



### *From the* **DIRECTOR'S DESK**



#### **An Emotional Intervention**

An emotion is described as, "A conscious mental reaction subjectively experienced as a strong feeling usually directed toward a specific object and typically accompanied by physiological and behavioral changes in the body". For a long time, it was believed that an emotional experience basically depends on a change in awareness or the contents of one's consciousness. Thus, it was believed that whenever an individual became aware of a threatening condition he experienced fear and a number of bodily changes resulted from this. When feelings rise, linguistics fail. A simple shrug can say so much more than a long-winded monologue.

Emotions are part of human nature as we all instinctively react to phenomena even without being conscious of the fact. That implies that not all human actions are solely based on thinking and evaluating using our brains. However, there lies the difference in cultural context in emotions. What may be acceptable in one culture, might be disrespectful, even blasphemous in another.

As human civilization has evolved, there has been a change in the way people emote. Linguistics have been altered to gestures and gestures to the language of technology. This displacement of human emotion with a pre loaded assumption of content has caused distortion in the way emotions are understood. Moreover, with Artificial Intelligence coming into play, humans don't even need to feel the extent of what they used to.

Beyond this, lies the problem of Bias. The concept which is primarily understood in the context of human civilization can be overlooked or misunderstood by AI. AI is often not sophisticated enough to understand cultural differences in expressing and reading emotions, making it harder to draw accurate conclusions. For instance, a smile might mean one thing in Germany and another in Japan. Confusing these meanings can lead businesses to make wrong decisions. Imagine a Japanese tourist needing assistance while visiting a shop in Berlin. If the shop used emotion recognition to prioritize which customers to support, the shop assistant might mistake their smile — a sign of politeness back home — as an indication that they didn't require help.

The question then remains, should we deny humankind the outlet for their catharsis through emotions, or should we curb and direct it in accordance to what AI tells us to?!

**Ms.Sudha Goyal**  
School Director

## **REFLECTING ON OUR INNER LIGHT**

Just as Diwali differs from region to region in this vast country, each person relates to this beautiful festival of lights differently. Most commonly seen around are the abundance of sweets, family gathering, and lighting that symbolize the inner light that protects each of us from spiritual darkness.

All over the country there are several versions of the Diwali story that vary among different communities, however, the common underlying focus is on the epic tales of victory won by incarnations of Lord Vishnu. His role is said to be of the one who restores the balance of good and evil in times of trouble.

On this Diwali we may reflect on the notion of good and evil with our families to gain important insights into our inner selves. How do we make this festival an opportunity to benefit our internal selves through introspection and self-reflection? 'Good' would help us to get away from self-centeredness by making this festival a time to donate some part of our happiness through service or in kind to needy people around us. Setting sometime within these five days of festival to be able to empathize with other people, to feel compassion for them and to put their needs before our own would refurbish the attribute of kindness in our persona. Evil is when we are unable to empathize with others,

when we are perennial self-centred individuals. Human nature is a combination of good and bad, therefore it is in our hands to develop qualities like kindness and empathy. Festivals like Diwali, where there are opportunities to distribute happiness around us, make us better human beings and set examples in the community for our children to follow.

Let us, therefore, cultivate qualities of kindness, compassion and empathy so that our children can learn from watching us and from experiencing our empathy for the needy around us. Leading by example is the mantra to teach our children rather than passing sermons. The examples that we set in front of them on auspicious days like these are key to their wanting to adopt our values and to model our behaviour by building their empathy for others.

*"Time spent on self-reflection is never wasted; it is an intimate date with yourself"* - Paul TP Wong

**Ms.Seema Bhati**  
Primary School Principal

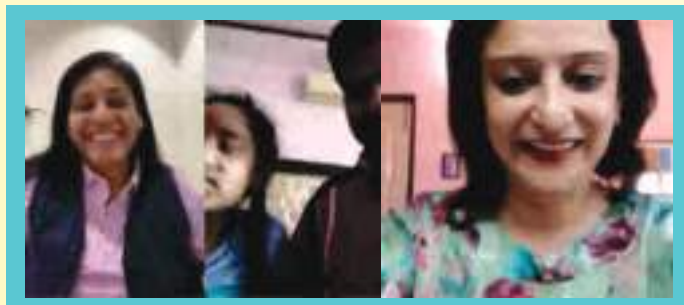


# PYP

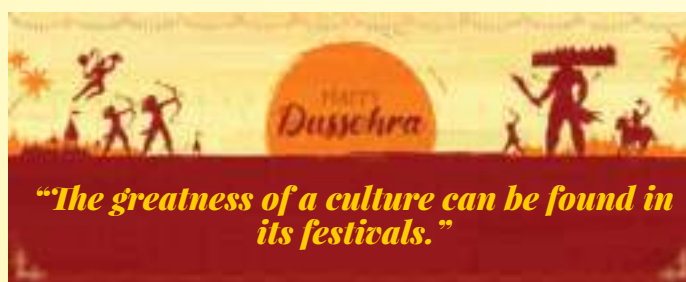
***“Teamwork - coming together is a beginning, keeping together is progress, working together is success.”***

**-Henry Ford**

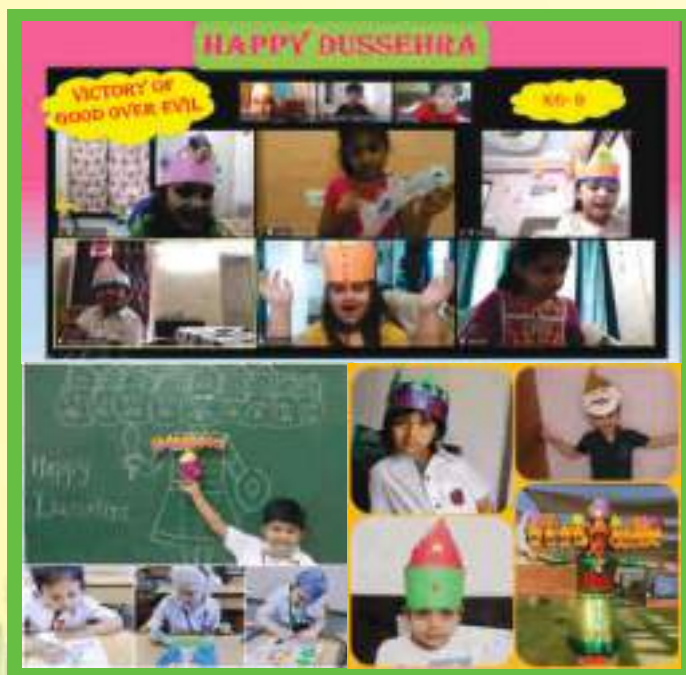
The Parent Teacher Meeting was held virtually for Early and Primary students, on Saturday, 23rd October, 2021. The interaction had in its fold, the parents interacting with the Home Room Tutor(s) and the Single Subject Teachers and discussing the First Term Report Card. This teacher parent conference familiarized the parents of their child's strengths, behaviour and approach towards learning.



