



From the Principal's Desk

ORGANISE & OPTIMISE

Organization' is the key. If we organize ourselves well and perform, then odds of success are high. Let us understand this by looking at some of the dynamic examples today.

One of the examples we can draw inferences from is the Cricket World Cup-2023. Teams that are better organized in all departments, like India and South Africa, are playing well and giving a consistent and solid performance.

Similarly, Grade XII students are gearing up to be better structured as this month is critical for their career path-to apply for college admissions while the early decision dates are approaching fast. Grade X students are busy in organizing the final phase of their internal assessment. Academic and Administrative departments are engineered well to be collaborative for the forthcoming Diwali Mela. They are working together to celebrate the Diwali Mela with all fervour, following the success of their co-ordination and teamwork during Dussehra celebrations.

Likewise, it was nice to see the young Highlanders of Initial and Primary wing come together in colourful and scary costumes to mark the Halloween Day.

Easier said than done, organizing a mega event is not easy. However, Scottish High has earned the repute of challenging the limits. The Offsite Leadership event lately, organized by the School Management for all the Heads, Coordinators at Taj Amer, Jaipur has managed to make a powerful statement - that teamwork and sense of ownership can achieve the impossible. Speaking of the success of the event? It is fairly evident. Once again, team work and excellent organizing ability of the team hits the highest score!

Organizing yourself and achieving landmarks are not easy. As we all know our ex-student and presently an employee Ranveer Singh Saini won the Gold Medal in Special Olympics in Germany this year. His skills and achievements were well appreciated by none other than the Honourable Prime Minister Narendra Modi in his monthly radio address of Mann Ki Baat. At the same time our Judo Coach, Ms. Neelam not only guided the students to achieve laurels in the National Kurash Championship but also made everyone proud by winning the Gold Medal and qualifying to represent India in Turkmenistan for the World Championship.

Hence it is established that if we organize ourselves well and perform, then sky is the limit.

Rightly said by Benjamin Franklin: *"For every minute spent in organizing, an hour is earned"*.

Dr. Sanjay Sachdeva
School Principal

Getting Ready for the Future World

In this fast changing world, we have geared up for the skill requirement of future, therefore, partnership with parents and their involvement is extremely important in this matter. We as educators dedicate ourselves to review all areas of learning so that holistic education becomes an internal part of our routine. While we have a certain way to approach this requirement, the parents too need to be aware and involved in creating atmosphere at home for kids to be raised in a way that experiential learning is supported.

So what sort of home environment should be there to prepare kids for the world where agility and adaptability are needed to succeed? Start by exposing kids to communicate clearly from a young age. Stimulate conversation on different topics as they grow, assist them to share and express their inner feelings, help them with good words to articulate their thoughts eloquently. Children are born ready to learn, therefore reading to them at an early age will be beneficial for development of communication skills. Every time we read out loud to our toddlers we are building language skills, pointing towards pictures and asking questions develops love for inquiry which makes them curious learners.

Remember leaders are readers, so it is a good idea to start early!

Second suggestion is to use every day experiences as learning opportunities. As kids grow into young adults, all simple home activities can become great learning moments. Being involved in counting and sorting laundry to planning the home budget can be a game changer in learning to take responsibility and ownership. Remember leaders are accountable, so it is good to start early!

Lastly, lead by example. Children are genius impersonators, they pick up on everything they see us do. They learn by watching body language, how we treat others and how we react to challenges. The way we act around them shapes the person they will become. If we want our kids to get future ready we need to make the home environment leader friendly, because the skills needed to succeed in future are development of critical thinking skills and creativity. It is rightly said by Dhlwayo, "The ordinary think inside of the box, the extraordinary think outside of the box, but genius thinks inside, outside and above the box." Remember leaders can be moulded at home, so it is good to start early!

Ms. Seema Bhati
Primary School Director



PYP

Festivals promote diversity, they bring neighbours into dialogue, they increase creativity, they offer opportunities for civic pride, and they improve our general social emotional well-being.

Dussehra – Celebrating the triumph of good over evil

The celebration of 'Victory of Good Over Evil', Dussehra, took place on 20th October'23 and brought with it a festive atmosphere in school. Breaking from the routine, the day was marked with children of Early Years and Grade I coming dressed up as popular characters from the epic Ramayan such as Lord Rama, Lakshman, Sita, and Hanuman, thereby creating a lot of excitement and making it a memorable event for the students. During Dussehra celebration, our young Highlanders wrote about their negative traits which they would like to do away with, displaying their integrity towards themselves by accepting their shortcomings. Linking with the attribute of IB learner profile, principled, the burning of Ravana's effigy reinforced the idea that ultimately, truth and righteousness shall prevail. The day was also marked with the students listening to the story with rapt attention, singing related songs and making craftwork which they gleefully carried back home with them!



Halloween – Time To Get Spooky

Halloween celebration in school on 31st October, 2023, fostered global perspective and motivated the students to be internationally minded. The occasion gave the learners an opportunity to be creative, use their imagination and participate in the festivity by playing 'dress up'. Dressed up as scary monsters, witches on broom sticks, ghosts, bats, skeletons and more, the enthusiastic young Highlanders had a whale of a time listening to spooky stories and trick or treat on the occasion of Halloween. The excitement was palpable as they revelled in the day with peers.



German Day - Tag der Deutschen Einheit'

On the occasion of German Unity Day, also known as '**Tag der Deutschen Einheit**' (Tuesday, October 3, 2023) to promote cultural knowledge and linguistic diversity among the learners, various activities were conducted during German language lessons. The Primary learners dressed up in their country's tricolour (black, red, yellow). They were creative and innovative to mix and match their outfits resembling the flag. This celebration indeed gave an opportunity to the learners to cultivate international mindedness and growth mindset.





Spanish Day - Día de la Hispanidad

The Spanish Day celebration was organized to immerse participants in the vibrant culture and language of Spain. The celebration successfully engaged participants in various activities related to Spanish culture and language like Tambola, fun facts, riddles, and tongue twisters. The event fostered cultural appreciation and language learning while promoting a sense of community among participants enhanced their understanding and appreciation of diverse global cultures and languages.



*"The library is an arena of possibility,
opening both a window into the soul and
a door onto the world."*

– Rita Dove

Library week was held from 9th to 13th October 2023 with great enthusiasm for Primar Wing. Numerous events and activities were organized throughout the week to engage the students. Storytelling sessions were conducted for children, featuring popular tales and interactive activities to promote their love for reading books. Students expressed their thoughts about their favourite books through book review writing, book mark activity, expression through colouring, story composition, and letter writing. Expert talk and quizzes were also conducted for the learners. It is commendable that almost 200 students expressed their thoughts on letters to be posted to their loved ones.



“Embrace the journey of well-being and SEL, for in nurturing our hearts and minds, we pave the path to a brighter, more compassionate world.”

Celebrating SEL day in Early Years on 11th October, 2023 was an exciting and an engaging experience for the young Highlanders. Keeping it a 'No School Bag Day' proved to be a novel experience for the students. Dressed in colourful clothes, the day was the harbinger of a carefree, happy environment for the students to be in. With a focus on building healthy relationships, self-awareness, empathy and fostering social skills and effective communication and expression, many fun and exciting activities were planned. The day saw the children involved in team building exercises, spending mindful movements in the classroom, participating in a collaborative art experience and unstructured playtime, making a handiwork for one's family, witnessing a spell bounding Magic Show and much more. The nurturing and happy learning environment helped in creating a sense of belonging and community amongst the young ones, a supportive and inclusive place for the children to thrive and a stepping stone to being well-rounded individuals.



Our Primary children attended a workshop on cyber safety which was conducted by the KPMG's team on 12th October, 2023. Through this, the Highlanders learned about the importance of protecting their online identity and thus, become aware about cyber-crimes. They were made conscious about the increasing importance of AI in today's world and became familiar with the developments in this field including applications like ChatGPT by Open AI and social media applications such as Instagram, Facebook etc. This was a fruitful and interactive session which opened them up to the basics of cyber security in the digital world of today. Kudos to Ekash Kohli of Grade IV for his outstanding performance in Create.AI Fest. He demonstrated an outstanding grasp of imparted concepts and creatively applied them in AI Ideathon Competition.



“Empowering minds, inspiring hearts, and taking action for a better world – that's the PYP spirit in action!”

It was heart-warming to see the young Highlanders promoting inclusivity and spreading cheer and smiles though their small act of kind deeds towards Scott Pride students in our school. Growing up to be empathetic and caring and fostering a sense of community through their actions, **Chetas, Myra and Himansh of Nursery and Yuveen of Kindergarten**, chose to celebrate their birthdays with the less privileged children and shared sweets. Himansh also visited a blind school with his family and cut a cake with them and making it a joyful moment for everyone around! Kudos!





It is said that the smallest act of kindness is worth more than the greatest intention. **Young Arkin of Kindergarten** set up a lemonade stall in his colony and raised funds to help feed the needy in his neighbourhood! Bravo!



