

SCOTTISH HIGHT INTERNATIONAL SCHOOL TO

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From the DIRECTOR'S DESK

"Education of the p

"Education is our passport to the future, for tomorrow belongs to the people who prepare for it today."

- Malcolm X

Quality education is vital for every individual to move ahead and achieve success in life. Edification not only develops self-confidence in us but also helps in building our personality. Education enables us to undertake challenges in life and empowers us with qualities to innovate and carve a niche for ourselves.

School education plays a substantial role in everyone's life. A child should go through various levels of schooling, elementary, primary, secondary, higher secondary, etc, to ensure a prosperous future. All levels of education have their own special significance and place. Every parent envisions their wards at the summit of glory which is possible only through appropriate and befitting school education. The very foundation of Scottish High was laid with this aim in mind and we guarantee our parents that the school will leave no stone unturned to offer the best to our pupils.

Schools play a crucial role in moulding the lives of our youngsters. The cozy and warm atmosphere that the teachers and staff of Scottish High provide to the students, never let them miss their

homes. Highlanders look forward to visiting school every morning, to meet friends and get involved in curricular as well as cocurricular activities that enhances their development and boosts their personality. Students learn social and interpersonal skills that help them connect with people and elevate their personal life.

Meticulous guidance and support by proficient and qualified teachers, whether it is in the classrooms or on the field, strengthens the educator-pupil bond and teaches them valuable life lessons. Rigorous mentoring and supervision by these able instructors of Scottish High, help students to effectively hone and harness their latent talents and hobbies. With small class sizes and hence more individual attention from teachers, students develop a greater sense of self-esteem and get ample opportunities to shine out. Above all, children learn moral values that qualify them to become warm-hearted and considerate global individuals.

A child steps out of the comfort and security of home to venture into another haven that promises equally safe and hygienic environment for the students. Scottish High provides adequate educational infrastructures that maximizes the accessibility and effectiveness of education being delivered. This undoubtedly has a positive bearing on the attendance and performance of students.

Efficacious learning and education acquired in schools bring a sea of change in our young impressionable minds who become adult citizens of tomorrow. Education brings home a lot more than just degrees and monetary success. It is the basic necessity of human beings and we should comprehend that it is the only key to well-rounded development and progressive thought processes.

Ms.Sudha Goyal School Director

Redefining Role of Teachers as Facilitators and Mentors

"Irue teachers are those who help us think for ourselves"

- Dr Sarvepalli Radha Krishnan

At Scottish High, the students are not consumers of facts. They are dynamic learners and creators of knowledge because we encourage them to become lifelong learners. The attributes of the IB Learner Profile, which the students inculcate along with their mentors, help them to seek knowledge through wondering and wandering. Our teachers are facilitators of not only knowledge but they are a tool through which students comprehend social and cultural heritage of their peers and themselves. International mindedness is a concept embedded in our curriculum which paves the path towards adopting global citizenship at a young age.

When we are with our students we ensure that the focus is on student centered, inquiry based technologically charged learning environment. We prepare them for challenges they will face in real life situations, therefore our role as mentors is as vital as ever. We consciously look at our role as co-constructors of knowledge and a facilitator that guides and activates student learning. We foster the necessary skills to succeed in today's rapidly changing world.

We are not a sage on the stage but a guide on the side. We deliberately create learning experiences and learning environment that allow students to become active participants in all the engagements planned to advance their knowledge and skills. The assessments are designed in such a way that the students get ample of opportunities to display their understanding in a variety of ways. This requires important teaching skills on our part, such as guiding effective student learning, fostering strong collaboration during teaching and learning. We continuously reimagine and reorganize our planning to ensure that we are up to date with the latest pedagogy which are required for the students to become global achievers.

