



From the **DIRECTOR'S DESK**



New Years Resolutions

The world has been turned upside down due to the resurgence of Covid. As we sit here, contemplating the future in this pandemic ridden world, we try to ascertain what our lives would be like in the coming year.

With the New Year knocking at our door, we all must be creating our lists and plans for the future, thinking of resolutions which we may or may not ever follow through. Although we often are quite sincere in setting up these plans for ourselves on New Year's Day, we fail to execute them successfully throughout the following year.

There are a few simple steps to actually work better than keeping resolutions like making a year-end review of what's gone very well and what has not, tick the list of things one wanted to

achieve, and then make decisions about which areas require more focus.

However, we must remember that big changes and important goals don't just happen. They require sustained action. Whether your goal is to be happier, healthier, wealthier, stronger, more successful or more fulfilled, to achieve those goals requires you to become someone who makes sustained effort. You may consciously want to achieve a particular goal, but if you're internally scared to bring this goal to fruition, you just won't let yourself do it.

However, In the end, it's an internal job that's required to sustain your definition of great happiness and success. We can take all the well-advised steps in the world, but without cultivating the positive and empowered beliefs and behaviors that build a solid foundation for success, it will remain very difficult to reach your most thrilling goals.

So, make plans, make decisions and make resolutions, but remember, with every action you take, work towards being happy.

Ms.Sudha Goyal
School Director

Making and Keeping New Year Resolutions

December is the time to start thinking about the approaching New Year, it is also time to start reflecting on the last year's resolution as well as plan the new ones. It is said that New Year's resolutions go back 4,000 years, the first resolutions began with the ancient Babylonians. They made promises to their Gods to pay their debts and return borrowed objects, these were considered the first resolutions. If the Babylonians kept their word, they believed their Gods would reward them with favour in the coming year. If not, they would fall out of favour. The Romans practiced a similar tradition. They worshiped a two-faced God names Janus to whom they made promises of good conduct for the coming year. In fact, January is named after this God. For a long time now, New Year's Day became a time to think about past mistakes and make promises to do better in the future. Today, New Year's resolutions are usually a more secular tradition, and are made across the globe and age groups.

I would encourage everyone to make resolutions even if they are not completely followed. Securing success comes with planning. First, we need to prepare for the change we want to make mentally. This includes taking a personal inventory and writing down goals we accomplished in the previous year. Secondly, we should try not to make big changes, basically we need to set goals

that motivate us. We might also need to limit the number of resolutions and only work on a few at a time. Breaking big goals into smaller ones, writing them down, sharing our resolutions with others, and reviewing them regularly, will help us stay on track throughout the year.

So Get Set and Go!! Here are some most popular resolutions which may be considered for the New Year. Making our community Covid free, eating healthier and exercising more, picking up a new hobby, becoming spend thrift, developing time and self-management skills, using social media sparingly. The best way to be able to make and keep resolutions is to write down some New Year's resolutions. Learn about different strategies that will help us keep them. Asking friends and family what their resolutions are and holding each other accountable for keeping them can prove to be fruitful. Therefore, let us think positive and act as per the quote by Michael Josephson, "Approach the New Year with resolve to find the opportunities hidden in each new day."

Ms.Seema Bhati
Primary School Principal



PYP

And suddenly you just know it's time to start something new and trust the magic of new beginnings!

The on-campus class, once a week, initiated for the students of Early Years was welcomed by the stakeholders with a stupendous response. Eager to have the children back in the classroom, the Home Room Tutors meticulously planned the day for it to be engaging and purposeful for the young Highlanders. Mindful of that fact that they are stepping from home into the formal setting of a school for the very first time in their young lives, bright and vibrant classrooms, cheerful teachers and inviting ambience greeted them. With a focus on developing their self-management and social skills, getting them acclimatized to the different areas of the classroom and other learning spaces in the building, social interaction between peers formed the crux of the day in school in the initial days of coming back to face schooling for these young students. The following weeks will see the teachers gauging the academic skills acquired by the students to help them in their learning, better.

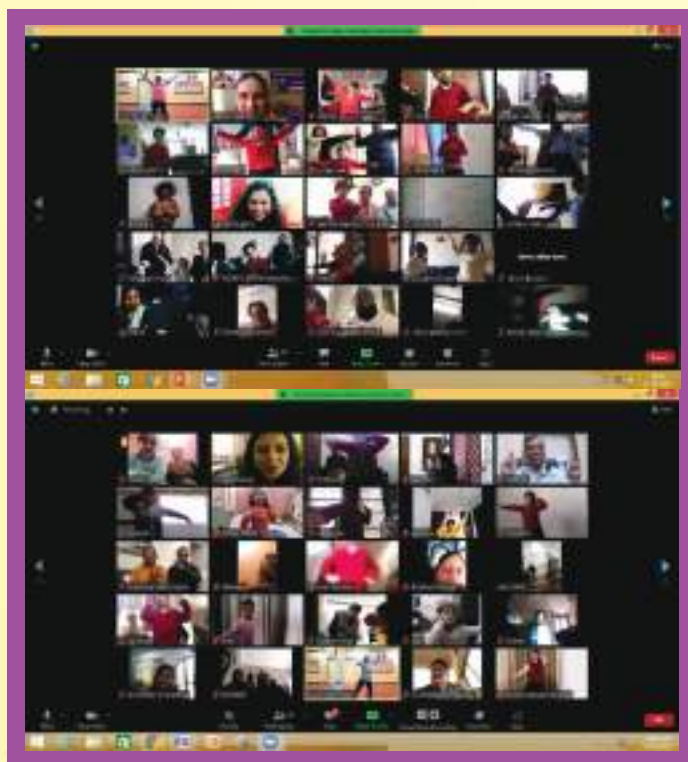


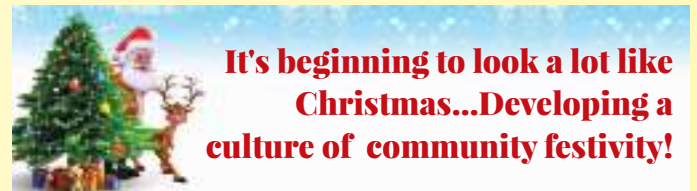
"Nobody can do for little children what grandparents do. Grandparents sort of sprinkle stardust over the lives of little children."