Embracing the authentic essence of festivals, **Vidisha Bindlish and Navyansh Sheokand of Grade II-A**, generously provided clothing,



footwear, food items and playthings to those in need. They joyfully remarked that the most gratifying aspect of the endeavour was how the delighted expressions of the beneficiaries also brought a smile to their own face.

Exhibiting Culinary Skills

As a part of the Transdisciplinary Theme – How we organize ourselves, fireless cooking engagement was conducted for students of Grade III. The enthusiastic junior Master Chefs exhibited their understanding of different types of measuring tools required to measure various ingredients by creating innovative and delectable recipes. Exercising ownership, they presented their dishes creatively and confidently.



Young Inquirers on a Mission...

Our enthusiastic Highlanders of Grade I visited the Sultanpur Bird Sanctuary as a part of their unit under the Transdisciplinary Theme – Sharing the Planet. The visit honed their research skills as they witnessed how different living beings are interdependent. One could see a twinkle in eyes of our researchers as they spotted a variety of migratory birds and different kinds of nests.



Deputy PYP Coordinators



Medley of Activities



A Colorful Journey through Art: Celebrating Young Artists

In the vibrant world of education, the arts have always played a pivotal role in fostering creativity and self-expression among students. In our art class, we've witnessed an exciting and diverse artistic journey across different Grades, with each level embracing its unique exploration of the world of art. From the youngest talents in Grade I to the more experienced artists, our students have been on an inspiring artistic adventure.

Grade I students have embarked on their artistic journey by creating their own compositions using references. At such a tender age, their artistic expressions are already taking shape, as they draw inspiration from their surroundings and experiences. Through references, they are gaining the skills to depict everyday objects, people, and scenes, and this experience lays the foundation for their creative growth. Whereas, Grade II students have delved into the exciting world of art, exploring four distinctive forms: cartoon, abstract, folk, and realistic. This diverse exposure allows students to understand that art is not limited to a single style or approach. They have the chance to experiment with various techniques, colors, and shapes, while also learning about the different ways artists express themselves. This introduction to the four forms of art not only broadens their creative horizons but also encourages them to find their own artistic voice. Our Grade III students have embraced the charm of rainy days and the simplicity of village scenes in their compositions. They have beautifully depicted the serenity and joy of rainy days, where the raindrops create a magical symphony with nature. Through their art, these students have learned to tell stories and evoke emotions through their drawings.

As our young artists progress to Grades IV and V, they've been busy putting the finishing touches on their still life compositions using soft pastels and oil pastels. Exploring still life is an excellent way for students to refine their observational skills, experiment with various artistic techniques, and gain a deeper understanding of the elements of art. On the other hand, senior school students are working on their projects.

As the festival of Dussehra approaches, our students have been immersed in a world of creativity, capturing the essence of this vibrant celebration through their drawings. With colorful depictions of towering effigies of Ravana, intricate designs of traditional 'rangoli' patterns, and the joyous scenes of people coming together to celebrate the victory of good over evil, their artwork reflects the spirit and fervor of Dussehra.

These young artists have not only showcased their artistic talents but also deepened their connection to our rich cultural heritage. Through their drawings, they convey the message that the triumph of righteousness and the renewal of hope are values that transcend time and are worth celebrating with fervor and enthusiasm.

Ms. Amita Gahallot
HoD Visual and Performing Arts



Dance is an art form that utilizes the body and the range of movement of which the body is capable. Unlike the movements performed in everyday living, dance movements are not directly related to work, travel, or survival. Dance movements involve some extra features such as expressiveness, artistic pleasures etc.

On 14th October classical dance students gave a wonderful performance for the SHIS Fest.

In primary Grades I and IV learnt Garba dance form for "Navratri" festival. Grade V and senior students continued their practice for the Annual day in full swing.

Ms. Shreewarna Rawat
Classical Dance Teacher



Students Of Middle School learned about Street Play as a mode of performance by observing the senior school students. They also observed and learned the process of Street Play making while working with senior school students during their Rehearsal and pre-production.

A short performance of Dusshera narrating the story of Ramanaya as a short play with in the class by students. Students used various storytelling methods like narration, poetry recitation and mime to showcase their understanding of the Ramanaya.

Rohit Kumar Kalra
Theatre Arts - Instructor



October was an eventful month for our musically inclined highlanders with festive season fast approaching. Our highlanders prepared and performed musical pieces on the occasion of Dusshera celebration, with great pomp and show. With Annual Day around the corner, our students spent hours everyday practicing, creating bands, choirs, deciding who plays which instrument, how to get that solo right, which drum beat suits this section of the song, co-ordinating all the pieces together, working on refinement, among myriad other aspects to deliver the final performance on the grand day.

Our highlanders in Primary also continued learning new rock songs like Eye of the Tiger by Survivor, Zombie by Cranberries, Don't Worry Be Happy and The Wellerman Song. Meanwhile Grade III geared up for their upcoming FDP and started practicing for it.

Overall October was full of excitement for our students, who are now anxiously looking forward to the Annual Day to come.

Shivam Srivastava
Western Music Teacher



From The Sports Field



SHSI under 19 Girls football team participated in the CISCE National football competition and secured 3rd position. Saanvi garg of Grade IX also got selected for the SGFI National Football Championship.

Mihira Prabhu of Grade X won 4 Gold and 1 Silver medal in SGFI state Gymnastic competition held at Ambala and got selected for the SGFI Rhythmic Gymnastics competition.

Arzoo Dahiya and Preet Ahluwalia participated in Senior National Kurash Competition held at Chhattisgarh and won bronze medal. Our sports teacher Neelam Grewal made us proud by winning gold medal in Senior National Kurash championship and also got selected for the World Kurash Championship going to be held in Turkmenistan.

Our NCC cadets are attending the annual NCC camp at Universal Public school, Bilaspur with Mr Manoj and Ms. Neelam till 29th October 2023. Nevan Betai participated in the CISCE National Cricket competition and brought laurels by getting 2nd position.

Dussehra celebrations were performed in school premises where our School Chairman Dr. Cmdr. Kartikay Saini, School Principal Dr. Sanjay Sachdeva, Primary School Director Ms. Seema Bhati and Senior School Head Ms. Isha Verma graced the occasion. School Head boy and Head Girl escorted the CMT for the celebrations.

Darshan Singh Gahallot, HoD Sports



Feier zum Tag der Deutschen Einheit at SHIS (German Unity Day Celebration)

*“To have another language is to possess
a second soul.”*

Scottish High celebrated the German Unity Day, also known as 'Tag der Deutschen Einheit', during the first week of October to promote cultural knowledge and linguistic diversity among the learners and various activities were conducted during German language lessons during this period.

They acquired knowledge about the importance of this day through stories and videos shared by the facilitator wherein they learned about the history of Germany and the events that led to the fall of Berlin Wall and later demonstrated their understanding by creating posters, bookmarks, cover-pages, singing German raps, sharing interesting facts, tongue twisters, baking ginger bread cookies, cultural knowledge, and rich history about Germany. Quizzes were also taken to assess their knowledge in an interesting manner.

The primary learners dressed up in tricolour of Germany (black, red, yellow). They were creative and innovative to mix and match their outfits to create the flag resemblance.

This celebration indeed gave an opportunity to the learners to become innovative, confident, and reflective, as well as cultivate international mindedness and growth mind set in them. It was a resounding success. It achieved its objectives of educating students about a crucial historical event and promoting the values of unity, reconciliation, and cultural diversity.



Modern Foreign Languages

Inter-Clan Modern Foreign Languages Poem Recitation Competition

The Inter-Clan Poem Recitation Competition for Grade VIII students was organized by the MFL department, in the school auditorium on Wednesday, 4th October, 2023. Students showcased their recitation skills with great enthusiasm. The primary objective of this competition was to enhance the speaking abilities of the students. Reciting poems requires not only a good command of language but also the skill to convey emotions effectively. Through this competition, students had the opportunity to refine their articulation and pronunciation, which will undoubtedly benefit them in their future academic pursuits and personal lives. This competition helped them in developing self-confidence, communication and public speaking skills, and the ability to thrive under pressure.

Bravo and well done to all the Highlanders!



The MFL Department celebrated Fiesta Nacional de España or the Spanish National Day on Thursday, 12 October 2023. The students from Grades VI and XII participated enthusiastically in the different activities designed for them. All the students learning Spanish wore small Spanish flags indicating their love for the language and appreciating the new culture.

The students made posters of Spain including Food, clothes, monuments etc. and shared amazing facts through posters in Spanish language along with bookmark and card making activities. The students from Grades IV and VIII made bookmarks and posters on the themes like famous food, famous monuments, National parade and Spanish culture depicting what Spanish language means to them. The event also featured activities like Spanish Tambola, fun facts, riddles, and tongue twisters. Intermittently throughout the event, interesting and lesser-known facts about Spain were shared with the participants. These facts covered various aspects of Spanish culture, history, traditions, and geography. Participants found this information both engaging and educational. These activities aimed to engage and entertain participants while providing insights into Spanish culture and language.

