



SCOTTISH HIGHTM INTERNATIONAL SCHOOL

THE NORTH WIND

Volume CII, Issue 102

February 2025



From the Principal's Desk

FEBRUARY: THE MONTH OF SPRING AND KNOWLEDGE

Entering in the month of February is a blessing. Winter is ending, pleasant weather, flowers are blooming and smiles all around. On the first day of this month we celebrate Indian Coast Guard Day, reminding the role of ICG in securing the Indian Coasts. Vasant Panchami, popularly known as Saraswati Puja, marks the preparation for the arrival of spring. This year we are celebrating this festival on February 2.

WHO observes World Cancer Day on February 4 and International Epilepsy Day on February 13th to spread awareness and educate people about the facts of these diseases and the preventions. Sri Lanka got its freedom from British rule on 4th February, 1948 and they celebrate this day as National Day of Sri Lanka.

To commemorate the birth anniversary of the father of

evolutionary Biology, Darwin Day is celebrated on 12th February every year. This day is also the birthday of one of the most popular presidents of the United States 'Abraham Lincoln' and is therefore celebrated as Lincoln Day. Named after a Roman Catholic priest, Saint Valentine, Valentine Day is celebrated on 14th February every year. North East Indian states - Arunachal Pradesh and Mizoram mark their foundation day on February 20. Arunachal Pradesh got the status of Union Territory on this day and in 1987 Mizoram became the 23rd state of India.

To tackle the issues like poverty, exclusion, unemployment and to support social integration, World Day of Social Justice is observed on February 20th every year. In 1999, UNESCO announced that 21st February will be celebrated as 'International Mother Language Day' to promote the awareness of language and cultural diversity across the world. Maha Shivratri is one of the most sacred festivals for Hindus, celebrating Lord Shiva and his divine union with Goddess Parvati. According to the lunar calendar, this significant festival falls on February 26 this year. Lastly, on February 28th, 1928 famous Indian Physicist CV Raman discovered the Raman Effect and to mark this significant discovery National Science Day is celebrated on this day in India. Hence, this spring month reminds us that without knowledge nothing is possible and knowledge is the most important treasure we can have, as rightly mentioned in Sanskrit Language: “नस्ति विद्या समं चक्षुः” “*Knowledge is the greatest eye.*”

Dr. Sanjay Sachdeva (School Principal)

HighFacing AI with Élan and Grace

In the age of artificial intelligence, encouraging children to be original presents both opportunities and challenges. While AI can provide assistance in creative processes, at SHIS we ensure that we teach children that true originality comes from within. We guide children towards originality, by focusing on fostering independent thinking and the development of unique perspectives, even in a world that is increasingly influenced by technology. In the classes the teachers nurture a growth mind-set in children as a regular routine. Encouraging them to see creativity as a skill that can be developed through practice inspires them to take risks and embrace challenges as part of the learning process. We share with children that AI, while helpful, cannot replace the value of personal experiences, emotions, and intuition, which make their creative outputs unique. By emphasizing that creativity is about their individual voice and perspective, children learn to rely on their own imagination, even when technology is available to assist them.

Another key aspect of fostering originality is encouraging exploration and curiosity. Planning is done in such a way that children are exposed to a variety of subjects, activities, and experiences that allow them to think outside the box. Whether

through art, science, sports, or literature, the more diverse their interests, the more likely they are to develop original ideas. By cultivating curiosity and a love for learning, children begin to make connections between seemingly unrelated ideas, leading to creative and unique solutions. AI can be a powerful tool for enhancing creativity, but it does not replace the creative process in the classrooms. We teach children to use AI as an aid, not as a crutch. Whether it's generating ideas or refining their work, AI can be a resource to complement their creativity, but it is their own insights and decisions that define the final product. Children are encouraged to personalize the output provided by AI, making it their own through modifications and adding their own unique touch. We create an environment that celebrates individuality as a key to personality development. When children feel accepted and valued for their unique traits, they are more likely to express themselves authentically. By giving them the freedom to experiment and make mistakes without fear of judgment, children become more confident in their creative abilities. In a world where AI is ever-present, the most original ideas will always come from the individual, shaped by their own experiences and imagination. At Scottish High we strive to do just that.

Ms. Seema Bhati (Primary School Director)



PYP

Exploring, Discovering, and Taking Action - The PYP Exhibition by Grade V Highlanders

Our Grade V students culminated their journey of learning with a remarkable PYP Exhibition, showcasing their mastery of Sustainable Development Goals through innovative presentations and models. Under the Transdisciplinary Theme 'How We Express Ourselves,' they explored their passions and expressed themselves through diverse forms of creativity, including music, art, dance and enactments.

Through in-depth research and collaboration, students demonstrated exceptional Approaches to Learning (ATLs) skills, which was evident in their transdisciplinary learning. This milestone event showcased their growth as IB learners, embodying the qualities of being inquirers, knowledgeable, and compassionate individuals. Parents witnessed their children's outstanding creativity, international-mindedness, and commitment to create a positive change. The exhibition was a testament to the power of student-led learning, highlighting the impact of inquiry-based education on developing lifelong globally-minded learners.





Blood Donation Drive



Our Grade V Highlanders showcased exemplary social responsibility by leading a Blood Donation Camp in collaboration with the Rotary Club. This outstanding initiative, a key component of the PYP Exhibition's Social and Emotional Awareness drive, garnered an overwhelming

response from parents and the broader school community.



Front Desk Programme - A Journey of Growth and Exploration

The Grade I Front Desk Programme was a resounding success, showcasing the energetic and curious spirit of our young Highlanders. It was a heartwarming experience to witness the students' active minds at work, demonstrating their growth and learning journey throughout the year.

The event was a proud moment for parents, offering a glimpse into their child's educational journey. The programme exemplified the school's

commitment to providing meaningful, engaging, and challenging learning experiences.





Air Fest - Every breath is a gift, every moment is a chance to explore and discover.

Grade I curious inquirers delved into the fascinating world of air, exploring its properties and applications under the Transdisciplinary Theme - How the World Works. With confidence and enthusiasm, our young scientists designed and conducted experiments, showcasing their grasp of complex concepts.

Through this engaging process, students demonstrated exceptional communication, research, and self-management skills, embodying the qualities of agentic learners.



Student Led Conference - "Little learners, big voices - proudly sharing their journey!"



The Student-Led Conference, a formal and significant event, provided the young PYP Highlanders from Nursery to Grade IV with a platform to take ownership of their learning and showcase their progress as agentic learners. For the youngest learners in Initial and Primary children, this event was an opportunity to demonstrate independence and engagement through play-based learning experiences. They confidently sang a rhyme in English or Hindi, guided their parents around the classroom, and

proudly pointed out their reflection sheets on display-highlighting their early steps in self-awareness and learning ownership. The students of Upper Kindergarten and Primary took their role even further, using this platform to explain their work from their portfolios with enthusiasm and confidence. They showcased their research, collaborative classroom efforts, and other creative projects, demonstrating their ability to reflect on their learning journey. This interactive experience was highly appreciated by parents, as it provided valuable insights into their child's growth, learning process, and evolving skills. The Student-Led Conference not only encouraged students to take responsibility for their learning but also strengthened the home-school connection, fostering a sense of pride and accomplishment in both students and their families.





Sports Day - "Tiny racers, mighty spirits, endless smiles!"

Sports Day, celebrated on 11th and 13th February, a highly anticipated event for our young Highlanders in Early Years, was a vibrant display of sportsmanship and enthusiasm. Dressed in casual sports attire, the students eagerly took to the tracks, ready to give their best. The day kicked off with an energetic Zumba session, followed by an oath to uphold the spirit of sportsmanship. With a mix of fun and flat races, students listened attentively to the instructions given by the Games Instructor, Mr. Bhuvnesh. Exciting events like Cone-tastic Balancing Act, Backpack Dash, Pick, Sprint, Celebrate, and Hula Hoop Hooray showcased their growing self-management skills. The air was filled with loud cheers as Highlanders encouraged one another, demonstrating camaraderie and strong social skills. Over the two-day event, every class actively participated in both fun and flat races. Each student earned a special star for being a risk-taker and embracing the collaborative experience. For us, they were all winners!



