



From the Principal's Desk

JANUARY: THE MONTH OF SERVICE

January means beginning of New Year, new aspirations, new hopes, new resolutions and new commitments. This month reminds about the people who genuinely contributed for the mankind and all the festivals falling this month are meant for everyone's prosperity. It was the commitment of Louis Braille who was born on January 4th and invented the Braille script for blinds. Thus this day is marked as World Braille Day. To raise the awareness of the value of birds in our ecosystem January 5th is celebrated as National Bird Day. Tenth Guru of Sikhs Guru Gobind Singh ji was born in 1666. This year his birth anniversary was celebrated on January 6th. Hindi is the third widely spoken language in the world. World Hindi Day is celebrated on 10th January as on this day in 1949, Hindi was first spoken at the United Nation General Assembly. A great inspiration to the world, Swami Vivekananda was born on 12th January 1863 and we celebrate his birth anniversary as National Youth Day.

Lohri is the festival which marks the beginning of the harvest season. We can witness the enthusiasm of this festival especially

in North India on 13th January. Also known as Uttarayan, Makar Sankranti is celebrated on January 14th and marks the ending of the winter season and beginning of a new harvest season. This festival is significant for all Indians and celebrated with different names and traditions all over India.

With the motto of “सेवा परमो धर्मः” Indian Army observes Indian Army Day on January 15th, as on this day in 1949, Field Marshal Kodandera Madappa Cariappa took over as first Indian Commander in Chief of Indian Army. On January 21st, 1972, under the North Eastern Region Act, Tripura, Manipur & Meghalaya became the full-fledged states and people of these states celebrate this day as the Foundation day.

One of the most prominent freedom fighter Netaji Subhash Chandra Bose was born on 23rd January, 1897 in Cuttack. He was the founder of the Indian National Army. We celebrate his anniversary on this day and recall his slogan 'Jai Hind'. Along with him we also recall the contribution of Punjab Kesari, Lala Lajpat Rai who was born on January 28th, 1865 in Punjab. Moreover, Indian Constitution came into effect on January 26, 1950 and India became a democratic republic. Thus, we celebrate this day as a National Festival, 'Republic day' with a massive parade in New Delhi every year.

In a nutshell, the month of January reminds us of the spirit of "service before self," a core aspect of Indian culture and tradition that holds even greater significance in today's global context. With this reference, Swami Vivekananda rightly quoted this Sanskrit phrase in one of his speeches: “सन्निमित्ते वरं त्यागो विनाशे नियते सति।” “When death is certain, it is best to dedicate oneself for a good cause.”

Dr. Sanjay Sachdeva (School Principal)

Developing Higher Order Thinking

“Education is not the learning of facts, but training of the mind to think.” - Albert Einstein

One of the core goals of the IB is to foster deep understanding and critical thinking among students. Bloom's Taxonomy directly supports this goal by providing a clear pathway from simple recall of information (Remember) to complex tasks such as creating new ideas (Create). At the beginning of the learning process, students are asked to recall factual information or explain concepts (Remember and Understand), which forms the foundation for deeper cognitive engagement. As students' progress through the levels, they are encouraged to apply their knowledge in various contexts (Apply), analyze relationships between concepts (Analyze), evaluate different perspectives (Evaluate), and ultimately synthesize new ideas (Create). This hierarchy mirrors the IB's focus on building intellectual independence and preparing students for real-world problem-solving.

At Scottish High we encourage inquiry-based learning, where students actively engage with content, ask questions, and seek to make connections across disciplines. Bloom's Taxonomy supports this approach by providing a framework for structuring

questions and tasks that challenge students to move beyond rote memorization. For example, in the – Analyze phase, students are tasked with comparing and contrasting different ideas or theories, promoting an active inquiry into how knowledge is interconnected. Similarly, at the – Evaluate and Create levels, students are encouraged to critique theories or produce original works that demonstrate their understanding and ability to innovate. These higher-order thinking skills align with the IB's emphasis on student-driven learning, fostering a deeper engagement with the material. Bloom's Taxonomy aids in the development of well-rounded, intellectually curious students, qualities that are central to the IB Learner Profile. Through tasks that require higher-order thinking, students are encouraged to think critically, reflectively, and creatively. These cognitive skills extend beyond the classroom, helping students become active global citizens, capable of engaging with complex issues and contributing meaningfully to society. As students' progress through the levels of Bloom's Taxonomy, they are equipped not only with academic knowledge but with the cognitive and intellectual tools necessary to think independently and solve problems in innovative ways.

Ms. Seema Bhati (Primary School Director)



PYP

"Learning is not attained by chance; it must be sought for with ardor and attended to with diligence."

- Abigail Adams

Curious Minds Dive into Clothing Choices!

The Nursery students have embarked on an exciting exploration of clothing under the Transdisciplinary Theme- Where we are in place and time wherein they will be learning about how clothes vary based on seasons and different professions. A thoughtfully designed simulation featuring a variety of seasonal outfits and traditional clothing from the past captivated the young student's imagination. This dynamic and symbolic exploration ignited their curiosity as they eagerly observed, touched, and explored the textures and designs of the garments. This hands-on experience also sparked lively discussions, with many excitedly sharing their thoughts about their favourite attire. To deepen their understanding, visual routines such as interactive PPT presentations, engaging video links, and flashcards were used. These resources helped students grasp how technological advancements have influenced clothing styles, fostering thoughtful comparisons between modern and traditional attire.



Unlocking the Power of Images!

