



The month of May commenced with the celebration of Labour Day and brought about changes in weather. There was a notable variation in both labour and climatic conditions. Initially, May didn't give the expected vibes due to snowfall in the Northern hills, which consequently affected the weather in the NCR region.

A significant amount of effort was exerted by students in Grades V, XI, and XII to secure positions in the new student council. Once they attained their well-deserved roles, they diligently fulfilled their responsibilities by contributing their labour to the SHIS Sports Fiesta, Monkey Business, and maintaining discipline within the school.

It was truly gratifying to witness the hard work of the students in successfully organizing the annual SHIS Sports Fiesta and assisting the younger ones in Monkey Business. With the dedication of the teachers, students, and especially the little ones, who dedicated 19 working days to this cause, this year's Monkey Business turned out to be a resounding success. On the same Saturday morning, we experienced the vibrant energy of our junior Highlanders during their performances, supported by their senior counterparts. In the afternoon, the senior Highlanders were honoured for their efforts in various areas during the Annual Award Ceremony.

The labour invested by students in Grades X and XII paid off, as the majority of them achieved exceptional results in the annual board exams for the 2022-23 academic year. The academic efforts of middle school students concluded last week as the unit cycle ended, and the outgoing batch of XII IBDP students took a breather after completing their annual exams. However, the current senior students will continue to put in extra effort for another week through their additional classes. As for the teachers, new labour awaits in the form of professional development sessions, updating required data, and engaging in exciting home visits with students. During the first 15 days of summer vacation, activity teachers and their students will have the opportunity to learn and enjoy new skills during the annual summer camp. The estate department will also be working hard in the scorching heat to maintain the school campus.

Taking a break after each period of intense effort and labour is always beneficial. Therefore, a month-long summer break awaits all of us, allowing us to spend quality time with our families and loved ones, explore new places, and engage in new hobbies. There is nothing more delightful than this. This break will revitalize us all and inspire us to strive for greater achievements.

As I mentioned the famous Sanskrit quote of Hitopdesh in my Annual Award Function speech:

"उ द्यमेन हि सिध्यन्ति कार्याणि नमनोरथैः"

"Hard work is the only key to success not merely wishing for it".

> Dr. Sanjay Sachdeva School Principal

Making Use of Summer Break to Develop New Skills

kill development is an ongoing process, it benefits all age group specially when there is a dedicated time with a long stretch like school's summer break. The world is changing at a break neck speed and to keep up the pace we too need to brush up our skills consistently. Summer break is around the corner, therefore, it is time to reap the benefits of enhancing our skills or learning a new skill. The first benefit is that beginning to learn a new skill will keep us on our toes which is healthy for us. Learning keeps our mind engaged and body active. It helps kids and us to get a new and knowledge based perspective on the world around us. It also helps us gain new experiences, trains our brain to handle a wide range of challenges, and keeps our mind active. All these factors combine to keep us healthy and in addition growing skillset helps to know our unknown potentials. Enrolling in sessions that help students and adults to develop self-management and life skills can be very beneficial. Time management training will help kids to take on new ways of working with optimism. The willingness to learn new skills increases our self-assurance and nurtures a growth mind-set.

If we want to be relevant in this fast changing world, we need to keep evolving consistently. We need to be up to date with technological advancements or else we will feel left out in all technological conversations. Children accept and adapt to technology easily and to keep ourselves abreast with their intellect and speed we need refresher courses in latest technology. These days, expanding our knowledge and skill base is more requirement than choice. We need to develop curiosity and pursue the area where our interests lay, moving towards this journey will definitely be fruitful and significant. I agree when Mr Chris says that the best measure for our progress is not other people, but ourselves. Are we better than yesterday, this is the only question worth asking. As long as we go to bed at night a better practitioner who woke up that morning, we have succeeded. Our worth should have nothing to do with how our progress stacks up relative to another. So, pull up your motivation and get set to learn something new this summer break!!

> Ms. Seema Bhati Primary School Director

PYP

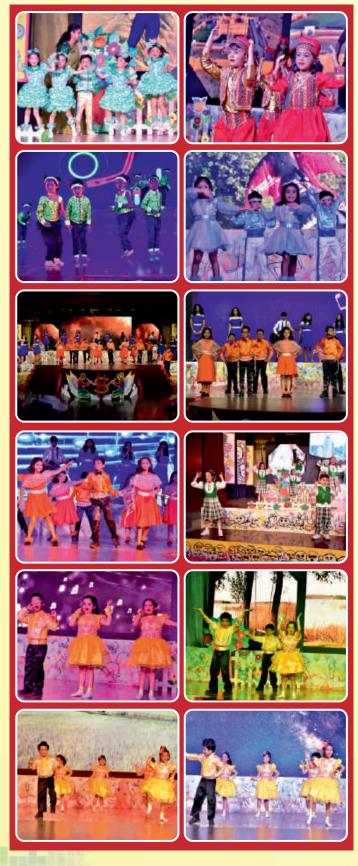
"Self-confidence is the first requisite to great undertakings." - Samuel Johnson



Keeping up with the Scottish High tradition of building a sense of comradeship amongst the new joinees, the young learners were initiated into the world of drama, music and dance through the Monkey Business on 6th May'23, an event that took place after a hiatus of 3 years. The much awaited

event witnessed breathtaking performances by the Highlanders representing the whole school, mesmerizing the parents and making them want more! Displaying attributes of being risktakers, the tiny tots of Nursery, Kindergarten and children of Grades I and V took to the stage courageously. The display of energy was indeed infectious and it was heartening to see these young ones dancing with no inhibitions, matching steps and moving to the rhythmic beats of the music enthusiastically and confidently. The colourful costumes, their bright excited faces and synchronized steps kept everyone spellbound through the musical extravaganza called 'The Wings of Wishes'. With this only being the beginning of their journey at Scottish High, here's looking onwards and upwards!







Investiture Ceremony Primary Wing



"A leader is the one who knows the way, goes the way and shows the way."

- John C. Maxwell

The young, courageous, balanced and caring Highlanders made everyone proud by their unflinchable efforts, hard work and motivation. Their eyes and body language said it all when they confidently marched up to the stage to take the ceremonious oath on the auspicious occasion of the Junior Prefect Investiture Ceremony. The celebrations began with a welcome speech by Ms. Seema Bhati, Primary School Director. It was indeed a memorable occasion for the parents who conferred their wards with sashes, as the young leaders looked forward to a new, eventful and enriching journey.





