning



At its most basic level, differentiation consists of the efforts of teachers to respond to variance among learners in the classroom. Whenever a teacher reaches out to an individual or small group, to vary his or her teaching, in order to create the best learning experience possible, that teacher is differentiating instruction.

10 ways to differentiate learning:

- 1. Let go- Give the students at least some <u>ownership of their learning</u>. Don't always be the boss of the class, be part of the community of learners. Don't make all the decisions. Allow choice. Encourage students to think about how they learn best. Have students decide how to demonstrate their learning.
- Change your expectations- One size does not fit all. Not
 everyone fits the traditional mould of school, but that
 doesn't mean they can't learn. You might need to change
 what you do. Remember you teach people, not subjects.
- 3. Change the sequence- Learners don't need total mastery of all the skills before they can apply them. Provide meaningful, authentic learning opportunities for everyone. <u>Turn Bloom's taxonomy on its head</u>. All students can solve real problems and write for a real audience.
- 4. **Use technology creatively-** Blogging, film making, global interactions, social media, photography, gaming (and much more!) ...all provide naturally differentiated opportunities for learners with varied levels of ability, different interests and special talents.
- Care about what matters to them- Encourage learners to follow their interests. <u>Know their story</u>. Make their learning relevant. Connect with their passions... or help them to discover what they might be.
- 6. Assess for learning- It not about a test at the end. Record student thinking and track development over time. Create meaningful assessment tasks that allow transfer of learning to other contexts. Think of <u>everything as an assessment</u>. Every piece of work, every blog post, every interaction, every conversation can tell us where a learner is at and where they

- need to go.
- 7. **Embrace inquiry as a stance** Create a <u>culture of thinking</u>, questioning, wondering and exploring. Start your questions with 'What do you think?' so that all responses are acceptable. Find ways to <u>provoke learners' curiosity</u> and a desire to find out for themselves.
- 8. **Don't be the only teacher** Students can learn from their peers, other teachers, parents, their on-line contacts, the world. Help them build *their own personal learning* network with and from whom they can learn.
- Focus on learning, not work- Make sure you and your students know the reason for every learning experience. Don't give 'busy work'. Don't start by planning activities, <u>start with the 'why'</u> and then develop learning experiences which will support independent learning.
- 10. **Encourage goal setting and reflection** Help students to define goals for their learning. Provide opportunities for ongoing <u>self-evaluation and reflection</u>. Provide constructive, specific feedback. Student blogs are great tools for reflecting on learning and responding to their peers.

Just as consumers know that a one-size-fits-all won't work when buying a pair of jeans, educators know that one standard approach to teaching will not meet the needs off all- or even most- students. Without an attempt to vary instruction to meet the individual needs of each student, the curriculum is bound to bore some and baffle others. Differentiating instruction is the key to reaching all students.

Ms. Rupa Chauhan

Programme Leader (CIDTT/CICTT)





Clan News

Anderson

With the Motto 'Probitate et Labore' - by Honesty and Toil, Clan Anderson has put itself to test on touchstone of events.

Our children have come out with flying colors in various activities. They got a chance to hone their talents and display their skills through various opportunities they got as clan activities.

Art and Craft was one field where they bagged the overall first position. We have to our credit the first position in the rangoli and the collage competitions, second position in the dry flower arrangement and the third position in the recycle and redesign competition. The Economics Symposium was also a challenge to which Andersonians proved themselves remarkable by securing the second position. This was the first time that the parliamentary form of debate was organized for the students of Grades IX to XII. Our participants were outstanding in their argument and delivered the speech with immense confidence and assertiveness. It is true that there can be only one first position, yet even though we stood second, I will still congratulate the participants of our clan for their contribution towards the Clan.

The middle school children were in no way behind as they bagged the second position in the Inter Clan Hindi Debate Competition. The international exposure through MUN was an extra ordinary event organized by our institution and our clan children represented their case after a toilsome research. The street play in which grade VI to VIII students participated was a pleasure for the performers as well as the audience. With the second position in hand their message came out clearly for the change expected by the younger generation.

The values of democracy are instilled in our Highlanders from the very tender age through the election of The School Captain and the students' council which follows the principle of 'right to vote.' The students chosen from Anderson For the 'Students Council Board' are:

Clan Captain : Farhad Singh Kohli

Senior Clan Prefect : Lynette Leo
Junior Sports Prefect : Tanvi Jain

Junior Clan Prefects : Nikita Sood and Aadit Chawla

The Independence Day was celebrated with a parade of the clan contingents led by the Clan Prefects marching smartly with perfection and grace.

