

Volume CVIII, Issue 108

September 2025



### **CRITICAL THINKING**

A Sanskrit saying is: "बुद्धिर्यस्य बलं तस्य": "who has wisdom has power". So if a person thinks and thinks differently & critically can achieve unexpected successes in life.

For students, critical thinking is an essential catalyst for enhancing research skills, fostering creativity, and improving decision-making.

In our school, we have especially observed this among PYP and DP students—how this skill strengthens their ability to research and make informed choices. For DP students, critical thinking plays a vital role when writing their Theory of Knowledge (ToK) essays and Extended Essays (EE), providing them with deep insights into their topics and supporting more thoughtful, well-reasoned decisions.

With critical thinking students analyse, evaluate and understand the information in a much better way. They develop out-of-thebox thinking, explore various perspectives and reach for more creative & incredible solutions. No doubt this critical thinking ability makes them better professionals in later years and a lifelong learner. During the Covid pandemic, we witnessed how this critical thinking helped everyone especially in the field of education to explore new areas of learning. Such critical thinkers became excellent problem solvers. We can observe many such examples around us where this kind of thinking became a true gamechanger. Therefore, for students, critical thinking is a vital element in both their learning process and overall learning outcomes.

I would like to end this article with some famous quotes on Critical Thinking:

"No problem can be solved by the same consciousness that created it. We need to see the world a new"

- Albert Einstein

"Children are not vessels to be filled but lamps to be lit"
- Swami Chinmayananda

"It is the mark of an educated mind to be able to entertain a thought without accepting it."

- Aristotle

Dr. Sanjay Sachdeva (School Principal)

# This Dussehra let us learn to forgive

Dussehra is around the corner, it is also known as Vijayadashami. It is traditionally celebrated as the victory of good over evil, symbolized by Lord Rama defeating the demon king Ravan. However, if we look beyond the surface, the festival also carries a deeper message of understanding, forgiveness, and transformation. Ravan, often portrayed as the villain, was a learned scholar, a powerful king, and a devotee of Lord Shiva. His actions, especially the abduction of Sita, led to his downfall, but his character was not one-dimensional. In some versions of the Ramayana, Ravan is not just defeated but also respected by Ram for his knowledge and devotion. Ram even performs the last rites for Ravan, a gesture that shows deep sympathy and forgiveness.

Dussehra, therefore, can be seen not just as a celebration of victory, but as a reminder that even those who fall can be respected, understood, and forgiven. It teaches us that no one is entirely evil and that redemption is always possible. In our everyday lives, where conflict, misunderstanding, and judgment are common, Dussehra inspires us to look at the full picture. It encourages us to acknowledge the good in others, even if they've made mistakes. It reminds us that holding on to anger only continues the cycle of negativity, whereas forgiveness leads to healing and peace. So, while the effigies of Ravan burn, it is not just about destroying evil, but about letting go of ego, hatred, and vengeance.

Dussehra, in forgiving Ravan, teaches us the strength of compassion over conflict, understanding over judgment, and love over fear.

Let us celebrate Dussehra not just with fireworks and festivities, but with open hearts and a willingness to forgive. As rightly said by Desmond Tutu, "Forgiveness says you are given another chance to make new beginnings." So all the best for new beginnings this festival time.

Ms. Seema Bhati (Primary School Director)
PYP Coordinator



## PYP

# Grandparents Day: Memories Made, Smiles Shared, Love Cherished!



The Grandparents' Day celebration at Scottish High, spread over two heart-warming days 11th and 12th September, showcasing a beautiful tapestry of emotions, joy, and cherished memories. In the days leading up to the event, our young Highlanders prepared with great enthusiasm-practicing their dance and music performances with

dedication, all with the simple yet meaningful goal of bringing a smile to their beloved grandparents' faces. When the special day arrived, the Initial Chapter came alive with laughter and love. Grandparents were thrilled to step into their grandchildren's school world, sharing in their excitement and energy. They participated with childlike delight in a variety of fun-filled activities such as riddles, antakshari, singing, and dancing, creating moments of pure joy and connection. Many also shared touching anecdotes about their grandchildren, adding a personal and heartfelt touch to the celebrations. The warm hospitality and thoughtful arrangements were deeply appreciated, leaving every grandparent with a heart full of happiness. As they departed, their glowing smiles and joyful spirits reflected the unforgettable memories created, memories that will be treasured for a lifetime by both the children and their grandparents.















# Posted with Love: From Little Nursery Highlanders to Home!



As part of their ongoing inquiry into relationships under the Transdisciplinary Theme -Who we are, our Nursery Highlanders lovingly crafted special tokens to express their affection for their families. With great excitement, the students posted these handmade creations in the school post-box, eager to send their love home. This simple yet

meaningful act allowed them to reflect on the importance of expressing care and appreciation for loved ones. Parents were delighted to receive these heartfelt tokens of love, cherishing the little surprises crafted by their children. Many shared photographs capturing the joy and warmth of the moment, reflecting how such thoughtful gestures deepen connections and bring smiles to both young learners and their families.