Picnic Day - “A day of giggles, sunshine, and unforgettable memories!”

The Early Years Picnic Day on 14th February was a delightful adventure filled with laughter, excitement, and endless joy. The anticipation was evident in the bright, eager faces of every child as they embarked on their much-awaited day-long outing. The journey itself was a celebration—students sang rhymes and favourite songs, filling the air with their cheerful voices. Upon arriving at the destination, they enthusiastically explored their surroundings, immersing themselves in fun-filled rides and activities alongside their classmates. Ever the curious risk-takers, our young Highlanders ran, played, and discovered new experiences. Whether trying their hand at pottery, or watching puppet show or soaring high on swings and slides, or testing their agility in the mini gym,

every moment was embraced with energy and enthusiasm. Mealtime was another highlight, as they relished delicious breakfast, lunch, and snacks, adding to the warmth of the day. The joyful laughter, radiant smiles, and countless selfies captured the essence of the experience- pure happiness and contentment. It was truly a day to remember- one of friendship, adventure, and the simple joys of childhood!



Ms. Shivani Johri
(Initial School Head),
(Deputy PYP Coordinator)

Ms. Virender Bhullar
(Primary School Coordinator),
(Deputy PYP Coordinator)



Medley of Activities



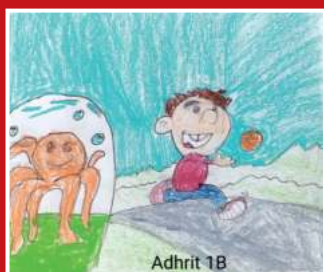
Throughout the month of February, students from Grades I and V embarked on an exciting artistic journey, showcasing their unique creativity through various compositions. The theme for the month was open-ended, encouraging each student to explore their imagination and express themselves freely. From colourful to imaginative drawings, the artworks created by these young artists reflected their individuality and the diverse perspectives that can only be seen through the eyes of children.

The students were encouraged to experiment with different mediums and styles. For Grades I and II, the focus was on basic colouring techniques and bold expressions. Using crayons, coloured pencils, and markers, their compositions were vibrant and filled with joyful shapes. Common themes included animals, nature, and family, with students taking inspiration from their surroundings or with the help of reference sheets. Their works displayed a wonderful sense of wonder with bright colours. As we moved into Grades III and V, students grasped more complex concepts of composition. They worked with a variety of art forms, from pencil sketches to abstract artworks. Students created compositions on themes like landscapes, folk art, freedom fighters, birds, animals, etc. using reference sheets for inspiration. Grades VI and VIII students completed their projects for the art and craft exhibition, while senior school students worked on their artworks according to their curriculum requirements.

This month was more than just an artistic endeavor; it served as an important learning experience, helping students develop critical skills such as fine motor skills, spatial awareness, and problem-solving. Art also plays a vital role in emotional development, offering students an outlet to express feelings and ideas that might otherwise be hard to articulate.

Moreover, the creative process encouraged collaboration, with students sharing their techniques and providing constructive feedback to one another. The month's activities fostered a sense of community and support, allowing students to grow not only as artists but as individuals within a collective environment.

Creative Hands of our Highlanders



Adhrit, Grade I-B



Sia, Grade I-B



Reyansh, Grade II-A



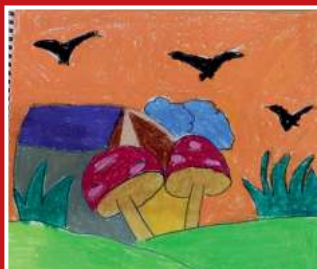
Ishmita, Grade II-A



Shrinika, Grade II-A



Aarna, Grade II-A



Ashvi, Grade II-A



Kabeer, Grade II-F



Shanaya, Grade III-A



Aarna, Grade II-A



Shanaya, Grade III-A



Arya, Grade III-H



Yoshiya, Grade IV-A



Shanaya, Grade IV-B



Suhail, Grade VII



Surya, Grade VII

Ms. Amitta Gahallot,
HoD Visual and Performing Arts



February has been a month of spectacular performances, where our young dancers lit up the stage with energy, grace, and confidence. The dance floor witnessed creativity at its peak as students showcased their dedication and hard work.

Grade I stole the show at their FDPs (Front Desk Programme), impressing the audience with their enthusiasm and skill. From dazzling jazz routines to thrilling stunts, precise pencil turns, and effortless splits, these young performers left everyone mesmerized. Their performance was a delightful blend of technique and joy, making parents and teachers beam with pride.

For the first time this year, Grades VI, VII, and VIII took the stage for their FDPs, delivering both classical and western performances with remarkable finesse. The fusion of tradition and modernity in their routines left the audience in awe. Every movement, every expression reflected their dedication and passion, earning them thunderous applause.

February has truly been a celebration of dance, and these incredible performances are a testament to the talent and hard work of our students. With such energy and spirit, we look forward to even more breathtaking performances in the months ahead!

Ms. Himani Yadav
Dance - Instructor



In the month of February 2025, students of Grades VI and VIII presented their respective theatrical performances on the stage in Cultural Fiesta 2024-25. Grade VI showcased a street play- "Dream Time"

highlighting the importance of nature and environment. They tried to make the audience aware about various causes harming the nature and shared some good solutions to the problems. Grade VII performed a Hindi play "Andher Nagri Chaupat Raja" written by Bhartendu Harishchandra. The humour in this play made the audience laugh and giggle throughout. It also gave the message that a state needs to be governed properly and there should be appropriate justice system. Grade VIII performed English play "Merchant of Venice" by the legendary playwright William Shakespeare. The aura of Shakespearean era was brought back to life on the stage. The play gave the message that greed and revenge should not be our objectives. The actors acted really well and did justice to their characters. All the performances were well received by the audience.

Mr Vikas Sharma
Theatre Arts - Instructor



February at Scottish High was a month of musical celebrations and unforgettable performances. The highlight of the month was the Cultural Fiesta for students of

Grades VI and VIII, where they showcased everything they had learned in music throughout the year. Forming bands, they performed songs like Fix You by Coldplay, Wake Me Up When September Ends by Green Day, and Yellow by Coldplay. The energy in the room was electric, and parents were overwhelmed with pride, watching their little rockstars own the stage.

Adding to the excitement, Grade VIII students took part in their annual Solo Singing Clan Competition. The participants brought the stage to life with powerful vocal performances of various English songs, making it a thrilling event for both the audience and judges, while the Scottish High choir came together to sing beautiful songs for Chairman Sir's birthday, giving him a heartfelt and melodious musical tribute.

Meanwhile, primary students continued expanding their musical repertoire, learning classics like Viva La Vida by Coldplay and the iconic Eye of the Tiger by Survivor. Their enthusiasm made music classes all the more vibrant.

With so many incredible performances, February was truly a month to remember!

Mr Shivam Srivastava
Western Music - Instructor

From The Sports Field



The month of February started with the Annual Athletic Meet for Grades VI and VIII. School Principal Dr. Sanjay Sachdeva opened the Athletic meet where first students took the Oath and after Oath events started. Different field and track events were organized like 100mtr, 200mtr, 400mtr 800mtr, Relay Race, Shot put and long jump etc.



In Grade VI Clan Macarthur secured First position followed by Clan Boyd, Anderson and Clan Lamont. In Grade VII Clan Lamont secured First position followed by Clan Anderson, Macarthur and Clan Boyd. In Grade VIII Clan Boyd got First position followed by Clan Macarthur, Lamont and Clan Anderson.

