



SCOTTISH HIGHTM INTERNATIONAL SCHOOL

THE NORTH WIND

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From the
**Principal's
Desk**

COLOURFUL MARCH

In March, amidst the vibrant celebrations of Holi, Ramazan, and Easter, I reflect on recent events, particularly the emotions of new parents during our At Home Orientation. Their expressions painted a mosaic of joy, excitement, and curiosity as their children embarked on a new educational journey. This month has been adorned with various colourful milestones, from Board Exams and School Internal Assessments to the eager anticipation of results and the thrill of a fresh academic session. We bid farewell to students graduating from Grade KG and V as they enter to a new phase of learning. Excitement filled the air in Primary classes with picnics and overnight camps, while Middle school students found solace and contentment during Parent-Teacher Meetings, reaping the rewards of their hard work. An

array of hues adorned our Art and Photography Exhibition, and post-Holi celebrations, students eagerly anticipate the joyous colours of our school's Annual Camp. The colour of sweat may be elusive, but its presence was undeniable as Grade X and XII students poured their efforts into the Annual Athletic Championship, achieving glory for their respective Clans. The essence of hard work permeated the school's Examination Hall, where outgoing batches of X and XII students tackled their crucial Board Exams. As Grade XII students prepare to embark on new journeys, they face the daunting hues of entrance exams and college admissions. Currently, all departments are ablaze with the colours of preparation for the new session: crafting timetables, setting up classrooms, compiling class lists, printing syllabi and ID-Cards, and updating records.

As said in Sanskrit language:

“न कञ्चित् शाश्वतम्”

“Nothing is Permanent”

So these colours will change overtime, but we are ready to welcome the new experiences and colours that come with them.

Dr. Sanjay Sachdeva
School Principal

Making Reflection a Way of Life

As the school year draws to a close, it's a suitable time to reflect on the experiences, challenges, and growth we've encountered throughout the session. Each school year brings with it a unique set of lessons, both academic and personal, that shape us into the individuals we are becoming. Whether it's been a year of triumphs, setbacks, or a mixture of both, there is always something to be grateful for as we bid farewell to the old and prepare to embrace the new.

First and foremost, let us express gratitude for the knowledge we've gained over the past academic year. From acquiring skills to understanding simple and complex concepts, each area of learning has expanded our minds and equipped us with valuable lessons of life. All the learning experiences within and beyond the classrooms made us inquirers and risk takers. Let us appreciate the teachers who have tirelessly facilitated not only various disciplines but also guided us to become better human beings. The attributes of IB learner profile which were developed through the year brought out compassion and sensitivity for not only our family and friends but for our planet as a whole.

Beyond academics, let us be thankful for the friendships we've cultivated and the bonds we've formed. Scottish High is not just a place of learning but also a community where we find support, camaraderie, and a sense of belonging. The laughter shared during

field trips and camps, the collaborative spirit in group assignments, and the fun time during the ongoing assessments brought out love for learning ever so strongly.

As we look ahead to the new school session, let us approach it with a sense of optimism and pleasant anticipation. While we may not know what the future holds, we can embrace it with open hearts and minds, ready to embrace new opportunities for growth and learning. Let us set goals for ourselves, both academically and personally, and commit to pursuing them with passion and dedication. In preparing for the new school session, let us also remember to express gratitude to those who have supported us along the way – our parents, our friends, and all our support staff.

As we bid farewell to the school session gone by and look forward to the adventures that lie ahead, let us carry with us a spirit of gratitude, resilience, and optimism. With the lessons of the past as our foundation and the promise of the future as our focus, we embark on this new chapter of our academic journey with hope and determination. Let us make the most of every opportunity, cherish every moment, and strive to make a positive difference in the world around us. For in the end, it is not just what we learn in the classroom that defines us, but the values we uphold and the lives we touch along the way. Let us live our school motto – Interrogo, Percipio, Adicio with full enthusiasm and cheer!!

Ms. Seema Bhati
Primary School Director



PYP

Front Desk Programme - “There is only one way to learn ...it's through action.” - Paulo Coelho

Our budding Highlanders of Grade I and II culminated the academic years respectively with a graceful grandeur. During their Front Desk Programme they performed in myriad activities like skits, dance, songs and sports related engagements on stage enthusiastically with aplomb. They showcased confidence, perseverance and honed their social as well as communication skills. Parent a applauded and appreciated their performance, while they watched their wards-the cynosure of their eyes become lifelong learners.



Overnight Camp Grade I and II - Personal Growth and Skills Development

Grade I and I had a full day adventure camp at Lohargarh Farms. Children had fun and enjoyed activities like puppet show, rides, obstacle course and many interesting games. The dance party in the evening was the highlight of the day. Our young students displayed amazing interpersonal social skills during the camp.



“Parents and Teachers together give our children the roots to grow and the wings to fly.”

As the session draws to a close, handing over the Final Term Report card was done during the last PTM of the academic session for Early and Primary Years on 21st March 2024. The interaction between parents and teachers was marked by a reflective discussion on the overall growth of the students throughout the year as well as expressions of gratitude from the parents for the growth their children made. It was a moment to acknowledge the collaborative efforts between teachers and parents in nurturing the academic, social, and emotional development of the students. As we bid adieu to the session, we look ahead in anticipation, where the students will be encouraged to embrace new opportunities for growth, seize every moment for learning, and face new challenges with courage and determination.