We at Scottish High believe in the below quote wholeheartedly:

"The task of the excellent teacher is to stimulate "apparently ordinary" people to unusual effort. The tough problem is not in identifying winners: it is in making winners out of ordinary people." — K. Patricia Cross

Ms.Seema Bhati Primary School Principal

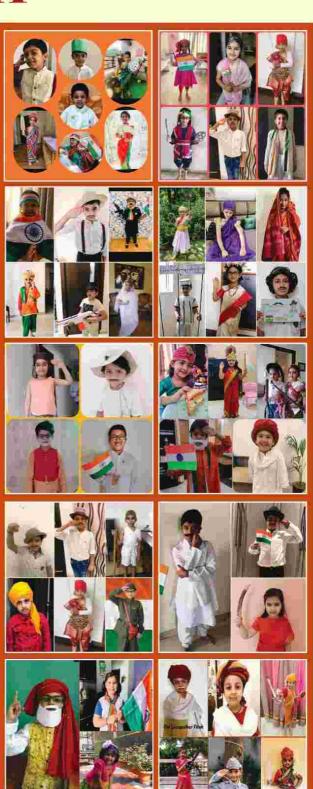


PYP



The online classes didn't dampen the spirits of our young Highlanders while celebrating the 75th Independence Day of our nation. The week was marked with interesting engagements; delving into the significance of the day and the tri-colours representing the Indian Flag, the learners were seen making the National Flag, designing a Tiranga sandwich, learning about the National symbols and more with much gusto. Learning a patriotic song and dancing to the tune of 'Jai Ho' had the students revel in national pride. Coming dressed up as National Leaders and Freedom Fighters using innovative attire added to the patriotic fervour, befitting the occasion, during the virtual session. Slogans like 'Vande Mataram', 'Jai Hind' resonated in the virtual classes with the young ones displaying appreciation and pride for their country and countrymen. The young learners also indulged in expressing their feelings on patriotism and voicing their perspective on- 'What freedom means to them?' Their anecdotes ranging from speaking freely, going anywhere where their heart desires to, to wanting freedom from face masks and Corona. Let us all pray that this Independence Day we all steadfastly achieve this and get freedom from the Pandemic!













To celebrate the special bond between siblings, the festival of Raksha Bandhan was celebrated virtually. Symbolic of this festival, a talk and its significance was brought forth with emphasis on the love between siblings. In Primary, our young Highlanders wore ethnic clothes to celebrate the festival. They also sang songs related to the festival and enjoyed doing a related craft and shared their beautiful creation with

enthusiasm. Workshop on 'Plantable Rakhi Making' by a parent of a Kindergarten student was an engaging and an enriching experience wherein the students learnt how to celebrate the festival in an eco-friendly way; by making plantable seed Rakhis' which can be sowed after the celebration, nurtured and see it grow from a seed into a beautiful plant. An initiative like this also encouraged the children to plant a sapling!

"Recognize that every interaction you have is an opportunity to make positive impact on others."

- Shep Hyken

The Early Years had a PTM on Saturday, 14th August, 2021. The interaction with the parents proved to be fruitful. The Home Room Tutors' took this as an opportunity to collaborate with the parents to discuss the well-being of the students as also their overall progress. In Primary Wing we had Gallery Walk on 21st August. Gallery Walk is a platform for Highlanders to showcase their communication and thinking skills. Our young learners took pride in showcasing their confidence and family bond during the virtual Gallery Walk, where they in collaboration with their family members conducted a synchronized presentation of their family song. Children were happy to share the story behind the song chosen. It instilled in our little students the importance of family love, bonding and connection.

Through small actions, everyone can make an impact...

An IB Programme develops Internationally Minded people who, while recognizing the common humanity and shared guardianship of the planet, help to create a better and more peaceful world. The International week was celebrated by the PYP students from Grade Nursery to Grade 5 virtually this year too with zest. To create an intercultural experience, the young learners of Early Years delved into the story 'Whoever You Are' and a song 'Hello to the Children of the World' and other stories with emphasis on IB Learner Profile, all through which they

discovered an enriching connection between cultures. Furthermore, they were encouraged to prepare an International dish of their choice with a family member and present it during their online class with emphasis on the country the dish belongs, the reason for choosing a particular dish and the ingredients that went into its making. It surely made for an exciting and a culturally enriching session.