The discussion included enrichment and intervention strategies to support the child's learning and was much appreciated by the parents as the intent was to give feedback about the students for them to move forward thereon.



As the season of festivity approaches, there was much excitement and eagerness amongst the students to celebrate the same, virtually. The teachers strived for the same level of enthusiasm through a conversation about the festival and made the students understand the significance of celebrating the festival- Dussehra. Sharing of the story through a relevant video link, making a craft were some of the engagements which the students participated in. The tradition of burning a small effigy of 'Ravana' was witnessed by students of Primary school attending on school campus. The festival which focuses on the victory of good over evil, also inspired the students of Initials and Primary, to reflect upon a bad habit or two that they want to do away with and hence become a better version of themselves!







'The Festival of Lights' was celebrated zealously by the students, both online and on campus, by being engaged in various sessions involving singing and dancing on a Diwali song, rangoli making, diya and lantern craft making and even learning to make a delicious delicacy such as laddoo! The children dressed in traditional attire added to the festive fervour! The teachers talked about the significance of the festival and sensitized the children about the ill effects of bursting crackers and encouraged them to celebrate a 'Green and a Safe Diwali'.







**“A child's play is not simply a reproduction of what he has experienced, but a creative reworking of the impressions he has acquired”.**

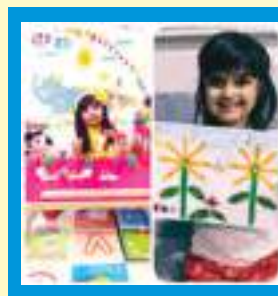
**- Vygotsky**

Children are natural curious inquirers who learn through interactions and interpretations of the world around them. As educators, as we learn to embrace the idea of these young learners as being capable, unique, and knowledgeable with rich and diverse ideas, we promote a sense of agency in learning through play, in them. With the learning taking place virtually and the children being confined to their homes mostly these past 1.5 years, we ensured that the learning for the Nursery and the Kindergarten students remains purposeful, engaging, relevant and significant for the students. The varied sessions are incorporated seamlessly in their planning to move their thinking and learning forward. Encouraging the students to include their immediate environment as part of their learning; to use it as an open-ended learning space which is adaptive, safe, stimulating, involves choice and presents them with opportunities to explore personal interests, to wonder and learn through play. All this made for a richer and a deeper learning environment for one and all. Here's a glimpse of the young Highlanders being risk-takers and creative!



As quoted by Albert Einstein, “Play is the highest form of research”, it involves choice, promotes agency and provides opportunities to inquire into important concepts. Our Grade 1 Highlanders, engaged in the learning process in order to fully grasp the concept





that was being introduced in Mathematics through hands on engagements. They constructed meaning based on their previous experiences and understanding, and by reflecting upon their interactions with objects and ideas. They were involved in an active learning process, where they were provided with manipulatives and to engage in conversations with others. They made 2D and 3D shapes using clay which enhanced their creative and thinking skills. The students

kinesthetically learned skip counting by hopping and jumping on numbers given. They used flash cards and created odd and even numbers. They also used connectors to do forward counting which developed their fine motor skills.

### ***“The art of communication is the language of leadership”***



The ongoing unit, under the Transdisciplinary Theme- How we express ourselves and Central Idea- We communicate in variety of ways, Highlanders of Grade 1 explored into different forms of written communication for effective exchange of thoughts and ideas. They understood the relevance of a letter writing in today's digital world and wrote letters on a postcard addressing their family and friends. The students enhanced their thinking skills and written communication skills through it.

### **“Reuse the past, recycle the present, save the future”**

Under the Transdisciplinary Theme- How we organize ourselves, young learners of Grade IV showcased their creative and critical thinking skills by setting up a wonderful studio to showcase their skills as young entrepreneurs. They decided on a product and manifested agency to create their goods from waste material. Learners displayed brilliant communication skills to advertise the products and convince the customers to buy them. The learners integrated basic shapes to design their products and thus communicated their understanding of how shapes can be used to enhance their creativity. Further exhibiting enthusiasm, students designed detailed brochures, posters and visiting cards to own up the role as a Little Entrepreneur.



**“The roots of true achievement lie in the will to become the best that you can become.”**

**- Harold Taylor**



Congratulations to our young Highlanders who brought laurels to the school. Rae Ghosh of Grade I secured the 2nd Position in Story Telling in Interschool Competition 'VIBGYOR 2021' held on 10th October 2021. Saanvi Agarwal of Grade 5 bagged Second Position in the Inter School Competition on Poster Making on the topic - 'My voice to secure an equal future'.





## MEDLEY OF ACTIVITIES



In the month of October, the Highlanders showcased their creativity by making lanterns and decorating diyas on the eve of Diwali festival. They also learnt how to make different things with limited resources available at home like paper and other decorative material.

An Online Drawing Competition was organized for Grade VII students. On 11th October, inter class drawing competition was held and the theme for preliminary round was "Connecting India". On 14th October, Stage 2 was conducted and eight students from the preliminary round went to the final competition and the topic was "A favourite animal in the zoo". Overall result of the Inter Clan was as follows: Lamont 1st, Anderson 2nd, Macarthur 3rd.

In addition to this, Online Cover page designing competition was organized for Grade VI and VII. Stage 1 was held on 18th & 25th October, students designed a cover page for "SHIS Monthly magazine". On 22nd & 28th October, Stage 2 was conducted where students designed a cover page for the yearly magazine on the theme of "20 years of SHIS". Overall result for Grade VI was as follows: Anderson 1st, Boyd 2nd, Macarthur 3rd. And Grade 7th result was as follows: Anderson and Lamont bagged 1st followed by Boyd.

It was a great platform for all students to display their unique ideas and creativity. All the participants performed with great zeal and enthusiasm. Each participant's effort was appreciated by all the attendees. E- certificates were given to all the participants and winners of the competition.

**Amita Gahallot**  
HOD Visual & Performing Arts



***'Music opens the secret of life bringing peace and abolishing strife'***

The Music department of Scottish High school was on its toes for the month of October devising and implementing ways to connect with the students and assure them all support and guidance. The school was reopened up for primary classes from Grade I and V. The students were taught songs about happiness and cheer. Students also responded effectively to the efforts made by the teachers. The music teachers were busy preparing the students for the various music competitions organised by different schools all over Gurugram. We are looking forward to working with our students live in the classrooms in near future.

