



# SCOTTISH HIGH<sup>TM</sup> INTERNATIONAL SCHOOL

## THE NORTH WIND

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### From the Principal's Desk

#### CURIOSITY

As quoted in Brihadaranyaka Upnishad: : 'असतो मा सद्गमय' 'तमसो मा ज्योतिर्गमय' 'मृत्योर्मा अमृतं गमय' *“from unreal to real, from darkness to light, from death to mortality.”*

The essence of these lines is that one should be curious to discover new light of knowledge. Without curiosity, a person is like a stone. But with curiosity, one can achieve wonders. Especially in student life, if a student is curious, he or she can enlighten the world with many avenues of knowledge. Curiosity is, therefore, the desire to know and learn more.

It was the curiosity of James Watt that led to the invention of the steam engine, and it was the curiosity of Newton that enabled us to understand the theory of gravity. It was the curiosity of Edison that led to the creation of the light bulb, and it was the curiosity of Einstein that gave us the Theory of Relativity. We can see countless examples around us that prove how this often underrated personality trait has transformed the world over the centuries. We can truly say that curiosity is the mother of all innovations and inventions. As human beings with thinking

brains, it is essential for all of us to be curious and use our intellect with a genuine purpose—one that distinguishes us from animals. Curiosity is the joy of learning, and if you enjoy the learning process, it motivates you to continue learning in the future. When we are curious, we handle tough situations more creatively. Many studies have proven that curiosity is truly beneficial for the mind, offering the advantages of acquiring new knowledge and helping individuals enjoy their work — and students, their academic life. It motivates students to think critically, explore more, seek answers, and make their learning journey more interesting and productive.

So, if we want to enjoy our learning, we need to be curious. Lastly, I would like to conclude my views with some famous quotes:

*“I have no special talent, I am only passionately curious”*

**- Albert Einstein**

*“I think, at a child's birth, if a mother could ask a fairy godmother to endow it with the most useful gift, that gift would be curiosity”*

**- Eleanor Roosevelt**

*“Curiosity is life. Assumption is death”*

**- Mark Parker**

*“Around here, however, we don't look backwards for very long. We keep moving forward, opening up new doors and doing new things, because we are curious and curiosity keeps leading us down new paths” - Walt Disney*

**Dr. Sanjay Sachdeva (School Principal)**

## Fostering Responsibility during Summer Break

The month of June is around the corner and summer vacation is a time when parents get to interact with their kids 24/7. This is the most valuable opportunity to instill a positive attitude and a sense of responsibility. The availability of time and space makes it convenient for parents to understand the ever-evolving personalities of their children as they grow from toddlers to independent, thoughtful young individuals. Fostering a sense of responsibility in children can begin as early as possible, because instilled values form habits. While children are not born with a sense of responsibility, they can learn it through daily routines, guidance, and consistent expectations. When taught with love and patience, responsibility helps children become more self-reliant, dependable, and capable individuals.

One of the most effective ways to teach responsibility is by assigning age-appropriate chores. Young children can be responsible for small tasks like putting away their toys, watering plants, feeding a pet, or helping to set the table. As they grow, their responsibilities can expand to include making their beds, doing laundry, or helping with non-fire cooking. These tasks not only build practical life skills but also reinforce the idea that every family member contributes to the household.

If we set specific tasks with clear deadlines it helps children to develop time management skills, understand the importance of accountability, and build a sense of achievement when they successfully complete their responsibilities. For example, if a child is responsible for cleaning up

their room every evening, gentle reminders at the beginning can help until the habit is formed. Over time, the goal is for the child to complete tasks without being prompted, which builds intrinsic motivation.

Leading by example is equally important. Children are observant and often mimic adult behaviour. When we adults demonstrate responsibility such as managing finances, fulfilling commitments, or apologizing when they make mistakes, they model what accountability looks like in real life. It helps children understand that responsibility applies to everyone, regardless of age. Involving children in decision-making, such as planning family activities or choosing meals, can enhance their sense of ownership and accountability. It teaches them that their choices have consequences and that they play a vital role in family life.

Last but not the least, developing a sense of responsibility is a gradual process. With patience, consistency, and positive reinforcement, we can raise children who understand the importance of being reliable and accountable, not just at home, but in all areas of life.

At SHIS we strive to make true every word of what Marie Curie said long ago, “You cannot hope to build a better world without improving the individuals. To that end, each of us must work for his own improvement and, at the same time, share a general responsibility for all humanity, our particular duty being to aid those to whom we think we can be most useful.”

**Ms. Seema Bhati (Primary School Director)**





# PYP

## Labour Day Celebration – Honouring Everyday Heroes

This Labour Day, our school came together to give tribute to the people who make a difference everyday-our support staff, housekeeping team, security personnel and gardeners. As a heartfelt gesture, the students of Initials and Primary made beautiful handmade cards filled with messages of gratitude and warmth. These colourful creations were presented to our everyday heroes filling their hearts with smiles and love. Our students learned the value of respect, kindness, and the importance of recognizing the efforts of those who often work behind the scenes. It was a day full of joy, learning, and gratitude.

***“No work is insignificant. All labour that uplifts humanity has dignity.” – Martin Luther King Jr***







## Celebrating Mother's Day with Love and Creativity!

Mother's Day was celebrated with immense love and joy in the Initial and Primary classes at Scottish High. The young Highlanders poured their hearts into creating beautiful, handcrafted cards, each one thoughtfully decorated and coloured with care. These tokens of love were their special way of saying 'thank you' to the real-life superheroes in their lives. Adding to the warmth of the occasion, the students expressed their love through melodious songs that echoed their admiration and affection. Through this touching blend of creativity and expression, they not

only brought smiles to their mothers' faces but also conveyed just how deeply mothers are loved and appreciated. It was a celebration of gratitude, joy, and the unbreakable bond between a mother and child.







### Monkey Business 2025: A Dazzling Celebration of Change, Courage, and Camaraderie!

Monkey Business, the much-awaited annual musical extravaganza at Scottish High International School, once again lived up to its legacy of fostering camaraderie among new and existing Highlanders. This year's theme, 'The Panorama of Change', beautifully captured the transformative journey of a young boy learning to embrace change and navigate the ever-evolving tapestry of life. Blending elements of dance and drama seamlessly, the event brought together students from the Initials, Primary, and Senior wings, who graced the stage exhibiting remarkable confidence and flair. Their synchronized movements, set to vibrant musical rhythms, radiated energy and enthusiasm, left the audience captivated. Enthralled parents appreciated each performance with resounding cheers and applause, their pride was evident as they watched their children shine under the spotlight. The vibrant costumes, meticulous makeup and glittering accessories further added to the visual spectacle, enhancing the charm of each performance. Heart-warming moments unfolded as students, beaming with joy, spotted their families in the crowd, drawing strength from their encouraging smiles and cheers. More than just a performance, Monkey Business served its deeper purpose as a welcoming platform for new students. It allowed them to step out of their comfort zones, showcase their talents, and build meaningful connections. Through this shared experience, they begin developing essential social and self-management skills, embracing risk-taking attribute with confidence, thereby laying a strong foundation for the journey ahead as proud Highlanders.







