



SCOTTISH HIGHTM INTERNATIONAL SCHOOL

THE NORTH WIND

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From the **DIRECTOR'S DESK**



We live in a super-fast age. The Internet has shrunk the world dramatically, and people are connected 24x7. Multi-tasking is the order of the day as we struggle to fulfill our responsibilities for everyone in life. Many of us forget to take advantage of our own time in this fight. The stress levels continue to build up until one day a major collapse may

make us realize that in all this hectic activity, we have forgotten to take care of one important thing – our health.

As we spend days shuttling between hospital and home, we put our body through one test after another, trying to find out what has gone wrong, we are forced to remember that health is indeed wealth. In the past, life was simple. People worked for a specified time, often walked everywhere, ate more homemade food, did household chores, and enjoyed a healthy balance in life. People have cars and bikes for their commute, so they walk less. Due to the heightened demand for longer working hours, people are awake until late at night and are consuming

more junk food than fresh foods. Modern equipment purchased at home has reduced the burden on workers and increased the burden on them. People do not have enough time to exercise, or even get enough sunlight. Basically, nowadays people are living very unhealthy lifestyles.

A healthy body has all of the major components that help in the proper functioning of the body. The most important component is good physical health. Your life is better when you maintain good physical fitness. If you are committed to exercising and eating healthy, you can develop a sense of well-being. It even prevents you from chronic illness, disability, and premature death. Some of the benefits of increased physical activity are as follows.

At SHIS, we recognize the importance of both physical and mental well-being. We have dedicated programs to support the holistic development of our children. We offer several avenues of physical fitness, with fully and highly trained instructors for each discipline. For our mental wellness, we have guided yoga classes and a school counselor who can help children with any of their problems.

The entire SHIS family is united in our quest to grow and develop into the best we can possibly be.

Ms. Sudha Goyal
School Director

Helping Children to Resolve Conflicts

"The quality of our lives depends on whether or not we have conflicts, but on how we respond to them"

-Tom Crum

Development of life skills is an important part of growing up, we as adults have a responsibility to ensure that we equip such skills in our children so that they learn to be independent and be able to resolve issues on their own.

I would like to share some tips from a renowned child psychologist Katie Hurley who feels that inculcating skills of resolving conflict is utmost important life skill we can instil in our children. Building friendships is a process, and there are generally a few bumps along the road. While these ups and downs may seem minor, hurt feelings between friends can lead to unkind interactions and shifting friendships. Conflict resolution skills play an important role in healthy friendship development. A child who struggles to cope with frustration, for example, is likely to project that frustration onto a friend. A child who has difficulty finding solutions to friendship problems might feel hopeless when an argument occurs. A child who doesn't know how to verbalize his feelings will likely freeze up and shut down when conflict occurs. Therefore, young children can learn to manage emotions and conflict to learn how to handle tricky friendship situations. With a few strategies, kids can become problem solvers and maintain their friendships, even when conflict occurs.

Here are couple of tips from her which will help in resolving conflict: Ask children to close eyes and picture a stoplight. When the red light is on, they should take three deep breaths and think of something calming. When the light turns yellow, it's time to evaluate the problem. Can they handle this on their own? Do they need adult help? Think of two

problem solving strategies that might work. When the light turns green, choose a strategy (ask for help, go outside and run around, work on a compromise) and give it a try. Using the red light to calm down helps kids better able to understand the problem and choose a strategy. Practicing the stoplight when your child is calm will also help your child remember the process.

It's natural for young children to feel overwhelmed with big emotions when they encounter a friendship problem. Sometimes a small disagreement feels like a huge issue. Listening and showing empathy not only helps kids feel heard and understood, but it also helps them learn how to empathize with others. When children vent about an issue with a friend, we need to get on eye level with children and empathize. It is important to show children that we hear and understand what they going through. It's okay for kids to experience heated emotions; it's what they do to work through those emotions that matters. Going to a parent for support is a great coping strategy.

While it might seem easier to help children solve a problem by telling them what to do to fix it, kids become better problem solvers when they learn how to find solutions on their own. Get a blank sheet of paper and markers in a variety of colours. Ask children to describe what happened from start to finish from their point of view. When they finish, ask them to pick a colour and brainstorm three possible solutions to the problem that might work for them. Next, ask them to step into their friend's shoes and try to retell the story from their perspective. This can be difficult and might take a few tries. Ask them to choose a colour to represent their friend and brainstorm three possible solutions that might work for their friend. Finally, ask children to look for the common ground. Is there a solution that might work for both? If not, brainstorm three more solutions that meet in the middle. By looking at the struggle from different perspectives, kids learn to empathize with their peers and look for solutions that help everyone involved. Therefore, let us all equip kids to resolve their conflicts through different strategies.

Ms. Seema Bhati
Primary School Principal



PYP

“You are off to great places, today is your day! Your mountain is waiting, so get on your way.”

Dr. Seuss

And So The Adventure begins..... A big shout out to the young Highlanders of Early Years! An important milestone in the lives of these young students of Nursery and Kindergarten as they stepped into the folds of formal school for the very first time through the 'Meet and Greet' Session organized for them on the 10th and 12th of November, 2021. The Initial Chapter, decorated with colourful balloons, was filled with laughter, animated conversations and excited banter between peers, meeting for the first time, face to face, since the beginning of their journey of learning at Scottish High. Thrilled to meet their Home Room Tutors and their Music, Dance and Games teachers in person, their excitement held no bounds as they looked around and explored different areas of their classrooms! Venturing in the play area was a natural progression for most of them as they went about striking new friendships, playing together, negotiating while taking turns and meeting the Cartoon Characters – Mickey Mouse and Donald Duck who were there to welcome them. They all proved to be risk-takers in the true sense! It was indeed a momentous day for all the stakeholders involved and as they begin their on campus classes, once a week to start with, here's wishing these young students a new beginning filled with adventures, new hopes and aspirations, new opportunities to shine bright and of course to create new memories!