In Primary Wing it was celebrated by the Highlanders with much gusto, and pride of being a part of the global family. They took up the language challenge and proved beyond doubt that they are indeed internationally minded. Keeping in mind 'Agency' they chose a language







unfamiliar to them, picked up two words that appealed to them most, explaining their meanings in English and taking ownership of their video performance. An introduction to the currencies of certain nations gave the knowledgeable learners an impetus to inquire further and display their skills in identifying the currencies from across the globe. Students also researched about Olympics 2021 games and their winners and represented through medal tally chart. The International Week celebrations culminated with poster making on the attributes of the IB Learner Profile that the children developed during the course of their learning journey. The International Week celebrations created open-minded learners, who truly accept, respect and understand others both locally and globally, making them global citizens.













"Teaching is more than imparting knowledge: it is inspiring change," - William Arthur



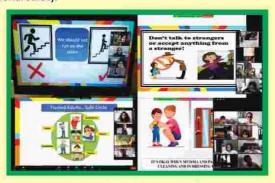


Grade 1 learners, have been inquiring about good choices and bad choices which leads to wellness and sickness. Under the Transdisciplinary Theme 'Who we are'. To enhance their knowledge and inquisitive nature, guest speakers were invited to support their research. Among the guest visitors were parents and doctors, who spoke about physical and mental wellbeing.

Our young students applied their thinking skills and asked relevant and effective questions and fulfilled their curiosity. Tuning into the unit 'How we organize ourselves', the young Highlanders of Grade II were exposed to a variety of live insights and experiences of guest visitors. A variety of processes were discussed ranging from the journey of a toy, a book, a chocolate and the story of Roti to understanding the production and distribution of various food items from farm to plate. The excitement was palpable as children had an array of questions for our visitors. The interactions helped spark curiosity amongst the children and they became true inquirers.

SAFETY FIRST IS SAFETY ALWAYS!

With an endeavour to create self-awareness amongst the students, a workshop was conducted for the students for the Early Years. Through the Online platform, a dialogue about safe and informed practices was initiated along with a discussion about one's safety circle. As educators it is our responsibility to create a safe and a nurturing environment for the students so that they can continue with their journey of exploration and learning without a sense of fear and inhibition. This interactive session surely helped in sensitizing the children about their personal safety.



On a winning streak...

Congratulations to our young Highlanders who made us proud by achieving excellence in Interschool competitions. Soham Gupta of Grade 5 secured the First position in Poem Recitation and Sannibh Malhotra of Grade 4 received the Third position in Character Parade in Splendour 21 English Fest on 6th August.

Advik Iyer of Grade 3 bagged the First position in Speech in Sixty Seconds (JAM) and Vardan Agarwal of Grade 3 received the Third position in Creative Coats (Book Cover Design) in Glendale Annual Literacy Fest.









Advik Iyer Grade 3

Vardan Agarwal

Sannibh Malhotra Grade 4

Soham Gupta Grade 5

Asst PYP Coordinators



MEDLEY OF ACTIVITIES

The month of August saw the Highlanders show casing their creativity by making posters and drawings using national symbols on the eve of India's 75th Independence Day. They also learnt how to make Rakhi's with limited resources available at home like paper and other decorative material. On the other hand, Online Drawing Competition was organised for Grade XI and XII students. On 9th August,

inter class drawing competition was held and the theme for preliminary round was "Travel Diaries". On 13th August, Stage 2 was conducted and 8 students from the preliminary round went to the final competition and the topic was "Me and My Passion". Overall result of the Inter Clan was as follows: Boyd 1st, Anderson 2nd and Macarthur 3rd.

In addition to this, Online Drawing Competition was organised for Grade VI also. Stage 1 was held on 17th August and the theme for preliminary round was "My favourite cartoon". On 20th August, Stage 2 was conducted and the topic was "My favourite festival". Stage 2 was judged by an ex-student Priyanshi Bhatnagar, pursing MA from NIFT, Mumbai and two art teachers. Overall result of the Inter Clan was as follows: Boyd 1st, Lamont 2nd and Macarthur 3rd.

