



SCOTTISH HIGHTM

INTERNATIONAL SCHOOL

THE NORTH WIND

Volume XCV, Issue 95

May 2024



From the Principal's Desk

CELEBRATING MAY: UNITY AND KINDNESS

May is an important month for many reasons. It starts with International Labour Day on May 1st, which celebrates the value of hard work. This day is especially significant for the Indian states of Maharashtra and Gujarat because they were formed on May 1st, 1960. They celebrate their statehood as Maharashtra Day and Gujarat Day.

Another special day in May is World Laughter Day, which is celebrated on the first Sunday of the month. It was first celebrated in Mumbai in 1998 by Dr. Madan Kataria, the founder of Laughter Yoga. Since then, we celebrate it every year on the first Sunday of May.

International Firefighter's Day is observed on May 4th to recognize the sacrifices made by firefighters to keep their communities safe. On May 8th, we celebrate World Red Cross Day to commemorate the birth anniversary of the first Nobel Prize winner Henry Dunant, who founded the Red Cross organization

that helps people in need.

May 9th is a special day for two reasons. It marks the birthday of Gurudev Rabindranath Tagore, the Nobel Prize winner who wrote the national anthems of India and Bangladesh and is also celebrated as the Jayanti (birth anniversary) of Maharana Pratap, who was a legendary warrior from Rajasthan.

In order to honour the motherhood, every second Sunday of May is celebrated as Mother's Day (in 2024 it's 12th May). It was first suggested by Anna Jarvis and officially recognized in 1914 to honour mothers and motherhood.

Buddha Purnima, celebrating the birth of Gautam Buddha, falls on May 23rd this year. It is believed that on the Purnima of Vaishakh month of Indian calendar Light of Asia, Gautam Buddha was born in Lumbini, as the ninth incarnation of Lord Vishnu.

On May 25th we celebrate the African Independence, sovereignty and identity as Africa Day of African Liberation Day. It commemorates the founding of the Organisation of African Unity on May 25th, 1963. Finally, on May 30th, we celebrate Goa Day, marking the day when Goa got its complete statehood and became the twenty-fifth state of the Union of India in 1987.

As May ends, it leaves behind many celebrations and reminders of history, strength, and togetherness. Let's carry on the feelings of unity and kindness that these events bring and as said in Sanskrit: "एक्यं बलं समाजस्य" *"Unity is the Strength of the Society"*

Dr. Sanjay Sachdeva
School Principal

Making Summer Break a Productive One!

Summer break is around the corner and the most challenging part is to keep the children engaged in a productive manner. The beginning of summer months have brought many issues that our environment is facing, which have been discussed in the classrooms as well as in the school assemblies. The word 'sustainable living' has been highlighted again and again in the school's eco-system. Therefore, let this summer break drive some sustainable habits from the home front. Instilling environmental consciousness in children and promoting sustainable habits within families is the need of the hour. We need to emphasize the importance of individual actions in addressing environmental challenges and highlight the role that children can play in making a difference around them. By engaging children in activities such as choosing alternative transportation, setting up car pools, and practicing energy and water conservation, families can nurture a sense of responsibility which needs to be seeped in family tradition. Encouraging creativity in recycling and reusing household items reinforces the message of reducing carbon footprints, the summer break can be utilised for reusing and repurposing a lot of waste which is generated at home.

Rather than waiting for large-scale policy changes, we need to understand the urgency of immediate action at the family level, recognizing the significant impact of collective efforts. Young children can take up this cause around their residential areas by urging the adults to prioritize sustainability in our daily lives. Children can be little warriors of eco-consciousness and can lead small missions such as plantations around their homes, reducing use of plastic, conserving water, using eco-friendly means of transport etc. Leading by example will automatically generate followers and inspire a ripple effect of positive change within the community. As adults, we can motivate the children during such opportunities when they are available from their academic responsibilities. Getting them interested in various activities like home gardening or organizing neighbourhood clean-up drives, we empower them to become proactive soldiers of the environment. Through these collective efforts, families can transform summer break into a time of learning, growth, and meaningful contribution to the well-being of our planet. Together, we can instill in our children a lifelong appreciation for the Earth and the importance of preserving it for future generations.

Ms. Seema Bhati
Primary School Director



PYP

"The more you praise and celebrate your life, the more there is in life to celebrate." – Oprah Winfrey

Monkey Business, an annual tradition of Scottish High wherein all the new joiners of the school come together to put up a show, this year, was no less! A cherished tradition that marks the beginning of the journey at Scottish High. This carefully crafted experience is designed to enhance the social skills, camaraderie and self-management abilities of our new Highlanders. For days our young learners immersed themselves in rehearsals and with each practice, they built confidence, became courageous and learnt the importance of teamwork and experience the joy of contributing to a grand show. The theme- 'Beaming Bravura' focused on celebrating each one's individuality and uniqueness, was in sync with the diverse talents and personalities of our students, with each one bringing something special to the stage and together, they created a memorable experience that resonated with everyone present there. The beautiful and bright costumes under the dazzling light, the delightful and energetic performances added to the fervour and were greeted and cheered by an enthusiastic audience, celebrating their courage, creativity and their ability to come together as a community. Stepping onto the stage with hearts full of courage, our young performers reminded us that the bravest acts often comes from the smallest stars. In their eyes, we saw the fearless spirit of adventure and the boundless joy of being part of something grand! With this new sense of accomplishment and the confidence to take on new challenges, the young enthusiastic Highlanders have truly begun their journey at Scottish High! Bravo!







“A guest speaker brings a fresh perspective, inspiring students to think beyond the textbook and see real-world applications of their studies.”

Guest speakers play a vital role in enhancing the educational experience for students by bringing real-world perspectives and expertise into the classroom. They can ignite curiosity and passion for various subjects, providing students with a deeper understanding and appreciation beyond classroom learning. They often share personal stories and practical knowledge that make abstract concepts tangible, inspiring students to see the relevance of their studies in real-life applications. Their sessions are interactive, with students actively participating in discussions, hands-on-activities and practical demonstrations. These inspiring sessions encourages curiosity and allows students to be open-minded by listening to new perspectives. Moreover, they expose students to diverse careers and paths, broadening their horizons and encouraging them to dream big. By interacting with professionals from different fields, students also develop critical thinking and communication skills, as they engage in questions and discussions. Overall, guest speakers enrich the educational environment, making learning more dynamic and meaningful for students. Therefore, the visit from a parent as a guest speaker has become a meaningful experience that not only enriches students' academic learning but also builds up their social and emotional connections.



Promoting Mindfulness, Gratitude, and Joy for a Healthier School Community.