I congratulate all clan tutees for achieving appreciable results and keeping their ambitions high.

Well done!!

Jyotika Singh Clan Elder



Bovd

Boydians have once again proved that focused hard work is the key to success. The month of July and August have been very eventful with an array of inter clan competitions in which our students have showcased their talents and skills.

Our students came up with innovative ideas during the art and

craft competition. They secured the second position in the fresh flower arrangement and in the collage making competition with their unique creations that reflected immense planning and team work.

The students gave an impressive presentation in the Inter Clan Economics Symposium and won the first position. The students put forward their case with logical reasons and arguments during the English and Hindi Debate Competitions.

The MUN activity that was organized by the Social Science Department of our School was a great success in which Boyd presented their case after much indepth research. It was a pleasure watching the grade VI to VIII students perform in the Street Play Competition. Their dialogue delivery and the message that they gave to the audience left us spellbound.

The month of August was marked by the most prestigious event of the year, The Investiture Ceremony. The Student Council Members from Boyd who have been chosen for their excellent overall performance in both academics and co-curricular are:

Clan Captain : Aditya Shekhawat

Senior Clan Prefect : Ahana Jain

Junior Clan Prefects : Prisha Choudhary, Divij Mittal

Junior Sports Captain : Tarushi Agrawal

The Independance Day celebrations were also held in this month during which our students marched tall showing their respect for the Tri Colour and their love for the country.

I wish all Boydians good luck for the upcoming events.

Keep up the good work!!

Mamta Nath Clan Elder



Macarthur

The month of July was full of clan competitions and activities. There were four art competitions, Hindi Debate, Street play and ECO Symposium, The result of symposium was not up to our expectations, but I am sure my students have learnt how to present their PPT and describe it. In art competition we bagged the Third Position.

Dear clan members, I wish to express my pride in your spectacular performance in the Hindi Debate and Street Play where our members bagged the First position. As per the Scottish High School tradition we faced elections for the student council and assigned the clan position to the deserving student which is as follows:

Clan Captain : Shimona Aggarwal Vice Clan Captain : Vikramaditya Negi

Junior Clan Prefects : Suryadeep Deswal and Varya

Junior Sports Captain : Angad Sanghera

My Message to all of you is once the responsibility has been placed on your shoulders than do not misuse the trust placed in you and promise to perform diligently with in clan and in other areas of the school.

"Talent wins games but team work and intelligence wins championships". Michael Jordan

Urmil Rana Clan Elder





Lamont

Students were busy to study and appear for Unit Test II. It was all over within a week and results were handed over to the parents during Parents Teacher Meet. The meeting was very interactive, informative and satisfactory from both sides. We came to know more about the talents, hobbies and other areas of interest of our tutees.

Once again it was time for series of clan competitions to be held. Our tutees earnestly participated in them. This time a new competition, 'Street Play' was introduced. It was purely conceived, written, directed and acted by the students themselves just in a few days. First time the English Debate was organised on Parliamentary Debate pattern. Other attraction of the month was Election of 'Students Council'. There was lot of excitement, while campaigning. Class VI learnt how voting takes place. Yet another colourful event was organised, our Independence Day. Students demonstrated their pride and patriotism in a grand Flag Hoisting Ceremony and Parade. On behalf of all the clan parents of Lamont, I feel proud to highlight the various achievements of our Lamont tutees in the following areas:

Students' Council	Post Held
Shourya Kaboo, XII D	School Vice-captain
Vaidehi Das, XII ISC	General Secretary
Astha Grover, XII DP	Cultural Captain
Akul Grover XI, ISC	Clan Captain
Tapakshi Magan, XI ISC	Senior Clan Prefect
Reeya Bansal, VH	Junior Clan Prefect
Aryan Rana, VF	Junior Clan Prefect
TanmayYadav, VA	Junior Sports Prefect
Clan Competitions	Participation and position
Recycle and Design	Cl-6, Shrishti, Sanya, Tanisha and
	Anushka. I st
Collage Painting	Cl-9-12, 4 th
Flower Arrangement	Cl-8, Tusharika and Paridhi. 1st
Rangoli Making	Cl-7, Divya, Palakh, Aloka and
	Tusharika. 2 nd
Economic Symposium	Seniors 4th
English Debate	Shivang X and Tapakshi XI both1st
Hindi Debate	Cl-7, Aditya Bansal 3 rd
Tilliai Debate	
Street Play	Cl-6-8, 4 th
Street Play	Cl-6-8, 4 th

Dear Children.