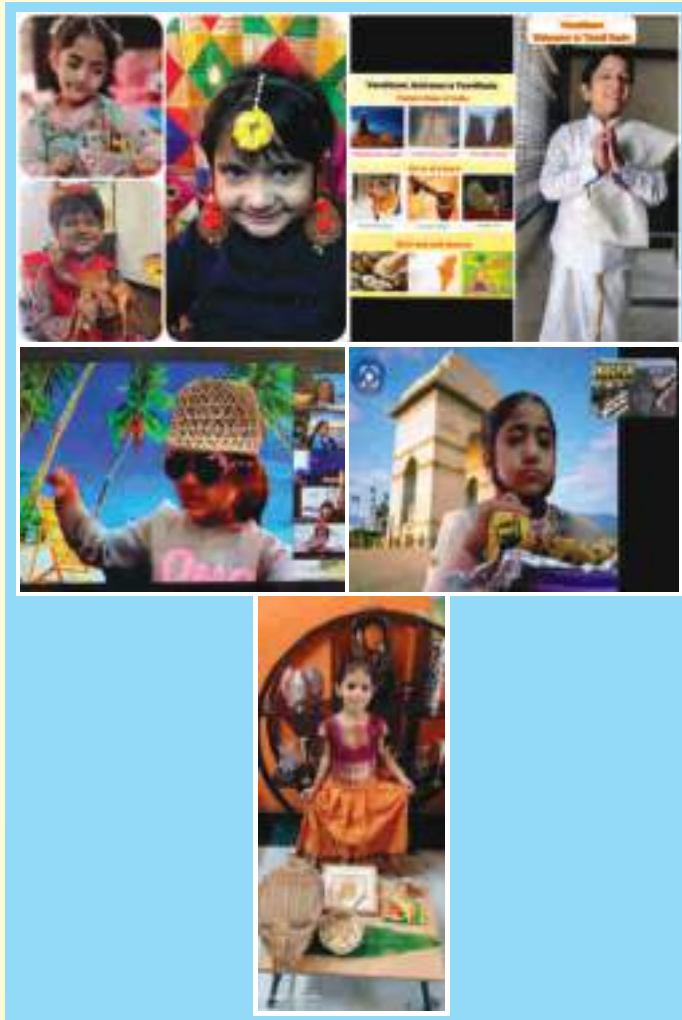


“A picnic is a state of mind that can be made anywhere.”

- Susan Branch

The young enthusiastic Highlanders of Nursery under the Transdisciplinary Theme- 'Where we are in place and time' have been exploring in the recent past that how journeys undertaken for any purpose may provide them with experiences and can lead to new opportunities. Through the unit, the students were motivated to imbibe attributes of IB Learner Profile- Risk-takers and Open-minded. As a culmination of the unit, a virtual picnic was hosted and saw a whole hearted participation by the young ones. Herein the children were encouraged to come dressed or carry an artifact to represent the state they belong to along with a picnic box with snacks of the region. The children went a step ahead and shared a picnic spot of the place they have explored or would want to visit, as a virtual background to enhance the ambience. The picnic, though celebrated in distance, had the children all excited and was a session full of new discoveries. Here's a sneak peek into this unique and an enchanting experience!





“Learning language is to understand others; to form connections.”

The Primary Wing and the Early Years celebrated English Week from 22nd November 2021- 26th November 2021. A plethora of activities were conducted to intensify the children's love for English language. Reading, speaking, listening and writing skills were enhanced through learning engagements like playing Pictionary, reflecting on stories of different genres through multiple strategies, Word Chop- a game played to deepen their understanding of compound nouns, composing poems, playing various word games, story narration, 'Show and Tell' were some of the highlights of the week. The young Highlanders of Nursery and Kindergarten chose to speak on any one of the topic such as their favourite food, colour or an outfit, their much loved vacation, a hobby they like or about their best friend. We commend them for the confidence and enthusiasm displayed! In the Primary Wing, English Week was culminated with an Elocution Competition, wherein the students showcased their confidence and remarkable communication skills as they spoke about different age appropriate topics. The students participated with immense zeal.





“The more you celebrate your life, the more there is in life to celebrate”
- Oprah Winfrey

The children of Grade 2 became agentic learners and enhanced their research skills to get an in-depth understanding on various local and traditional Indian festivals as part of the unit of inquiry under the Transdisciplinary Theme '**How we express ourselves**'. It was heartening to see them share the information gathered on local celebrations like Teej, Govardhan Puja, Saraswati Puja, Onam, Easter and so on besides the popular ones like Holi, Diwali and Christmas using the strategy 4Ws and an H. They became internationally minded by learning about the similarities and differences between Indian and International festivals of light, colour and harvest. Displaying creativity and originality, the children created unique events or celebrations of their own with enthusiasm. Their thoughtfulness was evident when they came up with novel ideas like International Paper Awareness Day, Digital Detox Day, Hobby Day, Animal care Day, Giving Day and so on.

Shaurya Malik of Kindergarten F participated in Open State Level Skating Championship in RSFI event held in Panchkula from 15th -18th November 2021. He made the school proud with his achievements. He bagged 1 Silver and 1 Bronze Medal.
Well done!



