



SCOTTISH HIGHTM INTERNATIONAL SCHOOL

THE NORTH WIND

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From the **DIRECTOR'S DESK**



FINDING HAPPINESS

What does happiness mean in everyday life? There are few questions that are as profound, as difficult to answer, or as timely and important for our stressful world. When we turn to great thinkers, we find disagreement—Aristotle equated happiness with virtue, Nietzsche found it in Greek tragedy and laughter and Albert Camus once threw caution to seekers of happiness—"You will never be happy if you continue to search for what happiness consists of."

Wikipedia defines happiness as "The feeling of an emotion such as pleasure or joy, the appraisal of life satisfaction or the quality of life, subjective well-being and eudaemonia." Yet, People do

not often talk about happiness, and even when they do, they usually repeat socially narrated attitudes about happiness. It is rare that people explicitly indicate what truly makes them happy, without being concerned of the opinion of others on the matter. Moreover, there seem to be stereotypes or default analogies about what should make one happy.

What everyone must remind themselves, amidst these views and obstructions, is that happiness can stem from the most banal activities at the most uncertain of times. It is not always about finding the perfect job, the perfect house, the perfect life or the perfect bank balance, it is about the little things in life. Maybe, one day when we are walking down a path full of trees, listening to the sound of a hummingbird, we will realise that that is what happiness is. Many go through life searching for this pure happiness, but there are a lucky few that really find it.

To be content is to be happy and a person who is content is pleased with what he has. He does not make himself miserable by envying those who have what he has not. Such contentment breeds happiness.

Ms. Sudha Goyal
School Director

Beating Covid 19 Anxiety Together

We are all going through the Pandemic together, it has affected the lives of people all over the world. We get to hear new stories about how it has destroyed so many lives and how it is mutating with every passing day. The news is very disturbing and it is causing anxiety among us which we are passing on to our children. The discussions at home upset our children, they hear all the negative comments and get disturbed. Renowned psychologists have shared some ways in which we can all beat Covid 19 stress along with kids.

Being mindful and indulging in breathing exercises with our families is a sure way of reducing stress. Remember to take some slow breaths, inhaling and exhaling is the best way to lower tension as it helps in relaxing our body. We will observe that being mindful will help us note our feelings consciously and once that happens, we will be able to let go of the negative feelings easily.

Having a regular conversation with friends and acquaintances or people we trust can help us to get different perspectives prevailing on similar circumstances that we are in today. Interacting with others and discussing these issues will also help us gain insight as to how others are dealing with the same sort of challenges. We need to understand that each day will be different and we will need some strategies to deal with anxieties that many of us are facing.

Making a routine for ourselves and the kids to follow similar timings everyday will help in streamlining a lot of issues related to irregular eating and sleeping patterns. A sensible daily schedule for the whole family with a dose of regular exercise will make a difference in the mood of all members of the family. Allocating time for work and time for resting, eating healthy meals at least five days a week and making time for activities we enjoy as a family are sure shot ways of reducing stress and anxiety.

Last but not the least we need to reduce listening and reading news that makes us feel anxious or distressed. Seeking latest information from trusted sources and sharing all the good news happening globally, of people extending unconditional support to each other will help us to boost our morale to a great extent. Helping others around us can be very good for our motivation, if possible extending a helping hand to any needy person around us will definitely make us feel worthy about ourselves. We need to ensure that we do not allow anyone to destroy our peace of mind, if all the above strategies do not work, we should not hesitate to take support from professionals who are trained to handle anxiety and stress. Remember we are in it together and together we shall get out of it, we just need to be patient, careful and alert!

Ms. Seema Bhati
Primary School Principal



PYP

"Look at the sky, we are not alone. The whole universe is friendly to us and conspires only to give the best to those who dream and work."

- A.P.J. Abdul Kalam

Children, back from the summer vacation, joined the virtual classes with vigour and shared how much they had missed the online classes and their friends! The settling down week had the children sharing anecdotes about the vacation, the new skills they had acquired and how they acted responsibly and took care of their belongings and home and were a helping hand to their parents while others shared the completed Home Connect Work, enthusiastically. Here's wishing all the Highlanders a fruitful and an engaging academic session ahead.



"The most treasured heirlooms are the sweet memories of family."

The students of Nursery have begun their exploration into human relationship with a focus on family and friends under the Transdisciplinary Theme - Who we are. The unit was initiated with sharing of the family pictures by the Home Room Tutors', helped in generating the right amount of curiosity and interest amongst the young learners who eagerly shared about their family. Discussion on the different types of families, singing rhymes and songs, visual routines like watching a story, PPT and more hooked the children and encouraged them to inquire about their own family and the family structure they belong to. A pretend play session in which the children came dressed up as a chosen family member created excitement and interest in the minds of the little ones. It led to a playful exploration of the different roles of family members. The next few weeks will have the learners exploring how to make and keep friends, and one's responsibility towards their family and friends.



