

## From the DIRECTOR'S DESK



Climate change is one of the world's biggest and most pressing problems. In the past, the global north has put this set of problems on the backburner and seems to have shifted the onus of being the change leaders on the global south.

With the grim reality of the consequences of global warming

manifesting themselves throughout the world in the form of freak storms, changed and unpredictable weather patterns, harsher weather conditions and parts of the world becoming uninhabitable – it is clear that climate change is the world's collective problem.

It is evident that climate change has adversely affected weather patterns by observing the sheer devastation caused by storms, floods, wildfires, and all other natural disasters in the last year. The frequency of these disasters has increased, and each incident seems stronger and more difficult to overcome.

At the time of writing, several areas of Germany, Austria, and surrounding countries have been washed away or submerged by ferocious floods – the likes of which have not been seen for

centuries. Large parts of Australia were ravaged by wildfires for the better part of two months in 2020, and India too faced an unnatural number of hurricanes, floods, and droughts.

Humans have forgotten a key tenet of their survival – respect mother nature. We have coexisted with mother nature, been blessed by her bounty, and nurtured by her bountiful gifts. The last 50 years have seen humans cause irreparable damage to their surroundings.

If we as a species are to survive and thrive, we must start respecting nature and cut down on our harmful activities. There is no replacement of Earth and we must be cognizant of the fact that there are better, safer ways of existing.

We must fully embrace sustainability initiatives and make a great effort to minimize our impact on the world. Organizations and individuals must make concentrated efforts to be better, every day.

We at Scottish High are cognizant of the fact and take small steps in contributing towards conserving nature. It could be tree plantation drive, conserving water and electricity, following 3 R's Reduce, Reuse and Recycle. Though a drop in the ocean, it would be incomplete if this drop was missing.

> Ms.Sudha Goyal School Director

# Empowering kids as Independent Learners

Nothing in life is to be feared, it is only to be understood. Now is the time to understand more, so that we fear less.

#### -Marie Curie

At Scottish High we nurture students to become independent learners. Their voice is heard through student agency and they are a part of the learning process as equal partners. We understand that empowering kids with tools and strategies to become conscious learners will help them to navigate through real life situations.

Therefore as parents too, it is our responsibility to continue enabling them to start managing their responsibilities at a young age. We need to encourage children to solve their own problems as soon as possible, we as parents need to let go of the control on their lives. It is a scary thing to do because it will require shift of epic proportions. It should start with us letting our young children understand that they can take charge of their lives and start making decisions and choices that concerns them. This will help them to gain inner confidence, courage and strength to triumph whatever life presents. It can guide them to preserve when challenges arise at in childhood, challenges like bullies, disappointments, mistakes and bruises. Empowering children will mean the act of empowering them to feel and believe that they are powerful and can critically think of solutions that might be needed to solve challenges, issues or concerns that crop up in different life situations. So how do we empower kids: Following are few tips shared by many child physiologists – From a young age give children choices, give them options and let them decide what they feel as per their understanding. This will help children will learn to weigh options and think critically. Allow then to take risks, it may be a little scary but we need to hold ourselves back, not the child. Let them wonder, wander and explore their world. Lastly, discourage gender stereotyping, ensure that we allow our children to believe they can do whatever their heart has set to do. Help them understand that there are no set roles for girls or boys, believe in them and don't set any limits to their dreams.

The most powerful resource for our kids is a collection of the diverse imaginations, observations, opinions, hopes and dreams. By empowering them we can engage them further in their journey of learning, provide a more democratic learning experience and find the most powerful resource that is needed to manoeuvre in the real world.

Ms.Seema Bhati Primary School Principal

# PYP

# "Together we may give our children the roots to grow and the wings to fly."



A Three Way Conference involving all the stakeholders' i.e. the students, teachers and the parents was conducted by the teachers of Early Years and Primary on 3rd July, 2021. The conference held through the digital platform was a way of apprising the parents of the learning goals of the students, their achievements and areas of learning that needs working upon together

to make a positive change for the learner. The interaction proved to be fruitful and engaging for all and helped in creating a special bond between the patrons as also in encouraging a sense of shared responsibility for learning, growth, health, and wellbeing and agency in the students.