Risk Taker Tajarah Dawar student of Grade 2 F along with her mother went trekking on an expedition to Himalaya Alpine Meadows-Dayara Bugyal (12500 feet above sea level). She slept in tents, woke up at 5:00 am every day to trek endless miles and ate unfamiliar food. She experienced a minimalist lifestyle throughout her journey, demonstrating excellent self-management skills.

Siddhika Saxena of Kindergarten A participated in '35th Haryana State Open Roller Skating Championship 2021' on 18th November, 2021. She brought laurels to the school by winning 2 Bronze Medals in 2 races i.e. 2 laps and 3 laps in 5-7 year age category.
Bravo!



Ms. Kanchan Khanna, Home Room Tutor of Nursery D, was conferred a trophy and a certificate, 'Best Teaching Award' for her continued excellence in the education sector by Education Icon and Kiteskraft Pvt. Ltd.
Congratulations!!



MEDLEY OF ACTIVITIES



“The beautiful thing about learning is that no one can take it away from you”

- B.B. King

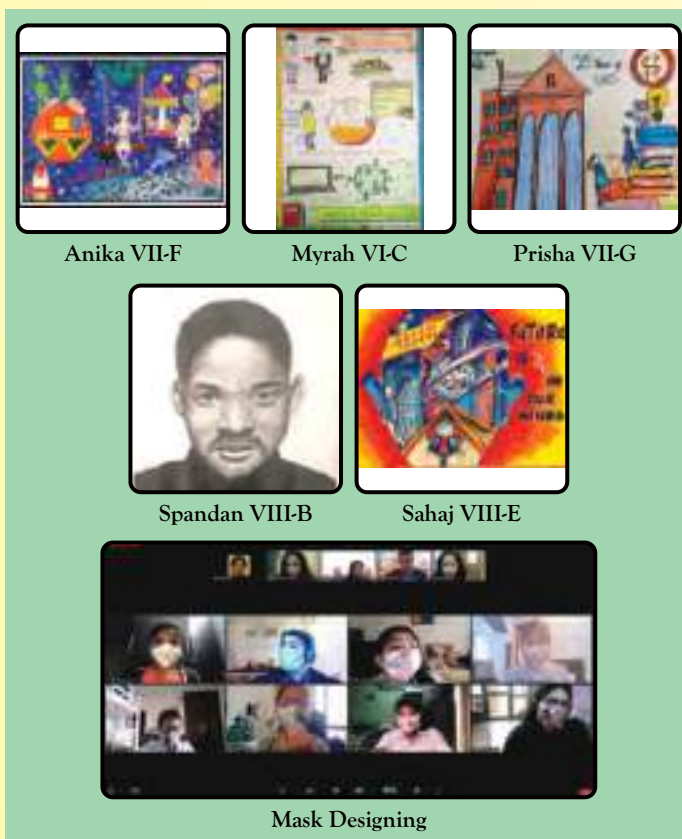
Primary students are learning new creative skills and are putting wholehearted efforts to make their artwork beautiful. Grade I students are learning how to make puppets using paper folding technique. Grade II students continued to learn and create decorative items with coloured paper, later on to be used for their home decoration related to the transdisciplinary theme, “How we express ourselves”. They made their personal connections by identifying and using the material of their choice for the process. Grade III students learn how to execute gradation in Still life objects with oil pastels. All of them had done a wonderful work. Grade IV and V were introduced to world famous artists Leonardo Da Vinci and Wassily Kandinsky respectively. They were shown videos about the artists life and a demo of one of their artworks. Students were given the choice to recreate any one artwork of the artist. They tried learning their style and observed the artwork with depth. Grade VI-VIII continued working on their art and craft skills. In art activity, they are learning about different mediums of colouring, whereas in craft activity they are learning about weaving techniques.

An online, 'Inter Clan Mask Designing Competition' was organized for Grade VI students on 26th November. Eight students from the preliminary round were selected for the finals and the theme given for designing was, “Nature”. Each participant's efforts to strive to do their best was praiseworthy and it represented the true spirit of a competition. Overall result of the Inter Clan was as follows: Anderson 1st, Lamont 2nd, Boyd 3rd.

In addition to this, Sahaj Khanna (VIII) won 2nd position and Anika Bhatnagar (VII) was given the best integration of concept award in the **National level** of the Annual Youth Fest, **Harmony 2021 “Magic with Colours”** competition organized by TGELF on 27th November, 2021.

Congratulations to everyone!





Amita Gahallot
HOD Visual & Performing Arts



Dance is a form of expression and a form of art. We can convey our emotions into movement without talking. Primary students learned how to celebrate every festival through dance. This skill also helps in bonding and social interaction.

Grade VI- VIII are learning basics of different dance forms like Jazz, hip hop and classical dance. Various sequences with different dance steps have been taught keeping in mind the importance of body movement in dance.

Sourabh Choudhary
Dance - Instructor



"Theatre is a sacred space for actors. You are responsible; you are in the driving-seat."

-Greta Scacchi

Students of middle school started working on, "Play Designing" through improvisation and characterisation activity in which they were asked to act as a television show host and created their own show.

Later, they were introduced to the 5W's of Acting to understand the process of creating a new character and developing its characteristics in a story. This activity was done to make them use their prior learning of 'Observation and Sense Memory' into play making.

Rohit Kumar Kalra
Theatre Arts - Instructor



Our Highlanders in primary continued their musical journey, learning new songs and hymns. They also got started with their Christmas carol singing practice and started to boost their holiday spirits, while keeping up with their ear training and rhythm exercises.

Our senior students continued refining their vocal and instrumental skills, and learned to play new numbers, both in lead and in accompaniment. As part of 'Ear Training', students learned to observe music, to make out the flow of melody, and then they tried to recreate melodies of famous songs.