"Water is the driving force of all nature."

- Leonardo Da Vinci

The Kindergarten students have spent the last few weeks inquiring about the significance of water for sustenance and generating life under the Transdisciplinary Theme- Sharing the planet. Exploring the Earth and distribution of water through the Google Earth during their virtual session kick-started their inquiry. Their curious minds through the engaging experiences developed conceptual understanding about the significance of water for living things and uses of water in one's daily life. PPTs, rhymes, storytelling, quiz time, brainstorming sessions helped them in developing understanding. Conducting experiments like the 'Rainbow' experiment, 'Float and Sink', 'Wet and Dry', making a cool refreshing drink, exploring art techniques like 'Blow' painting and 'Magic' painting had the students excited and try their hands at it and enhance their learning through these playful engagements. An oral presentation on uses of water using any visual medium of their choice, had the students showcasing their knowledge, confidently. Growing up to be **Agentic** learners, the Highlanders while delving into the need to conserve water, made



'Save Water' badges and felt motivated in handing them to their family members and other people in their immediate environment, encouraging them to be 'Water Smart' through this action. Demonstrating ways of conserving water through a presentation during their virtual class also gave a glimpse of their growing commitment towards the same.



"The whole idea of compassion is based on a keen awareness of the interdependence of all these living beings, which are all part of one another, and all involved in one another."

- Thomas Merton

Our young Highlanders of Grade 1 are undoubtedly vivacious learners. They are probing deeper into how living beings are interdependent on each other under the Transdisciplinary Theme-Sharing the Planet. During the unfolding of the theme, students used their imagination and extended their creativity by reflected on the question, who all do we share the planet with? The critical skills developed when they understood the word interdependence through discussions and stories. This understanding of interdependence also made them reflective as they put forth thought provoking questions. Stories 'The Great Kapok Tree' and 'The Cactus Hotel' developed their feeling of empathy towards all living beings.



"The environment is where we all meet: where all have a mutual interest: it is the one thing all of us share."

— Lady Bird Johnson

The young minds of Grade 2 learnt about the process of germination under the Transdisciplinary theme- How we organise ourselves by planting seeds at home and observing them by giving the right conditions for its growth. They became knowledgeable as they learnt about the importance of caring for plants and how human beings depend directly or indirectly on plants for their survival. Showcasing creativity and critical thinking skills the children were able to reflect on the topic 'Life without plants'. They also developed an in-depth understanding on the four main categories of plants - Food, utility, medicinal and ornamental. As part of their ongoing assessment children became Agentic learners and chose a plant to research using the CUPS strategy, thereby understanding the contribution of plants in sustaining life on earth.





"It is our collective and individual responsibility to preserve and tend to the world in which we all live."

- Dalai Lama

Grade 3 Highlanders started the new session with a bang, as they actively participated in all the assigned engagements during the Transdisciplinary Theme –Sharing the planet with renewed vigour and enthusiasm. Children showcased their learning of 3Rs (Reduce, Reuse and Recycle) by churning out useful products out of the waste material available at home as part of the 'Reusing Waste' assignment. The reusable products ranged from something as basic as a penholder, a paper bag or a photo frame to something as unique as slippers made out of used straws.

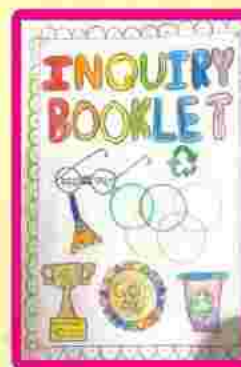
During the Ongoing Assessment, they emerged as fine town planners by designing an Eco town of their dreams and imagination. They spoke about concepts like drainage system, composting, rainwater harvesting, solar panels and good infrastructure. Above all they spoke about the physical and mental well-being of the residents realizing the importance of

Gross National Happiness over Gross National Product for sustainable living.



"It's not the event of our lives that shape us, but our beliefs as to what those events mean."

- Tony Robbins



Under the Transdisciplinary Theme-Where we are in place and time students of Grade 4 explored various significant events that have continued from the past and have made noteworthy impacts in our lives. They explored a range of situations which were addressed in unison by people to facilitate better community living. Major events around the world gave them an insight into how people can come together to respect the beliefs

and values of people. They inquired into the relationships between people and events through time; the past, its influences on the present and its implications for the future; people who have shaped the future through their actions. The unit fostered in them an interest in the past and developed an understanding that enables them to enjoy all that history has to offer. Students initiated the inquiry through a timeline of important events around the world in the last decade, and developed a sense of chronology. Children showcased their research skills, analysed and assessed accurately the value and the meaning of information to learn new things as was evident during the making of an inquiry booklet through 5Ws and 1H.

"SCIENCE MAY SET LIMITS TO KNOWLEDGE, BUT SHOULD NOT SET LIMITS TO IMAGINATION."