Lower Kindergarten students are enthusiastically exploring the power of images as a medium for expressing ideas and thoughts under the Transdisciplinary Theme - How we express ourselves. Engaging with their environment, they ventured beyond the classroom into extended learning spaces, including a nature walk and various areas of the school community, observing and interpreting images around them with curiosity and wonder. Through interactive experiences such as exploring images on different product packages and watching image-based video content, the young Highlanders demonstrated critical thinking as they analyzed and compared visual representations, discovering meaningful connections. This inquiry is fostering essential thinking skills and deepening their understanding of visual communication. In the coming weeks, the learners will further embody the attributes of risk-takers and communicators by designing and creating personalized images for their classroom and school bags. This creative process will empower them to express themselves confidently while contributing meaningfully to their learning community.





Exploring Real World Connections!

Meanwhile, The students of Upper Kindergarten in their current unit of inquiry under the Transdisciplinary Theme- How we organize ourselves, are exploring the significance of numbers in daily life. Through hands-on and playful learning experiences like playing the scavenger hunt and hot scotch game and going around the school premises to search for numbers and learning to represent numbers creatively, the young learners are developing essential numeracy skills. A variety of other engaging activities has fuelled their curiosity and joy in learning. While playing quantification games sharpened their number sense and problem-solving abilities, singing lively number rhymes not only reinforced counting but also brought rhythm and fun to their learning. Additionally, weaving imaginative stories and listening to stories around numbers is encouraging the students to connect mathematical concepts with creative thinking, strengthening both their literacy and numerical understanding.





Young Inquirers - Exploring the Wonders of Air

The agentic learners of Grade I enhanced and gained knowledge on the different properties and application of air under the Transdisciplinary Theme - How the world works. The budding scientists were brimming with confidence as they conducted different experiments to display their understanding exhibiting good self-management and research skills. The young inquirers further developed their knowledge for the evidence of air through a kite flying session conducted in the school premises by the PE instructors.



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“Energy never disappears from the universe” – Albert Einstein

The young students of Grade II delved into the world of science based on the Transdisciplinary Theme - How the world works. They enhanced their knowledge about different forms of energy and their uses in our immediate environment. Displaying good research skills, they became risk-takers and



exercised student agency to display their understanding on various types of energy using multiple intelligence. Children were able to think critically and share their perspective on the topic 'Life without electricity' and recognized the need to conserve energy. Taking action through participation, advocacy and an awareness rally helped bring home the need to use sustainable sources of energy for a greener future.



"The expression of art, is the celebration of life"

The ongoing unit - How We Express Ourselves, in Grade III kept the corridors buzzing with activity. During ongoing assessment task, our Highlanders brought an artefact belonging to an Indian state of their choice mirroring the culture and tradition of the chosen place. They also came wonderfully dressed up in traditional attire of the chosen state and presented a folk song or folk dance about the same.

In another interesting engagement, students made creative masks on emoji's depicting a sea of emotions while their peers guessed the expression or emotion creating a vibrant atmosphere.



"Wellness is not a trend, it's a way of life."

As part of the ongoing unit -Who We Are Grade IV Highlanders ventured into the practical world of factual science with much excitement and interest. Students weighed and took note of their height and weight. They then calculated their Body Mass Index (BMI) a measure of body weight relative to height by applying the formulae. They reflected upon their respective BMIs after screening (whether underweight, overweight and obese) with reference to healthy lifestyle

choices one makes. They also reflected upon how one can maintain a standard BMI to lead a happy and healthy life. This learning engagement aligned well with the third line of inquiry, which is impact of healthy lifestyle choices.



Faith in our words, pride in our souls, and memories in our hearts - Let's salute the nation on Republic day!

The Republic Day celebration at school was filled with joy and enthusiasm, especially among the little ones in Early and the Primary years. Their young hearts brimmed with patriotism as they participated in a variety of engaging experiences. The classrooms buzzed with creativity as students decorated the national flag with vibrant craft materials. Music and movement added to the festive atmosphere as they sang and danced to popular patriotic songs, their cheerful voices echoing pride for the nation. One of the most exciting moments was when the eager students of Lower and Upper Kindergarten donned their

aprons to prepare colourful 'tiranga' sandwiches. It was heart-warming to see their tiny hands confidently spreading ingredients and carefully assembling the sandwiches in the colours of the national flag. The activity not only celebrated the spirit of the day but also showcased their growing self-management skills and budding sense of independence. The smiles on their faces were a testament to the pride they felt in contributing to the celebration in their own



special way. The primary children witnessed a special assembly to commemorate this significant day. Patriotic songs and dances showcasing India's rich cultural heritage. Students enthusiastically participated in a quiz on Republic Day- related topics.





PYP EXHIBITION IN PROCESS

"Prepare the child for the path not the path for the child."



Medley of Activities



In the month of January, Grade I and V students embarked on a journey of reflection, creativity, and artistic exploration.