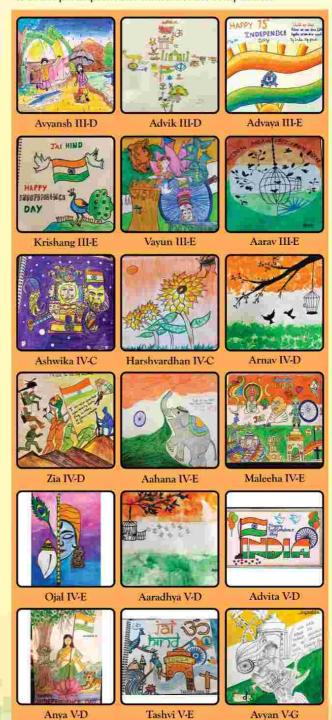


Aarima III-A

Isha III-C

Anaya III-A

It was a great platform for all students to display their unique ideas and creativity. All the participants performed with great zeal and enthusiasm. Each participant's effort was appreciated by all the attendees. The judges were given e-certificates of appreciation by HOD Performing Arts. E- certificates were given to all the participants and winners of the competition.









Sonakshi VI-C

Abhirup VI-D







Aarav VI-D

Kyraa VI-E

Navya VI-F







Sara XI-A

Shreemayi XI-E







Kimayyaa XI-F

Palak XI-F

Taanusia XI-F





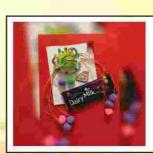


Eesha XII-C

Sanya XII-D

Diya XII-D

Amitta Gahallot HOD Visual & Performing Arts



Handmade Rakhi

Myrah Sharma VI-C

FROM THE SPORTS FIELD



The Month of August started with the preparations of optional outdoor activities for Grade VI to VIII and IX to XII Grade VI to VIII students started training on Tuesday and Thursday and IX to XII on Monday, Wednesday and Friday in morning from 6am to 8am. Around 40 students opted for Football, Basketball, Badminton, Cricket and Lawn Tennis.

Inter Clan Sports Quiz competition was held for Grade VI to XII and the result is as mentioned below:

Grade VI: First position Clan Boyd followed by Clan Macarthur, Lamont and Anderson.

Grade VII: First Position Clan Boyd followed by Clan Macarthur, Anderson and Lamont.

Grade VIII: First Position Clan Anderson followed by Clan Lamont, Macarthur and Boyd.

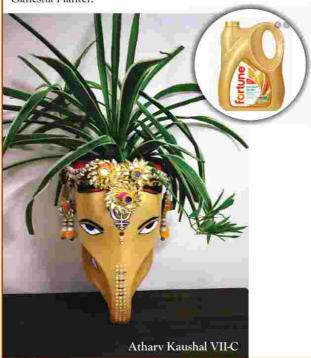
Grade IX and XII: First Position Clan Anderson followed by Clan Lamont, Macarthur and Boyd.

Grade XI and XII: First Position Clan Lamont followed by Clan Macarthur, Boyd and Anderson.

Darshan Singh Gahallot HOD Sports

BEST OUT OF WASTE

Atharv had converted the discarded 5ltr plastic oil container and some left over diwali decoration into Auspicious Ganesha Planter.







SCOTTISH HIGH INTERNATIONAL SCHOOL MODEL UNITED NATIONS 2021 aka SHISMUN '21

"It only takes one voice, at the right pitch to start an avalanche."

Diana Hardy

Scottish High International School organised the sixth overall, and second online, edition of its annual two-day Model United Nations conference on 21st and 22nd August, 2021. SHISMUN '21, in collaboration with the United Nations High Commission for Refugees, hosted about 240 delegates, from both India and abroad, in nine committees. Living up to the high standards set by its predecessors, SHISMUN '21 was flawlessly organised and marvellously executed, owing to the hard work of the Secretariat, the Organising Committee and the immense support the school personnel and teachers provided over the months spent in preparation leading up to the conference.