"Unity is strength...when there is teamwork and collaboration, wonderful things can be achieved." - Mattie J.T. Stepanek



Acknowledging the efforts of the support staff in school as well as at home, Labour Day was celebrated wherein the teachers shared the significance of the day with the children. Hoping to inculcate attributes of being caring and respect

towards one and all, the

day was spent in recognizing and appreciating the workers for their relentless hard work, dedication and support that they provide us with, day in and out. Children from their side expressed their gratitude by wishing their class nanny, school guard, TPT coordinator, and other support staff members enthusiastically and presented them with a handmade card, flowers, badges and by writing a special note of thanks. This gesture, small it maybe, brought smiles to the faces of these unsung heroes, making them feel loved and special.









Mother's love is like a warm embrace that never fades...

Keeping the special bond between a mother and the child in mind, the essence of motherhood was celebrated with zeal and enthusiasm in Early Years and Primary Wing. The young Highlanders, acknowledging the unconditional love that the mothers shower on them, took this as an opportunity to do something unique and special for them in return. Appreciative and excited, they shared anecdotes eagerly and passionately got involved in making cards for them. With these heartwarming feelings and gestures, the young Highlanders echoed and resonated with the quote, "To the world, you are a mother, but to your family, you are the world!"









"Success is the sum of small efforts repeated day in and day out" - *Robert Collier*

Ishani Malik of Grade-I B has secured 3rd Position in the Tennis Tournament (U-8) mixed category held at the Ajanta Public School, Gurgaon

Saisha Behal of Grade V-A has won a silver medal in the Inter School Artistic Gymnastics Competition held in Gurgaon.



Congratulations to Divva Chopra of Grade IV-C and Amitta Gahallot HOD Performing Arts for receiving the National Excellence Award for All India Swachh Bhart Art Competition at the National Conference 2023, held in Mumbai on 13th May 2023.



Our young Highlanders won 8 Gold, 3 Silver and 9 Bronze medals in the district 26th Taekwondo Championship 2023, held at HUDA Community Centre Sector 27, Gurugram, Haryana. Well done and Keep it up.



Deputy PYP Coordinators

Medley of Activities



This world is but a canvas to our Imagination ~ Henry David Thoreau

Budding artists came up with unique and interesting visual art work. Many children were able to understand: What we are learning? Why we are learning? And how we are

learning? Along with so much of attention and curiosity. In continuation with the learning done in the month of May, Grade I students made more drawings to learn how to use the basic elements of art: line and shape in different compositions.

Grade II students learned how to draw Japanese doll and landscapes with patterns. They used their imagination to create beautiful patterns in their drawings. Grade III were introduced to One point perspective, it is a drawing method that shows how things appear to get smaller as they get further away, converging towards a single 'vanishing point' on the horizon line. It is a way of drawing objects upon a flat piece of paper (or other drawing surface) so that they look three-dimensional and realistic. Students are working on their compositions.

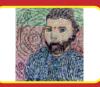
Grades IV and V students were introduced to Vincent Van Gogh and M.F. Hussain artworks respectively. Students will be recreating their artworks focusing on their style of colouring.

Grades VI and VIII students continued with pencil shading work in art optional activity. In craft activity, Grade VI students made Zentangle art work. Grade VII students are working on their alphabet quilling work. Grade VIII learnt how to do 3D Origami and will be trying their hands on making any one project with it. It's amazing to see students working so passionately on their projects.



Niyati III-A Alannah IV-G

Vanva III-A







Shreyash IV-H

Talish IV-H

Siddhi VIII-C

ARTS AND CRAFTS FOR STUDENTS



Ms. Amitta Gahallot **HoD Visual and Performing Arts**



"When you dance, your purpose is not to get to a certain place on the floor. It's to enjoy each step along the way." - Wayne Dyer

Our Highlanders in Grade I learned about the role a dancer in our community under the ongoing Unit – How we organize ourselves, while the Highlanders in Grade V learned about Kalbelia dance, a folk dance of Rajasthan, under the ongoing Unit - Who We Are. They were shown different videos on which they reflected through 3-2-1 strategy in context to 3



observed, 2 wonder and 1 question they have. A folk dance is a dance that reflects the life of the people of a certain country or region. Folk dance celebrates the cultural roots of a particular group of people. Folk dance is typically performed as a form of ritualistic entertainment at social gatherings. Some kinds of folk dance tell a culture's foundational stories, while others may simply emphasize cultural pride.



Sourabh Chaudhary Dance Teacher



May was a very eventful month for our Highlanders as it was the month of our annually hosted event Monkey Business, for which our Highlanders spent weeks

Highlanders spent weeks practicing. The Scottish High Choir, and the School Band were a smashing success, as they played and sang some of the old classics and rock pieces to delight their audience. The whole auditorium was resounding with applause by the time the event came to an end.

Our Highlanders in Grade I learned about the role a musician plays in our community under the ongoing Unit – How we

organize ourselves, while the Highlanders in Grade V learned about different styles of music like Classical Music, Jazz Music, Indian and Western Folk Music, under the ongoing Unit – Who We Are. Senior Highlanders continued to improve their vocal skills, learning to sing songs like Paradise by Coldplay, Ride by 21 Pilots, and Radioactive by Imagine Dragons. They also worked on their guitar and drum chops by learning songs like Ain't no Sunshine by Bill Withers, and drum rudiments and techniques.

Overall, this was a very satisfying month for our musically inclined Highlanders as they got to learn and perform to their heart's content.

Shivam Srivastava Western Music Teacher

From The Sports Field



The month of May started with the preparations of CISCE Zonal sports competitions where Highlanders participated and made up proud by getting 1st positions in different competitions. SHIS Under 19 girls secured 1st position in Football competition defeating Sri Ram Maulsari in the finals of CISCE Zonal football competition. Muskaan arora, Saanvi Garg, Chhavi Bagga, Kyra Kapoor, Zena Sharma, Arshia Anand, Arshia lakra, Anika Jain, Nandini Tanwar, Samaira Singh got selected for the CISCE Regional football competition. Under 19 Basketball team also got 1st position in CISCE Basketball competition where Tanaisha Sachdeva, Chitra Singh, , Nitsa Rehan, Anshika Chabra, Girima Vaishnavi got selected for the Regional basketball competition. Anirudh Sahijwani and Arjun Singh Dev got selected for the regional football competition. Under 14 boys basketball team secured 1st position in CISCE Zonal basketball championship and Samarth Gulia, Shreyas todi, Vivaan Motwani, Vaibhav, Mairav Rehan were selected for the regional championship. Fagun Beniwal Sara, Devanshi and Shaurya Madan also got selected for the rehional competition. Sehar Arora, Tanishq Mohan and Anvii Jain got 1st position in CISCE Zonal skating competition and got selected for the regionals. SHIS Under 14, 17 and 19 girls and boys lawn tennis, swimming and taekwondo team also got 1st position and qualified for the regionals. Sports fiesta I for Football, Basketball, Lawn tennis and Badminton was organized where Girls basketball team, Boys and girl's lawn tennis team and badminton girl's team secured 1st position. Sports fiesta 2 for swimming and chess was also organized where SHIS Swimming team (Upmanyu Dayma, Akshat Mehndiratta, Veer Sunsunwal, Shreyasi rao, Nalin Chandra, Kabir singh, Samridhi verma and Nandish) collectively won 4 Gold, 6 Silver and 7 Bronze medal. In chess competition Aman won Silver medal.