## Self-Awareness Session for Grade IV and V

Counsellors Ms. Srishti Mittal and Ms. Neha Maurya conducted an engaging session on self-awareness for Grade IV and V students. The session concluded by encouraging students to appreciate the positive aspects of growing up. They were reminded to stay present, welcome change with a smile, and move forward with confidence, knowing they have the support of their family, friends, and school community.



## Our Proud Achievers

We are thrilled to announce the outstanding achievements of our young Highlanders in recent Taekwondo championships, where they showcased exceptional talent and determination.

### Inter-School Taekwondo Championship – Pathways Baliyawas

A team of nine students participated in the championship held at Pathways School, Baliyawas. Competing across various weight categories, they secured gold, silver and bronze medals, bringing pride and recognition to our school.



### 28th District Taekwondo Championship – RPS School

Our students continued their winning streak at the 28th District Taekwondo Championship hosted by RPS School. Their remarkable performances earned them multiple medals, further highlighting their dedication and hard work.

Congratulations to all the winners for their commendable efforts and for upholding the spirit of excellence. Your achievements inspire us all and contribute to the school's legacy of sporting success.



Ms. Shivani Johri (Initial School Head),  
(Deputy PYP Coordinator)  
Ms. Virender Bhullar (Primary School Coordinator),  
(Deputy PYP Coordinator)



# Medley of Activities



## “Dancing into Summer: A Joyous Celebration in May”

As the warmth of May embraced our campus, the dance floor lit up with passion, rhythm, and celebration. With summer holidays just around the corner, our students poured their energy into performances that truly captured the spirit of the season.

The month began on a grand note with a spectacular classical dance performance during the Investiture Ceremony, leaving the audience mesmerized. Our talented classical dancers also secured second place in an inter-school competition, while the western dance team. It should be brought laurels to the school by securing the third position in their category—both achievements are a testament of their hard work and dedication.

Primary students joyfully celebrated Mother's Day by learning a special dance dedicated to the most important women in their lives, performing with heartfelt emotion. Grade I and Grade V students successfully concluded their dance-integrated learning units, expressing their reflections through the “Red Light” strategy and creative Venn diagrams—showcasing how dance can beautifully blend with academics

The month concluded with a breath-taking celebration of movement and joy. Our tiniest tots from the Initial years charmed the audience with their adorable performances, while students from the Primary and Senior grades lit up the stage with grace and energy. Each performance was a reflection of their growth, confidence, and love for dance. As the curtains closed and we welcomed the summer break, the rhythm of May lingers in our hearts—a beautiful reminder of the joy, creativity, and togetherness that dance brings to our school community



**Ms. Himani Yadav**  
Dance - Instructor

## From The Sports Field



The month of May started with the preparations of coming CISCE Zonal games for the session 2025-26. Highlanders are practicing hard and attending early morning training sessions in the school.

**Under 14 Cricket Team won the CISCE Zonal Cricket Competition** held at Shikshantar School. Team comprising of Saavir Kaul Sethi (VIII-A), Taksh Pareekh (VIII-C), Aagam Arora (VI-F), Arjun Sinsinwar (IX-D), Arnav Jain (VIII-C), Aryaman Narang (VIII-A), Dakshveer Gahlot (VII-A), Dhruv Hemant Kumar (VII-C), Dhruv Mohan sharma (VII-D), Mudil Sachdeva (VIII-C), Riaan Singh (VII-F), Rishaan Jain (VII-C), Vivaan Sharma (VII-F), Yuvaan Narang (VII-C) and Arjun Lakra (VIII-A).

**Under 19 Cricket Team won the CISCE Zonal Cricket Competition** held at Shikshantar School, team comprising Aaroh Sarvesh (XI-C), Angad Joshi (XII-D), Atharva Khosla (XII-B), Kabir Viren Bhagat (XI-A), Kabir Wadhwaan (XI-C), Kushal Sehrawat (XI-B), Krisssh Chanda (XII-B), Kush Ginde (XII-C), Parinay Sehgal (XII-E), Punya Pratap Singh (XII-E), Ranveer Gulia (XI-D), Ravin Rao (XII-D), Rishit Sharma (XII-D), Rudra Rao (XI-B), Siddhant Sharma (XI-D) and Yuvaraj S Arora (XII-A).

**Under 17 Cricket Team secured 2nd position in the CISCE Zonal Cricket Competition** Aarav Anand (IX-F), Ahaan Bhateja (VIII-C), Aditya Kant Bhagat (IX-A), Aryaveer Sahni (IX-E), Aryaveer Sharma (X-E), Dhruv Challur (IX-F), Divyam Malhotra (IX-A), Nikunj Negi (IX-C), Ritvik Hazara (IX-C), Shlok Jhangala (10C), Suryansh Chabra (10E), Taran Dushyant (11E), Udayveer Singh (10-E) and Vihaan Bajaj (X-F). Prisha Singh (VIII-A), Karma Singh (VI-G) and Paarth Lamba (VIII-B) participated in the CISCE Zonal Karate Competition held at Jiva School, Faridabad and won Gold Medal. All three also got selected for CISCE Regional Games.

Sehar Arora (X-E), Kiaan Juneja (VI-G), Yuvaan (IV-G), Siddika (IV-A) won Gold medal in **CISCE Zonal Skating Competition** held at Lt. Atul Katarya School. Neyaan (IV-E), Lavya Syal (V-B) won silver medal in the same. Highlanders participated in the 28th District Taekwondo Championship and brought laurels by winning 5 Gold, 4 Silver and 10 Bronze Medals. **Gold Medal:** Jashn Singh Bajaj (VIII-E), Yuvaan Shaw (X-C), Priyal Gupta (XI-A), Preet Ahluwalia (XII-E), Hetavi Doshi (XI IBDP),





**SILVER:** Aditya Raheja (), Anikeht Sarkar, Suramya Dubey (XII-E), Hetavi Doshi (XI-IBDP), **BRONZE:** Yashica Sharma (VIII-A), Anvi Agrawal (VIII-C), Vasvi Malhan (XII-E), Nishka Rustagi, Ravishka, Ritambhara Singh, Aadya Suri, Aditya Kadyan, Adhiraj Agarwal, Romir Sood.

