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AUGUST: MONTH OF INDEPENDENCE

he eighth month of the year is August renamed in the honor of Roman Emperor 'Augustus'. The month reminds us of the history of wars and independence and the celebration of festivals.

Hiroshima Day is observed on August 6, and Nagasaki Day on August 9 each year. These dates mark when atomic bombs were dropped on the Japanese cities by the United States during World War II. Friendship Day is celebrated on the first Sunday of August. This tradition began in 1935 in the United States to honor friends.

Hariyali Teej is celebrated on the third day of the Shukla Paksha of the Shravan month in the Hindu calendar to honor the reunion of Shiva and Parvati, when Shiva accepted Parvati as his wife. This year, it is on August 7. Two days after Hariyali Teej, Indians celebrate Nag Panchami, which marks the day Lord Krishna defeated Kaliya Nag. This day is important for Hindus, Jains, and Buddhists.

August also marks the independence of several countries from foreign rule. On August 15, Indians celebrate their independence from British rule, which lasted over 200 years. On the same day,

both North and South Korea celebrate their National Liberation Day as well, marking their freedom from 35 years of Japanese rule. Gabon and Indonesia celebrate their Independence Day on August 17. Gabon gained independence from France in 1960, and Indonesia became independent from Dutch rule in 1945. On August 19, 1919, the Anglo-Afghan Treaty was signed, and Afghanistan regained its independence from British rule. This day commemorates that treaty.

One of the most popular festivals in India that embraces the love and affection between brothers and sisters, Raksha Bandhan is celebrated on the Purnima Tithi in this Shravan month. This year it is celebrated on 19th August. ISRO day is observed on 23rd of August every year because this day is marked as a historical day for India's space mission in 2023, as ISRO successfully completed the soft landing of Chandrayaan 3 on the South Pole of the Moon. Since then, the Government of India has announced 23rd August as ISRO Day.

Janmashtami has a lot of significance in Hinduism as this day signifies the birth of Lord Krishna (eighth incarnation of Lord Vishnu) on the eighth day of Krishna Paksh of Bhadrapad month. This year we'll be celebrating Janmashtami on 26th August.

As August ends, we celebrate National Sports Day or Rashtriya Khel Divas on 29th August to honor the birth of our Hockey legend Major Dhyan Chand. The last day of August is celebrated as World Sanskrit Day, also known as Vishva-Samskrita-Dinam. This is an annual event focused on the ancient Indian language of Sanskrit.

As rightly said in Sanskrit "सर्वे भवन्तु सुखिनः" "May all be happy", August also spread the message of togetherness and happiness.

Dr. Sanjay Sachdeva School Principal

Developing Collaboration as a Life Skill

Collaborative decision-making plays a crucial role in the education of children, forming the backbone of a thriving and dynamic school environment. When students themselves come together to make decisions, the result is a more inclusive and effective educational experience. One of the primary benefits of collaborative decision-making is the diversity of perspectives it brings. Students have unique insights and experiences that can contribute to a more holistic understanding of their own needs. Teachers bring expertise in curriculum and pedagogy, parents offer valuable knowledge about their child's strengths and challenges, we as administrators, ensure that policies and resources align with the school's mission, and students provide first hand insight into their learning experiences. By combining these perspectives, schools can create many relevant educational strategies that better support each child's development. Moreover, collaborative decisions foster a sense of shared responsibility among students. When everyone has a voice in the decisionmaking process, there is a greater commitment to the outcomes. This shared ownership not only enhances the implementation of educational initiatives but also builds trust and strengthens the relationships between the students themselves. As a result, the student community becomes more cohesive, working together towards common goals. Collaborative decision-making encourages innovation and flexibility in the personalities of students. When decisions are made collaboratively, students are better equipped to adapt to challenges, leveraging the collective creativity and problem-solving skills of the community. This approach leads to more innovative solutions that can enhance the learning environment and improve student outcomes. In conclusion, collaborative decision-making is key to educating children effectively. It ensures that all voices are heard, fosters shared responsibility, and promotes innovation, ultimately creating a nurturing and supportive environment where children can thrive academically, socially, and emotionally.

"Teamwork is the ability to work together toward a common vision. The ability to direct individual accomplishments toward organizational objectives. It is the fuel that allows common people to attain uncommon results."—Andrew Carnegie

Ms. Seema Bhati, Primary School Director



PYP

Freedom in the minds Faith in the words Pride in our souls.

The Independence Day celebration at school was marked by a vibrant array of activities, infused with a deep sense of patriotism and enthusiasm. The day began with an engaging discussion about the significance of Independence Day, helping the children understand the historical importance of the occasion. This was followed by creative craftwork, where students collaborated with their peers, fostering a sense of teamwork and artistic expression. The highlight of the celebration was the much-anticipated dressup day. Early years and Primary students came to school dressed as eminent leaders, influential personalities, or revered freedom fighters of their choice, showcasing their innovative attire. This imaginative activity sparked excitement and joy throughout the school. Each child had the opportunity to give a brief presentation about their chosen figure, explaining their costume and its significance. This not only allowed the children to exercise their voice and agency but also encouraged curiosity and admiration among their peers. The activity generated a lively buzz as students eagerly identified and celebrated each other's creative



representations. To further enhance the festive spirit, teachers also participated by donning attires in the tri-colours of the national flag, adding to the overall fervour and visual splendour of the event. The day was a resounding success, leaving both students and staff with a profound sense of unity and national identity.





























International Week - A joyful celebration of the world's rich tapestry!

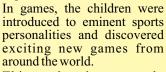
During our vibrant International Week celebration, children embarked on an enriching journey to explore various aspects of

different cultures, be it through story narration and linking it with attribute of IB learner profile, or venturing to new places around

the world using the innovative Google Earth app thereby bringing a global perspective into their classroom.



In music, the children embarked on a captivating exploration of musical instruments from across the globe and the dance sessions offered a dynamic exploration of various dance forms, allowing children to experience how dance serves as a powerful medium of selfexpression.





This exploration not only broadened their understanding of global sports but also encouraged them to appreciate the spirit of international competition and collaboration. Through these diverse and interactive activities, our International Week celebration fostered a deeper appreciation for the world's diversity among our young learners.









Education, a partnership between home and school. Together we build the foundation for success and foster a nurturing environment...

The recent Parent-Teacher Meeting held on 31st August provided a wonderful opportunity for parents to engage deeply with their child's development and educational journey.











A valuable feed forward session, fostered a meaningful conversation about each child's progress, highlighting their involvement in various learning experiences.

The PTM was uniquely enhanced by an array of interactive activities. For the Nursery students, the event was a vibrant celebration of creativity and exploration. Parents joined their young ones in engaging experiences like colouring and crafting, working together to create something new. This hands-on involvement allowed parents to witness their child's enthusiasm and creativity while actively participating in their learning experience.

The Lower and Upper Kindergarten as well as the Primary students demonstrated their agentic learning through a Gallery Walk.

These young learners took their parents on a guided tour of their classroom, showcasing different learning corners and describing the unique features of each display. This experience not only highlighted the students' growing confidence but also their developing communication skills. Parents appreciated their wards ability to articulate their thoughts and were impressed by the growth and the development they have achieved.







Unleashing Fun and Learning: Our Pet Parent brings a Paw-sitive touch to school!

As students in Lower Kindergarten embarked on their inquiry into the world of animals and their significance in human lives, under the Transdisciplinary Theme - Sharing the Planet, their learning journey was enriched by a delightful and interactive experience- a pet visit, which served as a compelling catalyst for their exploration. The interaction with the pet dog provided a hands-on



opportunity for the children to observe and engage with a living creature, sparking an immediate sense of wonder and curiosity among the young learners. The pet visit also fostered a sense of empathy and appreciation for animals, setting a positive tone for their inquiry-based learning journey.





"Virtual Dive: Exploring the Ocean's Depths"

Primary Highlander had a mesmerizing sensory experience as they became young VR Scuba Divers exploring the underwater world and its wonders. It began with an introductory video session where they learnt about the five layers of the ocean and the creatures that inhabit these layers making them knowledgeable. The underwater trip left them enthralled as they explored life under water and the magnificent sea creatures of all shapes and sizes. A game towards the end of the show left them captivated and amazed.















Road Safety Awareness: Empowering Young Minds



As part of our social-emotional learning programme, Highlanders participated in an engaging session focused on Road Safety awareness. This session emphasized different risks involved in using roads and offered practical advice on how to be safe. Equipped with this newfound knowledge, students gained the confidence to navigate roads safely. Additionally, they are now prepared to share these vital safety practices with their families and friends, contributing to a safer community for all.









"Rakhi is a thread that binds hearts, transcending boundaries with love, protection and the timeless bond of siblinghood."

The Primary Highlanders joyfully embraced Rakhi, crafting vibrant threads of love and protection for soldiers on the frontlines. In a heartfelt tradition, they weaved together warmth of their culture with the Indian festival, symbolizing solidarity and brotherhood, sending their blessings to those who defend the nation with courage and honor.







Primary Students Shine in Special Janmashtami Assembly

The students of Grade V-C wholeheartedly conducted a special assembly on Janmashtami, showcasing their talent, enthusiasm, and dedication. The event was a resounding success, filled with



vibrant performances, informative skit, and heartfelt devotion. Through their efforts, the students brought to life the significance of Lord Krishna's birth through a play, bhajan and dance, depicting the life and teachings of Lord Krishna.teachings of Lord Krishna.