– Bertrand Russell

Students of Grade 5 delved into scientific understanding and knowledge under the Transdisciplinary Theme - How the World Works. They learnt about scientific principles and its use and effect in our daily life through exploration and observation. They observed the surroundings to conduct experiments and imagined themselves a young scientist. Understanding the term bio-mimicry made learners to comprehend that nature can inspire scientific advancements which further leads to new inventions. Learners developed the concept of ingenuity and ethics by creating a product with the recycled material. They also demonstrated the application of their understanding of scientific principle in their model. The concept of sustainability was also well expressed by learners during the presentation of their model. Learners also demonstrated the understanding of chain reaction or contraption by designing a Rube Goldberg machine which intentionally performs a simple task in an indirect manner. They showed enthusiasm and curiosity to explore their new environment and norms.



It is said that "Nurturing our kids' hearts and souls as well as their minds and their bodies is educating the whole child."

The International Yoga Day celebration through the online classes on 21st June, 2021 had the all the teachers encouraging the learners to be mindful of self- the way they breathe and towards their body. Simple breathing exercises and yoga asanas

helped the children to unwind and relax in between their sessions and rejuvenated their minds. The teachers laid emphasis on the importance of yoga in the students while pointing out the benefits and motivated them to make it the way of life for themselves and their family members.

INTERNATIONAL YOGA DAY CELEBRATION



Asst PYP Coordinators



MEDLEY OF ACTIVITIES



Art & Craft

In the month of June, Grade 1 students learnt how to draw Flowers & Butterflies, Elephant and a boat. They were introduced to primary and secondary colours. The Grade 2 students learnt about Patterns in a landscape drawing, Doodling in primary and secondary colours, and Mosaic technique in fruit. They have made beautiful artworks. Grade 3 students learnt about the one-point perspective view through geometric shapes, different landscapes and how to compose a scene keeping in mind foreground, horizon line, vanishing point, background etc. Grade IV and V, students created a composition of their own choice and coloured it using the colouring styles of famous artist Vincent Van Gogh and Claude Monet that they had studied earlier. All the students have done wonderful work with more creativity and sincerity.

In middle school, students continued drawing compositions using pencil shading and pencil colours. Grade VII students continued with optical illusion artwork. On the other hand, in Craft optional activity, students have finished mandala art. Recently they have started learning about Dot art and have experimented it on different 3d objects like stone, glass bottle, MDF board coasters, old cd, phone covers etc.

Online Drawing Competition was organised for Grade IX and X students. On the 15th June, inter class drawing competition was held in two groups with total number of 36 participants. The theme for preliminary round was "History and Heritage". On 17th June, Stage 2 was conducted and 8 students from the preliminary round went to the final competition and the topic was "I am the Representer of happiness".

Stage 2 was judged by Ms. Amita Prithviwasi, Ms. Pooja Aggarwal and our Ex-student Ms. Palakh khetrapal. It was a great platform for all students to display their unique ideas and creativity. All the participants performed with great zeal and enthusiasm. Each participant's effort was appreciated by all the attendees. The judges were given e-certificates of appreciation by HOD Performing Arts. E- certificates were given to all the participants and winners of the competition. Overall result of the Inter Clan Drawing Competition was as follows: Lamont 1st, Anderson and Boyd 2nd