**Under 19 Girls Football Team secured 1st position in CISCE Zonal Football Competition.** The team comprises of the following highlanders: Kaira Kapoor (IX-A), Saanvi Garg (XI-A), Muskaan Arora (XI-B), Lavanya Mendiratta (XI-E), Chhavi Bagga (IX-F), Anika Ishank Jain (IX-D), Joyrich Gangte (XII-E), Zitin Tiku (XII-D), Aradhana Nigam (IX-C), Ajooni Kaur (XII-E), Jennifer (XI-F), Aarika sharma (XII-E), Shaurya Singh (XII-D).

**SHIS under 14, 17 and 19 Boys and Girls Lawn Tennis team also brought laurels by winning the Zonal Lawn Tennis Competition.** Atharva Sharma (VII-B), Krish Wadhwaan (VII-A), Ryan Batra (VII-A), Ridhaan Chawla (VII-A), Adrija Sinha (VI-C), Saanvi Ahuja (VIG), Gaurisha Dua (VI-B), Aashvi Agarwal (VI-F), Lakshay Dhiman (XI-B), Adhrit Gautam (XI-A), Praneet Kapoor (IX), Devansh Tanwar, Mehher Sharma, Samaira Kohli, Nabhya Kinha, Aryaman Matto and Aarika Sharma (XII-E).

**U19 Boys Football team got 2nd position in CISCE Zonal Competition.** Yuvraj singh Sidhu (XI-D), Rishit Sharma (XII-D), Vivaan Chaudhary (XI-B), Gauransh Khosla (XII-E), Arjun Veer (XI-E), Kabir Bhasin (XII-E), Agastya Sharma (XII-D), Ayaan Kumra (XII-D), Aarav Kochar (XII-D), Om Gupta (XI-B), Abhyuday (XI-A), Atharva Chaudhary (XII-B), Karandheer Gahlot (XII-B), Devdeep Thakur (X-B).

**U14 Boys Football Team Secured Bronze Medal** in the same Competition: Arhaan Gulati (VII-D), Aashvik Kumar (VII-F), Manas dadheech (VII-G), Arjun Sinsinwar (IX-D), Ryaan Duhan (VIII-E), Aarav Ramkrishnan (VI-ED), Ahaan Ggam (VIII-B), Paarth Lamba (VIII-B), Daivik Wadhwa (IX-B), Nihit Agarwal (VI-D), Kian Choudhury, Viaan Gadara, Anish Wadhwa, Avyan gupta, Nihit Beniwal, Aaksh ishank jain, Tanush Mishra, Paranjay Negi.

**U17 Girls Yoga Team participated in the CISCE Zonal Yoga Competition** where Iva Kaswan (VIII), Manvi Mohta (VIII), Sargun Kaur (VIII), Sarvani Joshi (VIII), Baneet Kaur (IX) got 2nd Position. In Under 14 Boys Advik Maheshwari (VI) won Gold medal in Rhythmic Yoga category. Harmanya Syal (VII) secured 2nd position in rhythmic Yoga category. Iva Kaswan won Gold Medal in Artistic Yoga category and Baneet Kaur won Gold in Rhythmic.

**Scottish High Lawn Tennis Team** also made us proud by Winning Gold in all the categories U14, 17 and 19 Boys and Girls. Team consists of U14 Krish Wadhwan (VII), Ryan Batra (VII), Ridhaan Chawla (VII), Atharva Sharma (VII), Adreja Sinha (VI), Gaurisha Dua (VI), Saanvi Ahuja (VI), Aashvi Aggarwal (VI), U17 Lakshay Dhiman (XI), Adhrit Gautam (X), Praneet Kapoor (X), Samaira Kohli (XI), Mehher Sharma (XI), U19 Aarika Sharma (XII), Nabhya Kinha (X) and Aryaman Matto (IX).

**In Swimming** Krishay Juneja (VI), Kiaan Juneja (VI), Jashn Singh Bajaj (VIII), Dhvani Kinha (VI), Ayana Shrivastava (VI), Aryaman Suri (XI), Nalin Chandra (X), Shreya Suri (IX), Pranshul Saroop (XII), Kabir Bhasin

(XII) and Samriddhi Verma (XII) participated in **CISCE Zonal Swimming Competition** and Got selected for the regionals.

**SHIS Chess Team** comprising of Abeer Jain (VII), Vivaan Sharma (VII), Advay Aggarwal (X) Vedant Gutt (IX), Kanika Suri (X), Kimaya Awasthi and Aanya Bothra (X) got selected for the **COSCE Regional Chess Competition.**

**Under 14 and 17 Basketball Team** got 2nd Position in CISCE Zonal Basketball Competition: Ashwika Ahuja (VIII), Siddhiksha (VII), Misha Verma (VIII), Dhvani Kinha (VI), Insiya Bhardwaj (VIII), Khanak Sharma (VIII), Arunima Sharma (VIII), Ameria Snehi (VIII), Ayaana Shrivastava (VI), Reet Mathur (XI), Advita Airi (IX), Devanshi Koul (IX), Aanya Nigam (XI), Anahita Gupta (X), Naaomi K Mudgal (IX), Kenisha Kaur Roy (X), Jhalak Rustagi (X), Fagun Beniwal (X), Sara Singh (X), Vidisha Wadhwa (XI) and Aashna Sud (XI).

**Under 9 Girls Basketball Team** secured 3rd position: Siya Joshi (XI), Anadya Verma (XII), Gaurissha Angel Singh (XI), Naisha Dua (XII), Harshita Sinsinwar (XII), Jennifer (XI), Sanvi Anand (XI), Samaira Kukreja (XI), Hridyanshi Singh (XII), Anjel Chugh (XI). Basketball U17 Boys Team won Gold Medal in the same Competition: Anirudh Sikdar (X), (X), Vivaan Motwani (X), Arjun Mudgal (X), Vaibhav Sarin (XI), Kavya Sharma (IX), Mairav Rehan (XI), Ehan Khan (XI), Shreyas Todi (X), Ojas Vir Chauhan (X), Samarth Gulia (X), Smyan Pandita (XI) and Aarav Jain (IX).

**Mr Darshan Singh Gahallot**  
**HoD Sports**

## Senior School Head

### Winding Down with Purpose: Gearing Up for the Holidays

As the school year gently winds down and the holidays draw near, there's been a beautiful buzz in the air. While many of us are counting down to some well-deserved rest and relaxation, the past few last week has been anything but an exposure to interactive sessions and team building activities. The teachers came together for some memorable activities that brought learning, laughter, and connection to the forefront.