Empowering Young Leaders: A Journey of Leadership Insights for Grade V Highlanders

As a part of our unit-How we organise ourselves, Grade V Highlanders delved into the unit through guest speakers learning about leadership and decision-making and cultivating



a holistic approach to development. Students honed their self-management skills as they enhanced their understanding on the ways in which decisions are made, the characteristics of different leaders, and the styles and structures of leadership. During the informative and interactive

engagements, students were encouraged to think about the questions they wanted to ask, promoting critical thinking, curiosity and strengthening their social skills. Later, they reflected on their learning using strategies of their choice. Being balanced, they learnt that leadership is not just about making decisions, but also about empowering others and working together towards a common goal.



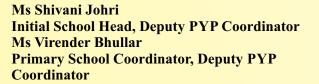














Senior School Head

Half Yearly Examinations: A Time for Focus and Growth

As we approach the Half Yearly Examination period, it's natural for Highlanders to have a mix of emotions—excitement, anxiety, and anticipation. These exams are a significant milestone in your academic journey, offering an opportunity to demonstrate understanding and progress in various subjects.

While the pressure of exams can be daunting, maintaining a positive mindset is crucial. Believe in the hard work you've put in till date, Stay focused, take breaks when needed, and ensure you're getting enough rest. A calm and rested mind is more likely to perform well under exam conditions.

Half Yearly Examination serve as a checkpoint, allowing them to assess your learning, identify areas for improvement, and build on your strengths. It's essential to approach these exams with positivity, recognizing that they are not just about grade or marks but also about personal growth and development.

Preparation is key to success. To all students, I wish you the very best of luck in your exams. Believe in yourself, stay focused, and give it your all. These exams are a stepping stone to your future success, and with hard work and determination, you will achieve great things.

Ms. Isha Verma Senior School Head, HoD - Modern Foreign Languages

Modern Foreign Languages

Rhythms of Germany Dance Workshop at Max Mueller Bhayan

On 22nd of August 2024, a group of five enthusiastic German language learners had the opportunity to attend a vibrant and educational dance workshop titled "Rhythms of Germany" at Max Mueller Bhavan. The workshop was designed to immerse students in the culture and language of Germany through a series of interactive activities, combining learning with fun.

The day began with an engaging icebreaking activity where the students introduced themselves in German by catching a thrown ball. This activity set a lively tone and helped the students become comfortable with one another, paving the way for the collaborative tasks ahead.

The next activity saw the students divided into teams based on their respective schools. They were tasked with reconstructing the lyrics of a German song, written with missing words on a page. One by one, team members had to memorize the correct lyrics displayed on another wall, return, and fill in the blanks. This challenge tested their memory, teamwork, and language comprehension in a fun and competitive way.

The day ended with an activity based on rhythm and movement. The first part involved dancing to the "Stopptanz Lied" (Stop Dance Song), where students had to freeze in place whenever the music stopped, adding an element of surprise and excitement. The second part featured a delightful performance

to the song "Guck mal diese Biene da" (Look at This Bee There), with students Asmi, Hunar, and Aayra taking on the roles of Mama Bee, Baby Bee, and Child Bee, respectively. They brought the characters to life with their enthusiastic dance

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delight of everyone present. The workshop concluded with a heartfelt vote of thanks, leaving the children with not only fond memories but also an enriched German vocabulary. The "Rhythms of Germany" workshop was a fantastic blend of culture, language, and dance, providing students with a unique and enjoyable way to deepen their connection to the German language.

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Ms. Isha Verma Senior School Head, HoD - Modern Foreign Languages

Middle School (Grade VI to VIII)

Have you ever postponed your homework until the last minute? Or maybe you studied for a test the day before? We are all guilty of delaying or postponing important work until the last moment.

Student procrastination is a common problem, which occurs when students unnecessarily postpone working on school tasks like studying or completing a project. Saint Kabir advised: "What you have to do tomorrow, do today; what you have to do today, do it now." Procrastination is the habit of delaying a task or an activity until a later date, such as studying for an exam or doing homework. A successful person is one who strikes while the iron is hot. The major difference between a successful person and an



unsuccessful one is that the former promptly puts their decisions into action and reaps the rewards, while the latter procrastinates, thereby depriving themselves of the benefits.

Here are a few tips to curb the habit of procrastination:

- Value of time: Understanding the value of time is very important. Nothing great can be expected from someone who does not understand the value of time.
- **Planning:** One must plan tasks properly. The entire task may be divided into fragments, and time should be fixed for completing each fragment.
- **Prioritization:** Tasks should be arranged in order of priority. Once it is planned in advance how many things need to be done and in what order, most of the battle is won, and we can break the habit of procrastination.
- Eat healthy and get proper sleep: Healthy eating and sleeping habits can help increase your energy levels, and your focus on tasks will improve.
- Set clear goals: Clearly defined goals boost motivation by giving you something concrete to strive for, enhancing your commitment to your objectives.
- Eliminate distractions: Students should create a distraction-free study environment by limiting social media and turning off their phones.

Implementing these strategies can help students manage their time better and reduce the habit of procrastination. Remember, students, your enthusiasm is a powerful tool in your academic journey. The key is to recognize that every small effort contributes to your academic growth. By taking charge of your learning, you are not only helping yourself reach new heights but also setting a strong foundation for your future success.

Ms. Geetanjali Ahuja Middle School Coordinator

IGCSE

Cryptic Hunt

In an increasingly digital world, the ability to think computationally is becoming an essential skill for students. Computational thinking involves approaching problems methodically, using concepts such as decomposition, pattern recognition, abstraction, and algorithm design. These skills are not only critical for computer science but also for solving complex problems across various disciplines. To enhance these skills, IGCSE Grade X students participated in a cryptic hunt activity designed to apply computational thinking principles and algorithmic strategies in a fun and engaging way.

The cryptic hunt aimed to challenge students with a series of puzzles that required logical reasoning and systematic problem-solving. Each puzzle contained cryptic clues that had to be deciphered using the provided algorithms. The activity encouraged students to break down complex problems into manageable parts, recognize patterns and relationships, and

apply algorithms to find solutions efficiently. By working in teams, students also had the opportunity to develop their collaboration and communication skills, essential components of effective problem-solving.

The activity was structured to foster a deeper understanding of how computational thinking can be applied in real-world scenarios. Through this interactive exercise, students not only improved their technical skills but also their ability to think critically and creatively. The cryptic hunt served as a practical application of classroom learning, allowing students to experience the power of computational thinking firsthand while engaging in a cooperative and enjoyable challenge.



Ms Rachna Sharma Computer Science Facilitator

ICSE - ISC Bulletin

August was an academically intensive month for our students who were diligently preparing for their mid-term examinations. The Half-Yearly Examination Date Sheet and Syllabus have been distributed to all classes at both the ICSE and ISC levels. These examinations are scheduled to commence on the 2nd of September. To support their preparation, class tests were conducted, offering students valuable opportunities to gauge their progress and refine their understanding. Moreover, students engaged in extensive revision, working through sample papers and assignments designed to mirror the format provided by the Council, ensuring they are well-prepared for the upcoming exams.

In addition to these academic preparations, our students of Grades IX ICSE and XI ISC have been successfully registered



registered with the Council for the 2026 Examination, marking a significant milestone in their academic journey.

School also witnessed a remarkable achievement in the field of debate. Saanvi Kumar Verma and Karandheer Gahlot of Grade XI represented our school at the prestigious Frank Anthony Memorial All-India Inter-School Debate Competition 2024, held at St. Xavier's Collegiate. This competition, organized by the Council for the Indian School Certificate Examinations (CISCE), featured participation from numerous schools across the country, each represented by their finest debaters. Our Highlanders performed exceptionally well, securing the first position in their category and advancing to the Nationals.

We are proud of the dedication and hard work demonstrated by our students and faculty during this period and look forward to continued success in the upcoming examinations and competitions.





Ms. Barkha Anand ICSE-ISC Curriculum Head

IBDP/CP

Education is not the learning of facts, but the training of the mind to think." – Albert Einstein

August was a month of learning, leadership, and innovation for the Grade XI IBDP/CP and XII IBDP students and teachers, marked by a series of events that enriched their academic journey and highlighted their potential as future leaders. The month began with the students' active engagement in Autism Awareness Day on 8th August, where they demonstrated empathy and solidarity towards neurodiverse communities through various activities and discussions aimed at fostering inclusion and understanding. Building on this spirit, on 13th August, Grade XI students Kyra Khar and Shaurya Chandna, along with school counsellor Ms. Priyamvada, participated in a fashion show at the Tamana Foundation to spread awareness about Autism. Walking the ramp, they helped promote inclusivity, showcasing their support for neurodiverse individuals and advocating for broader Autism acceptance.

Following this, on 9th and 10th August, the students of XII IBDP showcased their leadership skills as they enthusiastically organised and hosted around 500 delegates in the SHIS MUN, delving into global issues and refining their debating and negotiation abilities. On 10th August 2024, IBDP teacher Ms. Rekha Srivastava and IBCP teacher Ms. Pratima Upadhyay attended the IBDP/CP Pan India Coordinators' meet at Podar International school, Mumbai, gaining insights into curriculum updates and best practices to enhance teaching and learning, while networking with educators from across the country.

Also, SHIS recently hosted a delegation of 13 teachers from the Scarsdale Education Trust, USA, to foster international collaboration in education. The visitors engaged in classroom observations, discussions, and interactive sessions, gaining insights into SHIS's innovative teaching practices. Nihaal Bajwa assisted them, highlighted the school's commitment to global partnerships and educational exchange.

On 15th August, the school celebrated Independence Day with a flag hoisting ceremony, where students participated enthusiastically. The event featured cultural performances, speeches, dances and patriotic songs, highlighting the spirit of unity and freedom. On 20th August, Malhaar Garg from Grade XII IBDP took the lead in sharing his knowledge with students of IB/ISC Grade XI and XII through an informative presentation on budget and investment. His session provided valuable insights into the world of finance, equipping students with practical skills to make informed financial decisions in the future.