Alex Haley

Celebrating the contribution of Grandparents...

To make the Grandparents feel truly special, Grandparents' Day was celebrated online with full zeal and fervour on 21st and 23rd December for grades, Nursery and Kindergarten, respectively. The excitement of spending special time exclusively with their family elders, had the young Highlanders practicing hard for weeks to make this a truly memorable day for them. The learners gladly expressed their gratitude for all the love, kindness, warmth and wisdom that they receive from them through their actions and gestures through the event. The day in itself, had the students greet their grandparents affectionately. A welcome song prepared by them especially for this occasion set the tone for the rest of the session. There was much singing, dancing and playful games too which had the grandparents participating enthusiastically with their grandkids. Sharing special moments and anecdotes of their grandchild gave the grandparents an opportunity to relive those moments again with all. The event turned out to be amazing, making each one of the grandparent feel appreciated and loved. Here's a glimpse of this special event!





Come December, the ambience of the school environment reverberates with Christmas feeling, positive energy of cheerfulness and celebration. Beautifully decorated Initial Reception with the Christmas tree, standing tall and resplendent and a nativity set up created the mood for the season of joy and happiness. Wishing each other a jolly 'Happy Holidays' and a 'Merry Christmas', being engaged in Christmas related craftwork, singing carols and dancing to the tune of Christmas songs and much more was visible during the virtual online sessions. As an IB school, it is our constant endeavour to motivate the students to grow up to be compassionate and caring young human beings. This Christmas, the students were encouraged to spread the cheer not only amongst their loved ones but towards the less fortunate and imbibe the spirit of the festival in totality!





"If your actions inspire others to dream more, learn more, do more and become more, you are a leader."

John Quincy Adams

Connecting with School and Parent Community...

The month of December unfurled on an interactive note embracing numerous fruitful interactions with experts and guest speakers. An expert talk by Mr. Darshan Gahlot, HOD Sports followed by an interactive session enabled the young Highlanders to comprehend the concept of decision making in day-to-day life as well as in the sports field. He shared that a constant reinforcement of game strategies builds intuitive decision making. The talk concluded on a positive note that a good leader should possess a combination of both, good physical fitness and sound mental agility. Grade 4 progressed on with their learning of the Unit 'Who we are', by focusing on the line of Inquiry- Impact of lifestyle choices on the body.



They were enriched and enlightened by the discourse of the guest speakers Ms. Aradhana and Ms. Harpreet Kaur. Topics like 'Habits of Healthy People' and 'Staying Healthy to Stay Fit' were discussed through videos to help the students understand and connect with the unit on how and why they need to maintain a healthy body. Mother of Jiya Singh, Ms. Gurpreet Minhas conducted an online interactive session on 'Waste Segregation'. She made the children aware about sustainability, biodegradable goods and recycling of waste products. Ms. Bhavana Mathews' session on Sustainable Development Goals was also very informative and interactive. Students asked questions and exhibited curiosity.



"Education is not just about gathering knowledge, but more so about learning how to think."

Sandeep Maheshwari

Collaborating with International School Bangalore —

As a global perspective unit. The International School of Bangalore had a cultural exchange programme with Grade 1 Highlanders. Our students shared why and how Dussehra is celebrated in Northern part of India. Children narrated the story on the importance of this festival through a puppet show. Through PPT they displayed pictures of celebration in our school and audio visuals related to what people wear and eat were also shown. They also shared songs and important facts with them.



Great satisfaction comes from sharing with others...

Students of Grade 3 showcased their research and communication skills under the Transdisciplinary Theme-How we express ourselves by speaking on an artefact of the state they belong to and highlighting its unique features exhibiting the culture and traditions people follow. They dressed up in the traditional attire of the respective state while performing a folk song or folk dance native to the region expressing their art and culture. This task made the learners aware of the vibrant rich and deep rooted culture of our country.



Navigating through the PYP Exhibition



Grade 5 students are leaving no stone unturned to achieve another milestone in their PYP Journey. This year under the Transdisciplinary Theme - How we express ourselves, our young Highlanders are gearing up to put up a PYP Exhibition in the month of February. The curtain raiser for an event started with the Primary school Principal's orientation.

The address was followed by an interactive session with Seema Ma'am to have an insight on the exhibition and gearing up for their independent in-depth inquiry. From the onset, learners collaborated virtually and brainstormed to form essential agreements. They displayed the understanding of academic integrity by agreeing to give credits to sources from where they will take information while researching. Expert talk by guest visitors on various topics enhanced learners thinking skills and enabled them to go deeper into their inquiry.

"The key is not the will to win. Everybody has that. It is the will to prepare to win that is important."