**Little Travelers, Big Discoveries!** 

The students of Lower Kindergarten, as part of their inquiry into journeys and how they lead to new experiences and opportunities under the Transdisciplinary Theme- Where we are in place and time, embarked on a delightful pretend-play travel adventure. Dressed for their chosen destinations and carrying small travel kits, they set off on imaginative journeys- a cheerful picnic, a sunny beach holiday, or an exciting camping trip. Through this symbolic exploration, the young learners discovered how people prepare for different outings and the purpose behind each journey. Sharing what they might see, do, and need along the way, they demonstrated curiosity, creativity, and growing conceptual understanding. This joyful experience not only generated excitement but also nurtured essential skills of planning, communication, and social interaction, encouraging them to be open-minded and eager explorers of the world around them. Additionally, the young learners enjoyed an exciting excursion to a mall. Exploring different stores, observing vibrant sights and sounds, and navigating new spaces, they made real-world connections with their pretend-play travel adventures. This

outing fostered independence, observation, and social interaction - turning a simple trip into a meaningful learning experience.















# From Play to Purpose: Connecting Math to the Real World!

As part of their ongoing unit under the Transdisciplinary Theme-How we organize ourselves, the students of Upper Kindergarten joyfully set up a 'Pretend Shopping Store' in the class. This symbolic and playful experience went beyond mere role-play, offering a meaningful exploration of how number systems provide a common language to understand and organize the world around us. By engaging as shoppers and shopkeepers, handling items, and exchanging numbers as currency, the Highlanders deepened their understanding of counting, value, and transactions in a real-life context. Bringing empty household items from home added authenticity to the setup, sparking imagination and enabling them to connect mathematical concepts with everyday experiences in a fun and memorable way.



## **Young Entrepreneurs in Action**

Grade IV students stepped into the world of business by setting up their own Studios, each dedicated to creating, marketing, and selling a unique product or service. Working in groups, they not only explored their creativity but also took on the real challenges of entrepreneurship. What made their projects especially meaningful was the focus on the journey of the product. The children traced each step of the supply chain — from sourcing raw materials and designing prototypes, to production, branding, packaging, and reaching customers. This hands-on experience gave them an authentic understanding of how ideas are

transformed into market-ready products or services. Through this engaging initiative, the young entrepreneurs showcased not only their innovation and teamwork but also their ability to think critically and present their ventures confidently. Their studios became mini-learning hubs where business met imagination, and where the spirit of enterprise was nurtured at a young age.













## Highlanders Honour the Spirit of Dussehra

Here comes the festive month of October, a time of joy and celebration. Our Highlanders marked the festival of Dussehra with great enthusiasm and cheer. As part of the celebration, our risk-takers reflected on their own growth by writing about the negative traits they wish to overcome, showing honesty and



to overcome, snowing nonesty and self-awareness in acknowledging their shortcomings. The young Highlanders of the Early Years were also encouraged and inspired to embrace good habits and grow into caring, compassionate individuals. The highlight of the day was the Ravan Dahan at the school ground, symbolizing the triumph of good over evil, which the children witnessed with excitement and delight.







# Journey inside the Human Body: A Virtual Reality Adventure

Primary students thoroughly enjoyed an exciting Virtual Reality (VR) show held at the school premises. Through this immersive experience, the children explored the inside of the human body, gaining a clear understanding of its various organs and their functions.



They not only observed the intricate systems of the body in action but also deepened their knowledge of how these systems work together to keep us healthy and alive. It was an engaging and educational journey that made science come alive for our young learners.

Through the magic of virtual reality, our young learners didn't just watch science—they stepped inside it, exploring the human body with wonder and excitement.





# Healthy Habits, Safe Choices: A Doctor's Talk with Young Learners

Primary children participated in an engaging interaction with the school doctor on the topics of Healthy Habits and Safety Network.

During the session, the doctor shared valuable insights and practical life skills that the students can adopt to support both their physical and mental well-being.









### PTM- A Day of Connections and Conversations

The Mid-Term Parent Teacher Meeting (PTM), held on 27th September, was a vibrant occasion that brought the parent community and the school together in a spirit of collaboration and shared commitment to student growth. Parents of Nursery to Grade V Highlanders visited the school to receive their child's first report card of the year and engage in warm, constructive conversations with teachers, reinforcing the school's belief that learnhing flourishes through strong homeschool partnerships.





### **Bringing Glory Home**

Our Grade V Highlanders proudly participated in the SDG Fest, an inter-school event hosted by Pathways World School, Aravali. They brought laurels to the school by winning the Champions Trophy in Just a Minute (JAM) impromptu speech competition on the Sustainable Development Goals. Anya Sharma was adjudged the JAM champion for balanced excellence across all areas.



In another category Design Thinking, our students Vedika Yadav, Mahika Tiwari, Meera Arora and Sayesha Gupta impressed the judges with their quick thinking and creativity, earning the Best Coordination Award for their outstanding teamwork and innovative ideas. Congratulations to all the winners for their remarkable achievement and exemplary performance!



Our young Highlanders went for the Inter School Swimming Completion to The Beacon School in the month of September and brought laurels by winning medals. Anayra Kalra got silver medal, Tiara Gulati and Mishika Sharma got bronze medals respectively. Well done!!