Aarav RK 2D



Abeer Singh 6G



Amayra Gupta 2F



Anoushka Jain 1H



Aryash 2E



Atharva Raj 5G



Avikaa 1



Ayraa 1G



Gaeshna Mehta 1D



Geetansha 5H



Jianna 3F



Krishay 5F



Mahi Chawla 6



Meher 4A



Mehtab 5G



Aadita - 4A



Aahana 4A



Aaira 5C



Aanvi Jain 5F



Aarav Kaushik 2A



Aarav RK 2D



Naisha 6A



Naisha 6A



Reet 1



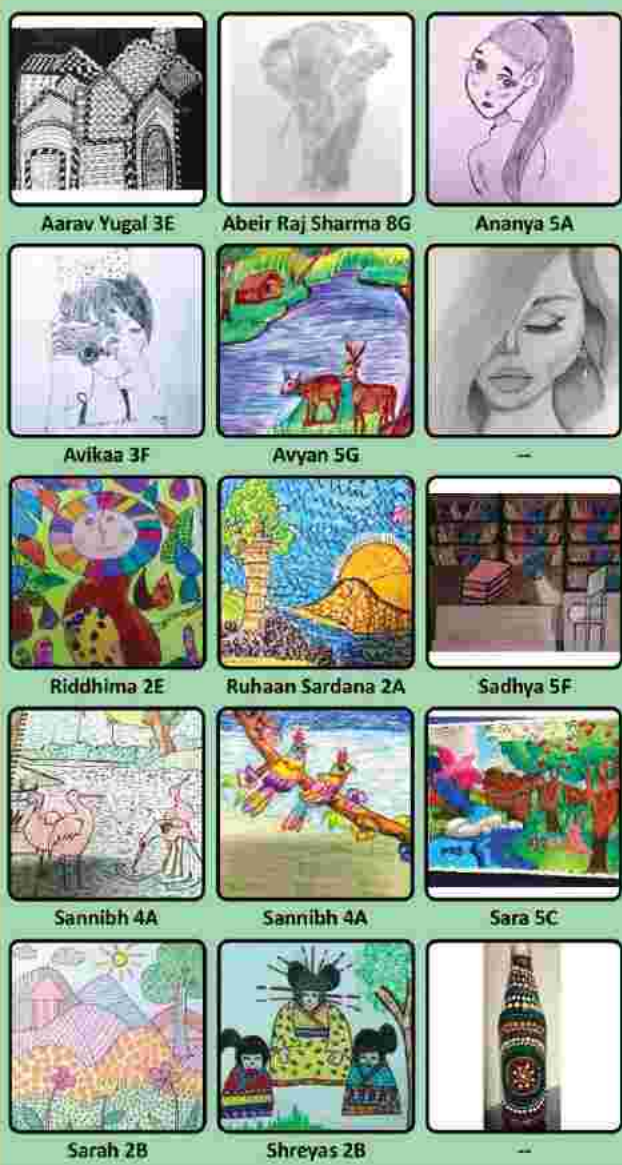
Naman 2D



Nandini 5C



Praneet 5E



Amita Gahallot
HOD Visual & Performing Arts



Dance

In dance classes, the importance of doing warm up and cooling down exercises was explained to the Highlanders in order to maintain a healthy lifestyle.

Primary class students have been learning about the elements of dance, in which they have been introduced to 'Body movements and 'Space' and how they can use limited space while learning online dance, later students shared their own experiences during the class. Children also worked individually to show the

better understanding towards movements.

Whereas, in the middle school students are learning basics of different dance forms like Jazz, Hip-hop, House dance, Locking and Popping. Students are learning Zumba dance also to understand the importance of flexibility and body strength which will motivate them to keeping themselves fit and healthy.

Anjali Sharma
Dance teacher



Drama

We resumed our Academic session after the summer break with on the spot acting activities which were performed by the Middle school students.

Students were introduced with the concept of Observation and Awareness in the class through the game "I See"

In this game students are asked to observe their laptop screen and look for things which are asked by the instructor every right answer gives them points which is added to their team total. The objective of the Activity is to make them understand the importance of observation on stage while performing and make them a better performer.

Rohit Kumar Kalra
Theatre Instructor



Music

Music is the language of the Spirit. It opens the secret of life bringing peace and abolishing strife'

The Music teachers were devising and implementing ways to connect with the students and assure them all support and guidance. In primary classes, students are learning songs on happiness and cheer. In the middle school, indoor activity students have also started responding effectively. They are learning Indian and western vocals, whereas some are learning how to play drums and guitar.

On the other hand, Online Solo Singing Competition was organised by the Performing Arts department for Grade 6th. On the 22nd June, Stage 1 inter class singing competition was held in 4 different groups with a total strength of 46 students. 5 music teachers along with 3 hrs named Ms. Lakshmi Pavade, Ms. Suzanne Armstrong, Ms. Piyalee Mukherjee were the judges. It was a wonderful experience to listen to the young Highlanders.

On 25th June, Stage 2 was conducted and 8 students were shortlisted for the final Inter clan competition. It was judged by Ms. Sadhna and Mr. Ranvir, both are from the music fraternity. It was a wonderful experience as all the participants performed with great zeal and enthusiasm. Each participant's effort was appreciated by all the attendees. The judges were given e-certificates of appreciation by HOD Performing Arts.

E- certificates were given to all the participants and winners of the competition. Kudos to all the participants. Overall result of the Inter Clan Solo Singing Competition was as follows:

Anderson 1st, Macarthur 2nd, Lamont and Boyd 3rd.

Tony Fernandes
Western Music Teacher



Sports

The month of June started with the outdoor activities for Grades VI to VIII and IX to XII as per schedule. Due to the Unit Tests all outdoor activities were put on hold. Games classes of Grades VI to VIII held as per the time table. Theory classes of Grade XI and XII are going as per schedule. Now Sports department is planning for morning and evening sports activities for Grades VI to XII.