Play it is said is the highest form of research....children at this age are naturally inclined to explore, to discover, to play, and to make connections between self, others and their immediate surroundings. This is indeed visible during 'Tinkering Time' where in the students get an opportunity to be self-regulating learners by creating stimulating Learning Spaces and in crafting exciting avenues

for inquiry, extend their creativity and thinking skills by exploring, manipulating and working with loose materials found in their immediate environment. The session offers many opportunities for symbolic exploration and expression and reveal a sense of wonder, inquiry, develop technical and scientific skills, encourage creativity and imagination and much more. Linking these sessions seamlessly to the unit of inquiry, we can witness the growth of 'Agentic Learners' in each of these young Highlanders. One such occasion was when the students while delving into the human body under the Transdisciplinary Theme-Who we are, chose to represent the human anatomy using different materials. As it is said, "Play is not just about having fun but about taking risks, experimenting and testing boundaries." Here's a glimpse of their vivid imagination!



#### "You can find Magic wherever you look. Sit back and Relax, all you need is a Book." - Dr. Seuss



There is no such thing as too many books. However, there is such a thing as not enough room! Books give a soul to universe, wings to the mind, flight to the imagination, and life to everything. True to this, the little Highlanders were seen engrossed in the world of wonder,



expression and thought during the Library Week through their Virtual classes. Storytelling sessions by the Home Room Tutors' using props kept the children engaged and seeking for more! 'Dress Up Day' had the children coming in representing their favourite story character or carrying their most cherished book to share with others. The visual representation created the right amount of excitement and in encouraging the young Highlanders to inculcate the habit of reading in their daily routine. Other engagements such as story weaving sessions, musical stories and inviting parents over during the online class to read stories to the little ones too captivated the attention of the children.



When you care for animals, plants, planet and environment then the quality of life increases.



Under the Transdisciplinary Theme - Sharing the planet, our Grade 1 Highlanders understood their responsibilities to share finite resources with other people and with other living things. They developed the IB Learner Profile of being caring as they inquired about the central idea - Living beings on this planet are interdependent. They showcased their understanding of how

they are dependent on others by giving a presentation of their choice. They enhanced their creative and thinking skills as they

chose to present their understanding according to their own multiple intelligence. They sang songs, recited poems, made posters by drawing and colouring, showed their plants and pets, made models of plants and animals and enacted though skit.



Mountains, mountains rise up high! Valleys, valleys, Oh so low! Volcanos, volcanos, Erupt in a flash Spewing out lava and ash!

The young Highlanders of Grade 2 have been inquiring into landforms around the world under Transdisciplinary Theme – Where we are in place and time.Getting glimpses of the Aravalli hills and major physical features on the earth's surface through



video links, they learnt to identify and differentiate between a variety of landforms like hills, mountains, rivers, oceans, deserts, islands and so on. Our keen explorers also dug deep inside the earth virtually, to learn about the layers of the earth. They saw the role played by wind, water and ice in causing slow changes in landforms due to weathering and erosion. Growing up to be confident communicators, our Agentic learners, created a landform of their choice using materials available at home, like play dough, old newspaper, cotton, paints.



# Safety is everybody's responsibility but first it's my responsibility!



The inquirers and enthusiastic learners of Grades 3, 4 and 5 attended a virtual session on 'Road Safety Awareness' helmed by India's leading two-wheeler company Hero MotoCorp. The highlight of the session was useful tips regarding pedestrian safety, cycle safety and traffic rules on the road. The team also streamed interesting audio visual on road rules which instantly garnered much interest in an

otherwise serious topic among the Highlanders. Children had their queries resolved after the fruitful session. Our young learners made the most of the life lessons imparted at an early age which will definitely help them in real life.