Continuing the focus on academic excellence, a Reflective Project workshop was held for Grade XI IBCP students on 13th August by RP Coordinator Ms. Swati Sohni. Another impactful workshop on academic integrity was conducted on 20th August by Ms. Pratima Upadhyaay, the Extended Essay Coordinator, and Ms. Nidhi Chaudhary, the School Librarian. This workshop aimed to instill the importance of maintaining honesty in academic work among the students of both IBDP and CP, emphasizing the significance of originality and proper citation practices. Another workshop was organized on 21st August for the students of Grade XI and XII IBDP by their respective subject teachers. This session aimed to guide the students on how to approach the Extended Essay within their specific subjects, providing insights and tips to enhance their research skills.

Additionally, on 22nd August, a session titled "Exploring the Future with Material Engineering" was conducted by Dr. Eileen Fong from the School of Materials Science and Engineering at Nanyang Technological University (NTU). This insightful session gave the students a glimpse into the fascinating world of material engineering and its future applications, further broadening their academic horizons.

The month also celebrated the achievements of Aditi Gupta and Sumer Singh Mundair from Grade XI IBDP, who have secured



their place in the national round of the tGELF Harmony competition 2024 with their groundbreaking solar lamp project. Their innovative design, integrating the United Nations' Sustainable Development Goals, promises eco-friendly and affordable lighting solutions to address global energy challenges, showcasing how young minds can drive sustainable



change. The month concluded with a creative boost as our alumni Adele Vincent conducted a workshop on Visual Arts for Grade XI IBDP/CP visual art students, inspiring them to explore their artistic talents.

These events underscore the vibrant and dynamic environment at our school, nurturing well-rounded individuals ready to tackle the challenges of the future.













Ms. Pooja Sharma
Diploma Programme Coordinator
Ms. Smriti Dudeja
Deputy Diploma Programme Coordinator
Dr. Neha Singh Maurya,
IB Career-related Programme Coordinator

CAS - Creativity, Activity, Services

Reflection Corner on Autism Awareness Drive on 9th August 2024

Reflection #1

As the Special Olympics captain, I felt a deep responsibility to ensure the event ran smoothly and that each segment highlighted the strengths and abilities of our students. From the fashion show to the various performances, each moment was a testament to the incredible potential within every individual, regardless of their differences. Coordinating with the participants and introducing them to the audience allowed me to develop my communication and leadership skills. It was also a moment of personal growth, as I gained a deeper understanding of autism and the importance of inclusivity. The most rewarding aspect was seeing the pride and joy on the faces of our students as they showcased their talents. This experience reinforced my commitment to advocating for those with special needs and promoting a more inclusive community. Through this event, I not only contributed to raising awareness but also grew as a leader and team player, which are crucial aspects of the CAS program.

Tulika Rathod, Grade XII DP

Reflection #2

Volunteering and participating in the fashion show for Autism Awareness Day was an incredibly rewarding experience. The event was designed to celebrate and raise awareness about autism, and working with children with special needs as part of the fashion show was an experience I will always cherish and hold close to my heart. The electric energy, the enthusiastic and the motivation to showcase their uniqueness saw each child contributing in their own unique way. Each child we interacted with had a different personality and a different way of expression and that made the connection with each child special. In the process, I got to know myself better. I learnt what patience and empathy is all about. Becoming friends with the children was an enriching experience, each conversation with them was unique and opened my mind to new opinions and made me view and respect everyone's perspectives. I was proud to stand with the talented children and walk hand in hand with them on the stage dressed in our beautifully coordinated attires. The time of collaboration we spent together - laughing over conversations, their clear and precise opinions left me humbled and wanting for more. Celebrating this day with all the children was indeed a beautiful and thoughtful way of teaching me to be respectful towards each person and it also taught me to appreciate the strengths of each and every child.

Ishya Rao, Grade XI IBDP-B



Reflection #3

I have recently volunteered and been part of the organizing of the Autism Awareness Day event, held on 9th August 2024, taking a role in selling T-Shirts to spread awareness about autism and to encourage students and staff in the school to express their support for autism. During this action, I believe I improved my social and communication skills by interacting with all those interested in purchasing the T-Shirts. I have also become more caring and open minded towards autism and those with the disorder along with becoming more knowledgeable about it. I have also become more empathetic and gained many important learnings from this experience. I wish to thank HOD of Department of Integrated Studies Rajeev Sir, School Principal Sanjay Sir and Yourself for allowing me to gain this experience.

Aarya Pagalla, Grade XI IBDP-B

Reflection #4

Volunteering for this event was one of the best experiences i have had this year. With the children's unique perspectives, I saw how boundless their potential and creativity was, how every aspect of their personality offered a refreshing lens from which one can view life. Witnessing them fearlessly perform on stage, whether it was singing, dancing or even playing instruments was inspiring. Their determined nature was not only admirable but also helped me address the audience, something I would never previously have had the courage to do. Building a rapport with my partner, Aarush was the most rewarding task of this endeavour, teaching me empathy, patience and the willingness to adapt to his diverse methods of communication. Forming a connection with these children was the most important part of our work, not only to ensure the success of our event but also to understand neurodiversity and how we, as students, can do our part to make sure these children can have an understanding environment with unconditional acceptance among anybody. Having more opportunities to get to know my peers from the integrated department is something that I wholeheartedly look forward to for these next years.

Inika Rao, Grade XI IBDP-B

Volunteering at AICB Captain Chandanlal Special School for the Blind: A Lesson in Empathy and Inclusion

As part of their CAS initiative, the students of Grade XI & XII DP and XI CP embarked on a heartfelt journey to the AICB (All India Confederation of the Blind) Captain Chandanlal Special School for the Blind in Village Behrampur, Gurugram. This visit aimed to deepen their understanding of the lives of visually impaired students and their unique lifestyles.

During their interaction, the students had the opportunity to engage with the visually impaired students, gaining insights into their methods of learning and the specific needs that come with visual impairment. Through this exchange, they began to understand the importance of inclusivity and the values of care,

compassion, empathy, and respect.

This visit was more than just an educational trip; it was a step towards building a more inclusive society. The students returned with a newfound appreciation for the resilience and determination of those who navigate life without sight. Such experiences are invaluable in shaping young minds, fostering a sense of responsibility, and encouraging a culture of empathy and inclusion. These students have set a commendable example, proving that even small actions can make a significant impact on the lives of others. They are now inspired to contribute more meaningfully to creating environments where everyone, regardless of their abilities, can thrive.

Spreading Knowledge: Highlanders Lead 'HAR HAATH KITAAB' Books for All Drive

The Highlanders of Scottish High International School have embarked on a meaningful journey through the **'HARHAATH KITAAB'** initiative, a collaborative effort between students of the IB PYP and DP programs, the NGO "iamgurgaon", and the Book Trust of India. Together, they have successfully collected 15 boxes of books as part of the 'Books for All' initiative, aiming to foster reading habits and provide educational resources to children in need.

In this noble endeavor, students meticulously gathered a diverse range of books—spanning notebooks, textbooks, storybooks, and more—carefully categorizing them by age group and subject. The first lot of these books has already been handed over to representatives of "iamgurgaon", who will ensure that they reach underprivileged children in various schools and libraries. This thoughtful distribution guarantees that children who lack access to educational materials will now have the chance to benefit from them.

These books symbolize much more than printed words; they represent the power to unlock young minds and nurture a culture of learning within our community. At Scottish High, we remain deeply committed to the United Nations' Sustainable Development Goal 4: Quality Education, which advocates for accessible and equitable quality education for all.

This ongoing initiative by the Highlanders ensures that every child has the opportunity to engage with books and educational resources. Stay tuned as we continue our efforts to distribute these books, championing literacy and education for all.

Ms Kavita Yadav CAS Coordinator

From The Counsellor's Desk

"The function of education is to teach one to think intensively and to think critically. Intelligence plus character—that is the goal of true education."

- Martin Luther King Jr.

The counseling department organized a series of expert talks and workshops across various grades during the months of July and August, each tailored to address specific needs and concerns of the students.



For Grade VI, three engaging sessions were conducted. The first, led by the Counseling Department, focused on "Exploring Emotions through Art." Students participated in activities inspired by the animated film Inside Out, including emotional charades and coloring exercises that connected emotions with physical sensations, underscoring the importance of emotional awareness. Following this, Ms. Tanya from Fortis Hospital conducted a session on "Stress Management," where students learned to differentiate between eustress and distress and were provided with practical strategies to manage stress effectively. The final session for Grade VI was on "Exam Preparation," where Ms. Simonil Jassawala and Ms. Priyamvada, school counselors, guided students through memory-enhancing activities and discussed effective study techniques, concluding with a role-play activity that helped students navigate exam stress

In Grade VII, the department organized a session on "Behavior and Good Conduct," where Ms. Geetanjali Ahuja and Ms. Simonil Jassawala used interactive activities and role-playing to emphasize the importance of respectful interactions and good behavior. This was followed by a Vedic Math session led by Ms. Hema from Pratham Education, where students learned tips and tricks to solve mathematical problems quickly and enjoyably. The final session in Grade VII focused on "Choice of Language," conducted by Ms. Isha Verma. This interactive session addressed the importance of using appropriate language in an English medium school and included group activities that encouraged students to reflect on their language choices and share personal experiences.

For Grade VIII, a critical session on "Bullying" was led by Ms. Geetanjali Ahuja and Ms. Simonil Jassawala. Students engaged in rapport-building activities and role-played various bullying scenarios, helping them to understand the impact of bullying and equipping them with strategies to handle and prevent it effectively.

