



# SCOTTISH HIGH<sup>TM</sup>

INTERNATIONAL SCHOOL

## THE NORTH WIND

Volume XC, Issue 90

November 2023



*From the*  
**Principal's Desk**

## A WELL-COORDINATED NOVEMBER

Last night's remarkable and emotionally charged experience showcased the exemplary coordination among various agencies in the successful rescue of 41 laborers from the Uttarkashi Tunnel. The seamless integration of NDRF, SDRF, Army, Airforce, Central and State Agencies, as well as experts, played a pivotal role in this miraculous operation. This perfect coordination has become the driving force behind India's ability to host a successful Cricket World Cup in 2023.

The resounding success of the 19th Annual Day event can be attributed to the collaborative efforts of our students and the dedicated departments involved. Noteworthy contributions came from the Performing Arts Department, the light and sound crew, costume and makeup departments, along with the invaluable support from the HR Department and Estate office. Once again, the flawless synthesis and coordination stole the show, emphasizing that when we prioritize the interests of our country

and institution over personal gains, nothing is beyond our reach.

The triumph of Diwali Celebrations in the School, along with the well-executed School camps for the Primary Wing and the ongoing camps at Bhimtal and Ranthambore for Grade IX and XI, underscores the significance of collaboration and coordination among respective departments.

Meanwhile, Grade X and XII are diligently focusing on their academic preparations for the upcoming pre-board examinations. Simultaneously, the Primary Wing is gearing up for their forthcoming FDPs, exemplifying vibrant examples of coordination and positive momentum. This spirit of unity is what sets Scottish High apart from other institutions.

As we navigate through the academic year, the coordination between the Academic and Administrative departments will shape the path ahead. The planning for the next session, encompassing aspects such as Eric, Time Table, Infrastructural requirements, among others, is already in progress. The smiling faces of the staff members are a testament to their understanding and respect for each other's needs, reflecting a steady and collaborative process that defines the spirit of Scottish High School.

*In other words, a better understanding and coordination are the most invaluable tools that have the power to propel us to great heights. Rightly said in Sanskrit:*

**“अल्पानामपि वस्तूनां संहतिः कार्यसाधिका”**

**“A group of even small things can accomplish work.”**

**Dr. Sanjay Sachdeva**  
School Principal

## Cultivating Agency at Home

As adults, one of our primary goal is to empower our children to become independent and capable individuals. Developing agency in small kids is a crucial aspect for their overall growth and well-being. Agency refers to a child's ability to make choices, take initiative, and actively participate in their own lives. In nurturing agency in small kids at home, we can play a pivotal role in fostering independence and confidence. Encouraging decision-making by offering choices throughout the day, allowing them to actively participate in simple decisions enables the kids to understand that they are capable decision makers. We can promote self-help skills by encouraging them to tackle basic tasks like dressing themselves or setting the table, fostering a sense of capability. Establishing clear boundaries in a safe environment helps children feel secure, enabling them to explore and engage with their surroundings. We need to acknowledge and celebrate their efforts and achievements which in turn will reinforce their sense of agency and self-worth.

We can support curiosity and exploration by providing

opportunities for discovery, encouraging a proactive approach to learning. Allowing problem-solving and resilience, showcasing how to face challenges and learning from mistakes is a relevant way of developing agency. Active listening and creating an open space for communication develops strong communication skills, it helps students to understand the power of expressions and words. Unstructured play and involvement in daily tasks where there are opportunities to take ownership develops them into responsible and accountable human beings. Finally, patience, support, and recognizing that each child develops at their own pace can be a great way to help us to develop agency among our little ones. Through these strategies, we can empower kids to become confident, independent individuals actively engaged in their own growth and development.

**Ms. Seema Bhati**  
Primary School Director





# PYP

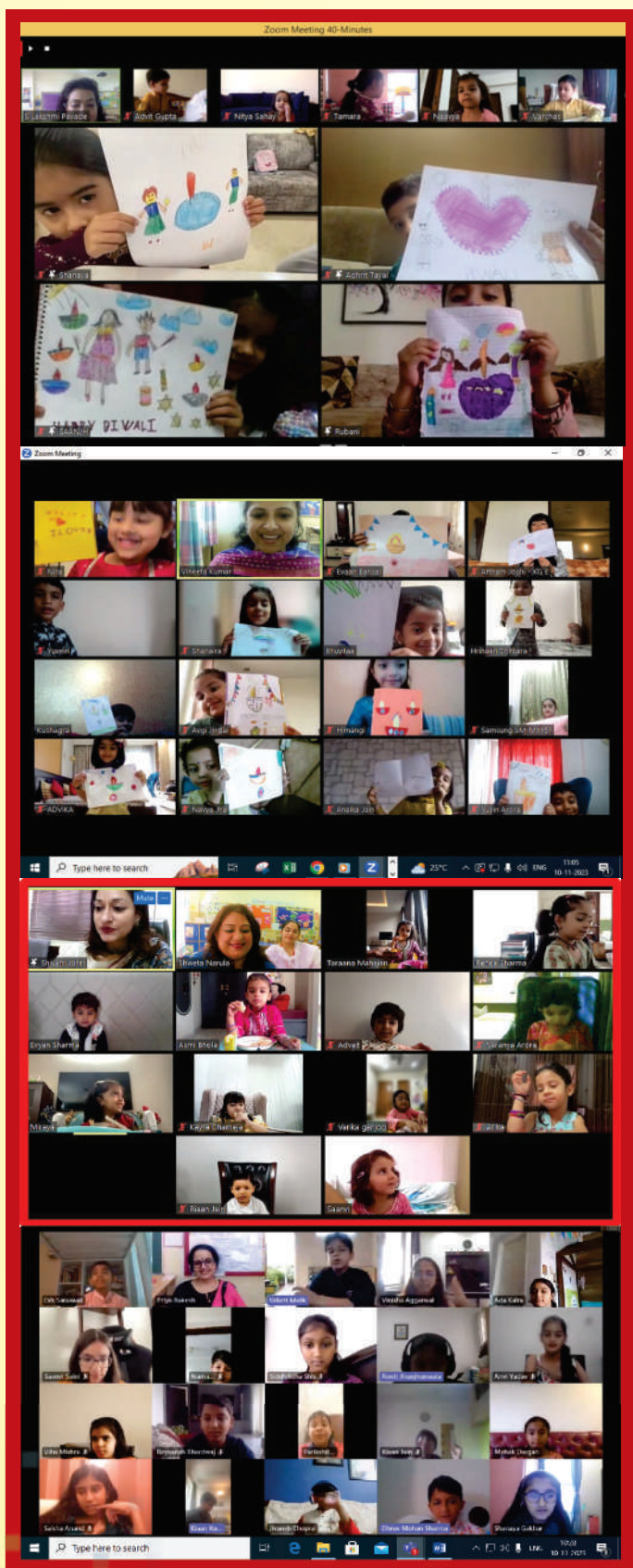
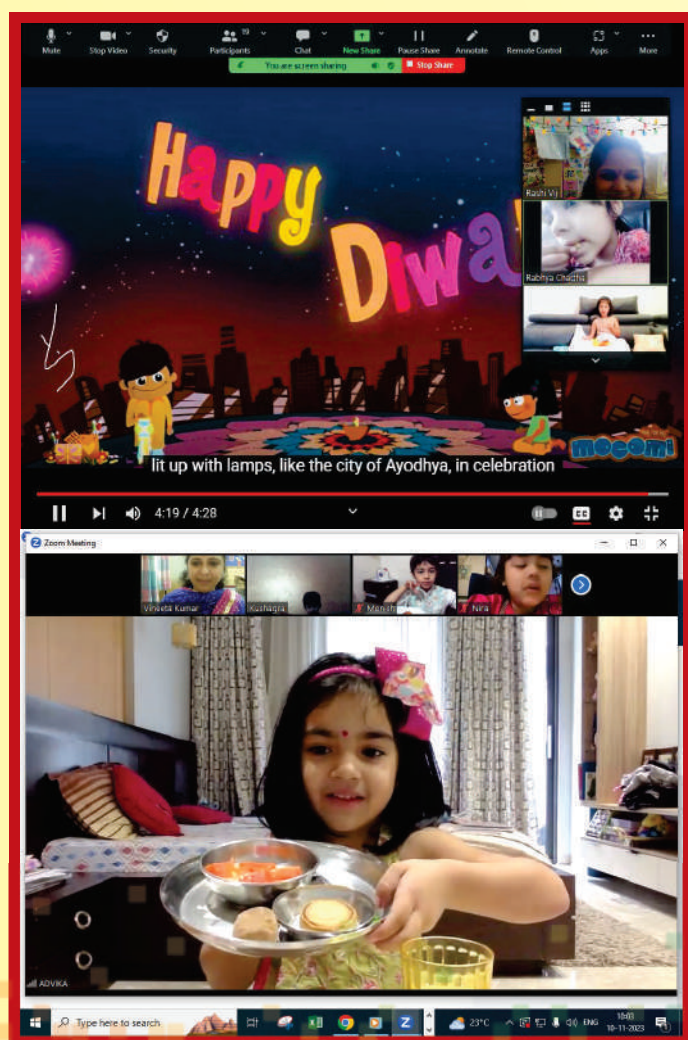
**“The greatness of a culture can be found in its festivals.”**