The delegates were welcomed in an address by the honourable School Chairman, Dr. Cdr. Kartikay Saini. Scottish High has always believed that the purpose of education is to develop well-rounded individuals with a spirit of inquiry and perseverance. To that end, the school strives in fostering intellectual development in its students by combining various types of learning. This attitude was also reflected in SHISMUN '21, as the Chairman exemplified in his speech.

SHISMUN '21, true to the spirit of the previous editions, was organised entirely by the Highlanders themselves. SHISMUN '21 stood apart for a plethora of reasons, such as its innovative agendas that covered a variety of social and political issues that are of importance in the current age, the experienced Executive Board members and sponsorships whose goals aligned with the vision of SHISMUN '21.

The closing ceremony was held virtually on 22nd August, 2021. The two days of the conference were filled with remarkable levels of debate, tough negotiations and great resolutions. The Executive Board members who have been a part of SHISMUN in previous editions expressed their awe at the consistency of SHISMUN as a conference over the years.

The delegates were awarded for their participation and achievements in the conference. E-certificates and cash prizes were sent to the winners by mail. The conference ended by Madame Secretary General, Aaliya Roy Kundal, giving a heartfelt speech to all the attendees and declaring the conference closed by the bang of a gavel.

NOTEWORTHY ACHIVEMENTS

The following Highlanders won awards in the conference.

Name	Committee	Allotment	Award Best Delegate	
Ruhaan Mahajan	Quadrilateral Security Dialogue	Home Minister (Australia)		
Navya Malik	International Press Caricaturist		Best Caricaturist	
Smyan Narang	United States Senate	Jon Tester	High Commendation	

Vaibhav Sahni	World Health Organisation	China	Special Mention	
Aditya Daga	United Nations General Assembly, Ukraine DISEC		Special Mention	
Akshat Bagadia	United Nations General Assembly	Vietnam	Special Mention	
Reva Saxena	International Press	Louignalist		
Zena Sharma	International Press	Journalist	Verbal Mention	
Dlicia Lal	International Press	OHEDOUGE		
Sara Singh	United Nations Women	Turkmenistan	Verbal Mention	
Suhaani Singh United Nations Human Rights Commission		Bangladesh	Verbal Mention	



Compiled By Riti Aggarwal XI-F



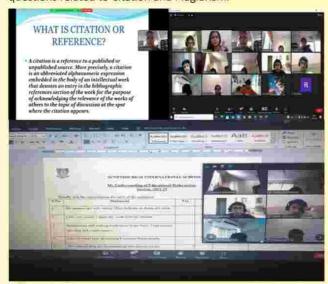
IBDP NEWS

At SHIS, we ensure to have practices in place to manifest IB Philosophy in each of our school's context providing the right blend of culture and environment to each and every student. We had a number of in-house interactive sessions/ workshops for both teachers and students this month for effective teaching and learning.

On 4th August 2021, TOK Facilitator conducted an interactive workshop for the entire DP faculty to discuss best ways for integrating TOK in each of the subject area. Moreover, the recent changes made to TOK were also discussed.



On 11th August 2021 our IB DP Resource person/ Librarian took an interactive session for Grade XI IB DP students on 'Academic Honesty and Citation'. She talked about various educational malpractices in context to the programme and how one should avoid the same. Students did ask her questions related to Citation and Plagiarism.



On 11 August 2021 only, CAS Coordinator took an insightful interactive session on 'CAS- its Introduction, Integration and New strategies' for the entire DP faculty. She briefed each one of the faculty about the CAS opportunities during the

pandemic and the role of CAS supervisors and advisors.



Moreover from 23- 27 August 2021, the school participated in a number of virtual and in person counselling sessions, networking with University delegates and school exhibit during the 5th Annual IC3 conference platform as one of the Host Schools'. These sessions were attended by Dr. Neha Singh Maurya, Ms. Renuka Bhasin and Ms. Pooja Sharma.