GRADUATION CEREMONY

“Go confidently in the direction of your dreams. Live the life you have imagined.”

- Henry David Thoreau

It was indeed with immense joy and pride that the Kindergarten Graduation ceremony took place, marking the transition of our young learners from Early Years to Primary Years. The ceremonial felicitation was extended to Grade V Highlanders as well with much fanfare. This red letter day is a celebration of the milestone achieved by our PYPians, as they are ready to embark on a new enchanting journey of learning to Middle School. The day was marked by some heart rending beautiful lines spoken for their students by their respective HRT's. The event was a celebration of their growth, achievements, and the exciting journey that lies ahead of these young Highlanders. During the ceremony, the young graduates received the Certificates, a testament of their hard work, curiosity and enthusiasm for learning. The occasion was graced by the School Principal, the Primary School Director and the Initial School Head, who with their presence commemorated this special milestone in their lives.





Celebrating the joy in motion- Early Years Sports Day Extravaganza!

Sports Day of Early Years was a day filled with laughter, and boundless energy! It was a whirlwind of fun and excitement as the young Highlanders of Grade Nursery and Kindergarten embarked on a journey of movement, camaraderie, and wholesome experiences. Led by our enthusiastic instructors, the invigorating warm exercises and Zumba prepared our young athletes for the fun-filled activities ahead. The Fun and Flat races had the young champions racing towards the finishing line, showcasing their agility, speed and determination. Whether they were sprinting down the track or cheering on their friends from the sidelines, each child's participation was celebrated and cherished, making everyone feel like a winner! As the little ones engaged in friendly rivalry on the field, they also learnt valuable lessons about sportsmanship, resilience and the importance of cheering each other on!





Scottish High helps foster physical and emotional well-being of students.

Scottish High facilitates its vision for a well-rounded education by promoting learning beyond the classroom. Grade IV Highlanders visited the Tau Devi Lal Park as part of their unit of inquiry. With an extensive understanding of physical education through a multitude of activities, one-on-one with professional athletes about fitness components and taking a shot at sports like Boxing, Running, Rope climbing, Wrestling and much more, the visit turned out to be a wholesome and stimulating experience for all the students. The 'Take Home' message for students: Significance of sports and physical activity and taking action towards healthy lifestyle choices.



PYP develops caring and compassionate students. Gratitude makes sense of our past, brings peace for today and creates a vision for tomorrow.

Prioritizing and celebrating the SHIS focus on holistic well-being, the young Highlanders celebrated the end of the academic year with the things that bring them joy. They expressed their gratitude to teachers with handmade cards and played board games to deepen their bonds with each other. It was a wonderful way to end this year while looking forward to the journey ahead and was thoroughly enjoyed by all.



Deputy PYP Coordinators



Medley of Activities



"Creativity is intelligence having fun."

- Albert Einstein

March was a month of vibrant creativity at Scottish High School, as students from Grades I and V immersed themselves in showcasing their artistic talents. Under the overarching theme of "How We Express Ourselves," these budding artists poured their hearts into their creative compositions, demonstrating a profound understanding of the elements and principles of art. They interpreted their personal ideas and emotions into captivating visual representations. Each artwork was a testament to their individuality and creativity, resulting in a spectacular display that left onlookers in awe.

On March 22nd, the school community gathered to witness the grand inauguration of the Annual Art, Craft & Photography Exhibition. School Principal, Dr. Sanjay Sachdeva, and Primary School Director, Ms. Seema Bhati, presided over the event, officially opening the doors to a world of artistic wonder. From Grade VI and XII, students showcased their talents with pride. Their creations, ranging from traditional paintings to innovative crafts, reflected the essence of true artistry. Visitors were not only impressed by the technical skill displayed but also deeply moved by the emotions conveyed through each piece.

The exhibition featured a diverse array of artworks, including still life, pencil shading, watercolour, soft pastels, tile work, canvas paintings, texture experiments, and more. In the Craft section, attendees were treated to a sensory feast with dot art, mandala art, zentangle art, quilling art, lippan work, lampshades made from paper pulp, glass paintings, and an array of other captivating creations.

Beyond showcasing talent, this exhibition served as a platform for young artists to share their creativity with a wider audience. It provided them with a valuable opportunity to express themselves and receive recognition for their efforts.

In essence, the Annual Art, Craft & Photography Exhibition at Scottish High was not just a display of artwork; it was a celebration of imagination, passion, and the limitless potential of young minds. As the curtains closed on another successful event, the spirit of creativity continued to thrive, inspiring all who had the privilege of experiencing its magic.

Ms. Amitta Gahallot
HoD Visual and Performing Arts



Embark on a dance odyssey, from classical elegance to the urban beats of hip-hop and jazz, as we delve into the mesmerizing world of stage performances, where each step tells a unique story.

Grade I students mastered in theme "How we express ourselves? "Expressing a theme in dance involves embodying

emotions, narratives, and moods through choreography, movements, and artistic interpretation, conveying the intended message to the audience. Learning a routine that culminated in a captivating stage performance. Their graceful execution showcased newfound skills, delighting the audience with a beautiful display of artistic expression. Grade II students honed energy sustainability in dance, mastering diverse routines to various songs. Their classroom and stage performances showcased not just skill but also the ability to captivate audiences with vitality. Maintain stamina through proper conditioning, pacing movements, controlled breathing, and staying hydrated, ensuring a sustained and energetic dance performance. Grade III students immersed themselves in a dance journey, watching diverse forms via videos. Prior brainstorming laid the foundation, guiding them to reflect on nuances during performances. This experiential learning not only broadened their dance appreciation but also fostered critical thinking about the distinct characteristics within various dance forms. Grade IV students delved into dance, exploring the dynamic styles of hip-hop and jazz in their classes, showcasing their versatility and enthusiasm for movement. Grade V students embraced the SDG theme, translating sustainability goals into a powerful dance performance that raised awareness and inspired the audiences during the exhibition.