With the students of Early Years and Primary Wing shifting to online mode of teaching due to the rise in air pollution, Diwali, the festival of lights was celebrated in a unique manner this year.

To provide a vibrant and culturally rich experience, children came dressed in their festive best and had an online class party wherein they brought in their favourite festive snack and a healthy drink to show and relish during the session.

Art and craft session wherein their handiwork reflected bright and colourful Diwali scenes, singing festive songs had the Highlanders participating with full zeal.

The teachers while sharing the significance of Diwali through storytelling session, also laid emphasis on the need to celebrate a safe and green Diwali thereby instilling environmentally conscious practices and promoting well-being of both individuals and the planet.





***It is said: "Language is not just a tool; it's the magical bridge that transforms a child's thoughts into words, fostering not only communication but the boundless realms of imagination, understanding, and connection."***

English Week Celebration in Early and Primary Years from 20th to 24th November, 2023 was celebrated by incorporating dedicated time for language-rich activities in the classrooms. With a focus on enhancing communication skills in the young Highlanders and overall language development, play based and enriching engagements such as storytelling and picture reading, show and tell, reading exercises; recapitulation of letters of the alphabet and vocabulary building exercise through floor and movement games and so on, were planned.

Encouraging the young students to practice tongue twisters on the other hand proved to be a whole lot of fun experience while helping the learners learners to refine their articulation and enhance their overall pronunciation skills.

The English Elocution Competition gave the young minds an opportunity to express themselves, emerging as confident communicators.

Parental involvement through the Reading Programme was another way through which love for stories and reading was inculcated while reinforcing the importance of language skills at home and fostering a collaborative approach to learning.

Overall, the English Week provided a well-rounded and meaningful approach to learning and set the stage for a lifelong love of language and literature.







***“Play is our brain's favourite way of learning.”***  
- Diane Ackerman

To enhance the learning experiences of the students of Grade Nursery as they explore the unit under the Transdisciplinary Theme- How we organize ourselves, play based role-play sessions were much appreciated by the students. Inquiring about different vehicles, their purposes and the experiences associated with them led to symbolic exploration. Making use of learning spaces by creating dedicated areas in the classrooms and outside to represent different transportation settings, providing the children with a variety of props and situations helped in imaginative thinking, language development and deepening of conceptual understanding as the children made connections with real-life experiences.



***“When educating the minds of our youth, we must not forget to educate their hearts.”***

- Dalai Lama

The past few weeks, the students of Nursery during SEL time, have been focusing on kindness towards animals through mindful activities. With an endeavour to foster empathy and compassion in the little ones along with promoting a sense of responsibility, a visit by a pet and its pet parent was arranged for the young Highlanders which proved to be an exciting experience. Engaging in a discussion, petting the dog, understanding their needs and what it entails to take care of them including their food, grooming and giving comfort, the interaction helped in developing a connect and in appreciating and respecting the animal world.





During the unit 'How We Organize Ourselves', learners of Grade V showcased their diverse talents at a show named - Exploring the Leader in me through a Talent Show where they truly shone while unveiling a spectrum of skills and creativity that they possess. From mesmerizing musical performances to jaw-dropping dance routines, the event was a testament to the incredible abilities within our students. This talent show not only provided a platform for individual expressions but also fostered a feeling of social and emotional well-being among students for each other. This event was not just about talent, but was a celebration of unity in diversity, supportive and emotional connections that contributed to a healthier school environment. Students also expressed their gratitude to the school leadership through handmade cards. A sense of gratefulness in our SHIS Highlanders was very well reflected in the colourful drawings, thoughtful messages and personal notes which they added in their cards to show their intense emotions. Their self-designed cards were more than just an artistic expression and became a token of love and gratitude for their educators, depicting their social and emotional well-being. This engagement filled the atmosphere with a spirit of thankfulness and strengthened the bond between students and their inspirational mentors.



***"Team work makes the dream work."***  
**- John.S.Maxwell**

The Annual Day this year, yet again was an outstanding event showcasing the talent, creativity and enthusiasm of our Highlanders. Beautifully choreographed to timeless classics, it presented a myriad of emotions through skits, songs and dances and left the audience spell-bound. Grade V students together displayed commendable self-management skills and bonhomie, as they came together to light up the stage with their energetic and elegant performances.