Now the Highlanders have started preparing for the coming Zonal Sports Competitions for different games.



Mr Darshan Singh Gahallot,
HoD Sports

Senior School Head

Building Resilience: Lessons beyond the Classroom

Life doesn't always go as planned. A tough exam, a disappointing grade, or an unexpected setback can feel discouraging. But these challenges don't define us—how we respond to them does. Resilience is the ability to pick ourselves up, learn from setbacks, and keep moving forward. And the good news? It's a skill anyone can build.

Think about a time when something didn't go your way. Maybe you studied hard for a test but didn't get the grade you expected. It's easy to feel frustrated, but resilience means seeing failure as a lesson, not a defeat. Instead of thinking, 'I'll never be good at this,' try 'What can I do differently next time?' This simple mindset shift makes all the difference.

One of the best ways to build resilience is by embracing challenges. Just like muscles grow stronger with exercise, our ability to handle difficulties improves each time we push through obstacles. Whether it's mastering a tricky math concept, facing stage fright in a school play, or losing a big game, every experience helps us become more adaptable and confident. Taking care of our mental and emotional well-being is just as important. When things get tough, small habits—like deep breathing, journaling, or talking to a friend—can help keep stress in check. Surrounding yourself with supportive people and focusing on solutions rather than problems makes challenges feel less overwhelming.

At the end of the day, resilience isn't about avoiding failure—it's about growing from it. Life will always have ups and downs, but every challenge is an opportunity to become stronger, wiser, and more prepared for whatever comes next. Keep going dear Highlanders—you're capable of more than you think!

Ms. Isha Verma
Senior School Head,
HoD - Modern Foreign Languages

Modern Foreign Languages

Twisting Your Tongue around the World: A Fun Language Challenge!

Have you ever tried saying a sentence so fast that your tongue gets completely tangled? Tongue twisters are a great way to challenge your pronunciation and language skills, and they exist in almost every language! Whether you're learning a new language or just looking for a fun way to test your speaking skills, here are some tricky phrases from around the world to give your tongue a workout.

French:

Un chasseur sachant chasser sait chasser sans son chien.

(A hunter who knows how to hunt knows how to hunt without his dog.)

This one is a real challenge because of all the "ch" sounds. Try saying it three times quickly without stumbling!

Spanish:

Tres tristes tigres tragan trigo en un trigal.

(Three sad tigers swallow wheat in a wheat field.)

Can you say this one without getting your tongue twisted? It's a great test of your Spanish pronunciation!

German:

Blaukraut bleibt Blaukraut und Brautkleid bleibt Brautkleid.

(Red cabbage stays red cabbage, and a wedding dress stays a wedding dress.)

The mix of "bl" and "br" sounds makes this one a true tongue twister!

Tongue twisters are more than just funny phrases—they help improve pronunciation, articulation, and fluency in any language. Plus, they are a great way to bond with friends and share a laugh!

Think you've got what it takes? Try saying each of these tongue twisters three times as fast as you can! And if you know a fun tongue twister in your own language, share it with your friends and see if they can say it too!

So next time you want to have a little fun while practicing a language, give these tongue twisters a go. You might just surprise yourself!

Ms. Isha Verma
Senior School Head,
HoD - Modern Foreign Languages

IGCSE

Efficient Use of Electronic Devices

In today's world, electronic devices have become a central part of everyday life, particularly for school-going children. As technology continues to play an increasingly important role, the use of these devices in education has grown substantially. While they can be powerful learning tools, it's essential that their use is balanced and responsible to ensure they support a



child's education and overall well-being. In this article, I will focus on the intelligent use of electronic devices for schoolchildren, examining their advantages, possible risks, and approaches to enhance their effectiveness.

One of the primary benefits of using electronic devices in education is the access to vast information and learning resources. Through the internet and various educational apps, children can explore topics beyond their textbooks and engage with interactive content that enhances their understanding. Devices such as tablets, laptops, and smartphones provide access to online courses, educational games, and videos that can make learning more engaging and enjoyable. These resources allow children to learn at their own pace, reinforcing concepts and making learning more personalized. For instance, children can watch tutorial videos to understand complex topics or use apps that help them practice math problems or language skills. Moreover, electronic devices facilitate communication and collaboration among students. With tools like email, video conferencing, and online discussion forums, kids can collaborate on group projects, seek help from teachers, or engage in discussions with classmates from different regions or countries. This broadens their perspective and nurtures skills like teamwork, communication, and problem-solving.

However, despite these advantages, the overuse of electronic devices can have negative consequences. One of the biggest concerns is the impact of excessive screen time on a child's physical and mental health. Prolonged exposure to screens can lead to eye strain, headaches, and disrupted sleep patterns. Furthermore, the addictive nature of electronic devices, especially social media and games, can distract children from their studies, leading to procrastination and a decline in academic performance. Therefore, it is important to monitor and limit the time children spend on devices. Parents and educators play a key role in ensuring that the use of electronic devices is productive and beneficial. Setting clear boundaries on screen time is essential to help children maintain a healthy balance between digital learning and other activities. Experts recommend that children aged 6-12 should have no more than two hours of recreational screen time per day. Establishing designated times for educational use of devices, such as during study hours or for specific homework tasks, ensures that the devices serve their purpose without becoming a source of distraction. Additionally, encouraging physical activities, hobbies, and face-to-face social interactions helps mitigate the negative effects of screen time.

In conclusion, while electronic devices offer numerous educational benefits for school-going children, they should be used wisely to maximize their potential. By striking a balance between academic use, recreation, and physical activity, parents and educators can ensure that technology becomes a tool for learning and growth rather than a source of distraction. With the right guidance, children can develop essential digital skills while maintaining a healthy and productive lifestyle.

Mr. Pawan Mittal
Cambridge Curriculum Head

Middle School (Grade VI to VIII)

Mahatma Gandhi once said, "The simplest acts of kindness are by far more powerful than a thousand heads bowing in prayer." These words highlight the immense impact of kindness, helping others, and showing empathy in building a compassionate and connected world.

In a student's life, helping one another means offering support, cooperation, and encouragement to classmates and friends. It involves working together to solve problems, sharing knowledge, and uplifting one another. Simple actions—such as explaining a difficult concept to a friend, sharing study materials, collaborating on group projects, or standing up for a classmate in need—contribute to a positive and supportive school environment. When students help and show empathy toward each other, they inspire a cycle of kindness, making school, community and the world a more caring place. In today's fast-paced world, where everyone is busy in their own lives, small acts of empathy can strengthen the bonds within a community. Supporting and understanding each other fosters a sense of belonging and creates a more positive atmosphere in school.

Ways Students can Show empathy to their Peers:

Listen Actively: Pay attention when a friend is speaking, show interest, and avoid interrupting. Sometimes, simply listening is the best way to offer support.

Be Understanding: If a classmate is struggling with studies, be patient and offer encouragement rather than criticism.

Help with Schoolwork: If a peer is having difficulty with a subject, offer to explain concepts or study together to make learning easier.

Include Everyone: Ensure that no one feels left out during group activities, games, or lunch breaks. Invite classmates to join in and make them feel valued.

Use Kind Words: Compliment others, express gratitude, and avoid hurtful comments that could affect someone's feelings.

Share and Cooperate: Whether it's sharing stationery, helping with a group project, or offering a seat to a friend, small acts of kindness can make a big difference.

Offer Help in Small Ways: Carry a friend's bag, assist a classmate with homework, or help a student who was absent catch up on lessons, homework, or upcoming tests.

Celebrate Others' Success: Be happy for your peers' achievements, whether they win a competition, score well on a test, or reach a personal milestone.

When students learn to care for others and practice empathy, they not only build strong friendships but also contribute to a more supportive and harmonious society. By embracing kindness and compassion, they grow into responsible individuals who help create a better world for everyone.