On May 03, 2024, the students of Grade IV conducted a well-being assembly aimed at promoting mindfulness, gratitude, forgiveness, and joy among their peers. They students led sessions on mindful breathing, enabled the peers to focus on their breath to reduce stress, and expressing gratitude, encouraging everyone to share what they are thankful for. The Brain Brakes activity notably enriched children's focus, self-regulation, and overall mental well-being. Sound Bell meditation enhanced mindful listening skills, while a music beat activity had students listening to music at different speeds, improving focus and adaptability. The calming and focusing aspects of Bee Buzzing meditation helped students manage their emotions better, leading to improved emotional regulation. The assembly featured a series of activities designed to enhance mental and emotional health, demonstrating the students' commitment to fostering a positive school environment. The assembly was a success, demonstrating leadership traits in student's commitment to well-being.



Field Trip-Enhancing Social Skills

Delving further with their journey of learning, the young Highlanders of Grade I visited the, 'Urbana Mall' to get a perspective on how a market is organized as a part of the Transdisciplinary Theme – How we organize ourselves. Children confidently interacted with different people working in the mall to inquire about their roles and responsibilities. This field visit made them witness the real life situations and help them understand the way communities are organized.

The students also went on a school round to enhance their knowledge of the different people performing diverse jobs to ensure the smooth functioning of the school. The learners strengthened their research skills by conducting an interview of the various school community members. Parents too became a part of the learning by participating as experts and sharing their knowledge.

The unit culminated with the children coming dressed up as community helpers of their choice for the Pretend Shop. They shared the role they play in the community and the tools they use.





Deputy PYP Coordinators

Our Proud Achiever

Mr. Sumit Gupta received,
'Performance Excellence Award' 2023-24
from Silver Zone Foundation



From The Sports Field



The month of May started with the preparations of CISCE Regionals for Skating, football, Lawn tennis, Taekwondo, Badminton and swimming. Highlanders participated in all the games and brought laurels by winning in all the sports. In football Under 14 boys Samarth Mehra, Vedant Gutt, Veer Sunsunwal, Sashwat Gupta, Vardhaan Agarwal, Ryan Duhan, Arhaan Gulati, Hrehaan Kumar got selected for the CISCE Regional football championship. In under 17 Boys Yuvraj Sidhu, Aniket Raj, Om Gupta, Rivaan Barola, Ayaan Singh got selected for the Regional championship. In under 19 girls Saanvi Garg, Muskaan Arora, Kaira Kapoor, Chhavi Bagga, Anika Jain and Aradhya Nigam got selected for the CISCE Regional Football championship. Rishit sharma and Abhinav Sharma also got selected for the Regional football championship.

In Basketball Mairav, Aarav, Rivaan, Anirudh, Rishit, Devanshi, Advita, Reet, Sara, Fagun, Anya Ehaan, Kavya, Smayan, Ishaan, Ahaan, Arushi, Anshika, Yuvani, Ayana, Anadya, Vanshika, Chanaan, Arshia, Sara, Akshada, Shaurya, Daksh, Manhar and Atulya got selected for CISCE Regionals.

Anjenya Kaul, Udaiveer, Suryansh, Rudra, Aryaveer Sharma, Udayan Singh, Aarav Kapoor, Nevan Betai, Armaan Sehgal got selected for CISCE Regional Cricket tournament.

Highlanders participated in the District Taekwondo Competition where Preet Ahluwalia, Suramya Dubey, Ujjwala Mudgal, Nihit Elawadhi, Abeer Sinha, Bhiven Bahal and Aradhya Agrawal all secured 1st position and also got selected for the Taekwondo State Championship.

Aishi, Nandini, Nayonika, Girik, Mishika, Avantika, Aarna, Manyata, Devanshi, Ajooni, Gaurika, Mudil, Moksh and Kabir also got selected in the CISCE Regional Badminton Competition.

Mr Darshan Singh Gahallot,
HoD Sports

throughout the year. The special assembly was a memorable event that celebrated the achievements of students in academics and sports. It served as a motivational platform, inspiring all students to strive for excellence in their respective fields. The recognition of their hard work and success instilled a sense of pride and accomplishment among the awardees, while also encouraging their peers to aim high in their pursuits.



Ms. Isha Verma
Senior School Head,
HoD - Modern Foreign Languages

Modern Foreign Languages

MFL INTER CLAN SPELL BEE COMPETITION (GRADE VI)

The Modern Foreign Language Spell Bee Competition, catering to Sixth Graders, unfolded on May 13th, 2024, and was a resounding success, highlighting the students' dedication to mastering foreign languages. The competition aimed to promote linguistic skills and cultural appreciation among students. Participants competed in their respective languages: French, German, and Spanish. It provided a platform for students to demonstrate their spelling prowess, gain confidence, and foster a deeper appreciation for different languages and cultures. Overall, the event served not only as a competitive arena but also as a celebration of linguistic diversity and educational excellence.



Senior School Head

Celebrating Excellence: Special Assembly Honors Proficiency Awardees and Athletes.

To celebrate the occasion, the event commenced by a musical performance by Highlanders, showcasing their diverse talents. These performances added a festive and celebratory atmosphere to the assembly. The Proficiency badges were awarded to the students who achieved top Grades in various subjects and those who demonstrated remarkable improvement



Ms. Isha Verma
Senior School Head,
HoD - Modern Foreign Languages

Middle School (Grade VI to VIII)

Summer Holidays are all about relaxing, recharging and spending time with our loved ones. Summer unplugged is all about putting down the phone and screens, disconnecting from toxic social media comparisons and reconnecting with those right in front of us - our family. If you have been feeling that everyone's screen habits have got out of control over the past couple of years, summer is the perfect time of year to have detox adventure and rediscover the things you used to enjoy doing as a family, before everyone's heads became permanently stuck in their phones. We have various ideas to give you a kick start.

• Connect with nature

We are simply overwhelmed with research telling us all the good things that happen when we get out in nature and yet we are spending less and less time outside, as our lives become more screen- based. Just two hours a week in a green space has been proven to make us healthier and happier. So the number one activity for your digital detox challenge should be to try and spend more time outside this summer.

• Phone free food

A phone free food intention and just for the holidays, resolve to all eat together with screens firmly banned. When we are focused on our food, we tend to eat more slowly and chew our food better, which aids in the digestive process.

• Un-install social media from your phone

Uninstalling social media from your phone is powerful step towards a healthier, more balanced life. By doing so, you can reduce stress and can have deeper connections with the world around you.

• Play more

Screens make us pretty sedentary, we are sitting down using them and we are not being very active. Make a list of all the games you could play off screens- using a bat, a ball, frisbee and similar different games and work your way through this summer. Don't forget paper and pen games and art and craft too.