### हिंदी सप्ताह

"संस्कृति का विस्तार है हिंदी, भाषा का आधार है हिंदी।

हिंदी ही तो अपनापन है, यही एकता का दर्पण है। हिंद देश का मान है हिंदी, हम सब की पहचान है हिंदी।"

प्रतिवर्ष 14 सितंबर हिंदी दिवस के रूप में मनाया जाता है। यह विश्व की सर्वाधिक



वोली जाने वाली भाषाओं में से एक है।हिंदी दिवस का उद्देश्य हिंदी भाषा की महत्ता को बढ़ावा देना और देशभर में हिंदी को प्रोत्साहित करना है।लेकिन यह दिन खास क्यों चुना गया, इसके पीछे एक महत्वपूर्ण इतिहास है।

हिंदी दिवस मनाने का उद्देश्य न केवल हिंदी भाषा के महत्व को समझाना है, विल्क युवाओं को अपनी मातृभाषा से जोड़ना भी है। हिंदी हमारी संस्कृतिक परंपराओं और इतिहास की धरोहर है। इसके माध्यम से हम अपनी विचारधारा, भावनाओं और ज्ञान को

प्रभावी रूप से व्यक्त कर सकते हैं।

14 सितंवर 1949 को भारत सरकार ने हिंदी को भारत की आधिकारिक भाषा के रूप में अपनाने का निर्णय लिया था। उस दिन संविधान सभा ने हिंदी को देवनागरी लिपि में भारत की राजभाषा घोषित किया था। हालांकि, भारत एक बहुभाषी देश है, फिर भी हिंदी को एक राष्ट्रीय भाषा के रूप में स्थापित करने के लिए यह कदम उठाया गया। हिंदी भाषा ने देश के विभिन्न हिस्सों में लोगों को एक सूत्र में वाँधने का काम किया है।

हर साल भाषा के मान-सम्मान और प्रेम को वढ़ावा देने के लिए हमारे विद्यालय में पारंभिक और पाथमिक विभाग में हिंदी सप्ताह का आयोजन किया जाता है।



इस साल छात्रों ने विभिन्न गतिविधियों जैसे - अभिनय प्रदर्शन, वाल कविता वाचन, कहानी वाचन, दिखाओ और वताओ, स्मृति खेल, शब्द-सीढ़ी, शब्द-सुडोकू, सुनो और चित्र वनाओ और किवता रचना आदि में भाग लेकर हिंदी भाषा के प्रति अपनी रूचि और समझ बढ़ाई है। प्रारंभिक व प्राथिमक कक्षा के छात्रों का उत्साह देखते ही वन रहा था उन्होंने गतिविधियों में वढ़-चढ़ कर हिस्सा लिया। प्राथिमक कक्षा के छात्रों ने भी अत्यंत रूचि दिखाते हुए गतिविधियों में भाग लिया।

हिंदी सप्ताह का समापन वाग्मिता प्रतियोगिता आयोजित करके की गई जिसमें उन्हें अपनी प्रतिभा का प्रदर्शन करने का अवसर प्राप्त हुआ। छात्रों ने उत्साहपूर्वक प्रतियोगिता में भाग लेकर अपने संचार व प्रस्तुतिकरण कौशल का विकास किया। छात्रों में हिंदी भाषा के प्रति प्रेम और सम्मान की भावना सुदृढ़ हुई।प्रतियोगिता के दौरान छात्रों का जोश चरम सीमा पर रहा।

छात्रों का उत्साह देखकर शिक्षकगण भी फूले नहीं समाए और ऐसा लगा मानो गितिविधियाँ जीवंत हो गई। इस सप्ताह में अभिभावकगण ने भी हिंदी के प्रति प्यार और सम्मान को प्रकट करने के लिए अपने विचारों को लिखकर (कविता व लेख के रूप में) अभिव्यक्त किया। इससे हिंदी भाषा का प्रचार, सांस्कृतिक जागरूकता, भाषा के प्रति गर्व व भाषा संरक्षण के प्रयासों को वढ़ावा मिला। जैसे भारतेंदु हरिशचंद्र जी ने सही कहा है, कि निज भाषा उन्नित अहै, सव उन्नित को मुल। विन निज भाषा ज्ञान के, मिटत न हिय को सुल।













Ms. Shivani Johri (Initial School Head), (Deputy PYP Coordinator) Ms. Virender Bhullar (Primary School Coordinator), (Deputy PYP Coordinator)

# **Medley of Activities**

## A Colourful September

September was a month of vibrant creativity in the Visual Arts classrooms. As the academic year progressed, our young artists dove into the world of visual expression, exploring the foundational elements of art—line, shape, colour, texture, and

space—through hands-on projects tailored to their age and interests.

**Grade I** Students began their artistic journey by creating cheerful garden scenes. Using a mix of bright colours and simple shapes, they brought flowers, trees, and garden creatures to life on paper. This activity not only sparked their imagination but also introduced them to the concept of space and composition—how different elements fit together to form a complete picture.

In **Grade II**, the focus shifted to celebrations. Students learned how art plays a role in decorating events and festivals. Through paper-based crafts, they explored various techniques like folding, cutting, and layering to create festive decorations. It was a joyful experience that connected creativity with cultural traditions.

Meanwhile, **Grade III** took inspiration from nature, observing insects and butterflies closely before translating their observations into detailed drawings. They used lines, shapes, and patterns to capture the intricacies of these tiny creatures.