#### A DIFFERENT LANGUAGE IS A DIFFERENT VISION OF LIFE.



Le Quatorze Juillet or the Bastille Day is marked on 14th July as the National Day of France and the children of Grades IV and V celebrated it with great enthusiasm. Students took active part in all the activities and their zeal of learning French language was prominent. It was truly a multicultural experience, building the broad- based sensibilities that the globalized youth of today need.



Asst PYP Coordinators

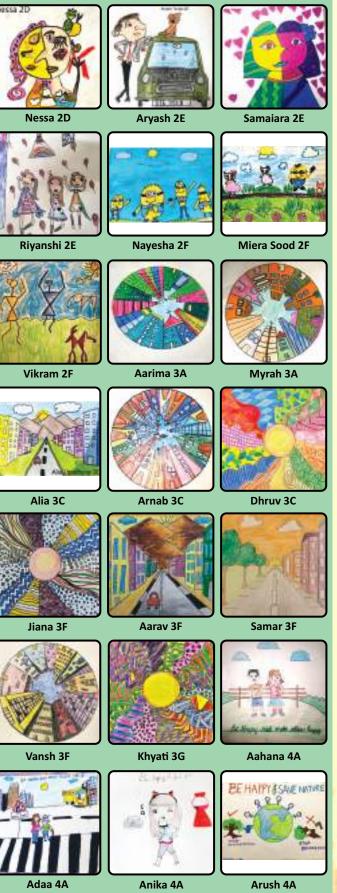
# **MEDLEY OF ACTIVITIES**

In the month of July, Grade I students were introduced to number drawing. They learnt how to draw different things from numbers I to 10. Whereas, Grade II students continued doing mosaic work in vegetables. They were introduced to three different forms of art: Cartoon, Abstract and Folk art. All the students have made beautiful artworks. Grade III students learnt how to draw a bird eye view perspective of a city, Zentangle art and

gradation in geometric shapes. Grade IV students created a poster related to the transdisciplinary theme "How we express ourselves". They expressed themselves through a quote: "Be happy and make...". Every child completed the quote in their own words and were able to draw their ideas. The Highlanders did an amazing work. Grade V students started artworks related to the transdisciplinary theme: "Where we are in place and time". They learnt about cave paintings of the Stone age, made a card and are designing a 3D product by using the motifs and the patterns of a civilization of their choice. On the other hand, Grade IV and V students also learnt how to do pencil shading in still life objects. All the students enjoyed it and have done wonderful work with more creativity and sincerity.

In middle school, Art students continued drawing compositions using a medium of their choice. On the other hand, in Craft optional activity, students started learning about 4 different types of bracelets, plastic recycling and cement work.















Zia Suri 4D



Adi 5H



Sehar 6A



**Rianna 6G** 



Vedant 7D

Ojas 8A

Nakshatra 6G



Hitaksh 4D

Sannibh 4A

Tanishi 4D

Aaira 5A

Sta SH

Siya 5H



# Vardan 4D

Tashvi 5E

Anika 5H



Khilieca 6B



Siya 6D

Hetavi 7C



Akshita 8A



Dancing is an elegant, and a regular movement, harmoniously composed of beautiful attitudes with contrasted graceful posture of the body.

Primary class students are learning about the movements of the body in a rhythmic way to music and within a given space. The purpose is to express an idea or an emotion. Children are also learning patriotic dance for the Independence Day.

The middle school students are learning different dance forms such as Jazz, Hip-Hop, Free-Style. Students are also learning patriotic dance for the Independence Day celebration to show case the great pride and love to the country.

> Zafir Ali **Dance - Instructor**



**Amita Gahallot** 

**HOD Visual & Performing Arts** 

on stage to improve their performance.

Middle school students were divided into new teams in their specific grade for the coming weeks. Students continued with observation and awareness engagements with an activity known as "Shopkeeper". In this engagement, students were asked to observe any shopkeeper they want to act.