**"Empowering teachers through continuous professional development is not just an investment in educators; it's an investment in the limitless potential of every student they inspire."**

A few of our PYP teachers from Early Years and Primary Wing attended the Job Alike Session on Saturday, 25th November, 2023 held at Pathways World School, Gurgaon. This was a platform for sharing best practices and enriching learning experiences.



## CONNECTING TO THE WORLD

Grade II students enhanced their international-mindedness and developed an understanding of different cultures through a series of interactive virtual connects to learn about festivals like Halloween and Thanksgiving. They had rich learning experiences, culture exploration, and celebration of diverse traditions that make our world so unique and vibrant.



**Ms. Virender Bhullar, Deputy PYPC, attended the Asia Pacific Category 3 workshop on Creating a Curriculum for Transdisciplinary Learning in Mumbai from 24th Nov to 26th November, 2023.**

Deputy PYP Coordinators



# Medley of Activities



As the brisk winds of November swept through, the art and craft classrooms were abuzz with creativity and enthusiasm. The month witnessed a kaleidoscope of activities that brought together the imaginative strokes of our younger Highlanders and the disciplined rehearsals of our school performers.

Students of Grades I and V, embarked on a journey of artistic expression, crafting their own compositions inspired by the festival of Diwali and mastering the delicate art of paper lantern making. They transformed their classrooms into vibrant hubs of literary and artistic exploration. From tales of twinkling diyas to heartfelt narratives of family celebrations, the classrooms became a repository of the diverse perspectives of our budding wordsmiths.

While the primary school students immersed themselves in the world of Diwali-themed art and craft, our Highlanders of Grades V and XII, were diligently involved in the preparations for the highly anticipated annual day. The school resonated with the sounds of dance rehearsals, musical ensembles, and theatrical performances as the students fine-tuned their performances under the guidance of dedicated instructors. Dance troupes showcased precision in every movement, weaving captivating stories through their choreography. Musical talents harmonized their voices and instruments to create melodic symphonies that promised to captivate the audience. Drama teams brought scripts to life, infusing the auditorium with a blend of humor, emotion, and thought-provoking narratives.

November at Scottish high unfolded as a month where creativity knew no bounds. The Highlanders through their Diwali decorations, brought the spirit of the festival to life in classrooms and corridors. Simultaneously, Grades V and XII with their tireless dedication to annual day rehearsals, set the stage for a grand showcase of talent and artistry. The school campus became a vibrant canvas, illustrating the harmonious blend of youthful creativity and disciplined preparation, making November a truly memorable month in the artistic tapestry.

In addition to this, Mahika Raina (VII) won 2nd position in the National Final level of the Annual Youth Fest, Harmony 2023 "Magic with Colours" competition organized by TGELF on 30th November, 2023.

***Congratulations to everyone!***

**Ms. Amitta Gahallot**  
**HoD Visual and Performing Arts**



Theatre holds a profound significance in education, serving as a dynamic tool to enhance various aspects of a student's development. Beyond the scripted lines and dramatic performances, theatre cultivates crucial life skills. It nurtures creativity by encouraging students to explore their imagination, fostering a sense of innovation that extends beyond the stage. In addition, participation in theatrical activities promotes teamwork and

collaboration, instilling a sense of responsibility and mutual respect among students.

Moreover, theatre is a powerful medium for building confidence and effective communication skills. Whether through acting, directing, or stage management, students learn to express themselves with clarity and conviction. The emotional intelligence gained from understanding diverse characters and narratives also fosters empathy and a broader worldview.

In an era where technology often dominates communication, theatre provides a tangible, interpersonal experience, allowing students to connect with both the material and each other on a deeper level. The integration of theatre into education enriches the learning process, creating well-rounded individuals equipped for the challenges of a diverse and interconnected world.

**Rohit Kumar Kalra**  
**Theatre Arts - Instructor**



The month of November was a blast for our musically inclined Highlanders. Annual Day saw our talented students forming an impromptu band that stole the show. From guitar riffs to drum solos, they rocked the stage, leaving everyone in awe. As the echoes of applause faded, our primary students in Grade III immediately shifted gears for the upcoming Front Desk Programme in December with their rehearsals going in full swing.

In between, our aspiring musicians added new tunes to their repertoire. From the sea shanty sensation "Wellerman" to the classic "Eye of the Tiger by The Survivor" our school halls echoed with a diverse range of melodies. "Going to the River" and "Don't Worry Be Happy" songs became instant favorites.

Beyond the spotlight, these musical endeavors fostered teamwork, creativity, and a sense of achievement among our students. The air is buzzing with anticipation as December approaches, promising more harmonious moments. Stay tuned for the crescendo!

**Shivam Srivastava**  
**Western Music Teacher**



## Modern Foreign Languages

A series of workshops were attended by the French teachers of the MFL Department. Around 10 French teachers were selected by Institut Français to attend this session. From our school, Ms. Rupali Arora, TGT French Language Facilitator, was selected to attend the same.

The certified workshop leaders Ms. Krithika, Ms. Sakshi Tendon and Mr. Chetan Lalchandani familiarised the teachers with the aims and objectives of the workshop.

The four in-depth sessions dealt with written and oral reception activities, animation techniques, conceptualization and systematization activities, oral and written expression, key stages of an educational sequence and pre-pedagogical analysis of learning support documents.



### DEL F workshop for examiners and evaluators

The **DEL F (Diplôme d'Etudes en Langue Française)** certification is awarded by the French Ministry of Education to certify French language proficiency of non-native speakers.

Around 22 French teachers from different schools in Delhi and Gurugram were selected by Institut Français to attend the session. Ms. Rupali Arora, TGT French Language Facilitator, was selected and sent to attend the workshop.

The workshop included presentations, group discussions and moderations of the scripts.



### **Teaching French Grammar- Online French Workshop By Dr. Preeti Bhutani**

On the occasion of 20th year of Prayatna Education Society, it organised an online zoom session on French grammar for teachers. Ms. Rupali Arora and Ms. Akansha Kakkar attended this online workshop. The session was conducted in French and was attended by more than 100 enthusiastic teachers. It was a great opportunity for teachers to share their pedagogical skills and enhance their knowledge that can be utilized in the classrooms.



### **Prayatna Education Society French Workshop**

**By Dr. Preeti Bhutani - L'ART D'ENSEIGNER**

Prayatna Education Society organised a French Training session (Formation Pédagogique) for the French Teachers. The session was attended by the French Department of Scottish High International School i.e. Ms. Rupali Arora, and Ms. Akansha Kakkar.