Alongside this, they practiced gradation—blending colours from light to dark—to add depth and realism to their artwork. This helped refine their colouring and shading skills while encouraging careful observation.

**Grade IV** students were introduced to soft pastels, a medium that opened up new possibilities for texture and colour blending. They experimented with layering and smudging techniques to create soft, dreamy effects. The results were stunning, and students enjoyed the freedom and fluidity that pastels offered.

**Grade V** explored stippling, a technique that uses tiny dots to build texture, shadows, and detail. They learned about its origins with Giulio Campagnola in 1510 and discovered how stippling differs from pointillism—stippling uses a single colour, while pointillism involves many. Students were fascinated by how the placement and density of dots could create light and dark areas, and they embraced the challenge with enthusiasm and patience.

While the primary grades were immersed in artistic exploration, middle and senior school students were busy with their half-yearly exams. Yet, the spirit of creativity remained alive throughout the campus.

Visual Arts continues to be a space where students learn not just how to make art, but how to see the world differently. It encourages them to observe more closely, think more deeply, and express themselves with confidence. Every artwork tells a story—and this September, our students told theirs with colour, texture, and joy.

Ms. Amitta Gahallot, HoD - Visual and Performing Arts





#### **Celebrating Traditions Through Rhythm and Grace**

A tapestry of traditions, woven together through rhythm and grace.

As the festive season unfolds, the air sparkles with joy, lights, and laughter. Navratri marks this radiant transition—nine vibrant nights of devotion, dance, and celebration. The highlight of these festivities is the energetic Garba and Dandiya Raas. Once rooted in Gujarat, these traditional dance forms are now embraced across India, filling community grounds, auditoriums, and even classrooms with rhythm and cheer. The clashing of dandiya sticks, the swirl of colourful attire, and the unmissable festive energy make every evening feel magical.

At the same time, another grand celebration illuminates this season—Durga Puja. Deeply cherished in Bengal, it honour's Goddess Durga with majestic pandals, cultural performances, and devotional songs. Families come together to worship, feast, and celebrate the Goddess's triumph over evil. Though Navratri and Durga Puja are celebrated in unique ways, their essence remains the same: devotion to Maa Durga and the joy of togetherness.

Grade II has already brought this festive spirit to life through their Front Desk Programme, where they captivated the audience with a dynamic and colourful performance. As part of their integrated dance unit, students are now exploring how cultures and traditions, though different in expression, share a common spirit of connection and celebration. Whether it is the graceful steps of Garba in Gujarat or the resonant dhak beats of Durga Puja in Bengal, both affirm that music, dance, and culture lie at the heart of our celebrations. As our young learners express themselves through rhythm and movement, they remind us that festivals, in all their diversity, weave a common thread of harmony and togetherness—making this season not just a time of festivity, but a timeless celebration of our shared heritage.





Ms. Himani Yadav Dance Teacher

#### The Art of Drama: Expression Beyond Words

Drama is an art meant for everyone. It brings joy to the heart and freshness to the mind, helping students express themselves freely and confidently. Through storytelling,

role play, and improvisation, drama encourages children to think creatively, explore new ideas, and see the world from different perspectives.

Beyond the stage, drama builds life skills. It strengthens memory, enhances focus, and nurtures imagination. More importantly, it helps shape individuals who are confident, empathetic, and self-aware.

As students learn to articulate their thoughts, project their voices, and collaborate as a team, they not only discover the joy of performance but also the beauty of connection. Drama, indeed, is more than an art form—it's a journey of growth, expression, and shared creativity.

Mr Vikas Sharma Theatre Arts -Teacher



#### Harmonies of Learning: A Musical September

September was a month of steady progress and joyful learning across the music classes. Our senior school Highlanders delved into new repertoire during their indoor activity sessions, taking on songs such as The Days by Avicii and the timeless classic Don't Stop Believin' by Journey. These pieces offered wonderful opportunities to develop vocal harmonies, strengthen instrumental coordination, and build confidence in performance.

In the primary section, Grade II students continued their transdisciplinary theme How We Express Ourselves. They explored how cultural traditions influence the music of different communities, bringing this inquiry to life by learning folk songs like Oh! Susanna. Through these traditional tunes, students discovered how music tells stories and mirrors shared cultural experiences. Meanwhile, Grade I students prepared enthusiastically for their upcoming Front Desk Programme, eagerly looking forward to showcasing their musical talents before their parents.

Across all grades, rehearsals are also underway for the much-awaited Annual Day in November. With growing excitement and strong momentum, our young musicians continue to build their skills and prepare to share the joy of music on larger stages in the months ahead.

Mr Shivam Srivastava Western Music - Teacher



## News From The Sports Arena

The month of September was full of excitement as our Highlanders prepared for the CISCE Nationals and SGFI State Games.

In the ISSO National Taekwondo Competition, Highlanders brought home 4 Gold, 1 Silver, and 2 Bronze medals. Hetavi Namish Joshi won 1 Gold and 1 Silver, Suhani clinched 2 Gold, and Priyal Gupta earned 1 Bronze.

At the SGFI State Swimming Championship held in HL City, Bahadurgarh, Haryana, our swimmers excelled by winning 2 Gold and 2 Silver medals. Aryaman Suri won Gold in the 800 m Freestyle and 4x100 m Relay, and Silver in the 400 m Freestyle and 4x100 m Medley Relay. Nalin Chandra also contributed to the medal tally with Gold in the 4x100 m Freestyle Relay.