This month also saw a lot of participation of our students in Interschool competitions. Savar Bishnoi and Anushka Nayak participated in Interschool 'Scienamite- Science Competition' organized by G.D. Goenka World School and won I prize in Research Paper presentation for Grade XI and XII; where in more than 20 schools across NCR participated.





Lavya Kumar from XI and other students participated in the Commerce Fest organized by G.D. Goenka Public School and were given participation certificates. Month of August saw a huge participation from students community in much awaited SHIS MUN 21'. And amidst all this, the school recognized and felicitated our meritorious students and alumni for their academic and overall achievements.



Students are also busy preparing for their college application standardized tests as SAT and for their upcoming Semester Examinations. Wishing them all the best for the same!

Ms. Renuka Bhasin Asstt. IBDP Coordinator



Sudoku

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		3		2	1		4	9
	3	5		9		4	8	
	9						3	
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3	1		9	7		2		
		9	1	8	2			3
				6		1		



Test Your

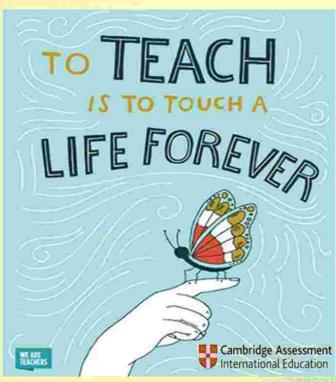
Q. Match the following FM staions

a) 92.7 a) Red FM b) 91.1 b) Radio Mirchi c) 106.4 c) Big FM d) Air FM Gold d) 98.3 e) 93.5 e) Radio City

Q. Match the following stock exchanges with their respective cities:

A. Nasdag a. Mumbai B. NIKKIE b. New York C. DAX c. Tokyo D. Sensex d.Paris E. CAC 40 e.Frankfurt

> Source: Internet Complied by: Dr Sanjay Sachdeva Senior School Principal



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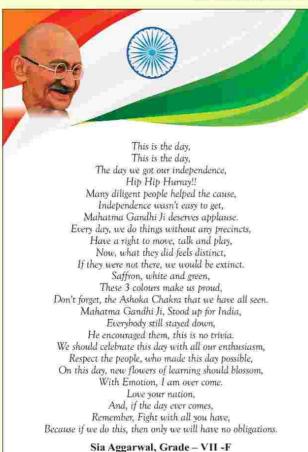
Address: Scottish High International School,G Block,Sushant Lok II, Sector 57, Gurgaon-122011 (Haryana) Email: programleader@scottishigh.com

Website: www.scottishigh.com Cambridge Assessment PDQ Coordinator: Ms Tina Bali Pasricha Contact No.

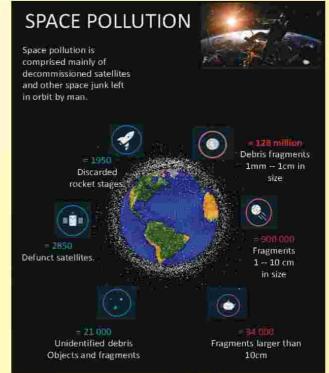
Programme Leader Ms. Sudha Goyal



From Our Budding Writers







Mayrah Sharma VI-C



Tarushi Rohilla XI - F



Clan News

ANDERSON

"Victory is sweetest when you've known defeat." - Malcolm Forbes



Every individual puts in all his might and endeavours to win, whether it is at a competition or at life. The world also only celebrates the one who wins. Clan Anderson celebrates the one who wins. Clan Anderson has fought for so many years and faced obstacles, tackled challenges and subdued feelings of doubt and fear of defeat to finally lift the trophy of 'Best Clan of the year 2020-21'. Andersonites walked on a strenuous path and took time, but showed defeat its true place. I take this opportunity to congratulate all my dear clan members, tutees as well as clan parents and am grateful to them for their diligence and perseverance. This award was conferred upon us during the Online Annual Award Ceremony 2021. The enthusiasm and frenzy of all the clan members could be felt even through a virtual platform.

virtual platform.