- Bobby Knight

Our Highlanders brought laurels to the school by participating in the Inter School Competition as part of the Annual Fest conducted by Lancers International School. Congratulations to all the winners.



| Name of Participant | Event | Position |
|--------------------------------|--------------------|--------------------------|
| Aryash Taneja: Grade II | Mask Making | 1 st Position |
| Esh Saraswat: Grade III | Poetry Recitation | 1 st Position |
| Laura Anika: Grade IV | Creating a Jingle | 1 st Position |
| Maitreyi Chatterjee: Grade II | Mask Making | 2 nd Position |
| Sarah Annya Subba: Grade II | Solo Singing | 2 nd Position |
| Vayun Mehta: Grade III | Book Cover Making | 2 nd Position |
| Niyara Anya Noronha: Grade III | Solo Instrumental | 2 nd Position |
| Maleeha Jesif : Grade IV | Poster Making | 2 nd Position |
| Yashika Sharma: Grade IV | Solo Western Dance | 2 nd Position |
| Nishka Saini: Grade II | Story Telling | 3 rd Position |
| Karma Singh: Grade II | Story Telling | 3 rd Position |
| Meher Singh Minhas: Grade IV | Poster Making | 3 rd Position |
| Samarth Mehra: Grade V | Famous Speeches | 3 rd Position |

Asst PYP Coordinators



MEDLEY OF ACTIVITIES

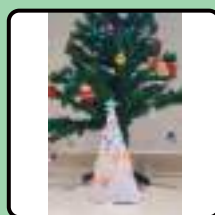


December is the month of celebrating happiness, spreading joy, exchanging gifts and family gatherings. This is the month where we celebrate the birth of the light, light a candle and feel at peace with the world.

Keeping this in mind primary students learnt how to make decorative things related to Christmas. They made different Christmas compositions, Paper Santa Claus, Paper Christmas tree and greeting cards.

Grade VI - VIII continued working on their art and craft skills. In art activity, they are learning about several composition techniques and continued working with different colouring mediums. In craft activity they learnt paper craft related to Christmas and how to make pop-up cards for New year.

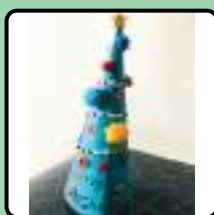
Happy New Year!



Arnav I-B



Avishka I-C



Ahana I-F



Akshaj II-C



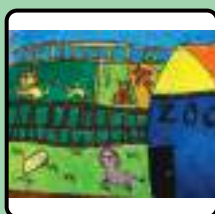
Karma 2-D



Riyan II-E



Aryash II-E



Samaiara II-E



Dars II-G



Amyra II-G



Amairra II-G



Twisha II-G



Amaira II-H



Anaya III-A



Aradhya III-C



Alia III-C



Vedikaa III-D



Damiya IV-G



Gyansh IV-G



Parisa IV-G



Shaurya IV-G



Aaira V-A



Shivina V-A



Kabir V-D



Kanav V-D



Siddharth V-E



Sumvit V-E



Saanvi V-F



Arthava V-G



Avika V-G

Amita Gahallot
HOD Visual & Performing Arts



Students of Middle School started working on their "Final Presentation" in which they are conceptualizing, designing, directing and producing a play on their own. Students are growing their technical and play designing skills with this task.

Students have finalised the concept and story for the production and are working towards the designing of the production part.

Topics and stories like French Revolution and Sherlock Homes are explored by the students during this activity in which students are using all their knowledge of storytelling, acting and observation in practical exploration of the production

Rohit Kumar Kalra
Theatre Arts - Instructor



December is the Christmas season and Scottish High was getting all geared up for Christmas celebrations. In western music the children from all Grades were taught Christmas carols starting from Jingle Bells to Jingle bell rock and Christmas alphabet to Little Drummer boy. In Indian music also they were taught carols which they were ready to perform. Each grade were taught the carols depending on their grades.

Wishing Everyone a Happy Merry Christmas and a Happy New Year!

Tony Fernandes
Western Music Teacher

FROM THE SPORTS FIELD



The month of December started with the preparations of SGFI State level championship. Kabeer Singh, Samridhi Verma and Sheersh Sharma got selected for the SGFI State Swimming Championship after winning the District Championship.

Arjun Dev participated in Zonal Football Championship and got selected for the State championship.

Agriya Yadav, Aarav Mehta, Samaira Kohli, Mrinalini, Khushi Gaur and Lakshya Dhiman got selected for SGFI Lawn Tennis State Championship.

SHIS Yoga team also got selected for the SGFI Yoga state championship. Sargun, Sanskriti, Khanak, Inisiya and Unnati.

Sports Department is now preparing for the Primary Sports Day.

Darshan Singh Gahallot
HOD Sports

Creative Hands At Work

Akshita Kumar VII-B



Test Your I.Q

Q. Give the full form of followings companies:

- 1 LG
- 2 WIPRO
- 3 INTEL
- 4 IBM
- 5 HTC

Q. Give the full form of following Electric abbreviations:

1. AC
2. DC
3. MCB
4. MW
5. VA

Source: Internet
Complied by: Dr Sanjay Sachdeva
Senior School Principal



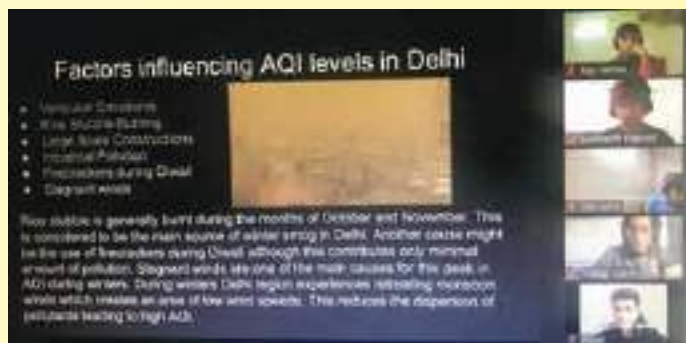
IBDP News

To reach the pinnacle of success, one has to avoid any short cut to success. The zeal to achieve bigger is always complemented with hard work, determination and motivation. This passion to excel is so much evident in our young highlanders who have tread their path of success with diligence and commitment. Our young Highlanders have once again proved their mettle and made the entire SHIS fraternity proud of them by organizing SHIS FEST and SHIS TECH, two of the biggest Inter School events on a global platform in December 2021.



Resonating with the same ideology, Yash Moitra, a student of Grade XI DP has been recognised as an honorary invited author of London Journals Press for his research paper entitled "Government Spending Does Not Cause Inflation".