Grades IX and X participated in several insightful sessions. Ms. Shruti and Ms. Sanrika from the Karma Centre for Wellbeing conducted a session on "Body Image and Self-Acceptance," discussing media influence on body image and sharing techniques for developing self-acceptance. In another session, Mr. Kunal from Secure Strike introduced students to "Ethical Hacking," providing real-world demonstrations of hacking methods while stressing the importance of cybersecurity. Additionally, Ms. Elisha from HelpAge India led a session on community service, focusing on the challenges faced by the elderly and encouraging students to participate in the SAVE program, which offers opportunities for volunteering and internships. For Grades XI and XII, several sessions were held to support students in their academic and career endeavors. A workshop on "Profile Building: Crafting Applications" was conducted by Ms. Dikshita and her team from Athena Education, guiding students on how to create compelling college applications by effectively highlighting their achievements and experiences. Malhar, a student from Grade XII DP, led a session on the "Union Budget 2024-25," providing an in-depth explanation of government revenue, expenditure, and taxation. Representatives from Tokyo and Kyoto Universities delivered a session on "Studying in Japan," offering insights into higher education opportunities, including courses, scholarships, and student life in Japan.

Ms. Kathryn Medico from the Swiss Hotel Management School led a session on "Archetypes: Discover Your Inner Self," where students explored personal development topics such as branding, leadership, and conflict resolution. Lastly, Dr. Eileen Fong from NTU conducted a mock class on Material Sciences, providing biology students with a glimpse into university-level education and helping them explore advanced topics in biology.

On Tuesday, 13th August 2024, at The Mansion, Hyatt Regency, New Delhi, the Tamana Foundation organized the "Walking Tall: Fashion for Inclusion" event, promoting inclusivity for differently-abled individuals. The evening featured esteemed guests, including the Hon'ble Minister of Civil Aviation, Shri Rammohan Naidu Kinjarapu, who presented awards to the "Crusaders of Inclusion." Our school, Scottish High International School, was represented by students Shaurya Chandana and Kyra Khar, along with the school counselor, Ms. Priyamvada, who walked the ramp with a special child.

The event was a powerful demonstration of breaking stereotypes and advocating for inclusivity through fashion. The school had the privilege of hosting an educational visit by a delegation from the United States, providing a platform for cross-cultural exchange and collaboration. The visit included discussions on educational practices, innovative teaching methods, and opportunities for future partnerships.

Our students and faculty had the opportunity to engage with the delegation, gaining insights into the American education system and sharing our own experiences and achievements.

These sessions and events demonstrate the school's commitment to fostering holistic growth and preparing students for their future endeavors.





























Dr. Neha Singh Maurya, HoD, Counseling Ms. Priyamvada, School Counselor Ms. Simonil Jassawala, School Counselor

From The Sports Field



The Month of August started with the preparations of Independence Day Celebrations: School Principal Dr. Sanjay Sachdeva revealed the National flag. Primary School Director Ms Seema Bhati with Department HoDs and Coordinators graced the occasion. Parade Commander Ojas Lath commanded the NCC troop. Pilots Maya Purkaystha and Aarna Yadav escorted School Principal. General Salute was performed followed by National Salute.

Highlanders participated in the SGFI Block Level Lawn Tennis Tournament where Under 17 Boys and Girls secured 1st Position where Under 19 Boys got 2nd position and Under 19 Girls secured 3rd position and qualified for the SGFI District Lawn Tennis Competition. (Team comprises of Adhrit Gautam, Lakshay Dhiman, Rishik Tandon, Samaira Kohli, Meher Sharma, Khushi Gaur, Peahan Jain, Aarika Sharma, Tanisha Sarin, Mrinalini Mukherjee, Nabhya Kinha, Darsh Agarwal, Shaurya Makkar and Prajwal Tiwari.

Under 14 Boys Football Team secured 2nd position in SGFI Block Soccer Championship. (Samarth Mehra, Vedant Gut, Veer Sunsunwal, Sashwat Gupta, Vardaan Agarwal, Ryaan Duhan, Shiv Malhotra, Anish Wadhwa, Aviraj Khatri, Daivik Wadhwa, Kyan Agarwal, Mahir Nagpal, Ryan Sikka, Tanmay Sing Chawla, Vedant Ved, Vihaan Bathli and Kian Chaudhary).

Tamnay Singh, Vedant Gut and Samarth Mehra got selected for the **SGFI District Championship**.

Under 19 Girls Football Team got 2nd Position in SGFI Block Football Competition. (Saanvi Garg, Sanskriti, Diya Tiku, Zitin Tiku, Shaurya Singh, Ajooni Kaur, Jiganya Bohria, Pearl Dewan, Aarika Sharma, Lavanya Mehndiratta, Raisa Bhardwaj, Joyrich Gangte, Harshita Sinsinwar, Kaira Kapoor, Anika Jain, Aradhya Nigam).

Kaira Kapoor, Saanvi Garg, Aradhya Nigam got selected for the SGFI District Football Championship. In Under 19 Boys category Abhinav Sharma got selected for the District Football Competition.

Highlanders participated in SGFI Swimming Block Level Competition and the result is mentioned below:

Under - 19 Girls

1. Samriddhi Verma

- (i) 100mtr. Freestyle 2nd Position
- (ii) 100mtr. Butterfly 1st Position
- (iii) 200mtr. Butterfly 1st Position

Selected for SGFI District Level

2. Nalin Chandra

(i) 400mtr. Freestyle - 3rd Position

3. Aryaman Suri

- (i) 200mtr. Freestyle 2nd Position
- (ii) 100mtr. Freestyle 2nd Position
- (iii) 800mtr. Freestyle -1st Position

Selected for SGFI District Level

4. Kabir Bhasin

- (i) 200mtr. Breaststroke 2nd Position
- (ii) 100mtr. Breaststroke 3rd Position
- (iii) 50mtr. Breaststroke 3rd Position

Selected for SGFI District Level

5. Kabeer Singh

- (i) 100mtr. Breaststroke 2nd Position
- (ii) 50mtr. Breaststroke 2nd Position
- (iii) 50mtr. Freestyle 3rd Position

Selected for SGFI District Level

Taekwondo Result for SGFI Block Games

- 1. Priyal Gupta (Silver Medal)
- 2. Suramya Dubey (Silver Medal)

Athletic SGFI Bloc Level Competition Result

1. Ajooni Kaur 1500mtr (2nd Position)



Under 17 Girls Hurdles Race

1. Jhalak Rustagi Hurdles Race (3rd Position)

Under 17 Girls Relay Race

- (i) Adita
- (ii) Kaira
- (iii) Pearl
- (iv) Jhalak

SGFI Block Level Yoga Result

Under 17 Girls 1st Position

- (i) Iva
- (ii) Maanvi
- (iii) Baneet Kaur

(All three selected for District Competition)

Anaya Dogra got 2nd Position in Under 19 Girls Individual Yoga Competition and selected for District Championship.

SGFI Block Level Judo Result

Preet Ahluwalia and Priyal Gupta got 1st Position and also selected for State Championship.

Scottish High Athletic Team in CISCE Regional Won

- (i) 1 Gold Jhalak in Relay Race 4x100 Under 17 Girls
- (ii) 1 Silver Adhyan 400meters, Under 14
- (iii) 1 Bronze Aarika in Under 19 shot put in the Regional Athletic Tournament held in Ludhiana on 24th and 25th of August 2024.

Skating: Sehar Arora participated in the SGFI District Skating Championship and got 3rd position and also selected for the SGFI State Championship.

SGFI Block Level Athletic Tournament (Girls)

In Under 19 Category Ajooni Kaur won Silver Medal in 1500mtr Race.

Jhalak Rustagi won 3rd place in Hurdle Race.

Under 17 Girls Team won 1st place in 4x100mtr Relay Race (Adita, Kaira, Pearl and Jhalak).

CISCE Regional Basketball

Under 14 Boys secured 1st position in CISCE Regional Basketball Competition held at Moga, Punjab. The team comprises of (Mairav Rehan, Irvaan Pilani, Anirudh Sikdar, Rishit Jain, Aarav Gupta).

Under 19 Boys also secured 1st Position in Regional CISCE Basketball Competition (Shaurya Madan, Atulya Sajwan, Daksh Moon). Shaurya, Mairav, Irvaan and Anirudh also got selected for the CISCE National Basketball Competition.

Under 14 Girls got 2nd position (Devanshi Kaul, Advita Airi)

Under 17 Girls got 3rd place (Sara Singh, Fagun Beniwal, Reet Mathur, Anya Nigam and Jennifer)

Devanshi Kaul, Advita, Sara and Fagun got selected for the CISCE National Basketball Championship also.

Mr Darshan Singh Gahallot, HoD Sports



SCOTTISH HIGH INTERNATIONAL SCHOOL MODEL UNITED NATIONS SHISMUN 2024

'It always seems impossible until it's done.' - Nelson Mandela

Scottish High International School hosted the ninth edition of its annual two-day Model United Nations conference on August 10th and 11th, 2024. SHISMUN'24 saw participation from 500 plus delegates across eleven committees. Upholding the high standards set by previous editions, SHISMUN'24 was impeccably organized and executed, owing to the tireless efforts of the Secretariat, the Organising Committee, and the significant support provided by school administrative staff and Social Science Department teachers during the months of preparation leading up to the event.

Scottish High has always emphasized that the goal of education is to develop well-rounded individuals with a spirit of inquiry and determination. In pursuit of this goal, the school emphasizes the promotion of intellectual development through the incorporation of diverse learning methods. Just like its previous installments, SHISMUN '24 was fully organized by students. This year's conference was notable for its creative agendas, which tackled a variety of current social and political issues, as well as for the participation of experienced Executive Board members and sponsors who shared SHISMUN's vision.