Clan Anderson continues to give its best even in the competitions held this month. Tashvi Mohta (VI) was the proud winner of the E-poster Making Competition conducted by the Science Department. Team Anderson comprising Palash Majumdar and Rian Sanghi from Grade VII stood first in Maths Quiz. The team spirit of and coordination between Pranshul Swaroop and Rutva Rishi (VIII) brought laurels to the clan with their sweeping away the winners title in Sports Quiz. Atharva Kaushal (VII) secured second position in the Best Out of Waste Competition whereas Tanusia Chakravarty (XI) impressed the judges with her art work and bagged the second position in the Drawing Competition.

This makes me helieve that we Andersonites will leave no stone unturned

This makes me believe that we Andersonites will leave no stone unturned in achieving victory this time as well. Way to go!

Ruma Jain Clan Elder - Anderson

BOYD

Success is not final; Failure is not fatal: It is the courage to continue that counts. -Winston S. Churchill

A balanced blend of continuous hard work and motivation can result to A balanced blend of continuous hard work and motivation can result to wonders. And hard work includes efforts in handling all the ups and downs during ones journey through life. How about taking every single bit of it as a learning experience? Sounds cliche, but that's the best way to deal with these hurdles. Month of August was such a packed month with numerous competitions and activities all around. To start with, in the Inter Clan Hindl Recitation Competition, Anandya Verma (VIII-F) and Akshita Bali (VIII-E) secured 2nd and 3rd Position respectively. Next in the row was Inter Clan Literary Debate Competition, where 3rd Position was bagged by Riya Gupta (IX-A).

Science competition took form of Inter Class Science Best out of waste competition, where again 1st Position was secured by Somansh Rastogi (VII-A). He impressed our judges by using simple things available turning into the best of its use. To keep our students updated and showcase their information regarding sports, Interclan Sports Quiz Competition was organized. Our very strong team comprising of Shaurya Sharma (VI-E) and Naavya Jain (VI-D), won the competition with 1st Position.

In the Inter clan Hindi Extempore Competition Spandan Yadav (VIII-B) contributed to his clan by securing 2nd Position. For the artists by heart we had Inter Clan Drawing Competition where Diya Kumar (XII-D) brought laurels to her clan by securing 1st Position.

In the Inter clan Hindi Extempore Competition, Anjaneya Kaul (VII-G) bagged 3rd Position.

In the Inter Clan Advertisement Making competition, Aanan Chopra (XI-A) secured 2nd Position. Once again in the Inter Clan Drawing Competition, 1st Position was bagged by our very talented Ananya Rayapaty (VI-B).

I congratulate all my winners and participants. Keep going you all. Every day waits for you to explore another good about yourself. So, never stop, keep walking. Akanksha Yadav Clan Elder - Boyd

LAMONT

'Success is not the key to happiness. Happiness is the key to success. If you love what you are doing, you will be successful.'

Albert Schweitzer

Happiness and success are interconnected. Happiness impacts your success, and your level of success impact your happiness. According to the study's finding, happy people seek out and undertake new goals that reinforce their happiness and other positive emotions. When we feel happy, we tend to feel confident, optimistic and energetic. Keeping that energy high our students participated in various Inter Clan competitions in the month of August First in the row, we had Inter Clan Sports quiz for Grade VI, where Sonakshi Huja and Prakhar Mishra did very well and secured third position. In Inter Clan Hindi Extempore Competition for Grade VIII Adyansh Saxena spoke brilliantly well on the given topic and secured first position followed by Myra Mehra secured Third position. In Inter Clan Literary Debate Madhur Mishra of Grade X spoke incredibly well and attained the second position. In Inter Clan Drawing competition for grade VI Aarav Gupta showcased his drawing skills and bagged second position. The inter clan Mathematics Quiz Competition saw the maths enthusiast Aishani Srivastava and Myra Sehgal of Grade VII showcasing their outstanding talent and secured third position. showcasing their outstanding talent and secured third position,

