



From the **DIRECTOR'S DESK**



BIAS

Bias is a factor that plays an important role in the way we understand things. As spoken by Samuel Johnson, "Bias and impartiality is in the eye of the beholder," which implies that bias is only an influencing factor and the decision to be influenced is not mandatory. Bias is a fundamental part of human nature which influences our day-to-day actions. For example, consider a person's preference towards a specific cereal brand. This is a positive effect of bias, enabling a person to be biased towards something and finding happiness in it. But, in a different perspective, they are restricting themselves to eating only a specific type and not trying out other options. That is a negative effect of bias where a person is stuck on their beliefs to such an extent that they are not willing to try out and give a chance to other ideas and items.

Bias pervades all aspects of our lives, whether we acknowledge or not. What we fail to realise is that bias also appears to have a positive impact on our perception. Take, for example, a survey conducted to understand how the general public feels about the current president. The survey is meant to be representative of the opinions of the population, expressing their biases. Here, the biases of people tend to be favourable as the President is a woman and from the minority, helping her to be seen in a positive light despite people not knowing much about her.

The negative connotation of the word 'bias' has affected our understanding of it severely. There are instances in the past and the present which show the existence of bias in negative situations, but we must not undervalue the importance of bias in human life. Bias is inevitable and will proceed to affect human life in every way. The only aspect which remains important is our ability to differentiate positive from negative bias.

Ms. Sudha Goyal
School Director

LET US RAISE MENTALLY TOUGH KIDS

"Mental strength separates champions from near champions" - Rafael

In today's world, along with skills that will help us to achieve our goals we need mentally tough people to be able to survive all the tensions and anxieties that comes from real life situations. Therefore, it is imperative that we help our children become mentally strong to face all kinds of circumstances.

Kids who are mentally strong are able to tackle challenging situations and can bounce back from untoward experiences. Covid years have taught us to teach our kids to be prepared for an unpredictable future. Therefore, now is the time to consciously prepare grounds for sound mental development of students at every age with the support of adults around them.

So what can we do to develop mentally strong kids? There are many ways in which we can help students build mental muscles. First of all is to model mental strength at home, let children see how a tough situation is controlled by setting real life examples. Kids learn to respond to different situations by watching adults around them, hence we need to be cognizant of our own mental toughness and work on the areas of improvement. We need to show our kids how to face their fears. If they avoid their fears they

will never gain confidence to handle uncomfortable feeling. Letting the children know why it is okay to have fearful thoughts and empowering them with strategies to overcome them is the most important lesson we can teach them. Cheering them on by praising their effort every time they try to be brave can also work wonders.

Using consequences that teach specific skills such as problem solving, impulse control and self-discipline can help little ones a lot. These skills will help them to learn to behave productively even when faced with temptation, tough circumstances and difficult setbacks. Letting them deal with uncomfortable emotions on their own will make them independent of adult supervision and face any challenging situation. It can be tempting to help a child whenever they are struggling, but rescuing them from distress will reinforce to them that they are helpless. With support and guidance struggles can help our children build mental strength and strong character.

Ms. Seema Bhati
Primary School Principal



PYP

NURSERY

Back from the summer vacation, the young Highlanders of Early and Primary Years, fresh and rejuvenated, displayed eagerness to learn, explore, discover, and grow from the varied learning experiences offered to them in school.

The Nursery students began their exploration under the Transdisciplinary Theme - How we express ourselves. A Gallery Walk through the simulation area set up with different and innovative corners had the children hooked on immediately and sharing their feelings about play and their favourite games excitedly. In the coming weeks, exploring and working in these simulation corners, independently and sometimes in small groups will be used to bring forth conceptual understanding and encourage the learners to be risk-takers and open-minded in terms of exploring new games and play at these work stations. It will help in inculcating a feeling of cooperation, fair play and learning to play by the rules and most of all provide them with Agency - to explore, discover, manipulate, experiment, create and form new understandings.



KINDERGARTEN

The Kindergarten students began their inquiry about one's body with a focus on learning about different body parts and their functions while inquiring about personal, physical and social health under the Transdisciplinary Theme - Who we are. The unit, relevant for this age group, is encouraging the learners to focus on health and hygiene. The students did a self-check to assess their actions and made a promise to be more responsible in taking care of one's body. In the coming weeks they shall be delving into sense organs and the importance of taking care of them for one's well-being.



GRADE I

The young Highlanders of Grade I returned to school after summer vacations with great enthusiasm and were all set to move forward with their journey of learning. Under the Transdisciplinary Theme - Sharing the planet the learners understood their responsibility towards, 'Mother Earth' and how living beings are interdependent on each other. They enhanced their knowledge of living and non-living beings by visiting a botanical garden and later reflected their understanding through different strategies. They strengthened their research skills by conducting a survey on how they are dependent on others and shared their findings through a presentation.



GRADE II

Teaching children about the natural world should be seen as one of the most important events in their lives

– Thomas Berry

.....and that is exactly the thought echoed by the young learners of Grade II as they delved into an inquiry into different landforms around the World through the Transdisciplinary Theme 'Where we are in place and time'. Exploring the magical world we live in, a field trip to the serene 'Leopard Trail' in the Aravalli, awakened their senses to the calmness of tree laden hills, rocky paths, still ponds and bustling plains. To reflect on their understanding of layers of the Earth, they created an innovative 3D model of the same. The agentic learners designed a landform of their choice using waste material. The children developed international mindedness as they discussed the landforms and waterbodies from on our incredible planet.



GRADE III

Grade III inquired into communities, cultures and ways in which, individuals, groups and societies interact with each other under the Transdisciplinary theme - Who we are. Through a hands on activity, learners shared their perspective on responsibilities in the school dining hall, classroom and at home. Connecting with audio visuals and brainstorming sessions, they became aware about being a good citizen of the class and making their classroom work as a community thereby enhancing their self-management skills. Prioritizing their rights through the Ranking Ladder strategy enabled the students to reflect on the importance of rights. The connection between rights





and responsibilities was established through a visual thinking routine strategy and students comprehended that with every right comes a responsibility. Their critical thinking skills were brought to fore when they pondered on the question 'If there were no rules?'



GRADE IV

The unit of inquiry under the Transdisciplinary theme - Sharing the Planet enabled the learners to comprehend that children worldwide encounter a range of challenges, risks and opportunities. Learning about child rights and responsibilities was quite an enriching experience for the students of Grade IV. Being agentic learners they observed pictures of children caught up in different situations, and reflected their viewpoints through the Bus Stop strategy. Some real-life scenarios that were put forth assisted the learners to engage in critical thinking to understand the circumstances and portray them through posters. The various charts showing data on child rights globally helped the students to be briefed on the factual situation through the concepts of form, function and perspective. Using various ICT tools, the students created a project in collaboration with their team members and gave a meaningful presentation that spreads awareness and knowledge.