One of the highlights was the lesson observation sessions. Far from being just a formal task, these were moments of genuine sharing—teachers opening up their classrooms, exchanging ideas, and learning from one another in a spirit of growth and collaboration. It was inspiring to witness the mutual respect and passion that drives our educators forward.

Then came a flavorful change of pace with our cooking expedition. Imagine the aroma of spices, the clatter of utensils, and the sound of laughter as students and teachers teamed up in the kitchen. It was more than just about food—it was about storytelling, teamwork, and discovering joy in simple things. To wrap it all up, we turned to team-building activities that reminded us just how powerful connection and teamwork can be. From light-hearted challenges to reflective discussions,





these sessions gave everyone a chance to bond, recharge, and share a few well-earned smiles.

As we step into the vacation season, we carry with us the warmth of these shared moments. Here's to a holiday filled with rest, laughter, and everything that makes us feel truly alive.



Ms. Isha Verma  
Senior School Head,  
HoD - Modern Foreign Languages

## Modern Foreign Languages

### Inter Clan Poetry Recitation Competition – Celebrating “Happiness” Through Languages

The Modern Foreign Languages (MFL) Department organized an Inter Clan Poetry Recitation Competition on May 7, 2025, which centered on the uplifting theme of “**Happiness**.” Students from various clans participated enthusiastically, presenting poems in French, German, and Spanish. The event became a vibrant celebration of linguistic talent and emotional expression, highlighting the students' dedication to mastering foreign languages.

Each recitation offered a unique cultural lens on the concept of happiness, with participants showcasing the rhythm, tone, and literary charm of their chosen language. Their confident delivery, precise pronunciation, and heartfelt interpretations captivated both the audience and the judges.



Beyond language proficiency, the competition promoted empathy, creativity, and cross-cultural appreciation, allowing students to connect deeply with the poems' messages. Judges praised the participants for their expressive performances and thoughtful poem selections that resonated beautifully with the theme.

The event concluded with enthusiastic applause for all performers, recognizing their efforts and encouraging a love for languages and literature. Winners were awarded for their exceptional performances, but all participants left with a sense of accomplishment and joy—true to the spirit of the theme.



**Ms. Isha Verma**  
Senior School Head,  
HoD - Modern Foreign Languages

## Middle School (Grade VI to VIII)

*“Coming together is a beginning, staying together is progress and working together is success.”-*

**- Henry Ford**

The month of May brought with it a wave of enthusiasm and excitement, as both teachers and students looked forward to the upcoming summer vacation. But the last week of May was not just about wrapping up, it was also a time for renewal and strengthening ties within the school community.

Exciting Zumba classes were planned just for teachers in an effort to encourage wellbeing. These sessions reinforced the value of educators' well-being by promoting physical fitness as well as joy and laughter.

The Peer Teaching initiative, which allowed teachers from various departments to observe and learn from each other's teaching methods, was another highlight of the week. This sharing of concepts and techniques encouraged creative teaching strategies and improved professional cooperation.

The Home Visits teachers did add to the meaningful interactions. Celebrated at our institution, these visits let teachers personally interact with students and their families. They helped to build trust and mutual understanding, so

strengthening the link between home and school. Teachers learned a great deal about the homes, learning styles, and interests outside the classroom of their students during these visits.

The warm conversations, shared smiles, and sense of familiarity that emerged during these visits created a strong foundation for continued collaboration. Home visits helped bridge gaps, build empathy, and reinforced the idea that education is a shared journey between school and home.







Cooking expedition organized exclusively for teachers, proved their mettle beyond the classroom. Participating clan wise teachers showcased teamwork and culinary flair. This engaging experience strengthened the bond among colleagues.

The last week of May truly celebrated the spirit of togetherness, learning, and care values that lie at the heart of our educational journey.



**Ms. Geetanjali Ahuja**  
Middle School Coordinator

topic Integers. They became responsible while respecting each other's understanding on the concept. Students found this activity enjoyable and engaging. They were able to apply the operations and solved the integers orally hence developing their mental math skills. They were collaborating with each other to get the answer and playing as a team, promoting communication and teamwork. They could fix the puzzle pieces at the right place thus enhancing their logical reasoning.



**Ms Anshu Jain**  
Maths Facilitator

## IGCSE

### INTEGERS JIGSAW PUZZLE

#### Activity details:

Students of Grade VII Cambridge Lower Secondary were divided into groups of 5. They were given puzzle pieces related to integers. They were instructed to arrange the puzzle pieces in order to match the given questions with their corresponding answers. They discussed with their group members and assembled the pieces together. The questions covered concepts such as integers (addition, subtraction, multiplication, and division), HCF, LCM, indices, factors, and multiples. The answers were required to match the questions both horizontally and vertically.

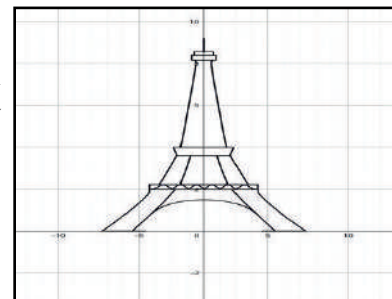
The game format encouraged students to participate and practice integer operations and strengthen their concept on

## IBDP / IBCP

### Recreation of the Eiffel Tower on Graphing Software

#### Math AA HL -

This mathematical artwork represents a fusion of structure and symmetry, inspired by one of the world's most iconic architectural feats: the Eiffel Tower.





Created using the graphing software Desmos, this recreation is not a simple sketch—it's composed entirely of mathematical equations. Over 180 unique equations, including linear inequalities, parabolas, and sinusoidal curves, were used to mimic the tower's tapered base, tiered platforms, and intricate iron latticework. Parametric equations captured the elegant curves, while piecewise and restricted-domain functions allowed for the precise layering and intersection of shapes.

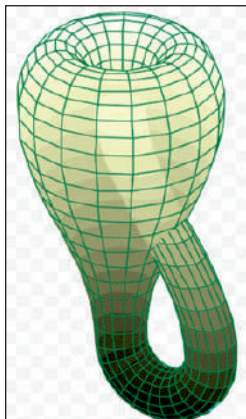
This project challenged my spatial reasoning and reinforced key mathematical concepts from the Math AA-HL syllabus, including function transformations, symmetry, domain restrictions, and the creative application of trigonometric identities. The process transformed a static monument into a dynamic mathematical structure, showing how abstract concepts can model real-world beauty and complexity. Through this exploration, I discovered how mathematics serves as both a language of precision and an art form.