In Grade I, the students returned from their winter break brimming with tales of snowy adventures and heartwarming family moments. Through reflective discussions, they shared their experiences, creating a vibrant tapestry of winter memories. Fueled by their imaginations, each artwork became a unique expression of their winter reveries. The young artists also ventured into the realm of blow painting with bated breath and steady blows, crafting mesmerizing abstract bookmarks for their FDPs. Similarly, in Grade II, winter vacation reflections formed the cornerstone of their artistic journey. Drawing inspiration from the landscape, students dabbled in the technique of pointillism. Armed with tiny dots, they meticulously adorned their artwork, creating scenes that sparkled with the magic of the season. Through this methodical process, they discovered the power of patience and precision in art. Grade III students delved into the rich tapestry of Indian folk arts as part of their unit on "How We Express Ourselves." Immersed in the vibrant hues and intricate patterns of Warli and Madhubani art, they channeled their creativity to craft their own masterpieces, paying homage to the cultural heritage of India. Meanwhile, Grade IV students embraced the whimsical world of comic strips to reflect on their winter escapades. With a dash of humor and a sprinkle of creativity, they transformed their adventures into colorful vignettes, complete with speech bubbles and exaggerated expressions. Lastly, in Grade V, students embarked on a voyage of design thinking as they reflected on their winter travels. Drawing upon their experiences, they crafted captivating travel brochures, enticing readers with vivid descriptions and captivating imagery. Through this project, students honed their communication skills while gaining a deeper appreciation for the art of persuasion and visual storytelling. On the other hand, middle school students are working on their art and craft projects to be displayed in the exhibition.

As the winter months gradually give way to the promise of spring, the students' artistic odyssey continues to unfold. From reflective musings to hands-on exploration, their journey exemplifies the transformative power of art in shaping young minds and fostering a lifelong love for learning.

Ms. Amitta Gahallot,
HoD Visual and Performing Arts



Celebrating the Spirit of the 76th Republic Day with Dance

The month of January witnessed an inspiring celebration of the 76th Republic Day, where our students showcased their patriotism and creativity through the art of dance. The journey began with weeks of dedicated practice, where every step and

Ms. Shivani Johri (Initial School Head), (Deputy PYP Coordinator)
Ms. Virender Bhullar (Primary School Coordinator),
(Deputy PYP Coordinator)



movement was a testament to their enthusiasm and hard work. Grade II students took center stage during the FDP (Front Desk Program), mesmerizing parents, teachers, and peers with their spectacular performance. Their graceful expressions, synchronized movements, and vibrant energy truly captured the essence of India's unity in diversity. The audience was left in awe, with proud parents applauding their children's remarkable effort and confidence.

Grades II and III further embraced the integration of dance into education, connecting their performances with themes of history, culture, and the spirit of freedom. By intertwining storytelling and movement, the students deepened their understanding of India's rich heritage, making their learning experience both meaningful and memorable.

The performances were a perfect blend of creativity and national pride, reflecting the students' dedication and the guidance of their teachers. The event ended with an overwhelming sense of joy and pride, leaving everyone inspired to cherish and uphold the values of our Republic.

Ms. Himani Yadav
Dance - Instructor



In the month of January 2025, students of Grades VI and VIII, rehearsed for their upcoming indoor presentations. Each class had to put up a show where they would be showcasing their learning in drama in front of an audience. Students gave in their best efforts and were very excited to be on the stage. These performances included- social messages, entertainment, and lots of learning. During the rehearsals they learnt acting, teamwork, coordination, communication skills and problem solving. Above all creativity and innovation always kept the students engaged and motivated.

Mr Vikas Sharma
Theatre Arts - Instructor



January at Scottish High marked the start of a fresh and exciting year, filled with vibrant musical explorations and preparations. Students in Grade II delved into their TD theme, "How the World Works," where they explored the concept of energy in music. Through rising and falling volume and tempo, they discovered how musical energy influences emotions and dynamics, bringing their lessons to life in a fun and creative way. Meanwhile, Grade III students connected their TD theme, "How We Express Ourselves," with the rich traditions of folk music. By exploring regional folk styles, they gained an appreciation for diverse cultural expressions through music. In the primary section, students embraced new songs like Have You Ever Seen the Rain by CCR and Viva La Vida by Coldplay. Their excitement and enthusiasm filled classrooms with lively melodies and cheerful voices.

For our middle school students in Grades VI and VIII, January was all about refining their musical skills in individual and group capacity. They worked hard to polish their instrumental and vocal performances in preparation for the much-awaited Indoor Recital event happening in February to showcase the skills they've developed throughout the year.

Mr Shivam Srivastava
Western Music - Instructor

From The Sports Field



The month of January started with the preparations of Republic Day celebrations. School Principal Dr. Sanjay Sachdeva hoisted the National Flag. Pilots Kaira Kapoor and Anamya Kaur received the School Principal on the stage. Parade commander Medhansh Vashisth commanded the NCC Contingent. General Salute followed by Rashtriya Salute was performed. HODs and Coordinator also graced the celebrations.

Raisa Bhardwaj, Grade XI-IBDP made us proud by participating in the ISSO Asian Basketball Championship held at China.

Sports department is now busy in the selections and preparations for the upcoming Annual Athletic Meet for Grades VI and VIII. Highlanders will go through the selections of various track and field events like 100 meter, 200 meter relay, long jump discuss throw etc.

Physical evaluation test is also in progress for students of Grades VI and VIII

Mr Darshan Singh Gahallot,
HoD Sports

Senior School Head

The Last Lap: Navigating Final Exams with Confidence

As we approach the final examinations, we stand at the culmination of another enriching academic year. This period is not just a test of knowledge but a reflection of the dedication, perseverance, and growth that students have achieved throughout the year. It is the final challenge before stepping into the next phase of learning, an opportunity to consolidate concepts, refine skills, and showcase one's true potential.

Examinations, while often viewed as stressful, are also a testament to discipline and commitment. They instill a sense of responsibility, time management, and resilience—qualities that extend beyond the classroom into every aspect of life. As students prepare, they must remember that success is not defined by marks alone but by the effort put into understanding and applying knowledge.