In the Inter Clan Sports Quiz Competition for Grade VIII Ruhaan Mahajan and Rajveer Jain secured second position. In Inter Clan News Reading Competition Madhur Mishra of Grade X secured first position. In Inter Clan Hindi Extempore competition Aishani Srivastava secured first position. In Inter Clan English Self composed poem recitation competition for Grade IX and X, Nihaal Singh Bajwa spoke well and secured second position and Madhur Mishra bagged Third position. Kudos to all the winners.

Geetanjali Ahuja Clan Elder - Lamont

MACARTHUR

"It does not matter how slowly you go as long as you not stop."



Dear Highlanders, Congratulations everyone for receiving a Best Clan Trophy in Academics and Sports for the Year 2019-20. Proud of you! It's a big achievement for the clan by receiving two awards.

The clan by receiving two awards.

This month highlanders of Grade 6 Ojas Lath 6D and Adviik Agarwal 6CS bagged the second position in Sports Quiz. Rishika Abrol of Grade 7CS bagged the third position in Best out of waste competition. In Grade 1K- X Vaibhav Sahni X A bagged the first position and Tanay Sharma IX F participated in English Literary Debate Competition. Rivan Barola 6F bagged the second position and Sara Singh 6F bagged the third position in Science E-Poster Competition. In Grade 7 Aanya Nigam VII C and Akshat Agarwal VII A bagged the second position in Maths Quiz. Karandheer Gahlot 8G and Aarav Kochar 8B bagged the third position in Sports Quiz. third position n in Sports Quiz

third position n in Sports Quiz.

In Grade 9-10 Ishani Das IX C bagged the first position and Divvyesh participated in Self-Composed Poetry Competition. In Grade XI - XII, Ashi Bansal XI B and Aishani Singhal XI F have participated and from Kyraa Singhal VI E bagged the third position and Naman Gulati from VI B participated in the Drawing Competition. From Grade IX- X, Vaibhav Sahni X A bagged the second position and Hiranya Khatri participated in the English News Reading Competition. In Grade 7, Aanya Nigam bagged the second position and Diya Juneja 7CS has participated in Hindi Extempore. In Grade 11-12, Aishani Singhal Grade XI F bagged the third position and Kabir Mathur from Grade XI DP participated in the ICT Advertisement Making Competition.

Highlanders have shown their talent by achieving many awards in the different field of their interests. Keep rocking!

"Life is about accepting the challenges along the way, choosing to keep moving forward, and savoring the journey." Roy T. Bennett, The Light in the Heart

Ramandeep Kaur Clan Elder - Macarthur



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Golf Article

ANITYA'S TIP OF THE MONTH



Staying with the three most important basics of grip, posture and alignment, lets have a look at how you can align well and develop a good alignment system that allows you to do that as a matter of habit.

In golf, we always align the club face at the target and our body parallel or left of the target (for a right handed golfer). Imagine a railway track as shown in the picture by the two lines on the ground. Now, you have to place your club face behind the ball on the outer track which is going straight to the flag, whereas the feet, knees, hips and shoulders are all aligned parallel to this line and are on the inside track.

This outer track is also known as the ball to target line. Your intention is to make a swing and hit ball over the target line straight to your target. This is achieved by having the club face aiming down this line to the target and your body slightly left of this line.

When viewed from behind, a right-handed golfer will appear aimed slightly left of the target. This optical illusion is created because the ball is on the target line and the body is not When you practice, placing a club or a shaft or an alignment stick on the ground is a great way to ensure that you are aligned correctly to your target. Golf is a target sport and a good golfer is like an ace shooter - taking dead aim before you pull the trigger!

> Compiled by Ms. Ankita Jain **Golf Coordinator**



Printed & Published on behalf of School Director.

The Scottish High International School

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