**Shivam Srivastava**  
Western Music - Instructor



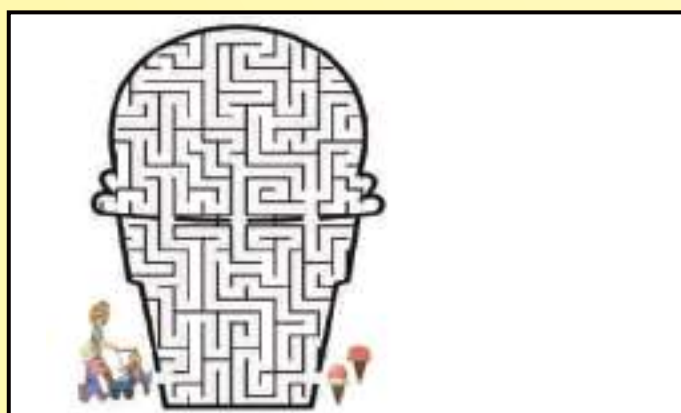
On the occasion of National Heritage day of Spain celebrated on Oct 12, 2021, various activities were organized for students of Grades IV to XII throughout the week. All the classes were shown video presentation on "What is the National day of Spain and Why is it celebrated" along with the video of how is it celebrated in the capital city of Madrid.

Additionally, students were made to test their Hispanic cultural knowledge by playing quiz on the Quizizz and Kahoot to make it more interesting. Furthermore, students from primary grades also danced to some Spanish tunes and they immensely enjoyed the same. All these activities were carried out during their Spanish sessions. Moreover, a virtual background of Spanish flag was put up to celebrate the spirit of the event. The main aim of these activities was to showcase the relevance and importance of this day for all Spanish speakers all around the world to the future Spanish speakers of our school.





## Fun with Maze For Kids



### **From Readers to Leaders - E-waste drive**

The increased consumption of electronic devices in every facet of life during the COVID-19 pandemic has led to a rise in the amount of electronic waste that is generated. The chemicals present in e-waste have many harmful effects such as harming soil and being toxic to humans as well as wildlife. Hence, responsibly discarding and disposing of this e-waste is important.

In light of this, the school conducted an e-waste collection drive under an initiative by the Government of India. The Green Ambassadors appointed for the drive were Tanush Zutshi, Kabir Mathur, Tvisha Singhal, Ashreya Goyal and Debyani Kishore of Grade XI. These Highlanders did their due part in raising awareness about the proper disposal of e-waste and the consequences of not doing so by going from classroom to classroom. They successfully collected pledges from students of all ages to properly dispose of e-waste.

The drive was expansive in its reach because students made a change within not only the school premises but also in their neighbourhoods and other public areas. They also put up posters to succinctly display information about e-waste collection and disposal.

Some of the measures the students took included setting up e-waste collection bins in different areas such as the school and residential areas, asking students and staff to collect e-waste from home and sending e-waste to verified recycling centres where it would be discarded in a proper manner. Overall, the drive succeeded in its goal and was able to bring necessary attention to an important issue.

**Riti Aggarwal, XI F**  
**Tvisha Singhal, XI IBDP**

### **PANDORA'S PANDEMIC**

The Pandora Papers. From the Jordanian King to the Cypriot President, nobody has been spared by the explosive documents leaked as part of what have been dubbed as the Pandora Papers. With a tapering pandemic, the International Consortium of Investigative Journalists has exposed \$32,000,000,000,000 (that's trillion) held in offshore assets by the world's elite. What has for long been an open secret has finally been disclosed, and the implications are wide-ranging.

To put these numbers in context, this is enough money to feed every single hungry person in the world thrice a day, for the next fifty years. Keep in mind that most of the people mentioned in the leaks are government officials- these are the people that toy with our tax. In the world of business, the transactions mentioned in the Pandora Papers are mostly legal- the perpetrators make use of clever tax loopholes designed to let the bourgeoisie hide their stolen stashes as effectively as possible. For instance, countries like Panama and the British Virgin Islands are





commonly known as 'tax havens', where the rich can register their assets and pay zero tax on them. Tony Blair, the former British Prime Minister, for example, used such loopholes to save crores on his family home.

Needless to say, the world's courts have looked the other way, choosing to remain complacent. At the end of the day, the question is not of legality, rather, it is a moral dilemma: Why do the rich act in immunity from rules? As long as we remain a society that does not question these crimes against the proletariat, as long as we do not call such laundering by its name, we will remain corrupt, and we will remain enslaved by the idea of equitable capitalism.

**Yash Moitra, Clan Captain (Lamont),  
XI IBDP.**

## **BOLDNESS IS A REQUISITE FOR SUCCESS**

We more often than not prefer the simpler, pre-determined plans in life for the sole reason that they're where we find comfort. However, this robs us of the chance of growth since we remain in the 'known', life like this, without risk is barely living. We as humans yearn to make progress in life; we want to see ourselves reach milestones, conquer obstacles and grow into the people we've always wanted to be, but in order to do so, we must force ourselves to be more courageous. That being said, it doesn't mean you have to be fearless or have all the answers; because nobody does, but what you have to do is show up and take decisions that make you fearful, nervous or even uncomfortable.

As students, we often prefer to be just blend into the crowd because of the fear of being judged, but because of this we tend to hold back from things we really want to do, as a result, we often avoid doing things we truly want to do, such as speaking up in class, asking a question, or performing in front of a crowd. Being bold doesn't have to result in revolutionary outcomes, a bold life is built on the foundation of believing in ourselves and our ability to overcome barriers. It's never too late to make bolder decisions by pushing past our own fears and limits that we impose on ourselves, boldness begins with defying societal standards and crafting a path to achievement through the unknown.

**Taanusia Chakravorty, XI-F**

## **A Book to be in Caw of**

*"Better terrible truths than kind lies."*

When my brother received 'Six of Crows' on his birthday from one of his friends, I immediately wanted it (as one does when their sibling receives a really interesting book!).

The summary instantly hooked me, and before I knew it, the line was cast and I sunk into the depths of this blissful book. As I swam in the deep waters and took everything in, I realised that Leigh Bardugo had created a universe so utterly unique yet so painfully true.

There were humane characters and frustrating settings that made the book relatable and yet, the way the characters made use of the worst parts of themselves was incredible.

I was blown away by the witty dialogue that made me chuckle, the suspense that kept me up all night and the action that made my heart race. There were moments when my nose was almost touching the book and moments when the book would fall out of my hand because I was laughing so much.

The plot was genius and there was never a dull moment and the characters were so intriguing and charming. I loved how they weren't "heroes" or "villains". They were grey characters. They were realistic in their personality but unique in their ability. They were wise, they were cunning, they were vindictive, they were forgiving, they were cruel, they were loving.

They were the Six of Crows.