Ms. Geetanjali Ahuja
Middle School Coordinator

IBDP / IBCP

Lost In Translation: The Superpositions of "Pan"

German SL

Language is a shape-shifter, adapting to the rhythms of culture, history, and geography. A single word can traverse linguistic boundaries, only to emerge with an entirely different identity. Take "Pan" in Spanish, it signifies bread, a staple of daily life. In French, it denotes a section or part of something, shaping literature and architecture. In German, it refers to a cooking pan, while in Hindi, पान (Paan) is a betel leaf preparation, steeped in tradition.



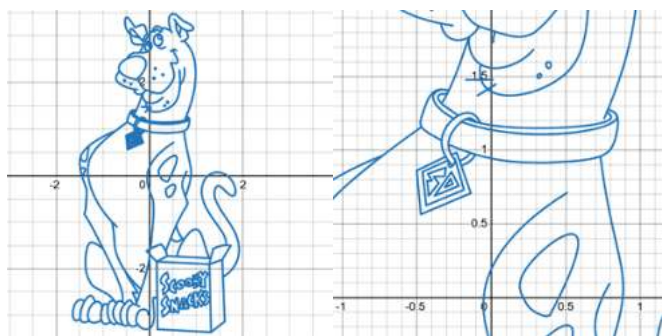
Such variations highlight the unpredictability of linguistic evolution. While some words retain their meaning across cultures, others diverge entirely, molded by historical influences and societal needs. The same sound can conjure the scent of fresh bread in one language, evoke structural elements in another, and carry culinary or cultural significance elsewhere. This divergence is a testament to the adaptability of human expression, where even identical words weave distinct narratives.

Words are not fixed entities but dynamic constructs, imbued with history, context, and human expression. In the grand mosaic of communication, a single word can fragment into a kaleidoscope of meanings; each shaped by the world that speaks it.

Shreshth Gupta, Grade XII IBDP-A

Recreation of “Scooby Doo” on Graphing Software

Maths A&A-HL



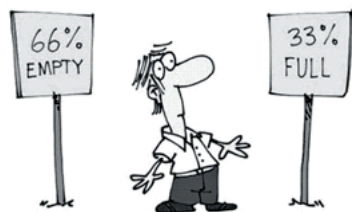
This artwork was created using the graphing software **Desmos**, where every line and curve is represented by mathematical functions. Over 300 equations were plotted and combined to form an image resembling the beloved character **Scooby-Doo**.

Agastya Sumeer Kaul, Grade XII IBDP-B

Framing Bias: The Power of Perception

Economics HL

Is a glass 66% empty or 33% full? The answer depends on how it's framed. Framing bias influences decision-making by shaping perception—without from marketing to everyday choices. A “90% success rate” sounds more reassuring than a “10% failure rate”, even though both mean the same thing.



Supermarkets use “Buy One, Get One Free” instead of a “50% discount on two” because it feels like a better deal.

Understanding framing bias helps us make more informed decisions. Next time

you see a statistic or offer, take a moment to step back—perspective can change everything.

Arshia Sharma, Grade XII IBDP-B

Whimsical Autumn Reverie: A Day of Delight and Discovery

English A HL

Walking on the pebbled pathway, and through the bare park ground carpeted with scattered maple leaves, and gazing at the pearl white doves soaring through the clouds in the shade of Gainsboro Grey concealing the remaining patches of the lucid azure sky, really started to give them the feels of autumn. Sitting on a plaid, red and white fabric sheet next to a grounded bouquet of wine-coloured Chrysanthemums; plucking them and propping them in their hair behind the ears; posing with pairs of heart-shaped, rose-tinted sunglasses and clicking pictures with a polaroid camera, really started to create a mystical, beguiling, and whimsical aura surrounding the trio. With the scent of blueberry muffins and crisp apple strudels stuffed in wicker baskets wafting up to their noses, it would be impractical not to dig in and devour. Crunching away through the crusts of the luscious vanilla and strawberry macarons; gorging into slices of salted caramel pumpkin cheesecake; satiating one another with raspberry and cardamom Swedish buns; and indulging in a delectable apple pie drizzled with honey and served with ice cream, really made up for a perfect treat.

In order to fulfil their quenching thirst, slurping down iced lattes, peach iced teas, along with bubble tea and other refreshments was rather enlivening.

Feeling the swift & pleasant breeze gush around them; observing a carefree artist swaying his paintbrush in abstract strokes against the thin blank canvas while dipping the tip into bottles of paint consisting of a pastel & monochromatic palette; and getting flashbacks of little epiphanies while contemplating over the eye-catching landscape over-looking a mounted hill far away, made up pretty much the ideal day consisting of activities which were their cup of tea.

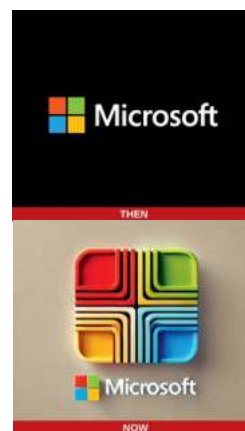
Shania Uberoi, Grade XII IBCP

Redesigning The Microsoft Logo

Career Related Studies-Business Administration

Why did I make these changes?

This redesigned Microsoft logo retains the iconic four-square layout but refines it with a sleeker, more geometric design for a modern and minimalist aesthetic. The refined edges and flat aesthetic create a more contemporary and visually appealing look, aligning with Microsoft's forward-thinking and innovative brand identity. The color scheme remains true to the original but is enhanced with a subtle balance for a cleaner, more professional feel. The typography is simplified for better readability and adaptability across digital and print platforms. These updates ensure the logo remains timeless while reflecting Microsoft's commitment to technology, innovation, and user-friendly design.



Charvi Nagpal, Grade XII-IBCP

Ms. Pooja Sharma, Diploma Programme Coordinator

Ms. Smriti Dudeja, Deputy Diploma Programme Coordinator



From The Counsellor's Desk

"Education is not just about imparting knowledge; it is about guiding young minds toward self-awareness, resilience, and emotional well-being."

This month, a series of expert talks and interactive sessions were organized for students of Grade VI and VII, each designed to support their personal growth, academic success, and overall well-being. The sessions covered diverse topics relevant to students' daily lives, equipping them with essential skills to navigate challenges and make informed decisions.

For Grade VI, students participated in a session led by **Mr. Varshney**, on the topic **"How to Overcome Challenges in Life."** The discussion focused on embracing difficulties with resilience and a positive mindset. Students were introduced to a four-step approach—Accept and Let Go, Observe and Decide, Face Fears and Act, and Practice Gratitude—which provided them with practical strategies for handling setbacks. Through real-life examples, they explored the importance of planning ahead, seeking support, and maintaining self-awareness. The session encouraged students to think big, embrace change, and remain persistent. Additionally, they attended a brief session about an upcoming **educational trip to Singapore**, conducted by **EdTerra Adventures**. This interactive session engaged them in a fun Q&A and a memory game, fostering curiosity and anticipation for the trip.

For Grade VII, the Counseling Department conducted several insightful sessions, beginning with **"Soaring High: Life Lessons Through Aviation."** This session drew parallels between aviation and life, highlighting goal-setting, adaptability, teamwork, and resilience. Students reflected on how preparation is key to success, much like an aircraft's takeoff, and learned valuable life skills through inspirational stories such as that of Bessie Coleman. Another session on **"Setting Boundaries"** emphasized the importance of personal boundaries in maintaining healthy relationships and self-respect. Students explored strategies for assertive communication, using real-life school scenarios to understand when and how to set limits effectively. The DEAR MAN technique was introduced to help them communicate boundaries with confidence while maintaining positive interactions.