• Start Small

Start by setting a small, specific times each day when you avoid digital devices. For example, avoid checking your phone for the first thirty minutes after waking up or during meal time. Designate certain areas in your home as device free zones, such as dining table, bedroom. Make digital detox a regular part of your routine to form new habits.

A digital detox is not just about disconnecting from technology, it's about reconnecting with ourselves and those around us. Stepping away from our devices can rejuvenate our minds and foster creativity.

Ms. Geetanjali Ahuja
Middle School Coordinator

IGCSE

Journey Through Time: Clay Tablet Making

Step back in time and experience the ancient art of clay tablet making!

April 2nd week was an adventurous week. After learning about sources to study History such as artifacts, historians of Grade VI formed their own clay tablet. Participants embarked on a hands-on journey, exploring the historical significance of clay tablets in various ancient civilizations such as Mesopotamia. Students were intellectually engaged in the task. They worked well independently and with others.

During the activity, participants learned about the materials used, the writing systems employed, and the cultural contexts surrounding these ancient artifacts. They got their hands dirty as they molded and shaped clay into tablet forms, mimicking the techniques used by ancient scribes. Cambridge students were confident and explored the idea of scripture.

Guided by the history teacher, participants also had the opportunity to inscribe their tablets with their names in



symbolic representations using things that were similar to stylus tools. This process offered a unique insight into the communication methods of our ancestors, and fosters appreciation for the preservation of knowledge throughout history.

By the end of the activity, participants created their own clay tablets, each a tangible connection to the past, and a reminder of the enduring legacy of ancient civilizations.



Ms. Neha Srivastava
History Teacher

ICSE - ISC Bulletin

The Council for the Indian School Certificate Examinations declared the X ICSE and XII ISC Board Examination Results on 6th May 2024. Our Highlanders have once again demonstrated outstanding performance, showcasing exceptional results. SHIS continues its odyssey of success with these remarkable board results.

The School achieved a phenomenal 100% result in both the ICSE and ISC Board Examinations for the academic year 2023-24. In the ISC examinations, Stuti Khanna topped the Humanities stream with 98.25%, Laksh Mittal led the Science stream with 98%, and Vihaan Bakshi excelled in the Commerce stream with 96.75% marks.

We are exceptionally proud of our Highlanders for reaching the pinnacle of success and making their parents and teachers proud with their results.

The students of Grade X ICSE also displayed their capability to perform exceedingly well in all examinations. Their diligence and focused approach resulted in grand success across all subjects. Karandheer Gahlot topped the Grade with 98.8% marks, followed by Eshanya Kamra at second position with 98%, and Sahaj Khanna at third position with 97.8%.

CONGRATULATIONS HIGHLANDERS!!

Despite the excellent results, some students have requested a recheck, and the results of these rechecks are awaited. Furthermore, in keeping with the recommendations of NEP 2020, candidates wishing to improve their Marks/Grades may take the Improvement Examination in up to two subjects. The Improvement Examination will be conducted in July 2024.

Additionally, the Unit Tests for IX ICSE and XI ISC were conducted this month, and the results have been distributed to the students. English Aural, which are part of Internal Assessment, were conducted for Grade XII students. Internal Assessments for Grade IX ICSE will be scheduled post Summer Break.

The school hosted the ASISC Zonal Level Inter-School Debate Competition on 17th May 2024, with participation in two categories: Junior (Grades IX and X) and Senior (Grades XI and XII). Eight schools participated in the Debate. Our Highlanders, Karandheer Gahlot and Saanvi Kumar Verma of Grade XI, made the school proud by securing First Position in the Senior Category.


Additionally, Channan Randhawa of Grade XII secured Second Position in the Senior Category, and Shreya Agarwal of Grade VIII secured Third Position in the Sub-Junior Category in the ASISC Zonal Level Creative Writing Competition hosted by Shri Ram School, Mousari. Our Highlanders also excelled in the ASISC Quiz Competition conducted by Matrikiran School, with Harshbardhan Tripathy and Divij Kumar of Grade X winning First Position in the Junior Category.

Our Highlanders' participation in various other ASISC competitions provided a valuable learning experience. Well done, Achievers!


ICSE BOARD
EXAMINATION 2023-24
(Grade X)

**ONCE AGAIN
A REMARKABLE
FEAT BY HIGHLANDERS!**


With a 100% pass streak & exemplary performance in the
ICSE BOARD EXAMINATION-2023-24,
the Highlanders with their unwavering commitment to excellence and A-game temperament
have set an inspiring example for others to follow,
earning them a well-deserved place in the Hall of Fame for their outstanding performance.



Karandheer Gahlot
- 98.8 %



Eshanya Kamra
- 98 %



Sahaj Khanna
- 97.8 %

Well Done Highlanders!



Ms. Barkha Anand
ICSE-ISC Curriculum Head

IBDP

April and May 2024 have been bustling with enriching activities and events for the students of the IBDP at our school, reflecting the core IBDP philosophy of developing inquiring, knowledgeable, and caring young people who are motivated to be lifelong learners.

On April 30th, the school hosted the ATL Exhibition, where students displayed a wide range of subject specific activities showcasing their diverse Approaches to Learning skills. This event was a testament to the students' dedication and creativity, illustrating how these skills are integrated into their everyday learning and extracurricular endeavours.

On May 1st, XI IBDP students visited Sparsa Digital Pvt. Ltd. and Sparsa Café, gaining insights into the practical applications of theoretical knowledge. Meeting the directors, Mrs. Shikha and Mr. Vishal Narula (parents of Abheer Narula), they learned how AI transforms business operations, enhances collaboration, and fosters major company relationships. This experience emphasized the importance of innovation and technology, aligning with the IBDP's interdisciplinary and real-world focus. On May 3rd, Aishwarya Karnataki, Co-founder of Glovatrix and an alumna, inspired Grades XI and XII with her work empowering the deaf and speech-impaired through AI solutions, emphasizing "Design & Thinking". This exemplified the IBDP's commitment to nurturing compassionate global citizens.

Additionally, the school hosted Lili and Aire, the Italian couple behind the GoodbyeByBicycle mission, who shared their journey from Auroville to Italy focused on environmental conservation. Accompanied by their dog, Schnuck, they

highlighted tree planting, soil conservation, and sustainability, igniting students' passion for reducing carbon footprints and aligning with the IBDP's focus on responsible global citizenship.

On May 8th, students from XI IBCP and XII IBDP (Economics and Business Management students) visited the Mercer Corporation at Cyber City. This educational journey was a crucial component of their hands-on learning experience, offering a glimpse into the workings of a major corporation and the practical applications of their classroom learning in the fields of economics and business management.

The students of Grade XI DP also participated in the SAMVAAD TOK exhibition held at Pathways, further enhancing their understanding of Theory of Knowledge, a core component of the IBDP curriculum that encourages critical thinking and exploration of knowledge.