It was an interactive and enriching session followed by high tea and distribution of certificates, attended by more than 100 dedicated teachers.

The session was in French and provided teachers with new ideas, activities and games to enhance their pedagogical skills that can be utilized in the classrooms.

It was a journey of enhancing teaching skills & sharing knowledge by making a significant impact of language education.



Our Highlanders of Grades V and VIII participated enthusiastically in the event 'Culture par Concours- extend your French world through competition' organized by Rachna Sagar Pvt. Ltd

It was indeed an opportunity to promote awareness about the multicultural world for the generation Z learners and evoke their interest in the French language and culture.

Grades V and VI participated in the event of card making, Grade VII made presentations on a French city and Grade VIII



participated in advertisement making competition in the target language.

Winners were felicitated with certificates and prizes.

Our school was also applauded for its maximum participation. It was indeed a vibrant tapestry of opportunities to showcase their linguistic prowess.

#### List of winners:

CLASS	NAME OF THE STUDENT	ACTIVITY	RANK
<b>Class 6</b>			
6A	Aadita Oberoi	Débutant- une carte	1st
6A	Myrah Bajpai Itaque	Débutant- une carte	2nd
6B	Vayun Mehta	Débutant- une carte	3rd
<b>Class 7</b>			
7B	Hazel Singh	Intermédiaire- ma ville imaginaire	1st
7B	Devansh Kanwar	Intermédiaire- ma ville imaginaire	2nd
7B	Aayushmaan Kaulshik	Intermédiaire- ma ville imaginaire	3rd
<b>Class 8</b>			
8C	Tejeshwar Singh	Avancé- un concours de publicité	1st
8B	Inayat Kaur	Avancé- un concours de publicité	2nd
8B	Emya Jain	Avancé- un concours de publicité	3rd



### 'CULTURE PAR CONCOURS' COMPETITION ON BASTILLE DAY



### The French Teachers Training Programme by CISCE

The French Teachers Training Programme was conducted by

CISCE on 16th and 17th October, 2023 at its Delhi office located in Nehru Place. The experienced resource person Ms. Amina Yasmeen, initiated the training with the concept of "Capacity building for French" at ICSE level. The workshop was divided into different sessions over the two days and was attended by 21 teachers from different ICSE schools all over India.

The workshop aimed to enhance the pedagogical skills of the teachers and educators in the region and focused on the topic of "Characteristics of a good assessment". It consisted of multiple sessions throughout the day, covering the vision of a curriculum and art of correcting an ICSE French paper. The speaker also suggested various books and other resource material related to the curriculum. The exchange of ideas and experiences enriched the learning environment and fostered collaboration among educators.

Overall, the training programme was very helpful and productive.



### Intercultural Approach in FLE Class

The Institut Français/ French Embassy organised an online training session for French language teachers on the intercultural approach in FLE class on Friday, November 17, 2023.

The session included identifying the issues of the intercultural approach in class, creating a learning sequence to develop intercultural competence and using authentic media with an intercultural aim.

The sessions were in French and provided teachers with new ideas, exercises and lesson plans to increase their learners' fluency and engagement in class.

**Ms. Isha Verma**  
Senior School Head,  
HoD - Modern Foreign Languages

## Middle School (Grade VI to VIII)

**"Technology, when harnessed wisely, becomes the brushstroke that paints the canvas of progress, the melody that orchestrates innovation, and the bridge that connects dreams to reality."**

In the rapidly evolving landscape of education, technology and gadgets have become integral tools for enhancing the learning experience in schools. From interactive whiteboards to tablets and educational apps, these advancements are reshaping traditional teaching methods. Gadgets such as tablets and laptops allow for personalized learning experiences.





Adaptive learning software tailors' content to individual student needs, promoting self-paced learning and addressing varied learning abilities within a classroom. Technology enhances communication between students, teachers, and parents. Messaging apps, emails, and online platforms streamline communication, keeping everyone in the educational ecosystem well-informed about progress, assignments, and events. Striking a balance with technology is crucial. By keeping the following points in mind, one can ensure that technology is used in a way that does not harm us.

#### **Limit Screen Time**

Set reasonable limits on screen time, especially for activities like using smartphones, tablets, or computers. Encourage breaks and outdoor activities to reduce prolonged exposure to screens.

#### **Follow the 20 Rule**

Remind yourself and others to take a break every 20 minutes. This helps reduce eye strain and fatigue associated with prolonged screen use.

#### **Adjust Display Settings**

Optimize device settings such as brightness and font size to create a comfortable viewing experience. Use blue light filters.

#### **Practice Digital Detox**

Designate specific times for a "digital detox" where you disconnect from electronic devices. This break can help reduce stress, improve sleep quality, and foster better mental well-being.

#### **Promote Physical Activity**

Encourage a healthy lifestyle by balancing screen time with physical activities. Incorporate exercise routines, outdoor play, or recreational activities to mitigate the sedentary effects of technology.

#### **Establish Tech-Free Zones**

Designate certain areas, like bedrooms, as tech-free zones to promote better sleep hygiene. Avoid using electronic devices at least an hour before bedtime to improve the quality of sleep.

#### **Mindful Technology Use**

Be mindful of how technology is used. Avoid excessive use for non-essential activities, and promote purposeful and intentional screen time for learning, communication, or productivity.

#### **Encourage Social Interaction**

Use technology to enhance, not replace, face-to-face interactions. Encourage socializing with friends and family in person rather than relying solely on digital communication.

By adopting these strategies, individuals can harness the benefits of technology while minimizing its potential negative impact on health and well-being. It's about using technology as a tool for enhancement rather than letting it dominate our lives to the detriment of our physical and mental health.

**Ms. Geetanjali Ahuja**  
Middle School Coordinator

## IGCSE

### **Title: Liberights' Remarkable Fundraiser for 'Pledge a Smile': A Beacon of Hope**

In a heartwarming display of generosity and community spirit, a group of dedicated students from X-IGCSE embarked on a mission with a global perspective. Raisa Bhardwaj, Vasudha Upadhyay, Mehr Kaur, and Ridhima Singh, collectively known as 'Liberights,' organized a fundraiser aimed at raising awareness and providing essential support to an NGO committed to championing fundamental human rights. Their tireless efforts culminated in a remarkable success, with the group raising a substantial Rs. 4,000.

Liberights is driven by the profound desire to do more than just raise awareness about fundamental human rights. They are resolute in taking tangible steps to incorporate these rights into the lives of less fortunate individuals. In a refreshing departure from traditional fundraisers, Liberights decided to adopt an innovative approach. They sold cold, homemade iced tea and creatively adorned the locality with posters that passionately conveyed their mission.