Teachers and students of IB DP continued manifesting IB philosophy in all school contexts with interdisciplinary classes on the fore front as always. To enable the students imbibe multitudes of Approaches to Learning, Subject Facilitators of Group 3 and 4 -Computer Science, Environmental Systems and Societies and Economics conducted an Interdisciplinary class on Biodiversity and Conservation and Macroeconomics, enabling them to attain broader perspectives on complex issues and analysing the solutions bringing in local and global perspectives.



Grade XII students are busy writing their Mock-1 examinations and simultaneously engaged with their University applications with the support of the Counselling Department. Also, to support the students with their choice of both National and International University, regular webinar/ university fair/ session updates are shared with the parents as 'Opportunities in Ireland Session ' on 10 December 2021, Canada Virtual Education Fair on 17 December 2021 and Virtual Consultation with HKU representatives between 7 December-17 December 2021. Moreover, few of our Grade XII students have also started receiving conditional offers from prestigious universities like King's College, Parsons School of Design and many more

Ms. Renuka Bhasin also participated in the Standardized Testing & English Proficiency Testing Workshop on 16 December 2021. Also, all DP teachers did a brainstorming session on DP Standards and Practices and understood the new framework in their vertical collaborative meetings. Group wise meeting with the Assistant DPC has also started for detailed discussion on better understanding of DP aspects.

Ms. Renuka Bhasin
Asstt. IBDP Coordinator

Clan News

"You learn so much from competitions you gain confidence every time you have to step up and perform".

- Natalie Gulbis

Competitions are ingrained in our lives and they are a part of evolution. For students, competitions provide a myriad of opportunities and they are a platform to demonstrate their talent, a stepping stone to achieving great things in life. Research shows that competition encourages students to work harder and keep learning. Also, in doing so, it increases their self-esteem as well. Online competitions provide an opportunity for various participants to gain more experience, demonstrate their knowledge and skills. Competition plays a role in motivating students to perform and excel and offer a lot more reward than just the winning prize. Competition offers a chance for participants to gain substantial experience, showcase skills, analyze and evaluate outcomes and uncover personal aptitude. Competitions also encourage students to adopt innovative techniques and develop their ideas and expertise. Achievements in any field through competitions can enhance your resume. They provide proof of your capabilities and distinguish you from your classmates. They will put you at an advantage when applying for higher studies or while competing in the job market. Hence, they can offer enduring recompenses for students. There are various benefits of competition.

Competition leads to Excellence

If there is competition among students it inspires each one of them to put in extra efforts to know more, learn more and to excel. Whether it is sports, extra curricular activities or academics, students must have a fire kindling from within that inspires them to become achievers.

Competition Foster Motivation

Consider a scenario in which all students will be promoted without exams. They do not have any motivation to study. Competition also has rewards and this fosters motivation.

Competition brings satisfaction in achievements

Competition may be about reaching the top but it also is a way for achievers to have a deep sense of satisfaction that their efforts have been recognized and rewarded. They feel a sense of pride and rewards born of competition spur them to do even more.

Taking risk

A spirit of competition teaches students the importance of taking a healthy risk instead of only doing activities that they are comfortable with. It teaches students to step out of their comfort zone. Taking risk such as participating in new activities also help build the self confidence of students. This confidence will go a long way helping them as adults, navigating a fiercely competitive adult world.

Competitions provide great platform to display the knowledge and skills you have accumulated over the years. The experienced panel of jury can provide a critical analysis and feedback of your performance. In this way, competitions can prove to be a great source of self-evaluation for students and help nurture their experience and skills further.

Competitions offer many more relishing rewards for students and the chance of winning competitions can only be improved by honing skills and competing in more and more competitions. So, participation is first step towards success. Winning is a good thing and also admirable, but understand that every time winning is not everything. Participation is more important. If you will keep on participating in different competition then one day you will surely get a positive result of your hard work.

"A dream does not become reality through magic; it takes sweat, determination and hard work."

—Colin Powell

Clan Elders

Mac-Arthur, Aderson, Boyd, Lamont



Treffpunkt 2021 was virtually conducted by Modern High school in collaboration with Goethe-Institut. It was a three-day multicultural extravaganza from 16th December to 18th December 2021 with schools from Russia, Pakistan, Nepal and Bangladesh and across the globe. The fest had 180 participants from 32 Schools, German faculty members, workshop trainers and judges and guests from Goethe - Institut and Indo German Chamber of Commerce.

One of the workshops was on creating a photostory where the participants learned about various aspects of photography as



well as expressing their country and culture through a photostory. Our Highlanders Ishaan Das and Ishaan Mittal participated in this workshop with great zeal and enthusiasm.



The second day started with a Graphic Designing Workshop where the participants illustrated the sustainable development goals of the UN using the skill of graphic design. Our Highlanders, Shauryaa Singh and Deveesh Juneja showed their skills in designing a graphical image illustrating sustainable development goals of the UN.



Another workshop was a very exciting Dance workshop where participants learned about the techniques of the Jamaican Street Dance and grooved to the tune of the German music band, Raggabund. Our Highlanger, Darshita Samanta showed her dancing skills on German music.

Go to Goethe

"Go to Goethe!" is a monthly event organized by Maxmueller Bhawan, New Delhi for school students with a focus on aspects of the country in order to give them a broader view of Germany, German and the Germans. Recently, our highlander, Anikait Raj participated on behalf of our school. It took place via video conferencing on zoom and was about the festive season and Christmas. The hosts were part of a German acapella band by the name Aquabella. They were really friendly and kind and made children do many activities related to Christmas. They sang many German Christmas carols, made Christmas decorations and they also told the story of Christmas. Anikait found the workshop entertaining and could broaden his knowledge on German culture.



Food Fiesta

Duration: 20th – 24th December
Grade 4 and 5

"Cooking with love provides food for the soul!"