On May 20th, XI and XII Biology students celebrated World Bee Day with educational activities, learning about bees' crucial role in pollination and ecosystem health through engaging videos and reflection sessions, fostering collaboration and responsibility. This event demonstrates alignment with environmental awareness, scientific education, and fostering collaboration and responsibility. The day concluded with one more event: an Extended Essay Awareness Session for Grade XI DP students on the EE process, promoting independent research skills, aligning with academic growth and fostering independent learning. Additionally on May 22nd, Mr Abhishek Gupta and Mr. Saurabh Pathak conducted a workshop on "Graphic Display Calculator Workshop by Numerical Analytics" using the equipped students with essential mathematical tools, aligning with academic support and skill enhancement in mathematics. These events collectively show alignment with academic advancement and skill development.

May 17th marked the end of examinations for the batch of 2022-24, bringing immense relief from months of hard work and stress. This significant milestone was celebrated with joy and anticipation, as students worked really hard looked forward to future opportunities and endeavours.

As we approach the IBDP evaluation period, an induction program was held for parents on May 18th, providing insights into the IBDP evaluation. This initiative aimed to ensure parental understanding and support during this critical phase of evaluation. It reflects the school's commitment to holistic student development by involving parents in their children's educational journey.

These events reflect the holistic and dynamic nature of the IBDP, emphasizing not only academic excellence and the development of practical skills, innovative thinking, and a commitment to making a positive impact on the world.



These experiences underscore the philosophy of the IBDP, preparing students to thrive in an interconnected and rapidly changing world.



Ms. Pooja Sharma
Diploma Programme Coordinator
Ms. Smriti Dudeja
Deputy Diploma Programme Coordinators

IBCP

In a recent series of immersive experiences in May 2024, Grade XI IBCP students at Scottish High International School engaged in a Reflective Project Awareness Session, Industry Visits, and a Virtual Masterclass.

The Reflective Project session equipped students with introspection skills vital for their projects, aligning with the IB Learner Profile. Visits to Mercer Corporation and Sparsa Digital Pvt. Ltd. provided insights into risk management, business operations, and technological advancements, fostering inquiring and open-minded mindsets.

The virtual masterclass by WACP enriched students' educational journey, showcasing their commitment to lifelong learning and adaptability. These experiences not only enhanced students' understanding of real-world applications but also nurtured their holistic development,



preparing them to navigate the complexities of the modern world with confidence and purpose.



Dr. Neha Singh Maurya
IBCP Coordinator

Interesting facts about the 2024 Lok Sabha Elections.

The world observed the grandest celebration of democracy in May-June 2024, as the largest democracy faced one of the most challenging 18th political battles globally. Here are few unique facts about the election setup:

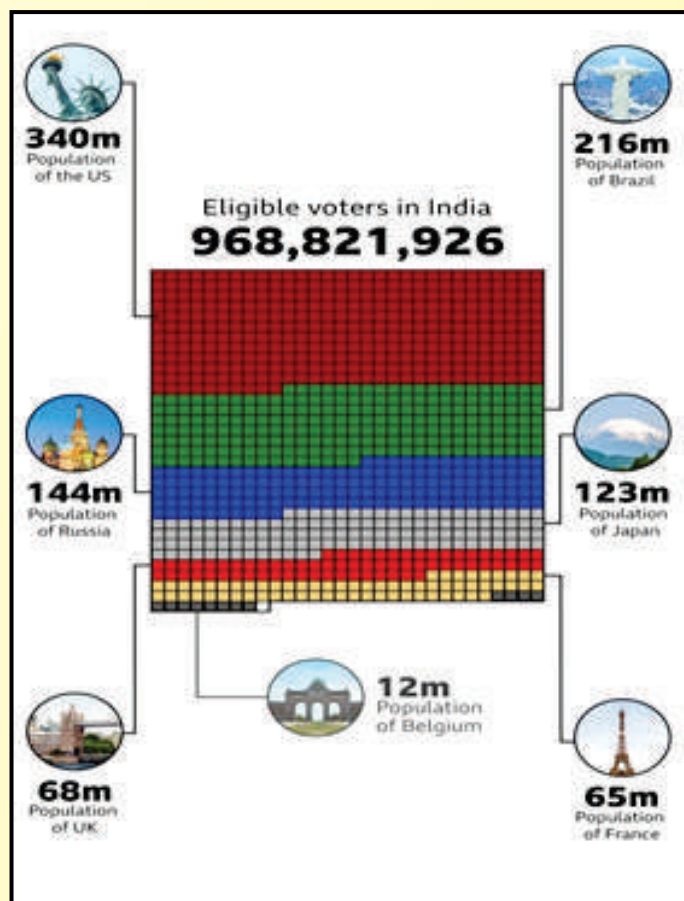
1. The election was conducted in seven phases over six weeks across the country for 543 seats.
2. There are 96.8 crore (49.7 crore male, 47.1 crore female voters) registered voters which is more than the populations of the US, Russia, Japan, Britain, Brazil and France adding up together, and include significant numbers of young voters (1.8 crore first-time voters) and women voters (over 85 lakh first-time female voters).
3. A total of 55 lakh Electronic Voting Machines (EVMs) were used across 10.5 lakh polling stations. Over 1.5 crore polling officials and security personnel were deployed to manage the election process.
4. This Lok Sabha election was particularly significant as it coincided with assembly elections in several states like Andhra Pradesh, Odisha, Sikkim and Arunachal Pradesh.
5. The Mysore Paints and Varnish Ltd has supplied over 26.55 lakh vials of indelible ink worth approximately Rs. 55 crore to various states and union territories for the elections.
6. For the first time, in 12 states like Karnataka, Tamil Nadu,



Uttarakhand, Arunachal Pradesh, Sikkim, Meghalaya, Himachal Pradesh, and Manipur, the numbers of female voters have surpassed that of male voters, marking a significant milestone in gender representation in Indian elections. For instance, in Karnataka, 17 out of 28 constituencies have a higher number of female voters than male voters.

7. The 2024 Lok Sabha elections are the first major elections in Jammu and Kashmir since the abrogation of Article 370, which previously granted special autonomy to the region, where, Jammu recorded a high turnout of 72.22%, whereas Srinagar had a much lower turnout of 38.49%. Overall, the average voter turnout in the region was about 58.58%.

8. India has got the highest polling station in the world which is in Tashigang, Himachal Pradesh, located at an altitude of about 15,256 feet. In Banej, Gujarat the polling station was set up for a single voter, a priest who lives in the forest temple. In Kerala's Backwaters, Alappuzha, the polling stations were set up on boats to cater to the fishermen and families living in the backwaters.