Darshan Singh Gahallot
HOD Sports

Sudoku

								8
1	8				2	3		
	6			5	7			1
	7		9	6				
	9		7		4		1	
				8	1		4	
6			2	4			8	
		4	5				9	3
5								



Test Your I.Q

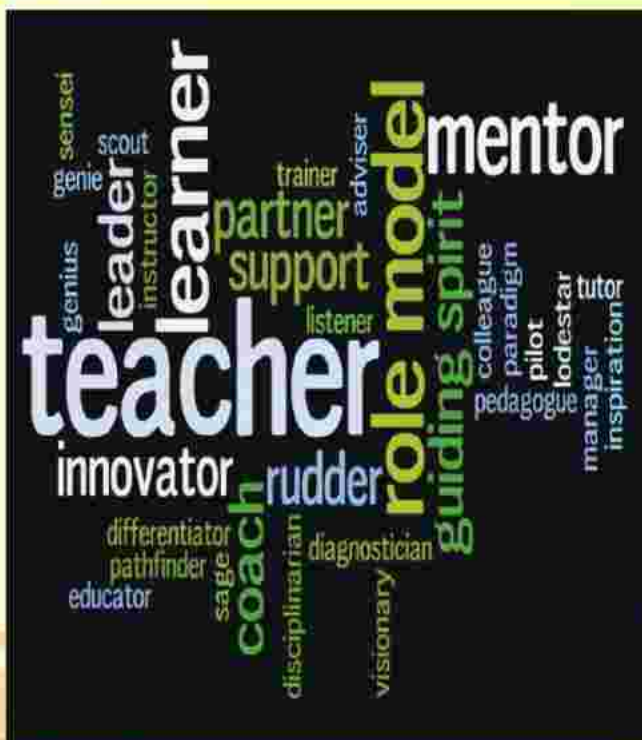
Q. Give the full form of following technical terms:

- 1 USB
- 2 SIM
- 3 CCTV
- 4 HD
- 5 PDF

Q. Give the full form of following email abbreviations:

- 1 FYI
- 2 ASAP
- 3 PFA
- 4 WFH
- 5 TBF

Source: Internet
Compiled by: Dr Sanjay Sachdeva
Senior School Principal



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Contact No. : 8826388400

Programme Leader
Ms. Sudha Goyal

Let's Talk Business, LITERALLY!

Intrapreneurship Miracles

You've heard of entrepreneurship in the business world, but do you know what is intrapreneurship? Well, they're actually not that different.

I am an entrepreneur if I come up with a business idea and set it up to gain profits. I am also an intrapreneur if I do exactly the same. So, where's the difference?

An entrepreneur is indeed someone who comes up with a business idea and takes the financial risk of setting it up on his own. While an intrapreneur, on the other hand, is just simply an impersonation of that act; you are pretending to be an entrepreneur as an employee of another, already set-up, business entity.

So here's where reality strikes. The pool of risk is greater on the entrepreneur's side and so are the possibilities of greater accomplishments. For instance, I am an entrepreneur taking substantial risks. If circumstantially, I end up earning billions, I will get to keep them. On the contrary, if my business fails, my entrepreneurship for that moment, will also cease to exist.

However, if I'm an intrapreneur, I don't have to worry about this. I can go on and on with my ideas and keep implementing them until of course the firm dismisses me for exhausting my limit of possible failures.

Google has a magnificent way of supporting intrapreneurship. Did you know that from Gmail, Google Lenses to Driverless cars and Google News were all impressive and revolutionary intrapreneurship miracles? We didn't too, until a little bit of research.

On the contrary, if the interest is right and the pay is reasonable, I don't really think there is a reason not to choose working in a company as an entrepreneur. You've got all the freedom in the world; you are practically experimenting on the progress of your company's endeavor and there is absolutely nothing wrong with it. Wouldn't it be a dream?

I'm aware that diamonds spawn under pressure, but it really is the other way round in the business world. Less restrictions and more space for the mind to work actually gives out a combination of great product miracles.

Imagine, Sony's PlayStation couldn't, in no world, have been possible if a junior employee would have simply walked-past his daughter's Nintendo crisis – a classic intrapreneurship miracle!

**Rida Mumtaz Grade XII C2
Siddhant Bhardwaj XII- IBDP**

Being 'Socially responsible' is all about coming forward and taking initiatives. Here is something that explains it!

Our Highlanders Rida Mumtaz and Siddhant Bhardwaj of Grade XII along with their team members- Aarna Chopra, Arin Baswana, Arushi Kaur, Dhruv Arora, Lakshya Kamboj, Lareina Leo, Maanvi Bindra, Muskan Maheshwari, Neha Sardana, Nihareika Rohatgi, Niya Chopra, Pratik Sahu, Prisha Chaudhry, Raisa Bhardwaj, Rishabh Khanna, Shimmer Sunsunwal, Suhani Rastogi and Tarushi Sayal organised a unique initiative (in collaboration with the brand **Peesafe and Raho Safe India**) and distributed packs of sanitary pads to the underprivileged girls/women deprived of basic hygiene facilities, thus volunteering to raise awareness for personal hygiene and care.

Big thumbs up to our Social Heroes!