The fundraiser took place in a bustling complex, and the response from the community was overwhelming. The cool and refreshing iced tea became an instant hit, with every pint quickly being devoured, making the event a resounding success amid the scorching Gurgaon heat.

The funds raised by Liberights, amounting to a commendable Rs. 4,000 to an NGO dedicated to providing aid to those who lack basic human rights. This organization's commitment extends to fulfilling the basic needs of underprivileged children and adults, including education, medical care, clothing, and food.

Reflecting on their successful fundraiser, a member of Liberights expressed, "It's always such a wholesome feeling one gets after giving back to society! Taking even the smallest steps makes a big difference. We are all so glad we could donate to the cause and raise awareness!"

The efforts of these compassionate students are an inspiration to all, and their dedication to the cause of human rights and social welfare is truly commendable. Their fundraiser has shown that, together, we can make a positive impact and contribute to the betterment of society, one step at a time. In a world where every bit of kindness matters, Liberights have illuminated a path to make the world a better place, one small act of generosity at a time.



**Mr Pawan Mittal**  
Cambridge Curriculum Head,  
PDQ Leader. & HoD Mathematics





## ICSE - ISC Bulletin

Throughout the month, our XII Highlanders were occupied with their coursework and college applications. The pre-board examination of X and XII started in the last week of November. The Council's Final Board date sheet is awaited.

Our Highlanders performed a magnificent Annual Function to display their talents. It goes without saying that the Annual Function has always been a highlight event honouring SHIS's artistic and creative community. The level of commitment and perseverance in carrying it out is unmatched.

**Bravo to all the Highlanders for their tremendous work in producing this amazing concert!**

Following the fantastic yearly event, Grades IX and XI students attended much awaited relaxing camps. If we want to effectively educate pupils for life, we have to provide them experiences that last a lifetime. The Highlanders worked together as a team with peers who weren't in their regular group. They made lifelong friendships, which is definitely a rewarding learning experience in and of itself. During these days, the students had an absolute blast and returned home with priceless memories.

Additionally, our Highlanders are consistently earning laurels for the school with numerous competition. Ayush Singh, Aarav Gupta and Aaryan Ved Bhalla of Grade XI ISC achieved the Third Position as National Winners in the Wisdom of Crowd category of the Nationwide Competition- Youth Ideathon held at IIT Delhi, organized by CBSE, MEPSC, and Think Startup. Notably, our Highlanders Business Pitch Video secured the highest number of views at a staggering 19.4k views. Aarav Gupta of XI and Diljit Singh of XII secured First Position in Dimension Craft organised by K R Mangalam School. Also, Riya Gupta (XI) and Channan Randhawa (XI) attained First Position in the Inter-School English Debate Competition.

The list of accomplishments in academics, athletics, and other extracurricular activities is infinite.

**Well-done Highlanders! Hoping for an even better month coming fall!**

**Ms. Barkha Anand**  
ICSE-ISC Curriculum Head

## IBDP

"Success is not just about the destination, but the journey undertaken to reach it. Our IBDP students at Grades XI and XII have certainly embraced this philosophy, showcasing remarkable achievements and unwavering determination in various domains. Let's delve into the highlights of their recent endeavours."

In the realm of sports, the Grade XI IBDP students demonstrated their prowess on the basketball court by securing the fourth position in the inter-school basketball tournament hosted at G D Goenka. The spirited teamwork and competitive spirit displayed by our students were truly commendable.

Shifting gears to the world of business and innovation, Malhaar Garg and Prahjwal Tiwari, also from Grade XI IBDP, secured the third position in the competition 'The Next CEO.' Their stellar performance included presenting a groundbreaking business model at KIIT World School, reflecting not only their



business acumen but also their ability to think creatively and strategically.

The festive spirit was alive and vibrant as our students actively participated in the Diwali Mela, bringing joy and cultural richness to the school community.

Their involvement showcased a sense of community spirit and cultural appreciation that is truly heartening.

Meanwhile, the Grade XII IBDP students are gearing up for the Mock-1 Examination, demonstrating their commitment to academic excellence. Simultaneously, they are diligently working on their Internal Assessments and

Extended Essays, showcasing self-management skills.

On the creative front, Grade XI IBDP students are channelling their energies into preparing for the upcoming school event – Annual Day. Their dedication to showcasing their talents and contributing to the cultural tapestry of our school is truly inspiring.

In the realm of leadership and global awareness, Aarna Chopra of Grade XII IBDP participated in the MIT Youth Leadership Conference held at Pathways World School. Her involvement in such prestigious conferences reflects not only her individual commitment but also the global perspective fostered within our student body.

As we witness these accomplishments, it's evident that our IBDP students are not just excelling academically but also embracing a holistic approach to education. They embody the spirit of inquiry, innovation, and community engagement that defines the IB curriculum. Congratulations to all our students on their remarkable achievements, and may they continue to shine brightly on their educational journey.

**Ms. Pooja Sharma**  
Diploma Programme Coordinator  
**Ms. Smriti Dudeja**  
Deputy Diploma Programme Coordinators

## Senior School Head

Annual Day 2023- a vibrant showcasing of talent, dedication, and community spirit was held on Saturday, 25th November 2023. The event held a special place in the hearts of students, teachers, and parents alike, marking a culmination of a year's worth of hard work, learning, and growth.

The teachers and students collaborated, rehearsed tirelessly, and put in their best efforts to present a mesmerizing show. The preparations encompassed a myriad of activities—dance rehearsals, drama practices, music sessions, and art creations—each contributing to the grand spectacle.

On the day of the event, the school premises was abuzz with excitement. The venue was adorned in colorful decorations, and a palpable sense of energy filled the air. As parents, guests, and well-wishers gathered, the anticipation mounted.





The School Annual Report presented by the School Principal was a testament to the school's achievements and accolades during the academic year 2022-23.

The Annual Day celebration isn't just about the performances; it was about fostering a sense of belonging and instilling values of teamwork, discipline, and perseverance. It taught our students the importance of dedication and commitment toward a common goal, nurturing their holistic development beyond academics.

As the curtains drew to a close, the memories created during the Annual Day linger on. The laughter, applause, and shared moments become cherished memories, fueling inspirations for the year ahead.

**Ms. Isha Verma**  
Senior School Head,  
HoD - Modern Foreign Languages

## From The Counsellor's Desk

*"Compassion is all-inclusive. Compassion knows no boundaries. Compassion comes with awareness, and awareness breaks all narrow territories"*

- Amit Ray

A University Career Fair was organised for Senior School students and parents. The event saw the active participation of more than 40 esteemed universities from India, the USA, UK, Canada, Europe, and Ireland. Additionally, the fair welcomed Future MBBS, a specialised resource for aspiring medical professionals applying for European universities. NGO partners were also present to showcase opportunities for students to engage in community-building activities.