Further, use that observation on stage and perform the same. They were also asked to observe different type of customers, later students improvised their observations

> **Rohit Kumar Kalra Theatre Arts - Instructor**



July was an extremely eventful month for our Highlanders interested in music, as we organized two Inter Clan competitions, for Grade VII and VIII. Students thoroughly enjoyed and gained valuable experience from participating. Some of the most accomplished judges from our fraternity were called out to judge our amazing budding singers and performers! Students in the primary have been learning melodious songs like Una Paloma Blanca, Ride, Hall of Fame, Hum Honge Kamyab, Hum Laaye Hain Tufan Se, etc their Indian & Western Music classes. Our Highlanders have also been exploring the elements of music like Sargam, Alankar Variations, Different types of Instruments, Musical Alphabet, etc. Our senior students are learning to sing and play new songs on their instruments, along with new chords and beats. They are also preparing for a virtual Independence Day musical performance.

> Shivam Srivastava Western Music - Instructor



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## FROM THE SPORTS FIELD



The month of July started with the online outdoor activities and preparations to welcome the Highlanders for offline classes in school. Offline and online together classes started with great enthusiasm.

Online intra class and inter clan sports quiz competition was held for Grade XI and XII where clan Lamont secured first position followed by clan Macarthur, Boyd and Anderson. Online intra class and inter clan sports quiz competition was also held for Grade VII. Clan Boyd secured the first position followed by clan Macarthur, Anderson and Boyd.

Now sports department is preparing for the upcoming sports quiz competition for grade VI and planning for outdoor activities.

> Darshan Singh Gahallot HOD Sports



## Celebrating French National Day, 2021

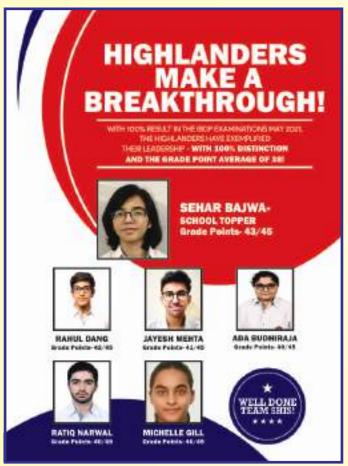


Le Quatorze Juillet or the Bastille Day is marked on 14<sup>th</sup> July as the National Day of France and the students celebrated it with great fervour throughout the week. Bastille Day commenced with auspicious Ganesh Aarti, with a French twist. It was an innovative compilation of beautiful French and Hindi words spun together in a mesmerising prayer. A PPT and a video was also shared reflecting the history behind the day followed by an interesting quiz. Students of Grades IV and V participated in different art and craft activities. They were involved in card making activity based on French theme. The Students took part actively in all the activities and their zeal of continuing French language was prominent. The students from Grade VI- VIII also played online games on Kahoot and enjoyed exploring this day along with the grammar and vocabulary practice. Overall it was an enriching experience for students of all the grades

Ms.Isha Verma

### **IB DP RESULTS**

IB DP Highlanders of Scottish High International School once again exemplified their leadership with 100% distinction in May 2021 Examinations and an average Grade Point of 38. Sehar Bajwa with 43/45 Grade points was the School Topper and a total of 6 students scored 40 and above out of 45.



Our students have got through the best of the global universities be it National University of Singapore, University of British Columbia, University of Toronto, University of Waterloo, University of Southern California and many more. Our parents appreciated the school support through messages and mails.

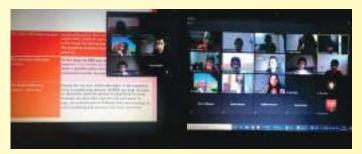


The Student Council of Session 2021-22 was announced this month with a number of our Grade XII IB DP Highlanders in it. Yash Moitra and Viraat Arora from Grade XI IB DP are appointed as the Clan Captains of Clan Lamont and Clan Mac \$

Arthur to carry forward the legacy of leadership. Yash Moitra has also made the entire school proud by being one of those60 advocates who have been selected worldwide by the "UN High Commission for Refugees" global network of Young Champions.