**Samiha Bellani, XI - F**

## **THE ENTIRE WORLD IS STRUGGLING TO KEEP THE LIGHTS ON. A MAJOR SHORTAGE OF ENERGY, COAL CRISIS!**

In 2020, economic activities came to a standstill and so did the demand for energy, output reduced and hence they started producing less oil and coal. Once the vaccines came and countries came out of lockdown, factories reopened, air travel resumed. Worldwide coal prices shot up, suddenly the demand for energy rose but the supply did not. There has been a major shortage of energy worldwide. One of the main reasons being spike in international coal prices.

Coal is primarily used as fuel to generate electric power. 70% of India's electricity is generated using coal.

China is facing power cuts and factories are shutting down due to coal shortage. There is gas crisis in Europe, Fuel pumps are getting dry in the UK. In Britain, supply isn't a problem but delivery is, there aren't enough drivers to transport fuel to gas stations.

In India, there were heavy rains in mining areas, due to which mining activities reduced. The result was that power plants could not build up their coal stock and they're supposed to maintain a stockpile so that it lasts at least 2 weeks but now many of them have run out of coal. Power plants face outages. Coal shortage at such a large scale could put India's post pandemic recovery and economy at stake.

In some places, most of energy supply depends on hydroelectricity (mega dams). But if rivers are drying up, which causes droughts, means no energy will be produced.

The Amberpet plant in Hyderabad treats the city's faecal sludge by converting it into biogas which produces electricity. People should be made aware about Solar power and wind power. The only disadvantage is that both of these only generate power when the sun shines and when the wind blows. Nuclear power can overcome these disadvantages as it produces energy through nuclear fission.

**Danicca Bajaj  
Grade VII-G**





## Sudoku

5	3			7				
6			1	9	5			
	9	8					6	
8				6				3
4			8		3			1
7				2				6
	6					2	8	
			4	1	9			5
				8			7	9



## Test Your I.Q

**Q. Give the full form of following educational agencies:**

- 1 CBSE
- 2 ICSE
- 3 IBO
- 4 IGCSE
- 5 NCERT

**Q. Give the full form of followings degrees:**

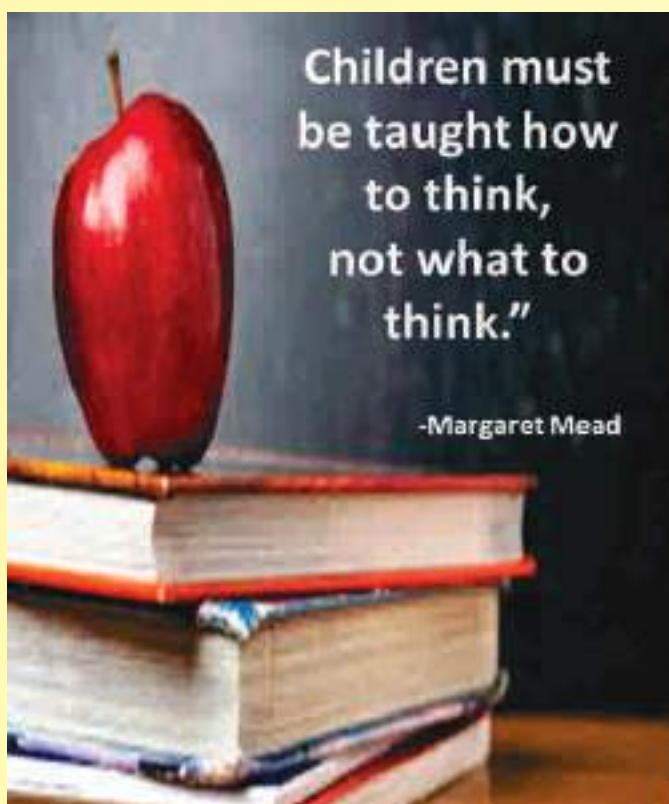
- A. MBBS
- B. PH.D.
- C. CA
- D. BDS
- E. MBA

### Answers

- 1 Central Board of Secondary Education
- 2 Council for the Indian School Certificate Examination
- 3 International Baccalaureate Organization
- 4 International General Certificate for Secondary Education
- 5 National Council of Educational Research and Training

- 1 Bachelor of Medicine and Bachelor of Surgery
- 2 Doctor of Philosophy
- 3 Chartered Accountant
- 4 Bachelor of Dental Surgery
- 5 Master of Business Administration

Source: Internet  
Complied by: Dr Sanjay Sachdeva  
Senior School Principal



Fulfil your passion of *Being a Teacher*

### The Scottish High International School

G Block, Sushant Lok II,  
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In collaboration with



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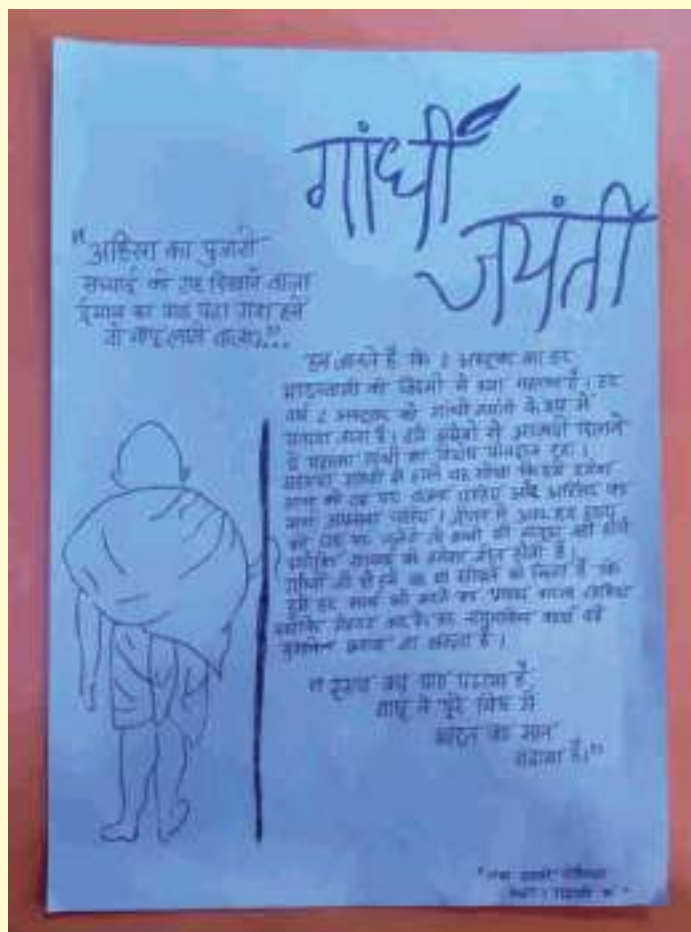
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PDC Coordinator – Ms. Tina Bali Pasricha  
Contact No - 8826388400  
Email : [programleader@scottishhigh.com](mailto:programleader@scottishhigh.com)  
Website : [www.scottishhigh.com](http://www.scottishhigh.com)





## From Our Budding Writers



### No MORE Crackers

All at once, happiness flows,  
And mine and your face glow.