Find out more about the drive on the GAO Instagram page: [globalawareness_org](https://www.instagram.com/globalawareness_org)



Poems / Article

The dryland

*I am just a little turtle strolling in an island.
Let me tell you a dreadful story about my dryland.
One day 2 humans came,
They wanted to cut all the trees in my home, that was their aim.
They cut the trees.
With a lot of ease.
I was worried for my bird friends.
Their amazing lives were clenched on ends.
There were no more trees left.
Oh my! What a theft.
I was sad for my land
There is nothing left on hand
Just a big dryland.....*

Overcoming The Feeling of Failure

Sometimes the world can make you feel like nothing you do is good enough! How do you deal with that? At times you feel you have not given your best! What do you do to stay away from such thoughts?

Ignore the Naysayers and give your best!

Before any reaction you have to learn to be polite. The best way to ignore the pessimists from your life is to practice self-control. You shouldn't go talking much about your dreams or goals you want to achieve, because more you publicize about the things you've been doing and want to do, the more the naysayers will come in your lives. You should be surrounded in the company of people who encourage you to be determined and to work hard. Keep focusing on your goals and believe in yourself because you can do it.

Human perfection is impossible so giving your best efforts in everything you do is a must. Giving your best will increase your self-confidence. It will give you much better results and you will feel satisfied. It will help you to become more independent. Even the most successful people we know have failed at least once, but they haven't given up or lost hope, they continued to give their best and achieved what they aimed to.

Danicca Bajaj, Grade -VII-G



Happy Father's Day

Dear father,

This day is ours to celebrate,
To happiness let's open the gate.
You have always been there for me,
When I needed your help, you have never
been an absentee.
You are a great father,
And even though sometimes we fight,
In the end, we always Hug each other tight.
You give me everything I ask of you,
You always give me gifts out of the blue.
You support me, no matter what,
You always give me everything you have got.
You inspire me for everything, it's true,
Even the fact that I am writing this poem, is
because of you.
I love you no matter what,
So, happy Father's Day,
This is the end, but there's a lot more I can
say.

Sia Aggarwal,
Grade - VII-F

PARTS OF SPEECH

Parts of Speech, Parts of Speech
Every day we use them each!
I'll share with you all I've learnt
I'm pretty sure you may have heard!

Nouns can be found all over the town,
Like a field, a fountain, street and crown!

In place of noun the pronoun stands,
As he and she clap their hands!

The preposition tells the position,
As in the street or at the station!

Adverbs describe your actions,
Like slowly, quickly, swift reactions!

A verb is an action or something you can do,
Like run, jump and walk are examples you can use!

The interjection cries out, "Hark!"
Don't forget to add an exclamation mark!"

Adjectives are words that describe a noun,
Like a ball that is bouncy, swift or round!

Conjunctions connect 2 sentences or more,
Like the dog barks and the lions roar!

Now that we have learnt all about Parts Of Speech!
We all deserve a tasty treat!
We all will celebrate with brownies and cake!
So, let's begin to bake!

Myra Jain
Grade- V-A

Kinds of Noun

Kinds of noun is an easy subject,
Now I know it's something I can't neglect.
Let's start one, two, three,
Come, jump into the spree!
Proper noun, proper noun, so unique,
How do you identify, well, here's the technique!
Is it specific and a capital letter,
I think, this is information is enough.
Please don't make an error!
Common noun, it's so easy to find,
Found anywhere in your house, let me remind!
Material nouns show what things are made of,
Like gold can make a ring.
Do you want to go further, ok, let's fling!
Collective nouns are always a group,
I'll give you an example, a dancer's troupe!
Abstract nouns aren't any thing with 5 senses,
It may be a feeling or a quality.
Let's move on to the next noun, which tells quantity!
Uncountable nouns are mostly liquid,
It tells quantity, it just says 'No! Numbers are restricted!'
Countable nouns are the opposite of the above,
Countable nouns say 'Numbers are beloved!'
Compound nouns are nouns with two or more words,
Saying that postbox is not a compound noun will be pretty
absurd!
Concrete nouns are nouns that you can see, feel, touch and hear,
For example a wild deer!
Possessive nouns are nouns which show a belonging,
How do you identify, here, come along!
The best way is to look for a 's'
Now you know everything about kinds of noun,
Yay! This poem was a success!

Aashi
Grade -V-A

Suffering through these times:

We came positive for this awful pandemic,
It's a nightmare,
It's also affecting my academics.
My grandfather,
Oh, may he Rest In Peace,
We lost him due to covid, due to this revolting disease.
How I miss him,
The way he smiled at me,
I wish once more, my grandfather, I could see,
He was healing, getting ready to come home,
Suddenly at midnight he had a heart attack,
That's what spoiled it all, he was old, the power to heal then, his
body lacked.
My mom also suffered a lot,
She had fever, cough and breathing problems,
But she, thankfully healed, her body was at the helm.
Me and my father, got minor symptoms,
But those who get affected by this pandemic can only understand
how it feels,
How difficult it is to get healed.
We are still stuck at home,
Who knows, why the heavens above rained this misfortune on us,
But, survive through it? We MUST.