Apart from this many of our students also completed online learning courses or summer programs, just to mention as Viraat Arora, Savar Bishnoi and Lavya Kumar from XI IBDP participated in Summer Vacation Programme 2021 organized by the National Museum of Natural History and UN Development Program. Also they undertook initiatives like Yash Moitra along with Pranav Achanta (XI ISC) started Plasme.in, an initiative to bring plasma donations for Covid patients.



The school also organized a number of Webinars/ WebiFairs for Grade XI and XII students in the month of July as a part of career counseling as KIC Univ Assist WebiFair, Session on writing Personal Statement by Kings College and Portfolio Guidance workshop for design students by ISDI.

> Ms. Renuka Bhasin Asstt. IBDP Coordinator



## Playing Chinese Whisper with Vision Statements

Ask a group of teenagers about their future and they will reveal a plethora of exciting and intriguing ambitions dominating the world today! "I want to be a doctor" is as much of a vision statement as, "striving to provide ease in life through mutual funds". In simple terms – a vision statement is an ideal situation of where you'd like to be in the coming years.

No business project just magically sets up its operations without having an aim and a vision in mind. Why would it when one could certainly not ignore the benefits of having a pre-determined statement hold the key to your future. Big words, aren't they? They literally are!

Although, few might see vision statements as just a mere piece of added decoration in the name of planning, for companies, these "added decorations" have got more depth than any other element of a business.

When you don't know why you're starting a business, you might as well lose your entire career for a lifetime of merry-go-round circling mercurial business options. At the end of the day, they are going to be just that – options – unless a little guidance influences your fate.

That's exactly why vision statements are a necessity before starting a business. Often, lack of aim and purpose are one of the major factors that motivate business shutdowns, especially in the initial years of a newly formed entity.

Vision statements are methods of creating added benefits for businesses too. It helps with significant brand awareness since, initially, it is just you who knows your business in and out. A vision statement is well-capable of catching attention especially for active stakeholders in the society who are practically watching each step of the business world.

Moreover, vision statements are like reference-booklets for decisions when human resources are involved. It helps bestow guidance for employees and motivates them to reach targets and earn themselves appealing rewards. Not directly, but at-least vested interest of employees can make vision statements act like motivators. Moreover, a vision is like a measuring cup to the ingredients of a cake batter. It helps measure performance of employees in the company.

On the contrary, they might not be as set in stone! It's very possible for them to change as the world around us evolves. If a child can go from wanting to become an animated character to the leading CEO of the world in just a few years, changing vision statements is certainly possible!

There are several factors provoking changes in them. Perhaps, technology has developed too much that companies must change visions to stay on the same page as rest of the world. It can also be because of growing competition; maybe, few firms are already doing an excellent job in satisfying the needs of your demographic or simply, because the owner doesn't find the statement fancy enough!

Changing vision statements is more common a phenomenon than one might presume it to be. One of the leading firms today did it, why can't others? Apple's initial vision was, "A computer in the hands of everyday people" and transformed completely to, "To produce high-quality, low cost, easy to use products that incorporate high technology for the individual." Similarly, UPS, from just a package delivery company, became the ultimate enablers of global e-commerce.

Now, fulfilment of each vision statement is debatable but what we do know is that changing visions is something that is constantly called upon due to fluctuating business circumstances. Perhaps sometimes it is indeed a game of Chinese whisper!