GRADE V

Under the Transdisciplinary Theme -Where we are in Place and

Time Grade V students conceptualized the key concepts as well as the related concepts of change and continuity, by understanding the relevance of studying and analyzing the past, thereafter learning from the mistakes made in the past and making a better today. The characteristics of civilization made learners grasp that advancement in technology and our cultural beliefs are an integral part of our societies. Learners enhanced their creative thinking skills as they imagined and went back in the past and explored the civilizations of those days. They also inquired on different areas of their lifestyle, compared, analysed and found commonalities between ancient and modern civilization about their geographical location of settlement, religion, art and architecture, political conditions, economy and specialized skills using the GRAPES strategy. They showcased knowledge of the characteristics of civilizations and societies in the ancient times then shared interesting facts that fascinated them by researching and recording their findings. They also visualized and predicted the futuristic civilization of their chosen city.



The best memories are made at Summer Camp...

The much awaited summer camp at Scottish High, back with a bang after a long hiatus, the 'Summer Extravaganza' was held from 30th May to 10th June, 2022. With an aim that the young kids come together and have fun, develop a sense of comradeship and independence, there was much to offer to the Highlanders to add to their repertoire of skills. Providing the children with a perfectly balanced and a safe and secure environment, the students at the summer camp gained self-confidence and developed social skills as they bonded with other members in the group. Enriching and fun filled sessions like storytelling, clay moulding, movie time, puppet show, karaoke and jam along, creative movement and aerobics, cooking without fire, games, horse riding, art and craft. Physical activities like swimming, yoga, taekwondo, golf and much more, the Summer Camp was a hub for playful and engaging activities. The right blend of engagements offered opportunities for learning and laughter; gave the children plenty

of exposure to explore, discover, be imaginative and creative, develop leadership qualities, enhance confidence and hone their interpersonal skills. Special attractions like the Potter's Wheel and Bouncy not only gave vent to the children's creative aspirations but provided an opportunity to be playful and gleeful.



The camp included in its fold a holistic approach towards a fun filled yet an engaging time spent while creating a lifetime of fond memories.

BETWEEN THE PAGES OF A BOOK IS A LOVELY PLACE TO BE...

Library Week was celebrated from 18th July to 22nd July, 2022 in Early Years. It is rightly said that reading is like dreaming with your eyes wide open and it really came true this week. Exposing the students to a range of books not only left an impact on their reading skills but also helped them strive to be better communicators. It opened a range of possibilities to be creative in their thinking, be imaginative and travel places through different books. The dedicated reading corners in the classrooms proved to be useful outlet for their exploration too. Story narration and role play sessions and having parents in as

volunteers, as part of the learning community, coming in to read stories to the little ones during this week was magical and exciting. The week culminated with the students celebrating 'Dress Up Day' wherein they shared their perspective by dressing up and impersonating their favourite story character, enthusiastically.





The future belongs to those who prepare for it today. -Malcolm

Our Highlanders made us proud by achieving ranks and bring laurels.

CONGRATULATIONS TO ALL THE WINNERS.

S.No	Name of Participant	Grade	Olympiad Rank (All India)
Silver Zone International English Olympiad			
1	Saanvi Ahuja	II	1 st Rank
2	Krishang Taneja	III	2 nd Rank
3	Keiara Parnerkar	III	1 st Rank
4	Advaya Rathee	III	1 st Rank
5	Avikaa Parnerkar	III	1 st Rank
6	Gurasis Kaur	IV	1 st Rank
7	Aarna Gupta	V	1 st Rank
8	Samarth Pant	V	1 st Rank
Asia International Mathematical Olympiad (AIMO)			
9	Ronay Bandopadhyay Bhattachary	II	1 st Rank
Silver Zone International Mathematics Olympiad			
10	Saanvi Ahuja	II	1 st Rank
11	Advay Rathee	III	1 st Rank
12	Avikaa Parnerkar	III	1 st Rank
13	Gaurika Sharma	IV	1 st Rank
Silver Zone International Informatics Olympiad			
14	Aaishi	V	1 st Rank
Silver Zone International Reasoning Olympiad			
15	Roopam Sarkar	V	2 nd Rank
Science Olympiad Foundation International Mathematics Olympiad			
16	Taksh Pareek	V	1 st Rank

Deputy PYP Coordinators

Medley Of Activities



*"Creativity people are curious,
flexible, persistent and independent
with a tremendous spirit of
adventure and a love of play."*

Henri Matisse

It's every parent's concern: What's the best way for your child to spend his or her free time during summer and school breaks? To some, it's a time for children to play and have fun. For others, it's an opportunity for kids to hone their studies or learn new skills. Creativity goes hand in hand with imagination. It is also crucial to problem-solving, thinking outside of the box, and being able to immerse oneself in many pursuits, such as art, dance & music. Being able to think & express creatively helps to broaden the mental horizon and helps them to understand their inner thoughts, feelings, likes, and dislikes. This year's summer camp includes Pop-up cards, Water colour artwork, Bottle designing, Abstract painting on canvas, Clay work, Tie & dye and leaf printing designing their own gift wrapping paper. Around 65 students participated in the art and craft activity summer camp, all were very curious to learn the new projects and did wonderful work. We send campers home with their finished projects to keep, fulfilling a sense of achievement and completion, as well as a newly found form of self-expression. "They learn to follow through and finish a project, and are proud of themselves. They can't wait to show off and leave with something tangible to keep, remember and share." Overall it was a great fun and memorable experience for all the students. In the month of July, Grade I students were introduced to Puppetry art form related to the unit of inquiry "How we express ourselves". Young Highlanders were shown videos to make them understand how different puppets are used to narrate a story. Brainstorming on different types of material and puppets was done. Further, they will be making the puppets for their composed story. Grade II students are learning how to draw fruits and vegetables, later they have coloured them in mosaic technique by using warm and cool colours. Grade III students learnt how to do scratch art. All the students have made beautiful compositions. Grade IV students brainstormed on the essential agreements while designing a poster related to the Transdisciplinary Theme, "Sharing the planet" keeping in mind the social issues like Child Labour, Education for all, Gender equality, Food for all, Save tigers etc. Grade V students started designing a card by using the motifs and the patterns of a civilization of their choice related to the Transdisciplinary theme: "Where we are in place and time". They also discussed and framed a check list for self-assessment. All the students have done wonderful work with more sincerity and creativity. In middle school, Art students continued making their mural art and drawing compositions using medium of their choice. Whereas, in Craft optional activity, students started learning how to do Dot art, Lippan art and Thread art. Highlanders are trying to do their best. On the other hand, inter clan drawing competition was held for Grade VII on the theme "My role as a social volunteer". It was a good experience for the Highlanders





Ms. Amita Gahallot
HOD Visual & Performing Arts



"The body says what words cannot."
— Martha Graham

One of the most basic motives of dance is the expression and communication of emotion. People dance as a way of releasing powerful feelings, such as sudden accesses of high spirits, joy,

impatience, or anger. Western dance summer camp 2022 was a fun experience for all the students. Total around 75 students participated in the summer camp. We learned Zumba exercises Aerobics. We also learned Bollywood and Western Dance form like Jazz funk, Street hip hop, Rock & roll on different songs. Some of the techniques taught were Moon walk, Hand wave, Biz Markie, Shuffle, Jack & wave, Hand & leg coordination. All the children enjoyed learning dance and also received feedback on where and how they can improve their performance. Overall it was a fun, enjoyable and memorable experience for all the students. In the month of July, our Highlanders are learning



dance on Patriotic songs & are being trained in some beautiful dance forms for Independence day event. On 30th July, for MUN our senior students were trained in classical dance and gave a wonderful performance in front of delegates.