Shivam Srivastava
Western Music - Instructor

FROM THE SPORTS FIELD



The month of November started with the preparations of SGFI Zonal and District tournaments. Under 17 Girls won the Zonal Basketball Championship and 6 Players got selected for the District Championship. Aarna Chopra, Chitra Singh, Tanisaha Sachdeva, Arushi Bist, Raisa Bhardwaj and Yuvani Sansanwal.

Highlanders won 5 Gold and 4 Silver medal in SGFI District Swimming championship and got selected for the SGFI State Swimming Championship.

Kabir Singh 1 Gold and 2 Silver

Sheersh Sharma 1 Gold and 2 Silver

Samridhi Verma 3 Gold

Under 14 Boys football team secured 1st Position in SGFI Zonal Football Championship and qualified for the District competition. Arjun Dev got selected for SGFI State Football Championship in Under 17 category.

Under 19 Boys secured 1st Position in SGFI Lawn Tennis Competition. Agriya Yadav, Aarav Mehta got selected for SGFI Lawn Tennis State Championship.

Under 14 Girls secured 1st Position in SGFI District Lawn Tennis Championship. Samaira Kohli, Khushi Gaur and Lakshy Dhiman got selected for SGFI State Lawn Tennis Championship going to be held in Panchkula. Mrinalini Got Selected for U 17 SGFI State Lawn Tennis Championship.

Daksh Malik participated in SGFI District skating championship and secure 1st position and also got selected for state.

SHIS Yoga team also got selected for the SGFI Yoga state championship. Sargun, Sanskriti, Khanak, Inisiya and Unnati.

Tarini Kaushik, Mansi Kaushik, Ditya Agarwal and Tvisha Jhamb participated in SGFI District Badminton Championship and also got selected for SGFI State Championship in under 19 age category.

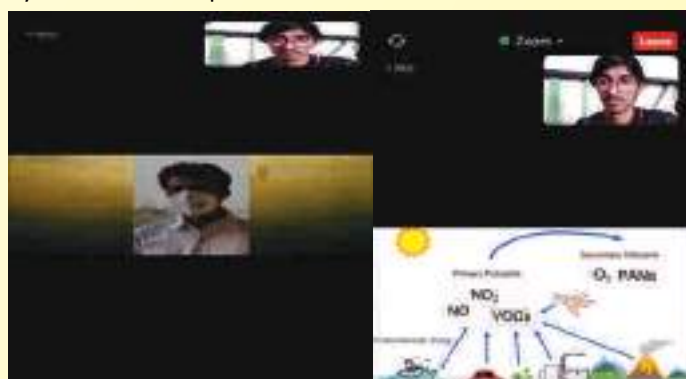
Darshan Singh Gahallot
HOD Sports



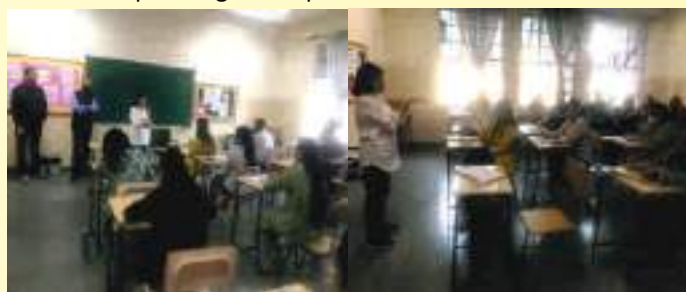
IBDP News

The month of November brought to our life the vibrancy of festival Diwali but along with this our Grade XII DP students have to schedule their time to prepare for their Mock –I examinations scheduled in the month of December 2021. Admits this, the school also initiated its first chapter of Academic IA roster to facilitate students' journey of completing subject specific internal assessments. Grade XII students are also busy with their college applications.

Students of Grade XI IB DP are enthusiastically volunteering for SHIS Tech, the first of its kind of student led ICT competition. Also Savar Bisnoi and Kabir Mathur from Grade XI participated in the Inter School Science competition organized by Shiv Nadar competition.



The process of IB candidates' registration was completed for Grade XII students in this month. Moreover, our School Director/ IB DP Coordinator apprised the entire DP faculty about our upcoming in campus evaluation in 2024.



Also, it was really an enriching experience for all of us to attend the webinar 'Maintaining Status Quo or moving Forward: Need Learner Centric Approach to education' by our School Director/ IB DP Coordinator on 12 November.

Tvisha Singhal, our Grade XI student along with her peer Palak is also conducted sensitization sessions for our middle school students about various female hygiene products and their proper disposal. Yash Moita along with his peer group has also initiated a novel cause of placing multiple sanitary pads distribution station within the school premises.

Students are also busy preparing for the Inter School SHIS fest to be held in the month of December 2021. Wishing them all the best!

Ms. Renuka Bhasin
Asstt. IBDP Coordinator

Clan News

Mistakes are proof that you are trying.

Every individual is having his or her own journey through life. This journey brings in its own hurdles and landmarks alongside, for each individual. While going through this journey, satisfaction level is also different for each one of us. A two year old has an entirely different task to be completed to get satisfied and happy, whereas a 30 year old has a new level of task ready for him. Whatever it is, a continuous motivation from any source is what is required to drive a person's faith in the task.

Talking about students specifically, past two years have already been a roller coaster for them. But the point to be appreciated is, they never stopped their learning process and came up with various ways and tricks to continue the same in the best possible way. A student who is intrinsically motivated performs a task because of the joy that comes from learning new materials. Motivation often varies depending on the setting, the people involved, the task and the situation. The student can experiment, discover and generate new questions and new discoveries.