In cricket, Highlanders participated in the CISCE Regional Cricket Competition at MBKM Kaler International School, Moga, Punjab. Khushal Sehrawat, Parinay Sehgal, Ranveer Gulia, Aryaveer Sharma, and Udayveer Singh were selected for the CISCE National Cricket Championship, while Rudra Rao, Punya Pratap, Kabeer Wadhwaan, Atharva Khosla, Suryaansh Chabra, Mudil Sachdeva, Taksh Pareekh, Aryaman Narang, Rian Singh, and Arjun Sinsinwar represented the school in the same event.

Highlanders also participated in the CISCE National Lawn Tennis Championship held in Pollachi, Tamil Nadu. Adhrit Gautam, Lakshay Dhiman, and Mehher Sharma were selected for the SGFI National Lawn Tennis Competition in their respective age categories.

At the SGFI State Lawn Tennis Competition in Yamuna Nagar, Adhrit Gautam and Lakshay Dhiman secured 1st place in the Under-17 category, with Lakshay Dhiman qualifying for the SGFI Nationals. In the Under-19 Boys category, Aryaman Mattoo and Nabhya Kinha also finished in 1st place.

In chess, Highlanders competed in the Under-11 Cluster Chess Championship with Ryan Shah (V), Aarish Kaul (V), Vihaan Gutt (V), Abhyan Data (III), and Rihaan Gupta participating. Ryan Shah and Aarish Kaul qualified for the District Chess Championship. Devansh Khandelwal won 2nd Runner-Up in the ISSO National Chess Championship and was selected for the SGFI National Chess Championship. Abeer Jain (VII) represented the school at the CISCE National Chess Championship.

Our Highlanders' dedication and sportsmanship continue to make us proud, showcasing talent and determination across multiple disciplines.

> Mr Darshan Singh Gahallot HoD Sports

## Senior School Head

### Gratitude: Small words, Big power

My dear students, as you journey through these years, I offer a thought that outlasts the cheers. Gratitude, you see, is more than a word It is felt in the heart, not simply heard. It lives in the quiet thank you we share, In noticing kindness, in choosing to care. It glows in a smile that lightens the day, Or a gesture of help in the simplest way. I've seen it sparkle in a teacher's eyes, When a child's small note becomes their prize. I've felt it in parents, steadfast and near, Whose quiet devotion shapes futures here. Gratitude is strength, it softens our view, It teaches us lessons both gentle and true. It turns every trial into a guide, And carries our spirit with hope by its side. So, remember this always, wherever you go, The seeds that you plant are the ones that will grow. A grateful heart is the truest key, To shaping the life you are meant to see. Carry it with you, in all that you do, And the world will give back its best to you. For gratitude, Highlanders, is not just a part, It is the light, the compass, the song of the heart.

> Ms. Isha Verma Senior School Head, HoD - Modern Foreign Languages

## Modern Foreign Languages

#### The Significance of Spanish in Our World

Learning Spanish is like opening a window to a whole new world. With more than 500 million people speaking it as their first language, Spanish isn't just useful—it's everywhere. From Spain to Latin America, and even in the United States, Spanish is a language that connects millions of people every day.

What makes it especially fascinating is the culture that spans over 20 countries. Each country brings its own expressions, accents, and slang. For example, the way people speak in Mexico differs from how they speak in Argentina or Spain. This means that when you learn Spanish, you don't just learn a language—you experience the culture, music, and traditions that come with it.

Spanish is also one of the official languages of the United Nations and is becoming increasingly important in business, travel, and education. In the U.S., Spanish is the second most spoken language, so being bilingual can give students a real advantage in the future. Fortunately, for English speakers,



Spanish is considered one of the easiest languages to learn. Learning Spanish isn't just about mastering grammar and vocabulary—it's about opening the door to experiences you might otherwise miss. Spanish is more than a subject in school; it's a bridge. It helps you connect with people, understand different cultures, and see the world from fresh perspectives. It's not just about learning words—it's about discovering new ways to live, laugh, and share stories.

Mr Arpit Ashta Spanish Teacher

# Through The Eyes Of Middle Schoolers

#### TIME

As each second the clock does chime, we move on with time.

It waits for none, so get things done.

Each second, minute and hour does matter, It's like a message to move on sealed in a letter.

Time keeps flowing, never slowing.

The same moment doesn't come again, the same tree won't be in the exact position on some other lane.

A week, month or a single date is important, so don't be late.

Whatever you do, rest or play, time passes day by day. Each moment bright or dull, you can make better by being punctual. Every second is vital,

Every second is vital, and in its own way very beautiful.

Kaashvi Uppal, Grade- VI - C

## A Tapestry of Words

They say the Chinese eat with skill,
Yet not all share the same food still.
Not every Mexican wears a hat
Or speaks with words like si and that.
A cowboy's not the only role
Of every man's from Texas soul.
Not all Africans dance and sing—
Their stories go beyond the swing.
The French are chic with wine and cheese,
Yet not all live with such grand ease.