The Spanish Day celebration successfully engaged participants in various activities related to Spanish culture and language. The event fostered cultural appreciation and language learning while promoting a sense of community among participants. Future events with similar engaging activities can further enhance the understanding and appreciation of diverse cultures and languages.



Ms. Isha Verma
Senior School Head,
HoD - Modern Foreign Languages



Middle School (Grade VI to VIII)

"Success is no accident. It is hard work, perseverance, learning, studying, sacrifice, and most of all, love of what you are doing."

- Pelé

Participation is a fundamental aspect of human life, and its importance cannot be overstated. Whether it's within society, in school, sports, or in social contexts, participation plays a pivotal role in shaping our society and individual growth. Encouraging participation in various aspects of life benefits both individuals and society as a whole. It is not just an option but a necessary element in building a thriving, inclusive, and prosperous world. So, wherever you are, don't hesitate to participate your involvement can make a significant difference.

Keeping that spirit of participation alive, our Highlanders enthusiastically participated in various events. Ojas Lath, Aradhya Nigam, Arnab Goyal, and Vikhyat Bhardwaj visited the exhibition conducted by Manak Inspire held in Delhi. Our Highlanders excelled in various competitions organized by Lancans International School. Maleeha Jasif (VI-CS) and Nilayaa Mantri (VI) secured the first position in the Science Symposium. Devanshi Koul (VII) and Nandini Miglani (VII-CS) also emerged victorious in the Debate Competition, while Ruhika Seth (VII) claimed the third position in the Report Writing Competition. Congratulations to all the talented participants. Ojas lath, Sehar Srivastava and Aradhya Nigam presented their model in the 5th edition of India STEM summit.

Our Highlander Samarth Pawar, has achieved a remarkable feat by winning the bronze medal in the Haryana State Open Roller skater championship. This month, students judged for the "Most Promising Class" based on criteria such as class participation, discipline and the number of batches received in the Half-Yearly Examination.

In Grade VI, the trophy was awarded to Grade VI-D. For Grade VII overall promising class is VII-E, and in Grade VIII, it's Grade VIII-C. Congratulations to the students, class teachers and co-class teachers for their dedicated efforts in making their classes stand out. I extend my heartfelt congratulations to all the participants for their unwavering dedication and hard



work. Your commitment to your goals is truly inspiring, and I encourage you to continue pushing the boundaries of your potential. Stay focused, stay determined, and success will surely be within your reach.



Ms. Geetanjali Ahuja
Middle School Coordinator

IGCSE

Explore the World of Biology by VTRs

This report outlines the successful implementation of the "Think-Puzzle-Explore" Thinking routine activity in Biology Class, specifically within the context of the Reproduction chapter. The objective was not only to engage students in active learning but also to foster the IGCSE Learner Profile traits, aligning with the principles of inquiry-based education.

Methodology: The "Think-Puzzle-Explore" activity was conducted over two class periods:

Day 1 - Think and Puzzle:

Think: Students were encouraged to think about what they already knew about the topic - reproduction- its types, process etc. They wrote down their thoughts individually and discussed them in small groups. This phase aimed to promote the traits of being **Inquirers** and **Knowledgeable**.

Puzzle: In this phase, students were asked to identify questions or puzzles they had about reproduction mechanism, organ system etc. They considered both factual questions and conceptual puzzles, thereby promoting the traits of **Thinkers** and **Inquirers**.

Day 2 – Explore, Share, and Reflect

Explore: Students brainstormed ways to explore and find answers to their questions and puzzles. They were given access to various resources, including textbooks, online research in the form of flipped classroom. This phase encouraged students to become **Risk-takers**, as they ventured into unfamiliar territory to find answers.

Share and Discuss: In this phase, students shared their findings and insights with the class. Class discussions and group presentations allowed them to practice being **Communicators**, **Open-minded**, and **Reflective**.

Reflect: Finally, students were asked to reflect on their learning experiences. They considered how their understanding had evolved and what they had learned from the activity. This phase fostered the **Reflective** trait.

Results: The "Think-Puzzle-Explore" activity yielded several positive outcomes:

Active Engagement: Students actively engaged with the topic, demonstrating curiosity, inquisitiveness, and a desire to learn, in line with the IGCSE Learner Profile's inquirer and knowledgeable traits.

Critical Thinking: Through formulating puzzles and exploring answers, students honed their critical thinking skills, aligning with the thinker and reflective traits.

Communication Skills: The share and discuss phase improved students' communication skills, while the emphasis on open-mindedness promoted respectful dialogue and the open-minded trait.

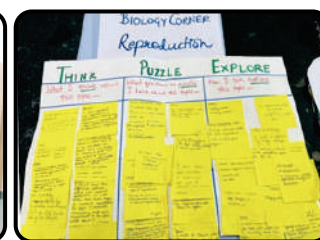
Ethical Considerations: Discussions about ethical dilemmas in reproduction aligned with the principled and caring traits, encouraging students to consider the broader implications of their learning.

Taking Risks: Many students ventured into unfamiliar territory while exploring their questions, demonstrating a willingness to take intellectual risks, in keeping with the risk-taker trait.

The "Think-Puzzle-Explore" activity, when integrated into the biology class's reproduction chapter, successfully incorporated the IGCSE Learner Profile traits. By nurturing inquirers, thinkers, communicators, reflective individuals, principled learners, open-minded students, caring individuals, risk-takers, and balanced thinkers, the activity not only enhanced students' understanding of biology but also equipped them with essential life skills that transcend the classroom. This approach promotes a holistic educational experience in line with the IGCSE curriculum's ideals. We recommend the continued use of such activities to develop well-rounded learners.



Biology Facilitator
Ms. Swati Sohini



ICSE - ISC Bulletin

*"Imagination is more important than knowledge.
For knowledge is limited, whereas imagination
embraces the entire world."*

— Albert Einstein

In the realm of education, the power of creativity carries the potential to spark a transformative change. It serves as the driving force behind innovation, shaping the future of our schools and the way we learn. By embracing and nurturing creativity, we can motivate and inspire students like never before.

At SHIS, creativity ushers in a new era of engagement and enthusiasm. It invites educators to think beyond traditional boundaries, to design dynamic and interactive learning experiences that ignite curiosity and excitement. Imagine classrooms where students are encouraged to ask questions, explore diverse perspectives, and view setbacks as opportunities for growth. This approach not only fosters a deeper understanding of subjects but also instills a love for learning that lasts a lifetime.

Additionally, innovation in education is not limited to the classroom. It encourages pupils to have large dreams and to picture a future that is only constrained by their imaginations. By encouraging innovation, we give students the knowledge and attitude they need to face the difficulties of a constantly changing world. They develop into visionaries, problem-solvers, and innovators prepared to create a better future for both themselves and society at large.

In conclusion, the infusion of creativity in education is a call to action, a path towards a more motivated, engaged, and empowered generation of students. As we embark on this journey, let us remember that creativity is not a distant ideal but a practical tool that can revolutionize the way we teach and learn, opening doors to a brighter and more promising future.

Ms. Barkha Anand
ICSE-ISC Curriculum Head

IBDP

*"Education is not the filling of a pail, but the lighting
of a fire."*

- William Butler Yeats

This quote by William Butler Yeats truly resonates with our



approach to education, especially in the IBDP for students in Grades XI and XII. Our commitment extends far beyond merely imparting knowledge. We aim to ignite a passion for learning and holistic development in our students, with a focus on various aspects of their growth.

On October 5, 2023, Grade XI and XII IBDP students took this ethos to heart as they visited Lotus Petal Senior Secondary School in Dhunela, Gurugram. During this visit, they actively engaged in meaningful CAS experiences. Planting trees promoted environmental responsibility and also served as a bridge to underprivileged students, promoting unity and knowledge exchange. This event beautifully illustrates how our students are not just focused on academics but are also actively participating in activities that contribute to the betterment of society.

Mental Health Day on October 10th was another example of our commitment to holistic education. Our IBDP students took the initiative to raise awareness about the significance of mental health and the resources available to support one another. The IBDP is known for the Extended Essay, a self-directed research project. On October 18th, our students presented their chosen subjects and research questions, showcasing their commitment to academic exploration. This pursuit of knowledge reflects the idea that education is more than just acquiring facts; it's about sparking curiosity and self-driven learning.

Moreover, during the PTM on 29th September, the IBDP students displayed their CAS projects on an event called CAS-O-Nanza. These projects not only mirror their personal interests but also underline their commitment to making a positive impact in the world. It's a testament to the idea that education should nurture a sense of social responsibility and purpose. Also, Panasonic's generous gift of a 2.1 Channel Speaker System is a fitting recognition of our school's outstanding commitment to sustainability. Winning the 'Best School Trophy' in 'Harit Umang: Joy of Green 2023' among 65 prestigious schools underscores our dedication to green practices and environmental awareness, fostering a brighter, eco-conscious future.