> Rida Mumtaz Grade XII C2 Siddhant Bhardwaj XII- IBDP

5	3			7				
6			1	9	5			
	9	8					6	
8				6				3
4			8		3			1 6
7				2				6
	6					2	8	
			4	1	9			5 9
				8			7	9

Sudoku



#### Q. Give the full form of following technical terms:

- 1 USB
- 2 SIM
- 3 CCTV
- 4 HD
- 5 PDF

Q. Give the full form of following email abbreviations:

1 FYI

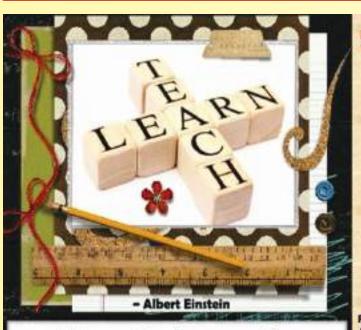
2 ASAP

3 PFA

4 WFH

5 TBF

Source: Internet Complied by: Dr Sanjay Sachdeva Senior School Principal



"I never teach my pupils. I only attempt to provide the conditions in which they can learn." Cambridge Assessment International Education Belog

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# **From Our Budding Writers**



### FRENDSHIP HAPPY DAY !

My dear friend, With a bond that will never end, We can battle so many things! Like mean pixies and evil kings. No matter where we go, we will always be friends I think you know. So, my dear friend, Happy friendship day. Even if we drift apart, I know we will find a way.

- Sanvi Dash

Hasn't it been long since we saw each other? Missing that sparkle in our eyes and the embrace...

Hasn't it been long since we laughed together? Those cheeky, bright smiles, that we wished to hold onto forever.

Gone are the days now...

A new horizon unfurls by the mist And dark clouds give way to silver linings.

We finally met! Every ray of sunshine echoed our desires We rose from our ashes And re-ignited our fire.

It felt like a dream. Or...was it even better! A new hope had dawned And a wound had healed.

Now, we all held hands And there was this belief After the darkness... There has to be relief.

And just when we thought it was over We took the leap, and became stronger.

We'll find sunshine After this whirlwind of darkness and rain, Because if winter has the courage to turn into spring; Who says we can't bloom just the same?

- Anya Nigam of 7C

# Role of young ones towards the environment

"One of the first conditions of happiness is that the link between man and nature shall not be broken."

- Leo Tolstoy

And I feel that it is the need of the hour as the Blue Planet, Earth Is the only Planet in our solar system which has civilization on it and that is because it is the only planet which contains water & life. Earlier humans and nature were living together and but now we are misusing it, we are causing depletion of Natural resources as we are blindly moving towards Technological advancement and forgetting all about the environment because that nature and humans are living against each other. Humans have turned a blind eye towards nature's problems which is increasing Environmental Imbalance.

#### For example –

1. We are buying fancy mobiles and because of that new mobile towers are being erected and birds are dying

2. We are reducing green cover for industrial purpose

3. We are releasing industrial waste into water.

4. We are using AC's for cooling which is releasing Chlorofluorocarbon (CFC) and it is leading to Ozone layer depletion

5. To make traveling easier we are building jets that are again releasing CFC which is once more leading to Ozone layer depletion.

Now a big question arises what is the Ozone Layer? Well, the Ozone layer is the protective layer around the earth that protects us from the harmful UV rays. Coming back to our topic due to our want in technological advancement names of many species of animals and plants is going down to the red data book. But what can we do about this?

### उठो, जागो और तब तक न रुको जब तक अपना लक्ष्य न हासिल कर लो

— स्वामी विवेकानंद.

Arise, awake and Stop not till the Goal is Reached. - Swami Vivekananda

The above quote said by Swami Vivekananda is the sole inspiration in us. And a great example of this quote is a lady called Liliana who in 2017 was awarded by the UN for keeping care of plants and animals and saved Many of the Flora and Fauna in fear of extinction from extinction and with this I would like to end by saying

-There is no planet B

## **Clan News**



We all go through seasons in our life, seasons of joy and seasons of sadness and trials. It is in those seasons that we learn a lot about ourselves which we never perhaps even knew before. The only way to overcome these seasonal storms is to rise above them, to gather the courage and will to stand up, to face our fears, to turn our collar up against the cold and lean into the wind. Those who survive through their hardships emerge to be stronger individuals with a more firmly rooted identity.