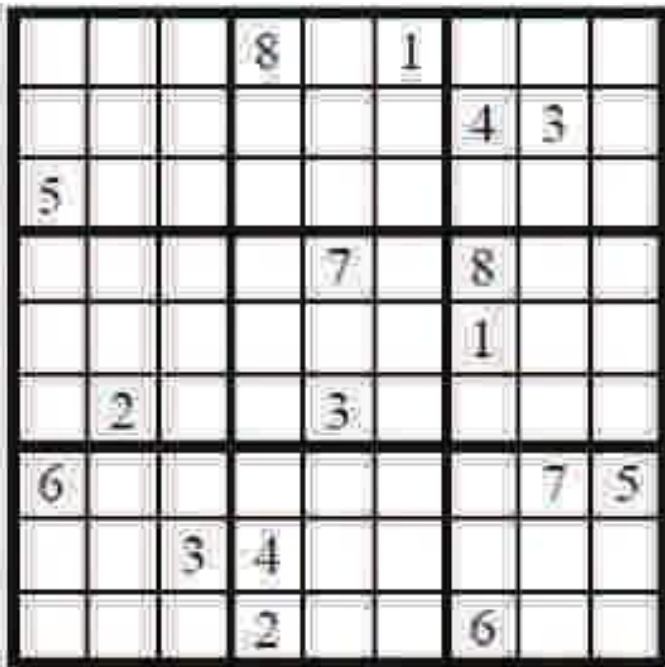
A very much required motivation is to be provided to students so that fear of failure can be eradicated from their mind. We need to counsel them time and again that failure is a way to move ahead. The important thing is to develop an attitude to accept it and take the learning out of it. Students should not be short of challenges, and need a constant channel which can provide them with opportunities to explore their own capabilities.

Mindset which is accessible for changes can grow in its best way. So, our students should keep themselves open for all kinds of positive changes. A very best of luck for your journey dear students. Enjoy, learn and keep moving ahead.

Clan Elders
Mac-Arthur, Aderson, Boyd, Lamont



SUDOKU



Test Your I.Q

Q. Give the full form of followings United Nations Agencies:

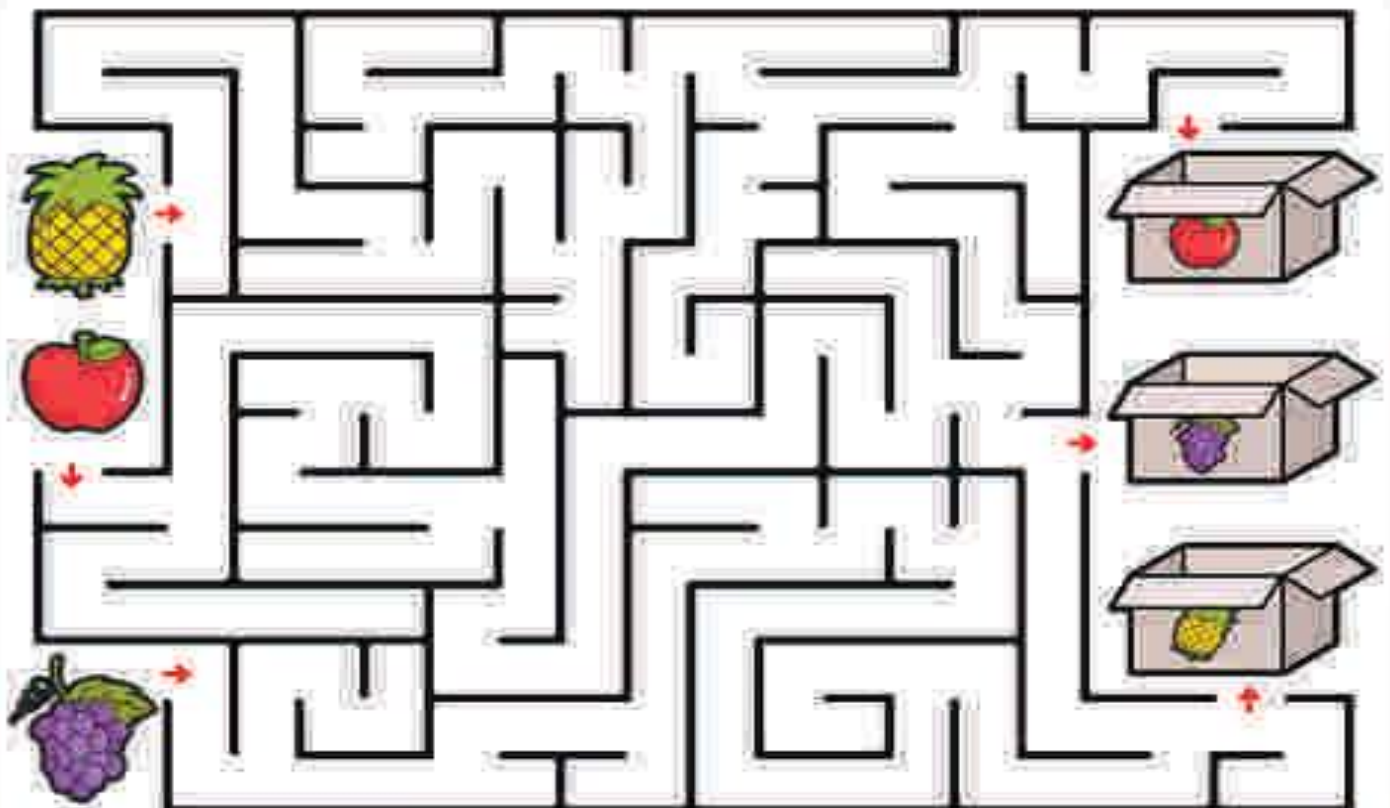
- 1 UNESCO
- 2 UNICEF
- 3 UNSC
- 4 IMF
- 5 WHO