"The Addictive Side of Gaming," addressing concerns about excessive gaming. Students learned about different types of games, the causes and effects of gaming addiction, and practical strategies to maintain a healthy balance between gaming and other responsibilities. The session emphasized self-discipline, time management, and responsible gaming habits. As exams approached, the Counseling Department also conducted **"Exam Preparation: Tips and Tricks,"** guiding students on effective study techniques, memory strategies, and stress management. The session introduced the SQ3R method, mnemonic devices, and the Cornell note-taking system, equipping students with structured approaches to revision and self-study. They were reminded that additional support was available through the counseling department for those seeking personalized guidance. Beyond these school-based sessions, the month also included professional development for the counseling team. As a representative of Scottish High International School, Ms. Simonil Jassawala attended the fourth edition of Vartah, India's premier school counselor summit, held at GD Goenka University.

The summit focused on "Dealing with Bullying" and brought

together over 300 counselors and mental health professionals. Discussions covered key issues such as bullying prevention strategies, the psychological impact of bullying, and effective intervention methods.

Experts highlighted international models like Finland's KiVa program and emphasized the role of schools, parents, and students in creating a supportive and inclusive environment. Insights from this summit will further enhance the school's efforts in fostering a safe and respectful learning space for all students.

These expert talks and engagements contributed to a holistic learning experience, enriching students' knowledge while encouraging open discussions and active participation in their personal and academic growth.

The Counseling Department encourages all students to continue applying the insights gained from these sessions in their daily lives. Remember, challenges are opportunities for growth, and seeking support is a sign of strength. Whether it's setting boundaries, managing stress, or staying resilient in the face of setbacks, we are here to guide and support you.

Keep exploring, keep questioning, and most importantly, believe in your ability to overcome and thrive. Our doors are always open for any guidance you may need—your well-being and success remain our utmost priority.



Dr. Neha Singh Maurya, HoD, Counseling
Ms. Priyamvada, School Counselor
Ms. Simonil Jassawala, School Counselor



CAS - Creativity, Activity, and Service

Healing Hands: A touch of Care, Scottish High Brings Care and Wellness to Underprivileged

In a heartwarming initiative to bridge the gap in healthcare access for the underprivileged, Scottish High organized a Medical Camp on 22nd February 2024 at Udaan School, run by the NGO 'We Care Foundation' in Sector 57. Spearheaded by Dr. Vandana Parti and the school's medical team, the camp provided free medical checkups, essential medicines, and health education to students who often lack access to quality healthcare.

The event was made even more impactful by the enthusiastic participation of Grade XII students, guided by Ms. Kavita Yadav. These young volunteers played a crucial role in registering patients, checking vitals, and spreading awareness about proper nutrition. Given the prevalence of anemia, fatigue, and body pain among the students, the team emphasized the importance of iron-rich diets, highlighting foods like leafy greens, lentils, sprouts, and citrus fruits to boost iron absorption.

The camp addressed a range of health concerns, including malnutrition, respiratory issues, and skin disorders. For cases requiring further diagnosis, Dr. Vandana advised follow-ups at government hospitals and Public Health Centers, ensuring continued care.

Beyond the medical aid, this initiative was a transformative experience for the Scottish High students. It exposed them to real-world challenges and instilled values of empathy, responsibility, and social service. Their efforts, though small, brought smiles and relief to many, leaving a lasting impact.

School Principal Dr. Sanjay Sachdeva commended the students for their dedication and encouraged them to participate in more such initiatives. This medical camp was a powerful reminder that true education extends beyond academics—it is about compassion, service, and making a difference in the lives of others. Scottish High continues to inspire its students to be change makers, one act of kindness at a time.



Free Medical Camp Students Reflections

1. Reflection by Radhika Miglani

Volunteering at We Care Foundation has been an incredibly enriching and fulfilling experience. Interacting with the children and engaging in meaningful activities has given me a deeper understanding of the significance of empathy and compassion towards all.

Radhika Miglani, Grade XII-C

2. Reflection by Abeer Narula

Volunteering at the medical camp at We Care Foundation was an enriching experience that allowed me to contribute to creating a positive impact while gaining valuable healthcare knowledge. My responsibilities included spreading awareness about the importance of good health along with assisting in running a smooth medical check-up. One of my key tasks was explaining the importance of good health to the students, for example explaining different healthy food items to eat, regular exercise, hygiene etc. I also helped convey the importance of certain medications such as deworming tablets. This made me realize how essential health awareness is, especially for those with limited access to medical knowledge.

Additionally, I assisted our doctors in conducting medical check-ups, including minor tasks such as measuring weight, organizing patient records and distributing



medication among students. Even small tasks, when done accurately, contribute significantly to patient care. Observing the doctors helped me understand how various medications are used to treat routine problems such as cold, coughs, fever, stomach aches etc. This opportunity to interact with younger students at the NGO. It made me realize the importance of education in promoting individual well-being.

Overall, this experience enhanced my communication skills, deepened my understanding of healthcare, and reinforced my commitment to community service. It was fulfilling to make a small but meaningful difference.

I thank Scottish High for this wonderful opportunity and look forward to similar opportunities in the future.

Abeer Narula, Grade XII-DP

3. Reflection by Tiya Vermani

I went to the We Care Foundation to assist at the medical camp organized by our School at the Udaan School Run by the NGO We Care Foundation. This foundation takes care of children from nursery to the age of 16 years old and teaches them important skills like basic education in Math, English and Hindi. A group of friends and I were there and helped the doctors distribute medicines while also keeping the rest of the students informed about healthy habits. A lot of the children seemed quite excited to see new faces at their center but some were even scared. When we were at home, we were told to research about the same. I found out that eating dal, and vegetables and using jaggery in foods instead of sugar is a better alternative to preserve health. We also asked the children who were split up into groups about what other activities besides studying they engage in to understand their physical well-being since it is very important to take part in physical exercise as well. They shared with us how they were already engaged in dance classes and even taekwondo practice. Otherwise, we engaged them in fun little games too so they weren't as nervous around us anymore. Although, when we distributed a deworming medicine and ensured all of them chewed it right in front of us as it was very important for their health, a lot of them seemed very hesitant about trying it, we reassured them that the medicine was safe and eventually all of them had it.

Furthermore, I think this experience broadened my knowledge as well as I became not only a better communicator while sharing my new knowledge with the children but it improved my research skills when I was reading more about health and how to improve it through diet. Also, we taught the kids how to be more balanced in their daily lives while keeping a check on their health, focusing on studies but also maintaining physical well-being. Additionally, this CAS experience being a part of the service strand helped me think more about being a more caring person and taking active care for the well-being of my society. I think this experience was particularly beneficial for the children as it taught them important ways to take care of themselves. From this experience, I realized that I enjoyed spreading awareness and helping young children although at first I was quite nervous too. I have heard about a similar organization for older girls that I also would want to engage with. This experience has motivated me to continue volunteering in underprivileged communities.

Tiya Vermani, Grade XII DP

Visit to WE CARE FOUNDATION – A Day of Learning and Inspiration

On Saturday, 22nd February 2025, we had the privilege of visiting “WE CARE FOUNDATION” in Sushant Lok III, Gurgaon, accompanied by our SUPW teacher, Mrs. Kavita Yadav, the medical infirmary staff, and a doctor, along with few fellow students of Grade XII from ISC and IBDP streams.

This foundation is dedicated to supporting underprivileged children aged around 3 to 14, by providing them with primary education and essential resources for a better quality of life. Our visit began with setting up of a medical camp, where we assisted our school medical team in conducting a comprehensive health check-up for all students present there. We meticulously recorded each child's basic BMI ensuring accurate medical documentation. Necessary medicines as per the need of the students, like deworming tablets, flu syrups and immunity boosters were distributed and their parents and teachers were duly informed about their health conditions along with appropriate care measures. Additionally, we educated the children on personal hygiene, self-care, and overall well-being to promote healthier habits.