I take this opportunity to congratulate our Clan Captains for the year 2021-22, Divit Chopra and Phinza Aggarwal. We look forward to a fruitful year together and wish them all the best. The series of Interclan competitions for this month started with Prisha Abrol (VII) standing first in Interclan Science E-poster making competition followed by a sweeping victory of team Anderson that comprised of Anisa Vohra (IX) and Vrinda Goel (X) in Interclan Maths Quiz. The third week of the month commenced with Tashvi Mohta (VI) winning the English News Reading Competition. Both Srishti Goel (VIII) and Tvesha Anand (X) bagged the second position in the Interclan Healthy Diet competition and Hindi Debate respectively. The last of July witnessed commendable performances by Andersonites. Team Anderson secured second position in the Interclan Geo Genius Quiz for Grade VI. I applaud the efforts of Tejeshwar Singh (VI) and Ansh Khattar (VI) for bringing laurels to the clan. Abhimanyu (IX) and Manhar (IX) impressed the judges with their excellent editing and shooting and stood second in the Interclan Movie Making competition. Divit Chopra (XI) came second in the Interclan Literary Debate and he with Raghav Gupta brought victory to the clan by standing first as a team. They are an asset to the clan.

Clan Anderson will, with the motivation and diligence of all its members, brave the turmoil of failures and disappointments to emerge as a leader and a winner.

> Ruma Jain Clan Elder - Anderson



"Coming together is a beginning. Keeping together is progress. Working together is Success."

#### — Henry Ford

I congratulate our newly selected Clan Captains Yash Moitra and Khyati Vij and wish them luck for the year ahead. I am sure they will work hard and take our Clan to the pinnacle of glory.

In the month of July, we had a plethora of Clan competitions. First, we had Inter Clan Modern Foreign language competition for Grade VI where Aditya Chauhan secured Third position in French and Abir Basu bagged first position in Spanish language. In Inter Clan ICT E- poster competition Myra Sehgal of Grade VII did brilliantly well and secured first position and Aishani Srivastava bagged second position. In Inter Clan Solo Singing Competition Eshanya Kamra of Grade VII sang beautifully and made clan proud by winning second position. Tushin Kumar and Joditya Roy showed their mathematical skills in Inter Clan Mathematics quiz secured Third position. In Inter Clan Sports quiz Atharv Raj Kumar of Grade XI IBDP and Subhangee Swain of Grade XII displayed their knowledge about sports and secured first position. In Inter Clan Science Healthy Diet competition for Grade VII Ajooni Kaur made healthy snacks and impressed judges secured second position and Sahaj Khanna received third position. In Inter Clan Hindi Debate Atvika Gaur spoke very well on given topic bagged first position. In Inter Clan, 'Movie making competition', the team comprising of Nihaal Singh Bajwa and Tarak Ram of Grade IX secured first position. In Inter Clan Geo Genius Quiz competition, the talented team comprising of Nakshatra Venkatesh and Siya Gupta of Grade VI bagged first position.

My heartiest congratulations to all the winners and participants for working hard and participating in all the competitions with great zeal and enthusiasm

> Geetanjali Ahuja Clan Elder - Lamont



#### " Act as if what you do makes a difference.IT DOES." -William James

The above line just made my confidence get a spark. Now, it seems more and more apt and practical. Trust me, it's not difficult at all. It's just a matter of a willing initiative from our own within and its DONE. Month of July was just another month offering various platforms to our highlanders. To begin with in the Inter Clan Solo Singing Competition, 3rd Position was secured by Zitin Tiku (VIII- B). Next in the row, in the Inter clan MFL Declamation Competition (German) (Stage II), 2nd Position was bagged by Ishaan Das (VI-CS).

For the Inter clan MFL Declamation Competition (Spanish) (Stage II),2nd position was again secured by Kimaya Awasthi, (VI-G) .Nothing to leave, in the Inter clan MFL Declamation Competition (French) (Stage II), Ananya Rayapaty (VI-B) won the competition by securing her 1st Position.How can Mathematics stay behind. So, here comes the Interclan Mathematics Quiz (Stage II) where our talented team of Devang Pant & Inika Khatter secured 2nd Position.