To bring together the important theme of 'International Mindedness', a fun-filled food fiesta was organised at Scottish High International School for the students of Grade IV and V. The main objective behind the activity was making the children aware of the names of various food items and the cultures they come from. Beautifully showcasing the signature dishes, drinks and desserts of different countries like quiche, chocolate mousse, cookies, croissants, pizza,





crepes, bruschetta etc, the fiesta was a huge success. The students also decorated their dishes and presented them in their respective third language (Sanskrit, French, German and Spanish). Dressed in chef attire and in the native costume of each country the Highlanders relished this flavourful learning experience.

Modern Foreign Languages

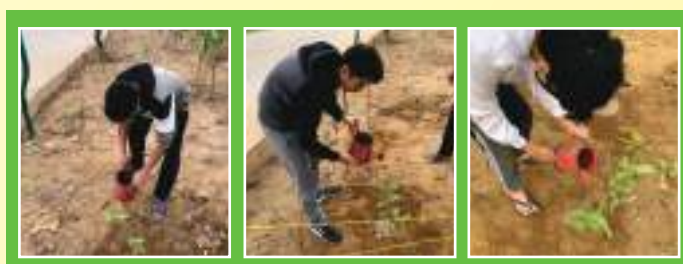
CAS Article

PLANTATION DRIVE IN THE GREEN BELT

In order to contribute towards the improving the deteriorating air quality, three students of Grade XI IB DP Tapvik Magan, Shrey Kulkarni and Savar Bishnoi collaborated in a tree plantation activity in the green belt opposite their society in Sector-50, Gurugram. These motivated highlanders decided to conduct a plantation drive on their own by planting the saplings of shady and fruit trees in the green belt areas near their homes.

Being stuck at home again due to the deteriorated air quality, during the peak of pollution time when the school were closed and the monitor of Air Quality Index turn maroon as the pollution level crossed 300 and became hazardous for all, which forced them to stay indoors and attend the online schooling they all got motivated to do their bit to improve the air quality as they wanted school life back to normal so that they can attend their school again. They went ahead and purchased the saplings and decided to plant them on the vacant land marked as green belt in front of their residential areas. They selected the points on the roadsides as these roads and are quite busy due to heavy traffic and the pollution level are quite high and hazardous. Students collaborated and met one day, and individually dug the pits and planted the saplings firmly, watered them and nurtured them. They are keeping a check on the growth of these plants regularly and watering them every alternate day. They have taken a pledge to look after them till they become self-sustained. Once the saplings start growing and are firmly attached to the soil, their mission will be successful as they have added to the biodiversity of the area in order to have cleaner air and reduce pollution. These motivated highlanders have plans to plant more saplings at a larger scale in the coming monsoon season to increase the green cover of city and improve the air quality.

Continue doing the good work Highlanders



LENDING A HAND AMIDST THE PANDEMIC!

During the lockdown, Highlanders Lavya Kumar of Grade XI DP organized a food donation drive along with some other volunteers from his society. They served hygienically cooked, healthy and nutritious food to the underprivileged and needy individuals on the roads and the service providers, the maintenance staff and guards in their society. They selected the food items, keeping in mind to add healthy fruits and pulses to make a nutritious meal, and got them ordered from a mass kitchen, who served everything packed and sanitized well keeping safety in mind. Students really felt good to do their part as an individual and to help the ones in need through these tough and testing times. They have plans to organize many more food and warm clothes donation drives in the coming winter months, on a larger scale to have a greater, more profound impact on society.



Ms. Kavita Yadav
CAS - Coordinator



THE DIGITAL SHIFT

With the advent of the Internet in the early 2000s, human activity drastically shifted from the physical world to the digital space. With the rapid modernization of technology, our attachment to this very digital space has increased. Smartphones and Laptops have become an essential part of our lives, and humans are becoming increasingly inseparable from them.

The Corporate World has latched onto this notion over the past decade. Four of the world's wealthiest companies primarily started as Technology-based Startups. A significant portion of the world's wealthiest people either own such companies or have founded them. This accumulation of wealth has resulted in a large amount of spending in Research and Development by Private and State Entities into the Technology-Sector. This funding has fueled a corporate race to digitize the living space and shift services and goods online. The most prominent example as of now is the 'Metaverse'. Facebook's flagship project aims to accomplish an imminent goal: breaking the boundaries between the digital and the physical world. The change in the name of the company to 'Meta', despite being only symbolic, indicates a broader shift in the corporate world. The Digital Shift.

Meta's acquisition of Oculus also indicates the role that Augmented Reality and Virtual Reality will play in the creation and facilitation of this digital architecture. A visit to the grocery store or the mall will be initiated by a simple keystroke. It is, thus, interesting to see what the future holds, and how it will impact corporate and public interest.

Divit Chopra

ERA FREE OF FOSSIL-FUEL POWERED VEHICLES

Fossils

Trapped in the segments of time
Caught hold deep beneath the surface
Of push and glide.

Buried remains
Of the dead
Coal, Petroleum and Methane
What about Renewable sources instead?

As the demand increases,
And the supply decreases.

A hike in fuel prices
A higher inflation
A tragic crisis
Where our cost of living is always questioned.

Unearthing, processing
Moving underground deposits
Taking a toll
On our ecosystems and landscapes

Time to pause
And reflect for a cause.

An open mind,
A better vision
It is for us to decide
To use wisely, the resources we've been supplied.

Green Industries
Sustainable trades
A safe and secure future
For the coming decades

Creating shipping routes
Which are zero-emission
A viable option
With no fuel depletion.

Green hydrogen will
Lead to green corridors
A world of electric wheels
Which is easy to afford.

There's a ray of Sun, now a ray of hope
Let us all come together, everyone around the globe
With the UN by our side
Our extinguished fire, let us re-ignite.

Let us all be wise and choose to care,
For the resources are enough, for all to share!!