Ms. Shreewarna Rawat
Dance Instructor



“We rise by lifting others” - Robert Ingersoll

Western music summer camp 2022 was a fun experience for all the 20 students. Students learned vocal exercises involving solfege and voice control. They also learned pop and rock songs like A Million Dreams by Imagine Dragons, Uncover by Zara Larsson, Unstoppable by Sia, etc. All the children sang on the mic for their peers individually and also sang together in the choir. We also hosted recitals where the students were asked to prepare and sing their favourite songs and received feedback on where and how they can improve their performance. Overall it was a very engaging, informative and fulfilling experience for everyone.

Whereas, the new session after the summer break started with a lot of enthusiasm and energy leaving behind the Covid worries. The western music band was busy preparing was a music concert 'Soul beats 2022' which was a charity show in aid of the vision and physically impaired children. They performed to a packed audience and was given a thunderous applause. Now we are preparing for the front desk programme for grade 4th as well as Independence Day event to be held in the school. Music is everywhere in Scottish High!!



Tony Fernandes
Western Music Teacher



“You can make anything by writing”
- C.S. Lewis

Students of Middle School continued the play making process which they started before the summer break. Students divided themselves in different groups where they created a story from a concept and taking it further wrote a script based on the story. Auditions were conducted for various roles according to the script, direction of the play was done within the class with focus on presentation and scene blocking. In the end, students presented the play in front of the whole class. Everyone enjoyed the performance and gave their critical feedback.

On the other hand, inter clan monologue competition was held on 26th July, 2022 for Grade VII. It was a good experience for all the participants to perform on stage after 2 years of break.

Rohit Kumar Kalra
Theatre Arts



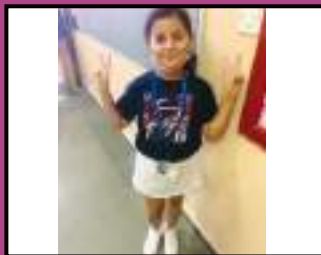


Modern Foreign Languages

The month of July witnessed two major events in the MFL Department.

The MFL department celebrated The Bastille Day or the French National Day on 14th July 2022, Thursday. The students from Grades IV & XII participated enthusiastically in the different activities designed for them. All the students learning French language wore small French flag indicating their zeal of accepting and appreciating the new culture.

The Primary students wore different attires of the colour of French flag and shared beautiful facts, tongue twisters and rhymes as an oral activity in the target language along with book mark and card making activity. The students from other Grades made book marks and posters depicting what French language means to them. The students of Grades IX & XII prepared various French tongue twisters and presented them in the class. The students took part actively in all the activities, while learning more about the language and the culture at the same time and their zeal of continuing French language was prominent.



Inter Clan Modern Foreign Languages Spell Bee Competition

The Inter Clan Spell- Bee competition for Grade VIII students was organized by the MFL Department, in the school auditorium on Wednesday, 20th July, 2022. The students participated with great enthusiasm and enjoyed the challenging questions. As it is said that accurate spelling is one of the sub-skills of writing, this competition not only helped the Highlanders in enriching their vocabulary bank but also helped them in developing self-confidence, communication and public speaking skills, and the ability to thrive under pressure. It also helped children to develop correct respective foreign usage along with building up self-confidence and more importantly the fun element involved in the competition.

Bravo and well done to all the Highlanders!!



Ms. Isha Verma
HOD – Modern Foreign Languages
& Middle School Coordinator

Middle School (Class VI to VIII)

Mother Teresa rightly stated that “It's not how much we give but how much love we put into giving.”

Social work is an act that gives happiness and a kind of satisfaction. The importance of charity has been mentioned in our ancient mythological books. But there are very few who follow. Social work or charity is something that should be done



by heart and only by those who really want to help others. This has been well understood and executed by our Highlanders Ayaan Gulati and his friend Avyaan Sachdeva of VI CS B. They had an idea that it can't be done alone but together they can do much, so they created posters calling out their intentions of helping the under privilege and used their zero period to go to different classes, pin the posters on their notice board and encourage them to make donations (unused stationary, books, pens, colours, pencils). They got an overwhelming response from every class. They were able to collect 100+ Pencils and 50+ colours, 20 books, 50+ pens, a big bag of erasers, sharpeners and highlighters. Ayaan and Avyaan went to a school run by an NGO, UPAY (Underprivileged Advancement by Youth). They were lucky enough to find kids of different age group who studied in that school. They felt proud of themselves as there were able to bring smile on their faces by giving out goodie bags made out of all the collected stationary.



Ms. Isha Verma
HOD – Modern Foreign Languages
& Middle School Coordinator

IGCSE

WELLNESS RETREAT

Holistically is a group of Highlanders from Grade X-IGCSE, students of Global Perspectives. The group comprises five members: Hiranya Khatri, Tulika Rathod, Dhruvi Bajaj, Arohi Handa, and Tridiv Sharma. The main focus of the group is various types of Alternative, or Complimentary, forms of healing and they aim to help others understand it better in an informative and engaging way.

Recently, more spotlight is being shed on said alternative healing methods in lieu of the ongoing pandemic. It has been compared with allopathy over the course of various years. Since the pandemic began, people started exploring more ways of healing themselves and the community.

The reason for the group choosing this specific topic is because it intrigued them and made them think about why people are opting for it and to educate more people about it and to showcase its importance. When introduced to the team project, the group instantly started jotting down unique and interesting topics to work on and landed on 'Alternative Healing'. Next came the long meetings, several discussions on the upcoming

projects including social media content, surveys, and other engagements. After the period of 6 months, the outcome of the project will be presented. The group aims to reconvene thrice, if not more, every week to stay up to date and active with their topic. Massive amounts of research is being done and the group is moving forward with their project swiftly. As a team, they learn about other people's viewpoints and various other cultural perspectives.

The group promotes their project by the use of social media platforms namely Instagram ([.holistically.](#)) and YouTube (Holistically) by educating people about their topic in a way that engages their audience and to spread awareness, as well. They will be hosting a campaign regarding alternative healing in public places to ask people what their perspective is and to gather data for their outcome, as well.

Some alternative healing therapies they have covered till now are:

- Naturopathy, a combination of traditional and modern methods which provides benefits of both.
- Homoeopathy, a medical system that believes the body can heal itself.
- Aromatherapy, a technique which uses scents to heal through the olfactory senses.
- Ayurveda focuses on the body as a whole.
- Reiki is said to transfer "universal energy."