An interdisciplinary class, Psychology and Economics, revealed the intriguing relationship between the happiness index and culture. The intersection of psychology and economics exposes how cultural factors significantly influence an individual's subjective well-being, shaping the complex dynamics of the happiness index. This approach emphasizes that education is about making connections and exploring the world from various angles, fostering a deeper understanding of complex issues.

In preparation for their future, a Career Fair was organized for our IBDP students on October 26th. This event provided students with insights into various career paths, enabling them to make informed decisions about their futures.

Lastly, the Vertical collaboration meetings held every Wednesday and self-study every Friday provide a platform for all IBDP teachers to come together, share their experiences, and track the progress of the students. This collaborative approach ensures that the educational journey is not just about individual students but about the collective growth and development of the entire IBDP community.

In nutshell, IBDP transcends the traditional notion of filling a pail with information. It's about igniting a fire of curiosity, passion, and holistic development in our students, as reflected in our diverse activities and initiatives

Ms. Pooja Sharma

Diploma Programme Coordinator

Ms. Smriti Dudeja

Deputy Diploma Programme Coordinators

Senior School Head

In today's fast-paced and digitally-driven world, the mental health of students is a growing concern. The modern educational landscape, characterized by intense academic competition, social pressures, and constant connectivity, poses unique challenges to students' well-being.

Academic stress is a significant contributor to mental health issues among students. The pressure to excel in exams, meet high expectations, and secure a competitive edge for the future can lead to anxiety and burnout. The constant use of technology and social media further adds to the complexity, exposing students to cyberbullying, unrealistic social standards, and a persistent fear of missing out (FOMO).

Isolation and loneliness, exacerbated by the recent global events such as the COVID-19 pandemic, have also taken a toll on students' mental health. The shift to online learning has disrupted traditional social interactions, making it challenging for students to build meaningful connections and find support networks.

Addressing mental health in students requires a multi-faceted approach. At Scottish High, mental health awareness is a priority. Students have access to dynamic resources and counselling services. Destigmatizing mental health issues is crucial to encourage students to seek help without fear of judgment. Additionally, teaching stress management techniques, and fostering a supportive learning environment are essential steps toward improving the mental well-being of students which is taken care off at great lengths at SHIS.

Ultimately, prioritizing mental health in education is not just a moral imperative but also an investment in the future. A mentally healthy student body is more likely to thrive academically, socially, and emotionally, laying the foundation for a resilient and successful generation.

Ms. Isha Verma

Senior School Head,

HoD - Modern Foreign Languages

From The Counsellor's Desk

"What mental health needs is more sunlight, more candour, and more unashamed conversations."

- Glenn Close

World Mental Health Day 2023 presents a unique opportunity for individuals and communities to rally around a powerful theme: "Mental health is a universal human right." In an inspiring display of compassion and leadership, Senior school students Sanskriti Janghala, Prisha Singhal and Josika Ahluwalia took a proactive stance through an engaging campaign to raise awareness on Mental Health within the school community. On 10th October, World Mental Health Day, they designed eye-catching posters, crafted informative newsletters, and made badges to spark interest and provoke thought on this significant topic.

An informative IBCP (International Baccalaureate Career-related Programme) orientation session was organised for both parents and students of Grade X. Our esteemed Chairman Sir Dr. Cdr. Kartikay Saini, opened the session by giving insights about the school's vision for IBCP. WACP Director, Ms. Sneha

Sneha Asar and IBCP Coordinator, Dr. Neha Singh Maurya, explained every component related to the curriculum.

In a series of expert talks addressing well-rounded education, senior school students engaged in discussions on a diverse range of topics. Aakarsh Jain, the School Head boy, delivered a session on the significance of financial literacy, empowering students to make informed and responsible financial decisions. Official representatives of Collyzy facilitated a session on CUET admissions, providing valuable insights and strategies to navigate this pivotal phase in their educational journey. Furthermore, Athena Education conducted sessions that focused on students building their own personal brand and uncovering their "ikigai" – a Japanese concept representing one's unique life purpose.

For middle school students, the Middle School Coordinator, Ms. Geetanjali Ahuja, conducted sessions on 'Fostering a Positive Environment' and 'Managing Peer Pressure,' imparting invaluable life skills to the students. Mr. Amit Garg, founder of Idigizen, conducted a session on 'Entrepreneurship' encouraging them to explore their passions and interests, and align them with potential entrepreneurial ventures. Ms. Shruti, Ms. Kiran, and Ms. Alka from the Math Department introduced students to the wonders of Vedic Math. Mr. Darshan conducted a session on warm-up exercises suitable for different physical activities, emphasising their role in preventing injuries and enhancing performance. Dr. Mona Gujral addressed the responsible use of electronic devices, proper posture during screen time, eye care, and setting healthy time limits for screen usage to maintain overall well-being. Senior school student Smyan, delved into the captivating world of astronomy, fostering curiosity and exploration. Moreover, sessions on 'Self Awareness' were conducted by the school counsellor, Ms. Geetika Setia and counselling intern Ms. Nilifar Malik. These sessions collectively enriched the middle school students, providing them with a holistic educational experience that encompassed various dimensions of learning and personal development.

Ms. Geetika Setia (School Counsellor)

Dr. Neha Singh Maurya (HoD, Counselling)

CAS - Creativity, Activity, Services

CAS Fair 2023 - Exploring the Spectrum of Service by Building Bridges in Our Community

The School auditorium was alive with excitement and enthusiasm as we proudly hosted the CAS Fair 2023, a dynamic event tailored for our students in Grades IX and XII. The primary objective of this event was to create a platform for our students to connect with our local community, forging meaningful relationships while instilling core values of care, compassion, and empathy. Our goal is to mold our students into informed and socially responsible citizens who will be the change-makers of tomorrow.

This year's CAS Fair was a resounding success, bringing together students, NGOs, and community partners to showcase the incredible possibilities of service. We firmly believe that service goes beyond mere volunteerism; it is about building bridges, fostering connections, and creating a better world for everyone.

Four prominent NGOs graced the CAS Fair with their presence, each embodying unwavering commitment and dedication to making a profound difference in the world. The Earth Saviours Foundation, dedicated to the welfare of abandoned senior citizens, mentally disabled individuals, and environmental protection, is a shining example of holistic service. SOS Children

Villages of India stands as a beacon of hope for underprivileged children, offering them the chance to thrive and dream. The AICB Captain Chandanlal Special School for the Blind, Village Behrampur, provides essential guidance to the visually impaired, illuminating their path to brighter futures. Finally, the Lotus Petal Foundation, in Villages Silokhara and Dhunela, tirelessly works to provide education, nutrition, and livelihood opportunities to children living in urban and semi-urban slum areas.

Our school takes immense pride in nurturing strong affiliations with these governmental and non-governmental organizations, institutes, and community partners. These affiliations serve as the bedrock for our community service initiatives, enabling us to extend our reach and impact. The CAS Fair served as a beacon of inspiration, offering students an incredible opportunity to explore the vast spectrum of service experiences. This event acted as a compass, guiding our Highlanders towards meaningful and impactful service projects.

The CAS Fair was not just an event; it was a testament to the power of unity and compassion. We hope that every student who attended the CAS Fair leaves with a profound sense of purpose, a burning desire to make a difference, and the values of being more caring, compassionate, and empathetic.

Overall, the CAS Fair 2023 was a remarkable showcase of the potential for service in our community. It emphasized the importance of reaching out, connecting with those in need, and

making a meaningful impact in the lives of others. Let this event serve as a reminder that together, we can create a brighter and more compassionate future for everyone. Together, we can continue to build bridges and empower positive change.





Celebrating Daan Utsav: The Joy of Giving Event at Lotus Petal Foundation School, Village Dhunela, Sohna

On October 5, 2023, Highlanders of Grades XI and XII IBDP embarked on a mission to foster interaction, share knowledge, and engage in meaningful CAS experiences. To celebrate Daan Utsav: The Joy of Giving event. Students visited Lotus Petal Foundation School in Village Dhunela, Sohna, District Gurugram, an institution devoted to the education of underprivileged children, and this event was a celebration of the spirit of giving and learning. Here's a glimpse of the remarkable day:

During the Daan Utsav event, our students embarked on a journey of knowledge exchange with the students from Lotus Petal School. Highlanders presented a series of engaging e-posters and delivered a captivating presentation on the fascinating world of space and astronomy. The goal was to ignite a passion for these celestial topics among their peers.

Following this enlightening presentation, students from both schools ventured into the newly inaugurated Astronomy Lab. Together, they delved into the cosmos, sharing insights and discoveries about astronomy. The initiative was carefully designed to cultivate a keen interest in astronomy among the students, nurturing curiosity and a love for learning beyond the constraints of their regular curriculum.