The Opening ceremony took place on August 10th, 2024. The two days of the conference were marked by intense debates, challenging negotiations, and excellent resolutions, with particular attention given to supporting first-time participants. Executive Board members, who had been part of SHISMUN in previous years, expressed their admiration for the conference's consistent quality over time.

Participants were recognized for their contributions and achievements during the Closing Ceremony of the event on 11th August 2024. We are delighted to announce that Scottish High International School emerged as the overall winner with a score of 28 points. As the host school, we were pleased to present the Best School Delegation award to DAV School, Gurgaon, with 20 points. The conference concluded with a heartfelt speech by our Secretary General, Pranav Mahendru, and the event was officially closed with a gavel bang.

We express our sincere gratitude to all the participating schools for sending their delegations to take part in this significant event. We would also like to extend our appreciation to the school's Core Management Team for their unwavering support and confidence in allowing us to host this event annually.

SHISMUN'24 PICTURES CONTINUE ON FOLLOWING PAGE



SHISMUN'24 PHOTOS

















Compiled By: Chaanan Randhawa (Deputy Secretary General, SHISMUN 2024) Ms Bhawna Dhull (HoD, Social Science)





From Our Budding Writers

Letter For The Northwind

Dear Ma'am,

I'm writing this letter to share you about India's Independence Day on 15th August and its celebrations nationwide. Earlier, regarded as just a holiday is now enthusiastically being recognized across the country.

This year, India will be celebrating her 78th Independence Day. Efforts have been made to commend the same. The government's 'Har Ghar Tiranga' campaign ensures patriotism and the feeling of true nationalism in every Indian's blood. There are nationwide competitions being held to raise youth awareness about why we celebrate the day. I personally feel that this is an excellent prerogative, especially events like flag hoisting which is turning into a common practice in schools as well as housing societies. The courageous actions of the freedom fighters are remembered on that day. Independence Day is an opportunity to feel pure pride for India. The bright smiles on everyone's faces, the flags in the tiny hands of kids. The vibrant saffron, white and gorgeous green visible all around. That is the true celebration of Independence Day.

To conclude, I would like to add that Independence Day is not just a mere date, but it is the time when the Indian spirit is fostered in our minds. It is fascinating how India gained independence after a rule of over 200 years. With the younger generations gaining information a sense of pride and courage is present in every Indian's veins. The passion for India's Independence Day is truly high!

Yours Truly,

Samaira Shergill, Grade X-C

The Drops of Inks

When I feel like the hourglass is breaking, And the shards of glass falling and shaking, Burst through the layer of darkness and hatred, And pierce the promises made and words said.

When I feel like the ground beneath my feet will open,
And I will fall through again,
Come back to where I was before,
All that evocation is lost but stored.

When I drown in the ocean, mouth sealed, Rocks and salt penetrating my shield, Eyes screwed open but nothing is seen, I remember what I had been.

I write it all down and it disappears,
All that darkness, all those fears,
With every drop of ink falling off into obliviousness,
The paper waits for me to come back and confess.

Sia Aggarwal, Grade X-F

Comic Corner



Pragya Goyal, Grade X-IGCSE-A

A Review of Debate Club & Book Club

The Scottish High Debate Club is a student-run initiative that aims to inculcate an ability to form unbiased opinions and challenge any crisis into our students. The club is an area of mutual respect and understanding where students can develop their ability to communicate and reason safely.



This club is the perfect choice for students who wish to polish their ability to organize and structure their arguments, improve their diction, and become more comfortable speaking out in front of an audience. The goal is to help improve the social and academic lives of our students through the power of oratorship and eloquence.

The Scottish High Book Club introduces students to the perfect environment for intellectual stimulation, growth and reflection. It offers the opportunities to make new friends and form personal connections based on a common interest while enriching your perspective by hearing views and opinions you might not have considered at first. The club is an ideal choice for those who wish to gain consistent reading habits, widen their literary circle, and improve their critical thinking and communication skills. A book club is the best way to build your appreciation for literature while building meaningful relationships.

Thea Gera, Grade XI-C

Film Review: Inside Out 2

Inside Out 2 is a highly anticipated sequel that explores the wonders of the human mind. With a touch of charm and a lot of wit, the film deals with the difficult subject of puberty, whilst offering an engaging and highly original experience that appeals to all ages.



Set a few years after the first film, Riley is now battling the throes of adolescence. The core emotions of Joy, Sadness, Anger, Fear, and Disgust are joined by new emotions such as Surprise and Regret, making things more complex. While exploring the changing emotional landscape of Riley, who is dealing with peer pressure, academic pressure, and identity crises, the movie hits the nail on the head.

One of the standout aspects of Inside Out 2 is its masterful balance of humour and poignancy. There are ample moments of laughter through the bantering between the emotions. At the same time, challenging themes of mental health, self-discovery, and resilience have been effortlessly woven into the plot. Pixar gives sensitivity and depth to these issues, making the film relatable and impactful.

The animation is stunning, with vibrant and imaginative

representations of the mind's inner workings.

Inside Out 2 breaks the stereotype of "bad" emotions and instead focuses on the crucial role they play in personal development. The film Inside Out 2 is not only loved by kids but also by the grown-ups, it has also delivered a powerful message "No emotion is bad or unwanted, emotions are complicated, beautiful, and human".

Rayyan Mumtaz, Grade XI-E

Animal Endangerment

Human development has come at a tragic cost to one type of our fellow inhabitants of this planet, animals. If one has any doubt about the truth of this, one needs to read the news on any given day, which is full of horrific deeds committed on animals. It is essential that we do not abuse or exploit animals for our use and entertainment.

Animals are nature's unsung heroes, ensuring a healthy ecosystem which is vital for clean air, and water.

Harming them disrupts this balance, causing devastating consequences. The conservation of animals ensures the stability of the ecosystem, which supports our environment and human life on our planet. All animals, whether predators or prey, are critical in ensuring the delicate balance of nature that helps humans to thrive too. It is a pity that humans are hell-bent on disrupting the same systems that sustain them on this planet.

One of the worst kinds of animal abuse is when animals are used for entertainment purposes.

For example, the circuses lock animals up under terrible conditions and make them perform moves the animals are not naturally primed to perform, leading to various behavioral and physical problems. By treating animals as objects of entertainment rather than appreciating their place in nature, these activities sour our relationship with the entire natural world. Thus, the conservation of animals and the balance of the environment requires properly treating animals with empathy and humanity. After all, if humans do not behave humanely, who will?

Rayyan Mumtaz, Grade XI-E

Decoding Reality: How Media Shapes Perception

If I claimed to live in a world—a world wildly, starkly different, and separate from others, would you believe it? If yes, to what extent? Indisputably, we all reside on Mother Earth, under the same blue sky, however, reality is fickle. The way we perceive reality is capricious, twisting and bending all too easily. I'm sure we've all had that moment after finishing a book or movie when it feels like your outlook on life has changed. Even the most trivial of thoughts have the power to change perception- and that's when your reality warps.

Since the advent of the digital age, we're perfectly in touch with the world beyond our current surroundings— in fact, you might claim we are more connected to it than ever before. The generations have borne witness to how campaigns, advertisements, promotions, and brands are curating a surging online presence; how people have started looking primarily to social media for the latest news; to how every single day, our realities get increasingly more digitized. In an era where we're being fed content passively, it's arduous to critically analyze every piece of it. Media literacy is the essential tool that enables us to consume actively.

Behind every piece of media is a person who created it with a specific purpose, which mustn't be lost in interpretation. Go beyond surface level—evaluate the credibility, the omitted details, and the emotions it evoked. This examination is particularly indispensable in areas, such as political disputes, where meaning is so easily misconstrued. Language is regarded as the most powerful tool and indeed has the power to transform someone's reality in a single word. Shifts in perspective, triggering the butterfly effect, build beliefs and convictions. We'd be fraught with polar opinions if we trust everything we see online.

Saatvika Singh, Grade XI-IBDP-B

Urban Vignettes: A Street Vendor's Perspective

You know, today across the street I spotted a balloon seller, around 2 p.m. The spectrum of bright colors and, oh dear, that gleeful smile on the central balloon truly made my day. He surely would have witnessed an overwhelming demand at the traffic light. Hopefully someday with the rupees I earn, I'll buy one for my daughter, if not me! Around 6:30 p.m. the rush hour began. There was an extensive queue of those cars today; God knows where they must go. Maybe that skyscraper with uncountable floors?? I remember shaking Mahindra furiously. It was the golden ticket for him and his rainbow umbrellas. How could he have missed it after all? After tripping on the footpath, we were finally on the road now. I pulled the trigger and unleashed the magic of those buzzing bubbles. I strode down the road tingling with excitement to witness the riveted buyers. One such girl caught my attention, seated in the colossal "Swift Dzire". She greeted me with a warm smile just like my daughter's.



I was delighted, but a second later, she nodded in refusal. I mean not refusal, but merely an indication that she didn't have the money to buy it. Mahindra argued with me over this our entire walk back home. I will never comprehend his pessimism; I mean you must just lead life this way to thrive!

This discussion will never end if I begin now, I must prep for tomorrow's gig too. Good Night!

Snigdha Saxena, Grade XI-IBDP-B

JHALKARIBAI



A true soldier who valiantly served the legendary Rani Laxmibai, Jhalkaribai's acts of bravery played a pivotal role during the first war of India's independence in 1857.

Born into a low-caste community, Jhalkaribai was not allowed to attend school. Despite these challenges, her parents instilled in her a love for learning. From a young age, she was trained in horseback riding, martial arts, and weaponry by her father.

Financial hardships led to her

early marriage to a Soldier in the Jhansi Army

However, her husband was supportive, and under his teaching, she learned archery, wrestling, and shooting. Tragically, he died shortly after their wedding, leaving Jhalkaribai a young widow.