Ms. Himani Yadav
Dance Teacher



Role of Theatre in Education

In the landscape of education, theatre stands as a dynamic force, offering far more than mere entertainment. It serves as a potent medium for experiential learning, igniting curiosity and empathy in students. Through dramatic exploration, learners are transported to different times, places, and perspectives, fostering a deeper understanding of diverse cultures and historical events. Theatre in education encourages active participation, inviting students to embody characters, analyse complex themes, and collaborate with peers. Moreover, it hones crucial life skills such as communication, problem-solving, and emotional intelligence.

Beyond the stage, theatre empowers students to find their voices, build confidence, and express themselves authentically. By integrating drama into the curriculum, educators create immersive learning experiences that resonate deeply with learners of all ages and backgrounds. Thus, theatre becomes not just a performance art but a transformative tool, enriching education and shaping the minds and hearts of future generations.

Mr Rohit Kumar Kalra
Theatre Arts - Instructor



As March unfolds, it captures the crescendo of activities marking the end of the session at SHIS. While students bid farewell to another enriching academic year, the corridors resonate with melodies and memories, a testament to their musical journey. Amidst the transition, students diligently revise the songs they've learned throughout the year.



From the infectious beats of "Eye of the Tiger" to the heartfelt harmonies of "A Gift to You," each note echoes with the progress and passion of our young musicians.

The Front Desk Programme (FDP) of Grade I and II draws to a close, showcasing the culmination of their musical endeavors. Parents applaud as their children confidently perform, a testament to their growth and dedication. The FDP not only fosters musical skills but also instills confidence and camaraderie among the participants, leaving lasting impressions.

With hearts full of memories and melodies, our students eagerly anticipate the adventures that await in the next academic year. As one session closes, another chapter begins, filled with promise, potential, and the everlasting magic of music.

Mr Shivam Srivastava
Western Music Teacher

From The Sports Field



The month of March started with the selections of Annual Athletic meet for Grade IX and XII. Various track and field events like 100mtr, 200mtr, 400mtr, 800mtr, Relays, Hurdles, Long Jump, Shot put and Discus throws were performed by the Highlanders. Dr. Sanjay Sachdeva, School Principal declared the Annual Athletic Meet open. Senior school Head Ms. Isha Verma along with Middle school in charge Ms. Geetanjali Ahuja graced the occasion. In Grade IX Clan Lamont secured 1st position followed by Clan Boyd, Macarthur and Anderson. In Grade X Clan Boyd got 1st position followed by Clan Lamont, Macarthur and Anderson. In Grade XI Clan Macarthur secured 1st position followed by Clan Boyd, Lamont and Anderson. In Grade XII Clan Macarthur secured 1st position followed by Clan Lamont. Clan Boyd and Anderson shared third position collectively.

Now Sports Department is busy for the welcoming of new students and beginning of the New Session 2024-25.

Mr Darshan Singh Gahallot,
HoD Sports

Middle School (Grade VI to VIII)

"Every day is chance to begin again, don't focus on the failures of yesterday, start today with positive thoughts and expectations."

– Catherine Pulsifer

School life is the best phase of a student's life. It is a time when a student learns new things and explores their own potential. As

the curtains rise on a new session, a palpable sense of anticipation fills the air. Students and teachers alike find themselves standing on the threshold of possibility, eagerly awaiting the opportunities that lie ahead. With each new session comes the promise of fresh beginnings, renewed determination and boundless potential.

The start of a new session offers a chance to wipe the slate clean to leave behind the challenges of the past and embrace a fresh start. For students, it's an opportunity to set new academic goals and pursue new interests. There is an undeniable energy that accompanies the beginning of a new session, the sense that anything is possible and that every obstacle can be overcome. This renewed enthusiasm infuses classrooms with vitality, as students eagerly engage with new ideas, tackle new challenges, and explore new possibilities.

With the dawn of a new session comes the opportunity to set goals and aspirations for the future. Students may aspire to improve Grades, deepen their understanding of a particular subject, or pursue extracurricular interests. In today's rapidly evolving world, adaptability is key to success. As each new day unfolds, students and teachers must be prepared to embrace change, foster innovation and create meaningful learning experience.

As we commence this journey together, let's embrace the potential of a new session with open heartedness and open mindedness. Let us seize the opportunity to learn, to grow, and to make a difference in the lives of those around us. And let us never lose sight of the boundless potential that lies within each and every one of us. With the hope in our hearts and determination in our souls, let's endeavor to make this fresh start brim with inspiration, success and happiness.