It's this one festival, which everyone knows,  
And the excitement of crackers arose.

Hey! What is this?  
Like me, why don't you also resist?

We won't be able to enjoy every day,  
We won't have a merry day.

It's for the environment, and it's easy,

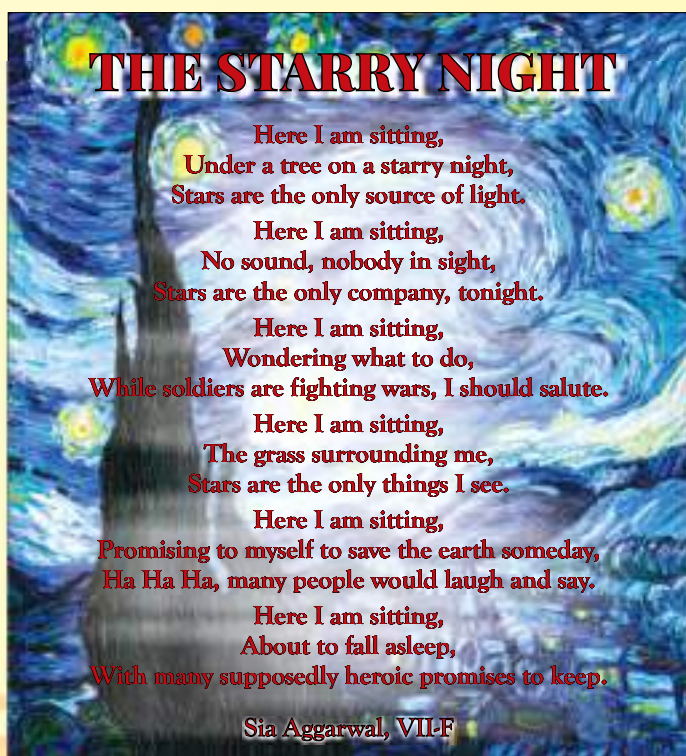
Just like the ABC.

Just don't use the crackers now,

Just look at your surroundings change just after  
that,

And then you'll say, wow!

Aaishi, V-A



### THE STARRY NIGHT

Here I am sitting,  
Under a tree on a starry night,  
Stars are the only source of light.

Here I am sitting,  
No sound, nobody in sight,  
Stars are the only company, tonight.

Here I am sitting,  
Wondering what to do,  
While soldiers are fighting wars, I should salute.

Here I am sitting,  
The grass surrounding me,  
Stars are the only things I see.

Here I am sitting,  
Promising to myself to save the earth someday,  
Ha Ha Ha, many people would laugh and say.

Here I am sitting,  
About to fall asleep,  
With many supposedly heroic promises to keep.

Sia Aggarwal, VII-F

### Light Poem

Without the light,  
How can life be right?

For children like us,  
Who don't know the candles yet,  
Not like adults, darkness can never be our pet.

We need light, and that is true,  
Without the light, life will be like a messy zoo.

On windy days, we enjoy the weather,  
But without the light, WIFI withers.

Now let me not tell you about WIFI,  
For you, I and everyone know it can't work if the  
light is not high!

Let's be grateful for this precious treasure,  
For because of this, our life is full of pleasure.

Aaishi, V-A





## IBDP News

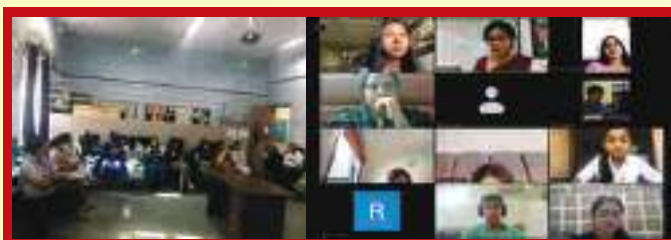
The month of October was the time when IB DP teachers undertook a number of professional development workshops to make their teaching more effective helping students to become effective learners. Teachers attended SAIBSA – DP Job Alike sessions on TOK on 2 October, SAIBSA –DP Job Alike Sessions on Extended Essay for various subjects from Group 1-6 (English A: LAL, Hindi B, Economics, business Management, ESS, Computer Science, Biology, History, Psychology, Chemistry, Mathematics and Visual arts) on 9 October and 23 October respectively.



Our Grade XI Diploma candidates made their Extended essay presentation highlighting their choice of subject, selection of topic, research question, plan of action and different means to adhere to academic honesty norms. Presentations included different subjects which varied from English Language & literature ; Hindi, Economics, BM, ESS, Biology, Physics, Psychology, Maths, Computer Science to World studies.



We at SHIS, ensure to comply with the DP curriculum requirement and for implementation of effective teaching and learning, DP faculty took ATLs – reinforcement and sharing of effective teaching methodologies as their fortnightly meeting agendas. Moreover, we invited Ms. Garima Moitra, mother of our grade XI student Yash Moitra, to share some of the expertise on the 'Impact of COVID-19 on Employment Opportunities' with the students across the disciplines of Business Management, Economics, Psychology, and History as a part of our interdisciplinary teaching.



It was a proud moment for the entire school when our students participated in Orizzonte'21-“Think Beyond Horizon” a Management Fiesta organized by the “The Department of Management studies, Deen Dayal Upadhyaya College, Delhi University where Arjun Sharma and Shrey Kulkarni from XI DP won I and II position respectively in Memes to Management category.



Ms. Renuka Bhasin  
Assistant IBDP Coordinator



## IGCSE News

### Benefits of a Cambridge Curriculum

The Cambridge international curriculum sets a global standard for education, and is recognised by universities and employers worldwide. Cambridge curriculum is flexible, challenging and inspiring, culturally sensitive yet international in approach. Cambridge students develop an informed curiosity and a lasting passion for learning. They also gain the essential skills they need for success at university and in their future careers.



Some of the benefits of pursuing the Cambridge Curriculum are:

- While National curriculum are widely accepted within the country, the Cambridge curriculum is accepted by schools and colleges across the world. CAIE is a part of the world-renowned University of Cambridge, UK and is one of the most sought-after and recognised qualifications in the world.
- The curriculum is international in philosophy and approach, but can be tailored to local contexts
- Schools can also combine the Cambridge International curriculum with national curricula.
- Cambridge students moving between Cambridge schools can continue their studies following the same curriculum
- Students find some subjects difficult and frustrating and other easy and enjoyable. School always offers a mixture of the two. The wide range of IGCSE subjects means that it is easier for students to find the subjects they enjoy and are good at.
- IGCSE offers studying subjects are core (basic) or extended (advanced) levels so students may obtain a more comprehensive and in-depth knowledge of subjects they are particularly interested in and devote less time and effort to other subjects.
- Cambridge curriculum is flexible to integrate and stimulating to teach. Schools can choose all or part of it to suit their learners' needs.
- CAIE invest constantly in research and development to improve programmes and qualifications

### Where do Cambridge qualifications take you?

Success in Cambridge qualifications often gives students admission to the world's best universities – in the India, US, UK, Australia, Canada, Germany and beyond.