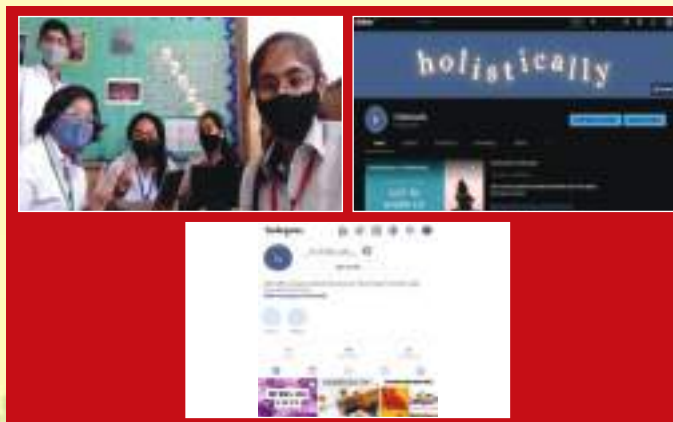
Alternative medicine is considered by many to be better than allopathy, or at least they prefer it. An example being that ayurveda has no side effects, unlike allopathy. Because of the growing trend of alternative medicine and healing, more and more people are discovering the advantages of other medicinal fields which unlike allopathy, have lesser or no side effects.

Alternative healing has a myriad of benefits. Some of them are:

- A stronger immune system
- Fewer side effects
- Personal attention
- Whole-person treatments

"I also loved the fact that Ayurveda has remained unchanged for thousands of years, yet it still continues to work wonders worldwide—whereas modern medicine comes up with a new health headline every month, often contradicting studies from a few months ago. The steadiness of Ayurveda trumps the fickle nature of modern medicine any day."

- Niti Sheth



Ms. Maitraiye Sharma
Team Mentor,
Global Perspectives Facilitator



ICSE - ISC Bulletin

“THE HARDER YOU WORK FOR SOMETHING, THE GREATER YOU’LL FEEL WHEN YOU ACHIEVE IT.”

Council for the Indian School Certificates Examinations declared the 2022 Board Examination Results in the month of July. The students of Scottish High have always been front runners and this year's result has proven how hard work and determination always pays off.

SHIS has been able to continue its odyssey of success with the stupendous Class X ICSE and Class XII ISC 2021-22 board results. Students secured outstanding scores with 100% pass results in both ICSE and ISC Examinations.

We are exceptionally proud of the Class XII (ISC 2021-22) board results, where our Highlanders have reached the pinnacle of success and have made their parents and teachers ecstatic of their results.

Anandita Misra is the ALL INDIA RANK 1 with 99.75% marks.

Aditya Misra is the ALL INDIA RANK 2 with 99.5%.

Khushi Gupta, Tatva Amogh Rawal and Sonakshi Pandit are the ALL INDIA RANK 3 with 99.25%.

The Science stream topper is Anandita Misra with 99.75% marks; The Commerce stream topper is Sonakshi Pandit with 99.25% marks whereas The Humanities stream topper is Taanisi Soni with 98.75% marks.

The students of Grade X ICSE have also exhibited their ability to perform extremely well in all exams. Their diligence and focused approach resulted in such a grand success for them, in all subjects.

Aaryan Gupta topped the Grade with 99% marks; Stuti Khanna attained 98.8 % whereas

Sharanya Pandey and Shourya Mathur were both awarded with 98.4%

Exceptionally proud moment for the whole SHIS fraternity! Congratulations once again to all the students for their dedicated efforts.



Ms. Barkha Anand
ICSE/ISC Coordinator

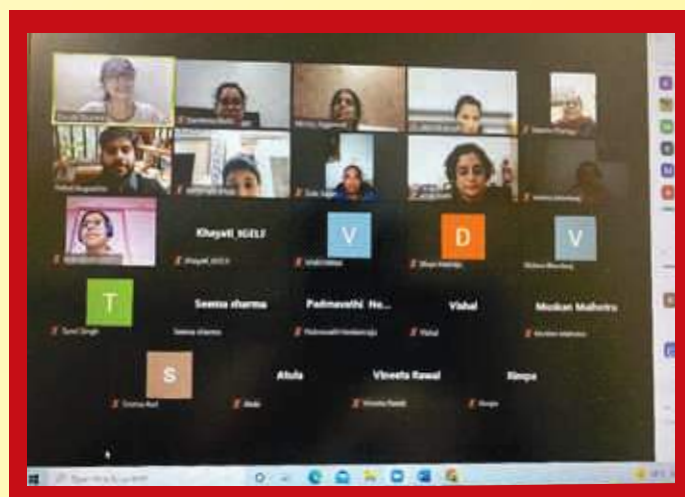
tGELF

REPORT ON tGELF PROGRAM

The tGELF program started in full swing in this session after a long gap because of the pandemic. The first agenda of this session was to impart training workshops to the teachers conducting tGELF sessions in our school. Online tGELF training workshops of Grades VI & X teachers were held in the month of May, 2022 using the Zoom platform by tGELF trained professionals who briefed them about different modules. tGELF seeks to nurture 21st century leadership and entrepreneurship skills based on ethics, altruism, and a bias for action in young individuals through a unique curriculum developed in collaboration with the Graduate School of Education, Harvard University, and Teachers College, Columbia University, USA. The teacher workshops held by trained professionals used state of the art methodologies. It was an activity based, experiential and interactive session which not only empowered the teachers to facilitate the tGELF leadership curriculum sessions, but also enhanced their pedagogical styles so that they can make their subject lessons more engaging and the learning process more enjoyable for the student. The training helped the teachers to identify, select, support, monitor, mentor, evaluate, connect and empower ethical and altruistic leaders through partnership with communities and organizations at all levels committed to improving the inner and outer state of the world. All the questions of students were answered in the meeting. It was a fruitful session for all. Following this the physical sessions commenced from the 18th July 2022 in Grades VI & X based on their tailor-made segregated curriculum. Students are enjoying the curriculum and showing promise of imbibing all the objectives of tGELF.

Along with this the students also registered for their annual festival; Harmony 2022. Students from Grades VI & XII auditioned and participated in competitions like International Trade Challenge (ITC), Company of the Year (CoY), Youth Leader, Magic with Colours and Reel to Real Challenges. The competitions are distributed over many preliminary rounds and replete with training workshops too. The ITC entry although didn't get any position but was a tough contender among many deserving ones. The other competition entries are still in the submission and evaluation phases.

Overall, the school and its students are constructively involved in the learning and applying of the unique offerings of tGELF



CAS

Book Buffet: Books For All

Millions of children in India do not have the financial means or accessibility to purchase books they wish to read, in contrast, some people have those same books within their homes lying unused. Realizing this fact, as a part of their CAS Initiative, the Highlanders of XI IBDP organized a book collection and donation drive called Book Buffet, to support the education of the less fortunate children who do not have access to quality reading material.