The Fair functioned as an information hub, allowing attendees to explore the diverse academic offerings of renowned international institutions. Each university, ranging from India to Europe, provided in-depth insights into program specifics, admission requirements, scholarship details, and campus life. The event aimed to equip attendees with the knowledge necessary to make informed decisions about their academic and career paths.

During Expert Talks for Middle School students, the School Counsellor Ms. Geetika Setia facilitated sessions on a diverse range of topics. A session on Social Awareness was meticulously designed to foster personal development and provide students with essential life skills. It focused on helping students gain a deeper understanding of the world around them. In a series of sessions on Emotional Intelligence & Building Empathy, real-life examples and thought-provoking videos were shared, prompting students to engage in discussions exploring various situations where empathy could be applied. The sessions portrayed the importance of fostering better connections and relationships, highlighting the benefits of promoting understanding and support between individuals.

By emphasising the significance of understanding and practising empathy, these sessions aimed to cultivate a deeper sense of compassion and emotional intelligence among the students. This empowerment equips them to navigate the complex web of human relationships with greater understanding and kindness, contributing to their holistic development.



**Dr. Neha Singh Maurya (HoD, Counselling)**  
**Ms. Geetika Setia (School Counsellor)**



## From Our Budding Writers

### Mental Health Delineates Alacrity

Spent a day reminiscing about the past?  
Any neoteric incidents to last?  
Somebody proliferating mundane thoughts?  
Admonitory instincts against fought?  
Well, health delineates alacrity,  
Mentally, being not dead but alive rudimentary,  
Living in the pulchritudinous present,  
Ignoring elusive thoughts antecedent.  
Mind coruscating with positivity,  
Dreams reached and achieved, no enmity,  
Work to be ebullient and reach heights,  
Don't ponder upon the numinous past, hindsight.  
Think about the disposition of plans,  
To reach the cryptic goal and stand,  
For what we believe in and be blithesome,  
Celebrate Mental Health day and have fun!

**Sia Aggarwal, Grade IX-F**



## Assam's Pioneering Role in our Tea Industry

Nestled in the north-eastern corner of India, Assam boasts a legacy intertwined with the world of tea cultivation. This report embarks on a captivating journey to explore Assam's pivotal role in India's tea industry. It delves into the historical genesis of tea cultivation, the indelible influence of British planters, and the far-reaching impact of the tea industry on Assam's economy, society, and cultural fabric. The tale of Assam's tea industry commences in the early 19th century when British explorers, notably Robert Bruce and Charles Alexander Bruce, chanced upon wild tea plants thriving amidst Assam's luxuriant forests. This serendipitous discovery marked the inception of structured tea cultivation in the region. Assam's climate, characterized by abundant rainfall and humidity, proved eminently conducive to tea growth, laying the groundwork for the burgeoning tea sector.

The tea industry's imprint on Assam's economy is profound, ranking among the foremost contributors to the state's revenue and employment generation. Assam's tea estates have garnered global acclaim for their premium tea, commanding international markets and significantly augmenting India's foreign exchange reserves. This economic windfall has facilitated extensive infrastructural development, catalysing improvements in transportation networks and educational institutions within the state.

Additionally, the tea industry has also exerted an enduring social influence. Assam's tea gardens often serve as microcosms of society, providing housing, healthcare, and educational facilities for laborers and their families. Nevertheless, challenges such as labour disputes and working conditions have arisen, underscoring the necessity for equitable labour practices and social reforms within the industry.

In summation, Assam's journey in the realm of tea cultivation is an extraordinary saga of discovery, progress, and cultural assimilation. From its historical inception to the present day, the tea industry has indelibly etched its mark on Assam's economy, society, and cultural ethos, making it an integral component of the state's identity and heritage.

**Prisha Abrol, Grade IX IG-A**

## How will deleting Social Media as a Teenager Change your Life?

We are all quite aware of social media and its adverse effects. It's a distraction and disruption in our day-to-day duties: endless scrolling, analysing new trends, and, most importantly, excessive and superficial socializing. However, this doesn't seem to change or budge our usage of these platforms.

To establish a new perspective, this article will highlight how the absence of social media will benefit your life. In our day and age, social media is hardly being used for its intended purpose; rather, it is acting as a distraction. Social media is almost being used as an escape from one's life and, more accurately, as a coping mechanism for countless individuals. Deleting just a mere app from

your phone will allow us to be much more aware of our surroundings. Not only this, but it will also force us to cope with and face our problems directly. Dealing with our problems face-first, without the influence of unhealthy dopamine intake, will enhance the learning and, thus, make the experience of something negative valuable in our lives.

Another important point is that the absence of social media in our lives will almost entirely remove the need for external validation, whether it be on appearance or actions. It is undeniable that likes, comments, and even views on social media alter our confidence and self-esteem, both negatively and positively. However, the fact that a mindless click by someone can make even the slightest change to how we view ourselves is daunting. Thus, removing social media from our lives will also eliminate this incessant need for external validation and, in turn, base our self-esteem and confidence on more worthy parameters.

**Aarika Sharma, Grade X-D**

## The End

They say every end is a new beginning, and to me, fall always signifies an end.

The end of summer, with its carefree breeze and fleeting fireflies.

The end of the ephemeral feeling of sand on skin.

The end of ever-changing hues of the bright evening skies.

And yet, as the leaves wind down the trees and lay with the earth intertwined, in the end, I saw the most indescribable beauty.

Fierce and flaming in the dwindling sun's light, picturesque fall,

even in death, painting the world in bewitching serendipity.

And in the end, the forest, though left barren, was just the chance for a new beginning after all.

**Swarnika Joshi, Grade X-E**

## Chimamanda Ngozi Adichie



**Raisa Bhardwaj, Grade X IG-A**





## Beyond Boundaries: Afghanistan's Cricket Odyssey - From Refugee Camps to World Cup Glory

From the dusty grounds of refugee camps to the lush green fields of the world's top cricketing venues, the Afghan cricket team's journey is a tale of remarkable resilience and triumph. Their rise from obscurity to international acclaim in the early 2000s is not just a sports story but a beacon of hope for a nation striving against adversity.

In the confines of Pakistani refugee camps, cricket became a solace for Afghan youths. Amidst limited resources and challenging conditions, they nurtured their passion for the game, laying the groundwork for an unimaginable future. The team's ascent began with achieving One Day International (ODI) status in 2009, a significant milestone marking the start of a new era in Afghan sports.

By 2023, their journey reached a pinnacle when they participated in the ICC Cricket World Cup and made it into the top six. This achievement propelled them into the elite circle of the top 8 teams in world cricket, a dramatic leap from being relatively unknown. This wasn't just a sporting success but a symbol of national pride and hope for Afghanistan.