Ms. Neha Gupta
Economics Facilitator

CAS - Creativity, Activity, Services

Creativity, Activity, and Service (CAS) and Service Learning (SL) Fair 2024 - Building Bridges and Exploring the Spectrum of Service.

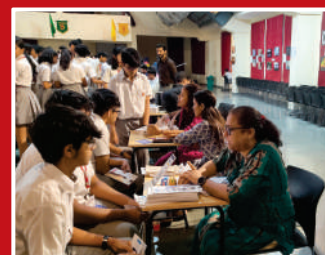
On Friday, 17 May 2024, Scottish High buzzed with excitement during the CAS and SL Fair 2024, an engaging event for students in Grades IX and XII. This fair provided a platform for during the CAS and SL Fair 2024, an engaging event for students in Grades IX and XII. This fair provided a platform for students to connect with the local community, fostering relationships through the values of care, compassion, and empathy, and helping them become informed and socially responsible citizens. The highlight of the event was the presence of two notable NGOs, each dedicated to making a significant impact. The Earth Saviours Foundation focuses on the welfare of abandoned senior citizens, mentally disabled individuals, and environmental protection. SOS Children's Villages of India, on the other hand, supports underprivileged children. Our school is proud of its strong partnerships with these NGOs and other community organizations, which reinforce our community service initiatives and enhance our outreach. The Creativity, Activity, and Service (CAS) and Service Learning Fair was a wellspring of inspiration, offering students the opportunity to explore various service experiences and projects. The event guided our students toward meaningful and impactful service projects, nurturing a spirit of care, compassion, and empathy, and fostering a commitment to positive change.

Students had the chance to interact with representatives from the NGOs, learn about their missions, and understand how they could contribute. These interactions not only broadened their perspectives but also sparked a genuine interest in service and advocacy. Workshops and presentations by the NGOs offered deeper insights into the challenges faced by different communities and the innovative solutions being implemented to address these issues.

The success of the CAS and SL Fair 2024 lies in its ability to build bridges between students and the community, encouraging a holistic approach to education that transcends the classroom. It emphasized the importance of empathy and action, inspiring students to take responsibility and become proactive agents of change.

In conclusion, the CAS and SL Fair 2024 was not just an event but an opportunity for the collective efforts of our school

community towards building a more compassionate and connected world. It reinforced the idea that through Creativity, Activity, and Service, we can all contribute to a better society. Through the CAS Fair, students got a chance to connect themselves to the community through the power of service, shaping the leaders of tomorrow, and instilling in them the values necessary to navigate and impact the world positively.





Ms. Kavita Yadav
HoD, CAS Coordinator

From The Counsellor's Desk

"Education is not merely about acquiring knowledge, but about nurturing the intellect and character. It is the harmonious blend of critical thinking and moral integrity that defines true enlightenment."

- Malcolm X

In May, the Counseling Department conducted a series of sessions aimed at welcoming and preparing students for the upcoming term. These sessions, led by school counselors and esteemed guest speakers, were designed to empower students across different Grade levels and address modern challenges pertinent to their academic journey.

The journey of self-discovery and personal growth commenced with Ms. Priyamvada's engaging session for Grade VI students. Through her guidance, students were encouraged to embark on a path of self-exploration, laying the foundation for their academic and personal development.

Building upon this foundation, Dr. Neha Maurya facilitated a BridgeU Induction session for Grade IX and X students. This session equipped students with the tools and knowledge necessary to navigate the complexities of academic and career pathways with confidence and clarity.

Moreover, the counseling department also conducted sessions for Grade VI and VII students on responsible digital behavior.

In an age dominated by technology, these sessions focused on the importance of balanced screen time, instilling in students a sense of responsibility and digital citizenship.

Guest speakers further enriched the learning experience by providing valuable insights into various fields. Ms. Aishwarya Karnataki, now with Glovatrix, inspired Grade XI and XII students with her session on Entrepreneurship and International mindedness, encouraging them to think globally and pursue entrepreneurial endeavors. Environmentalists GoodBye by Bicycle from Italy raised awareness about Environmental Conservation among the same Grade levels, emphasizing the significance of environmental protection and individual contributions, inspiring students to become caretakers of the environment.

Mr. Ritesh Jain from Pratham Education explored Emerging Careers with Grade XI and XII students, shedding light on new career opportunities and the evolving job market landscape. Complementing this, Ms. Meenu Arora from Krea University guided Grade IX and X students in discovering their passions and aligning them with future goals, empowering them to pursue their interests with purpose and determination.

Mr. Abhishek from 'Quest For Success' provided valuable guidance on AP and PSAT/SAT exams for Grade IX and X students, equipping them with the tools and resources needed for exam success. Lastly, Mr. Vikram from Plaksha University delved into the Future of Technology with Grade XI and XII students, exploring upcoming trends and potential career paths in technology. This session sparked curiosity and inspired students to consider the limitless possibilities in the field of technology. Through these collective efforts, the Counseling Department aimed to foster holistic growth and academic excellence among students, preparing them not only for the upcoming term but also for the challenges and opportunities that lie ahead.

Dr. Neha Singh Maurya, (HoD, Counselling)
Ms. Priyamvada, (School Counsellor)

माँ

कड़कड़ाती ठंड में गर्म अलाव का एहसास है माँ
तपती दुपहरी में वृक्ष की शीतल छाँव है माँ
बारिश में इंद्रधनुष सा मीठा ख्वाब है माँ
तो पतझड़ में बसंत का आनंद अपार है मेरी माँ
कभी फीके खाने में नमक का एहसास है माँ
तो कभी तीखी मिर्ची में भी रसगुल्ला सा मीठा स्वाद है मेरी माँ
कभी दवाई सी कड़वी लगती है माँ
तो कभी मिश्री घुली मधुर वाणी है मेरी माँ
कभी जादू की झप्पी लगती मेरी माँ
तो कभी प्यारी सी फटकार सुनाई देती माँ
कभी भाई कभी बहन तो कभी दोस्त बन जाती मेरी माँ
तो कभी बिन बोले दिल का हाल समझ जाती मेरी माँ
पास होने पर प्रेम का खजाना लुटाती मेरी माँ
तो दूर होने पर अपनी दुआओं से धन्य करती मेरी माँ
पृथ्वी पर स्वर्ग सा एहसास कराती मेरी माँ
तभी तो ईश्वर का प्रतिरूप कहलाती प्यारी माँ ।

निधि चतुर्वेदी, हिन्दी अध्यापिका



From Our Budding Writers

मित्रता : एक मूल्यवान बंधन

“सच्ची मित्रता उत्तम स्वास्थ्य के समान है।, उसका महत्व तभी जान पाते है जब हम उसे खो बैठते हैं।”