Highlanders diligently collected books, notebooks, and stationary from the Grades VI & X. The students were incredibly successful and able to accomplish their goal of collecting over 800 books of various genres and Grade levels. They worked together as a team, each of them playing various roles, including creating the poster, giving small talks to spread awareness collecting books from the classes, communicating with the NGO and helping to organize the books into various boxes, and arranging the pickup of the books from the school. These books will be donated to underprivileged children for their academic development, through the NGO “Books for All”, which works with the NGO Guzarish.

Through this, students hope this can positively impact the underprivileged students, and enable them to earn a better education, helping them to gain knowledge and this can perhaps lead them to pursue a better life for themselves in the future, pioneering and taking a step forward in the hope that in the future people from all walks of life can get the opportunity to access high-quality education.

The NGO “Books for All” thanked the entire school community who has been a part of this beautiful collaboration. While speaking to the Highlanders, School Director, Mrs. Sudha Goyal appreciated their efforts to the cause of Books For All as it will allow them to reach out and support the education of underprivileged kids. She encouraged them further to continue organizing and participating more in such drives as it will bridge the gap between those who have extra books and the ones who need them.



Mrs. Kavita Yadav
CAS Coordinator



Ms. Sananda Das
tGELF Coordinator

IBDP News

The International curriculum has had a very busy summer break with an equally busy restart to the session. With admission cycles coming up, many University fairs are consistently being organized by the school, along with counseling sessions for our students. Prestigious Universities from across the globe have had multiple interactions with the students, to alleviate the doubts about admissions.

Our Highlanders are earning laurels for the school with numerous competitions. Aarna Chopra of XI DP represented the State of Haryana for the National Football Tournament hosted by the Indian Football Association. The 15 days Tournament was held in Assam. Aarna was the only selected player from the District of Gurgaon. Team Haryana bagged the third position (bronze) amongst the 28 participating states. The students of XI and XII DP also participated in the Science Exhibition and the Science quiz, displaying their talent and intellect in the field.

Additionally, the IBDP May 2022 results have been declared and our school has come out with flying colors with 7's in almost all subjects. The students of the May 2022 batch are getting ready to join Universities like UBC, NUS, Toronto and more.

Three workshops for XI and XII DP were conducted regarding Academic Integrity, Extended Essay and MLA Citation. A detailed understanding of the same was given to them, followed by a discussion regarding their doubts.

The Vertical and Horizontal collaboration meetings were conducted on a timely basis with teachers coming together to discuss important aspects of the DP Curriculum. Interdisciplinary meetings were also conducted along with TOK Workshops for the teachers to help them integrate the subject better.

Ms. Sugandha Malhotra
Ms. Pooja Sharma
Deputy IB DP Coordinators



From The Counsellor's Desk

Carol Rogers once said: "It all depends on how we look at things, and not how they are in themselves."

Counselling department at SHIS has played an active role in welcoming students after the summer vacations. Sessions were conducted with the teachers of PYP, Middle School and Senior School, orienting them about welcoming kids back to school after a long gap. These sessions aimed at providing short, simple and quick classroom management strategies to the HRTs and subject teachers to help them better prepare for the classes.

Introductory sessions were conducted with the students of Middle School in the zero period, wherein the counselling team, along with the student counselling volunteers, introduced themselves to the students. In these sessions, students familiarized themselves with the counselling team - teachers and student counselling volunteers. Interesting ice-breaking activities were also conducted with the students.

University Fest was organized for the students of Grades XI and XII on 1st July, 2022, wherein representatives from University of British Columbia and University of Toronto, Canada made presentations. Counsellor talk with the students of Grade XI was organized on 18th July to guide them through the admission process, pre-requisites and other criteria which they should start considering in this session. Members of Student Council conducted a session on Cyber security, for the students of Grades IX and X.

Counselling department welcomes students back to school!

Ms. Deeksha Saini
School Counsellor

Achievements

Aarna Chopra

Representing the State of Haryana for the prestigious National Football Tournament 2022

It was truly a proud moment for Highlanders when Aarna Chopra, a student of Grade XI DP, represented the State of Haryana in the prestigious National Football Tournament hosted by the Indian Football Association. The 15-day Tournament was held in Assam. Team Haryana bagged the Bronze Medal amongst the 28 participating states. The cherry on the cake was that Aarna was the only selected player from the District of Gurgaon.

Aarna was not only greatly appreciated for her discipline but also for her team-building skills and for her overall performance in the camp as well as in the tournament. Aarna underwent rigorous drilling for 10 days at Nationals Camp held in Ambala. Upon successful selection in the camp, she earned the opportunity to represent the Haryana team as a Goalkeeper.

Many newspaper articles and notes of appreciation from the Football association were testaments of the same, well done Aarna! Continue participating with the same spirit.

आरना चोपड़ा का हरियाणा जूनियर फुटबल महिला टीम में हुआ चयन

गुरुग्राम, 23 जुलाई: गुरुग्राम के मेधावी छात्रा आरना चोपड़ा का हरियाणा जूनियर फुटबल महिला टीम में चयन हो चुका है।



आरना चोपड़ा का चयन हरियाणा जूनियर फुटबल महिला टीम में हुआ है। आरना चोपड़ा का चयन हरियाणा जूनियर फुटबल महिला टीम में हुआ है।



FROM THE SPORTS FIELD

The month of June continued with summer camp till 10th. Summer camp certificates were given to the students. The month of July started with the preparations of ASISC Zonal competitions for different sports. SHIS under 14 Football team won the ASISC Zonal football competition defeating Shikshantar School in the finals. Under 17 and 19 football team secured second position. Under 14 and 17 SHIS Chess team won the zonal and under 19 team got second position.

Under 14 boys and Girls secured first position in ASISC Zonal Badminton competition and under 17 & 19 boys and girls secured second position.

Highlanders started practicing for the Independence Day Celebrations.

Highlander Riya Ahluwalia secured Gold medal in State Kurash Championship and got selected for Nationals.

Hetavi won International Championship held at Korea organized by World culture Expo 2022. She got 1 Gold and 1 Bronze in this competition.

SHIS Lawn tennis team for Boys and Girls for all age group also got selected for the Regional ASISC Lawn Tennis Championship.

Darshan Singh Gahallot, HOD Sports

From Our Budding Writers

SAVE SOIL

Soil is the soul, it anchors all life
It makes plants, trees and animals thrive.
Sow a seed in the soil and see it grow
A beautiful sight to see trees in a row
The Fertile land provides us food and shelter
It's our turn to protect her
The health of our soil is deteriorating, and so is ours
React before we lose precious hours
Let us set a reminder to protect the natural resource
Soil conservation is the only recourse
Half of the top soil has already been lost
Its beyond our limits to pay the cost
What you sow, so shall you reap

Daiwik Abrol, Grade V-E



An eerily silent house on the mountain top...