Embedded within this narrative are stories of individual players like Rashid Khan, who rose from humble beginnings to become a world-renowned bowler. Like many of his teammates, his story is marked by grit and perseverance, echoing the spirit of the Afghan people.

The team's success has significantly impacted Afghan culture. Streets that once echoed with uncertainty now buzz with the sounds of children playing cricket, inspired by their national heroes. This transformation is a testament to the power of sports in uniting people and igniting dreams.

In essence, the Afghan cricket team's odyssey transcends the realm of sports. It's a story of overcoming odds, a journey that continues to inspire and unite, demonstrating that even from the depths of hardship, great triumphs can emerge.

**Anurag Pareek, Grade XII-DP**

## Winds of Change

In the tapestry of release, introspect,  
Bid adieu to shadows, the soul's dialect.

A person, a locale, or an idea profound,  
In relinquishing, a metamorphosis unbound.

Through teary interludes, a poignant adieu,  
a symphony of emotions, skies anew.

Grief, a poignant sonnet, softly sung,  
yet within the void, resilience is strung.

In the hush of solitude, a healing psalm,  
the art of letting go, a soothing balm.

As chapters conclude, horizons unfold,  
a canvas painted, stories retold.

Life's mosaic, painted with finesse,

Letting go, an art, a tranquil caress.

Release the anchors, the soul's tether,  
discover liberation, let spirit feather.

In the ballet of surrender, find the sublime,  
the art of letting go, transcending time.

Beneath the moon's soft glow, reflections dance,  
whispers of farewell, a serenade, a chance.

Silhouettes of memories, gracefully bow,  
as the river of time continues to flow.

The garden of farewells blooms of hope,  
petals unfurling, a resilient elope.

Footprints on the sands of yesterday,

**Himanshi Aggarwal, Grade XII-DP**

## Role of Microfinance for Rural Women, Microfinance Acting as a Catalyst

Microfinance, serving as a beacon of financial empowerment and social change, plays a crucial role in igniting economic transformation among rural women. Microfinance institutions intervene in areas where traditional banking services are frequently inaccessible, providing specialized financial products to empower women in rural communities.

Firstly, microfinance equips these women with the resources needed to launch and grow small businesses. Microfinance institutions enable them to engage in income-generating activities such as agriculture, handicrafts, or retail ventures by providing small loans. This financial assistance not only improves their financial situation but also encourages entrepreneurship, boosting regional economies and opening up job opportunities.

Secondly, microfinance promotes financial literacy and inclusion. Microfinance organizations support women's financial planning by offering services like savings accounts and insurance coverage. Concurrent financial literacy programs disseminate crucial information, providing women with the tools they need to effectively manage their finances. This newfound financial savvy ensures the long-term economic stability and growth of women and their communities.

Additionally, microfinance elevates the social status of rural women, promoting independence and self-assurance. As these women become financially independent, they gain more power in their homes and communities. This increased self-assurance frequently results in active involvement in decision-making, challenging conventional gender norms, and standing up for their rights.

In summary, microfinance serves as a transformative force that lowers barriers and provides rural women with greater economic, social, and personal freedom. Microfinance institutions pave the way for a better, more equitable future for women in rural areas by offering financial resources, fostering financial literacy, and encouraging self-assurance, ensuring they are active participants in the path toward prosperity and gender equality.

**Shreshtha Chaturvedi, Grade XII-DP**





## Clan News

### ANDERSON

Success is the realization of one's goals and aspirations, often accompanied by a sense of fulfillment and personal growth. It is a multifaceted and deeply personal concept that encompasses the journey of overcoming challenges, learning from failures, and persisting in the face of adversity. True success is a dynamic and evolving process, marked by continuous improvement and a commitment for excellence.

There have been few good competitions this month and Andersonites performed commendably well. Rian Sanghi (IX),

Siddharth Kapoor (IX) and Yuvraj Arora (X) proved to be the best team in Interclan Math Quiz by winning the competition and enchanting the audience with their mental math and logical reasoning. Team Anderson also stood first in the Interclan Video Editing Competition. I congratulate Kundan Singh (VIII) and Chitwan Kwatra (VIII) for their editing skills. Aratrika Das (VI) bagged the second place in the Interclan Hindi Extempore Competition. I applaud them for their remarkable accomplishments, it is truly well earned.

Achieving success begins with setting clear, achievable goals that align with your passions and values. Embrace challenges as

opportunities for growth, and maintain a flexible approach to adapt to evolving circumstances. Cultivate a strong work ethic, stay disciplined, and consistently strive for improvement in your skills and knowledge. Surround yourself with a supportive network of mentors, colleagues, and friends who inspire and challenge you. Learn from setbacks and view them as valuable lessons on the path to success. Success is not a destination but a journey, so savor each step, stay persistent, and remain committed to your vision, and you'll pave the way for a successful future.

**Ms. Ruma Jain, Clan Elder - Anderson**

### BOYD

*Success is not final, failure is not fatal, it is the courage to continue that counts.*  
-Winston S. Churchill

There is no reason to keep thinking about the results, let's enjoy the journey through the process of participation and exploration of our inner talents. I am delighted to witness the enthusiasm and talent that our students bring to the forefront, embodying the spirit of Clan Boyd again in the month of November.

In the spirit of festivity, Inter clan Rangoli

competition added a splash of color and creativity to the school. Our talented team once again showcased their prowess, and secured second position. This team was comprising of Sanvi Sengupta (VII-D), Advita Airi (VII-C), Nandini Miglani (VII IG-A) and Samaira Mundair (VII IG-A).

Furthermore, our brilliant minds performed exceptional in the Interclan Advertisement Making competition for Grades XI and XII. Team representing our clan was comprising of Pranshul Sharma (XI ISC) and Malhaar Garg (XI DP) got first position. Their innovative and captivating presentation not only demonstrated their creative flair but also highlighted the collaborative spirit

within Clan Boyd.

As we celebrate these victories, let us use this momentum to encourage even greater participation in upcoming interclan competitions. The experiences gained from these events not only upgrade individual skills but also strengthen the bonds that define our clan. I urge all students to actively engage and showcase their talents, and contribute to their very own clan.

Once again, congratulations to all the winners and the participants for their outstanding achievements in one way or the other. May the spirit of collaboration and determination continue to guide us through the exciting journey ahead.