To ensure effective preparation, a balanced approach is essential. A structured study plan, regular revision, and self-assessment can make a significant difference. Equally important is maintaining a healthy routine—adequate rest, proper nutrition, and periodic breaks to refresh the mind. Parents and teachers play a crucial role in offering support and encouragement, reminding students that examinations are just one step in their lifelong learning journey.



As you embark on this final leg of the academic session, approach it with confidence and a positive mindset. Believe in your abilities, trust your preparation, and give your best effort. No matter the outcome, remember that learning is a continuous process, and each challenge only makes you stronger.

Wishing all our students the very best for their final examinations. May your hard work bear fruit and your efforts lead you to success!

Ms. Isha Verma
Senior School Head,
HoD - Modern Foreign Languages

Modern Foreign Languages

Bridging Worlds: The Power of Language and Culture

Learning a foreign language goes beyond just mastering vocabulary and grammar—it opens doors to understanding and experiencing a new culture. Language and culture are deeply interconnected; by learning a language, one gains insights into the values, traditions, and way of life of the people who speak it.

How Learning a Language Helps in Understanding Culture:

Idioms & Expressions - Many phrases and idioms reflect cultural beliefs and historical contexts. For example, French expressions like "avoir le cafard" (to feel down) showcase unique perspectives.

Non-Verbal Communication - Gestures, tone, and body language vary across cultures. Learning a language helps avoid miscommunication and understand social etiquette better.

Cuisine & Traditions - Learning food-related vocabulary and customs (e.g., how French people enjoy long meals or how Japanese honor tea ceremonies) provides cultural immersion.

Literature & Art - Understanding books, films, and songs in their original language reveals cultural values, humor, and perspectives that may get lost in translation.

Social Norms & History - Language teaches respect for customs, such as formal vs. informal speech (e.g., tu vs. vous in French) and greetings in different cultures.

Implementation of Cultural Learning through Language:

Cultural Immersion: Engaging with native speakers, traveling, or participating in language exchange programs.

Authentic Materials: Watching movies, reading books, or listening to music in the target language.

Festivals & Celebrations: Experiencing cultural events helps understand traditions and their significance.

Role-playing & Discussions: Classroom activities that simulate real-life interactions in different cultural contexts. Learning a foreign language is more than just acquiring new words and grammar—it is a journey into the heart of a culture. Language serves as a bridge, connecting people

across borders, fostering empathy, and deepening our understanding of different traditions, beliefs, and ways of life. By immersing ourselves in a new language, we gain firsthand experience of cultural nuances, from expressions and customs to literature and history.

Ms. Isha Verma
Senior School Head,
HoD - Modern Foreign Languages

International French Teachers' Conference

The 4th International Conference of the Indian Association of Teachers of French (IATF) and 38th National Congress, was held at the University of Rajasthan, Jaipur, from November 18-20, 2024. Under the theme 'Tradition, Transition, Adaptation', the Congress became a dynamic hub for French Language Educators, fostering meaningful connections between India and Francophone nations.

More than 200 French Language Educators from all over India were selected to attend this glorious event. From our school, Ms. Rupali Arora, TGT French Language Facilitator, was selected to attend the same.



The Conference served as a platform for dialogue, learning, and collaboration by offering a variety of enriching sessions like the panel discussions and workshops addressing innovative teaching methodologies, the integration of AI in education, and thematic explorations of French literature, cinema, and gastronomy, opportunities to explore best practices and strategies for teaching French in a globalized context.



Teach French with TV5 Monde

The Institut Français/ French Embassy organised a training session for French Language Educators on November 30, 2024 at Alliance Française de Delhi. Around 10 French Teachers/ Professors all over India were selected by Institut Français to attend the session. From our school, Ms. Rupali Arora, TGT French Language Facilitator, was selected to attend the same.

The workshop leader Mr. Valentin Moisan, Certified TV5Monde Trainer, familiarised the teachers with the aims and objectives of the workshop. The two hour session included exploration of the website, its authentic videos and documents, and group discussions. The sessions were in French and provided teachers with new ideas, exercises and lesson plans to increase their learners' fluency and engagement of the Francophone culture through this interactive multimedia platform.



DELF Junior A1, A2, and B1 Examinations

The **DELF Junior (Diplôme d'Études en Langue Française) Certification**, awarded by the French Ministry of Education, is a recognized credential that certifies the French Language Proficiency of non-native speakers. The certificates, ranging from A1 to C2, are internationally acknowledged and often utilized by educational ministries, including India's Ministry of HRD, to evaluate linguistic competence in French. In line with this, the Institut Français and the French Embassy, in collaboration with Delhi Public School, Gurgaon, Sector- 45, conducted the DELF Junior Examination on December 2 and 9, 2024.



DELF Junior A1: Harsimar Singh (IX IG A), Aditya Daga (IX A)

DELF Junior A2: Emya Jain (IX IG B), Saatvika Singh (XI DP B)

DELF Junior B1: Nadish N. Bhardwaj (XI DP B)

The students were guided by Ms. Isha Verma (Senior School

Head and HoD- MFL), Ms. Nupur Verma, and Ms. Rupali Arora. Ms. Rupali Arora, an experienced DELF Junior accredited Examiner-Corrector, offered valuable insights to the students. The training sessions covered the evaluation criteria, the new examination format, and the expectations from candidates, culminating in a thorough evaluation process. Additionally, Ms. Rupali was invited for the correction of the DELF Junior A1 and A2 Exams at DPS Sector 45, Gurgaon.