Storms brewed on the emotionless horizon promising nothing but winds to level even the mightiest of trees. Torrential rain poured down in icy sheets like needles upon my face. The wind didn't howl, it screamed. The rain was not falling it was driven, hard, merciless, copious. The trees did not sway, they creaked, bent, and moaned as their fine limbs were ripped away and their autumnal leaves became not confetti, but ammunition in the gale. A car came out of nowhere and drove right through a puddle that was doing a very good impression of a miniature lake. I was jolted out of my reverie and was dazed and drenched to the bone. Great. Now I had to reluctantly spend the entire day like this. The added weight of the water dropped my emotions rudely to a new low. I packed my umbrella away; no need for that now that I'm soaked. The outline of the school was barely visible even within its proximity. Its church-like structure loomed over the rest of the surrounding buildings, as if it was wanting to make its presence known. I opened the gate to find the vast area eerily quiet. Silence – well apart from the heavy rain. I crossed the grounds to the entrance where the sounds of life emerged. The heavy bustling of the multitude of children leaked through the open doors. I entered only to be slapped in the face by the warm heat of the school. I walked into my form room, taking a seat by the window. A thin coat of condensation lined the windows which I wiped coolly. The power of the storm could be sensed, even from the safety inside. This storm was considered one of the worst to hit the school on the mountain top in a long time. Warnings were sent across the whole country ensuring everyone was prepared. This was only the beginning though. The worst was yet to come...I thought as I finally went indoors again.

Prisha Abrol, Grade-VIII CS-B



BEND LIKE THE WILLOW

Bend like the willow
Move on and learn to let go
For to forgive and forget
Is a virtue you'll never regret
Agreed, none loves the nemesis
For they are the reason for your miseries, your anxieties
But hating your enemy gives them a control over your tranquility,
your health, your happiness and your serenity
Have a heart full of love and compassion
Soak yourself in action
Read, write, create, play or walk
For it helps to absorb the shock
Abstain from judging and criticizing
For you have no idea of the rough path they were treading
Instead of piling feelings of revenge in your mind
However hard, be understanding, forgiving and kind
Surely everyone deserves a second chance
But don't lose yourself in a trance
A lesson taught to you by life
Be quick to forgive
Then to trust again, take your own time
Life can play any song
Learn to sway on every tune
Bend like a willow
Move on and learn to let go

Prisha Abrol, Grade-VIII CS-B

DESTINY IN A NUTSHELL

We come across many obstacles and setbacks in our lives. Few of them might tell us who we are whereas a few tell us what we should aspire to be. Sometimes it is the antithesis. There will be struggle and so will be deplorable days. Days which would never seem to culminate. Days which would go on perpetually, which would keep hurting us till the terminus. Most would give up, but the ones who don't, will be the ones to face the more effulgent side of the day. The night is most tenebrous afore dawn.... But how can one forget the rainbow after the rain? We understand to love, to give, to endure, to find delectation, to please, but what we are not cognizant of is ourselves during all of this. Life can lie to us and no one can stop it, it can play all sorts of games with us without us even knowing as no one controls it but a written rhythm of various different yet sequential actions known as Destiny. But whatever takes place in life, it takes place for good. Good of all in it. Whatever decisions life takes for us are already orchestrated by the vast and majestic rhythm of Destiny and we must learn to accept it. We must come to terms with the fact that no



matter how hard we endeavor to fit in this imperfect world, it will never acknowledge us for who we are. We always feel like becoming everything else around us. But what we do not realize is that everyone wants to be blissful in the cessation of the day. They just want to find someone who will profoundly relish them and who will stand by them throughout. Throughout the inclement nights, throughout the solitary days, throughout all the cold recollections.

Agastya Trehan, Grade IX-A

Title: Hypnagogia

Switch off the door as I push close the light
And go back into storage, and die for the night
But I lie in disparage and put up a fight
Against my own thoughts as they race in my mind
I tell them to stop but they don't seem to mind
While I'm trying to sleep, and I try to remind
These vivid conjectures to stop intertwining
Pieces of the past as my mind keeps on whining:
Oh, why can't you stop, I just want some peace
Just stop it and drop all these thoughts and just cease
And they come to a halt, not skipping a beat
The thoughts slow down, and the visions recede.
I calm myself down and let myself breathe,
And keep my hand on my chest to feel my heartbeat
Slowly but surely it starts to repeat
So I brace my pillow while I clench the bedsheet
And I try to resist this new wave of threats
Against my own mind as it's violently swept
Across all the shores and coasts in my head
The thoughts turn to images and sensations alike
And sounds as they set my eardrums alight
I look around and see streaks of blue
As I pinch myself because I know it's not true
And I tell my mind I know it's just you
You're playing tricks on me again
You're not thinking this through
I'm trying my best I'm trying to rescue
For the one last time, my head, and my mind
From this chaotic storm which I now find
Myself in while I try to unbind
And cope with the truths that surround me from behind
Which one are you, the stress or the lies?
The ones I tell without blinking my eyes,
Or are you my dwindling hope in humanity?
Driving me to the brink of insanity
I must face you, for it really seems
As if you've come to haunt my dreams.
When I sit awake, I can lock you away
And do my best to keep you at bay
Even in my sleep, I'm trying to act mature
Who am I kidding, I can't even obscure,
Your omnipresence, your demeaning vibe
How scary you are, I cannot even describe.
And I beg you now, for god's sake,
Please, just let me fall awake.

Yash Moitra, Grade XII IBDP

DIFFERENT SHADES OF IMMORTALITY

Why was I born if it wasn't forever?

Farewell, here I go, said the madman on his death bed,
To a place where nights are drowned in an endless day,
Where the moon swallows the sun whole,
And birds eat tigers with a ferocious howl.

This box of Pandora is a plethora of paradoxes,
An eternity of immortality where I warm my hands on the
bridges I burned.

And while time fought inevitably with bloody claws for my
broken heart,
In my burning infinity, it was the only excuse my madness
got.

Still not satisfied? Here's another one...

As all stories go
This one went too
About a girl in a castle
Who was fairer than most.

She had the hair of a raven's wing's spire,
The lips of a lady's darkest secrets
And the eyes of a thousand galaxies in two.

But nobody knew her secrets,

Nobody knew that her hair was colour stolen from the
night,

Or that her lips were scarlet from the blood of her enemies,
Or that her eyes were filled with the universe she would
one day conquer.

So she smiled from the caged tower they kept her in.
White as snow and red as blood.

She would live past the ending of the world,
such was her gift and such was her curse.

For all the romantic hearts out there, here's a story of a man
who believed love was immortal.

When the Prince of Troy fell in love with dawn,
Mornings flew by like a bird on the run.

Weary of age, love made him immortal but forgot that
immortality was not youth.

Soon he sat on his throne, warm from eons of misery, and
dreamt of burning chariots in the depths of darkness.

A darkness in him grew, night blossoming in his heart like
a bruise,
That was when Dawn knew, life was fickle and no love
true.

So she left him too.

Shreshtha Chaturvedi, Grade XI IBDP



Clan News

ANDERSON

"I don't know what lies ahead, but I want to keep going forever..." — Fuyumi Soryo

I commence this writing by reiterating the saying written above. Andersonites want to just keep going forever without getting effected by the obstacles in their journey towards success. I commend Clan Anderson for displaying a brilliant performance in all the competitions held till date, resulting in an encouraging elevation in the clan position. I acknowledge and appreciate the diligence and team spirit depicted by Andersonites and I am assured that we would

continue to work effortlessly, with equivalent motivation, to stand at the utmost plinth.