Just to add a pinch of fun for our music lovers ,Inter Clan Solo Singing Competition was conducted where , Anya Arora (VII-CS) mesmerised all the judges and won the competition by securing 1st Position followed by Srushti Dongare (VII-B) securing 2nd Position in the same.

In the Interclan Geo Genius Quiz competition (Stage II), our team comprising of Manan Jain (VI-A) and Shourya Sharma(VI-E), secured 3rd Position.

In the direction of exploring more, Interclan Sports Quiz Competition (Stage II) was conducted online where our enthusiastic team of Diya singh (XII C) and Kashish Garg (XI C) secured 3rd Position.Last but not the least, our another super excited team of Jaikrit Bijlani (VII- C) and Khushal Sehrawat (VII-C) won and sucured 1 st position in the Interclan Sports Quiz (Stage II) conducted for Grade VII..

Akanksha Yadav Clan Elder - Boyd



## "Hard work does not necessarily guarantee success but no success is possible without hard work."

#### Dr.T.P.Chia

The month of July started with plethora of activities and our Highlanders participated with full zeal and enthusiasm.

Our Highlanders took great interest in the MFL competition where Devashish Chharia of Grade VI-CS bagged the third position in German, Ahaana Khanduja of (VI-A) bagged the second position in French and Mahi Chawla of (VI) bagged the second position in Spanish MFL Declamation Contest. Armin Kaur (VII-D) and Shreyas Todi (VII-E) bagged the third position in Science E-Poster Competition. Svera Kumar and Swarnika Joshi (VIII-E) showed their singing talent by bagging first position in Inter Clan Solo Singing Competition. Ojas Lath (VI-D) and Emya Jain (VI-B) dispalyes their excellent reading skills by bagging second position in the English Mock News Reading Competition. Also Karandheer Gehlot (VIII-G) and Skandha Khurana (VIII-D) have made the clan proud by bagging first position in the Inter Clan Science Healthy Diet Competition.

In Hindi Debate, Aarav Gupta of Grade IX-A bagged the third position. In the Inter Clan Sports Quiz Competition, Enrique Sinha (XII- DP) and Garvit Arora (XI- C)bagged the second position and Ashirya Singla (VII-A) and Vihaan of Grade (VII-G) bagged the second position.

Aditya Singh Rekhi of Grade X-C and Vaibhav Sahni of Grade X-A have showcased their talents in video editing and scripting by bagging the third position in the Inter Clan Movie Making Competition. Viraat Arora of Grade XI- DP made the clan proud by bagged first position in the English Literary Debate.

At the end, Highlanders of Grade X and XII made the school proud by showing academic excellence in their overall results. Well Done Highlanders!!

Keep rocking!!

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<sup>1</sup>Tested for filtration efficiency (EN1822) at 0.1 microns Virus testing conducted on H1N1

# **Golf Article**

## ANITYA'S TIP OF THE MONTH



Leading golf professionals around the world lay a lot of emphasis on the three basic points that are vital when you set up to a golf ball — grip, posture and alignment. Most golfers will tell you they work on these on a regular basis. It's vital you spend time every week with your instructor working on these basics to achieve your golfing potential.

The posture is a very 'ready' position from where you can start the swing and strike the ball. Develop an athletic setup position as it will go a long way in making you play good golf by not only

providing you with the base on which you can make a good turn and swing, but also keeping you injury free.

Here is a good way to achieve a correct setup position: start by standing straight with your club—hands in front of your body and feet shoulder width apart. Bend from your hip joint and flex your knees with your hands automatically hanging down to reach the ball and getting your body into a ready position. When you bend from the waist, ensure your lower back is relatively straight and not rounded. When you bend your knees, they should be over the center of your foot or over the laces of your shoes. The attached picture is a good way for you to check if you are in the correct posture.

> Compiled by Ms. Ankita Jain Golf Coordinator



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