मित्रता, जीवन का एक महत्वपूर्ण हिस्सा है जो हमें सहारा और समर्थन प्रदान करता है। अच्छे और सच्चे दोस्त हो तो उसके जीवन में कई फायदे हैं जैसे कि दोस्तों से भावनात्मक समर्थन मिलता है, दोस्तों के साथ समय बिताने से तनाव कम होता है। दोस्तों के साथ समय बिताने से आत्मविश्वास में वृद्धि भी आती है और मानसिक स्वास्थ्य में सुधार भी आता है। अकेलापन कम होता है और दोस्तों के साथ खेलने से फिटनेस बढ़ती है। एक महान इंसान ने कहा है कि - अगर मैं बोलू और आप सुनो तो वह अच्छी दोस्ती है। अगर आप बोलो और मैं सुनू तो वह उससे भी अच्छी दोस्ती है, परंतु अगर मैं कुछ भी नहीं बोलू और आप समझ जाओ तो वो सच्ची दोस्ती है। सच्चा दोस्त वह होता है जो हर समय आप के साथ रहे और वह आपके सुख दुख का साथी होता है। सच्चा दोस्त वह होता है जिससे अगर आप सालों तक नहीं मिले तो भी उसे भूलेंगे नहीं, आपका सच्चा दोस्त आप से लड़ता जरूर होगा परंतु आप दोनों एक दूसरे के बिना जी नहीं सकते। दोस्ती मन का रिश्ता है सच्ची दोस्ती किसी दौलत की मोहताज नहीं है। अब आप ही बताओ श्रीकृष्ण और सुदामा की दोस्ती में धन का कोई महत्व था क्या? मित्रता हमारे जीवन में बहुत जरूरी है। इसके बिना हमारा जीवन बिना चाशनी के गुलाब जामुन की तरह है, दोनों को एक दूसरे की जरूरत होती है। शायद इसलिए एरिस्टॉटल ने बोला था - 'मित्रता दो शरीर में रहने वाली एक आत्मा है'।

ओजस लाथ
कक्षा : नवी

Sustainability

'Sustainability' – is it all about clean and green
And how we all have become so mean....
Sucking from earth, the last drop of blood
Evident through drought and flood....
No....it's way beyond that.....
It's about riches and rags....
The glaring dividing between rich and poor
Swimming pools for some, and not a drop for others
The blazing sun and scorching heat,
And an environment worsened by ACs on full speed
Some sweat all night, with no respite in sight
And others shiver, wrapped in quilt through the night
Multi-course meal for some, and few bread crumbs for others
Palatial homes for some, and others looking for cover
No...This is not how mother earth gave birth
All her children had the same worth....
Trees bear fruits to feed all mouths
And rivers flow to quench the thirst
Clouds rain to settle the dust
And relieve all of sweaty disgust
It's time we bridge this long divide
And bring the rich and the poor on the same side
Let's share resources and not be greedy
Be kind to share with all who are needy
This, my friends, will lead to **Sustainability**
And bring to us a lot of stability
Let's strive to bring smiles on each face
And make mother earth a beautiful place!

Aanya Nigam, Grade X-B

Agriculture Engendering Scarcity

The agricultural industry uses 70% of the world's freshwater, out of which 40% is squandered due to evaporation, substandard irrigation channels, sprinklers, and contamination. It remains to be a focal reason for the deplorable water levels which is what impels us to be stringent with our traditional modus operandi and consider other alternatives. Invented in 1959, the drip irrigation system is the patent solution and substitute for profligate sprinklers that exacerbate water scarcity. Drip irrigation supplies water directly to crop roots, which pre-empts evaporation and retains up to 80 percent of the water originally being splurged.

Additionally, the UN also exhorts the usage of treated wastewater to attain Sustainable Development Goals by 2030. Be it industrial, or domestic wastewater, it remains far more streamlined and sustainable in contrast to surface water or groundwater that gets contaminated due to pesticides. It is also economically lucrative for farmers as an inexpensive substitution for the same.



Well-treated wastewater can proliferate crop yields, and reduce the need for artificial fertilizers. The reason is that it includes paramount nutrients indispensable to the crop, such as potassium, nitrogen, and phosphorus, that are requisites for unremitting, and robust plant growth. Reusing treated wastewater obviates freshwater contamination, and curtails the aggregate quantity of freshwater being used, ameliorating their levels.

Anya Arora, Grade X-IGCSE-A

AIRCARBON: PLASTIC TO PHB

"Only humans can create waste that nature can't digest."
– Captain Charles J. Moore

Upon hearing this quote, one imagines the substance whose detrimental, and destructive effects have caused chaos in nature; Plastic. A company called Newlight Technologies has extemporized a revolutionary idea, "AirCarbon". As over 99% of plastic stems from fossil fuels, its extraction and production cause the release of greenhouse gases. To combat this issue, Newlight Technologies devised a biodegradable alternative to plastic. They investigated microorganisms in the ocean that use greenhouse gases and carbon dissolved in

seawater to make an energy storage material, PHB (polyhydroxybutyrate), and replicated this process on land, resulting in the production of AirCarbon. AirCarbon is manufactured by turning trapped greenhouse gases into plastic pellets, which can be melted and molded to make various products, as well as the process being carbon-negative. Thus, it captures and destroys more carbon dioxide than it emits. PHB, being a biomaterial made in nature, can be consumed by natural microorganisms in a home compost. This makes the material completely compostable and eco-friendly, hence, making AirCarbon the same.

Newlight Technologies is marketing its product at expeditious rates, and has already cultivated the support of brands like Nike, Target, H&M, etc; which have employed AirCarbon in their packaging, and products. They have truly proven to be a pioneer in the field of sustainable development, and have taught us that to mitigate the adverse effects of our actions on nature, we must go back to our roots and connect with it, to find a solution.

Arshia Sharma, Grade XI-IBDP-B

Sustainability in Ancient India

Amidst the clamor of modernity, whispers of sustainability beckon us to rethink our relationship with the planet—a silent plea for harmony in a world straining under the weight of waste and overconsumption. As the threat of environmental decay is upon us, we have to look towards sustainability. In October 1987, Our Common Future, also known as the Brundtland Report was published by the

World Commission on Environment and Development. In that report, the term "sustainable development" was officially defined as:

"Meeting the needs of the present without compromising the ability of future generations to meet their own needs." Sustainability is NOT an unexplored concept. Us Indians have been running sustainable kitchens for as long as the advent of agriculture. Even modern Indian kitchens are perfect examples of this. Indian culture always believed in maintaining a traditionally toned clean atmosphere and living in peace with nature. Ancient rulers from the Chola, Solanki, and Asaf Jahi dynasties and many more, deployed innovative and sustainable techniques for managing available resources. Sustainable water management practices were quite prevalent due to India's hot and humid tropical monsoon climate. The earliest example of this practice is an artificial reservoir located in Girnar, Gujarat, built around 3000 BCE. Indian methods towards sustainability show a profound understanding of ecological balance.