Something about you that I truly admire, words from your mouth often inspire,

Glass is half-full, you clearly see, your positivity brings joy to me. You are a combination of special and rare,

So many talents, with the world you may share.

Just the way you make others feel, is so wonderful, it's simply so real.

Where ever you go, whatever you seek,

I know you will conquer, no matter the peak.

By the look in your eyes, I can sense your drive,

I am so happy, I know you will thrive.

Congratulations! We areall proud of you.

Maya Sharma Clan Elder



Caring is Sharing

Learning to care for or share with others can be difficult for young children because they are so focused on themselves. But, thinking about others—their feelings and their needs-is a critical social skill. Very young children know when someone is unhappy or hurt, but they need guidance to learn how to help.

As parents, there are many ways to help children learn to care for others:

- Model caring. When you see someone in need, offer your help. For example, if an older person at the grocery store has trouble reaching an item or reading ingredients on a package, stop and help. Talk with your child about the smile of thanks you received and how good it makes you feel to help another person even with something simple.
- Praise helping. When you see your child do something to help others, talk about how you noticed his or her kindness and appreciate it. For example, when your child reads to his/ her younger brother or sister or helps pick up another child who has fallen, offer praise, a thank you and a smile.
- Offer opportunities for children to care and share. Arrange specific times for children to help each other. For example, ask one child to help another with a chore or teach someone a game or share a special talent.
- When someone is unhappy or needs help, talk about it as a family. For example, if the local news tells the story of a fire in your town where families lose their homes, talk about it with your child. Ask why it's important to help these people. Then, check with your local NGO to find out how your family can help.
- Treat others the way you would like others to treat you. The best way to teach children how to care for others is to treat them with love and kindness so they learn to give in return. Talk to your child about appropriate ways to help, speak, or play with others. Participating in activities together as you do something special for someone shows the importance of treating others with kindness and gentleness.

Kanchan Khanna Editor



Our Mother Earth

O mother Earth You have given us birth,

You have given us rain To grow every grain,

You have given us trees To enjoy every breeze,

You have given us joy But we treat you like a toy,

We agree that we are selfish humans As we litter you in tons and tons,

We won't let you get apart
We are singing this poem from the bottom of our heart.

<u>By</u>

Adya Madan (Class 3-F)

Jiva Charla (Class 3-F)





Help the child to speak up to be safe

Child Abuse – "The bruises will heal but the scars will last a lifetime."



It is the duty of the parents and caregivers to keep the children safe and protected from any kind of abuse. Child abuse prevention tools for parents and caregivers help them to be proactive, how to handle child abuse disclosure when/if it occurs and more.

Behavioural changes in children that may indicate sexual abuse:



- A noticeable fear of a person or certain places
- Unusual response from the child when asked if he or she was touched
- Unreasonable fear of a physical exam
- Drawings that show sexual acts
- Abrupt changes in behaviour, such as bed-wetting or losing control of his/her bowels.
- Sudden awareness of genitals and sexual acts and words.
- Attempting to get other children to perform sexual acts

It's Important to teach children to differentiate between good and bad touch:

Children can be taught what is good and bad touch just like we teach them other things such as road safety and hygiene.

	Unsafe (Bad) Touch
Anything that makes us feel good	Anything that makes us feel unsafe, confused and
and leaves us happy and comfortable	leaves us uneasy, excited or uncomfortable
Holding hands with friends, sharing meals, warm	Touches involving our special parts that are private
hug from loving parents	to us, touches that are told to be kept secret

Emphasize to the child that he or she must say "NO" to any action/touch that causes discomfort or unease to them. If the child is feeling uneasy about anybody giving them a hug, don't pressure them to do so. Respect the child's liking/disliking to touch and hugs.

5 things you can do to prevent child sexual abuse

- Be Involved: Be interested in your child's activities. Ask your child about the people they go to school with or play with. If your child is involved in sports, go to games and practices. Get to know the other parents and coaches.
- 2. **Teach children early and often** that there are No Secrets between children and their parents, and that they should feel comfortable talking with their parents about anything good or bad, fun or sad, easy or difficult.
- 3. Talk about the media. As children age, create an environment at home in which sexual topics can be discussed comfortably. Use news items and publicized reports of child sexual abuse to start discussions of safety, and reiterate that children should always tell a parent about anyone who is taking advantage of them sexually.
- 4. **Teach children to** Be Aware of adults who offer children special gifts or toys, or adults who want to take your child on a "special outing" or to special events.
- Be Available: Make time to spend with your child. Let them
 know they can come to you if they have questions or if
 someone is talking to them in a way that makes them feel
 uncomfortable.