By Danicca Bajaj, VII-G & Aanya Nigam, VII-C

From Readers to Leaders- Serving the Needy

"The best way to find yourself is to lose yourself in the service of others."

What better to exemplify this quote than the young leaders oftomorrow, who are bringing about positive changes in their own way? Two young Highlanders- sisters Aarna and Hiral Chopra of classes X-IGSCE and V-H respectively have taken up social work. Driven by compassion, they used their own savings to sponsor food and medicines on Diwali for the residents of the Earth Saviours Foundation in the Bandhwari Village of Gurgaon. These included senior citizens, differently-abled people and those abandoned by their families.

The sisters, who are very close to their grandparents, were disheartened by stories of people who disowned their parents in their old age. They looked into the issue more and found countless stories of abandoned parents and grandparents. Realising the lack of awareness around the situation, they decided to educate themselves and others about it. Strong proponents of the cause now, the pair regularly volunteers at the Earth Saviours Foundation, helping feed the over three hundred residents that live at both the Bandhwari and Mandawar branches in Gurgaon. They also donate old clothes that are still in good quality to the mothers at the senior home.

According to Aarna, "the passion to take up social responsibility causes" stirs deep in her. The girls often sit with the residents of the facilities, listening to the wisdom they have to impart from lives lived long and giving them company. They have assured the management that they will continue to support the residents as much as possible. This endeavour on their part should truly be admired and Scottish High is proud to have two students who have the qualities it instills in its Highlanders.

**Tvisha Singhal XI - IBDP
Riti Aggarwal XI F**



BOOK REVIEW - The Story of Your Life by Ted Chiang

The Story of Your Life by Ted Chiang is a science-fiction novella that somewhat reminds me of a piece by Stravinsky. Seamless, like the use of the clarinet, Chiang weaves philosophical ideas into scientific metaphors.

As an aspiring scientific researcher, I couldn't help but appreciate the spotlight shone on a field as unconventional as linguistics. The story delves into the beauty of encountering a language and discovering its intricacies.

The protagonist, Louise Banks, narrates her unborn daughter's life. Through communication with the alien species, her outlook on humanity changes. She starts perceiving her life differently- quite literally. Drenched in the linguist's scientific temperament and motherly love, the story takes a meaningful, emotional dive into the most impersonal of physical phenomena: time.

The plot weaves together two separate time periods, connected through experiences, reflections, and twists of fate in Louise's life. It portrays a lifelong journey, discussing the truth about celebration and hardships, like never before.

Despite knowing the journey and where it leads, would you embrace it and welcome every moment?

The story ends on a note which provokes thought in the minds of readers. It is laden with subtle foreshadowing, making the reader reminiscent of Easter hunts on a sunny April morning. For all age groups, this short novella is an experience within itself.

Twisha Singhal XI - IBDP

WHAT HUMAN QUALITY DO WE NEED MORE AND WHY

Dalai lama once said "Love and compassion are necessities, not luxuries. Without them, humanity cannot survive."

We all have to BE sensitive towards others, and think about the world and be a little selfless. We need the quality of HUMANITY more than anything.

Humanity unites us. Together we can come up with something bigger and better and that is exactly what humanness helps us with.

BUT IN PEOPLE HUMANITY has died in people, they do not do certain actions they could do AT SOME POINTS and help someone.

They keep on murdering each other and fighting with each other.

The invasions of several countries and empires in the history of India did teach us that being united will be very much helpful. Kings in India used to fight with each other. The foreign powers took advantage of that and invaded India, then the citizens realised that if they would have been united then they could have fought against the and prevent India from being ruled under the British rule.

We did get a lesson but we are not using that today.

People are privileged enough to be educated, to live a good life, to get food every day, and to have a job for earning. But what about the people who don't. We often present speeches and give presentations on helping poor people but we never use it reality.

We know that if we keep on helping the poor people and giving them money straightaway then they will never try to get a job and earn for themselves. Mostly jobs need people that are educated which poor people are not. Something that we can do is to teach them some skills, and some techniques which jobs require so that they can earn themselves instead of begging.

Whenever some accidents happen, people surround the person and click pictures and videos. But nobody tries to send the injured person to the hospital. THIS PROVES THAT HUMANITY HAS DIED IN US. But now is the time to bring it back and make the world a better place to dwell where people care about each other and no negativity is there.

"WE ARE AT OUR BEST WHEN WE SERVE OTHERS, SO BE CIVILIZED"

Some years back, an anthropologist Margaret Mead was asked that what was the first sign of civilization in culture and she said that was femur that had been broken and then healed, which meant that someone had helped the other person who was hurt that is humanity. That is how we have to be today.

That one quality that the humans need is HUMANITY ITSELF. AND IT HAS A LOT OF IMPORTANCE.

"BEING HUMAN IS GIVEN, BUT KEEPING OUR HUMANITY IS OUR CHOICE"

Akanksha Mallick, XI-D ISC

The Calm Before They Score

October is the month of change. When autumn bids adieu and winter makes its way in, and for the girls at Scottish High, a very welcome change is going to take place. Twisha Singhal and Sarah Goyal, two students of grade 11, are planning to start the very first girls soccer team in our school. And after getting more people on board and gaining the support of Darshan sir and many more teachers, their dream finally comes into fruition.

Now, every morning on our school grounds, a group of girls can be seen building their fitness and enthusiastically learning about soccer under the guidance of Rahul sir. They appear on the most chilly and wintry days, freezing, and yet most of them shiver with excitement and not the biting cold.

With burning legs and heavy breaths, the students take rounds of the ground whilst dribbling a ball between their learning feet. Familiarity and trust in their limbs is the first step in playing this game well. By the end of their regime, the cold is a forgotten sensation and their bodies are now warmed up for a good old fashioned soccer match.

With some misses and some exciting goals, winners are declared and in true sportswomanship spirit, everyone cheers for the winning and losing team. At the end of the day, they are together, a team.