Ms. Isha Verma
Senior School Head,
HoD - Modern Foreign Languages

IGCSE

CAMBRIDGE ORIENTATION

Scottish High International School hosted a Cambridge Lower Secondary Orientation on December 21, 2024, for Grade V parents. The session was initiated by Ms. Seema Bhati, the Primary School Director, who introduced the Cambridge program following the PYP curriculum. Mr. Pawan Mittal, Cambridge Curriculum Head, led the session to inform parents about the teaching methodologies, assessments, and benefits of the Cambridge program. The workshop was highly interactive, with parents engaging in extended discussions and raising queries with Dr. Rekha Srivastava and Mr. Mittal. The Cambridge Lower Secondary orientation successfully facilitated meaningful communication and a deeper understanding of the program.



Mr. Pawan Mittal
Cambridge Curriculum Head



Middle School (Grade VI to VIII)

"Success is not final, failure is not fatal: it is the courage to continue that counts."

- Winston Churchill

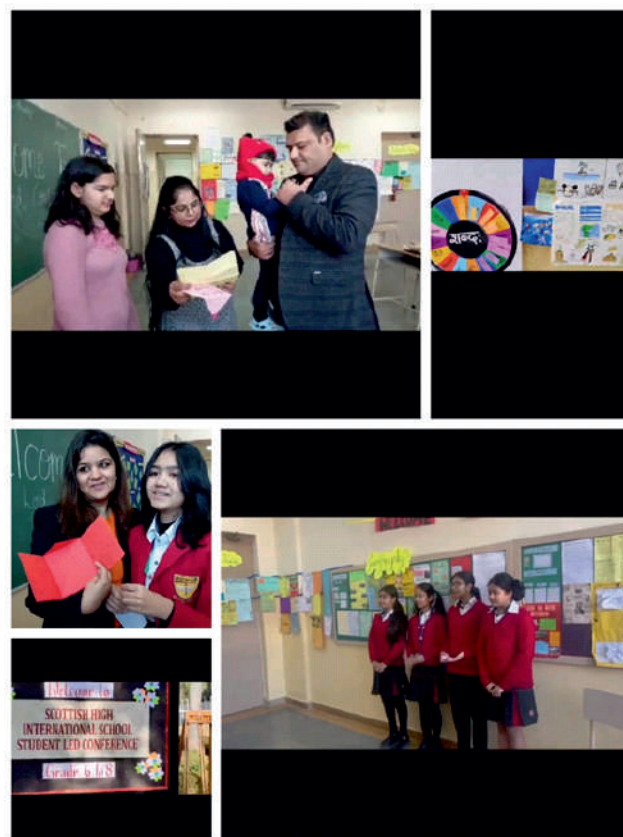
The Student Led Conference (SLC) for Grades VI and VIII was a great success. SLC is unique platform where students take charge of their learning journey by presenting their work and progress to their teachers and parents. By leading the conference, students take ownership of their academic growth and demonstrate their learning with confidence.

This session marked the beginning of a new approach to Student Led Conference, empowering students to showcase their learnings. As we continue with this approach students become more independent, confident speakers and lifelong learners. It was a remarkable opportunity for them to showcase their understanding, creativity across various subjects.

Middle School students displayed their learning in an impressive and thoughtful manner, highlighting different subject concepts through engaging presentations.

In Mathematics students demonstrated their understanding of subject through graphs and models effectively illustrating key mathematical concepts. A variety of models on vegetation were created reflecting students deep interest in the social science. SLC featured innovative science models, while students also recited dohaas in Hindi. A special highlight was the chanting of the Hanuman Chalisa, leaving parents truly mesmerized.

Each classroom featured a profile display corner, showcasing different learners profile as pathways to success. Students not only boost their confidence but also enhance their understanding of learning when they present it in different ways- whether through presentations, interactive games or creative models.



Ms. Geetanjali Ahuja
Middle School Coordinator



ICSE - ISC Bulletin

As the examination season is in full swing for Grades IX and XII, our Highlanders are working diligently to meet their academic goals. With Grade X and XII busy with their pre-board exams, it's the perfect time for students to refine their preparation strategy. One-on-one sessions with teachers have been underway, offering personalized guidance to students and last-minute tips to help them perform at their best. In addition, the distribution of admit cards for Grade X and XII students was marked with a formal tikka ceremony, symbolizing a special blessing from the Almighty for success in the exams.

Exams can be a daunting experience, but with the right mindset and preparation, you can achieve success. Here are some valuable exam tips to help you prepare and perform your best:

Pre-Exam Preparation

Develop a study schedule that covers all the material you need to review. Break down your study sessions into manageable chunks, and set realistic goals. Keep all your study materials, including notes and practice exams, organized and easily accessible. Don't hesitate to ask for help if you're struggling with a particular concept or subject. Regular review and practice help solidify information in your long-term memory. Use flashcards, practice quizzes, and past exams to reinforce your learning.

Exam Day Strategies

Plan to arrive at least 30 minutes before the exam. Bring all necessary materials, including your ID, calculator, and any other required items. Take deep breaths, and try to relax. Remember that it's normal to feel some level of anxiety. Focus on the present moment, and take the exam one question at a time. Make sure you understand the exam format, timing, and any specific instructions.

During the Exam

Allocate your time wisely, and make sure you leave enough time to answer all questions. Start with the questions you're most confident about, and then move on to the more challenging ones. If you're unsure of an answer, try to eliminate any obviously incorrect options.

After the Exam

Treat yourself to something nice, and take time to relax and recharge. Reflect on your exam experience, and identify areas for improvement. Regardless of the outcome, maintain a positive attitude, and focus on what you can learn from the experience.