They say Italians speak with flair, Hands waving wildly in the air. But culture's more than gestures bright— It's history, pride, and quiet fight. The Indian man, they think, must pray In temples or by rivers sway. But culture's rich in ways unknown, In every meal, in every tone.

Not every Arab wears a cloak
Nor always prays beneath the oak.
And though the Irish love their cheer,
Their past is one of pain and fear.
We wear these labels all too tight
And miss the heart, the soul, the light.
For every culture, rich and vast,
Is built on stories long to last.
Beyond the stereotypes we face,
There's depth and strength in every place.

Samaiara Jain, Grade- VI – C

# The Secret Life of Trees: More Than Just Green Giants

When we walk past trees every day, we rarely stop to think about the hidden world inside them. They're tall, leafy, and sometimes provide shade on a hot day — but did you know that trees are some of the most fascinating living beings on Earth? They live longer than humans, communicate with each other, and even take care of their "families."

Scientists call the underground network of roots and fungi connecting trees the "Wood Wide Web." Through this natural internet, trees share food, water, and even warnings about danger. For example, when a tree is attacked by insects, it can release chemical signals to alert nearby trees to produce chemicals that make their leaves taste bitter — keeping the bugs away. It's like sending an urgent group text, but in the plant world!

Trees are also silent record-keepers of history. If you cut across a tree trunk (something we shouldn't actually do), you'll find rings inside. Each ring tells a story of one year of its life — whether it was a rainy year, a drought, or even if there was a forest fire. Some trees have lived for over 5,000 years, quietly witnessing human history unfold while standing in the same spot.

But here's the most captivating fact: trees actually make us happier. Studies show that spending just 15 minutes near trees lowers stress, improves focus, and boosts our mood. No wonder we feel so refreshed during a walk in the park! So next time you see a tree, remember — it's not just a piece of greenery. It's a living library, a protector, and a silent friend of humanity. The more we care for them, the more they care for us.

After all, a world without trees is like a story without words — incomplete.

Vanya Agarwal, Grade VII-C



#### **SCHOOL DAYS**

Sweet as Sugar and cold as ice,
Is how you describe school life.
In the crowded hallways we all come,
To sit on our seats and solve our math sums,
But who said school life is not fun?
When all we do is run.
The day is filled with mischievous smiles,
Till we all say our goodbyes
We like to create extreme chaos,
till everybody's mind is almost lost.
It's scary when we get caught,
But it would be boring if we were not.
Though when we get old one day,
We will remember these school days.

Saisha Anand, Grade VII - D

#### The Mind Within the Machine

In machines lives a quiet mind, A mirror of the human kind. It learns from words, from sound, from sight, Transforming data into light.

Not heart nor soul, yet still it grows, Through patterns only logic knows. It helps the farmer tend his field, And guides the doctor's steady shield.

A poet's pen, a student's aid,
A thousand wonders it has made.
But wisdom lies in how we steer,
For power walks with duty near.
So let us shape this gift with care,
With kindness spreading everywhere.
For in our hands, the future lies—
A brighter world through human eyes.

Jivansh Chopra, Grade VII – D

### **Beyond Labels**

To empower women and men both, We should take a pledge and oath. In this world, full of judges, One should be just and not hold grudges.

Some are tall, and some are small, But how does that matter at all? So what if my colour is dark? Who are you to interrogate and remark?

I am not defined by my gender,
As it is a baseless offender.
Caste or creed don't cut ice —
A person should be truthful, and not deal in lies.

Japneet Kaur, Grade VII – E

#### The Years Before... And The Next

Whispers echo through the walls,
Every memory rattling the halls.
Of the classroom that was once ours,
The one that had seen our joys and sours.
A nostalgic goodbye, a dream that lasted,
A cruel reminder of the walls left stranded.
We leave our homeland, in which we confided,
In which we talked for hours; the place where we resided.
Every place we stepped, every secret we muttered,
Would stay there forever, left to mindlessly flutter.
Each table and chair, a wish and dream,
For a new child whose eyes would gleam.
Then, they would enter the classroom, which was once ours,

To brighten it, once again, with stars and flowers.

Just like we had, the years before,

Moving to the next to strive and explore.

So, we wait again, until the term ends,

Awaiting a journey to travel with our friends.

Prisha Dua, Grade VII – E

## **IGCSE**

# ACTIVITY ON INCREASE AND DECREASE IN PERCENTAGE

In this activity, students of grade VII applied their understanding of percentages, including calculating increases and decreases, by creating their own story sums. Instead of just solving given problems, they thought of real-life situations where percentages are used, such as discounts in shops, salary increases, population changes, or marks scored in exams.

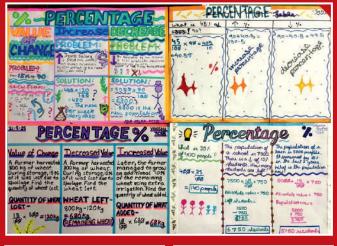
Students wrote down a scenario and then formulated a question based on it that required calculating a percentage, an increase, or a decrease. For example:

- A shop has 200 chocolates, and 25% are sold. How many chocolates are sold, and how many remain?
- A shop has 200 chocolates priced Rs 100 each. If the price of each chocolate is increased by 20%. What is the new price of all the chocolate?