**Ms. Akanksha Yadav, Clan Elder -Boyd**

### LAMONT

*"Every accomplishment starts with the decision to try." – Gail Devers*

Very well said Quote. A complete dedication even towards small accomplishments every day gives us joy in our heart and smile on our face which becomes motivation for the next day. A human mind is always in a process of learning and training itself for each and every task which is going to help an individual to progress towards all aspects of life. In life of a student, education is beautification of the inner world and the outer world and Co-curricular activities in addition are aids in boosting student's success. As students engage with different activities and programs, they can strengthen their academic knowledge and gain valuable skills they may otherwise not have. Various Inter Clan Competitions always a golden opportunity to our

highlanders to learn and showcase their skills in different areas for over all development. These activities help students in improving social skills. Involvement encourages students to collaborate with peers and gain experience working as a team. Additionally, it is an excellent way to meet different peer groups with similar interests and goals. These activities acts as a remedy for relieving stress. Coursework can be challenging, and students who experience anxiety can alleviate some of these unwanted feelings by participating in co-curricular activities. Students can enjoy their favourite pastimes while building skills and making new connections. These activities helps them to in strengthening applications as students many experiences will be there to list on graduate school applications and further job applications. Co-curricular activities can help set students apart and highlight their remarkable qualities. It is important to understand that participation, planning and execution of any activity helps in improving their academic performance as it can teach students time-management skills and improve focus. Our

Scottish Highlanders are much aware of importance of co-curricular activities and always gives best. From Lamont for Akshaj Srivastava Grade VI showed oratory and acting skills in Inter Clan Talking Titans Competition and proudly won the second position. From Grade X, Adyansh Saxena and Angad Joshi participated in Inter Clan Hindi Debate and proudly secured first and third positions respectively. Ruaan Sharma from Grade VII showed his artistic Skills during Inter Clan Mathematical Art Work Competition and secured second position. Krishna Sapru and Aarav Jain from Grade VIII showed their best team work and proudly won second position in Inter Clan Video Editing Competition. Nihaal Singh Bajwa and Krish Dewan from Grade XI Participated in Inter Clan Advertisement Making Competition as a team and bagged second position for our clan.

Congratulations to all the winners and participants for their efforts. Keep working towards your success always with a great enthusiasm.

**Ms. Kiran Cacoria, Clan Elder - Lamont**

### MACARTHUR

*"Stars don't compete with each other; they just shine. Embrace your uniqueness and illuminate the world."*

As the world prepares for the festive season ahead, November acts as a bridge between the fading echoes of autumn and the approaching enchantment of winter. It is a time for reflection on the enduring power of goodness and the importance of unity.

In the radiant ambiance of our festive celebrations, our students have not only illuminated our spirits but have also engraved a legacy of pride for our clan through their remarkable achievements in various competitions. A stellar illustration of this

brilliance is Aadya Maheshwari from Grade VI, who seized the coveted first position in the Inter Clan Hindi Extempore competition. Adding to our triumphs, the dynamic duo of Amairah and Prisa clinched a remarkable second position in the Talking Titans competition, showcasing their articulate expressions and commendable communication skills. The radiance of success extended to our Grade VII students, with Mahika securing the first position and Mahi achieving the third position in the Maths Art Competition. Moreover, a collaborative effort by Mahika, Anika, Pearl, and Siya earned the clan a well-deserved third position in the Rangoli Making Competition.

In the realm of creativity and intellect, our Grade VIII students, Harshimar and Nabhilax, secured the first position in the Video Making Competition, while Vanad, Vivaan, and Mahi

claimed the second position in the Spell Bee Competition. Moving to the senior classes, Karandheer from Grade X clinched the second position in the Hindi debate, while the formidable team of Pragya and Akshat from Grade IX, joined by Vihaan from Grade X, secured the second position in the Math Quiz.

Highlighting our commitment to broader issues, Suhaani and chaanan from Grade XI showcased our clan's dedication by securing the first position in the Sustainable Goal Competition. Additionally, Ojas Sareen and Gangesh Aggarwal from Grade XI earned the clan a prestigious second position in the Advertisement Making Competition. These accomplishments not only speak volumes about the talents and dedication of our students but also contribute to the radiance of our collective success.

**Ms. Pooja Sethi, Clan Elder - Macarthur**





## Beat the pollution with Dyson air purifiers

Air quality matters, particularly if you suffer from allergies or a respiratory condition.

The Dyson air purifier is scientifically tested to capture 99.95% of pollutants as small as 0.1 microns, including bacteria and viruses<sup>1</sup>.

**dyson pure**



**Call 1800 258 6688 to book  
a free video demo or visit [Dyson.in](http://Dyson.in)**

<sup>1</sup>Tested for filtration efficiency (EN1822) at 0.1 microns. Virus testing conducted on H1N1

## Golf

### ANITYA'S TIP OF THE MONTH

#### Bunker Shot Basics

Having set up correctly in the bunker, let's have a look at two important aspects in order to take the ball out of the sand.

Firstly, in a bunker shot, there is no direct contact of the club head with the sand. The club head goes into the sand under the ball and the sand is thrown out with the speed of the swing along with the golf ball sitting on top of this sand.

You can see in the set up picture that there is a line drawn in the sand approximately two inches behind the golf ball. This is the place where I want the club to enter the sand and thereafter go under the ball. If the club hits the ball directly, the ball will simply go too far and end up over the green. If it hits too far behind this line, there may not be enough energy given to the ball for it to come out of the bunker. Hence hitting the sand at the line is hugely important.

In the second picture, you can see that I have taken a three quarter backswing and am ready to swing the club head under and through the ball. This allows me to accelerate the club head through impact thereby giving enough energy to the golf ball to come out.

A combination of a good set up along with ensuring that the club head strikes the sand at the correct location will go a long way in helping you get the ball out of the sand.



**Compiled by:-  
Ms. Ankita Jain  
Golf Coordinator**



#### The Scottish High International School

(An ISO 21001:2018 Certification, a standard for Learning Services Management)  
(Promoted by Rupteck Educational India Ltd.)

Block- G, Sushant Lok - II, Sector 57, Gurugram 122011 (Haryana)

Phone: +91 124 4112781 to 90 Fax: +91 124 2573590

Email: [info@scottishhigh.com](mailto:info@scottishhigh.com), Website: [www.scottishhigh.com](http://www.scottishhigh.com)

**Editor :** Ms. Kanchan Khanna  
**Editorial Team :** Ms. Virender Bhullar, Ms. Shivani Johri, Ms. Anshu Bhatnagar, Ms. Bhawna Rajput, Sumit Gupta, Ashok Mahakur, Ms. Poornima Thakur, Ms. Lakshmi Pavade  
**Student Editorial Team :** Stuti Khanna, Anurag Parikh, Himanshi Aggarwal, Shreshth Chaturvedi, Josika Ahluwalia, Raisa Bhardwaj, Aarika Sharma, Swarnika Joshi, Myra Mehra, Prisha Abrol, Siya Aggarwal, Aanya Nigam, Aveer Singh, Anjaneya Kaul, Ashani Srivastava, Zitin Tiku, Pari Yadav