Ms. Geetanjali Ahuja
Middle School Coordinator

IGCSE

Shakespeare 'o' Charades

'Dreams can be like charades in which we act out words rather than see or speak them'

– Jane Roberts

Keeping the above quote in mind our X IGCSE highlanders were merrily engrossed in a refreshing English activity on 'Shakespeare 'o' Charades which was conducted in the A.V Room on Friday, 22nd March, 2024. As a part of an English class the students were pre-informed to read and act upon the major characters of Julius Caesar by William Shakespeare. As a part of the IGCSE curriculum, English Literature has played an enriching and a pivotal role in inculcating Shakespeares' writing and brought in keen interest among the students wherein they could read more, reflect on, and enact famous roleplays confidently that each character portrayed. In addition to fun book-based activities, there were weekly book chats and discussions done in their respective classrooms, where students indulged in an engrossing group discussion.

The aim of the activity was to articulate while expressing their thoughts, opinions through their character enactment presentation which they have chosen from a famous character from Julius Caesar. The participants were well armed with their oral statistics and content to portray their enactment more emphatic with their righteous expressions and exhibited the



same with utmost confidence. It was a kaleidoscope of thoughts, ideas, and acting that definitely enhanced the knowledge and understanding of the topic among students. The ultimate objective was to move away from a rote memorization - centered approach towards a more comprehensive activity base learning.

IBDP

As the new session of XII IBDP kicked off on the 19th of February, the corridors of our school once again buzzed with anticipation and excitement. With fresh faces and eager minds, the Grade XI and XII students embarked on a journey filled with academic rigour, personal growth, and collaborative learning. The commencement of the XII IBDP session marked the beginning of a transformative educational experience. Meanwhile, Grade XI IBDP students eagerly await their turn, with their classes scheduled to start on the 4th of April. The anticipation is palpable as they gear up to dive into the challenging yet enriching curriculum that awaits them.

In a recent development, our IBDP Coordinator, Ms Pooja Sharma, attended a webinar conducted by the IBO regarding the conduct of the May 2024 DP examinations. Her insights gleaned from this webinar are invaluable, ensuring that our school stays updated with the latest examination protocols and guidelines.

One of the highlights of the academic calendar was the immersive educational excursion undertaken by Grade XII IBDP students to the TERI Gram Campus in Gurugram. Here, they explored the fascinating intersection of science and the environment, delving into cutting-edge technologies showcased by TERI. This hands-on experience not only enriched their understanding but also instilled in them a deep appreciation for environmental conservation.

Further emphasizing the interdisciplinary approach to learning, Grade XII IBDP students engaged in a collaborative science project focused on assessing the socio-economic impact of plastic pollution. Venturing into Sector-56 market for data collection, they gained practical insights into the real-world implications of environmental issues, paving the way for informed decision-making and advocacy. The integration of different subject groups was evident in various interdisciplinary classes. Group 1, 2 and 5 recently had a session exploring the use of social media, highlighting its impact on society and culture. Another transdisciplinary class, combining Eco and Computer Science topics, sparked intellectual discourse on logic gates, underscoring the interconnectedness of diverse fields of study.

In line with our commitment to enhancing pedagogical practices, an expert talk was organized for Group 1 & 2 students on the use of technology in academics. Renowned educator Ritika Tanwar shared her insights, empowering students with innovative strategies to leverage technology for effective learning and research.

The interdisciplinary collaboration extended to the realms of Biology and Psychology, where Grade XII IBDP students explored the intricate relationship between human physiology and behaviour.

This cross-disciplinary approach deepened their understanding and also fostered critical thinking and analytical skills.



Mr Pawan Mittal
Cambridge Curriculum Head,
PDQ Programme Leader & HoD Mathematics



Beyond student engagement, our IBDP teachers also actively participated in professional development activities. Collaborative self-study sessions with PYP teachers provided a platform for fruitful discussions and knowledge exchange, enriching teaching practices across Grade levels. Moreover, a vertical collaboration meeting brought together IBDP teachers to showcase the seamless integration of subjects, fostering a holistic approach to education. Through such collaborative endeavors, our educators continue to inspire and empower students to become lifelong learners and global citizens.

As we navigate through the dynamic landscape of IBDP, we remain committed to fostering a culture of excellence, inquiry, and collaboration. With each passing day, we embrace new challenges and opportunities, united in our pursuit of knowledge and growth.



Ms. Pooja Sharma
Diploma Programme Coordinator
Ms. Smriti Dudeja
Deputy Diploma Programme Coordinators

Senior School Head

School Camps: Nurturing Overall Development

School camps serve as a vital component of holistic education, providing students with opportunities for growth beyond the classroom. The camps offer an immersive environment for students to learn life skills, foster teamwork, and develop resilience. Grade VI, VIII, X and XII Highlanders witnessed an amazing excursion and embarked on an enriching and rejuvenating educational trip to the picturesque Corbett, Mussoorie, Shogi and Nainital Hills organized by Rocksports. Amidst the serene surroundings, they immersed themselves in thrilling and adventurous activities such as High Rope Course, Zipline, Mountain Biking, Camp Games and Musical Nights. In house activities like Guerrilla War, Rafting, Hang Man, Zip

Line, Tent Pitching and many more were cherry on the cake and it further enhanced confidence, camaraderie and teamwork. It was truly a memorable learning journey for the students. The expedition provided an enriching experience for all participants, encouraging camaraderie, cultural understanding, and a deep appreciation for nature. It allowed students to step out of their comfort zones, engage in adventurous activities, and create lasting memories. It was a testament to a great opportunity to Explore, Discover and Dream & learning beyond the classroom. By providing experiential learning opportunities outside the classroom, these camps inspired curiosity, promoted empathy, and cultivated lifelong learners.