Recognizing the pressing need for environmental conservation, our Highlanders actively participated in a tree-planting activity with the students of Lotus Petal Senior Secondary School within their premises. This not only added to the beauty of the school surroundings but also sowed the seeds of environmental responsibility in the hearts of all participants. The act of planting trees was symbolic of our commitment to a greener, more sustainable future.

One of the most heartwarming aspects of this visit was the high level of interaction between the students of both schools. The exchange of ideas, experiences, and knowledge created a rich and dynamic learning environment, leaving an indelible mark on everyone involved. The event provided invaluable insights into various fields for the students of Lotus Petal, sparking curiosity and expanding their horizons. Friendly outdoor games like tug of war further strengthened the bond between the students, making the day even more memorable.

The Daan Utsav event did much more than facilitating academic and intellectual exchanges. It served as a powerful reminder of the importance of social responsibility and environmental consciousness. Initiatives like these play a vital role in bridging the gaps between different socio-economic groups in our society. They foster a spirit of unity, collaboration, and shared responsibility, bringing us all closer together.

This event was a resounding success, leaving a lasting impact on our students and the students of Lotus Petal School. It showcased the power of giving, learning, and coming together to make the world a better place. We look forward to many more such events

that enrich the lives of all involved and make our world a brighter, more compassionate place.

Ms. Kavita Yadav
HoD, CAS Coordinator



From Our Budding Writers

Beyond Guns and Tanks...

*'Use your tanks.'
Use your guns.'
Where has it gone?
All the peace and fun...
When will it end?
A war going on for centuries!
Times are so dark now,
You can't even hum melodies!
A wound to the heart,
For the mother of a son.
But it's a physical wound
For a soldier who fights for the sun.
Right now we can only hope
Even though some wounds don't mend.
There is more yet to come
Because it is not the end.
Let's believe
That the world can become our dream.
We can pray and plead
For the world to see a beam.
It's peace alone
That can banish the dark clouds.
If we stand strong,
We can shout loud!*

Prisha Dua, Grade V-F

I Opened My Fortune Cookie

I opened my fortune cookie, and my heart skipped a beat. "Alex!" my mom urgently called me to get up from the restaurant booth. I held the note in my hand, which simply read, "Help me?" A shiver ran down my spine. Was someone in trouble? What could it mean?

Turning the paper over, I found an address. As we left the restaurant, I was torn between the options. Should I tell someone about this mysterious plea for help, or should I investigate it myself?

On the way home, my little brother Max kept pointing at slugs, beetles, and worms, oblivious to my internal dilemma. That night, I stared at the note and then out the window. The temptation to find out what this "help me?" message meant was almost overwhelming. But rationality prevailed; I



couldn't just jump off the fifth floor. Click! The front door closed behind me.

Outside, I spotted a package wrapped in a green cloth on the doorstep. I picked it up and hurriedly went back to the restaurant. Peering through the window, I saw two shadowy figures. I sat on the sidewalk and unwrapped the package, revealing a small night lamp and a peculiar map.

As I studied the map under the dim light, an old lady approached and started laughing. "The map belongs to that shop over there," she informed me, pointing at a shabby and dirty store. Ding! The shop's bell tinkled as I entered. Behind the counter was a young boy, about Max's age. "Is your father here?" I inquired.

An old man emerged from the back. "Give me the map, child!" he demanded. I stammered, "But, I..." "No buts!" he snapped, taking the map and studying it. "Ah, I see you found my map," he said with a kind smile. "You just won 10 free tickets to Europe!"

I was dumbfounded. The boy behind the counter explained, "We put that note in the cookie." I couldn't believe it. "Invite your family!" the man smirked.

"Mom! Dad! Max!" I yelled as I rushed through the front door. My mom, bewildered, asked, "What's gotten into you?" "We just won ten free tickets to Europe!" I shouted, and the joy in their faces matched my excitement.

Jaishnavi Dawani, Grade VI CS-B

If You Forgot What You Deserve

Chamomile flowers near the chamomile tea; lips so sweet, you think of sugar scrubs – the ones with vanilla and rose honey. If you forgot what you deserve: It's letters and bright bouquets, warm dinners and warm smiles. Playlists and sweetness, and a consistency that makes you feel safe, makes you feel seen – it's a curiosity about your life, a commitment to being in it (It's not: one second away from escaping, and then telling you it's your fault. It's not: leaving you as fast as someone they never cared about, like you were just a typo they needed to delete). If you forgot what you deserve: It's waffles over a bed of arugula, that sweet and savoury goodness that makes you feel religious. Poetry in bed, picnics at the beach. Alone time as snug as cinnamon and flowers.

Do you know? It's not too late to reinvent yourself if staying who you are is causing too much pain.

Do what you need to do to remember, you're a long way from home, I know, but, look inside, look inside: it's like a kaleidoscope spinning in a dark room.

The eminent Swiss psychiatrist Carl Jung said this: "People will do anything, no matter how absurd, to avoid facing their own souls."

But he also said this: "Who looks inside, awakes."

Aanya Nigam, Grade IX-B

Expect the Unexpected

To expect the unexpected reflects a thoroughly modern intellect. - Oscar Wilde

Creativity thrives on our capacity to astonish ourselves, and it is, in essence, born from the unforeseen. The creative spirit withers if we persist in perceiving only what we anticipate. To foster creativity, we must welcome unpredictability and actively seek the unanticipated. Yet, you might wonder, how can we reasonably expect the unexpected?

Our objective is clear: we must overcome our innate inclination to perceive only what we foresee.

One essential aspect is finding joy and fascination in the minutiae of life. Even in the most mundane circumstances, we can unearth moments of wonder and positivity. It's about recognizing the hidden beauty, the silver linings in adversity, and the thrill in the everyday. This approach transforms the ordinary into something extraordinary.

Expecting the unexpected isn't about foreseeing specific outcomes. Instead, it's about embracing a mindset where we're prepared to flip the script and perceive situations from entirely unconventional angles. It's a way of fostering unique viewpoints, turning problems on their heads, and challenging the conventional to uncover unexplored possibilities.

Disappointment often arises when our expectations collide with reality. However, we can reframe this disappointment as an opportunity for growth. Each letdown can become a stepping stone to personal development and resilience. We can extract valuable life lessons from every setback.

By adopting an "expect the unexpected" philosophy, we liberate ourselves from the shackles of fear. Instead of dreading failure, we come to accept it as a consequence of life's unpredictable paths. This newfound acceptance empowers us to make choices freely, unburdened by the judgments of others.

Ultimately, the "expect the unexpected" philosophy propels us into a future brimming with possibilities. We learn to accept that some things are beyond our control. As the classic song goes, "que será, será" – whatever will be, will be. The future remains a mystery, and we embrace it with open arms, secure in our ability to adapt to whatever it may bring.

In summary, embracing the unexpected is not a contradiction but a powerful mindset that fuels creativity, resilience, and personal growth. It allows us to uncover the extraordinary in the ordinary, view situations from fresh perspectives, learn from disappointments, and embrace the unknown with confidence. Expecting the unexpected is the key to a future filled with limitless possibilities.

Aanya Nigam, Grade IX-B

The Psychology behind Growth of Sustainable Markets

Sustainability is a rising concern for modern shoppers. Due to the growing awareness among consumers about environmental and social issues such as climate change and human rights violations, sustainability is observed as an important element of mindful consumption.

To practice sustainable consumption, consumers have to look beyond the cost of a product and realize the social and environmental impact of their choices. Such a switch in attitude does not only affect individual behaviour but also market trends, as businesses tend to adopt marketing strategies that appeal to the ongoing trends of the market.



Therefore, to survive in these highly competitive times, businesses offering sustainable goods and services will be considered more relevant.

So, what is it that drives consumers to become sustainable?

As consumers grow more conscious about the environment, their preference for sustainable products increases, thereby creating opportunities for businesses that prioritize sustainability. Consumers prioritize ethical decision-making while purchasing. Businesses emphasizing social and environmental causes attach a moral sanction to their consumption and are perceived as trustworthy.

Such a mindset also leads to the boost of sustainable markets. Besides that, there are several societal factors that cause the surge in demand for sustainable commodities. Human beings are influenced by those around them, especially in matters revolving around social norms. Consumers can be inspired to adopt sustainable practices by observing the trend rising around them. Further, by purchasing sustainable products, people display their concerns toward the environment, so as to attain an ideal self-image and social approval which also influences market growth.

However, the most heartening part of sustainable consumption is that it allows consumers to forge a deeper connection with the environment and stimulates positive emotions. Being part of a community that contributes to the well-being of nature and future generations provides a sense of belonging and purpose, which motivates consumers to initiate such change in their lifestyle. Hence, we can conclude that sustainability does not only help businesses attract environmentally conscious consumers but also leaves a positive and long-lasting impact on society and the environment.