Remember to stay focused, calm, and positive, and you'll be on your way to acing your exams!

ALL THE BEST!!

Ms. Barkha Anand
ICSE & ISC Curriculum Head

IBDP / IBCP

"Education is the most powerful weapon which one can use to change the world."

— Nelson Mandela

These words truly reflect the spirit of our Grade XI and XII IBDP students, whose dedication and enthusiasm for learning are paving the way for a brighter future. As 2024 came to an end and 2025 began, our school witnessed a series of memorable events that brought students and teachers together for reflection, celebration, and growth.



On 26th December, intellectual energy filled the campus during the TOK Exhibition, where Grade XI

IBDP students presented a diverse range of artifacts that encouraged critical thinking and deep discussions. These artifacts were carefully chosen to explore different ways of knowing and areas of knowledge, prompting thought-provoking conversations about how we construct meaning in the world around us. Meanwhile, the IBCP students engaged in dynamic and hands-on activities aligned with the themes of the PPS, demonstrating their understanding of professional and personal skills. The exhibition was an opportunity for students to express their perspectives, challenge existing beliefs, and refine their ability to communicate complex ideas effectively.

On 31st December, the New Year celebration brought a sense of unity and excitement as students and teachers gathered to welcome 2025 with joy and optimism. The celebration was a mix of fun-filled activities, music, and reflections on the past

year, creating a positive and inspiring atmosphere. It was a time for students to set new goals, embrace fresh opportunities, and look forward to the challenges that lay ahead in the coming months.

After a well-deserved winter break, students returned on 16th January with renewed energy and focus. Grade XII students are now deeply immersed in completing their Internal Assessments and Extended Essays, working closely with their teachers to refine their research, strengthen their arguments, and ensure their work meets the rigorous IB standards. With the Mock 2 examinations approaching, they are dedicating themselves to intensive revision, practicing past papers, and fine-tuning their understanding of key concepts. At the same time, Grade XI students are preparing for their Semester 2 exams with determination and hard work, balancing their studies while continuing to engage in their CAS commitments and subject explorations.

Each of these experiences reflects the vibrant life of our school and the true essence of an IBDP journey. From inquiry-driven exhibitions to celebratory moments and rigorous academic preparation, our students are continuously growing, evolving, and preparing to make a meaningful impact in the world.



Ms. Pooja Sharma,
Diploma Programme Coordinator
Ms. Smriti Dudeja,
Deputy Diploma Programme Coordinator

From The Counsellor's Desk

"Education is the key to unlocking the world and the gateway to freedom. It shapes not just the mind but the soul, fostering compassion, wisdom, and a deeper connection with others."

— Oprah Winfrey

At Scottish High International School, we focus on helping students grow in all areas of their lives. Our counseling department works to create a supportive environment that helps students do well in school, grow personally, and feel



emotionally strong. This month, we organized activities and events to help students learn, connect, and develop new skills. For Grade VII students, we planned sessions that were both educational and fun. One session, called “The Ultimate Fitness Faceoff: Physical Fitness and Health Awareness,” focused on the importance of staying active and working as a team. Students took part in activities like squat relays, jumping jacks, and other fitness challenges. These activities tested their physical fitness and taught them the value of persistence, teamwork, and determination. The session ended with a talk on inner strength and working together, leaving students feeling encouraged and motivated.

Another session, “Ayurveda Meets Modern Nutrition,” introduced students to the basics of Ayurveda and connected it with today's nutrition ideas. Students learned about the three doshas—Vata, Pitta, and Kapha—and how seasonal changes and body types can guide food choices. The session also covered the food pyramid and balanced diets, offering practical tips to combine Ayurvedic principles with daily eating habits. This session helped students see how traditional and modern practices can work together for better health.



The Alumni Meet 2024 was a special event that brought together former students for an evening of memories and fun. The event began with a welcome message and a video from the Chairman. Teachers performed a song, and current students put on a dance show, highlighting the vibrant culture of Scottish High. A registration desk was set up to welcome attendees, and the evening featured interactive games like Antakshari and quick challenges, which added excitement. There was a photo

booth with props where attendees could capture special moments. A feedback board allowed students to share their thoughts and experiences about the event. Gifts were distributed as tokens of appreciation. Our Highlanders shared stories about their experiences after school and how Scottish High influenced their journeys. The evening ended with a dinner where everyone had the chance to reconnect and share stories. The event reflected the strong bonds built at Scottish High.



As exams approach, we remind students to stay positive and manage their time well. Drink plenty of water, take breaks, and trust in your preparation. A calm mindset and good planning will help you do your best. Remember to reach out to teachers or counselors if you feel overwhelmed. Keep a balanced routine with proper sleep and some light physical activity to stay refreshed.

This month's activities and events show our commitment to supporting students and creating opportunities for growth and connection. These initiatives are a step towards fostering a nurturing environment where every student feels valued and inspired. We aim to continue building on this momentum, bringing engaging and impactful programs in the future. We look forward to more such initiatives in the coming months.



Dr. Neha Singh Maurya, HoD, Counseling
Ms. Priyamvada, School Counselor
Ms. Simonil Jassawala, School Counselor

Economic Implications of Mahakumbh Mela: A Global Event with Local Repercussions

Indeed, Mahakumbh Mela, a pilgrimage in the world of the largest such kind, shaded its light upon India after 144 years; no doubt, it appeared in a spiritual aura but while hidden behind; the economic consequences of the event are bigger.