Ms. Isha Verma
Senior School Head,
HoD - Modern Foreign Languages

From The Counsellor's Desk

"The only easy day was yesterday."
- Navy SEALs

Dr. Neha Singh Maurya, head of the Counseling Department, conducted a series of Counsellor Talks for Grade XII students and their parents, providing valuable insights for their final year of school. Emphasizing the critical nature of this academic phase and its impact on future endeavors, Dr. Maurya emphasized the importance of building a robust academic and extracurricular profile. She encouraged students to showcase not only their academic achievements but also their overall development for college applications and personal growth. She shared country-specific information regarding admission requirements, deadlines, scholarships, and essential documents, empowering students to make informed decisions about universities and courses.

Additionally, Dr. Maurya highlighted the counseling department's commitment to assisting students in navigating challenges related to the college application process and career advice. A structured immediate timeline was presented, offering practical steps for tasks such as standardized test preparation and college research, providing students with clear direction for academic planning. She emphasized self-discipline, time management, and perseverance, urging realistic goal-setting and a positive mindset throughout the academic year.

Furthermore, an informative session on the Common University Entrance Test (CUET) was organized for Grade XII (2022-2023) parents and students. This session introduced the exam pattern, important information in the bulletin, and provided a step-by-step guide to filling up the application form, crucial for effective preparation and understanding exam expectations.

Dr. Neha Singh Maurya (HoD, Counselling)
Ms. Geetika Setia (School Counsellor)



From Our Budding Writers

Can There Be A Future Without Pollution?

There is an old legend in which Socrates, the Greek philosopher, is recognised by the Oracle of Delphi as the wisest man alive. How Socrates responded is noteworthy. He said, "I am the wisest man alive, for I know one thing, and that is that I know nothing." When I read this in my school library, I thought that if Socrates lived today, he would likely have been disappointed. He would have wondered how collectively an entire generation which calls itself the most technologically advanced race, is also the generation responsible for rapid degradation of the Earth's environment. So, do they actually know nothing about how they are damaging the Earth?

This has led children like me to ask - Will my friends and me in the future have accessibility to things as basic as clean water and fresh air? Can the quantum technological leaps acknowledge that our advancements to make life easier in modern society has actually contributed to several environmental and human health disasters? In short, Can there be a future without pollution? Take plastics for instance.

What kind of a future are the elders leaving behind for me and my friends? Is it a future of health and hope? Or is it a future dumped with plastics everywhere?

Today the Earth is producing 380 million tons of plastic every year. Approximately 91% of plastic is not recycled. Of these 50% of that is single-use plastic which will remain on our planet for at least several hundred years. Tons of these plastics are dumped into our ocean every year. Going by this rate, by 2050 there will be more plastics in the ocean than fish. The packaging production constitute the highest demanded use for plastic. Most of our food items come in plastic wraps. The microplastic particles seep into our food. And be ready to hear this - humans eat over 40 pounds of plastic in their lifetime. According to a FICCI report, Indians consume 11 kg of plastic per year in comparison to 109 kg plastic consumed by an average American.

Let me suggest some of the ways how garbage or waste can be collected and utilised in the best possible way:-

- The vast majority of oceanic plastics come from land, delivered to the sea via rivers. Solution to curb plastic pollution is wonderfully simple: catch it in a FLOATING FENCE. This device can collect over huge amount of waste from across the globe. With simple materials that are cheap solutions can be implemented easily. Further trash can be sorted and dried, whatever can be reused should be recycled and the rest can be burned for power generation.
- Another interesting idea can be worn out tyres that are no longer safe to be used by vehicles are either discarded or burned, adversely impacting natural ecosystems. These wastes are non-degradable and have a direct environmental impact. Recycled tyres can be used to

sustainably improve the strength and bearing capacity of soil. They can also be used in creating a new building material with all the positive properties of rubber without the toxic off-gassing.

- Start buying and encourage people around you to buy products that are made from materials that are collected particularly from recycling. Also learn to reuse products in different ways. This helps save on the costs of purchasing another.
- Set up an electronics recycling and hazardous waste collection sessions in different areas. During this time, people can donate the used electronic materials or can sell to people who can reuse them instead of buying new ones. This can work both ways- creating awareness among people in the society and waste recycling.
- India, a land for various God's and temples. But the temple waste coming out of temples every day is a huge concern. This consists of flowers, leaves, coconuts, grains, and fruits etc. majority of which are degradable. The temple waste can be used in the preparation of many valuable and applicable products like perfumes, soaps, cosmetics, food, manure, incense sticks, biochar, biofuel, pigments, papers and dyes etc. However, temple waste is usually thrown in running water or local water bodies causing water contamination

We can hope for a cleaner greener future and a garbage free future. Real changes can be made to the environment by reducing, reusing and recycling materials. A simple change in our habit can bring about this change. It is time to act!

Laura Anika, Grade VII-D

RUAAN ARTWORKS

The art/model conveys how the left and the right brain work in complete synergy. Logical and meaningful side of our life, partnering with colourful and creative side of life. This piece of art was made with items that were found at home.



**Ruaan Sharma,
Grade VII CLS-A**

CARAVAL: BOOK REVIEW

“Remember it's all a game.” Stephanie Garber's bestseller book, 'Caraval', is a spellbinding and sensational fantasy novel set in the early 1900s.