- Advita Mahajan, Grade XI-IBDP-A

## Klein Bottle: Much more than a piece of glass

### Physics HL

At first, the Klein Bottle sounds like an ordinary flask. But, after closer inspection, it is easy to realize it is anything but ordinary. Discovered in 1882 by German mathematician Felix Klein, the bottle has finite volume, like any 3-dimensional figure, but also has an infinite surface area, which is essentially impossible to calculate. It consists of a regular conical flask, similar to the one used in chemistry, but its 'neck' stretches out to form a tube. This tube later bends and joins into the walls of the flask. Its further travels to the bottom of the bottle, where it opens up, and starts to form the 'outer wall' of the bottle. European mathematicians and physicists have been working to build a machine which is able to alter the pressure inside a container, such that the Klein Bottle can automatically fill up with water, something which is a tedious task to do manually.



- Karikeya Arora, Grade XI-IBDP-B

## Why Fireworks Glow in Colour: The Chemistry of Celebration

### Chemistry HL

Every time fireworks light up the sky, you're witnessing chemistry in action. Those brilliant reds, greens, and golds aren't just pretty—they're the result of carefully chosen elements reacting to heat. The colors in fireworks come from metal salts, which release specific wavelengths of light when they're heated. For example, strontium

compounds produce bright reds, barium gives off green, sodium flashes yellow, and copper produces blue. When these salts are ignited, their electrons absorb energy and jump to higher levels. As they return to their normal state, they release light—each element glowing in its signature hue. But it's not all about color. Other compounds help control the shape, timing, and sound of each firework. Oxidizers like potassium nitrate feed the reaction, while binders hold everything together. Engineers even design multi-stage shells to create complex effects like hearts or cascading waterfalls. Fireworks are a perfect example of chemistry blending with art—where equations and energy transitions create emotion and awe. So the next time you look up at a Diwali sky or a New Year's night, remember: behind every spark is a carefully crafted chemical performance.



- Navya Chaudhry, Grade XI-IBDP-B

## The Unspoken Language of Coffee Orders

### English SL

Ordering coffee has evolved into a subtle form of self-expression—a ritual laden with unspoken social codes. A black coffee conveys decisiveness and simplicity, while a meticulously crafted latte suggests sophistication and a taste for the finer things. Those who request extra foam might be signaling a penchant for flair and dramatics, whereas “just regular coffee” hints at a quiet confidence or deliberate understatement. Beyond mere caffeine, coffee orders become narratives of identity, revealing more than casual conversation ever could. In this daily performance, our chosen brew becomes an intimate dialogue with the world, speaking volumes before a single sip.



- Anvita Chakrabarty, Grade XI-IBDP-B

## San Fermín

### Language and Cultural Studies

San Fermín is a traditional Spanish festival in Pamplona, beginning at noon on July 6 and ending at midnight on July 14, honouring the city's first bishop and patron saint, Saint Fermín.





Celebrations are kicked off with fireworks called chupinazo, followed by the traditional song “Pamploneses, Viva San Fermín, Gora San Fermín” (“People of Pamplona, Long Live Saint Fermín”). Pamplona becomes a celebration hub during this flagship fiesta, garnering attention from around the world and attracting thousands of tourists. The highlight of the affair is the Encierro (Running with the bulls)- an iconic and dangerous event which garners worldwide attention and has played a pivotal part in some movies and books. Every morning for a week, crowds of brave (or foolish) people gather to sprint through the streets with bulls sniffing down their backs. Later in the afternoon, the bulls are used in the corrida (bullfight). Additionally, multiple parades, including the Procession of Saint Fermín, a religious celebration on the morning of July 7, are a part of the festival. One of the most famous parades is the Giants and Big-heads Parade, featuring 25 huge papier-mâché figures carried by marchers, who bewitch the audience with their dances through the streets of Pamplona. This one-of-a-kind festival has made it to the bucket list of numerous people, as a symbol of joy, courage and celebration.

*- Vamika Banssal, Grade XI IB CP*

Ms. Pooja Sharma,  
Diploma Programme Coordinator  
Ms. Smriti Dudeja,  
Deputy Diploma Programme Coordinator  
Dr. Neha Singh Maurya, Career-related Programme  
Coordinator

## Creativity, Activity, Service (CAS)

### Highlanders Lead the Way with 'Har Haath Kitaab 3.0'

#### Empowering with Knowledge. Inspiring Change.

At Scottish High International School, compassion meets action—and the 'Har Haath Kitaab 3.0' initiative stands as a beautiful reflection of that spirit. For the third consecutive year, our Senior School Highlanders came together to champion the cause of literacy and sustainability through a heartfelt book donation drive.

In collaboration with **Inchpaper**, an NGO proudly associated with **Mission LiFE** (an initiative by the Ministry of Environment and Climate Change, Government of India), this campaign wasn't just about books—it was about impact. With a vision to reduce paper wastage and repurpose educational materials for a greater good, the initiative encouraged students to give a second life to their gently used books.

The response was truly heartwarming. Students from across the middle and senior school—Grades VI and XII—contributed with great enthusiasm, resulting in **12 boxes** brimming with storybooks, textbooks, notebooks, and other learning materials. These weren't just dumped in cartons—our Highlanders took care to sort them thoughtfully by age and category, making it easier for Inchpaper to distribute them to government schools, rural libraries, and under-resourced children.

What made this initiative even more meaningful was its dual impact—both educational and environmental. Each book shared was a seed of knowledge planted in young minds. But beyond that, the drive made a measurable difference to our planet as well. By collecting and reusing **200 kgs of paper**, our students helped save **3 fully grown trees**, conserved nearly **5,000 litres of water**, and prevented **0.08 metric tonnes of CO<sub>2</sub>e emissions** — a powerful reminder that even small acts of kindness can create ripples of change.

By aligning their efforts with the **United Nations Sustainable Development Goals—Goal 4: Quality Education, Goal 12: Responsible Consumption, and Goal 13: Climate Action**—our Highlanders proved once again that they are not only learners but also leaders in action.

In Har Haath Kitaab 3.0 initiative we applaud the efforts of every highlander who contributed for driving real change. Every book handed over was more than just paper—it was a promise of opportunity, a step towards equity, and a gesture of hope.

Kudos to our Highlanders for turning pages of compassion and writing a story of change—because when every hand holds a book, the future becomes brighter for all.







**Ms. Kavita Yadav**  
CAS Coordinator

## Economics

### India and UK Sign Historic Trade Agreement – What It Means for Us

This May, India and the United Kingdom made big news by signing a Free Trade Agreement (FTA). But what does that mean, and why should students care?

A Free Trade Agreement is when two countries agree to reduce or remove taxes (called tariffs) on goods they buy from each other. This makes it cheaper to trade products like clothes, cars, and food between them.