Raysa Bhardwaj got selected for the Basketball state championship and will represent Gurgaon in the Haryana State competition.

Now the sports department is busy preparing the students for the CISCE regional competitions and taking summer camp.

Darshan Singh Gahallot, HOD Sports



Inter Clan MFL Spell-Bee Competition

"Learning another language is not only learning different words for the same things, but learning another way to think about things."

- Flora Lewis



To inculcate the love for a language that opens up new horizons and celebrate multilinguism, Modern Foreign Languages Department conducted Inter Clan Spell Bee competition in French, German and Spanish language on Monday, May 8, 2023 with flair and fervency. Learners of Grade VI learning French,

German, and Spanish participated with full zeal and enthusiasm. They thoroughly enjoyed learning new vocabulary related to salutations, daily life objects, animals, numbers etc., its pronunciation, and learnt how to spell the words. The competition comprised of three rounds: translation from target language to English, English to target language and guess the picture in the target language. They were asked to spell a broad selection of words, with a varying degree of difficulty.

The spell bee concluded with result declaration by one of the judges. This competition gave an opportunity to all the learners to become open-minded, cultivate international mindedness and growth mindset in them. Indeed; it was an extravaganza to promote linguistic diversity and cross cultural knowledge amongst learners in an interesting manner.

Glimpses of the event:



The Highlanders had the privilege of interacting with Mr. Matthias Stähle, Head of Zfa (Central Agency for German Schools Abroad). The aim of the interaction was to help the students to understand the German culture and DSD I and DSD II (International German examination).

Mr. Stähle began the session by introducing himself and discussing his background in education and culture. He emphasized the importance of understanding different cultures in today's globalized world and how it can help students perform better in international examinations.

The interaction continued with a discussion on the German education system and he emphasized on awakening interest and enthusiasm for Germany and motivating young people to learn German. The students were then given an opportunity to ask questions, and they enthusiastically engaged with Mr. Stähle. They asked about the role of technology in Germany, higher education in Germany, economy of Germany and so

Overall, the interaction with Mr. Matthias Stähle was an enriching experience for the students, who gained valuable insights into the German culture and education system. It helped them to broaden their horizons and it helped them to understand the benefits of learning German in the globalized world.



Ms. Isha Verma Senior School Head, HoD - Modern Foreign Languages

Middle School (Grade VI to VIII)

"Success is the sum of small efforts, repeated day in and day out." – Robert Collier

The road to success is full of obstacles, challenges, and perseverance. One must brave these hurdles with diligence and

steadfastness. Keeping that spirit of success high, our Highlanders Arav Upadhyay and Aarav Gupta of Grade VIII engraved their names on the victory milestone by bagging the 'Best Team' trophy in the 19th Inter-School Junior Shri Debate, held in Shri Ram School, Moulsari.

To satiate the curiosity of our dexterous learners, a Robotics Expert Session was conducted for the students of Grade VI and VIII, where they participated in various activities using Avishkaar kits. The students also attended an expert session on the topic 'Exam Preparation and Time Management'. This surely helped them with their exam jitters. The students partook in a poster making activity in Science where they pictorially depicted topics such as Addictions of Mobile Phone, Importance of Exercise, and Pollution and Menace of Antibiotics Resistance.

Students participated in several zonal tournaments in basketball, football, cricket, lawn tennis and taekwondo and brought laurels to the school. To assess their learning skills so far, the learners of Grade VI and VIII appeared for their first Unit Test and did very well.





At SHIS, we firmly believe in the continuous professional development of teachers.

The teachers attended Lesson Presentations, as well as Inter-Curricular Department Presentations and Zumba sessions.

Congratulations to all the winners and participants

for their efforts and hard work always. It is important to remember that it's not always about winning or losing, but to learn about teamwork, sportsmanship, discipline in life, and the value of working together for a common goal. We are proud of our Highlanders and wish them good luck for achieving more laurels in the future.



Ms. Geetanjali Ahuja Middle School Coordinator

IGCSE

Do Maths, Talk Maths and GO FEARLESS

"Mathematics is not only real, but it is the only reality." *– Martin Gardner*

Nothing is more 'real' to our students than the things they already know and love. And when you connect Math to these personal interests – it becomes real too. To kindle the same essence, the Mathematics Department conducted an activity

using Clinometer to reinforce the concepts learnt in Trigonometry for Grade X-IGCSE. Clinometers are instruments that use the mathematical principle of trigonometry to calculate the angle between two points. Clinometers can be used to measure the heights of trees, poles, towers, and buildings. The clinometer activity gives extra practice to students for finding missing angles and sides of right triangles. Plus, it answers the question, "When will we ever use this?"

Students enthusiastically executed the activity on the school ground and experienced concrete applications of an abstract concept like Trigonometry.

The use of activities in Mathematics has a positive impact on the performance of the learners. Information provided through activities is concise and quick and makes the learners smart and agile. The skills acquired through activities can help students with problem-solving, logical thinking, mental fluency,

perseverance, the ability to cope with failure, and even their use of language.

Dr. Gurpreet Kaur Mathematics Teacher





ICSE - ISC Bulletin

"THE SECRET OF YOUR SUCCESS IS DETERMINED BY YOUR HARDWORK AND STRONG FOCUS ON YOUR GOAL."

Council for the Indian School Certificates Examinations has declared the X ICSE and XII ISC Board Examination Results on 14th May 2023. Our Highlanders have once again showcased an outstanding results. SHIS has been able to continue its odyssey of success with the stupendous board results.

In ISC, Arnav Daryani topped the Science stream with 98.5%, Aarushi Mittal is the topper in the Commerce stream with 97.75% whereas **Riti Aggarwal** topped the Humanities stream with 97% marks. We are exceptionally proud of our Highlanders. You have reached the pinnacle of success and have made your parents and teachers ecstatic of your results.

The students of High X ICSE have also exhibited their ability to perform extremely well in all exams. Their diligence and focused approach resulted in such a grand success for them, in all subjects.