#### **OBSERVATION:**

Through this process, students were able to reinforce their understanding of calculating percentages. They practice percentage increase and decrease in meaningful contexts. They developed creativity and critical thinking by designing realistic problems. The activity encouraged analytical thinking and problem-creating skills, not just problem-solving.











Ms. Anshu Jain Maths Teacher

## ICSE / ISC Bulletin

# Four Months to Board Exams – Time to Plan, Prepare, and Power Up!

September is here, and the countdown to the Board Examinations has truly begun. With just about four months left before the big day in February, this is the phase when focus, discipline, and determination truly count.

Some of you may feel disappointed with your half-yearly results — but don't let that discourage you. The truth is, your story isn't over yet. There's still ample time to turn things around and shine.

The coming months can be your game-changer if you plan wisely and stay consistent. Create a realistic study routine that balances all subjects, focus on understanding your core textbooks, and revise regularly. Remember — small, steady steps matter far more than last-minute study marathons.

This is also the ideal time to complete your project work,

internal assessments, and practical files. Having just finished your half-yearly exams, take this short window to wrap up pending work before deep revision begins. December will arrive sooner than you think, and with Pre-Boards starting on November 24th, your schedule will be packed. Completing your practical and project work early will help you stay calm and focused when it matters most.

Don't hesitate to reach out to your teachers for guidance — they are always ready to support you, but the first step must come from you. A brief conversation or extra class can clear doubts and boost your confidence tremendously.

To every student reading this — believe in yourself. The months ahead are not a race against time but an opportunity to transform your preparation and achieve your best. The marks you scored in the half-yearly exams do not define you. Your perseverance, planning, and consistency over the next few months will.

Start today. Give your best effort, stay positive, and remember — your success story is still being written. When the results are declared next year, you will look back and feel proud of the commitment and hard work you put in now.

Ms. Barkha Anand ICSE & ISC Curriculum Head

## **IBDP / IBCP**

#### **Chanel Lipsticks: Where Luxury Meets Economics**

A Chanel lipstick is not just a beauty product—it's an experience. From the sleek case to the signature click when you open it, everything about it feels exclusive. But what makes these lipsticks so fascinating is how they tie into economics. Chanel lipsticks are classic examples of luxury goods. Their demand rises as incomes grow, and for many, the high price is part of the appeal. This makes them Veblen goods—where buying the product is about status as much as style. In other words, the lipstick is not only a cosmetic, but also a symbol. What sets Chanel apart is how it uses non-price competition. Instead of competing on cost, it competes on identity: the heritage of the brand, the design, the unique shades, and the cultural prestige attached to owning one. This keeps demand relatively inelastic, since buyers see fewer substitutes that feel equally valuable. Interestingly, Chanel is also moving with the times. Its refillable lipstick line shows how luxury can adapt to sustainability, combining eco-consciousness with elegance. This appeals to a younger, socially aware audience without losing its exclusivity. Globally, Chanel benefits from scale and reputation, but its true strength lies in maintaining rarity and prestige. That is why the lipstick continues to thrive as both a fashion accessory and an economic lesson. In the end, a Chanel lipstick is more than a shade of red or nude. It is proof of how desire, identity, and economics can all be carried in one small case.

Anvita Chakrabarty, Grade XI DP-B



#### The Chemistry of Soap: How Molecules Wash Away Dirt

Every time you wash your hands, you're carrying out a clever bit of chemistry. Soap doesn't just "wash away" dirt; it works on the molecular level. Soap molecules are made of two distinct parts: a long, non-polar hydrocarbon tail and a polar, ionic head. The tail loves grease and oil, while the head loves water. When soap is added to dirty water, its molecules surround oil droplets, with their tails buried inside and their heads pointing outward. This forms a structure called a micelle. The grease is trapped in the micelle's centre, allowing water to carry it away. That's why even stubborn stains vanish after a good scrub. But it's not only about cleaning. The chemistry of soap is also about reactions. Soap is traditionally made through saponification, a reaction between a fat (triglyceride) and a strong base, such as sodium hydroxide. This process produces soap and glycerol, a concept that ties directly into organic chemistry and ester hydrolysis studied in HL. Soap chemistry even connects to environmental concerns. Hard water, rich in calcium and magnesium ions, reacts with soap to form scum, which is an insoluble salt. That's why detergents, made from synthetic surfactants, are often preferred in such regions. So, the next time you wash your hands, remember: those bubbles are tiny chemical machines, pulling oil into water and keeping you safe through the power of intermolecular forces.

Advita Mahajan, Grade XI DP A

#### **Rotten Apples and Platinum Catalysts**

"You are your company". This is an advice which resurfaces throughout our lives dressed in different words from different voices, yet its essence remains unchanged. Our parents cautioned, "One bad apple ruins the bunch", in our early discovery of the playground to prevent us from befriending bullies. Now, the message extends beyond the ruin of childhood naïveté into a psychologically grounded truth. Albert Bandura proposed the Social Learning Theory in 1977 to understand the role of observation in behaviour. SLT depicts that observational learning is a cornerstone of development and our behaviour is constantly influenced by the behaviour of those around us. Friendships aren't just about shared jokes or weekend plans; they're environments that quietly shape our habits and mindsets. When behaviours like cutting corners or constant complaint dominate a group, they become normalized. Conversely, like a catalyst accelerates reactions without being consumed, certain friends subtly elevate those around them, strengthening habits, attitudes, and even character simply by being their ambitious, disciplined and kind selves. This mechanism reveals that learning occurs not only through direct experience but also the models provided by others. Psychology further demonstrates that identity itself is tied to group membership. The values of a group become intertwined with the those of the individual, blurring the line between external influence and internal conviction. Friendship, in this sense, is less about companionship and more about the moulding of character and self. As Jim Rohn stated, "You are the average of the 5 people you spend most time with"