Thanks to this deal, Indian products like textiles and spices will become cheaper in the UK, helping Indian businesses grow. In return, India will lower its import taxes on British items like cars, alcoholic drinks, and medicines. This means we may see more of these foreign goods in Indian markets at lower prices.

Why is this important? Trade helps countries grow by creating jobs and increasing choices for consumers. Indian exporters will benefit because they can sell more products

abroad. British companies will also get more customers in India.

This agreement also brings India and the UK closer as economic partners. It's a sign of trust and cooperation between the two countries.

For students, it's a chance to understand how countries work together to improve their economies. In the future, some of us may even work in international trade or benefit from the job opportunities these agreements create!

So next time you hear about "FTA" in the news, you'll know—it's not just a boring economic term; it's a deal that shapes our future.

**Ms. Neha Gupta**  
Economic Facilitator



## From Our Budding Writers

### A Visit To A Haunted House

Once upon a time there were a group of four best friends. Their names were Ayana, Sofia, Riya and Anna. Sofia was the most beautiful girl among them. Her blue eyes, light brown hair and a beautiful smile used to make her different from others. With all of these compliment she had one phobia of Phasmophobia which was a fear of ghost. One day the four girls started planning for an adventure to a haunted House. Anna the smartest girl of the group started warning them to not visit the haunted house but no one listen and started ignoring her.

Next day, on Halloween they started packing a lots of chips and candies so they could have enough food to eat. Sofia, sitting quietly on a sofa and reading a book did not even know what's happening. Riya and Ayana were the two who decided everything. When they were ready they told Sofia and Anna to go and sit in the car. On the way to the destination Sophia was repeatedly asking Ayana where they were going but Ayana told her that they were going to a birthday party. Seeing the green dark forest she was suspicious and thought Ayana was telling a lie. She looked beside and asked Anna to tell her the truth. Anna forgot the promise which she made with Riya and told her that they were taking us to, a scary haunted house. After hearing this she got frightened and asked Ayana to stop the car. Ayana got to know that somebody must have had told her so she told her that nothing would happen to her and they will stay with her for the whole time. These words consoled Sofia and gave her some power. Slowly and steadily a noise started coming from the car seems like the fuel was over. Now all of them came out of the car and had to go ahead on foot. it looks like all the food and the drinks were not enough. The four of them had no water and food left in their bag. They were thirsty but still reached near the haunted house. The house was full of dust, Spider webs and yellow leaves. Sofia who was in the middle was holding Ayana's hand. Riya showed some bravery and then





opened the door of the house. The horrible sound of the door scared all the four. And that wasn't enough so she turned on the light, and as usual the light started flickering. This made Anna screamed. After all it was an adventure so they started exploring every room.

The first room was a very decent with lots of stuffed toys and wrappers of candy. It seems like the first room was a kids room. The second was a very luxurious room with a king size bed. As this house belong to a rich family so it was obvious that they would have luxurious stuff. Moving on to the hall was a little creepy as the chandelier was moving on its own. Suddenly a doll popped outside from the cupboard all of us were scared so we ran and got a lift from a car. The person in the car was very sweet so he allowed us and dropped us at our houses. By the time they reached home they remembered that they left their car in the forest. So the next day they went together back to the forest with some petrol in a can and got back their car. By this Anna's prediction was correct and they made a promise that they will never go back to the haunted house again.

**Samaira, Grade VII-C**

### **The Power of Sanskrit Sounds: How Shloka Chanting Sharpens the Mind**

Hari Om! Did you know that Sanskrit is more than just a language — it is in fact a system of sounds and vibrations. Each letter, or akshara, has a specific frequency. These frequencies don't just sound beautiful; they resonate with our body and mind, helping to stimulate mental clarity and focus.

Chanting Sanskrit shlokas can actually sharpen your brain. While sloka chanting is a spiritual tradition, science now shows it also has powerful mental benefits.

Even NASA recognized Sanskrit's potential. Researcher Rick Briggs wrote a paper titled Knowledge Representation in Sanskrit and Artificial Intelligence, where he explained that Sanskrit's logical grammar makes it a strong candidate for AI programming. Its structure is so precise, it's like a language made for algorithms!

But what really connects shloka chanting to brain health is the work of Dr. James Hartzell, a Sanskrit and neuroscience scholar. He scanned the brains of 21 trained Vedic scholars (Shukla Yajur Veda pandits) and found that they had significantly more grey matter in areas of the brain linked to memory, language, and learning—especially the hippocampus and cerebellum. Grey matter is vital for functions like memory, emotion, and movement.

So what happens when you chant slokas? The rhythmic sound activates both brain hemispheres. It boosts memory, problem-solving, and focus. It also stimulates brainwaves that promote deep concentration and reduce mental fatigue. Chanting goes beyond cognition—it helps calm the nervous system. The steady rhythm activates the parasympathetic nervous system, which relaxes the body and lowers stress. Over time, this creates emotional balance and mindfulness.

Daily chanting—even just for a few minutes—can improve

auditory memory, strengthen language skills, and bring mental calm. It's like a mental workout that also relaxes you.

In short, Sanskrit shloka chanting is where ancient wisdom meets modern science. It's a proven way to sharpen the mind, enhance learning, and bring inner peace.

So why not start today? You might just feel your mind becoming clearer and more focused—one chant at a time.

Hari Om!

**Laura Anika, Grade VIII**

### **The Profound Effect of Philosophy in Academia**

*“Over himself, over his own body and mind, the individual is sovereign.” – John Stuart Mill.*

As soon as one hears the word 'philosophy' their mind immediately rushes to wizened old men, blabbering cryptic words of wisdom. Frankly, a large portion of the populace believes it is something reserved for great thinkers and leaders; seemingly unapproachable for the common man.

On the contrary, philosophy is truly the only field that applies to every man equally and without fail. Philosophy asks a simple question, “how must you live your life?” There's been some debate on the question, from which arise the multiple schools of philosophy (essentially frameworks of thought processes) that dictate proper methods of living one's life.

After multiple deep dives into the minds of people long dead; I realised there was a forgotten potential here that could undoubtedly be utilised by students to better help them cope with their daily stresses.

The first school of philosophy that may aid students is stoicism. There was once a wealthy trader on his way to Athens carrying ships overflowing with gold and silver. After meeting calm seas for most of his journey, he believed that he would reach Athens without incident. However, tragedy struck, mere kilometres away from Athens shores as his ships were swallowed by a sea storm and he barely escaped with his life.

Most people would have been devastated at the loss of their wealth, and shaken after escaping death. They would likely have pondered 'what ifs' and been entirely unproductive for months on end.