Riya Gupta, Devang Pant & Ayush Krishn topped the Grade with 98.6 % marks; followed by **Prisha Gandhi** at Second Position with 98.4%. **Sresht Bodapati, Vanshika Gupta, Vaishnavi Singhal & Avyan Sharma** stood at 3rd position with 98%.

Congratulations Highlanders!!

Furthermore, In keeping with the recommendations of NEP 2020, CISCE has decided to introduce Improvement Examination w.e.f. the Examination Year 2023, thus giving a chance to the students to improve their performance in any ONE subject of their choice for which they were confirmed for the Main Examination.

Additionally, CISCE has revised the syllabus for Grade XI ISC and XII ISC. Revised Syllabus Split-up and scope of syllabus has been sent to the students. Subject specific guidance related to the Revised Syllabus was given to the students by the Subject teachers in their respective classes.





IBDP

In the ever-evolving world we inhabit, it is crucial to acknowledge and celebrate the achievements that propel us forward. The human spirit's resilience and insatiable thirst for progress have resulted in remarkable accomplishments across various domains. Education serves as a catalyst for personal growth, societal progress, and the realization of dreams. Within the realm of academia, new achievements and fresh beginnings constantly shape the lives of students, educators, and institutions.

Our Highlanders from IBDP have been consistent with their achievements throughout the year. With the IB Board exams ending, another step was taken towards the future. Further, Our Grade XII DP students also achieved batches of honor for their results in the first Unit Test. Recognizing and celebrating these accomplishments not only encourages academic excellence but also inspires others to reach for their highest potential. Similarly, our students of Grade XI DP geared up for their first Unit Tests, and came out with flying colors, signaling the perfect start to the summer break.

In other News, the Extended Essay Awareness session was held where the students were explained the important elements of the core component. They were excited to begin this new journey of research and will be utilizing their break in introspective thought about their subjects and what they wish to do further. The students of Grade XII DP, accompanied by Ms. Sugandha Malhotra visited Pathways School, Gurgaon as guests for their TOK Exhibition. It was an enriching experience as the students engaged in enquiry sessions and discussed the epistemology of knowledge.

Lastly, with the horizontal and Vertical Collab meetings in full swing, the teachers are also attending their respective Subject workshops from IB. Home Visits, a Scottish High Tradition is also ongoing and embracing students like family.

Ms. Pooja Sharma Diploma Programme Coordinator Ms. Sugandha Malhotra Deputy Diploma Programme Coordinators

CAS - Creativity, Activity, Services

We Recycle: E-Waste Collection Drive

There has been growing concern regarding the responsible collection and safe disposal of E-waste due to the toxic chemicals it releases into the environment. Therefore, it has become imperative to reduce, reuse, refurbish, and recycle E-Waste. Moreover, The Coronavirus outbreak has had a perceptible effect on our use of electronics and digital solutions, with people relying on e-products to keep them connected with work colleagues, families and social life. This has not only meant greater use of technology in the home, but it has also led to an increase in E-waste production. the pandemic saw a drastic shift towards the use of electronic gadgets which thereby has increased the amount of E-Waste circulation.

The students of Scottish High International School, in association with 'Panasonic' are spreading awareness about E-Waste Management and its Safe Disposal. In accordance with the theme of their initiative 'We Recycle' -they strive to transform the community to be responsible global citizens as none of these initiatives can be fully effective without the active role and correct education of its people.

In light of this issue, an E-Waste Collection Drive was launched by the Green Ambassadors of the school Anurag Pareek, Akarsh Jain, Himanshi Aggarwal, Sanika Chandna, Ewan Fourie, of XI IB DP Zena Sharma, Sharanya Pandey, Atvika Gaur, Divvyesh Ramesh, Aryamaan Sinha and Simran Gupta, of XI ISC. The motivated Highlanders designed posters and brochures to spread awareness and encouraged students and the school community to deposit all their E-Waste such as old and unwanted computers, keyboards, hard drives, cables, circuit boards, lamps, clocks, flashlights, calculators, phones, radios, MP3, etc. at the collection areas in the school premises. The collected E-waste will be handed over to the authorized recyclers of Panasonic so that it can be properly recycled. The Green Ambassadors managed to collect Six boxes of E-waste within the premises of the school.

Today, technology is advancing at a very high pace, many electronic devices become "trash" after a few short years of use. Electronic waste, or e-waste, is a term for electronic products that have become unwanted, non-working, or obsolete and have essentially reached the end of their useful life. In fact, entire categories of old electronic items contribute to e-waste such as VCRs being replaced by DVD players, and DVD players being replaced by Blu-ray players. E-waste is created from anything electronic: computers, TV'S, monitors, telephone instruments, cell-phones, tablets, VCR's, CD players, FAX machines, printers, etc. Since e-waste contains very harmful chemicals, which have to be handled safely while disposing of otherwise, chemicals like mercury, lead, beryllium, brominated flame retardants, cadmium, etc. will end up in soil, water, and air which are extremely harmful to not only us but to our entire ecosystem.

Our students have truly set precedence for all to take inspiration, in both facilitating discussion and implementing solutions for such an important topic, especially when the planet is amidst a

transformative fight against pollution and global warming. Living a "Green" lifestyle will not only help to protect the environment and sustain its natural resources for the current and future generations but also be a stepping stone to a healthier, safer, and greener future.

Let us all pledge to Go Green and Recycle our E-Waste!



Ms. Kavita Yadav CAS Coordinator

Senior School Head

To construct a prosperous future, a solid groundwork is indispensable. To bring a vision to life, one must possess a dream. As aptly stated, "The future belongs to those who believe in the beauty of their dreams." Achieving greatness often requires time and effort. Persistence and perseverance serve as the two pillars that determine the ultimate success of one's journey. George Whitefield advocated for continuous progress, urging individuals to press forward without hesitation or delay, always striving for the goals set before them.

In line with these beliefs, Scottish High recently celebrated its Annual Award Ceremony on May 6, 2023. Awards and accolades play a vital role in a student's life. Even the smallest form of recognition acts as a significant motivator, encouraging students to work harder and more diligently. Bestowing awards and certificates distinguishes students and their accomplishments, further motivating them and inspiring other students to excel.

The Highlanders were honoured with a range of awards and accolades during the ceremony. These included recognition for 100% attendance, students from the Integrated Department, All Rounders, Proficiency awardees, Sports champions, and board toppers. The esteemed School Core management team presented these awards, making it a proud moment for both the students and their parents as they ascended the stage to receive their well-deserved honours.