Rani Laxmibai first ran into Jhalkari bai at the Jhansi Fort, surprised by their astounding resemblance. Impressed by her skills, she inducted Jhalkaribai into the women's wing of her army- Durga Dal, where she received warfare training. Her exceptional skills and strategic planning earned her prominence, and she became the Queen's most trusted advisor.

Hugh Rose attacked the Jhansi fort in 1858, while Rani Laxmibai defended her country valiantly. However, a betrayal by a commander sealed their defeat. In an attempt to help her queen escape, Jhalkaribai disguised herself as Laxmibai and charged head-on into battle. She fought fiercely, giving a major blow to the British before being captured. The chaos caused by her mistaken identity gave the Queen enough time to escape.

Jhalkaribai died on April 4, 1858, as a Braveheart, dedicating every last breath to defending her motherland.

Vamika Banssal, Grade X IGCSE

पेरिस मे लहराया भारत का परचम

"जीत निश्चित हो तो कायर भी लड़ते है। बहादुर वो होते है जो हार निश्चित हो फिर भी मैदान नहीं छोड़ते है॥"

खेल लोगो को जोड़ते है और इसका सबसे बड़ा उदाहरण है ओलंपिक खेल। ओलंपिक खेल हर चार साल मे एक बार खेले जाते है। पहला ओलंपिक साल 1896 मे एथेंस मे खेला गया था और तब से हर चार साल मे अलग अलग देशों मे खेला जाता है।

इस साल 33वां ग्रीष्मकालीन ओलंपिक पेरिस मे आयोजित हुआ। ये ओलिंपिक 26 जुलाई से शुरू हुआ और 11 अगस्त तक चला। इतने सालों के बाद ये पहला ऐसा ओलंपिक है जिसमे पुरुष और महिला एथलीटों की संख्या बराबर है।

इस साल 329 अलग अलग खेल खेले गए जिसमे से भारतीय खिलाड़ी केवल 16 खेलों मे भाग लिया। भारत ने कुल मिलाकर 117 खिलाड़ी भेजे है जिसमे 70 पुरुष है और 47 महिला खिलाड़ी।

इस अद्भुत प्रतियोगिता में हमारे देश के खिलाड़ियों ने 5 कांस्य पदक और 1 रजत पदक जीता है। इस साल हमारे देश के खिलाड़ियों ने कई सारे रिकार्ड कायम करे है। मानु भाकर पहली भारतीय महिला है जो बंदूक बाज़ी में पदक जीती, साथ ही साथ वो पहली भारतीय है जो एक ही ओलंपिक में दो दो पदक जीती है। 52 साल के बाद हमारी हॉकी टीम ने ऑस्ट्रेलिया की टीम को हराया। मानु भाकर, स्वपनिल कुशले और सरबजोत सिंह को बंदूक बाज़ी में कांस्य पदक मिले, एक कांस्य पदक हॉकी के खेल में मिला, रजत पदक नीरज चोपड़ा के भाला फेंकने से मिला, और आखिरी कांस्य पदक कुश्ती में अमन सहरावत को मिला है।

हमारी शुभकामनाए हमारे देश के साथ है ताकि 2028 के ओलिंपिक मे हमारे खिलाड़ी हमारे देश के लिए और पदक जीत सके।

"मेरे देश की ज़िम्मेदारी नहीं है मुझे आगे बढ़ाने की, ये मेरी ज़िम्मेदारी है मेरे देश को आगे बढ़ाने की।"

मेजर ध्यानचंद

ओजस लाठ कक्षा: नवीं बी



सावन

आसमान से गिरती ये हल्की बूंदें झव धरती को छुती हैं, पत्तों पर टपक टपक कर हर दिन को तरो ताजा कर देती हैं

> चमकते हुए बादलो की गडगडाहट किसानों के मन को सुकून देती है, सूखी नदियों में पानी भरकर वर्षा एक नई शुरूआत का संकेत लाती है।

हर एक गिरती हुई वूँद मिट्टी में नई सुगंध भर देती है, हवा में घुली हुई ताजगी की महक एक शांत दुनिया का आभास कराती है।

> वारिश के यह मोती धरती पर अमृत भर देते हैं, हर दिन को तरो ताजा करने वाली सावन की यह वूँदें मन में मिठास भर देती है।

परी यादव कक्षा: ग्यारहवी

आसमान मेरी सीमा नहीं

इच्छाओं की कोई डोर होती है कहीं, चला जा रहा हूँ, आसमान भी मंज़िल नहीं क्या सूरज ने कोई सीमा मानी? क्या तारों ने कोई बंदिश जानी? ज़िद्दी परिंदा है इंसान पार कर सकता है आसमान स्वीकार करने की हिम्मत और सुधार करने की नियत हो तो, बदल सकता है ये जहान जो मन में ठानी कर वहीं, रोके किसी के रुक नहीं क्योंकि बादलों के पीछे भी एक जहान है सपनों की उड़ान भर तो सही आसमान ही सीमा नहीं |

> दैविक अबरोल कक्षा: सातवी सी एस

मुंशी प्रेमचंदः शब्दों के जादूगर

"आत्मसमान की रक्षा हमारा सबसे पहला धर्म है/"

मुंशी प्रेमचंद को हिंदी साहित्य के महान लेखकों में से एक माना जाता है। उनका असली नाम धनपत राय श्रीवास्तव था, लेकिन उन्होंने मुंशी प्रेमचंद के नाम से लिखना शुरू किया और उस नाम से प्रसिद्ध हो गए। मुंशी प्रेमचंद ने अपने साहित्यिक जीवन की शुरूआत उर्दू में लिखकर की, लेकिन बाद में हिंदी में लिखने लगे। उनकी प्रसिद्ध रचनाएँ हैं "गोदान", "गबन", "निर्मला", "कफ़न", "ईदुगाह", "पूस की रात", "दो बैलों की कथा", "ठाकुर का कुआँ" और "सद्गति" इस प्रकार उन्होंने इन रचनाओं के माध्यम से किसानों, मज़दूरों और आम लोगों के जीवन की कठोर वास्तविकताओं को उजागर किया। उनका लेखन भावना और वास्तविकता का एक असामान्य मिश्रण है। मुंशी प्रेमचंद की रचनाओं में न केवल उनके समय की समस्याएँ दिखाते हैं, बल्कि आज भी उपयुक्त हैं। उन्होंने शोषण, गरीबी, जातिवाद और भ्रष्टाचार जैसे मुद्दों पर ध्यान केंद्रित किया, जिससे सामाजिक जागरूकता बढ़ाने में मदद मिली।

प्रेमचंद का साहित्यिक योगदान उपन्यास और उपन्यासों तक ही सीमित नहीं था; वे एक प्रभावशाली संपादक थे। मुंशी प्रेमचंद की साहित्यिक यात्रा और कृतियों ने भारतीय साहित्य को एक नई दिशा दी। उनके योगदान को आज भी सराहा जाता है और हिंदी साहित्य में उनका स्थान अद्वितीय है। उनके शब्द और विचार हमें सामाजिक परिवर्तन के लिए प्रेरित करते हैं।

> ओजस लाठ कक्षा: नवीं बी

खेल

खेल खेलना स्वस्थ रहने का एक शानदार तरीका है। जब आप खेल खेलते हैं, तो आपका शरीर कड़ी मेहनत करता है, जिससे मांसपेशियाँ मजबूत होती हैं, हृदय स्वास्थ्य में सुधार होता है और ऊर्जा का स्तर बढ़ता है।

नियमित रूप से खेल खेलने से आप स्वस्थ वजन बनाए रख सकते हैं और मोटापा, मधुमेह और हृदय रोग जैसी बीमारियों से बच सकते हैं। शारीरिक लाभों के अलावा, खेल खेलने से आपके मस्तिष्क में अच्छे



रसायन निकलते हैं, जिससे आपको खुश और तनावमुक्त महसूस होता है।

खेल टीम वर्क, अनुशासन और दृढ़ संकल्प जैसी महत्वपूर्ण कौशल भी सिखाते हैं, जो आपको एक बेहतर व्यक्ति बनने और संतुलित जीवन जीने में मदद करते हैं। खेल सामाजिक मेलजोल बढ़ाते हैं और नए दोस्त बनाने में मदद करते हैं। यह आत्मविश्वास बढ़ाता है और आत्म-सम्मान को सुधारता है।

खेलों के माध्यम से, आप नेतृत्व क्षमता और निर्णय लेने की क्षमता को भी निखार सकते हैं। खेलों में भाग लेने से आप समय का सही उपयोग करना सीखते हैं। यह आपके अनुशासन और समर्पण को भी बढ़ावा देता है। अंत में, खेल जीवन में सकारात्मक दृष्टिकोण बनाए रखने में मदद करते हैं।

प्रनीथ

कक्षा: आठवी

गर्मी का मौसम: एक अनुभव

गर्मी का मौसम भारत में एक विशेष महत्व रखता है। यह समय गर्म हवाओं, तेज धूप और उच्च तापमान का होता है। ग्रीष्म ऋतु मार्च से जून तक चलती है और इस दौरान तापमान 40 डिग्री सेल्सियस से ऊपर भी पहुँच जाता है। इस मौसम में दिन लंबे और रातें छोटी होती हैं, जिससे लोग सुबह जल्दी उठकर अपने कामों को निपटाने की कोशिश करते हैं।

गर्मी के मौसम में लोग गर्मी से बचने के लिए कई उपाय करते हैं। कूलर, ए.सी., और पंखे का उपयोग आम बात है। इसके साथ ही ठंडे पेय पदार्थ जैसे नींबू पानी, छाछ, और लस्सी का सेवन भी बढ़ जाता है। इस समय का एक और खास आकर्षण है आम का मौसम। आम, जिसे फलो का राजा कहा जाता है, इस मौसम में सबसे अधिक खाया जाता है और आमरस, आम पन्ना जैसे व्यंजन बनते हैं।