Rupa Chauhan MR ISO

Highlanders Re-vitalised

Come July and the campus of Scottish High was once again buzzing with the zealous, energized and revitalized Highlanders. This year has been not much different what with the monsoon being a bit too biased to the denizens of Gurgaon. Though Highlanders' spirits cannot be dampened by the lack of dampness in the clouds and air. Their spirits have and will always be indefatigable. This was proved once again as the activity Eric unfolded for the Monsoon/Autumn term.

The enterprising Highlanders took up the challenge with the three different events happening in the Inter-Clan Science Competition. Be it the Science Declamation for students of Grade VI-VIII or the Power-Point Presentation for the students of Grade IX & X or the Science Model Making for the students of XI & XII they put their best step ahead and thus we were to witness sessions of creativity, research and strong oratory.

The last week of July saw quite a hectic schedule and the corridors of the school were found to be abuzz with excitement and anxiety

galore. With the 'On the Spot Inter Clan painting/Rangoli/ Fabric painting/ Visual Art/ Best out of waste competition (Grades VI- XII) and the Inter Clan Economic Symposium (Grades IX-XII) happening simultaneously and the second last day of the month witnessing a duel of rhetoric with English Debate (Grades IX-XII) & Hindi Debate (Grades VI-VIII) the entire academic community was on its toes, quite literally. An event that just cannot be forgotten was the Food Expedition for X-ICSE, that actually left the judges and guest 'Eating Away Their Fingers'. With every week we discovered that these youngsters seemed to have utilized every moment of their summer vacations to meet up the vigorous competitive spirits of their peers. We eagerly look forward to bring to you more from the activity zone in the months to come.

Adieu! auf Wiedersehen! Shalom! Arrivederci! Adios! Goodbye.

Amitabh Garg Activity Coordinator



Seniors

☐ IBDP

Academic honesty is the most vital requirement of the IBDP curriculum. Students are encouraged to know about it, practice it in their work, and encourage it in fellow students.

We at Scottish High stress on the development of ethical judgment as an integral part of education and support the integration of ethical issues into the core curriculum. Therefore, students are expected to not only learn about ethics but also to do ethical work.

I take this opportunity once again to remind all stakeholders, the relevance of academic honesty, especially at this crucial juncture where students are working under the guidance of their subject teachers for the completion of the internal assessments and the extended essays.

Our faculty members have had open and frank discussions about integrity with the students.

They not only discussed academic integrity with their students, but more importantly encouraged and challenged students to change the culture surrounding plagiarism and misconduct. One of the strongest motivators students have for avoiding plagiarism is sensing or experiencing strong peer disapproval. It is our responsibility as educators to stir up this desire in students to do what is right. That might include emphasizing to students that they are expected to do their own work or discouraging other students who they feel could be carried away with unfair means.

Let's accept that academic honesty is the most inexpensive deed and that being honest may not get you everything you desire, but it will always get you the things that are right for you

Jyotika Singh

Assistant IB DP Coordinator

☐ ICSE – ISC CORNER

Science students of Scottish High International School participated in Inter School 'Science Fiesta 'organized by K.R. Managalam School, Gurgaon on 1st August' 2014, under the banner of 'Vigyan Vidhi'. Our school participated in all the events: Dancing Science, Young Scientists and Electronic Gadget Making.

A team of ten girls of Grade VII gave a vibrant performance on the theme "Evolution of Universe".

Amitabh Madan and Srijan Saxena of Grade VIII presented an investigatory project on Energy Harvesting through treadmill of gym and brought laurels to school by securing the third position. Sidak Pasricha and Abhay of grade X and IX IGCSE respectively made a solar mobile charger. Its practical utility was highly appreciated.

Meena Kapoor ICSE - ISC Coordinator

☐ IGCSE

CAMBRIDGE International Examinations Cambridge International School

News from the IGCSE Corner

IGCSE orientation for the 6th batch of IGCSE 2015-2017 was being conducted by school Director Ms. Sudha Goyal and IGCSE coordinator Pawan mittal.

The purpose of this orientation is to apprise Parents and Students about the following fundamentals of the I.G.C.S.E. Curriculum-



- Focus on internationalism and assimilation of a global outlook
- Result of our first IGCSE batch.
- Educational pedagogy which commensurate with World standards
- Scope and significance of I.G.C.S.E.
- Diversity of subject choices and combinations
- Multi-dimensional and interdisciplinary approach, incorporating all streams of learning
- Necessity of the Checkpoint Examination.
- Information about IGCSE Subjects groups
- Grading System
- Useful links of Cambridge website to the parents

IGCSE Result-2014

'Success comes from knowing that you did your best to become the best'

Kudos to the achievers

Congratulations to the IGCSE students who brought laurels to the school yet again with their outstanding performance. The result of the third batch of the IGCSE program was out on the 12th August 2014.