While the students are still learning, I have faith that their determination and eagerness will result in a team that will make our school proud.

After all this is just the calm before they score.

Review By: Samiha Bellani, XI - F



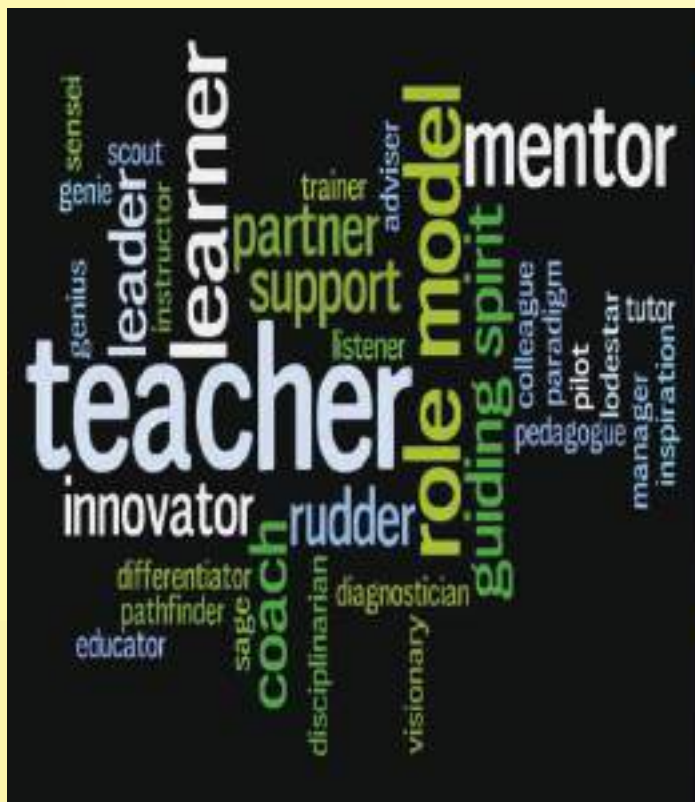
From Our Budding Writers

Happy New Year

We are thinking about resolutions,
Do we ever fulfil them or find a solution?
According to me the best way to start a new year is to be
happy and do what you like,
Enjoy and smile, time to time.
A new calendar has started today,
Almost every country is celebrating,
A light is shining right ahead,
Every year we do something that is Victorious.
Every year has its own highlights,
I hope this one is not a rollercoaster on which we have to
hold tight,
Everywhere the feeling of hope is shining,
At the perfect timing.
The lights are shining,
No frowns, no whining.
New year is here,
Happiness Everywhere, Happy New Year!
Sia Aggarwal, VII-F

Sudoku

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| 6 | | | 1 | 9 | 5 | | | |
| | 9 | 8 | | | | | 6 | |
| 8 | | | | 6 | | | | 3 |
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| 7 | | | | 2 | | | | 6 |
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| | | | | 8 | | | 7 | 9 |



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Ms. Sudha Goyal



ICSE/ISC BULLETIN

In view of the continuing pandemic situation in the country, the CISCE had carried out an extensive exercise of syllabus review at the ICSE and ISC levels. In addition to reduction of syllabus, the CISCE followed modified assessment plan and divided the Academic Session 2021-22 into TWO semesters, with approximately 50% of the syllabus being covered in each semester.

Semester I Examinations were conducted in the month of November/December 2021 based only on the portion of the syllabus specified for the First Semester. The exams were conducted offline, within the school premises. All Covid-19 safety protocols were put in place before the commencement of the examination. The seating plan in the Examination Hall was so arranged that all the desks were placed at a gap of six feet between two candidates, in all directions.

Grade X ICSE exams were conducted from 29th November to 16th December 2021 in morning shift from 11 am to 12/12.30 pm. Grade XII ISC exams were conducted from 22nd November to 20th December 2022 in afternoon shift from 2 to 3.30 pm. As the Semester I Examination was in the MCQ format, the students were provided with Question Paper-Cum-Answer Booklets to attempt the paper. The question papers were of 40/50 marks for ICSE and 70/80 marks for ISC. The papers were evaluated by the Examiners appointed by the Council at the Examination Centre only.

Barkha Anand,
ICSE/ISC Coordinator

CAMBRIDGE LOWER SECONDARY ORIENTATION - GRADE V PARENTS

The Cambridge Orientation for grade V parents was conducted spread awareness and empower them to choose the best for their child for the next academic session. It was held from 30th November to 3rd December 2021 in the AV room as scheduled. The parents were enthusiastic and participated in the interactive session wholeheartedly.

Our school offers a dual curriculum: Cambridge Lower Secondary and the national standard. The Cambridge program focuses on developing research, analysis, evaluation and skills along with clear abilities to reflect, collaborate and communicate. The program also strengthens the links across core subjects such as English, Mathematics, science and ICT. Parents were very curious to learn about the future prospects of their ward if they chose the Cambridge Programme. It was explained that the Cambridge Curriculum is an International curriculum run by the Cambridge Assessments International Examination (CAIE). This program has a wide curriculum specifically tailored to the needs of students from diverse backgrounds, with an assessment system appropriate for students of all abilities. This is a world-renowned qualification which opens doors for further studies in the world's best universities and careers around the world. The parents were happy to know

that the Cambridge curriculum is flexible can offer a combination of desired subjects and adapt the content to suit our context, culture and ethos. Parents were assured that this program provides an easy transition for students doing PYP in grade V and enhances the skills learnt so far. Cambridge Lower Secondary provides a natural progression from primary education, helping to equip our children with the knowledge and skills needed for life.

Information regarding computers that helps learners understand how computers work and the core concepts of coding skills and languages such as Python was disseminated. A new subject called Global Perspective was introduced, that will help students in thinking scientifically and develop practical skills alongside their traditional studies. After the presentation, queries of the parents were answered to give more clarity regarding the curriculum.