Sia Aggarwal,
Grade -VII-F



Clan News

ANDERSON

As the online Unit Tests-1 are about to begin, I know there is quite a bit of stress and anxiety. My advice to all my Andersonites is to work hard and put in your best effort and you can never err. But do not completely burn yourself out with these exams; just work at your pace and work for yourself. Do not let negative thoughts and emotions consume you; always stay positive. I wish all my students good luck and I'm sure you all will make everyone proud of you.

The clan competitions commenced in the month of June after a long summer break and it was delight to see Andersonites all keen and prepared for the upcoming competitions. I congratulate Atharva Kaushal (VII) for standing first in the ICT 3D Modelling Competition. Kenisha Kaur Roy (VI) made everyone proud by winning the Solo Singing Competition. Snigdha Saxena (VIII) proved to be an asset to the Clan by bagging the second position in the Interclan MFL Spanish Poetry Recitation Competition. Team Anderson comprising of Pranav Mahendru (IX) and Akarsh Jain (X) secured a second position in Interclan Economics and Commerce Quiz. Phinza Agarwal (XI) impressed the judges and brought laurels to the clan by attaining the first position in the Interclan Hindi Debate.

Andersonites depicted strong cohesiveness and exceptional bonds of team spirit, thereby setting an example of extraordinary collaborative efforts. I take this opportunity to express my immense gratefulness to all my adorable Andersonites for walking hand in hand and illustrating unswerving cooperation in elevating the clan to a better position. The students portrayed unequivocal zeal in participating in all inter-clan competitions and shone brilliantly in all the competitions.

Ruma Jain
Clan Elder - Anderson

LAMONT

"All our dreams can come true if we have courage to pursue them."—Walt Disney

In today's competitive world, everyone is eager to win the race. Participation is more important than just winning. No one is ready to accept the second position in his life. We should all have the will to win but winning is not everything. But sometimes losing is also beneficial for us. It is not necessary to win every time. Every experience teaches us something which makes us more mature and capable of dealing with problems. Participation is more important. If you will keep on participating in different events then surely one day you will get the result of your hard work. It does not matter that you win or lose, all that matters is the courage to participate. Participation increases our confidence level and help you to know yourself in a better way. Participation provides a platform to test your ideas and concepts. You get a chance to show that how creative and innovative you are. It is rightly said by Jim Ron- "Ideas can be life changing. Sometimes all you need to open the door is just one more good idea." Competition should provide an enriching experience that allows you to apply knowledge to a problem.

In the month of June, we had a plethora of Clan Competitions. First, we had Inter Clan Hindi Extempore where Adwita Mishra of Grade VI showed her oratory skills and secured first position. Myra Sehgal and Shaurya Singh Sethi of Grade VII showed their knowledge about information and technology made 3-D Model in Inter Clan ICT competition and secured second and third position respectively. In Inter Clan Math's quiz, the talented team comprising of Vedant Singhal and Aarya Pagalla of Grade VIII bagged Second position. From grade IX and X Yashita Grover and Girima Vaishnavi painted a beautiful painting on the topic 'I am the representer of happiness' and secured first and second position respectively.

In Inter Clan Business quiz competition, the team comprising of Tansi Shukla and Aditya Kataria made the clan proud by securing first position. In Inter Clan MFL Poem Recitation competition for Grade VIII Charvi Nagpal secured First position in language German, Inika Rao bagged Second position for Spanish followed by Saanvi Verma secured second position in language French. Abir Basu of Grade VI showed his talent in Inter Clan Solo Singing competition and made his clan proud by bagging third position.

Kudos to all the participants for working hard and participating in all the competitions with great zeal and enthusiasm.

Geetanjali Ahuja
Clan Elder - Lamont

BOYD

Win or learn never lose.

How true this above line is. We take part in various life events to either win or come out as learners. Scottish high consistently works in the direction of keeping its highlanders learning something or the other until they win and beyond. Month of June was again a time filled with varied range of competitions for our highlanders to explore more about themselves. Number of participation clearly shows the clan spirit in all the Boyddians.

To start with in the Inter Clan 3D Modelling competition, 2nd position was bagged by Aadit Bhutani VII -CS followed by Somansh Rastogi VII-A securing 3rd position in the same. Following this competition, Inter Clan Drawing Competition was conducted where 3rd position was bagged by Inika Khattar X-E. Exploring all the languages, in the Inter clan Hindi Extempore Competition, 3rd position was secured by Adhrit Gautam. In the Interclan E-Science Essay Competition, Debyani Kishor-XI B won the competition securing 1st position. She expressed her ideas on the topic given in a very impressive way to the judges. In the Inter Clan Solo Singing Competition, 3rd position was bagged by Navya Malik VI-F. In the Interclan Geo Buzz competition, Anika (VII-F) made her clan proud by winning the competition securing 1st position. Next in the Inter clan MFL Poem Recitation Competition (Spanish), Aarav Ahluwalia, VIII-F secured his 3rd position.