The Mahakumbh Mela is an undeniably major tourism and hospitality event, creating massive demands for accommodations, food, transport, and entertainment, creating employment and generating income. It further promotes infrastructural development. Provisional installations for roads, toilet facilities, medic camps, and communication set-up are undertaken. There are street vendors and small entrepreneurs and artisans with a focus on Indian handicrafts, garments, and other religious products whose sales go up due to this big crowd.

It also stimulates the state and national economy as taxes are collected from the event that can be ploughed back to develop additional economic progress. By promoting local companies, tourism, and services, the Indian government and state authorities can invest in the development of sustainable growth in the area, which eventually benefits not just the immediate area but the entire economy. India's position as a major global player is enhanced by the Mahakumbh Mela, which attracts attention from all around the world. Foreign visitors also contribute to the growth of cultural interchange in India's historical and religious sites. Due to its widespread media coverage, the event draws international investments in the form of travel and business endeavours. The Mela may be seen by many businesses as an opportunity to enter India's expanding consumer markets and build their brands in a quickly emerging economy. But the Mahakumbh Mela's enormous scope also brings up significant sustainable development issues. Even though the event has great economic benefits, it is important to concentrate on reducing the environmental impact of such a big gathering through investments in eco-friendly transportation, waste management, and water conservation, which further requires collaboration between public institutions, businesses, and citizens to create a holistic model of development.

Ms. Neha Gupta
Economic Facilitator

The River

Rivers fed by glaciers or Earth Born
All live to an oath
To play their role in life's cycle
And be the direction to one's growth.
They Gave birth to History, Battles and Warriors -
Forgotten,
A lullaby to infants as a trophy to warriors
For each and every child is their very own.
Stories and tales unfold as you peer into,
Lost cities, treasury and artifacts
All that the world withdrew.
Fables of her tremors
When the world bequeathed
Their souls to tyrants and worldly evils,
Her blessings twisted into hate
Vows to be the end of blinded oppressors.
Yet,
Her banks now lay empty and ache,
Oh- the jewel of Salvation has rusted into nothing but
forlorn fate.

Siddheshwari Panckavktra, Grade IX-E



From Our Budding Writers

A Second Chance

Moon rays melt the dark
Blue hues and streaks of white
Dripped against the canvas of night
Of the town of Uncertainty,
Flames set themselves free
Like baubles tripping down night's tree,
Music notes of a forbidden melody
Echo within the town of Maybe,
Three seconds felt like eternity,
An heirloom to be passed down
And perhaps an opportunity
Of a second chance to believe
For the town of Possibilities.

Siddheshwari Panckavktra, Grade IX-E

Student's Artwork in the classes

Adhya, Grade II-E



**Siddheshwari
Panckavktra,
Grade IX-E**



Clan News

ANDERSON

As we wrap up this month's competitions, I want to take a moment to appreciate the dedication and effort each of my clan members has put in. Participating in all competitions with full zeal and giving a tough fight to other contestants is no small feat—it speaks volumes about our consistency, teamwork, and determination. While we may not have claimed the top spot this time, we have laid a strong foundation, and now is the perfect time to push forward with renewed energy.

Every challenge we faced was an opportunity to grow, and every competition was a chance to learn. We stood strong together, proving that

perseverance and hard work define us. However, as we move towards the new academic session, it's time to set our goals higher. Let's take this as motivation to strive harder, sharpen our skills, and aim for the top.

Success is not just about winning; it's about improving with every step. Let's Analyse where we can enhance our performance, refine our strategies, and come back stronger. Whether in academics, sports, or cultural events, let's approach each challenge with confidence and a winning mindset.

As we prepare for upcoming competitions, let's focus on teamwork, practice diligently, and uplift each other. Small improvements every day lead to great success. Let's cultivate discipline, determination, and resilience so that

we can face any challenge with unwavering confidence. Each of us has the potential to shine, and together, we can achieve remarkable feats. Let's remember that setbacks are stepping stones to success. What matters most is not where we stand today but how we push forward. Believe in yourself, believe in our clan, and let's move ahead with enthusiasm and a commitment to excellence. This is our fresh start—a chance to show that we are more than just competitors; we are champions in the making. Let's support and inspire one another, push past our limits, and give our best in every opportunity that comes our way.

Together, we will rise, and together, we will conquer.

Ms. Ruma Jain, Clan Elder - Anderson

BOYD

The most effective way to do it is, to do it.

— Amelia Earhart

As we approach the end of this academic session, it's time to reflect on the amazing achievements and growth we have witnessed in various Inter-Clan Competitions. These events not only bring out the best in us but also provide a platform to showcase our talents, skills, and creativity. With the next session just around the corner, it's the perfect time to gear up and perform our best in the upcoming examinations.

This month, we saw some outstanding performances. In the Inter-Clan Solo Singing Competition (Grade VII), a huge congratulations to Amiera Snehi (VII-A) for securing the First

position with her melodious voice. In the Inter-Clan Logo Designing Competition, Moksh Mohan Singh (VIII-B) stunned everyone with his creativity and took the First place. Our talented team of Viren Yadav (VI-C), Atharv Tiwari (VI-C), Prisha Dua (VI-E), and Jiana Saini (VI-E) brought glory to our clan by securing Second position in the Inter-Clan Hindi Vigyan Competition (Grade VI).

These successes highlight the incredible talent present in our school, but there's always room for more students to step forward. Whether it's singing, designing, debating, or any other creative outlet, these competitions offer a great chance to not only shine but also build confidence, learn teamwork, and develop important skills that will benefit you in the long run.