Beyond medical assistance, we sought to enrich their educational experience by dividing them into smaller groups, with 3 to 4 students overseeing each. Through interactive sessions, we engaged them in academic discussions, played educational games, and explored their interests in various subjects, sports, and extracurricular activities. We also conducted fun filled quizzes and answered their thought-provoking questions, fostering a spirit of curiosity and enthusiasm for learning.

As the day came to a close, we distributed chocolates and biscuits as a small token of joy, bringing smiles to their faces. We captured these precious and affectionate moments of happiness and resilience through photographs, to preserve the essence of our experience. Witnessing these young minds strive for a brighter future despite their limited resources was truly inspiring and deeply humbling.

I extend my sincere gratitude to my school for this invaluable opportunity to contribute and learn. This visit has been more than just an act of service for us all – it's been a lesson on empathy, resilience, and the profound impact of collective effort in uplifting those in need. It has also re-enforced my belief in the power of education, as a tool for social change. It's a reassurance that with the right opportunities, every child has the potential to achieve big.

By: Yuvraj S. Arora, Grade XII ISC





Ms. Kavita Yadav
CAS Coordinator

A session on career guidance was conducted by Ms. Neha Gupta in Ecolibrium, the Economics Society of P.G.D.A.V. College (M), University of Delhi on 17th February 2025 (Monday). The session aimed at guiding students on various career paths and opportunities, with a focus on career prospects after graduation, skill development, choice between further studies and job, alternate and emerging fields after graduation, resume writing and interview preparation. The event saw active participation from students across disciplines, including Commerce, Humanities and Computer Science. The session concluded with an engaging Q&A round where students posed thoughtful questions about various career paths, preparation strategies, and skill

development. The enthusiasm and curiosity displayed by the students were commendable. The session successfully achieved its objective of providing students with practical guidance and insights into different career avenues. The interactive nature of the discussion ensured active participation and made the session informative and enriching.



Ms. Neha Gupta
Economic Facilitator



From Our Budding Writers

“Too good to be true”

everything feels new,
life feels like a surreal view,
with every person and occasion representing a different hue.
the lamp hasn't looked weird in long,
every moment of happiness makes me wonder,
is this where I belong?
with life moving so fast,
all the bad left in the past,
choices to be made ahead in life are coming vast,
all i wonder is,
isn't this too good to be true?

Siya Gupta, Grade X-F

Navya Malik, Grade X-D



Velvet Nights and Syncopated Dreams

The oil lamp cast a dusky glow over the vanity table while the stars shone brightly through the window above the buzzing street below. I readjusted the gold headpiece over my curls and gave the emerald flapper dress- one of my favourites- a final glance before heading out onto the bright stage.

The jazz bar my band was performing in that night was the embodiment of the roaring twenties in New Orleans. The explosion of the jazz age was perfectly captured in the tiny joint; velvet red curtains draped the room and candles and lamps made the atmosphere warm and inviting. The place was already packed full, and I watched waiters pour drinks to men in sharp suits and women in gowns as they laughed and chatted.

A hush fell over the room as I took the mic and a shimmering spotlight hit the stage. The pianist started tinkering a lilting melody on the grand piano, building up gradually to a crescendo. At the high point, the rhythm section joined in, with the bass, guitar, and drums giving the tune a lovely twist. I snapped my fingers along to the music while the crowd swayed along, tapping their feet.

On the cue given by the guitarist I entered with the vocals, scatting to the beat, complimenting the tone of the two trumpets that joined in next. My husky vocals added another texture to the swing of the music and wafted out to the street through the open patio door on my left, through which the sweet night air drifted into the orange glow of the room.

I took a quick swing of water during the instrumental, when the saxophone made its grand entry and stole the show, improvising and steering it in a new direction. It played a poignant tune, although still upbeat, as it added a new layer to the story the music was telling. It was the embodiment of passion and balanced chaos as every instrument told its own story and then blended together to create a saga. For me it embodied the feeling of being alive itself. The song ended with a bang as the crowd got to its feet roared with applause. I smiled as the piano started again and I began humming a new story.

Swarnika Joshi, Grade XII ISC-C

A Letter to Mr. Tim Burton

Dear Mr. Burton,

I hope this letter finds you well. I am writing this letter as someone who has been captivated by your magical talents on stage for many years. Your work has inspired me so much that I decided to follow into your footsteps and become a stage magician. Your ability to bring forth magic into this world just through your creativity and precision are truly commendable.

While I have been practising the tricks that reacquire the sleight of hands, misdirection and have certainly mastered them through practice. I am still unable to engage the audience as thoroughly as you do. I wish to be able to enthrall and connect to the audience just as much as you do and to be able to give back the gift of magic like you had once upon a time given to me. I know that magic is not just about the tricks but instead about creating an experience for the audience and this is where I need most guidance.

I am reaching out in hopes that you would offer some guidance or advice on where to focus my effort. Additionally I wonder how much of your show should be a spectacle or an active participation. I would love to know your views on this topic since you seem to be able to integrate the two aspects seamlessly in your performances.

Thank you for taking the time to read my letter. I would be extremely grateful for any bits of advice and wisdom you can offer to me. Your work has always had a wonderful impact on my passion for the art of magic and inspired me to always be eager in learning it.

Sincerely,

Thea Gera

Thea Gera, Grade XII ISC-C

Film Review: The Greatest Showman

Michael Gracey's vibrant musical *The Greatest Showman* takes audiences on an enthralling trip through the life of P.T. Barnum, the visionary behind the circus phenomenon. The film highlights themes of creativity, inclusion, and the power of performance through a mix of music, emotion, and spectacle. With a cast featuring Zendaya, Michelle Williams, Rebecca Ferguson, and Zac Efron, it delivers a visually stunning and uplifting experience.



From "This Is Me," "Rewrite the Stars" to "The Greatest Show", the soundtracks serve as the films' primary strength and create a powerful impact on the audience. The combination of excellent performances, high energy choreography, colorful sets and emotional songs capture the overwhelming feeling and the sadness that fills the story.



The story is fueled by Jackman's compelling performance of Barnum, with Efron and Zendaya delivering excellent subplots of ambition and self-acceptance.

While *The Greatest Showman* brings the excitement of entertainment to life, it isn't entirely true to history. The movie paints Barnum in a more sanitised light, overlooking his scandals in favour of an uplifting message about valuing uniqueness. Though some emotional moments feel rushed, it still does a good job of showing the struggles of overlooked performers and their fight for acceptance.

The Greatest Showman is ultimately a feel-good movie that puts spectacle over realism but succeeds in telling a positive tale with contagious enthusiasm. With its stunning visuals, strong performances, and uplifting themes of unity and resilience, it's a film that will leave a lasting impression, especially on younger audiences.

Rayyan Mumtaz, Grade XII ISC-E

To My Muse

Hello Emile,

Last night, while watching you perform, I noticed a convergence with everything I know. From the manner in which you glided on the stage to your very step—each movement was precise yet expressive. It took me back to mycraft in the kitchen and reminded me of one specific element. I believed ballet and cooking were worlds distant from each other, but they truly share the same essence: discipline, care, and a sprinkle of creativity.

Your pirouettes are a beautiful thing. They remind me of the toss of the pan in my hands while I am cooking. Not to mention, the perfectly balanced one-footed spins. To me, the precision in your footwork is like my careful knife work as well. Both are extremely focused, require years of practice, and deep masked understanding of movement. As for your grand jetés, they are like the last flourish of the dish. Soaring with the word meager and bold right below it. All the beauty aside, we're both aware that not everything happens how people imagine it. Just like with cooking, a lot goes behind the scenes. The burns, sore muscles, and scratches resonate with an endless list of hours spent perfecting a dish. All of it serving you a simple question: What looks easy on the surface is truly achieved with non-stop effort.

There is rhythm in both our arts. The tempo of your steps follows the beat of music, just as my movements align with the sizzle of ingredients hitting the pan. The way you take a bow at the end of a performance is much like me stepping back to observe the final dish—a moment of quiet satisfaction before it is shared with others.