Cambridge qualifications are accepted and valued by universities around the world, including IIT, MIT, Harvard and Cambridge. They are recognised as qualifications that prepare and equip students with the skills, they need to succeed both at university and beyond. Universities tell us that they value the independent research and critical thinking skills, as well as the deep subject knowledge that Cambridge qualifications bring.

Cambridge work with these universities when they revise the course content – getting expert advice to make sure we're preparing students to succeed at university and beyond.

**Pawan Mittal**  
HOD (Mathematics) & Cambridge Coordinator

## German News

### Introduction to Artificial Intelligence Workshop

**Organized by: Goethe-Institut/ Max Mueller Bhavan New Delhi.**

**Date: Tuesday, 26th October – Friday, 29th October**

**Time: 4 PM – 6 PM**

**Platform: Zoom**

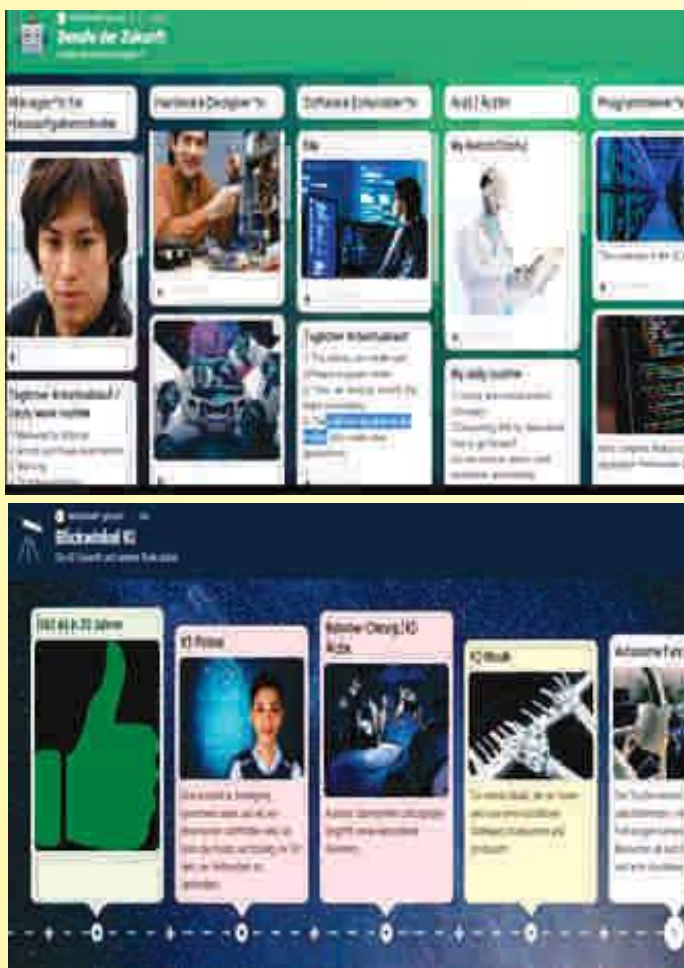
An informative four days' workshop was organized by Goethe-Institut/ Max Mueller Bhavan New Delhi. Our Highlander Sreshth Bodapati of class 9F enthusiastically participated in this workshop and got an opportunity to not only enhance his technical knowledge along but also to communicate with German Native Speakers.

He was given a comprehending synopsis of 'What is Artificial Intelligence?' He was introduced to the history of AI and they had discussed major events using a timeline. An interesting discussion on Neural Networks was initiated and they described how the AI is able to understand, recognize and make correct decisions and choices similar to a human. They were taught about the input, the hidden layers and output sections in a neural network, the reason for AI's intellect. In addition to that, a lot of fun activities were conducted which helped them to grasp the subject in a better way. They played a game called NIM, a counting game, where they were divided into groups, the HUMANS and ROBOTS. Along with this, there were some more activities where they could express themselves and their thoughts. They chose their dream profession and penned down where AI could be of use in that profession. This enhanced their creativity and cognizance about different professions.

Overall, it was an entertaining and educational workshop for Sreshth.

**Ms Isha Verma**  
HOD (Modern Foreign Languages)





## Guest Lectures for Students of Grade 6-8

A series of online Guest Lectures were conducted for the students of Middle School to empower them, boost up their confidence and adjust to the changes taking place during adolescence. Adolescence is a vital stage of growth and development that marks the period of transition from childhood to adulthood.

Guest talk titles were as follows :-

**Grade 6:** "Responding to changes in an adolescent body & mind - Insights & Reflections"

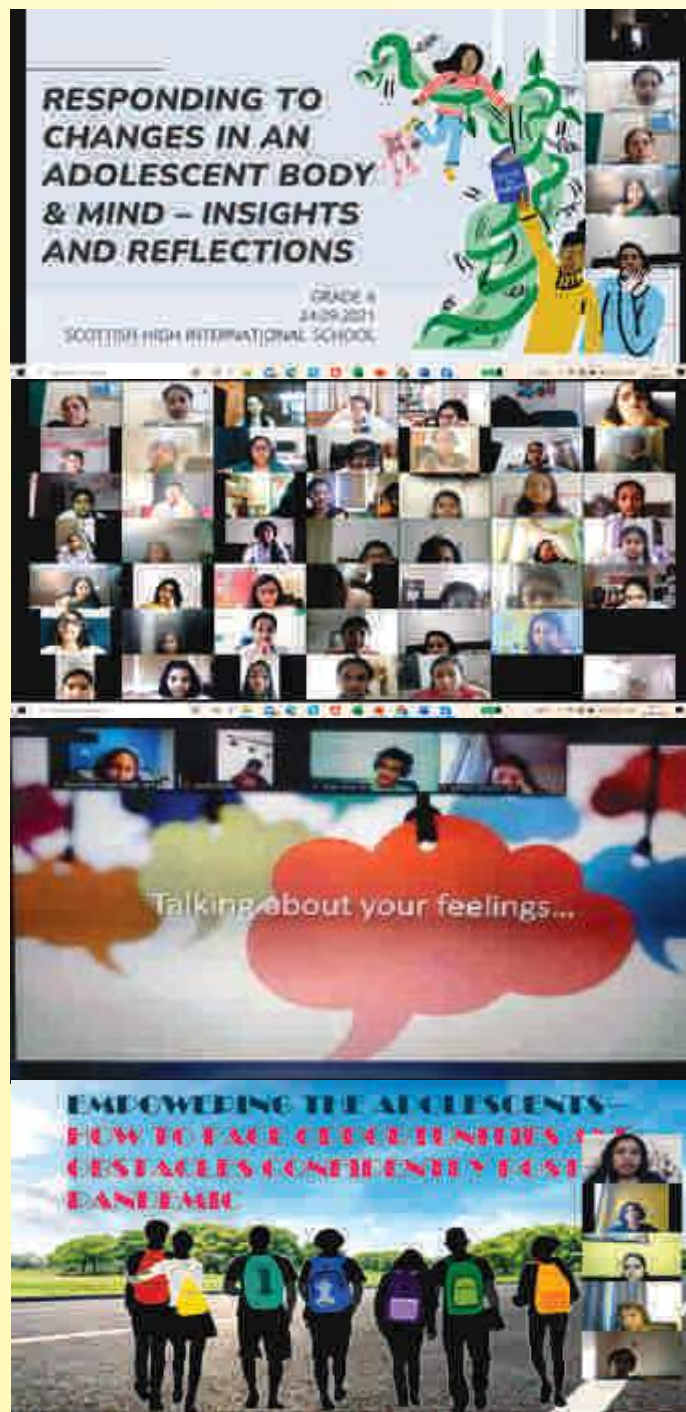
**Grade 7:** "Empowering Children with A Happy Body & Mind"