Q. Give the full form of following email abbreviations:

1. FTII
2. NSD
3. SIFTV
4. NFDC
5. CBFC

Source: Internet
Compiled by: Dr Sanjay Sachdeva
Senior School Principal

FUN WITH MAZE





From Our Budding Writers

A Wonderful Tale

R.J.Palacio wrote a book that is worthy of becoming a classic. 'Wonder' follows the story of a ten-year old boy who is born with facial differences. August, or Auggie as he is endearingly known, is someone who is used to people flinching away when they see his face. However, this does not stop him from agreeing to go to school, something he had never done before. It seemed the itch for normalcy overpowered the sting of whispers.

As you travel through the words of this brilliant book, you start to realise that Auggie isn't a 'wonder' simply because his medical condition is so unique, but because he sees the world through wondrous lenses. He is realistically hopeful and silently strong.

My favourite element of this book is that there is more to everyone than meets the eye. Each character has their own story. From a loving sister who wants to, for once, live for herself to the popular boy who realises that the heart is more important than the face; there is a lesson to be learnt from each individual.

Wonder makes you experience life and all its facets. It reminds us that life isn't as dark as we make it out to be and that kindness really is the healing force of humanity. Kindness, the gentle strength that we so often underestimate and mock, is much more powerful than we are willing to admit.

To conclude, I leave you all with a quote from this wonderful book:

"We carry with us, as human beings, not just the capacity to be kind, but the very choice of kindness."

Samiha Bellani, XI-F

BOLDNESS IS A REQUISITE FOR SUCCESS

We more often than not prefer the simpler, pre-determined plans in life for the sole reason that they're where we find comfort. However, this robs us of the chance of growth since we remain in the 'known', life like this, without risk is barely living. We as humans yearn to make progress in life; we want to see ourselves reach milestones, conquer obstacles and grow into the people we've always wanted to be, but in order to do so, we must force ourselves to be more courageous. That being said, it doesn't mean you have to be fearless or have all the answers; because nobody does, but what you have to do is show up and take decisions that make you fearful, nervous or even uncomfortable.

As students, we often prefer to just blend into a crowd because of the fear of being judged, but because of this we tend to hold back from things we really want to do. As a result, we often avoid doing things we truly want to do, such as speaking up in class, asking a question, or performing in front of a crowd. Being bold doesn't have to result in revolutionary outcomes, a bold life is built on the foundation of believing in ourselves and our ability to overcome barriers. It's never too late to make bolder decisions by pushing past our own fears and limits that we impose on ourselves; boldness begins with defying societal standards and crafting a path to achievement through the unknown.

Taanusia Chakravorty, XI-F



If I Was A SUPER HERO

If I was a superhero, I would love to fly, Fly, fly in this lovely sky, sky, sky.
Soaring high and soaring low like a jet in the clear blue sky.

If I was a superhero, I would help the needy fellows.
Bringing them food from far away land and nourishing them with all my soul.

If I was a superhero, I would plant more trees around this lovely big flat ground.

Punishing those who cut the trees and rewarding those who plant the trees.

If I was a superhero I would run fast like a train and rescue people with the help of my brain.

By Japneet Kumar,
Grade III-H



The Powers In Me

I have been helping the Earth since my birth, and fight for good by the powers I have been given.

I remove plastic from land and water otherwise it will become drastic.

I suck out the pollutants from the air.

No one will burst any cracker, they wouldn't dare.

I communicate with nature and understand the problems and try to help so that I can preserve good air, as I really care.

I have the power of the sun, so I help not to waste electricity till eternity.

I have a spaceship which goes beep beep whenever a criminal is going deep deep

I teleport myself to make things right, fight the criminal before they go out of sight.

Sometimes I fly very high right by the spectacular sky.

Rhea Mendiratta,
Grade III-H



Needle in a Haystack: Exploring the consequences of the Facebook Collapse

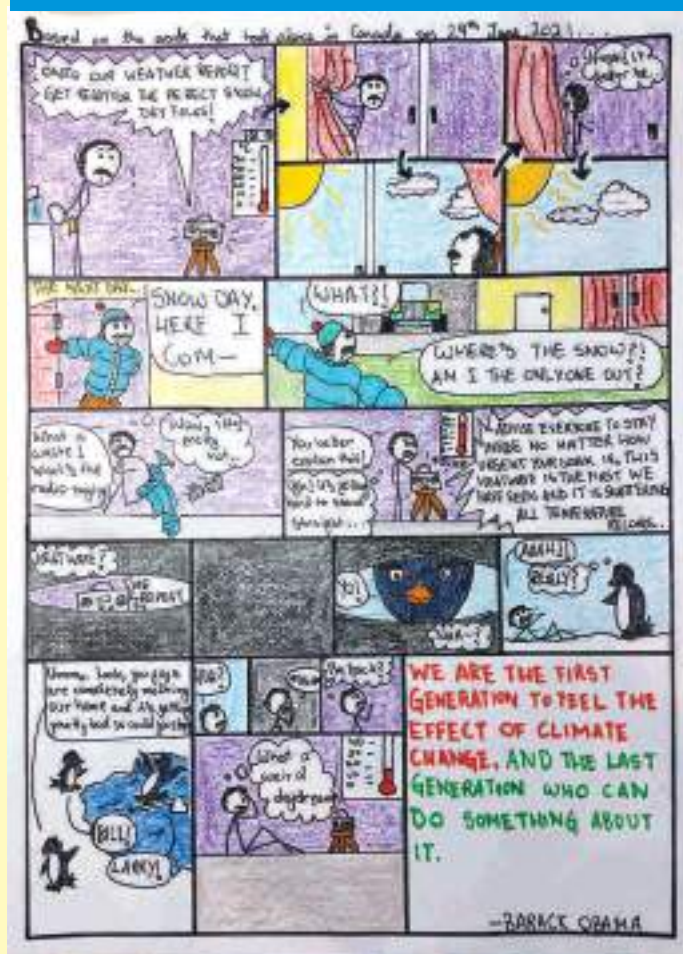
As the world rapidly replaces its physical foundations with an ever-expanding digital architecture, a lot depends on seemingly minuscule lines of code. Events such as a single bit-flip crashing a passenger plane, or a wrong word of code leading a company to bankruptcy portray the vulnerability of the virtual system our lives practically run on. The recent collapse of Facebook and its associated services highlights this inherent vulnerability and brings forward several concerns.