To all the students out there – get ready to participate in the next round of Inter-Clan

Competitions. The upcoming events in the next session are your opportunity to showcase your abilities, push your limits, and, of course, have fun. It's not just about winning, but about challenging yourself, learning from others, and growing together as a school.

As we look forward to the final examinations, let's remember that hard work and dedication in all our pursuits, whether in competitions or academics, move forward towards the way for success. So, let's continue to aim high and strive for excellence in every area of our school life.

Congratulations once again to all the winners! Let's make the next session even more successful!

Ms. Akanksha Yadav, Clan Elder - Boyd

LAMONT

"Someone's sitting in the shade today because someone planted a tree a long time ago."

— Warren Buffett

Achieving goals requires more than just determination and hard work. It demands a well thought out plan, carefully crafted to ensure success. Pre-planning is the key to turning your dreams into reality. Pre-planning clarifies objectives and helps you define your goals and identify what needs to be done to achieve them. A clear plan ensures you're focusing on the right tasks, minimizing waste and maximizing productivity which saves time and resources. Pre-planning helps you prioritize tasks, maintaining focus on what's truly important. Seeing your plan come together can be a powerful motivator

and boosts motivation.

To create an effective pre-plan, break down big goals into smaller, manageable tasks. Set realistic deadlines and milestones. Identify potential obstacles and develop contingency plans. Regularly review and adjust your plan as needed. By investing time in pre-planning, you'll be better equipped to overcome challenges and achieve your goals. So, plan your way to success in final exams today only.

With pre planning and all hard work our Highlanders brought laurels to the clan. In Inter-Clan Competitions, we had Inter-Clan GK Quiz Competition for Grade VI where Aiyana Chaudhari and Damandeep Kaur made our clan proud by winning second position. In Inter-Clan Solo Singing Competition Anusha Gupta and Devrachit Sachdeva from Grade VII showed their singing talents by winning second and third position respectively. From Grade VIII Lamont team comprised of Ananya Ajit Kumar, Mishka Talwar, Kishika Arora, Samaira

Guglani, Ruhika Sethi gave their best efforts and showed team work by securing second position in Inter-Clan Dance Competition.

Congratulations to all the winners. Keep going and surely with continuous motivation and practice you can excel in whatever you undertake.

Ms. Kiran Cacoria, Clan Elder - Lamont

MACARTHUR

"Perfection is not attainable, but if we chase perfection we can catch excellence."

— Vince Lombardi

As we approach the final stage of this year's competitions, it is a reminder to all of us that the pursuit of excellence must never stop. The future is uncertain, and we never know what lies ahead, but we must always strive to be our best.

This year has been a remarkable journey, and as we enter the final stretch, it's crucial for each one of us to recognize our strengths and step forward to contribute to the success of our clan. The end of any journey is the most pivotal moment, and it's in these final moments that our hard work will truly shine.

The unwavering dedication and commitment of our students shine through their participation and the remarkable achievements we've celebrated so far. Keep pushing forward, staying focused, and striving for even greater success.

After a fun-filled and rejuvenating winter break, students returned with renewed energy, clinching various positions in the inter-clan competitions.

In the General Knowledge Quiz, Puranjay Attri (VI CS B) and Rishaan Jain (VI-C) showcased their brilliance by securing the 1st position.

In the Logo Designing Competition, Annika Singhal (VIII-A) demonstrated exceptional creativity, clinching the 1st position, while Avi Kapoor (VIII-CS B) impressed everyone with innovative designs, earning the 2nd position.

The Dance Competition featured a captivating performance by Ahana Anand (VIII-C), Pearl

Dewan (VIII-E), Aaradhya Nigam (VIII-C), Mahie Chopra (VIII-C), Ashima Goel (VIII-E), and Annika Singhal (VIII-A), showcasing their remarkable talent and teamwork.

Keep up the good work, dear students! I am certain we will achieve greatness and make our mark in the most extraordinary ways. The future is ours to conquer!

Ms. Pooja Sethi, Clan Elder - Macarthur

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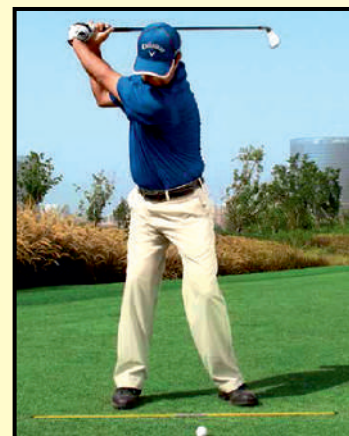
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Golf

ANITYA'S TIP OF THE MONTH

Junior golfers often swing the club too far with their club over swinging in the backswing. It is not unusual to see the hands of a junior golfer over the head or even past the head at the top of the backswing when viewing the swing on video. From such a long backswing, it becomes very difficult for them to recover the club and strike the ball efficiently.



We are looking for a tucked in, stable position of the right arm, which stays in front of the chest at the top of the backswing. This will enable a consistent and powerful strike to the golf ball with the player not having to let his upper body hang back to let his hands square the club face.

In the ideal top of the backswing position, we are looking for the following three things:

- The shoulders are turned fully and the chest is aiming away from the target
- The wrists are fully cocked and the hands are to the right side of the head (for a right handed golfer)
- The right elbow is in front of the chest and points away from the target rather than to a point behind your body

Getting the hands shorter and to the right side of the head helps you to get the club to the ball quicker in the downswing as the club and the arms stay in front of your body.

Work on getting your body and the club to the correct position at the top of the backswing and your swing consistency will surely improve.

**Compiled by:-
Ms. Ankita Jain, Golf Coordinator**



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