Ten children secured Distinction and twelve got Merit. Prabhat Bhootra among the toppers secured 5 A* and 3A followed closely by Prakhar Pradeep and Aditya Vikram Shekhawat with 4A* and 2A. Harshit Dagar secured 3A* and 3A. The total number of 32 A* and 34 A were achieved by students in various subjects. Heartiest congratulations once again to all!

Pawan Mittal & Shivali Pathak
IGCSE Coordinator & Math HOD



tGELF: I was fortunate to be selected for the Student Leadership Conference this year organised by tGELF along with Columba 1400. It was held from 10th to 20th July in Ardoch & Isle of Skye, Scotland. Attending this conference has been a very important milestone in my life. Not only did I get an opportunity to travel to a new country but also interact with students of different schools in India and children of a different country & culture. This exposure has helped me appreciate these differences and gain in confidence.

The Conference was focused on understanding the six core values of Leadership which were Awareness, Focus, Creativity, Integrity, Perseverance and Service.

We were made aware of these values through various activities and workshops. These also included walks and outdoor activities. We worked as a group and learnt many values such as teamwork, time management, communication & honesty. All the activities stretched us mentally and physically and helped us overcome



our barriers. We discovered that we were capable of much more than we had thought. Each activity gave us a different lesson of life. In addition we also got an opportunity of listening & interacting with global leaders such as Jane Olson, Jerry White and Squash Falconer who inspired us with



experiences of their personal leadership journey. One of the statements made by John Moorhouse that has stood out for me is "Let it go, be happy & Life is good." For me it means, nothing matters more than your attitude towards a task, if you approach it with a positive frame of mind, you will succeed.

I will cherish this very special experience and the friends that I have made during this conference all my life. I hope that with the learning's I have had during this conference will go a long way in helping me grow into a better and happier person.

> Gayatri Dua (Class VIII-E)

The NCC training and activities for the training year 2014-15 commenced with an orientation capsule for the newly enrolled cadets. Thereafter the NCC parades during the month were mostly utilized for Independence Day celebrations. Besides the customary march past, this year the NCC cadets presented a demonstration on, 'Battle Cries of Indian Infantry'. To give a realistic touch to the demonstration, all cadets were very appropriately dressed in the army combat attire. The demonstration was more of a Highlanders charge onto the simulated enemy where in the cadets exhibited their true grit and enthusiasm to the fullest. At the end of the demo, the audience was truly spellbound and gave a standing ovation to the Highlander cadets.

By the way the highlander cadets have a heart that never hardens and a temper that never tires and a touch that never hurts.

Lt. Col DS Dabas Retd.

Golf News

"What other people may find in poetry or art museum, golfers find in the flight of a good drive."

Keeping this is in mind the golf academy students were taken to IMT Manesar golf course on 26th July 2014. This time all the students played a 9 hole game where they all had hands on experience of the golf course. They started with warm up session by hitting balls in the range. The students learned how to take a T off and maintaining their own score cards as well as rules of playing at golf course. It was a learning experience for all the students and they enjoyed thoroughly.

Anitya's Golf Tip

The Correct Set – Up

Once you have taken your grip properly, the next step is to set - up correctly on the golf ball or get your body in the correct posture. This is important as it will not only set you up to be in good balance as you swing but also determine the swing plane



and path that you will swing the club in.

A proper setup position on the golf ball is the base on which a good golf swing can be made. Being in a correct posture at address will help you to stay athletic throughout the swing as

well as injury free. Here is how you can take a good posture

Stand perfectly straight with a golf club in your hands. Now, flex your knees a little bit to a level where you feel a little springiness in your legs and the body gets into a ready to move position. Flexing your knees should have your knees come forward

approximately up to the center of your foot.

The next step is crucial - bend your upper body forward from the hips making sure that your lower back is relatively flat and not rounded and let your arms hang down from the shoulders



where the hands can hold the golf club with the club head behind the golf ball. This will get your spine angle tilted forward and your body weight more towards the balls of your feet. As a check point, if you draw a vertical line down from your shoulder, it should be approximately at your toes

In an athletic set up position, you will feel a position similar to a tennis player ready to receive a serve or a cricketer who is standing in the slips and is ready for a catch coming his way

Practice taking a good set up as shown in the picture on a regular basis – it will go a long way in making you play good golf!

> **Ankita Jain** Coordinator



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