The celebratory atmosphere continued with special assemblies dedicated to section proficiency and an Academic Scholar Badges ceremony, a noteworthy initiative taken by the school. The **\$**

Highlanders were commended for their exceptional performance after Unit Cycle I, acknowledging their hard work and dedication. These scholar badges served to boost their morale and inspire others to strive for their desired goals.

The ceremony instilled the Highlanders with self-confidence, a sense of accomplishment, and a stronger inclination towards learning.



From The Counsellor's Desk

"The beautiful thing about learning is that no one can take it away from you." —B.B. King

Series of Expert Talks were organized for the students of Middle and Senior School. Multiple experts in the field of university admissions were invited to conduct expert talks with the students of senior school. A representative from Pratham Education conducted sessions on scholarships and summer programmes with Grades XI and XII and Grades IX and X respectively. In these sessions, students were oriented about the various scholarships offered by the different bodies -educational institutes, government bodies, and others. In the session on summer programmes, students were oriented about the summer programmes opportunities available to them. This session included online, offline, free and paid summer programmes, available both within and outside India. A representative from Tokyo International University and King's College London each undertook sessions with the students of Grades XI and XII. They covered details related to admission process, eligibility criterias, facilities to the students, courses offered and scholarships offered. A representative from Collzy conducted a session with Grades IX and X in preparation for IELTS and TOEFL. This was indeed a helpful session for the students as it directed them on preparing well for these competitive exams. Mr. Vipul Gupta, Co-founder and Director of Lens Academy Private Limited, conducted an introductory session with Grade XII on Software Development.

School Principal, Dr. Sanjay Sachdeva, conducted a motivational session with the students of Grade VII on 'PUMA' - Practice, understanding, Memorising and Application. With the help of group discussions, students learned the importance of understanding, practicing, application and practice of any concept learned in the school.

Counselling Department conducted an orientation session on BridgeU with the students of Grades IX and X in which students were introduced to the platform and its applications in their admission process. Another session was conducted by the Counselling Department with Grade VI on 'Exam preparation and time management'. In this session, students conducted a self-assessment test on their preparation for the upcoming exams.

Ms. Shivani Mahindru, SSC facilitator, conducted an expert talk on G20 with the students of Grade VII. Students learned about the history, origin and achievements of G20 and its goals and aims for this year. Ms. Vrinda, English facilitator, conducted a session with Grade VIII on 'importance of oratory skills'. Students learned the basics of oratory skills and had hands-on experience of the same with activities. Ms. Neha Bansal, HoD exam department, conducted a session with Grade VIII on exam preparation. With the help of fun activities, students learned the value of time management and managing exam anxiety.

Representatives from Avishkar Robotics conducted sessions with the students of Middle School on Robotics. In these sessions, students were given hands-on experience of creating a mobile robot and operating it. These were indeed fun and knowledgeable sessions for the students.

Ms. Isha Verma Senior School Head, HoD - Modern Foreign Languages





Ms. Deeksha Saini Counselling Department

Education For Underprivileged Children

Working Towards Providing Quality Education to Underprivileged: A Student-Led Initiative by Highlanders

Every child must have access to quality education as it develops essential skills to earn a living and make informed decisions. An educated individual is more capable of navigating through hard times and contributing to the growth of society in comparison to an individual who never received formal education.

With the primary objective to create equal opportunities for underprivileged children living in urban and semi-urban areas, Highlanders joined hands with Lotus Petal Foundation to provide quality education to the underprivileged. Under their Goodness Club, they are all focusing on mobilizing the students towards the cause of providing equal opportunities and working on their objective of making the world a better place.

The Highlanders along with the other club members from different schools of Gurugram joined hands to work together in the Education, Nutrition, and Livelihood sectors for the underprivileged students. Highlander Paarth Sud from Class XII A has been working diligently as the Vice-President of the Goodness Club. He has been coordinating with others and teaching Mathematics and English to the students of the primary wing of the school at their Dhunela campus. All the Club members are currently engaged in various donation drives like stationary and book collection drives and helping in making a positive impact in the lives of the underprivileged children studying in both the schools run by the foundation. The committed Highlanders are going there every Saturday to the Dhunela campus and are deeply engaged with the students to improve their level of learning and help them in their studies through Doubt-solving, teaching subjects like Mathematics and English, etc.

Recently, there was an offline orientation for the new club members at the Dhunela Campus of the Foundation where students Paarth Sud, Jhanvi Raghav, Tanishq Kalra, Josika Ahluwalia, Teesta all from Grades XI and XII ISC and DP along with other Highlanders from Grade IX and XII attended the orientation and got a chance to interact with the students. These Highlanders have pledged to themselves that they will continue working for the welfare of the underprivileged during their summer break and will focus on Sustainable Development Goal number 4 which aims to "ensure inclusive and equitable quality education and promote lifelong learning opportunities for all."



From Our Budding Writers



Mother's Day

Treated us with so much love Turned us into elegant doves Given us so much care And have always been fair and square We love the beautiful art you make And your yummy mango shake! But we have to tell you that The best part of you is your guiding and loving heart...

Naisha Garg, Grade III-C

DEALING WITH NEW BEGINNINGS

Some doors close with a goodbye. Some doors close with tears. But there are some doors, that open new doors. My journey from junior to middle school has opened for me the door of hope and new learnings. It is the door of FUTURE, also known as Class - VI.

I believe all new beginnings are exciting as you never know what surprises are in store for you. For me, it was intriguing to be in primary from the very beginning. I remember my first day at school in Grade I. At first, I felt petrified or even timorous. It did take me time to adapt to my surroundings and get used to my teachers and others.

As I look back to the years spent in the primary classes – Grade I and V, I see myself like a seed, waiting to germinate and become a plant. It was breath-taking and exhilarating for me. Over the years, many people have helped in watering the seed inside me - my mother, my principals, my teachers, my classmates and others. It gave me the capability to look at the future through so many eyes. Each of them wanted that I should shine in life.

Soon, I realised that in school you get to do a lot more than just studies. For instance - participating in various competitions and olympiads and win prizes for the school to make your parents and the school proud. In addition to that, such opportunities made me confident and enabled me to identify my strengths and weaknesses. This has taught me an important lesson, that no achievement is an 'individual achievement'. It is always the support you receive from others that ensures your success.

One thing we should all keep in mind - sometimes when you feel that your teacher is going too harsh on you that's not true. Every teacher is just in the process of shaping you and your future. They all want the best for you.

Now let me tell you something. Yes! There are more responsibilities now in Grade VI. Studies are heavier than before. But the thing about a journey is that you can never be fully prepared. The surprises that await you as you walk a new road, makes it exciting. For sure I know that with the help and blessings from my class teacher, my subject teachers, my principal, my parents and my guardians I will be able to ace all the tests in life.