The female protagonist, 'Scarlette', is a benevolent and valiant lead who escapes her father's clutches and traverses through a disconcerting game city: Caraval, to find her sister- Donatella, before the clock stops ticking. She is guided by subliminal conversations with enigmatic characters and a series of befuddling clues on her quest to win the game; save her sister and win a wish by the legendary game master himself. However, regardless of being warned incessantly that Caraval is just a game, Scarlette surmises that there is more to it than meets the eye.

One of the first emotions I felt was repugnance that was precipitated by Scarlette's abusive father, but it soon coalesced into perpetual curiosity as I perused and turned page after page. Caraval's stimulating, unanticipated plot twists left me gasping, and Stephanie definitely left everyone in the dark until the very last page.

Apart from Stephanie's evocative writing style, the book was riveting and unputdownable. The highlight however was surely the exhilarating plot. There was also an abundant amount of character development, especially for Scarlett. The once timid girl had now turned into a mettlesome force of nature.

Even though I must acknowledge that the plot was slow-paced with the plethora of twists clubbed in the end, Caraval is a work of art for sure, and is also a quintessential must-read for fans of Holly Black and Jennifer Lynn Barnes

Anya Arora, Grade X IGCSE-A

inner self, the real you, because *no one is you, and that is your superpower! That's what makes you so unique, one of a kind!*

So, take a minute from all the hassle and chaos, breathe in, and be grateful for nothing but the “now” you have! To live would be an awfully big adventure!

Aanya Nigam, Grade X-B

Windows of Opportunity



Aisha Srivastava, Grade X-B

Treasure

There is something magical in every moment...there is a *treasure*, and no, it is not waiting for you at the other end of the rainbow, it is right here, with you. Yes, the treasure is the present!

There are ups and downs in life; one faces a lot of struggles, but that is inevitable, and it is time we accept that very fact. Every age comes with its set of difficulties. Why? There is a purpose for everything that happens in one's life...of course, that “hidden meaning” varies for everyone, however, there is something common for all of us—the darkest of times...when no matter how hard you try, the sun doesn't seem to be in sight any sooner...but what is life without problems?

Consider this: without the backdrop of darkness, would we ever truly appreciate the brilliance of the stars? Each twinkling light in the vast expanse of the night sky whispers of stardust desires and jasmine hopes, reminding us that beauty often emerges from the depths of shadows.

Eat the wait, because when God puts a burden upon you, He places His arms underneath you. People care for you, you mean a lot to them; they will be there, holding your hands when nothing seems clear to you, and when you question your entire existence...never lose touch with your

Butterfly Gardens



Prisha Sharma, Grade X-B



Through the Forgotten Whispers of Time!

Hidden within the labyrinthine streets of the old city, nestled between towering stone facades and cobblestone pathways, lies an antique bookshop, its exterior reflecting its time. Weathered wooden beams, darkened with age, stretch across the front, supporting a faded maroon awning that bears the shop's name, "101 Books," in elegant, curling script. Above the entrance, a wrought-iron sign swings gently in the breeze, its once intricate design now softened by rust. As I approach, the scent of aged paper and leather wafts through the air, inviting me to step inside and lose myself in a world of forgotten wonders.

As I push open the heavy oak door, a chorus of bells tinkles overhead, announcing my arrival. The interior is a symphony of muted colors and soft light, with shelves upon shelves of books lining every available surface. Sunlight filters through dusty windows, casting a warm glow upon the worn wooden floors and old armchairs scattered throughout the space. The first thing to greet me is the sound of silence, broken only by the occasional rustle of pages or the creak of floorboards beneath my feet. The air is heavy with the scent of old paper, mingling with the faint aroma of dried flowers and ancient ink. Each breath fills my lungs with a sense of nostalgia, transporting me back to a time long gone.

Here, away from the bustling nature of the rest of the world, I find myself lost in a world of timeless tales and forgotten wonders.

Prisha Abrol, Grade X IGCSE-A

When At Fault

The stark reverence,
The path ensnared,
The macabre spirits intense,
Mutable decisions beware.
The whispered doubts,
The stench of guilt,
The fury devout,
To the fallen silt.
The stalwart integrity,
The despondent placation,
The candor and divergent veracity,
Cognizance linked with desolation.
Whinging Rudimentary but further brewed,
Numinous turns,
Mellifluous voices subdued,
The fire dims but burns.
An iniquitous wind blowing,
Choices influenced,
Antecedent events echoing,
Something erroneous sensed.
Poignant disposition,
Coruscating aversion,
Supplicating desolation,
Leads to an unknown destination.

Sia Aggarwal, Grade X-F

Aeroplanes

Airplanes represent one of the most remarkable achievements in human engineering and have fundamentally transformed the way we connect, travel, and understand our world. From the Wright brothers' first powered flight in 1903, aviation technology has evolved at a breath-taking pace, enabling humans to cross vast distances in a fraction of the time it would take by any other means. Today, airplanes are a vital part of the global transportation network, facilitating international trade, tourism, and cultural exchange. They have made the world smaller, enabling people to explore distant lands, unite with loved ones across continents, and conduct business in far-off locations with relative ease.

Moreover, the impact of airplanes extends beyond mere transportation; they have also played pivotal roles in shaping world events and advancing scientific knowledge. Military aviation has changed the dynamics of warfare, providing new strategies and challenges in defense and combat. In science and exploration, airplanes have been instrumental in conducting atmospheric research, earth observation, and even space exploration, with jet-powered aircraft testing the limits of speed, altitude, and human endurance. As we look to the future, innovations in aviation technology promise even greater efficiency, sustainability, and safety, potentially revolutionizing air travel once again with electric and autonomous aircraft. Thus, airplanes are not just a mode of transportation but a symbol of human progress, innovation, and our unending quest to push the boundaries of possibility.