Avyukt Mahajan, Grade XI-C

मेरा प्यारा विद्यालय

स्कॉटिश हाई मेरा प्यारा विद्यालय,
लगता है मुझे सपनों का संग्रहालय।
मेरी उड़ान को पंख लगाने वाला है ये देवालय,
भविष्य निर्माण करने वाला है ये कार्यालय।
कवियों और लेखकों की रचनाओं से भरा है पुस्तकालय,
अच्छे और स्वादिष्ट खाने के लिए यहाँ है एक भोजनालय।।

यहाँ विभिन्न हैं मैदान जहाँ खेले जाते हैं खेल,
यहाँ अक्सर दोस्तों में देखा जाता है भाईचारा व मेल।
रंग विरंगे हरे भरे फूल पौधे और दिखती है लताएं व वेल,
अनुभवी, कर्मठ तथा आधुनिक अध्यापक हैं यहाँ के वेमेल।।

भवन निर्माण तो मेरे विद्यालय का है वेमिसाल,
वच्चे यहाँ के हर साल परीक्षा में करते हैं कमाल।
खेलकूद प्रतियोगिताओं में भी होता है धमाल,
यहाँ दाखिला लेने के फैसले पर होता नहीं सवाल।।

सांस्कृतिक कार्यक्रमों की बात करूँ तो होते हैं रंगारंग,
जिनको देखकर अभिभावक तथा अतिथि हो जाते हैं दंग।
अध्यापक, अभिभावक तथा आगन्तुक सब होते हैं संग,
मेरे विद्यालय के इसत रह के कई अनोखे, अनुटे व निराले हैं ढंग।।

रविन राव
कक्षा : ग्यारहवीं



“Earth's Harmony”



Ajooni Kaur, Grade XI-E

Piezoelectric Roads: The Future of Sustainable Energy?

Piezoelectric roads are roads that produce electricity by application of mechanical energy when a vehicle moves over them. These roads work on the piezoelectric effect which explains the ability of certain materials to generate electric charge upon mechanical stress.

Such roads are embedded with piezoelectric generators which prevents energy released by vehicles from being wasted. Therefore, constructing them could reduce our reliance on traditional energy resources and promote sustainability.

Additionally, the construction of piezoelectric roads could significantly contribute to development by switching conventional infrastructure for modern technology. Furthermore, the sensors embedded in these roads could collect data on traffic patterns and road conditions which could be of great importance to the government.

Piezoelectric roads are still a work in progress and could lead to a monumental shift in public technology and sustainability. Even though they are not common yet, they offer a glimpse into a future where modern infrastructure and environmental protection go hand in hand.

Anisa Vohra, Grade XII-B



Artwork by:
Ms. Neha Gupta
Teacher



Clan News

ANDERSON

Hard work is the cornerstone of success, embodying dedication, perseverance, and a strong commitment to achieving one's goals. It involves putting in consistent effort, often over long periods, and pushing through challenges and setbacks. Those who embrace hard work understand that it is not just about the hours put in, but it is about the quality and intensity of those efforts. Ultimately, hard work builds character, fosters resilience, and paves the way for accomplishments that are deeply satisfying and truly earned.

The month of May was marked by a series of

victories by Clan Anderson in various Interclan Competitions. I commence with congratulating Laura Anika (VII) and Prisha Abrol (X) for standing first in the Interclan Hindi Doha and Shloka Vaachan Pratiyogita and Interclan Market Maven Competition respectively. Anya Gupta (X) and Anvi Dwivedi (X) secured second place in the Interclan Geo Buzz and Zoie Tripathi (VI) also bagged the second place in the Interclan Hindi Extempore. I commend Mannat Chaturvedi (VII) for her natural skill in creating a wonderful poem, earning her second place in the Interclan English Self-Composed Poetry Competition. Snigdha Saxena (XI) attained the second position in

the Interclan Hindi News Reading Competition. Team Anderson comprising Harshvardhan Naik (VII), Akshaj Bajaj (VII) and Taksh Pareek (VII) impressed the quizmaster with their mental Maths and logical reasoning. They grabbed the second place by a very narrow margin.

Students are advised to rejuvenate during the summer break by engaging in hobbies, reading for pleasure, and relaxing with family and friends. This downtime helps them recharge and beat the heat. Wishing all Andersonites a relaxing and enjoyable summer break, so they return refreshed and ready for a new beginning.

Ms. Ruma Jain, Clan Elder - Anderson

BOYD

Every strike brings me closer to the next home run. - Babe Ruth

The month of May has once again witnessed many achievements for our clan. In this extended varied range of Inter Clan Competitions, our students have showcased exceptional talent, determination, and teamwork.

Let's celebrate their accomplishments and dive into why participating in clan competitions is a must for every student.

Clan competitions offer a platform for students to not only showcase their academic prowess but also to develop essential skills such as teamwork, time management, and communication. Whether it's through debates, quizzes, or model making,

each competition provides a unique opportunity for students to hone their abilities and learn from their peers.

Starting with Inter Clan English Extempore Competition, Ada Kalra (Grade VI CS-B) bagged second position in the same. Boyd won first position in the Inter Clan Maths Competition where our team Jinisha Sharma and Samaksh Das from Grade VI participated. Myrah Bajpai Haque (VI CS-A) secured second position in the Inter Clan MFL Spell Bee Competition. Our team of four namely - Suhanee Achra (X-E), Ishaan Gupta (X-A), Anika Bhatnagar (X-D) and Navya Malik (IX-D) secured second position in the Inter Clan Science Static Model Making Competition where our talented team showcased their well-researched model on how sugar in modern life is affecting us in all negative ways.

Working together towards a common goal not

only strengthens friendships but also instils a sense of pride in one's clan and school. It's not just about winning; it's about the journey of self-discovery and growth.

As we approach the upcoming vacations, I encourage all students to utilize this time wisely. Explore your interests, discover your passions, and channel your creativity into something extraordinary.

Whether it's writing, experimenting, or building, let your imagination run wild. Use this time to prepare for future clan competitions and unleash your full potential.

Lastly, I extend my best wishes to all the participants and winners. May your journey in clan competitions be filled with success, learning, and unforgettable memories.

Ms. Akanksha Yadav, Clan Elder - Boyd

LAMONT

"Practice does not make perfect. Only Perfect practice makes perfect."

— Vince Lombardi

We must know the importance of practice in our daily life especially students. 'Practice' means doing a specific work or using one's skills repeatedly and continuously. 'Perfect' is a word that is used to describe something that is ideal and complete. The more we practice, the better we get at it and the more confident we become. Some people are born talented in a specific field but a person who isn't as gifted in it can also excel if he or she works hard and practices a lot. Practising regularly is a habit that should be developed from childhood. Making

students understand the value of hard work is like getting their lives in proper rhythm.