Suhanee Achra, Grade IX-E

The Harmonious Symphony of Creativity

**Amidst the grand stage of international fray,
Where talents converge in a creative display,
A realm of enchantment, where dreams ascend,
Fairy tales and progress harmoniously blend.**

**From diverse corners of the globe, they arise,
Imagination's champions, a sight to prize,
Innovative minds, like stars aglow,
Fostering progress, as they bravely go.**

**A princess's plight, a curse to unravel,
Creative solutions, heroes will travel,
Through trials and quests, they chart their way,
Progress unfurls, like the light of day.**

**In the heart of the woods, magic they'll weave,
With daring leaps, they'll not deceive,
Challenges conquered, as they take the lead,
Innovation's triumphs, they'll proudly heed.**

**From ancient lands where myths still thrive,
To modern tales where heroes strive,
A treasure trove of cultures unite,
In creativity's tapestry, their colours ignite.**

**Through symbolism and metaphor's embrace,
Fairy tales impart wisdom, a timeless grace,
Ethical choices, through creative rendition,
Spark progress, guiding our world's transition.**

**Across linguistic barriers, the spark ignites,
A symphony of ideas, like dancing lights,
With golden threads, we bridge divides,
Creative exchange, progress abides.**

**In worlds beyond, where fantasy reigns,
Creative minds, with courage, refrains,
Knights and maidens, brave and bold,
Through creativity's fire, their stories unfold.**

**A global stage, where talents unite,
A kaleidoscope of brilliance and insight,
International spirits, forever entwined,
In the realm of creativity, they'll find.**

**So, let us celebrate creativity's decree,
Where borders blur, and all are free,
In the realm of imagination's decree,
International progress, our shared legacy.**

Prisha Abrol, Grade IX IG-A

The Luminescent Fear

The pretentious fear of the looming exams,
Kept haunting our minds,
Trying for our knowledge to expand,
Many more obstacles in the odyssey to find.

They went by, day by day,
Unconscious of everything around us,
Heart thudding in the chest, and a voice says,
What if our hopes expand then burst?

In a blur, the end,
Then the result emanating horror,
What would the Gods send,
Would it be a heart stopper?
Then it comes, and I celebrate,
The pulchritudinous joy of winning,
Then it's over, a time great,
Prepare for the next exams, old result emitting.

Sia Aggarwal, Grade IX-F

Uncovering Snow White and its other Versions

Picture a kingdom shrouded in the soft embrace of eternal winter, where the purity of snowfall rivals the fairest of complexions. Here, a story unfolds that transcends time and captivates hearts across generations. It's a story of beauty, not just skin deep, but a radiant spirit that defies the darkest of spells. It's a story of treacherous jealousy, a mirror's cruel honesty, and an apple that conceals more than it reveals.

This very tale hails from a 19th-century anthology of German fairy tales crafted by the Brothers Grimm, renowned authors of classics like Sleeping Beauty, Cinderella, and Rumpelstiltskin. In 1812, the Brothers Grimm released their compilation, which prominently showcased the narrative of Sneewittchen (Snow White). Within this tale, one can discover the foundational components that have endured over time, including the enchanted mirror, the venomous apple, the crystal coffin, and the personas of the Wicked Queen and the Seven Dwarfs.

We are all familiar with the story of the poisoned apple, but in the original Grimms' Fairy Tales version, the Wicked Queen attempts to harm Snow White in two ways. First, she gives her a lacy bodice and then tightens the laces to suffocate her. Next, she tries to stab Snow White in the head with a poisoned comb. The Queen faces her retribution at her stepdaughter's wedding when the prince orders her to wear red-hot iron slippers and dance in them until she succumbs to her demise. In various adaptations from different countries, we find variations of the Snow White tale. Instead of dwarfs, Snow White seeks refuge with robbers, or she resides in a haunted castle or a house by the seashore rather than a forest. These versions may feature enchanted dresses, poisoned stockings, or lethal flowers as the means of harm instead of the iconic poisoned apple. In one variant where Snow White is named Ermellina, she escapes her home by riding an eagle that carries her to a palace inhabited by fairies.

In some renditions, evil older sisters replace the stepmother, and the Italian version calls our heroine Ziricochel. Ziricochel takes shelter with the Moon, who also serves as the magical mirror. The sisters send an astrologer to assassinate Ziricochel, but after several failed attempts, they transform her into a statue using an enchanted shirt. However, in the end, the prince's sisters remove the shirt and bring Ziricochel back to life, and all ends well.

Myra Mehra, Grade X-E

THE CRAB



Tanishka Sarpotdar, Grade X-E

A Deep Breath

The balcony door opened with a creak,
As I stepped outside into the silvery morning light,
While darkness still tinged the sky's edges,
And I breathed deep, a breath mingled with the scents of
the city and bright stars.

As life seemed to stir and awaken from its slumber,
I could hear the faint hum of the world around me,
Matching the beat of my heart and the buzz in my veins,
My mind seemingly calm yet catastrophically busy.
Thoughts ran through my head faster than the trickle of
cars on the street,
Faster than the metro in the distance past the illuminating
dawn,
Anticipation ran through my blood more abundant than
oxygen,
As the sun peaked on the horizon where my task seemed to
daunt.

When all of a sudden, I looked heavenward,
And noticed just how many stars lay scattered across the
field of the sky,
Glistening with hope, their light feeble yet unwavering,
Lulling the waves of my mind, reflecting in my eyes.
A new tranquil calm seemed to settle over, unflickering as
the light of stars,
A new rush of serenity filled my heart, my bones, my soul,
As the world seemed to finally exhale around me,
I too exhale, and feel peace flourish, bloom, and grow.



**Swarnika Joshi,
Grade X-E**

The Indian Wildlife Struggle

Today, in India, 25 species of animals and 77 plant species are critically endangered, 205 animals and 172 plants are endangered, while 385 animals and 138 plants are vulnerable, according to the International Union for Conservation of Nature. Critically Endangered species (CR) are the ones having a high risk of extinction in the wild. In the last ten years, there has been more than a 90% decline in the population of these species. Therefore, these animals and plants need to be protected with special care and attention, and that's why they are placed on the list of critically endangered species in India. Some examples of such species in India are The Bengal Tiger, The Indian Rhinoceros, the Asiatic lion, The Great Indian Bustard, etc.

Although biological extinction is a natural phenomenon, human intervention has accelerated the extinction rates to a large extent. Habitat destruction, poaching, the introduction of invasive species, pollution, industrialization, agricultural practices, the divergence of wetlands and forests to crop



lands, and urban sprawling have become the prominent causes of extinctions caused by the human species. Now with this context, let us examine the causes, consequences, and measures of prevention of the wildlife crisis in India.

One of the main threats to wildlife worldwide is habitat loss; this broad term can be rightly summarized as the reduction in the amount of space where a particular species, or group of species can survive and reproduce. Habitat loss is the first casualty of economic development. All across India, hundreds of projects are being cleared every year in and around protected areas for mining, dams, hydroelectric projects, highways, engineering colleges, Ashrams, and a plethora of other purposes.

The prominent threat to wildlife worldwide is habitat loss; however, in addition to this, a major threat to Indian wildlife is the killing and trafficking of wildlife illegally, in other words, illegal poaching of Indian wildlife. The Indian Penal Code, 1860: Section 428 and Section 429 read that killing, poaching, maiming, poisoning, or torturing an animal is a cognizable offense. However, wildlife crimes in India are increasing, such as the poaching of tigers, rhinos, and the sale of Star tortoises.

Another government measure to combat the growing Indian wildlife crisis was - The Wildlife Protection Act 1932. The Act, inter alia, provides for the creation of Protected Areas for the protection of wildlife. Other major undertakings by the government for wildlife conservation include The Project Tiger and The Project Hangul.

Thus, the issue is not just of valuing development or wildlife but also a lack of compliance with environmental laws. Several laws and policies have been institutionalized by the Government of India, but their stringent implementation has not been witnessed.

Aarika Sharma, Grade X-D

Eco Bricks: Paving the Way for Sustainable Future

In a world hungry for sustainable solutions, eco bricks emerge as an ideal solution for a greener tomorrow. An eco brick is a plastic bottle densely packed with used plastic to create a reusable building block. These innovative building blocks not only redefine construction but also pave the way towards a more sustainable and eco-friendly future.

The journey of an eco-brick begins with the collection of plastic waste that is meticulously cleaned and sanitized. Once prepared, the plastic is tightly packed into a discarded bottle or chosen container with the assistance of a stick, creating a sturdy and compacted brick.

Eco-bricks have many advantages over conventional construction materials. They are reusable, easy to work with, lightweight, and repurpose the plastic that's rapidly threatening to take over our ecosystems. There is no cost involved, and it encourages Ecological Consciousness.

While no special training or equipment is required for making eco-bricks, there are certain guidelines that need to be followed to make a good quality eco-brick.