बच्चों के लिए गर्मी का मौसम एक खास आकर्षण रखता है क्योंकि यह उनके गर्मी की छुट्टियों का समय होता है। बच्चे इस समय का आनंद खेल-कूद, तैराकी और नए-नए स्थानों पर घूमने में लेते हैं। गर्मी की छुट्टियों में अक्सर परिवार सैर-सपाटे पर निकलते हैं, जिससे उन्हें रोजमर्रा की भागदौड़ से थोड़ी राहत मिलती है।

हालांकि, अत्यधिक गर्मी से कई समस्याएं भी उत्पन्न होती हैं। पानी की कमी, गर्मी से होने वाली बीमारियाँ और लू लगने का खतरा बढ़ जाता है। इसलिए, इस मौसम में स्वास्थ का विशेष ध्यान रखना आवश्यक होता है। पर्याप्त मात्ना में पानी पीना, हल्के और सूती कपड़े पहनना, और दोपहर के समय बाहर जाने से बचना कुछ ऐसे उपाय हैं जो गर्मी से राहत दिला सकते हैं। गर्मी का मौसम अपने साथ चुनौती और आनंद दोनों लाता है। यह समय होता है जब हमें प्रकृति की शक्ति का अनुभव होता है और साथ ही उसके अनुकूलन की क्षमता भी विकसित करनी होती है। इस मौसम में हमें अपने पर्यावरण का भी ध्यान रखना चाहिए और पानी की बर्बादी से बचना चाहिए ताकि सभी के लिए जल की उपलब्धता बनी रहे।

गर्मी का मौसम भले ही कठिनाइयाँ लाता हो, लेकिन यह हमें अपनी जीवनशैली में संतुलन बनाने की भी सीख देता है। यह हमें सिखाता है कि कैसे प्रकृति के साथ तालमेल बिठाकर जिया जाए और हर मौसम का आनंद लिया जाए।

परी यादव

कक्षा: ग्यारहवी

नानी आज मुझे बतलाना कहाँ से लाती वर्षा पानी? सोच न पाऊँ समझ न पाऊँ मैं वर्षा की ये मनमानी। ऊपर नीला आसमान है संग हैं सूरज, चाँद-सितारे पानी फिर यह कहाँ से आये समझ में न आये हमारे। सूरज की किरणें धरती पर अपने संग है गर्मी लाती गर्मी जल को भाप बनाकर आसमान तक है पहुँचती

> जियाना सैनी कक्षा: छठी

सन २००७

दक्षिण अफ्रीका ने करी, टी २० वर्ल्ड कप की शुरुआत ऐसा वैश्विक खेल, जो दिलों को करदे बाग़ बाग़ खेला जाता, यह हर दो साल रोहित, विराट, बुमराह को देख हम होते खुशहाल



बल्लेबाज़, गेंदुबाज़, विकेट कीपर से बने ११ खिलाड़ी, दो हैं टीम-मैदान में खेलें बारी बारी पैड पहने, दस्ताना पहने, हेलमेट भी लगाए दोनों बल्लेबाज़ खुब रन बनाएं गेंदुबाज़ क्यों पीछे रहे, जी जान लगाई बल्लेबाज़ को रन आउट कर, खूब दहाड़ लगाई। २००७, करें पहले वर्ल्ड कप की बात, टी२० फाइनल की बात भारत ने हराया पाकिस्तान को ऊची कर दी हर भारतीय की नाक २०२४, भारत ने किया दक्षिण अफ्रीका का हाल बेहाल टी २० क्रिकेट वर्ल्ड कप फाइनल में तिरंगा लहराया भारत ने उन्हें बारबाडोस में हराया अब तो महिलाएं भी खेलें टी २० साथ साथ २०२० में भारतीय महिला टीम वर्ल्ड कप रनर-अप कहलाई क्या बात! सुनो लगता है कोई क्रिकेट टीम जीत रही है ज़ोर ज़ोर से चीखें निकल रही हैं हर गली कूचे में, बच्चे बड़े खेलें बेकाबू

> अद्भय राठी कक्षा: छठी

यही है टी२० वर्ल्ड कप का जाद

काले-काले आये बादल नाच-नाच कर आये बादल। बच्चे और बूढ़े, नर और नारी सब लोग नाचते हैं, जब गिरता है पानी। सब जीवों की प्यास बुझाता, पर कितना कम समय बारिश लगाता। बन्दर, भालू, मोर, नाचके आये और उनके साथ भी भैंस और गाए। तो बारिश की मस्ती में हम मज़ा उड़ाए आओ मिलकर बारिश में हम सब नहाय।

> आरना मिश्रा कक्षा: छठी

मैं देख रहा सुबह सवेरे, सूरज काका निकल चुके। गर्मी से साडी धरती तप जाती, कड़ी धुप सबको तड़पती। पेड़ पौधे झुलस रहे थे, इंसान पशु पक्षी भी तड़प रहे थे। जब सुरज की गर्मी से, सागर का तन भी तपने लगता। बनकर भाप सिंधु का पानी, तब नीले अम्बर पर चढ़ता। यही भाप फिर नाम बदलकर, काली बदल कहलाता। जंगल, पर्वत, मैदानों पर, दुर दुर तक छा जाता। बादल जब ठंडक पाते ऊचाई पर कहीं पहँच कर। रिमझिम रिमझिम पानी बरसाते गरज गरज कर काले बादल। झम झमाझम जमकर बरसाते, चमचम-चमचम बिजली चमकती। सारे ताल तलैया भरते, मेंढक उसमें टर्र टर्र करते। मॉनसून आने पर सबके दिल हर्षाते हैं, सौंधी मिटटी महक रही है। पेड़ खड़े मुस्काते हैं, पशु पक्षी भी चहचहा रहे हैं। आओ सब मिलकर आओ, बारिश में खुब नहाओ। कागज़ की नाव बनाओ, फिर पानी में उसको तैराओ।

> विहान मल्होता कक्षा: छठी

Scottish High Hosts IC³ Gratitude Dinner

The IC3 Gratitude Dinner, held on the evening of August 26, 2024, at the Scottish International School, was a significant event organized to honor and appreciate the contributions of educators and dignitaries associated with the IC3 movement.



The dinner was graciously hosted by Dr. Cdr. Kartikay Saini and attracted an audience of around 150 distinguished guests from various parts of the world.

The evening commenced with a grand opening ceremony, setting the tone for a memorable night. The opening was marked by an extravagant display of music and dance, which captivated the audience and showcased the talents of our Highlanders. Attendees participated in a session led by Mr. Ganesh Kohli, a respected figure in the field of education and career guidance. Simultaneously, a virtual meeting was held by Mr. Jim McLaughlin, allowing remote participants to join the event and engage with the discussions. A unique feature of the evening was the lucky dip organized for the guests. This engaging activity added an element of excitement to the event and was well-received by the attendees. Additionally, as a token of appreciation and thanksgiving, all guests were presented with gifts, further enhancing the spirit of gratitude that defined the evening. The evening concluded with a sumptuous dinner that was enjoyed by all the guests. The feedback from the guests was overwhelmingly positive, with many expressing their satisfaction with the event and the warm hospitality extended by Scottish High International School.

















Overall, the IC3 Gratitude Dinner was a resounding success, leaving attendees with a sense of appreciation and a deeper connection to the IC3 community.

Ms. Ruma Jain (English Coordinator, Clan Elder - Anderson

WORD WHEEL

How many words can you make from the letters in the wheel? You have ten minutes to find as many as possible. Words must contain the central hub letter and be at least four letters long. Plurals and foreign words are not allowed. (4 = Good, 6 = Very Good, 9 = Outstanding)



Ms. Neha Gupta, Economics Facilitator

Polygon Word Puzzle

Poly S t	aw	p y 5+ letter words



Clan News

ANDERSON

Healthy competitions are a powerful tool for personal and professional growth. Healthy competition fosters an environment where individuals or teams strive to perform at their best while maintaining respect and fairness. It encourages participants to push their boundaries, innovate, and learn from one another. Healthy competition also cultivates a sense of camaraderie and sportsmanship, where success is celebrated, and failures are viewed as opportunities for improvement. By focusing on mutual respect, personal development, and collaboration, healthy competitions lead to overall growth,

motivation, and positive relationships among participants. Andersonites participated with full zeal in all the competitions this month and came up with flying colours. Team Anderson that comprised of Siddharth Kapoor (X), Rian Sanghi (X) and Ojasvi Singla (IX) stood first in the Inter-Clan Science Quiz. Aditya Chauhan (VII) impressed the audience and the judges with his outstanding oratory skills. I congratulate him for winning the Inter-Clan English Debate Competition. Clan Anderson also secured the first position in the MFL Weave Me A Tale Competition. I truly applaud the talents of Angel Chugh (X) and Kenisha Kaur Roy (IX) for bagging both the first and the second positions respectively in the Inter-Clan Solo Singing Competition. Samidha

Bhatiya (VIII) and Shourya Singhal (VIII) acquired second position in the Inter-Clan Hindi and Sanskrit Quiz. I am confident that my students will give their best in the upcoming competitions also. Let me remind my Andersonites that every challenge is a chance to showcase our skills and grow stronger together. Believe in your abilities, stay determined, and push beyond your limits. Remember, success comes from hard work, dedication, and teamwork. Support one another, learn from every experience, and keep a positive mindset. Together, we are unstoppable. Let's bring our best, stay focused, and prove that we are capable of achieving greatness.