Anurag Pareek, Grade XII-DP

Dire and Alone

In a forest once lush, now a silent hush,
Stands the last tree, a witness to the crush.
Roots grasping at earth, leaves whispering tales,
Of green canopies turned barren, as hope frailly pales.
This solitary guardian of memories lost,
Bears the scars of battles, of nature's cost.
Its branches reach skyward, in silent plea,
Mourning the verdant brethren that used to be.
Around it, the spectres of forests of yore,
Echo the silence, the heart's sore.
The rustling leaves speak of destruction's embrace,
A world once alive, now a desolate space.
Yet, in this last tree, a resilient heart beats,
Amidst the decay, it defiantly greets.
The sun's warm rays, the moon's gentle glow,
A testament to endurance, in the face of woe.
Its roots entwine stories, buried deep,
Of springs reborn, and winters' sleep.
This last tree stands, a beacon of green,
In a dying forest, its final scene.
But even as darkness encroaches its domain,
There lies a whisper, a promise, not in vain.
For in the heart of destruction, new life can thrive,
From the ashes of the old, the new can arrive.
So, let this last tree be a symbol, a start,
Of the resilience within each heart.
For even in desolation, hope can be found,
In the deepest of roots, life is bound.

Himanshi Aggarwal, Grade XII-DP



Clan News

ANDERSON

March, heralds the onset of spring and also marks a pivotal time for students as it is often synonymous with the season of final exams. With academic calendars drawing to a close, students find themselves immersed in a flood of textbooks and notes, driven by the approaching assessments. The looming deadlines and the desire to excel serve as powerful motivators, compelling students to dedicate themselves to rigorous study routines. There is a palpable sense of determination among students to make the most of their study sessions, striving for academic success. This month witnessed the highly anticipated

Annual Athletic Meet for Grades X and XII, an event cherished by Scottish athletes. Representing clan Anderson with fervor and determination, athletes showcased their prowess in a myriad of track and field events, leaving an indelible mark on the competition. Their relentless dedication and unwavering commitment led to a remarkable haul of gold medals, bringing glory to their clan and fostering a sense of pride among their peers. I commend and applaud the efforts of Alan Joseph, Tanisha Sarin and Armaan Sehgal who won gold medals in 400 mtrs, hurdles and discuss throw respectively, during Grade XII athletic meet. I also congratulate Saanvi Garg who won gold in long jump during Grade X athletic meet. As the new academic session

approaches, it's imperative for students to prepare themselves mentally and physically for the challenges that lie ahead. This transition marks a fresh start, an opportunity for students to rejuvenate their spirits and renew their commitment to academic excellence. It's essential for them to reflect on their past achievements and setbacks, drawing valuable lessons that will guide them through the upcoming journey. With a positive mindset and a willingness to learn, students should pull their socks up, ready to tackle new subjects, projects, and exams with diligence and determination. Embracing the unknown with enthusiasm and resilience, they can turn the new academic session into a pathway for growth and success.

Ms. Ruma Jain, Clan Elder - Anderson

BOYD

"Believe in yourself. You are braver than you think, more talented than you know, and capable of more than you imagine." — Roy T. Bennett

As the dawn of a new school session approaches, there is a visible excitement of new beginnings, fresh challenges, and boundless opportunities. Among all the new plans our highlanders are waiting for various upcoming inter clan competitions.

These competitions serve as platforms for students to unleash their potential, showcase their talents, and contribute in absolutely every way to contribute to their clan. It's a time when the entire school community comes together to celebrate the spirit of healthy competition and sportsmanship.

This session, we urge our students to seize these opportunities with zeal and enthusiasm. Participating

in inter clan competitions not only allows students to discover their strengths but also helps them develop crucial life skills such as teamwork and leadership.

In the recently held athletic meet for the session 2024-25, students from Grades X and XII showcased exemplary sportsmanship. Their participation not only brought glory to their clans but also served as a testament to their dedication and perseverance. It is moments like these that remind us of the immense potential that resides within each and every student. Aahan Tripathi (X-D) won 800 meters, Adhiraj Dewan (X IG) gained second place in the 200 meters, Khushi Gaur (X C) won 800 meters and a second place in shotput, Muskaan Arora (X -D) won the discuss throw, 100 and 200 meters, Aniket Raj (X-A) won 400 meters, and Siya Joshi took first place in the long jump and hurdle race, while Daksh Mundra (X-C) placed second in the discuss throw. Anjaneya Kaul (X-F) placed second in the shot put competition. Additionally, our Grade X girl team won the relay race, demonstrating excellent collaboration.

From Grade XII, Udayan Singh and Arushi Bist both placed second in the 100-meter event and won the 200-meter race, making their clan proud. Our boys' squad also prevailed in the relay. Meher Mudgil finished second in the 800-meter race. In the field event long jump, Arushi Bist also took second place, while Ayaan Sharma won the shot put. Additionally, Udayan Singh placed second in the Discuss throw.

Whether it's on the field, the stage, or in the classroom, let us push the boundaries of our capabilities and celebrate the diversity of talents that enrich our school community.