Segregate and collect all single-use plastics like food packaging bags, straws, and cling wrap. Make sure that each piece is clean and dry. Select a clean PET bottle of a suitable size and start filling. Use a stick to compress and squeeze all the plastic as you go, and voila, you will have an eco-brick ready! Just make sure that there are no air pockets, and the eco-brick is firm to touch.

When you have enough eco-bricks, you can use them for making furniture, sheds, art installations, plant boundaries, and whatnot!

Eco-bricking targets different Sustainable Development Goals like SDG 12, 13, 14 & 17. It can encourage responsible production and buying. It can help mitigate climate change by reducing the carbon footprint. It can indirectly contribute to protecting life below water and on land by reducing the amount of plastic waste that can harm the ecosystem.

There is no other alternative to utilizing single-use plastics in a fun, creative way, and that too with no technology or funds required.

Josika Ahluwalia, Grade XI-D

The New Agrarian Revolution; India's modern Revolution and its importance

A paradigm shift in the agricultural industry, the New Agrarian Revolution in India emphasizes sustainable practices, technological integration, and farmer empowerment. The socioeconomic development of the nation and the sustainability of the environment depend on this modern agricultural revolution.

Precision farming, IoT-based solutions, and data analytics are just a few examples of the cutting-edge technologies that India's New Agrarian Revolution has adopted. These technological advancements encourage environmentally friendly agriculture by increasing crop yield, preserving water, and using fewer chemicals. Crop diversification and organic farming programs, for example, improve soil biodiversity and fertility, ensuring long-term agricultural productivity.

Importantly, this revolution gives farmers more power by providing them with access to market data, financial resources, and cutting-edge farming methods. Farmers can secure fair prices for their produce by facilitating direct market connections through online platforms, reducing reliance on middlemen and increasing their income. In addition, the introduction of digital payment systems and crop insurance programs gives farmers financial security, protecting them from erratic weather and crop failures.

The security of India's food supply depends on the New Agrarian Revolution. Ensuring there is a sufficient and sustainable food supply is crucial given the growing population. Modern agricultural methods increase crop quality and productivity, helping to meet rising food demand while lowering reliance on imports and promoting food security.

Additionally, this revolution supports the government's objective to double farmers' incomes by 2022. Farmers can increase their revenue streams, raising their standard of living and general well-being by promoting efficient farming



practices, value addition, and market access.

Finally, the New Agrarian Revolution in India represents a crucial turning point in the history of agriculture. India can achieve sustainable agricultural growth, guarantee food security, and improve the lives of millions of people who depend on agriculture by embracing modern technologies and empowering farmers. This revolution emphasizes the significance of sustainable practices in feeding the world's expanding population and serves as a model for agricultural transformation globally. It also shapes the future of Indian agriculture.

Shreshtha Chaturvedi, Grade XII-DP

98.6 – Scientific Knowledge

In the intricate tapestry of medical history, the once unassailable norm of 98.6 degrees Fahrenheit as the average human body temperature, established by Dr. Carl Wunderlich in the 1800s, is facing a meticulous reexamination. Philip Mackowiak, a professor of medicine, has delved into Wunderlich's methods, revealing a significant departure from the widely accepted 98.6. Mackowiak suggests that the true norm might be 98.2 degrees, triggering a reassessment of what we consider firmly established in the realm of scientific facts.

The unfolding saga of 98.6 serves as a microcosm, shedding light on a more profound issue within scientific inquiry—the innate susceptibility to subjective influences. Mackowiak's empirical findings disrupt the conventional notion that a fixed numerical value defines normalcy, compelling us to reconsider what constitutes an unquestionable scientific truth.

This narrative extends beyond thermometry, exploring historical medical blunders such as bloodletting and contemporary challenges like biases in pulse oximeters. As a seasoned medical historian, Mackowiak urges a discerning approach to modern medical practices, acknowledging the inherent imperfections in scientific pursuits and emphasizing the importance of sustained skepticism.

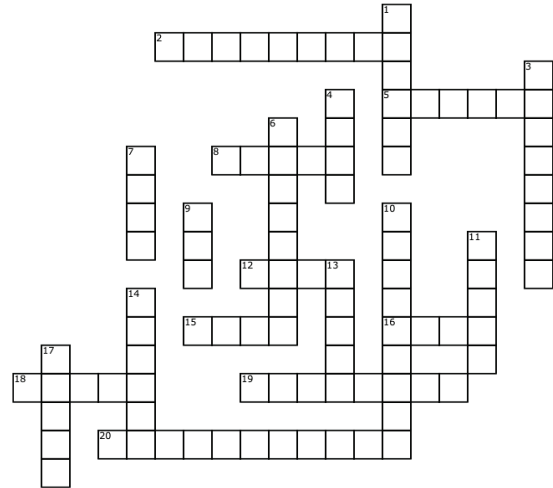
The story of 98.6 is an invitation to confront the reality that, despite rigorous methodologies, science remains susceptible to external influences and has inherent limitations. Navigating the intricate landscape of medical knowledge demands continual reflection, humility, and an unwavering commitment to uncovering the elusive objective reality.

In conclusion, the examination of 98.6 encourages a critical stance towards scientific norms, prompting a re-evaluation of entrenched beliefs. It calls upon scientists and the public alike to engage in an ongoing dialogue that embraces scepticism, reflection, and an unyielding commitment to the pursuit of genuine scientific truth—a truth that may be more elusive and nuanced than previously thought.

Himanshi Aggarwal, Grade XII-DP

Crossword

Crossword puzzle for kids



Across

2. A cafeteria has one of these
5. What does Mr. Brown spill everyday?
8. What do you do in school?
12. What is Mr. Brown's first name?
15. What do you sit at?
16. What do you have at lunch?
18. You do this in math

19. School work you do at home?
20. What does a teacher give you?

Down

1. You write with this
3. What is gaining knowledge?
4. How many months is school?
6. What do you take to school everyday?
7. What is our school mascot?
9. Where do you play basketball?
10. What kind of shoes does Mr. Brown wear?
11. What do you do to prepare for a test?
13. What is Mr. Brown's classroom number?
14. A, e, I, o, u
17. You spell these

Word Search Puzzle

Please allow the pencil in the spot the hidden words.

C L A S S E S M O P
H T I D M I Y U I E
H E B Z B E P T T L
E S R L M M P A E B
A A A E O D A B R I
R F C H D C H L A X
R U O H U O K E T E
A R B H L A C S O L
Y P P Y E I N S R F
E S S T C E J B O S

ruby
blocks
heredocs
classes
iterator
module
objects
flexible
each
happy
mutable
lambda
hash
array



Kudos to all the winners. Highlanders!

33वीं हरियाणा राज्य कराटे चैंपियनशिप में छाया जींद

[illegible][illegible]

IV www.punjabkesari.in (जींद केसरी)

33वीं हरियाणा राज्य कराटे प्रतियोगिता का हआ शानदार आगाज

66 किलो भार वर्ग की कराटे स्पर्धा में आयरा प्रथम

[illegible]

33वीं हरियाणा राज्य कराटे प्रतियोगिता का हुआ शानदार आगाज

[illegible]



Clan News

ANDERSON

Motivation is the driving force behind every journey to success. It acts as the catalyst that propels individuals to set ambitious goals, overcome challenges, and persevere in the face of adversity. Without motivation, even the most talented individuals may falter, but with it, they can achieve remarkable feats.

I congratulate Vardan Agarwal (VI) for standing first in the Inter Clan Drawing Competition and truly commend Daivik Abrol (VI CS) for winning the Inter Clan Talking Titans Competition. Andersonites exhibited excellent team spirit and coordination by

attaining the first position in Inter Clan Hindi Vigyapan Competition for Grade VI as well as by grabbing the first position in the Inter Clan Dance Competition for Grade VIII. Laura Anika (VI) and Harshvardhan Naik (VI) impressed the quizmaster with their knowledge in the Inter Clan Hindi and Sanskrit Quiz where they acquired the second position. Anvi Jain (VII), Raima Chakraborty (VII) and Sashwat Gupta (VII) depicted their knowledge of vocabulary and spelling by attaining the second position in Inter Clan English Spell Bee Competition. Fagun Beniwal (VIII) stood second in the Inter Clan Drawing Competition and Saanvi Agarwal (VII) also bagged the second position in the

Inter Clan Talking Titans Competition. Kudos to all the achievers!

Success, in its various forms, is the result of a relentless pursuit fueled by motivation. It can manifest as career achievements, personal fulfillment, or making a difference in the lives of others. Regardless of the form it takes, motivation remains the steadfast companion, ensuring that individuals stay committed to their objectives. In this symbiotic relationship, motivation ignites the spark, while success becomes the affirmation of one's unwavering dedication. Therefore, motivation and success are intertwined, creating a powerful synergy that can transform dreams into reality.