Ms. Ruma Jain, Clan Elder - Anderson

BOYD

"Success is walking from failure to failure with no loss of enthusiasm" -Winston Churchill

August has been a remarkable month for our school, showcasing the incredible talents and hard work of our students across various Inter Clan Competitions. From science and debate to literature and economics, our students have proven their mettle and brought home impressive accolades

Let's celebrate the outstanding achievements of our peers and draw inspiration from their success. Advita Airi and Arnav Goel from Grade VIII-C dazzled the judges with their profound understanding in the Inter Clan Everyday Science Competition, earning a well-deserved first place. Similarly, Sumer Sing from Grade XI IBDP shone brightly in the Inter Clan English Literary Debate Competition, securing the top spot and making his clan immensely proud.

Our students extends their talents beyond these fields. Pari Yadav and Aadya Gupta, both from Grade XI ISC, exhibited exceptional teamwork and secured second place in the Inter Clan SAVE A BUZZ - Commerce and Economics Competition. Their strategic approach and collaboration were truly commendable

Languages are no bar for us, which is proven by our junior scholars who have shown remarkable skill and knowledge. Arunima Sharma (VII-A) and Siyona Garg (VII-D) earned second place in the Inter Clan Hindi and Sanskrit Quiz, proving that enthusiasm and preparation go hand in hand. Moreover, Ada Kalra (VI CS-B) and Viha Mishra (VI-D) excelled in the Inter Clan English Declamation Competition, taking first and second

places respectively

These achievements highlight the diverse talents within our school and underscore the value of participating in Inter Clan competitions. Engaging in these activities not only boosts your confidence but also enhances your personality and teamwork skills. It's an opportunity to challenge yourself, learn new things, and build lasting friendships.

As we look forward to the upcoming half-yearly examinations, let us remember that these competitions are more than just contests—they are stepping stones to personal growth and success. So, embrace the spirit of competition, get involved, and let's continue to make our school proud!

Best of luck to everyone in the upcoming exams. Keep up the great work and stay motivated

Ms. Akanksha Yadav, Clan Elder -Boyd

LAMONT

"Morality is not the doctrine of how we may make ourselves happy, but how we may make ourselves worthy of happiness. — Immanuel Kant

Moral character refers to the collection of personal traits Moral character refers to the collection of personal traits and qualities that define a person's relationship with ethics, morality, and values. It encompasses the patterns of thought, feeling, and behavior that determine how individuals respond to situations and interact with others. The value of morality in a student's life is immense. Morality helps students to develop a sense of right and wrong which can help them to take their decisions and actions. It builds strong character, shaping their personality and influencing their behavior. In academic and personal life, it makes them to avoid cheating or plagiarism. By building a strong moral foundation for personal and

professional life they prepare themselves for future success. Our Highlanders from Lamont sets a positive example for Our Highlanders from Lamont sets a positive example for peers of giving their best in all competitions and takes ownership of victories and also mistakes to learn from them. With complete dedication and all hard work our Highlanders brought laurels to the clan. In Inter Clan competitions, we had Saisha Bahal and Urvee Repaswal from Grade VI who secured first position in Inter Clan MFL Tongue Twister Competition in French and Spanish respectively and Aneesha Sharda secured second position in German. Mishka Talwar, Angadbir Singh and Shreya Aggarwal from Grade VIII proudly secured first position in Inter Clan Mathematics Quiz Competition by showing their excellence in Mathematics Quiz Competition by showing their excellence in Mathematical skills. In Inter Clan Street Play Competition, Ajooni Kaur, Mihira Ghanshyam Prabhu, Avyukt Mahajan, Priyanshu Mukherji, Atharva Chaudhary, Angad Joshi, Ditya Agarwal, Kabir Bhasin from Grade XI showed best team work and acting skills by securing second position. Ananya Balaji and Iva Kaswan from Grade VII made our clan proud by securing first position in Inter Clan position. Rilanja Balaji and Va Raswan itoli Orlace VII made our clan proud by securing first position in Inter Clan Hindi and Sanskrit Quiz Competition. While keeping our aims high and continuous perseverance, Aayushmaan Kaushik and Daiwik S Gahlot from Grade VIII participated

in Inter Clan Video Editing Competition and proudly bagged first and second positions respectively. Akshara Bansal, Rhea Mendiratta, Shanaya Sharma, Sailee, Urvee Repaswal, Hunar Puri, Vinisha Aggarwal from Grade VI represented Indian Folk Dance and secured second position in Inter Clan Dance competition. In Inter Clan MFL Spell Bee Competition Samridh Ahluwalia from Grade VII secured second position. Ruhika and Akshar Vijay from Grade VIII made our clan proud by securing position in Inter Clan Hindi and Sanskrit Quiz Competition. Mishka Talwar and Jaivv Kandarp Asher from Grade VIII secured second position in Inter Clan MFL Weave me a Tale Competition. Vikrant Pethia from Grade XI secured second position in Inter Clan Literary Debate Competition. Sahaj position in Inter Clan Literary Debate Competition. Sahaj Khanna, Vikrant Pethia and Aveer Singh from Grade VI with best team efforts secured second position in Inter Clan Science Quiz Competition.

Science Quiz Competition.

Congratulations Highlanders on your outstanding achievements. Your dedication and passion have paid off. Keep pushing boundaries, striving for excellence, and inspiring others. Keep shining, and may your accomplishments continue to shatter records and touch hearts.

Ms. Kiran Cacoria, Clan Elder - Lamont

MACARTHUR

"I never dreamed about success. I worked for it."

– Estée Lauder

Dear Highlanders, motivation is not merely a concept to be explained in words; it is a force that must be experienced through action. It's that profound feeling of being so moved by something that it becomes a wellspring of inspiration. This inspiration, in turn becomes the driving force behind achieving our goals and finding success in every aspect of life. To cultivate motivation, we must nurture the right mindset and identify a compelling goal or purpose that propels us forward. This goal serves as our beacon, guiding us through challenges and encouraging growth, both physically and mentally.

True motivation requires self-discipline and a

willingness to push beyond our comfort zones. It's within these uncomfortable moments that our true potential is revealed. Remember, the only person who can truly challenge your limits is yourself.

can truly challenge your limits is yourself.

In a plethora of Inter Clan competitions, our Highlanders have added new feathers to their cap. In the Heritage Quiz for Grade VI, Aarav Pandey and Vayum Mehta secured the third position. Similarly, in the English Declamation, Rishita Malhotra and Esh Sehrawat also bagged the third position. In the Dance Competition, our team—comprising Samaira, Prabhleen Narang, Kavya Sachdev, Kaahina Singh, Anaya, Amaira Sehrawat, and Esh Sehrawat clinched the first position. the first position.

the first position.

In Grade VII, Saranshi Rao clinched the second position in the English Debate. For Grade VIII, in the Math Quiz, Kyan Kapoor, Advik Trehan, and Ruman Narula secured the second position. Additionally, in the Hindi Quiz, Ruman Narula and Advika Kalra bagged the third position. Aaradhya Nigam and Pearl Diwan

secured second position in the Everyday Science

Competition.

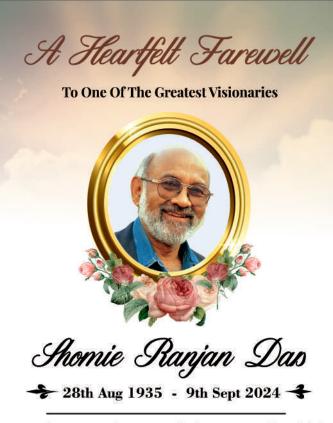
In Grades IX-X Diya Juneja and Harshimar Singh clinched first position in the ICT Quiz and Ojas lath, Anaya Dogra and Harshimar Singh secured second position in the Parliamentary Debate. Maisha bagged second position in the Solo Singing Competition.

In Grades XI-XII, Swarnika Joshi, Vaishnavi, Kyra, Abier Raj, Skandhas, Sabeer, Aadit, Gaurika, and Raisa secured the first position in the Street Play Competition. Kush Ginde, Kyra, Khushi, and Pratishtha bagged the second position in the Model Making Competition. Additionally, in the Save a Biz Competition, Sabeer and Aadit Sharma clinched the first position. Aadit Sharma clinched the first position.

Let us embrace this journey of self-discovery and growth with unwavering determination. Always remember, together, we can surpass our perceived boundaries and achieve greatness. My best wishes are with you all for your Half Yearly Examinations!

Ms. Pooja Sethi, Clan Elder - Macarthur





Mr. Shomie Das, the renowned educationist with a global presence, illuminated the path of Scottish High with his visionary ideas and exceptional intellect for many years. His innovative ideas and remarkable insight paved the way for Scottish High's success.

His invaluable contributions played a key role in our journey toward excellence, shaping the very foundation of our school community.

As we bid farewell to this visionary leader, we are filled with gratitude for the profound impact he has had on our institution.

We will deeply miss his wisdom and unwavering leadership.

Golf

ANITYA'S TIP OF THE MONTH

Wider Back swing for Better Results

Having discussed how you can create more power in the back swing by ensuring that you make a full turn, here is a great drill to ensure that the width of your back swing arc is wide thus helping you become a consistent ball striker



From your set up position, as you swing

the golf club to the top of the back swing, make sure that the club head stays low to the ground in the first part of the swing. This is also called the take away and junior golfers often have a tendency to pick the club head above the ground very quickly thereby resulting in a narrow or a vertical path of the club. This will make it more difficult to deliver the club to the ball squarely which is a pre-requisite to good ball striking. In the picture, you can see that I have taken the club head back low to the ground and that my arms are straight as I take the club away. Many junior golfers tend to bend their arms early in the back swing which results in a narrow arc thereby making it tougher to be a consistent ball striker

Compiled by:-Ms. Ankita Jain, Golf Coordinator



The Scottish High International School

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