With complete dedication and all hard work our Highlanders brought laurels to the clan. In Inter-clan competitions, we had Inter Clan Hindi Extempore Competition for Grade VI where Vihaan Malhotra made our clan proud by winning first position. Naisha Khurana from Grade IX and Riksheet Singh Phougat from Grade X showed best team work by securing first position in Inter Clan Geo Buzz Competition. In Inter Clan Shloka and Doha Vaachan Competition for Grade VII Samridh Ahluwalia secured second position. Priyanshu Mukherji from Grade XI showed his oratory skills by winning first position in Inter Clan Hindi News Reading Competition. Ritvik Hazara and Daiwik S Gahlot from Grade VIII gave their best efforts and

secured second position in Inter Clan Science Innovative Idea Competition. Saisha Bahal and Hunar Puri Made our clan proud by winning Inter Clan MFL Spell Bee competition in French and German respectively. Our Lamont team comprised of Advay Aggarwal, Racchit Arora, Aarav Gupta from Grade IX and Riksheet Singh Phougat from Grade X presented their science Working model in Inter Clan Model Making Competition and secured second position.

Congratulations to all the winners. Keep going and surely with continuous motivation and practice you can excel in whatever you undertake.

Happy Summer Holidays. Keep yourself hydrated and utilise your time to make better version of yourself.

Ms. Kiran Cacoria, Clan Elder - Lamont

MACARTHUR

"Success usually comes to those who are too busy to be looking for it."

— Henry David Thoreau

The above words have proven true as our clan once again emerged victorious by clinching the prestigious Best Clan Trophy. Heartfelt praises to all the teachers and students whose dedication and efforts have made this achievement possible.

This trophy serves as an inspiration, driving each member of our clan to strive for excellence and aim for the stage year after year. In the Inter-Clan Every Day Science Quiz, our Highlanders Esh

VI CS A and Purunjay VI CS B secured second position, showcasing their understanding of the subject. To continue the legacy, Aadya Maheshwari VII B, Amairah Kaur VII A, and Hitaksh Yadav VII CS A clinched the first position in the inter-Clan GK Quiz, demonstrating their knowledge.

In the Math Quiz, Gaurika VII B, Ansh Gupta VII B, and Saadhya Rao VII C displayed their competence by securing the third position. Meanwhile, our budding scientists Aaradhya Nigam and Mahie Chawla VIII C showcased their innovation by attaining the third position in the Inter-Clan Science Innovation Competition.

Further adding to our accolades, Emya Jain IX IG and Saanvi Mehta X IG exhibited their business insight by securing the third position in

the Market Maven Competition. The team comprising Ojas Lath, Kanika Suri, Harshbardhan, and Armin Kaur from IX and X rose to victory by clinching the first position for their working model. Additionally, Ehan Khan, Atharva Vyas, Abeer Singh, and Maisha Sharma secured the first position in the Static Model for the Inter-Clan Model Making Competition.

Well done, everyone! Let's keep up the excellent work and continue to raise the bar by bringing more laurels to our esteemed clan. Your dedication and achievements are truly inspiring, and I have no doubt that together, we will continue to shine brightly.

Ms. Pooja Sethi, Clan Elder - Macarthur



Beat the pollution with Dyson air purifiers

Air quality matters, particularly if you suffer from allergies or a respiratory condition.

The Dyson air purifier is scientifically tested to capture 99.95% of pollutants as small as 0.1 microns, including bacteria and viruses¹.

dyson pure



**Call 1800 258 6688 to book
a free video demo or visit Dyson.in**

¹Tested for filtration efficiency (EN1822) at 0.1 microns. Virus testing conducted on H1N1

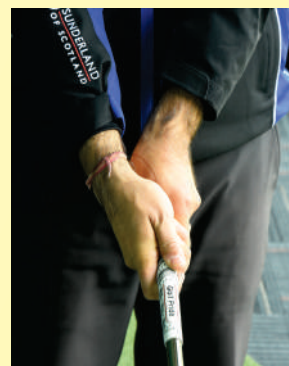
Golf

ANITYA'S TIP OF THE MONTH

Start with a Good Grip

The grip is your only connection with the club and determines the clubhead position at impact, making it the biggest factor that influences the flight of the ball.

The first lesson a junior golfer gets when he starts the game is on how to hold the golf club or how to develop the correct grip. As instructors, we start our lessons by making sure the grip and the clubface are correct. Juniors usually have small hands and if they are playing with men's size grips, the grip is likely to go into their palms rather than the fingers causing lack of speed and release.



Here is a good way to get the right grip: Hold the club face square in front of you and put the grip into the base of the fingers of the left hand. Close the fingers around the grip so that the butt end of the club rests just below the heel pad of your hand, extending the club diagonally across the fingers. Position your right hand with the pad of your right thumb resting over the left thumb and the fingers encircling the grip. The thumb and index finger are extended down the grip to form a trigger and give you more control.

The important check point here is that in a neutral grip, the 'V' formed by the thumb and index finger of both the left and the right hands points to the right shoulder for a right handed golfer, as shown in the picture

**Compiled by:-
Ms. Ankita Jain, Golf Coordinator**



The Scottish High International School

(An ISO 21001:2018 Certification, a standard for Learning Services Management)
(Promoted by Rupteck Educational India Ltd.)

Block- G, Sushant Lok - II, Sector 57, Gurugram 122011 (Haryana)

Phone: +91 124 4112781 to 90 Fax: +91 124 2573590

Email: info@scottishhigh.com, Website: www.scottishhigh.com

Editor : Ms. Kanchan Khanna
Editorial Team : Ms. Virender Bhullar, Ms. Shivani Johri, Ms. Anshu Bhatnagar, Ms. Bhawna Rajput, Mr. Sumit Gupta, Mr. Ashok Mahakur, Ms. Poornima Thakur, Ms. Lakshmi Pavade
Student Editorial Team : Ojas Lath, Rida Iqbal, Ujjeshia Srivastava, Vaishnavi Vinod, Ravin Rao, Pari Yadav, Agastya Sumeer Kaul, Aanya Nigam, Ajooni Kaur, Anisa Vohra, Anya Arora, Arshia Sharma, Avyukt Mahajan, Danicca Bajaj, Janvi Aggarwal, Kyra Khar, Mehr Kaur Aulakh, Navya Chaudhry, Nimesha Sharma, Prisha Abrol, Rayyan Mumtaz, Saatvika Singh, Samaira Shergill, Sia Aggarwal, Snigdha Saxena, Swarnika Josh, Thea Gera, Vamika Banisal