The collapse itself has a rather complex terminology surrounding it, but in simple terms, a small error in the Facebook servers removed the service from the Internet. In order to fix the problem, Facebook scientists had to access the faulty server. However, in order to access the server, the scientists had to use their credentials to access the faulty server. The problem that came up was that their credentials were on the Facebook service that collapsed. Thus, it created a Catch 22 situation, where for 8 hours, Whatsapp, Facebook and Instagram were wiped of their functionality.

Amongst the panicked Google Searches, multiple phone restarts, and Internet Service Provider calls, we faced a near-existential crisis. In a country like India, where 340 million people use the service and where administrative duties are carried out by the Government through the service, the dependence of our country on a single platform is dangerous. It spells out the risks our world might face progressing into a digital future, where even our bodies could depend on the infamous 0s and 1s.

Divit Chopra, XI-A

Comic Book



By Aditya Tomar, ISC XI-A

CAS News

Let us all pledge to Go Green!

E-Waste Collection Drive

Today, technology is advancing at a very high pace, many electronic devices become "Trash" after a few short years of use. Electronic waste, or e-waste, is a term for electronic products that have become unwanted, non-working or obsolete, and have essentially reached the end of their useful life. In fact, entire categories of old electronic items contribute to e-waste such as VCRs being replaced by DVD players, and DVD players being replaced by Blu-ray players. E-waste is created from anything electronic: computers, TV's, monitors, telephone instruments, cell-phones, tablets, VCR's, CD players, FAX machines, printers, etc. Since e-waste contains very harmful chemicals, which have to be handled safely while disposing otherwise, chemicals like mercury, lead, beryllium, brominated flame retardants, cadmium, etc. will end up in soil, water and air which are extremely harmful to not only us but to our entire ecosystem.

The students of Scottish High International School, in association with 'Panasonic' and 'Hand in Hand India', are spreading awareness about, 'E-Waste Management and its Safe Disposal'. In accordance with the theme of, 'International E-Waste Day 2021' -



“Consumer is the key to Circular Economy” – they strive to transform consumers to responsible global citizens as none of these initiatives can be fully effective without the active role and correct education of consumers.

There has been growing concern regarding the responsible collection and safe disposal of E-waste due to the toxic chemicals it releases into the environment. Therefore, it has become imperative to reduce, reuse, refurbish and recycle E-Waste. Moreover, The Coronavirus outbreak has had a perceptible effect on our use of electronics and digital solutions, with people relying on e-products to keep them connected with work colleagues, families and social life. This has not only meant a greater use of technology in the home, it has also lead to an increase in the E waste production. the pandemic saw a drastic shift towards the use of electronic gadgets which thereby has increased the amount of E-Waste circulation.

In light of this issue, an E-Waste Collection Drive was launched by the Green Ambassadors of the school **Tvisha Singhal, Tanush Zutshi and Kabir Mathur of XI IB DP Ashreya Goyal, Debyani Kishore of XI ISC**. The motivated Highlanders designed posters and brochures to spread awareness and encouraged students and the school community to deposit all their E-Waste such as old and unwanted computers, keyboards, hard drives, cables, circuit boards, lamps, clocks, flashlight, calculators, phones, radios, MP3 etc. at the collection areas in the school premises. The collected E waste will be handed over to the authorized recyclers of Panasonic so that it can be properly recycled. The Green Ambassadors managed to collect two boxes of E-waste within the premises of the school. Additionally, they collected hundreds of pledges from the Scottish High fraternity and beyond, which required the signees to pledge to dispose off their E-waste safely and effectively.

Our students have truly set precedence for all to take inspiration, in both facilitating discussion and implementing solutions for such an important topic, especially when the planet is amidst a transformative fight against pollution and global warming. Living a “Green” lifestyle will not only help to protect the environment and sustain its natural resources for the current and future generations but also be a stepping stone to a healthier, safer and greener future.

Let us all pledge to Go Green!

E-Waste Collection Drive



Ms. Kavita Yadav
CAS - Coordinator

IGCSE Article



Cryptocurrency sometimes also referred as Crypto Coin, a Crypto Token, a Crypto Money, and a Crypto Asset, is a newly digitalized money of the twenty-first century, which will be available in the form of encrypted cryptographic codes, which will be transferred between peers and confirmed via a computer-based mining process in decentralized public ledger systems known as Blockchain Technology.