Not this man. He simply accepted that this was an act out of his control and there was nothing he could do about it. He realised that he could influence his future by taking action in the present. And so, using his expertise in trading, he quickly became one of the largest traders in Athens and led a prosperous life. At its core, stoicism is this framework of thought in which one must entirely neglect that which he cannot control and focus on one's own actions that can affect one's future. Stoicism places great emphasis on using one's control over their actions for an ethical and morally good conduct.

Through stoicism students can achieve an emotional balance, counteract stress and anxiety, all the while guiding





themselves towards a path that will eventually be more fruitful. Stoic practices such as Premeditatio Malorum (premeditation of the day) which involves setting clear goals for the day can immensely benefit students struggling from a lack of consistency or regularity in their studies.

However, I maintain that its greatest strength will always lie in teaching a person on how to correctly deal with failure and move forwards to succeed.

The second would be Aristotelian Virtue Ethics. Created by, as the namesake suggests, Aristotle. It proposed that the goal in one's life is to achieve Eudaimonia or happiness by practicing moral and intellectual virtues. These virtues are not qualities of a person, but habits that need to be meticulously monitored and practiced, these virtues include: justice, honesty, kindness, courage and multiple others.

What's most interesting about this philosophy is that it has a novel way of approaching virtues as 'golden means'. Saying that all virtue lies between deficiency of a virtue and excess of one. For a student, it reminds them to live a balanced life and reinforces the idea of being morally and intellectually good over making short term gains through morally questionable deeds.

Instead of thinking of philosophy as a reserved privilege for great thinkers, it must be thought of as a compass for every student's journey. Even though I've only expanded on two schools of philosophy here, they reveal an ancient wisdom passed down through generations that's still applicable today.

Thus I implore you to ask yourself, how must you live your life? Should you follow stoicism's clinical focus on that which is in your control? Or maybe Aristotle's admonishment to find balance in the characteristics you possess. Or the many, many other philosophies, each ripe with unique ideas and methodologies to achieve one's goals.

**Vanad Singhal, Grade X-E**

## REFLECTIONS

1. All we want is to be understood  
but we forget  
that all minds  
are shaped  
differently.  
We yearn  
We crave  
We ache  
We search for someone to blame,  
forgetting that chaos  
belongs to no one.
2. In 24 hours, give yourself just 2 minutes.  
Breathe—deeply, fully, like you matter.  
Because you do.  
Your body needs rest.  
Your soul needs softness.  
You've carried pain no one sees,  
held trust that broke in silence.

So pause.  
Not to escape—  
but to return to yourself.

**Srishti Prakash, Grade XII-E**



## Our Proud Achiever

**Grace in Every Step: Mathanya Bhardwaj  
Shines at Desh Rang 2025**

We are thrilled to share that Ms. Mathanya Bhardwaj of Grade IGCSE VIII-A has brought immense pride to our school by securing 1st place in the Junior Category (Solo) at the prestigious Desh Rang – All India National Festival and Contest 2025, held on 30th March 2025 in Delhi & Organized by Shreenrityanjali –“A Centre of Global Indian Art and Culture in Association with Giving hands welfare foundation.”

Performing a mesmerizing Kathak semi-classical piece, Mathanya captivated the audience and judges alike with her graceful movements, intricate footwork, and expressive storytelling. Her performance stood out in a field of talented participants from across the country.

A proud moment for us all, Mathanya was felicitated with the 1st Prize by none other than Padma Shri awardee Mrs. Nalini Asthana, a legendary figure in the world of Kathak. This recognition further highlights the excellence of her art and the passion she pours into every performance. Apart from the competition she also gave the audience a Spellbound performance on Lord Rama Stuti.

*Heartfelt congratulations to Mathanya for this stellar achievement! Your dedication, discipline, and love for dance continue to inspire us all. We look forward to seeing you reach even greater heights on the national and international stage.*

*Keep dancing, keep dreaming!*







## Clan News

### BOYD

*"Success is the sum of small efforts, repeated day in and day out."*

— Robert Collier

As the vibrant month of May blooms, I am filled with pride as I reflect on the remarkable achievements of our clan in the recent Inter Clan Competitions. All the talent, dedication, and spirited participation are what make our clan strong and unified. This can surely be proven by all the possible achievements we have showcased in this month.

To start our list with, I extend a heartfelt congratulations to Ananya Rayapaty (X-F) and Siddheshwari Panchavaktra (X-A) for securing the Second Position as a team in the Inter Clan

Market Maven for Grades IX and X. Their collaboration and strategic thinking are truly commendable.

In the Inter Clan MFL Poetry Recitation for Grade VIII, Nilaya Mantri (VIII-D) shone bright by securing First Position in Spanish, while Jaisnavi Dwani (VIII CS B) made us proud with a Second Position in German. This is absolutely a beautiful way to celebrate linguistic diversity and poetic expression.

Moving to the senior Grades, Harsh Kashyap (XI IBDP) showcased powerful enactment of a strong lead figure—'Shri Krishna' from 'Mahabharata' and earned Second Position in the Inter Clan Hindi Monologue for Grades XI and XII. His performance indeed left a lasting impression on all.

Once again our talented Boyddians, Danicca Bajaj (XI-E) and Avantika Palakeezhil (XI-E) secured

the First and Second Positions respectively in the Inter Clan Hindi News Reading Competition. Their confident delivery and command over the language were truly praiseworthy.

These victories are not just medals, they are a testament to what we can achieve when we participate with all our heart and a purpose. I urge each one of you to step forward, explore your interests, and represent our clan with pride in upcoming competitions. Let's continue to build a legacy of excellence, unity, and spirited involvement of each and every Boyddian.

I congratulate all the winners and participants—every effort, big or small, has brought honour to our clan. Keep this spirit alive!

**Ms. Akanksha Yadav, Clan Elder - Boyd**

### LAMONT

*"Patience asks us to live the moment to the fullest, to be completely present to the moment, to taste the here and now, to be where we are."*

— Henri Nouwen

Patience is all about trusting the process and trusting yourself and your efforts. It prepares you organically for understanding the process and keeping belief on the same. With Patience one should know and understand the timeline taken to achieve the process. Student life is a long race where a student gets several challenges and he has to overcome those challenges and convert them in success. A student has to take multiple decisions in his life, decisions related to career, fitness, education planning etc. A Student with having patience inside

them can take better decisions and can calmly wait for the result of the decision taken by them. It automatically boosts their confidence and morale and prepares them for future challenges. Students should practice patience along with some meditation and yoga to keep their mind healthy.