Now that I have stepped into the door of future, the Senior Wing, I'm excited to imbibe the new learnings it has to offer. I mean sure, the studies are heavier than what it was earlier; sure there are more tests and exams; sure every subject has a different teacher; sure the home works are more - but hey, victory doesn't come easy.

You have to toil for it. This entire process of rigorous classes only makes a student more sharp, responsible, knowledgeable and focussed.

When you move one step ahead, the metamorphosis of coming from primary school to middle school may be hard to adapt and that's natural.

The best way to make a go of this new territory is to be sincere. Be sincere in each and every class, learn the lessons sincerely, ask questions to your teachers, form study groups with classmates and help each other to rise.

When you are sincere at the beginning of the session, it will bear fruit in the end when the final exams are held.

As Roald Amundsen once said - "Victory awaits him who has everything in order, luck some people call it. Defeat is certain for him who has neglected to take necessary precautions in time; this is called bad luck."

Even I am doing the same when I joined Grade VI. So, what about you?

Laura Anika, Grde VI-D

विलोम वाक्य

दैवज्ञ वेंकटाध्वरि नाम के संस्कृत कवि ने १७वी शताब्दी में "राघावयादवीयम् विलोम काव्यम्" नामक संस्कृत कृति की रचना की। उस ग्रन्थ के ३० श्लोकों में से एक यहाँ प्रस्तुत है।

वन्देऽहं देवं तं श्रीतं रन्तारं कालं भासा यः ।

रामो रामाधीराप्यागो लीलामारायोध्ये वासे ॥

अर्थात –

"मैं भगवान श्री राम की वंदना करता हूँ,जिन्होंने माता सीता के लिए अपने हृदय में पीड़ा लिए सहयादरी पर्वत पार करके लंका जाकर रावण का वध किया तत्पश्चात् अपनी अर्धांगिनी,सीता, के साथ अयोध्या लौटे और वहाँ बहुत समय के लिए राज किया ।" यदि इस वाक्य को विलोम रूप में पढ़ें तो यह होगा...

> सेवाध्येयो रामालाली गोप्याराधी मारामोरा । यस्साभालंकारं तारं तं श्रीतं वन्देहं देवं ॥

अर्थात -

"मैं भगवान श्री कृष्ण को नमन करता हूँ ,जिनके वक्ष स्थल में लक्ष्मी माँ का निवास है,जिनकी उपासना केवल श्रद्धा और तपस्या से हो सकती है,जो रुक्मिणी एवं अन्य पत्नियों के संग व्यवहार करते हैं,जिन्हे गोपियाँ पूजती हैं और जो मुक्तामणियों से शोभायमान हैं।"

विलोम वाक्यों को अंग्रेजी भाषा में 'पालन्दिरेम्ए' कहा जाता है।

आंजनेय कौल़ ग्रेड नौ एफ

बूँदें गिरी

बूँदें गिरी आसमान से और धरती भीगी है। दरार पडी आकाश में और बिजली चमकी है, बादलों का रंग बदला, काला साया छाया है। गए दिन सूखी डालो के, पत्तों का वक्त आया है। बादलों ने जल बरसाया या बदले इरादे, आया है पानी, आयी पुरानी यादें। दिन का दिया बुझा मानों रात आई है, बरसा है पानी बचपन की याद आयी है। बूँदें बरसी इसलिए खुशी के आँसू रोए। दुख भूल अपना हम भी थोडा खुश हुए, बता गयी वो टपककर जो जिंदगी बीती है, बूँदें गिरी आसमान से और धरती भीगी है।

अनाक्ष नागपाल ग्रेड आंठ एफ

Percy Jackson And The Lightning Thief

"Percy Jackson and the Lightning Thief" is a riveting and fast-paced fantasy novel by Rick Riordan. The book chronicles the story of Percy Jackson, a 12-year-old boy who discovers that he is a demigod, the progeny of Poseidon, the Greek god of the sea. As he embarks on a quest to recover Zeus' pilfered lightning bolt, Percy confronts a series of perilous challenges and engages in battles against mythical monsters from Greek lore.

One of the most notable features of this book is its unique fusion of ancient Greek mythology and modern-day settings. Riordan adeptly intertwines classical Greek deities, goddesses, and creatures into contemporary America, giving the narrative a fresh and captivating feel. The characters are also wellcrafted and relatable, with Percy's sharp and sardonic tone driving the story forward.

In addition, the book is brimming with thrilling action sequences that will keep readers on the edge of their seats. The combat scenes are vividly portrayed, allowing readers to vividly visualize the skirmishes between Percy and the various monsters he encounters. The book also includes several surprising plot twists, keeping readers engaged and eager to learn how the story unfolds.

Overall, "Percy Jackson and the Lightning Thief" is a remarkable and awe-inspiring adventure that will enthral readers of all ages, particularly those with a deep-seated passion for mythology and fantasy. It strikes a perfect balance of action, humour, and poignancy, making it a quintessential work of contemporary young adult literature. The book is a testament to Riordan's exceptional storytelling ability and his talent for creating vibrant and unforgettable characters that linger in the reader's mind long after the final page has been turned.

Prisha Abrol, Grade IX IG-A

Mindless Thoughts

Have a worry in your mind, Many sounds echoing through, Many mindful thoughts too, More difficulties to find. Obsessing over a single thing, Running off to search some answers, Moving through sites, an encircling dancer, A tune to sing. Distracted thoughts now find more, Comes into sight a little object, One more thing to subject, Another worry to explore. Look left and right, Lost track of time, Lifted a book then chimes, An alarm after sleeping through the night. Another day passing off, In the same way thoughts blurry, Thinking about mindless worries, Wonder what it was you were thinking of?

Sia Aggarwal, Grade IX-F

The Joy of Small Things

The joy of small things, The moments we don't remember, Are really the moments, We should cherish forever. It could be something simple, Rather than something extraordinary, Like meeting someone for the first time, And connecting instantly. Like seeing the world painted fresh and new after rain, Or spending time with a friend that helps you smile through the pain. Or spending time with a friend that helps you smile through the pain. A simple night time stroll, walking down the pavement, Drenched in absolute peace and contentment. Those little things in life, Like sleeping in on a Sunday, Like receiving flowers, Or going on a drive while your favourite song plays. Like making someone laugh, Or seeing the moon glow, Like when someone loves you, And they let their feelings show. These are the things that keep us going, But also the ones we most often forget, As we focus on the negative without ever knowing, How much good there is to look for instead. So here's to the joy of small things, The moments we never remember, But really the moments We should cherish forever.