I wholeheartedly congratulate all the winners. I wish best of luck to all the participants and encourage them to take the learning in the best possible way, enhance their skills and keep participating until you leave a mark.

Akanksha Yadav
Clan Elder - Boyd

MACARTHUR

"If you fall behind, run faster never give up, never surrender and rise up against the odds."

As competitions are in full swings, Highlanders have started participating with full enthusiasm. Students made an amazing 3D model of school which was well appreciated by everyone. They worked day and night to showcase their model.

Our creative IT young architects, Miraya Kaushal of VII C and Harshbhardhan of VII D have done the tremendous job by presenting their model and won the first position in the ICT 3D Modelling competition. Suhaani Singh of IX C participated in the Drawing competition. In the Hindi Extempore competition, Ojas Lath of VI D won the second position and Naman Gulati of VI B got the participation certificate. Our Brainies and Math champions Aarav Kochhar of VIII B and Harsh Gupta of VIII F won the first position in the Math Quiz. Our creative thinkers, Amara Arora of XI DP won the second position and Savar Bishnoi of XI DP won the third position in the E-Essay writing Science competition. In the Business and Eco Quiz, Tanay Sharma of IX F and Vanyush Sarin of IX IG won the third position. Adrita and Nivaan of Grade VII participated in Geo Buzz competition. Enrique of XII DP and Anika Mittal of XI C participated in Hindi Debate competition. Ahana Khanduja of VI A won the second position and Emya Jain of VI C participated in the song competition. In spite of having toothache, Ahana still tried to put all her efforts to achieve her goal.

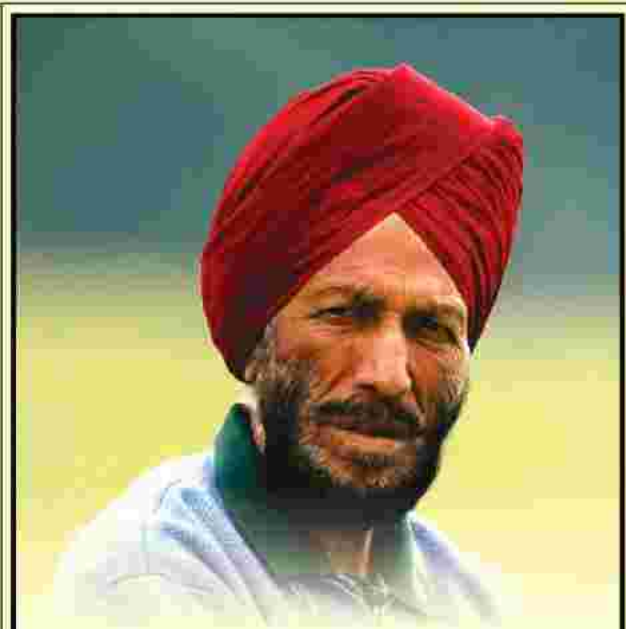
Our inspiring young Highlanders are equally experts in Foreign Language also where Karandheer Gahlot of VIII G won the first position in the Spanish Poem Recitation competition, Aaradhya Kaushik of VIII F won the second position in the German Poem Recitation competition and Aarav Kochhar of VIII B won the first position in the French Poem recitation competition.

Students, Keep rocking and never give up!!

Ramandeep Kaur
Clan Elder - Macarthur



- A Tribute -



The entire Scottish High fraternity pays
heartfelt tribute to
'The Flying Sikh'
MILKHA SINGH
who left for the heavenly abode on 18-06-2021

He was the Founding Member of the
Management Committee of the
Scottish High International School
for the last 17 years.

Golf News

ANITYA'S TIP OF THE MONTH

THE WEAK GRIP

This month, let's have a look at the 'Weak Grip' and what happens when a golfer errs with their grip towards the weak side. Again, a weak grip does not relate to less grip pressure or less control of the golf club but refers essentially to a position of the hands where both the left and the right hands have rotated too much towards the left (for a right handed golfer) when a player holds the club, as shown in the picture.



We know that the 'V' created by the thumb and index finger of both the left and the right hand should be pointing somewhere between your chin and right shoulder. In the weak grip, the 'V' of at least one hand is pointing towards the left shoulder giving a position where the hands are a lot on top of the club. As the player swings, this weak grip causes the club face to be excessively open which then leads to a severe out-to-in club path and therefore a slice to the right. A lot of times, the player will compensate by aiming more to the left and this only exaggerates the out-to-in path and causes the ball to curve further right. If you do see your ball slicing to the right the first thing to do would be to check your grip and ensure that your hands are not in a weak position

Compiled by Golf Coordinator



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Block- G, Surshant Lok - II, Sector 57, Gurugram 122013 (Haryana)
Phone: +91 124 4112781 to 90 Fax: +91 124 2573590
Email: info@scottishhigh.com, Website: www.scottishhigh.com

Editor-in-Chief
Editor
Asst. Editor
Editorial Team

: Ms. Sudha Goyal
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