Overall, it was a fruitful interaction that left the parents satisfied with the information shared.



YEAR END BONANZA OF EVENTS AT SCOTTISH HIGH INTERNATIONAL SHISTECH

17th-19th December 2021

Scottish High International had the privilege of presenting the first edition of SHISTECH on virtual platform and hosted 360 participants from 27 schools. Working only with a team of 17 students and 3 teachers, SHISTECH has created a passionate community and managed platforms on five different services - Discord, Hackerrank, Zoom, Exam.net and Valorant, conducted 42 rounds of exhilarating competitions and coordinated 115 submissions of events with the latest attuned topics.

It was an event which exhibited the Highlanders capacity of coordinating, organising and executing such an event in spite of all the snags faced by them. The planning which required multiple test runs was undertaken both by the teachers and students enthusiastically. As every aspect was cared for, it was successfully concluded with prodigiously positive feedback.

It was an event which was a tremendous success which has been made possible with the support of school management and core team.





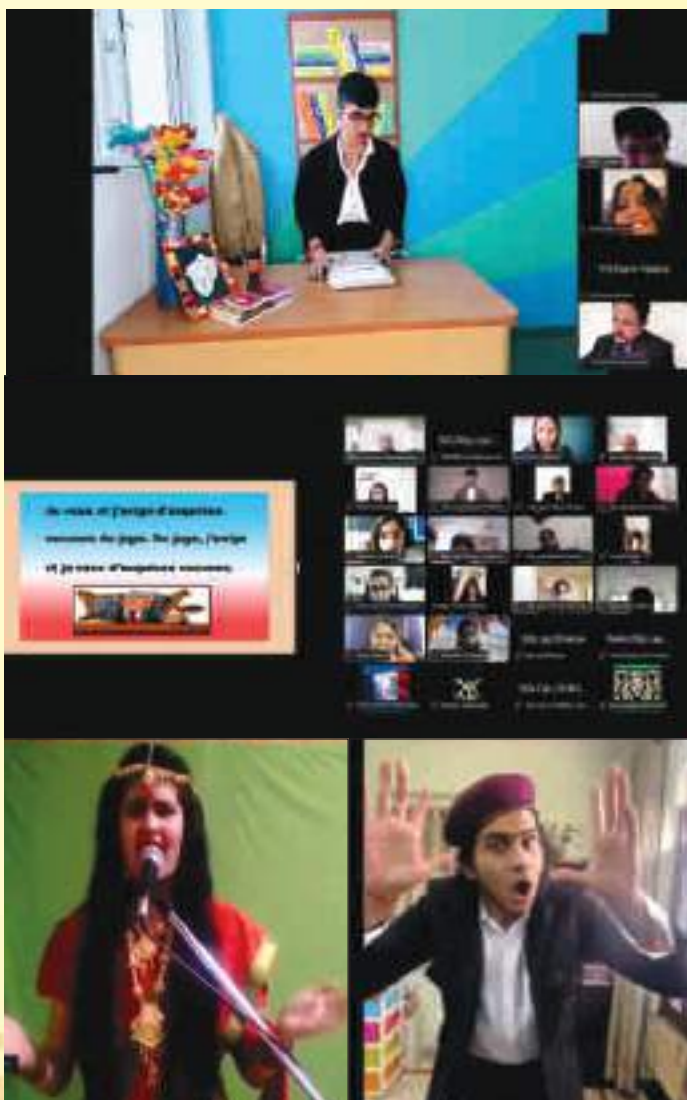
SHISFEST

21st- 22nd December 2021

The maiden edition of SHISFEST 2021 was primarily a student-led event that hosted forty plus schools from across the globe and where 600+ students participated in fourteen enriching competitions held across nine academic and cocurricular disciplines.

The extravaganza was a result of more than two months of meticulous planning and collaboration between every department at Scottish High. The fest began with a splendid opening ceremony, followed by twelve online competitions that were conducted simultaneously on the Zoom platform. The second day too progressed smoothly as planned and the event concluded with a commendable closing ceremony with result declaration.

We received an overwhelming positive response from schools in the Middle East, Africa, and Singapore. This expanse of geographical representation gave SHISFEST the largest outreach seen by a school event in the NCR Region. The praise echoed beyond just the participating schools, as hundreds of students spectated the event live, and thousands were reached on social media.



WATER AIR EARTH FIRE

**Water, air, earth, fire
Tell me what you desire**

**Choose water
You'll always have a laughter**

**Choose air
You'll be fair**

**Choose earth
You'll increase your worth**

**Choose fire
You'll get your desire**

**Choose any one
If you want to have fun**

**And if you choose none
You'll still be Number 1!**

**Naisha Garg
Grade I-I**

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Golf Article

ANITYA'S TIP OF THE MONTH

Start Back Swing on the Correct Plane



Having discussed the case where the backswing starts too much to the inside and too much to the outside, let's have a look at how to take a correct backswing on plane and the position that it should come to. The best way to start the backswing is to get the core of the body, the arms and club to move together in one unit and stay connected. Very often, we see that the hands and arms take the club away and get disconnected from the rest of the body thereby putting the club in wrong positions.

In the picture, I have shown how the club has been taken up to the 9'O Clock position

correctly with a body turn and the wrists have started to hinge. There is an alignment stick kept on the floor to show the target line and my body always sets up parallel to this line. A great check point here is to see that the club shaft is approximately parallel to the alignment stick on the floor when it reaches this position. You can also see that the club's face is almost pointing 90 degrees to the ground or a little bit towards the ground. This is a square club face and the club is pretty much on plane at this point.

Getting into this position will make it easy to get into a on-plane position at the top of the backswing and go a long way towards becoming a good ball striker

**Compiled by
Ms. Ankita Jain
Golf Coordinator**



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