Swarnika Joshi, Grade X-E

Princess Diana



In the heart of London, a solemn procession Moved slowly through the streets with great discretion A nation mourned, their sorrow deep and true For Princess Diana, taken far too soon. Her beauty, her grace, her gentle soul Will be remembered forever, a cherished role In the hearts of those who loved her so And to the world, her memory will forever glow. Though she's gone, she'll never be forgotten For in our hearts, her memory will remain Unbroken A beacon of hope, a symbol of love A shining star that now shines above.

Raisa Bhardwaj, Grade X IG-A



Economic Development of Women in Rural Haryana

Women's empowerment refers to granting women the same rights as men. In fact, rural women are the torchbearers for social, economic, and environmental transformation in the 'New India.' In India, agriculture employs about 80 percent of rural women. Integrating rural women's workforce in agriculture can bring a paradigm shift toward economic growth.

Economic, societal, family-level, and individual issues are the four basic groups into which rural women's issues can be separated. The majority of issues are related to the social and political transition and change that are occurring in the nation. The change from one system to another has resulted in greater financial difficulties, loss of paid employment, and unemployment for many rural women and families. Lowincome levels are the main issue with private agriculture sector. Dependence on their husbands' salaries is a major financial issue for many rural women. Economic and social issues are intertwined; for example, unemployment and a lack of income frequently lead to starvation, disease, and drunkenness.

The government of Haryana has taken many initiatives, introducing schemes Self Help Groups (SHGs), skill development as well as microfinance programs, Swarna Jayanti Gram Swarojgar Yojana, and the Mahila Shakti Kendra, all to enable the empowerment of women rurally. The economic empowerment of rural women in Haryana can lead to a plethora of benefits not only for the women but also for the region overall.

Overall, the economic development of rural women is vital for achieving gender equality, poverty reduction, improved health and education, economic growth, and sustainable development, acting as an essential step towards a more egalitarian and successful society.

Shreshtha Chaturvedi, Grade XII IBDP

The Forbidden Island of the Sentinelese Tribe

In the midst of the Bay of Bengal, surrounded by the sea's vast expanse, lies a small island shrouded in mystery and isolation. North Sentinel Island is home to the Sentinelese, a tribe of indigenous people who have had little contact with the outside world for thousands of years. They fiercely guard their land against outsiders and are known for their hostility towards those who attempt to approach their shores. Despite being one of the most isolated places on Earth, North Sentinel Island has captured the imaginations of people worldwide.

The Sentinelese's way of life has raised questions about the impact of modern civilization on isolated indigenous populations. While some argue that contact with the outside world could bring benefits such as modern medicine and technology, others point out the potential dangers of exposing isolated populations to new diseases and the risk of cultural destruction.

It is vital that we respect the Sentinelese people's right to self-determination and isolation. The Indian government has prohibited any attempts to make contact with the tribe, and visitors who attempt to enter the island are met with hostility. Interacting with the Sentinelese could result in severe consequences for both the visitors and the tribe. We must acknowledge and appreciate the Sentinelese's unique way of life and their desire to maintain their isolation.

In conclusion, North Sentinel Island and the Sentinelese tribe serve as a reminder of the world's diversity and the importance of cultural preservation. We should learn to appreciate and respect the Sentinelese's way of life and recognize the dangers of imposing our beliefs and customs on isolated populations. As global citizens, we have a responsibility to preserve and respect cultural diversity, and the Sentinelese are a testament to this.

Anurag Pareek, Grade XII IBDP

Operation Blue Star

"Operation Blue Star" was a military operation carried out by the Indian government in June 1984 with the objective of removing Sikh militants who had taken refuge inside the Golden Temple complex in Amritsar, Punjab. The operation was led by the Indian Army under the orders of Prime Minister Indira Gandhi.

The Golden Temple, considered the holiest shrine for Sikhs, had been occupied by armed Sikh extremists who sought an independent Sikh state called Khalistan. The militants had fortified themselves inside the temple complex, using it as a base for their activities. The government viewed this as a threat to national security and decided to take action.

The operation involved a large-scale deployment of troops and heavy weapons. The army launched an assault on the Golden Temple, resulting in intense fighting and heavy casualties. The use of tanks and artillery led to significant damage to the temple complex and its surrounding buildings. The operation lasted for several days, and the militants were eventually defeated.

However, the operation had severe consequences. The assault on the Golden Temple deeply offended the Sikh community worldwide and led to widespread protests and outrage. It also resulted in the assassination of Prime Minister Indira Gandhi by her Sikh bodyguards a few months later, which further escalated tensions and triggered anti-Sikh riots in various parts of the country.

"Operation Blue Star" remains a highly controversial event in Indian history. While the government justified its actions as necessary to combat terrorism, critics argue that it was a disproportionate use of force and undermined the religious sentiments of the Sikh community. The scars of "Operation Blue Star" continue to resonate in the collective memory of India, highlighting the complexities of dealing with insurgency and religious conflicts.

Stuti Khanna, Grade XII-D

Wishing Stars are Warning Signs

When the nocturnal canopy unfurls above, A bejewelled tapestry unfolds before me, Where twinkling starry messengers of sirens Sparkle and dance with celestial beauty. Amidst the glittering orbs up high, The wishing stars stand out in warning, For though they captivate the eye, Their power can lead to future mourning. Beneath their benign and shimmering light, They may grant the yearnings of our soul, But their power, hidden from plain sight, May come at a cost that takes a toll. A shooting star may dash across the sky, And a wish well up within our being, But beware, it may be a veiled lie, A harbinger of trouble and unforeseen. In this fickle world of fate and chance, The stars above may guide us true, But we must heed the wishing stars' advance, For they may lead us to a path anew. So lift your eyes and gaze up high, And listen to the whispers they impart, For the stars may guide us if we're spry, And the wishing stars, warnings from the above.

Himanshi Aggarwal, Grade XII IBDP

Clan News

ANDERSON

Optimism is the faith that leads to achievement. Nothing can be done without hope and confidence. -Hellen Keller

We all go through seasons in our life, seasons of joy and seasons of sadness and trials. It is in those seasons that we learn a lot about ourselves which we never perhaps even knew before. The only way to overcome these seasonal storms is to rise above them, to gather the courage and will to stand up, to face our fears, to turn our collar up against the cold and lean into the wind. Those who survive through their hardships emerge to be stronger individuals with a more firmly rooted identity. Clan Anderson will, with the motivation and diligence of all its members, brave the turmoil of failures and disappointments to emerge as a leader and a winner.