The government of India-appointed Inter-Ministerial Committee (IMC) which has strongly advised that all private cryptocurrencies be banned in India. According to the IMC, there are currently 2116 cryptocurrencies in India that are showing transactions

Inter-Ministerial Committee (IMC) has recognized the below mentioned threats due to private cryptocurrencies in the Indian economy.

- These currencies are intangible, illiquid assets that we can't change into fiat cash for emergency purposes.
- Private players, not sovereigns or government regulatory agencies, develop all of these cryptocurrencies. As a result, we are unable to prosecute or summon these unseen participants in case of a mishap.
- There is no proper inherent value for these private currencies, and they are not taken into account when they are introduced into the market.
- Human errors, such as forgetting passwords, losing memory, or typing a single letter incorrectly in a password, can result in the loss of this intangible asset.
- Private cryptocurrencies do not serve the primary function of currency as they are inconsistent in key operations of currency, and we cannot easily substitute, convert, or trade these.
- People that want to convert their black money, unlawful earnings, or reserves into white money, as well as engage in money laundering, approach and invest in these currencies.
- One of the hazards to this currency is cyber risks from all sides. Because this currency is stored in the form of software and mathematical formulas or codes, finding the lost data and currency is extremely difficult if the computer systems are hacked or infected.

It would be unjust not to mention the potential opportunities

- **Global Financial System:** With a capitalization value of 64 billion dollars, the world's first cryptocurrency has completely altered the global financial system. The total market value of all cryptocurrencies has surpassed the total value of crypto assets.
- **Cost and Transaction Time:** Because there are no intermediaries,



banks, or other regulating bodies on these currencies to generate and transfer, and because they are managed by all network participants (P2P), we can perform financial transactions at a lower cost and in less time using Blockchain Technology.

- **No erasure or manipulation is possible:** Because Blockchain Technology is a decentralized ledger, all transactions are accessible across all nodes in the network. There is no way to delete or edit the transaction's figures or text.
- **Payments via Social Media:** Payments can be made without a conventional bank account using the "Kik" chat app. When making payments to overseas clients or individuals, there are no currency exchange problems or payment requirements to follow, and there is also no expense.
- **Retirement Benefits Services:** Bitcoin IRA is a company that offers these services to retirees. The cash invested in an IRA will be transformed into Bitcoins, and account holders will receive perks as well as tax exemptions.
- **Career Opportunities:** In the bitcoin era, there are several work opportunities for content writers and marketers.

Despite the fact that this cryptocurrency has numerous disadvantages and risks, it has the potential to dramatically revolutionize the current economic scenario in India and other countries. If we want to use cryptocurrencies in our A to Z company operations, we can use them to send money across borders at a cheap cost and in less time without relying on intermediaries like banks and financial organizations. It allows for the simultaneous integration of all financial processes with various cryptocurrencies.

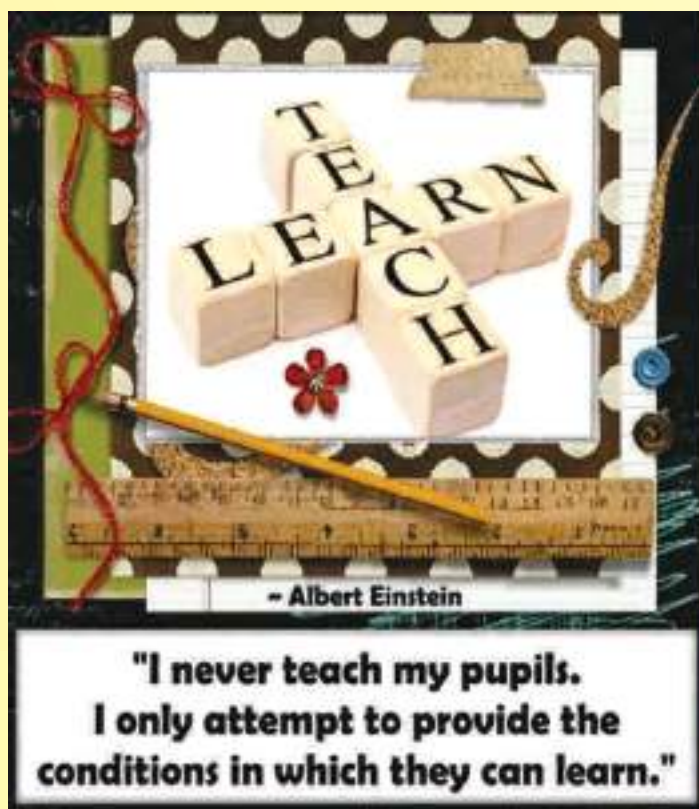
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Creative Hands At Work

Doodle Art Design Durga Mata Face / All Body



By Ojas Lath, Grade VI-B



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¹Source: British Allergy Society (BASIS) 2011. ²Source: Virus testing conducted in 2011 (H)

Golf Article

ANITYA'S TIP OF THE MONTH

Start Back Swing on the Correct Plane



Having discussed the case where the backswing starts too much to the inside, let's have a look at the opposite this month, where the back swing starts too much to the outside

As stated in last month's article, the best way to start the backswing is to get the core of the body, the arms and club to move together in one unit and stay connected. Very often, we see that the hands and arms take the club away and get disconnected from the rest of the body thereby putting the club in wrong positions.

In the picture, I have shown how the club has been swung too far outside and on a too upright a plane. This happens when the player is using only hands and arms to take the club away and there is no support or connection with the body. The hands have moved too far outside and the club shaft is almost vertical to the ground. From here, the player will have to make a big turn with the body or reroute the hands so that the club comes back on plane in order to get into a balanced position at the top of backswing. It is not an easy position to recover from and leads to inconsistent ball striking

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