Ms. Ruma Jain, Clan Elder - Anderson

BOYD

Unleash Your Potential: A Call for creating a better version of you

The month of October has seen our school shine brighter than ever in the realm of Inter Clan Competitions. Our students have displayed their talents and intellect, setting remarkable examples of excellence. It is truly an inspiring moment for us all, and we must take this as an opportunity to motivate our fellow students to participate actively in these events and contribute to their clan's success. In the Inter Clan Hindi Debate Competition, Kaashvi Kumar (XI-B) and Malhaar Garg (XI DP) secured the first and second positions respectively. Their eloquence and command over the language were commendable. This achievement reminds us that with dedication and practice, anyone can excel.

The Inter Clan Tell a Geo Tell Competition also witnessed brilliant performances. In the Inter Clan Maths symposium, Smayan Narang (XI DP) and Dhruvi Bajaj (XI DP) secured the second position as a team. Their problem-solving skills and teamwork shone brightly.

Navya Malik (VIII-B) added a feather to her clan's cap by winning the Inter Clan Drawing Competition for Grade VIII. Her creativity and artistic talents amazed us all.

In the Inter Clan Hindi Monologue Competition, Anaksh Nagpal (VIII-F) and Adhrit Gautam (VIII-F) took first and second positions, respectively, showcasing their theatrical prowess.

In the Inter Clan Hindi Vigyaapan Competition, our team of Arunima Sharma (VI-B), Ruhanni Sikri (VI-A), Vikrant Sinha (VI-D) and Ojal Arora (VI-D) made our clan proud by securing second position.

In the Inter Clan 3D Model Making Competition, Harsh Kashyap (IX IGCSE) and Ojas Jain (X-C) secured first and second position respectively and made their

innovative ideas count for a win.

Our talented team secured second position in a worth watching Inter Clan Dance Competition for Grade VIII. Congratulations to all the winners for their remarkable achievements. Your hard work and determination have made our clan all proud. But let us not forget that success in these competitions is not the sole responsibility of a few. It is a collective effort.

I urge all students to actively participate in Inter Clan Competitions, not only to exhibit your talents but also to contribute to the success of your clan. Every participation matters, and together, we can make our school shine even brighter. Let us look forward to the remaining competitions of this session with enthusiasm and determination. We have the potential to achieve great things, and I am confident that we can make this school year one to remember.

Best of luck to all participants, and may your contributions lead your clans to even greater success!

Ms. Akanksha Yadav, Clan Elder - Boyd

LAMONT

"Festivals are great because you get to just walk around the corner and see a new band that you've heard but not had the chance to check out." - Johnny Marr

With the beginning of the month of October season of festivals arrives. Every festival has an important significance in the culture and history of our country. Festivals is a way to bring people together and celebrate goodness and unity. It is a way for us to show gratitude for everything we have and gives a feeling of satisfaction and love towards everything. Celebration of festivals with lots of enthusiasm and happiness brings positivity and unity among people of different religions and ethnicities. Enjoy each moment of festivities around you and be safe.

With the same spirit of togetherness and enthusiasm our students hold hands of each other and gave their best performances to make our clan proud.

Firstly, we had Inter Clan English Spell Bee Competition for Grade VII in which Aarav Jain, Kishika Arora and Ruaan Sharma made us proud by winning first position. Aarav Gupta and Kajal Verma from Grade VIII participated in Inter Clan MFL Poetry Recitation Competition and secured first position in Spanish and German respectively. Also, Shivika Pandit from Grade VIII participated in Inter Clan MFL Poetry Recitation Competition and secured second position in French. Keeping our aims high and continuous perseverance, Tushin Kumar from Grade XI showcased his oratory skills in Inter Clan Hindi Debate Competition and proudly bagged second position. Aarav Anand and Aryaman Narang from Grade VI enthusiastically participated in Inter Clan Heritage Quiz Competition and secured first position.

Lamont team for Grades IX and X showed their best team

work in Inter Clan Street Play Competition and proudly won the first position. From Grade VII, Anya Wallang Bhandari and Ruhika secured first positions in Inter Clan Taking Titans and Inter Clan Hindi Extempore respectively. Milendra S Rathore from Grade IX showed his ICT Skills during Inter Clan 3-D Model Making Competition and secured second position. Nihaal Singh Bajwa and Arush Kumar Singh from Grade XI made our clan proud by winning second position in Inter Clan ICT Cryptic Hunt Competition. Advay Aggarwal, Aryaveer Sharma and Aarav Khurana from Grade VIII proudly won first position in Inter Clan English Spell Bee Competition. Tarak Ram Katkeni and Arush Kumar Singh from Grade XI Participated in Inter Clan Sustainable Goal Competition as a team and bagged second position for our clan.

You worked so hard and pushed your abilities to the limit to this success happen. Congratulations to all the winners and participants for their efforts and hard work. Keep it up!

Ms. Kiran Cacoria, Clan Elder - Lamont

MACARTHUR

"Opportunities don't happen. You create them." - Chris Grosser

I am thrilled to share that this month has ushered in a promising start for our clan. As we know, the fruits of hard work are evident in the results of inter clan competitions. Student's dedication, commitment and unwavering effort have consistently shown through in each competition. I have confidence that this spirit will continue to shine brightly in the competitions to come.

Throughout the month, a series of Inter Clan Competitions were held, and I am delighted to share the clan's commendable performance. The results not only reflect student's abilities but also their relentless spirit to excel. Let's take a closer look at the outstanding achievements in various competitions:

Grade VI Kaira Gupta and Aadya Maheshwari secured the second position in the Inter Clan Heritage Quiz,

showcasing their profound knowledge of our heritage. Furthermore, Saadya Rao, Mihika Pandey, Sharvani Joshi, and Kashvi Tanwar actively participated in the Inter Clan Hindi Vigyapan Competition, demonstrating their linguistic prowess and secured third position.

Grade VII Swastik Garg's remarkable performance in the Inter Clan Geo Talk Competition earned him the first position, making us proud with his insights into the world of geography. In the Inter Clan Hindi Extempore Aalya Dua exhibited her exceptional eloquence, securing the third position.

Grade VIII Harshimar won the third position with his impressive skills, in the Inter Clan Hindi Monologue Competition. Our clan's dance team, comprising of Kanika Suri, Maya, Jhalak, Ujjeshha, Arshnoor, and Inayat, danced their way to the third position in the competition, displaying their talent and coordination. In the Inter Clan MFL competition Enya Jain and Saanvi secured first and second position respectively.

The budding actors from Macarthur, including Raisa, Sabeer, Vaishnavi, Swarnika, Aadit, Karandheer, Anya, and Atharv, who are in Grades IX and X,

unveiled their remarkable creativity and dramatic skills, earning them the prestigious second position in the Inter Clan Street Play Competition.

In Senior School Aryan Ved Bhalla and Tanay Sharma's brilliant performance in the Inter Clan Math Symposium Competition earned them the coveted first position, reflecting their deep mathematical acumen. Notably, Aryan Ved Bhalla and Anant Singh secured the first position in the ICT Cryptic Hunt, demonstrated their competence in the world of information and communication technology.

These accomplishments are a testament to their hard work, dedication, and exceptional talents. As we move forward, let's continue to set the bar high and strive for excellence in all our endeavors. Your achievements inspire us all, and I have no doubt that our clan will continue to flourish.

Congratulations to all the participants and winners, and I eagerly look forward to witnessing more achievements in the upcoming competitions. Keep up the excellent work!

Ms. Pooja Sethi, Clan Elder - Macarthur



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Golf

ANITYA'S TIP OF THE MONTH

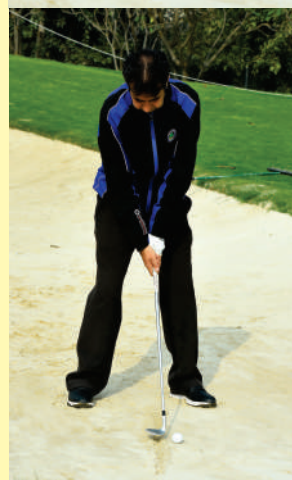
A bunker shot is considered quite difficult for most juniors / amateurs. Hitting out of the sand requires proper technique unlike most shots, where slight misses still result in an acceptable shot.

The posture for a bunker stays similar to any other shot. The stance, however, needs to be wider with the weight distribution of 60/40 on your left foot. As per the rules of golf, a player should not rest the club on the sand but hover it in the air behind the ball.

You can see in the correct set up picture that I have kept the club face open at set up. This is to activate the bounce of the sand wedge and get more loft on the club. Both these factors help in getting the club under the ball and getting the ball out of the bunker with minimal effort.

In the wrong set up picture, you will notice how the hands are ahead of the ball with a lot of shaft lean. This will reduce the amount of bounce in the sand wedge and get the club to dig in and get stuck in the sand. In the set up, ensure that the hands are slightly behind the golf ball and not ahead – this will help in reducing shaft lean and ensure that the leading edge of the club does not dig into the sand, making it easy for you to get the ball out

**Compiled by:-
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