I hereby congratulate team Anderson from Grade IX, for showcasing a brilliant performance in the Interclan Best Out of Waste Competition and bagging a brave second place in the competition. Snigdha Saxena of Grade IX secured second position in the Interclan Hindi Extempore Competition and Arav Upadhyay of Grade VIII acquired second position in Interclan English Debate.

We had investiture ceremony for our junior clan prefects. I congratulate all Grade V captains and wish them luck. Clan meetings for Grades VI and X were conducted by our newly elected clan captains and deputy clan captains. I commend the diligence and sincerity of my captains in conducting these clan meeting and making them successful by organising quizzes for young Andersonites.

> Ms. Ruma Jain Clan Elder - Anderson

BOYD

Inter-clan competitions are an integral part of school life that encourage healthy competition, teamwork, and skill development among students. These events provide students with opportunities to showcase their talents, explore their interests, and create lasting memories. Here is a quick highlight of the exciting inter-clan competitions that took place in the month of May, involving students from various Grade levels. Let's dive into the enthralling world of inter-clan activities!

The Inter-Clan Hindi Extempore Competition held in the month of May proved to be a platform

for budding orators to showcase their spontaneous speaking skills in the rich and vibrant Hindi language. The event witnessed intense competition and impressive performances, leaving the audience captivated by the eloquence and fluency displayed by the participants. Anjaneya Kaul of Grade IX won the competition and brought laurels to the clan. In the fast-paced digital era, the Inter-Clan ICT Movie Making Competition for Grade VII, students proved to be a perfect blend of creativity and technology. Teams of aspiring filmmakers collaborated to produce short films with impactful messages. Shreyansh Sharma Grade VII-F secured second position in the competition. The Inter-Clan MFL Competition held for Grade VI students celebrated the diverse linguistic talents of our students. This competition aimed to promote an appreciation for different cultures and languages while nurturing students' language skills. Our clan stood second in the completion. Inter-clan competitions play a vital role in nurturing students' talents, promoting healthy competition, and fostering a sense of belonging within the school community. The inter-clan events held in the month of May showcased the diverse skills and abilities of our students in various domains, including public speaking, filmmaking, language proficiency, and scientific knowledge. I congratulate all the winners and hope to see more in the session ahead.

Ms. Akanksha Yadav, Clan Elder -Boyd

LAMONT

"Always aim high, work hard, and care deeply about what you believe in." — Hillary Clinton

Our best efforts are best only until we get more motivation that helps us improve. Always learn from your best, apply your teachings, and evolve. Our Highlanders at Scottish High always prove that 'the higher the better' and keep doing continuous efforts to achieve their goal. In this month of May, students were busy in preparing for their first unit cycle of the session and also keeping their spirits high to participate in clan competitions as well. Arjun Gaba from Grade IX and Aditi Gupta, Sheen Koul, Ajooni Kaur from Grade X showed their exemplary team work and made the clan proud by securing first position in Inter Clan Best out of Waste competition. Angad Joshi and Thea Gera from Grade X enthusiastically participated in Inter Clan Geo Buzz Competition and secured first position too. In Inter Clan Hindi Extempore competition Adyansh Saxena and Avyukt Mahajan from Grade X secured second position. While keeping our aims high and continuous motivation, Rida Iqbal and Abir Basu from Grade VIII participated in Inter Clan English Debate competition and proudly bagged first position. Our Lamont team from Grade XI, Nihaal Singh Bajwa, Prisha Gandhi, Tarak Ram Katneni and Ayush Krishn secured second position in Inter Clan Science Quiz competition.

Kudos to all the winners and participants from the clan. Always keep rising and shining.

And now it's time for the summer holidays which means lots of fun, relaxation and enjoyment. Holidays doesn't need to entail extensive travel. The fun of it is going somewhere that is different from your daily routine life. This may be a short drive from home, an extended road trip, or an excursion to the other side of town. So, enjoy your summer holidays, utilize your time in best practices which will surely help to enhance your overall personality.

Ms. Kiran Cacoria, Clan Elder - Lamont

MACARTHUR

"Two things define you: your patience when you have nothing and your attitude when you have everything."

-George Bernard Shaw

Once again clan MacArthur has proved its mettle; all the hard work and continuous perseverance has resulted in the fruit of success. I feel immense pleasure in congratulating all the teachers and students of clan MacArthur for lifting the Best Clan Trophy for the session 2022-2023.

With beginning of the new session we got our new clan captains Channan Randhawa and

Aryan Ved Bhalla to shoulder the responsibility and take the clan to the new pinnacles. Ishani Das and Abhinav Sharma have been appointed as the deputy clan captains to support the clan.

Our clan grabbed positions in most of the competitions. In middle school Amairah Kaul and Armaan jain of Grade VI secured first position in ICT Quiz, Tanay Singh and Arin Sharma of Grade VII held first position in the Movie Making Competition and Aaradhya Nigam and Ruman bagged second position in the Plan, Construct and Design Competition. Ujjesha Srivastava of Grade VIII secured second position in the Hindi Samachar Vachan Competition and third position in the English Debate.

In the senior category Karandheer Gahlot,

Rishika and Maisa obtained first position in the English Parliamentary debate. Anaya Dogra bagged third position in the Hindi Extempore, Raisa, Abier, Kyra and Vaishnavi held third position in the Best Out of Waste Competition. In Geo Buzz Akshat Aggarwal and Aksh Kataria bagged second position. In senior secondary category Shaurya Mathur, Devdeep, Kashvi and Anant Secured first position and added another feather to the cap. Dear students keep working hard your urge to win should not stop. We have to sustain our victory and prove that it is not by chance, but by our capability. Always remember, the secret of our success is that we never give up.

> Ms. Pooja Sethi Clan Elder - Macarthur

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Golf

ANITYA'S TIP OF THE MONTH

This month, let's have a look at one of the most common mistakes that juniors make - they fall back on to their trail side while taking a follow through in a chip or a pitch shot

As you can see in the pictures, I have hit a chip shot and my body weight has fallen towards my right leg. The most common reason for players to do this is that they believe that falling back will help them in getting the golf ball up in the air. What this falling back will do is to change the bottom of the swing or change the place where



the club is to make contact with the turf and hence change the contact with the golf ball. In most cases, the club strikes the grass much before the golf ball resulting in either duffing the shot or sometimes topping it as well.

The falling back and scooping the ball in the air is a very inconsistent way to play these shots and should be avoided. As we have seen in earlier articles, for best results, the weight in a chip or pitch shot should start favouring the front side and stays the same as you swing your arms back and through.

Compiled by:-Ms. Ankita Jain Golf Coordinator

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