It's fascinating how different paths can lead to the same pursuit of perfection. Watching you reminded me that no matter the medium, craftsmanship demands the same devotion.

Mehr Kaur Aulakh, Grade XII IBDP-A

Is a stage saturated with silence comparable to one imbued with sounds or rather, do actions speak louder than words?

The performative art of miming, or pantomime, is a type of speechless art which finds itself competing in the entertainment space amongst verbal performers, time and again, raising the question – do actions speak louder than words?

Often while comparing verbal performances of drama and storytelling to those of mimes and their usual non-verbal depictions, they are considered to be leagues apart from each other as miming is a form of expression bereft of any audible appeal. However, it makes up for this dearth of voice in the fields of realistic act and emotion. By wearing monochromatic costumes, exaggerated makeup and honing their communication skills, mimes are able to direct attention to their eloquent yet most enigmatic expressions, which are the showstoppers of their performances. Furthermore, they are also able to involve new levels of interaction with the audience as each performance comes to be more like an extended game of charades!

This art presents the viewers with less convoluted plots, but even the most simplistic sketch leaves them enamored and with an impact commensurate to that, if not greater, of phonetic plays. Miming techniques are now seen employed in places like the moonwalk of Michael Jackson or the slapstick humor of Mr. Bean, providing further evidence to the fact that overall, pantomime is an artistic medium which has earned its place among the greats of performative arts and although it may seem antiquated, its inclusivity and unique emotive displays truly embody the fact that often, actions do speak louder than words.

Arshia Sharma, Grade XI IBDP-B

The Price of Immersion

“Always concerned with better representing, he demonstrates to what a degree appearing creates being. For that is his art—to simulate absolutely, to project himself as deeply as possible into lives that are not his own.”

– Albert Cemus, *The Myth of Sisyphus*.

Simply put, to be a method actor is to have genuine emotional reactions while playing a scene, provoked through immersing into a character. This idea of living the part was popularized in Hollywood with celebrated actor Robert DeNiro becoming an actual cab driver for months before acting in *Taxi Driver* or training intensely to be a boxer for his movie *Raging Bull*, which effectively enhanced the quality of his performance and established it as a part of theatre. We see the other side of the Method in actor Jared Leto, who famously played the Joker, sending his cast mates eerie presents as he took on the part of playing the crazy criminal.

Method acting is typically used to portray emotionally complex characters, resulting in the majority of method actors invoking the persona of antagonists, giving the Method a bad name in the industry. Others critique how women often lack this “luxury” to immerse into character due to their children or partners not being as understanding. Still, going



through stories of actors preparing for months before taking on a role, it's difficult to not commend those who followed strict diets to get into character or avoided social interaction with their fellow cast to maintain the characters' dynamics off-screen.

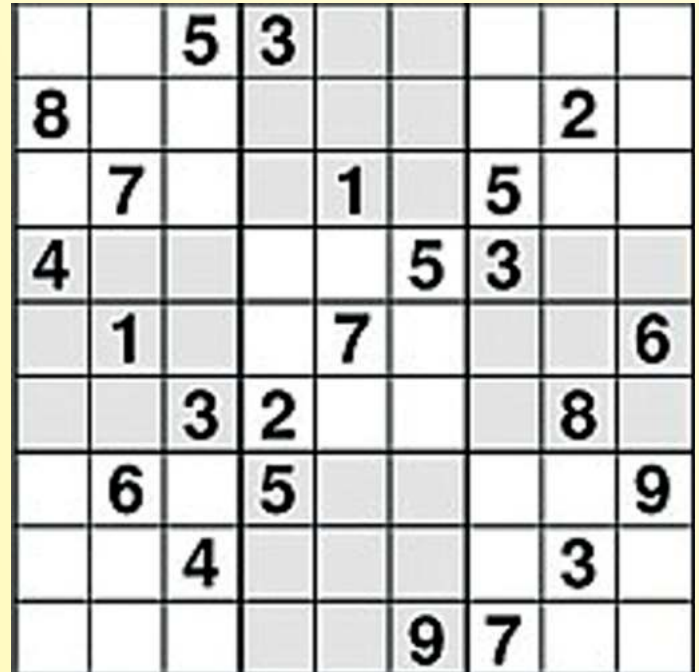
Saatvika Singh, Grade XII IBDP-B

Synergy

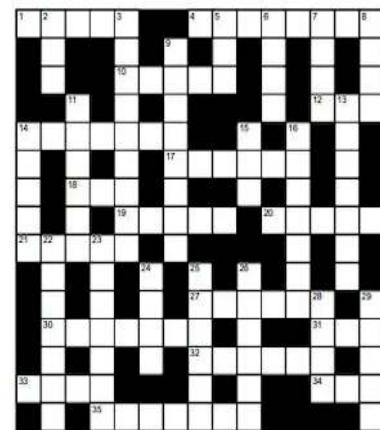


Snigdha Saxena, Grade XII IBDP-B

'Sudoku: Where numbers meet strategy'



'Crack the clues, complete the grid'



Across

- 1 Not so sickly (5)
- 4 City in Florida (8)
- 10 "Pinafore" salt (5)
- 12 Elec. bill raisers (3)
- 14 Used for star hotel room bookings (7)
- 17 Fountain favorite (6)
- 18 Twenty-third Hebrew letter (3)
- 19 At dawn, e.g. (5)
- 20 By the book (5)
- 21 Word for a statesman (5)
- 27 Arctic wear (6)
- 30 Pitching ace? (7)
- 31 Author of "The Prague Cemetery" (3)
- 32 Keep waiting (6)
- 33 Artist Chagall or N.B.A. player Gasol (4)
- 34 A musician might do one (3)
- 35 Wipe the floor with (7)

Down

- 2 Tiny colonists (3)
- 3 Goes back to zero, say (9)
- 5 Mission conclusion? (3)
- 6 Plane geometry calculation (4)
- 7 Weight of Brazil (4)
- 8 Bristles of beard in barley, wheat, etc. (4)
- 9 Spy on a mission, e.g. (6)
- 11 Super-talented (6)
- 13 Waterfall (7)
- 14 Character voiced by Justin Timberlake in "Shrek the Third" (5)
- 15 They're driven on (3)
- 16 Big pistol maker (7)
- 22 Shooter's protection (7)
- 23 No longer active (7)
- 24 Strike, to an editor (4)
- 25 "Excuse me!" (6)
- 26 Dig, pig-style (6)
- 28 Fathoms (4)
- 29 ___ adagio (very slowly) (5)



Clan News

ANDERSON

Session 2024-25 has been a testament to the power of hard work, perseverance and an unwavering commitment to excellence. From the very beginning, Andersonites embraced challenges with enthusiasm and worked diligently, not only to excel academically but also to contribute meaningfully to their clan. Their determination to bring their clan to the top, has been truly commendable. The spirit of teamwork, resilience, and sportsmanship that they have displayed is what makes them all winners in the truest sense.

Students have achieved remarkable success in

various competitions this month. Daiwik Abrol and Pehel Nagpal, both from Grade VII, secured the first position in the Interclan Hindi Monologue Competition. Yug Sachdeva of Grade VI bagged first position in the Interclan Hindi Poem Recitation Competition, while Rudra Bhatt of Grade VIII earned the second position in the Interclan Solo Singing Competition. Additionally, in the Annual Athletic Meet, our gold medal achievers played a significant role in making the clan a strong competitor against others. Congratulations to all the winners for their outstanding performances!

Regardless of the final standings, our journey of growth and learning is what truly matters.

The values Andersonites have demonstrated—discipline, collaboration, and a drive to push beyond limits—are qualities that will serve well in all walks of life. Success is not just about trophies or rankings; it is about the dedication and heart one puts into every endeavour. Keep believing in yourselves, keep striving for excellence, and most importantly, keep supporting one another. Efforts do not go unnoticed, and I am confident we will continue to achieve great heights in the years ahead.