Team spirit was at an all time high this month and Andersonites shone radiantly in various team competitions. Shrestha Bodapati (X), Pranav Mahendru (X) and Atulya Sahajwani (X) won the Science Quiz. Ishaan Verma (XII), Himanshi Aggarwal (XI) and Armaan Vasudevan (XI) gave a tough fight and came second in the Science Quiz of their category. Arav Upadhyay (VII) and Chitvan Kwatra (VII) together bagged the second position in Science Vigyan Sabha. Rahul Roy Chowdhury (X) and Pranav Gupta (X) astonished the judges with their editing and technical know how in the ICT Movie Making Competition and secured the second position. Rian Sanghi (VIII)

and Siddharth Kapoor (VIII) also achieved a decent second position in the Science Quiz conducted for their Grade.

While summing up I suggest that Andersonites should keep their head high as we have already risen above our expectations by our committed assiduousness and we promise to persistently strive to write a prelude to excellence by displaying allegiance and earnestness to the clan.

Ms. Ruma Jain
Clan Elder - Anderson

BOYD

"Don't settle for average. Bring your best to the moment. Then, whether it fails or succeeds, at least you know you gave all you had." — Angela Bassett

Being best is subjective and can appeal differently for different individuals. The whole idea is to groom oneself every day by adding something better to the personality. Month of August has brought again a plethora of such opportunities, which can offer our Boydians with a good amount of healthy exposure. It is wonderful to see a number of enthusiastic participants who come forward and give it a try to test their hidden skills and talents.

To start with, in the Inter Clan English debate competition (Grade VI), Soham Gupta VI CS and Nandini Miglani VI CS secured first and second position respectively. In the Inter Clan Hindi Self Composed Poem Recitation Competition (Grade VII), Anamta Akhtar VII-A, bagged first position. Science quiz. Coming next, in the Inter Clan English Literary Debate Competition (Grades XI-XII), Boyd made a mark. In this competition, Sanskriti Janghala XI-C and Navya Malik XI-D made their clan proud by securing first and second position respectively. In the Inter Clan News Reading Competition, Nandini Miglani VI CS got second position. Whether language or sciences, Boydians are leaving a mark everywhere. In the Inter Clan Science Model Making Competition (Grades IX-X), our very talented team of Devang Pant X-B, Kabir Viren Bhagat IX-C and

Ojas Jain IX-C, secured first position in the competition. Their working model was highly appreciated by the judges. In the Inter Clan Science quiz (Grades IX-X), the team was composed of Udayan Singh X-A, Kashvi Kumar X-E and Snyan Narang X-IGCSE and bagged third position. In the Inter Clan Science quiz (Grades XI-XII), our team again bagged third position and consisted of Laksh Mittal XI-A, Paarth Sud XI-A and Aditya Arora XI-C. Next in the row is the Inter Clan Drawing Competition, Naisha Kalher VII-A bagged first position and made us proud again.

I congratulate all the winners, participants and especially to all those who came forward and gave their names to give it a shot. Keep that spirit alive and work harder every time you see another chance to do so. Wishing you the best.

Ms. Akanksha Yadav, Clan Elder - Boyd

LAMONT

"Coming together is a beginning, staying together is progress, and working together is success." — Henry Ford

In the month of July, we had a plethora of Clan Competitions. First, we had Inter Clan Hindi Self Composed poem competition where Aarav Gupta of Grade VII showed his poetry skills and secured second position. Myra Sehgal and Lakshya of Grade VIII showed their knowledge about science and technology in Inter Clan Science quiz competition and secured first position. In Inter Clan English Literary Debate competition for Grades XI & XII Atvika Gaur spoke very well secured third position. In Inter Clan News Reading competition Aadi Singh of Grade VI secured first position.

In Science quiz, the talented team comprising of Prisha Gandhi, Tarak Ram Ketneni and Sahaj Khanna of Grades IX & X performed very well and bagged second position. From Grades IX & X in Inter Clan Model Making competition Ajooni Kaur, Aditi Gupta and Sheen Koul made static model on topic 'Water filtration and recycling of water' and bagged first position and in working Model Adyansh Saxena, Abeer Singh and Vikrant Pethia prepared model on topic 'Transportation - Road safety in hilly areas' bagged second position. In Inter Clan Science Vigyan Sabha competition Aarav Gupta and Prakhar Mishra of Grade VII spoke confidently bagged third position. In Inter Clan Movie making competition Tulika and Sheuli of Grade X secured third position.

In Inter Clan MFL Poem Spell Bee competition for Grade VIII Myra Sehgal secured first position in language French, Reedhi Sahdev bagged third position for Spanish followed by Rishaan Jain

secured third position in language German. In Inter Clan Science quiz competition Akshat Sehgal, Anahad Kaur and Tansi Shukla of Grades XI & XII made our Clan proud by winning first position. In Inter Clan Science Model Making competition team comprising Aaryan Gupta, Akshat Vir Singh Mehta, Diljeet Singh and Pallak Ahuja prepared static model on 'Plastic Roads' and secured first position. In working model Aashna Khurana, Keith Cedrik Pereira, Kunal Kaushal, Trisha Singh prepared model on topic 'Olivine based carbon capture (Shudh Vayu)' and bagged second position.

I take this opportunity to express my immense gratefulness to all my Lamontians for walking hand in hand and working hard for the clan.

Congratulations to all the winners and participants for working hard and participating in all the competitions with utmost enthusiasm.

Ms. Geetanjali Ahuja
Clan Elder - Lamont

MACARTHUR

Famous Scottish proverb says, "Don't judge each day by the harvest you reap, but by the seeds you plant."

Our Clan MacArthur nurtured such seeds in this month with blooming flowers showcasing their talents and providing joy and hope to those who are looking up to them.

Highlanders, Sahil Sahoo of Grade VI CS A and Aalya Dua of Grade VI-C made the clan proud by performing well and secured First and Third position respectively in the Inter-Clan English Debate Competition. Putting on her writer's hat, Aahaan Khanduja of Grade VII-A bagged Third

position in the Inter-Clan Hindi Self Composed Poem Competition. A one of a kind Vigyan Sabha Competition was held in which our Highlander Emya Jain of Grade VII-B and Ojas Lath of Grade VII-D secured the First position. Owing to their artistic inclination, Saesha Baxi and Rivan Barola secured First and Second Position respectively in the Drawing Competition. The stream of accolades continued with the Spell bee Competition, where in French Gunjot of Grade VIII-A was adjudged second and in German Yashika Mohan of Grade VIII CS-B secured the second position. The budding filmmakers of our clan, Ojas Sareen and Gangesh of Grade X-IGCSE made the clan proud by securing the first position in the Movie Making Competition. Smayra Gera of Grade X-D, Vedaant Sood of Grade X-E and Shisher Koul of Grade IX-D enthusiastically participated in the Science Static Model making competition and secured the second

position in the same. In the Science Working Model competition, Tanmay Maheshwari of Grade IX-C, Abier Raj Sharma of Grade X-E and Shaurya Singh secured the Third position. The students of Grades XI & XII also participated in the Science Model Making Competition with great fervor as a result of which, a team of Anish Machiraja of Grade XII-A, Prabal Sood of Grade XII-A, Aditya Singh Rekhi and Mehul Nair of Grade XI-A secured the First position.