**Grade 8:** "Empowering the adolescents- How to face opportunities and obstacles confidently post-pandemic"

The webinars conducted by different Guest speakers were able to touch upon the following points:

- Physical and psychological changes during puberty / adolescence.
- Dissemination of information on how to manage the changes brought to mind/body/behaviour/mood due to this change.
- Addressed some common issues like increased online gaming/ video/social media addiction, apathy in studies, general disobedience and aggression in behaviour.

- Tips were given on how to settle during transition from at-home learning to school in-person learning.
- They were also guided on how to deal with bullying and show sensitivity and acceptance towards peers.



The lectures were very compelling, thought provoking and certainly made a positive impact on the students' minds.

**Geeta Bedi**  
Middle School Coordinator





## CAS News

### IBDP CAS: Working with Care and Compassion

Imparting Knowledge to Underprivileged As a part of his CAS program, Anhadpreet Singh of XII IBDP has taken up volunteering work at the SAAR Welfare Foundation. Recently founded, SAAR Welfare Foundation is an NGO that seeks to educate young children who are unable to acquire the education they deserve. Anhadpreet along with other volunteers is providing the school experience to many children who have constraints due to their financial situation and lack of facilities. The closure of the schools due to the COVID 19 pandemic was another hurdle as the students were not able to attend the proper schooling. As one of the first volunteers at the NGO, He has been assigned to teach mathematics to a jubilant class of thirty children. The children at the NGO have a deep love for learning with a constant yearning to learn new concepts. Even without receiving any formal education so far many of the children have shown exceptional understanding of concepts which was reflected on their assessments. Working at the NGO has turned into something more for him other than a medium to complete my CAS program, as he has gained fondness for the children and believe in their ability to take their education more sincerely so that they become successful individuals in life. The work done by him in just a short period of 3 months at the SAAR Welfare Foundation is truly commendable as he hopes to see them prosper with years to come.

### Providing Hot Meals to the Street Children Living in Slums and Under the Flyovers

In her CAS Project, Adelle Vincent of XII IBDP is working for the under privileged children living under the flyovers and in the slum areas of Delhi. While volunteering with the NGO called 'INSPIRE' that looks after many families; living in the streets by providing them with food and basic necessities, she joined hands with a team of 10 people young and enthusiastic people like her. They used to first pick up the food from the canteen where it was made and packed, then with all their safety gears on, distributed them to the street children living in slums and under the flyovers. In a day they were able to feed at least 200 to 250 children. It helped them to realize the value of care and compassion and made them think as to what more they can do for these children. They faced many hurdles Like COVID 19 situation in Delhi, where they need to be extra cautious. Lack of funds was another difficulty for which she reached out to her family and friends for small contributions and even spent some of her savings to be able to give more. As a True Highlander, she aspired the younger generation to learn the gift of giving to the underprivileged kids and drive them to spare some time in giving back to the society. Adelle believes that this pandemic has not only urged her to help people but this has also helped her reach out and interact with the world around her to keep her more aware of what is happening around and how to deal with the situation. With her small deeds she is looking forward to a brighter and more successful future for those who help and are being helped. Well done Adelle!

Continue doing the good work!



**Kavita Yadav**  
CAS Coordinator

## FROM THE SPORTS FIELD



The month of October started with the preparations and celebrations of Dussehra. The statue of Ravana was placed in the ground. School Director, Ms. Sudha Goyal along with Senior School Principal, Dr. Sanjay Sachdeva and Primary School Principal Ms. Seema Bhati. School Head Boy, Tatva Amogh Rawal and Head Girl, Rida Mumtaz started the celebrations of Ravana Dahan.

Discussion regarding the planning and conduct of Sports Fiesta (Multi Sport Event) was also discussed. Online outdoor classes happened as per schedule.

**Darshan Singh Gehlot**  
HOD Sports





## Clan News

### ANDERSON

*"Success is a journey, not a destination."*

Success provides confidence, security, a sense of well-being, the ability to contribute at a greater level, hope and leadership. Without success, you, the group, your company, your goals, dreams and even entire civilizations cease to survive. Without continued success, the company, dream, even entire races will cease to exist, as was the case with the Vikings, Romans, Greeks, American Indians and then an endless list of companies and products. Success is important in that it is required in order to continue on!

Clan competitions resumed in the month of October, after the half yearly examinations. Kenisha Kaur Roy (VI) won the Interclan Historical Speech Competition and helped to elevate the clan position. Riti Aggarwal (XI) came first by impressing the judges with her wonderful oration in the Spectrum Split Debate. Kiara Dhingra (VI) and Prisha Abrol (VII) bagged first positions each in their respective categories of Book Cover Designing Competitions with their exceptional ideas on designing the covers of various books. Team Anderson comprising Pranav Kumar (IX) and Harshil Nagpal (IX) won the Interclan ICT Quiz with their astounding technical knowledge. The winning spree continued with team Anderson winning the Science Quiz as well. Himanshi Agarwal (X) and Pranav Kumar (IX) surprised the quizmaster by answering majority of science questions. Advika Aggarwal (VI) depicted her editing and videography skills by securing first position in the ICT Video Making Competition. Hrithik Mehra (VIII) won the French Spell Bee Competition whereas Snigdha Saxena (VIII) and Devesh Juneja (VIII) attained second positions in Spanish and German Spell Bee Competitions respectively.