Ms. Ruma Jain, Clan Elder - Anderson

BOYD

"Champions keep playing until they get it right." — Billie Jean King

As the current academic session draws to a close, I am filled with pride and optimism for the upcoming session. It has been a year of immense growth, and we have witnessed incredible achievements in various competitions. I would like to take this opportunity to congratulate all the students who participated and, more importantly, those who emerged victorious, bringing pride to their clans.

A special mention goes to Saud Nazki (VII E) and Arunima (VII B), who secured the First Position in the Inter Clan Science Quiz. Their hard work, dedication, and team spirit have truly paid off, setting an inspiring example for all. Saud Nazki

(VII E), once again, showcased his brilliance in the Inter Clan Hindi Monologue Competition, securing the Second Position and making a significant contribution to the performance of his clan. Sanvi Sengupta (VIII D) mesmerized the audience with her melodious rhythm and secured First Position in the Inter Clan Solo Singing Competition. Let's all join in congratulating these talented individuals and their remarkable achievements.

But let's not stop here. I urge each one of you to participate more actively in the upcoming competitions. Whether it is in academics, sports, or cultural events, every opportunity to compete and collaborate with others is an opportunity to grow. These competitions foster teamwork, critical thinking, and self-confidence – all essential qualities that will benefit you throughout your life. The more you engage, the more you learn and develop essential skills, which will help you in all

future endeavours.

As we approach the final examinations also, I want to remind all students to focus and prepare diligently. The results of your hard work will soon be seen in your exams, so make every effort count. Stay disciplined in your studies, balance your time wisely, and never lose sight of your goals.

To all students, I encourage you to step out of your comfort zones and embrace the challenges ahead. The coming session offers countless opportunities to grow, and I am confident that you will rise to the occasion. Keep up the good work and continue to strive for excellence.

Let's make the upcoming session our best yet!

Ms. Akanksha Yadav, Clan Elder - Boyd

LAMONT

"A gentleman is not defined by the content of his wallet or the cut of his suit. He is defined by his manners and the content of his character."

Human is the most intelligent creation of God on the earth as he lives in society. Also, he has the capacity to think, talk and act accordingly. So, he must know how to behave well and perform good manners. Good manners are very essential in life as they help us to grow well in society. Manners are the keys which help us to win the life and one can create a personality that is adorable and loved.

A person with good manners shows respects towards feelings and sentiments of others living in the surroundings. They never differentiate people

according to their appearance and wealth. Modesty and humbleness are the essential traits of a well-behaving person. Practicing good manners and following them all through the day will definitely bring sunshine and add qualities to life. Some of good habits students should practice in daily life to attain good manners. They must learn the habit of sharing things to others. Always be helpful, polite and humble to others in every possible way. All must respect the other's property and always take permission before using. They should not use any offensive or abusive language to others at home or any other place. It helps them to be positive throughout the day. Therefore, we teachers and parents must help their kids to inculcate all possible good manners in their habit.

Good manners are vital to each and everyone in the society and are like a tonic to the people living in

society.

This month we had Inter Clan Science Quiz for Grade VII in which Advit Moitra and Ayaansh Shah showcased best team work and their knowledge by securing first position. Shreya Aggarwal from Grade VIII also made the clan proud by winning Inter Clan English Debate Competition. Competitions for the session comes to its end and every end is a new beginning. You are never too old to set another goal or to dream a new dream. Congratulations to all the winners and participants to work so hard throughout the year and who pushed their abilities to make all victories happen.

Keep working towards excellence and all the best for final examinations.

Ms. Kiran Cacoria, Clan Elder - Lamont

MACARTHUR

"Competition is not about tearing others down, but about building yourself up."

— Jennifer Lynn Barnes

Every winner begins as a participant. Participation is where we learn to win, but it's also where we discover that there's more to life than just winning. We learn that being "better" is not the same as being "better than" others.

Winning is important, but what truly matters is the journey, not the destination. What's most important is how much you enjoyed the process, your level of involvement and participation, how well you applied what you previously learned, and what new things you learned along the way. All failures are

stepping stones to success, and no effort is ever wasted. Life is about embracing whatever comes your way and being sincere with your intentions. Nurture your intentions with care and dedication. For it's the persistence and passion that ultimately lead to success. And when victory comes, it's the icing on the cake – a sweet reward for your hard work and perseverance.

I am delighted to share the outstanding achievements of our students in recent competitions! Anaya Banger (6CSA) secured First Position, while Shadab Singh (6B) earned Second Position in the Inter Clan Hindi Poem Recitation. Amairah Kaur (7A) showcased her talent, securing First Position in the Hindi Monologue. In the Inter Clan English Debate, Naaomi Mudgal (8E) captivated the audience with her eloquence and earned Second Position, while Pearl Dewan (8E)

delivered an outstanding performance and secured Third Position.

As the final examinations approach, I am confident that each of you will put forth your best efforts to achieve outstanding results. Your dedication and perseverance will not only lead to personal success but also bring honour and pride to our clan. Keep striving for excellence!

Ms. Pooja Sethi, Clan Elder - Macarthur

Beat the pollution with Dyson air purifiers

Air quality matters, particularly if you suffer from allergies or a respiratory condition.

The Dyson air purifier is scientifically tested to capture 99.95% of pollutants as small as 0.1 microns, including bacteria and viruses¹.

dyson pure



Call 1800 258 6688 to book a free video demo or visit Dyson.in

¹Tested for filtration efficiency (EN1822) at 0.1 microns. Virus testing conducted on H1N1

Golf

ANITYA'S TIP OF THE MONTH

Top of Back Swing Position - Across the Line

This month, let's have a look at the top of the back swing position which is across the line or pointing right of target

In the picture, I have depicted the top of the back swing position where the club is pointing right of my target and the right elbow is 'flying' or not pointing to the ground, as it should. This is usually the case when a junior golfer starts the backswing by taking the club head too far inside and thereafter has to lift the hands and the club to reach the top of their back swing. This lifting causes the player to have his left arm and the right elbow too high at the top and the club shaft is across the line pointing to the right.



This back swing also causes a junior to swing the club too much from in to out as they go through the ball. The key to improve this would be for the player to start the backswing with their club in front of their body at the 9 O Clock position and there after turn their torso to reach the top of the backswing rather than have a very lively motion with the hands and the arms

**Compiled by:-
Ms. Ankita Jain, Golf Coordinator**



The Scottish High International School

(An ISO 21001:2018 Certification, a standard for Learning Services Management)
(Promoted by Rupteck Educational India Ltd.)
Block- G, Sushant Lok - II, Sector 57, Gurugram 122011 (Haryana)
Phone: +91 124 4112781 to 90 Fax: +91 124 2573590
Email: info@scottishhigh.com, Website: www.scottishhigh.com

Editor : Ms. Kanchan Khanna
Editorial Team : Ms. Virender Bhullar, Ms. Shivani Johri, Ms. Anshu Bhatnagar, Ms. Bhawna Rajput, Mr. Sumit Gupta, Mr. Ashok Mahakur, Ms. Poornima Thakur, Ms. Lakshmi Pavade
Student Editorial Team : Ojas Lath, Rida Iqbal, Ujjeshia Srivastava, Vaishnavi Vinod, Ravin Rao, Pari Yadav, Agastya Sumeer Kaul, Aanya Nigam, Ajooni Kaur, Anisa Vohra, Anya Arora, Arshia Sharma, Avyukt Mahajan, Danicca Bajaj, Janvi Aggarwal, Kyra Khar, Mehr Kaur Aulakh, Navya Chaudhry, Nimesha Sharma, Prisha Abrol, Rayyan Mumtaz, Saatvika Singh, Samaira Shergill, Sia Aggarwal, Snigdha Saxena, Swarnika Josh, Thea Gera, Vamika Banisal