So, dear students, as we kickstart this new session, let us embark on this adventure together, united in our pursuit of greatness. The stage is all set, the challenges await – let the Interclan competitions begin! Congratulations to every winner and participant contributed so far and at the same time wishing all the luck to all the highlanders.

Ms. Akanksha Yadav, Clan Elder -Boyd

LAMONT

"When the mind is controlled and spirit aligned with purpose, the body is capable of so much more than we realize." — Rich Roll

Sports have been considered always as a way to stay healthy and fit, but it goes beyond that. Today sports are essential for students' overall growth and development. Playing various sports helps them teach life skills such as teamwork, leadership, accountability, patience, and self-confidence and prepares them to face life challenges. Students get a chance to work on their physical and mental abilities to achieve goals in their life. The learning of a student starts from the primary level and sports help students develop a strong mental and physical foundation from an early age. Participating in sports

demands focus and concentration, which can improve students' ability to concentrate during study sessions and exams. The commitment and dedication required in sports instill discipline, enabling students to adhere to study schedules and deadlines.

In this month of March, we had our Annual Athletic Meet for Grade X and XII in which our Highlanders participated with a good sportsman spirit and a lot of enthusiasm. Our young Highlander Yuvraj Sidhu from Grade X showed his sporting capabilities and won Gold Medals in 100 meters, 200 meters and Hurdles Race in all three categories. Om Gupta, Aryaman Suri, Dhairya Gupta and Yuvraj Sidhu run to the best of their capabilities and made the clan proud by winning Gold Medal in Relay Race. Avyaya Jain and Aashna Sud showcased their unbeatable strength and skills in Shot Put and both won Gold Medal. Om Gupta took a leap with a faith

in himself and won Gold Medal in Long Jump. Our Highlander Samaira Kohli poured his full energy in running and won Gold Medal in 400 meters Race.

The list is not so short for our clan victories this time. From Grade XII, Girima Vaishnavi won Gold Medal in 100 meters Race and 400 meters Race. She also made the clan proud by winning Gold in Long Jump. Arshia Nath won Gold Medals in Shot Put and Discus Throw both the categories. Mehtaab Singh Brar crossed all the barriers on his way to won Gold Medal in Hurdle Race.

Congratulations to all the winners and participants to work so hard and pushed their abilities to make these victories happen. We are proud of our Clan and wish to continue achieving more laurels in the future.

Ms. Kiran Cacoria, Clan Elder - Lamont

MACARTHUR

"Success is peace of mind which is a direct result of self-satisfaction in knowing you did your best to become the best you are capable of becoming." - John Wooden

What a beautifully articulated sentiment to kick off our new academic journey! Collaboration, discovery, resilience, and enthusiasm are indeed the pillars upon which great academic adventures are built. Let us embark on this journey with open minds, ready to learn from one another, overcome obstacles, and revel in the thrill of expanding our horizons. With such unwavering vigour and enthusiasm, there's no limit to what we can achieve together. Here's to a successful and enriching academic session ahead!

As the curtains rise on this new academic session, it's

an opportune moment to look back with introspection and appreciation for the voyage we've collectively undertaken. This voyage has been replete with obstacles surmounted, knowledge gleaned, and triumphs exalted. Through steadfast dedication, unwavering perseverance, and collaborative teamwork, we have ascended to the zenith of success, cherishing each experience that has enriched our path. From the exhilaration of competitive arenas to the harmonious synergy of rehearsals, every moment has contributed to our communal evolution, fostering bonds of camaraderie and igniting a fervent passion for excellence. In the realm of Grade X, Aaroh's attainment of the coveted Gold Medal in Discuss stands as a testament to our collective prowess and determination. Meanwhile, noteworthy accolades adorn our collective journey, proudly showcasing the indomitable talent and resolute determination of our students across diverse inter-clan competitions. In the hallowed halls of Grade XII, Ayush Singh's triumphant

conquest of the Gold medals in the 100-meter race, Long Jump, and Shot Put shines as a beacon of excellence, while Tanay Sharma and Anshika's resplendent victory in the 800-meter race adds further lustre. Additionally, the stellar performance of Aanya, Yuvani, Anshika, and Ayaana Sehdev in securing the Gold medal in the Relay event underscores our collective spirit of achievement. As we embark on this new chapter of our journey, let us ardently carry forward the essence of collaboration, the exhilarating thrill of exploration, and the indomitable resilience in the face of adversity, poised to embrace forthcoming endeavours with renewed vigour and unswerving enthusiasm. May we steadfastly uphold the same fervour, determination, and ardour that have propelled us thus far, meeting each challenge with fortitude and seizing every opportunity with gusto.

Ms. Pooja Sethi, Clan Elder - Macarthur



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Golf

ANITYA'S TIP OF THE MONTH

Hold your Finish Position for Better Balance

Most juniors try and hit the ball too hard in order to get more distance and you often see them struggling to keep their balance as they finish the swing. This results in them losing control of the shot and they get a lot of mishit shots as well as inconsistent direction.

A really good drill to train junior golfers to swing at a speed they can control is to make them hit balls and make them hold their finish in balance for a count of three seconds. This will help them find their ideal speed which gives their shots a perfect blend between distance and accuracy. This ideal speed may increase as they grow older and physically stronger. With this drill, if a player is not able to hold his finish position in balance, it means that he is still swinging too fast and needs to reduce the swing speed further that will help him to be in good balance



**Compiled by:-
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