Success should never be reduced to something that does not matter or isn't important. It is vital and should be held as such! For an individual or Clan to continue on, he or she must actively accomplish his or her goals and targets or he or she will cease to exist.

**Ruma Jain**  
Clan Elder - Anderson

### BOYD

*"It's okay to be glowstick: Sometimes we have to break before we shine." - Jadah Sellner*

This line is strong enough to make us everyone understand the basic nature of how can bigger things be achieved, may be not in first, second but surely in forthcoming trials. The efforts we take, never goes unpaid. The only demand of nature is to get a continuous and hopeful efforts from us. The month of October brought plenty of opportunities where Boydians made valuable efforts. Many of them could get it and few of them will get it. To start with, in the Inter Clan Science Quiz competition, Zitin Tiku (VIII-B) and Shaurya Chandana (VIII-CS-A) turned out to be a very strong team showing commendable coordination. Our team stood first in the competition. Now comes Inter Clan Hindi Doha Vachan Competition where Anika Bhatnagar (Grade VIII) got Third position.

No language is left untouched, during the Month and Saanvi Kumar Verma bagged Third position in the Interclan English Soliloquy Competition (Grade VIII). Here in the competition, She chose a character presenting the monologue of the same with enactment in an expressive way.

Our young artists found a platform to sprinkle the colors of their skills during Inter Clan Book Cover page designing competition, where our talented Boydians Ishaan Das- VICS and Prisha Arora VII-G secured Second position. In the Inter Clan Commerce and Economics Competition 2021 "The Dominator", Ayman Tripathie of grade XI secured Second position. Not just this much, in the Inter clan MFL Spell Bee Competition (French) (Stage II), Tanishka Gaurav Sarpotdar 8B bagged Second position again.

I congratulate all our winners and participants for the month and encourage all the Boydians to keep their efforts continued. Just don't sit and wait for a good blast to happen on its own. You are the one who can make this happen. So, keep working towards the same. All the best. Stay active.

**Akanksha Yadav**  
Clan Elder - Boyd

### LAMONT

*"There are no secrets to success. It is the result of preparation, hard work and learning from failure."*

**- Colin Powell**

Motivation is the power that activates the engine of success and moves you toward accomplishments. Keeping that motivation high Clan Lamont took part in all the competitions with full gusto. We had plethora of competitions during the month of October. First, we had in row, Inter Clan Historical Speech competition for Grade VI, where Aarav Gupta secured second position and Sahana Razdan received third position. For grade VII, Inter Clan Physical Activity Competition Yuvraj Sidhu secured first position. In Inter Clan Drawing competition for Grade VII Hetavi Nemish Doshi and Arjun Gaba showcased their artistic skills made drawing on theme 'A favorite animal in the zoo' and secured first and second position respectively. In Inter Clan Science Quiz competition for Grade VIII science enthusiast showcased their talent Inika Rao and Sheen Koul received third position.

Next in a row we had Inter Clan Spectrum Split Debate for Grade XI and XII where Yash Moitra spoke very well secured second position. In Inter Clan ICT Quiz for grade IX and X Nihaal Singh Bajwa and Tarak Ram Katneni did well and secured third position. In Inter Clan Hindi Doha Vachan Lakshya Dhiman of Grade VII showed his oratory skills spoke very well and secured first position. In Inter Clan Science Quiz Ayush Krishn and Tarak Ram Katneni of Grade IX got second position. In Inter Clan ICT video making competition for grade VI Aarav Gupta bagged second position and Tanish Mohan received third position. In Inter Clan MFL Spell Bee competition for grade VIII Saanvi Verma received third position for French, Eshanya Kamra received third position for Spanish and Yaksh Gupta bagged third position for German language. In Inter Clan Book Cover Page Designing Competition Hetavi Nemish Doshi and Aishani Srivastava of Grade VII got first and third position respectively. In Inter Clan Commerce and Economics competition Yash Moitra spoke very well bagged First position.

I congratulate all the winners and participants for working hard and participating in all the competitions with great zeal and enthusiasm.

**Geetanjali Ahuja**  
Clan Elder - Lamont

### MACARTHUR

*"We all have dreams but in order to make dreams come into reality, it takes an awful lot of determination, dedication, self-discipline and effort." - Jesse Owens*

This Arnav Kokhar and Eklavya Singal of grade 8 bagged the first position in Inter Clan Science Quiz Competition. Emya Jain and Harsimar Singh of Grade 6C participated in the Inter Clan Historical Speech Competition. From Grade 11 Pranav Achante and Avani Gupta participated in Inter Clan English Debate competition. Shourya Mathur and Chitra Singh of Grade 10D have made our clan proud by bagging first position in Inter Clan Eco and Commerce competition.

In Inter Clan Drawing competition for grade 7, Rishika Abrol bagged the third position. From Grade 8, Karandheer Gahlot and Swarnika Joshi bagged the first and second position respectively in Inter Clan English Soliloquy competition and made the clan proud.

In Inter Clan Hindi Doha competition Aanya Nigam and Armin Kaur of grade 7 has proved their talents by bagging first and second position respectively.

In Inter Clan ICT competition, Tanay Sharma and Gangesh Aggarwal of Grade 9 bagged the second position. From grade 11 Akshat Bagadia and Aarav Kansal bagged the second position in Inter Clan Mathematics Quiz.

**"Love what you do.**

**Do what you love.**

**Dedication, hardwork and success  
Will automatically come from within."**

**Ramandeep Kaur**  
Clan Elder - Macarthur





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<sup>1</sup>Smaller Particulate Matter (PM2.5) and 1 micron Virus testing conducted on 11/11/11

## Golf Article

### ANITYA'S TIP OF THE MONTH

#### Start Back Swing on the Correct Plane



Having discussed the set up from a face on position, let's now have look at the backswing and where the club should swing from a down the line position. Once you have taken a set up position in balance, the next step is to ensure that the start of your back swing or the take away is on the correct plane. The best way to make this happen is to get the core of the body, the arms and club to move together in one unit and stay connected. Very often, we see that the hands and arms take the club away and get disconnected from

the rest of the body thereby putting the club in wrong positions, some of which we will discuss over the next few articles.

In the picture, I have shown how the club has been swung too far inside and on a flat plane. This is a very common fault with young golfers and leads to various compensations in order to get the club back to hit the ball squarely. The hands have moved too far inside and the club shaft is almost parallel to the ground pointing way out side of the golf ball. This is typically called a very flat or rounded swing

A good on-plane start of the swing will set the tone for a good top of the back swing position which in turn goes a long way in making you a good ball striker.

Compiled by  
**Ms. Ankita Jain**  
Golf Coordinator



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