Hunar Puri from Grade VII with best composition made our clan proud by securing first position in Inter Clan English Self composed Poetry. Akshat Gupta from Grade VIII enthusiastically participated in Inter Clan MFL Poetry Recitation Competition and secured second position in French. Gaurishha Angel Singh from Grade XI showed her acting skills in Inter Clan Hindi Monologue Competition and made our clan proud by winning first position. While keeping our aims high and continuous perseverance, Aarav Gupta, Sourish Arora, Divyansh Anand from Grade X also secured first position in Inter Clan Commerce and Economics Quiz Competition.

Congratulations to all the winners and participants for their efforts and hard work always. It is important to remember that it's not always about winning or losing, but giving yourself another chance to learn and discover potential in you. Talent wins games, but teamwork and intelligence win championships. If everyone is moving forward together, then success takes care of itself. Keep rising and shining always.

And now it's time for the summer holidays which means lots of laughter and joy. Holidays doesn't need to entail extensive travel. The fun of it is going somewhere that is different from your daily routine life. This may be a short drive from home, an extended road trip, or an excursion to the other side of town. So, enjoy your summer holidays, utilize your time in best practices which will surely help to enhance your overall personality.

**Ms. Kiran Cacoria, Clan Elder - Lamont**

### MACARTHUR

*"Every sunset is an opportunity to reset. Every sunrise begins with new eyes."*

— Richie Norton

As we bid farewell to last year's dedicated captains, we warmly welcome the newly appointed leaders who are ready to take Clan Macarthur to greater heights. Stepping into the roles of Clan Captains are Atharva Vyas and Aanya Nigam, with Ehan Khan, Aaroh, Navya Chaudhary, and Rishika Abrol serving as Deputy Clan Captains. In the Middle School, Hitaksh and Parisa Singh have taken charge as the Middle School Clan Captains, supported by Arnab Abhishek Jaiswal, Vihaan Bhardwaj, Kaira, and Mihika Pandey as their deputies. This enthusiastic and capable new brigade is poised to lead with dedication, teamwork, and a strong sense of responsibility. We are confident that under their leadership, the clan will continue

to grow, thrive, and achieve new milestones.

Highlanders continue to shine across a spectrum of inter-clan competitions, showcasing their creativity, confidence, and eloquence. From Grade VI, Dheera Swami of VI A secured the second position in French, and Karma Singh of VI G bagged the third position in German in the Inter-Clan MFL Competition. In Grade VII, Kimaya Abrol of VII CS A secured the second position in the Inter-Clan English Self-Composed Poetry Competition with her heartfelt and expressive verses. In the Inter-Clan G.K. Quiz Puranjay Atri of VII CS B and Rishaan Jain of VII C clinched the first position with their impressive knowledge. Grade VIII saw exceptional performances in the Inter-Clan MFL Poetry Recitation, with Parisa Singh of VIII E clinching the first position in German, Anaya Kataria of VIII B securing the first position in French, and Arnab Jaiswal of VIII C earning the second position in Spanish. In Inter Clan Poster Making Competition Mehar Singh of VIII IG Hitaksh of VIII IG and Mihika Pandey of VIII IG secured third position. From Grade X Emya Jain of X IG B and Inayat Kaur of X B showcased sharp business acumen and bagged the first position in the Inter-Clan Market Maven

Competition. In business and Economics quiz Ojas Lath of X B, Emya Jain of X IG and Harsimar Singh of X IG secured third position. In the senior category, Dia Juneja of XI IBDP secured the third position in the Inter-Clan Hindi Monologue Competition for Grades XI and XII. Additionally, Rishika Abrol and Saanvi Mehta of XI IB earned the third position in the Social Science Sustainable Goals Competition. In Ted Talk Competition Saanvi Mehta of XI IB secured second position and Rishika Abrol secured third position. These achievements reflect the talent, dedication, and unyielding spirit of our Highlanders.

As the summer break begins, our students will embrace this much-needed time to relax, recharge, and enjoy precious moments with their family and friends. We eagerly await their return, refreshed and brimming with renewed energy, ready to contribute passionately and purposefully to the growth and success of the clan.

**Happy Holidays to everyone!**

**Ms. Pooja Sethi, Clan Elder - Macarthur**

### ANDERSON

Summer vacation is a time every student looks forward to — a much-needed break from the daily routine of school. While it is important to rest and enjoy the holidays, using this time wisely can be incredibly rewarding. Students can take up hobbies they may not have time for during their school time, such as reading, painting, dancing, or learning a musical instrument. Trying something new, like coding, cooking, or writing, can spark creativity and build confidence. Vacations also offer the perfect opportunity to spend quality time with family and friends that strengthen relationships and create lasting memories.

At the same time, a little academic revision can go a long way in keeping the mind active. Reading books, revising past lessons, or exploring topics of personal interest can be both enjoyable and educational. Physical activity is equally important — regular exercise, yoga, or playing a sport helps maintain good health. Volunteering or participating in community service also teaches valuable life lessons. Instead of letting time slip away, students should try to balance fun and learning during their break. A well-spent summer not only brings joy but also helps students return to school refreshed, confident, and ready for new challenges.

Taking delight from the achievements of our Andersonites, let me take this opportunity to

congratulate Parisa Chopra from Grade VIII for securing first position in the Interclan German Poetry Recitation Competition, and Team Anderson — comprising Kenisha Roy, Aarav Upadhyay, and Ojasvi Singla, all from Grade X — for securing second place in the Interclan Business Quiz Competition. Their hard work and success are a reminder of what dedication and passion can achieve, even beyond the classroom.

**Ms. Ruma Jain, Clan Elder - Anderson**



## Beat the pollution with Dyson air purifiers

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<sup>1</sup>Tested for filtration efficiency (EN1822) at 0.1 microns. Virus testing conducted on H1N1

## Golf

### ANITYA'S TIP OF THE MONTH

#### Use the Sand Wedge for High Chip Shots

When you are off the green and need to play a high - soft landing chip shot onto the green, use your most lofted club in your bag - the sand wedge. The sand wedge is not only used to get the ball out of the bunker but its loft of 56 degrees makes it the ideal choice for the high chip and pitch shots.

While playing this shot, put the ball position in the middle of your feet and put a little extra weight onto your left or front foot. Now, make a pendulum action using your arms and shoulders and make sure the club head hits under the ball so that the ball goes up in the air. Make sure that you do not use your wrists as this will cause inconsistency of contact and lead to uncontrolled shots.

Hitting under the ball with a high lofted sand wedge will ensure that the ball pops up high in the air and lands softly on the green without much roll on it.



**Mr Anitya Chand**  
HoDs, Golf Coordinator



### The Scottish High International School

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