Continuing with the tradition, Clan MacArthur simply keeps adding feathers to its cap with sheer hard work and dedication. We believe that each flower is unique and so is every child.

Ms. Pooja Sethi
Clan Elder - Macarthur

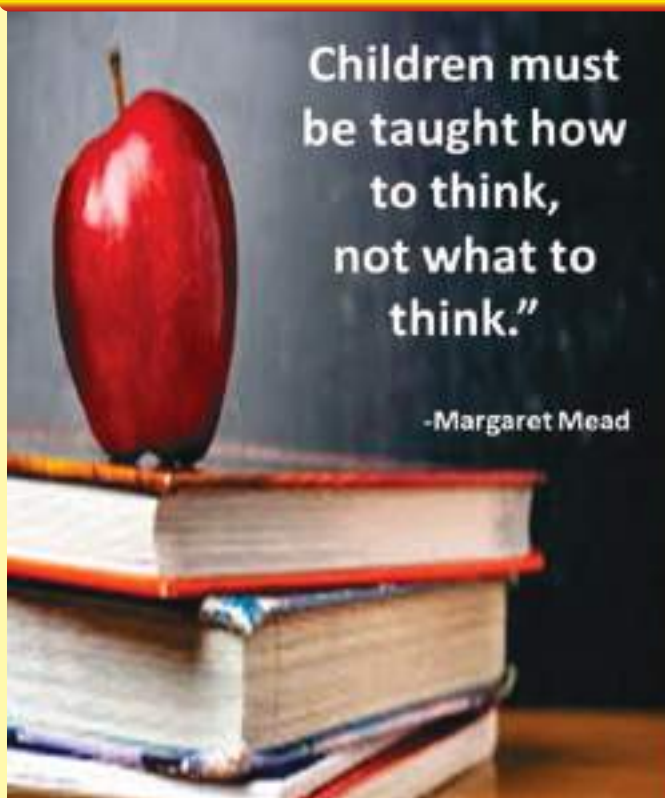


Famous Quotes

July

1. Do not go where the path may lead, go instead where there is no path and leave a trail. **Ralph Waldo Emerson**
2. We are what our thoughts have made us; so take care about what you think. Words are secondary. Thoughts live; they travel far. **Swami Vivekananda**
3. *Life is trying things to see if they work.* **Ray Bradbury**
4. Many of life's failures are people who did not realize how close they were to success when they gave up. **Thomas A. Edison**
5. "Whatever the mind of man can conceive and believe, it can achieve." **Napoleon Hill**
6. Whoever is happy will make others happy too. **Anne Frank**
7. "Twenty years from now you will be more disappointed by the things that you didn't do than by the ones you did do. So, throw off the bowlines, sail away from safe harbor, and catch the trade winds in your sails. Explore, Dream, Discover." **Mark Twain**
8. Where the mind is led forward by thee into ever-widening thought and action-Into that heaven of freedom, my father, let my country awake. **Rabindranath Tagore**

Source: Internet
Compiled by: Dr Sanjay Sachdeva
Senior School Principal



Fulfil your passion of *Being a Teacher*

The Scottish High International School

G Block, Sushant Lok II,
Sector 57, Gurgaon-122011 (Haryana)
In collaboration with



Cambridge Assessment
International Education

Offers
Professional Development Courses
In
Teaching and Learning

Recognised Centre : Scottish High International School
Address: G Block, Sushant Lok II, Sector 57, Gurgaon-122011 (Haryana)
Programme Leader : Ms. Sudha Goyal
PDQ Coordinator - Ms. Tina Bali Pasricha
Email : programleader@scottishhigh.com
Website : www.scottishhigh.com



Beat the pollution with Dyson air purifiers

Air quality matters, particularly if you suffer from allergies or a respiratory condition.

The Dyson air purifier is scientifically tested to capture 99.95% of pollutants as small as 0.1 microns, including bacteria and viruses¹.

dyson pure



**Call 1800 258 6688 to book
a free video demo or visit Dyson.in**

¹See the Purifier of the Year (PM100) and 3 in 1 Pure Hot+Cool for more information.

Golf

ANITYA'S TIP OF THE MONTH

Head Sway



Last month, we discussed how the proper loading up in the back swing leads to a rotation of the body slightly towards the right leg (for a right handed golfer) from where an effective unloading can happen towards the left side. The reverse pivot is when a golfer loads on to the left side in the back swing rather than the right side.

This month, let's look at the case where a player can over do the loading to the right side and can actually sway too much to the right side in the back swing. In the picture, I have shown how a player can move their head and upper body too much to the right side as they load. This will mean that the head and chest are almost outside

of the right leg with the head having moved almost 6-8 inches to the right as I have taken my back swing.

This sort of a back swing is called an upper body or head sway and the only way for me to strike the ball well from here will be to compensate and come back towards the left side as I start the down swing. With the sway being a variable, it is not easy to bring the body and the club back to the same starting point. This will lead to inconsistent delivery of the club at impact and will affect both distance and accuracy.

In the back swing, it is a good idea to keep the head stable though not rigid and let it move along with the body turn after impact. This is a crucial factor in delivering the club consistently at impact.

**Compiled by: Ms. Ankita Jain
Golf Coordinator**



Printed & Published on behalf of School Director,

The Scottish High International School

(An ISO 21001:2018 Certification, a standard for Learning Services Management)
(Promoted by Ruptech Educational India Ltd.)

Block- G, Sushant Lok - II, Sector 57, Gurugram 122011 (Haryana)

Phone: +91 124 4112781 to 90 Fax: +91 124 2573590

Email: info@scottishhigh.com, Website: www.scottishhigh.com

Editor-in-Chief	: Ms. Sudha Goyal
Editor	: Ms. Kanchan Khanna
Asst. Editor	: Ms. Ankita Jain
Editorial Team	: Tina Bali Pasricha, Virender Bhullar, Shivani Johri, Anshu Bhatnagar, Bhawna Rajput, Sumit Gupta, Remya Brijesh, Ashok Mahakur
Student Editorial Team	: Aadita Oberoi, Saavir Kaul Sethi, Saranshi Rao, Harshvardhan Naik, Varalika Sharma, Zara Goyal, Divyam Gupta, Ananya Balaji, Gyansh Malik, Shaurya Gupta, Yash Moitra, Sameeha Bellani, Riti Aggarwal, Tvisha Singhal, Chaanan Randhawa, Stuti Khanna, Riana Bajaj, Danicca Bajaj, Disha Singh, Himanshi Aggarwal, Tarushi Rohilla, Tvesha Anand, Zitin Tikku, Aradhey Kaushik, Karandheer Gahlot