In my Business Administration studies, I explored how financial concepts such as EBITDA, COGS, contribution margins, income statements, and balance sheets may seem like technical terms, but together they shape a business's route to success. They show whether an idea is sustainable, if the growth is genuine, and whether resources are being used appropriately. The purpose was not just to learn definitions, but to understand why these numbers matter and how they guide a company's growth. After all, how can leaders truly make their final choices without studying their financial stories? With exploring these new chapters, I learnt that clear decision making and proper in-depth analysis are important not only for companies but our future challenges and academic. How will these guide our future decisions.

**Financial Concepts** 

Ananshya Dhar, XI CP











## Community Outreach and CAS

#### A Creative Adventure in SUPW

This term, middle school SUPW classes turned into a space of laughter, imagination, and discovery. Each session invited students to experiment, create, and express themselves — and what they made went far beyond simple crafts.

The first challenge was to transform old T-shirts into tote bags. With scissors, knots, and stitches, students worked eagerly. Some bags were neat and perfectly shaped, others had a quirky charm — but every piece reflected pride in recycling and creating something purposeful.

Soon, the classroom burst into colour as students explored the art of tie and dye. The thrill of unfolding the fabric to reveal vibrant swirls and unexpected patterns was unforgettable. Each design was unique, yet together they painted a picture of creativity, courage, and joy.

Adding a refreshing twist, students next prepared fruit-based drinks. Mixing, blending, and tasting, they discovered how healthy choices can be both simple and delicious. Laughter, shared recipes, and clinking glasses made the experience even sweeter.

Perhaps the most touching moment came during the planting activity. Using hand-folded newspaper pots, students gently placed seeds and saplings into the soil. As they pressed the earth over the roots, a quiet realization dawned—they were nurturing new life.

Through these meaningful activities, students embraced creativity, teamwork, and responsibility—proving that even the smallest actions can leave a lasting impact.

Ms. Purva Sanduja SUPW Teacher CAS Coordinator (IBDP)

### CAS: A Journey of Compassion, Courage, and Connection

This summer, our IBDP students embarked on an inspiring CAS journey—one that beautifully intertwined creativity, activity, and service to make a real difference. The campus buzzed with energy and innovation as students built purposeful apps, baked treats that carried meaning beyond their sweetness, and turned their passions into projects that inspired change.

Beyond the classroom, our young changemakers led AI and digital skills workshops for underprivileged children, opening doors to new opportunities and boosting their confidence. A vibrant cultural and food fest added colour to the season, celebrating global traditions and reminding everyone that food has the unique power to connect people and hearts. On Kargil Vijay Diwas, students also poured their gratitude into crafting rakhis for soldiers—a touching gesture of respect and remembrance in collaboration with Pure Hearts NGO.

Science, too, came alive through hands-on experiences. In a series of Biology workshops guided by our Biology Facilitator, students explored plant grafting—learning

patience, perseverance, and care for the environment. Senior IBDP students also stepped into mentorship roles, leading PYP learners through fascinating experiments on light dispersion, sound waves, and eco-friendly food waste decomposition. Conducted in collaboration with the Physics Facilitator, these sessions sparked curiosity and highlighted the importance of sustainability.

Through every challenge and success, CAS evolved into something much deeper than a programme—it became a journey of compassion, courage, and connection. Our students not only discovered new skills and friendships but also understood that even the smallest acts of kindness and creativity can bring about meaningful change in the community and beyond.

Ms. Purva Sanduja SUPW Teacher CAS Coordinator (IBDP)

## The World of Economics

#### **Major Economic Events of September 2025**

The month of September has been full of big developments in the Indian economy, both within the country and in its relations with the world. As students, it is important to know how such events affect not just businesses but also the lives of people like us. Let's look at the two major changes which took place this month—US tariffs on Indian goods and reforms in India's GST system.

#### **US Tariffs on Indian Goods**

The United States, which is India's largest trading partner, recently imposed a 50% tariff on many Indian exports (things a country sells to other countries). A tariff is simply a tax on imports (the things which a country buys from other country). This means Indian goods such as garments, jewellery, and leather products will now cost much more in America, making them expensive for US buyers.

Why does this matter? India sells more than \$48 billion worth of goods to the US every year. With such high tariffs, many small and medium businesses in India will find it hard to sell their goods in US which could lead to fewer Indian exports and thus a decrease in the production of goods in India and unfortunately, job losses. For our country, this is worrying because exports bring important income and foreign currency. To deal with this, India is trying to expand its trade by selling to more countries and at the same time focusing on becoming more self-reliant, so that our economy does not depend too heavily on any single nation for any commodity.

#### **GST Reforms at Home**

On one hand India is facing global challenges, and on the other hand it is reshaping its tax system at home. The government has recently announced reforms in the Goods and Services Tax (GST), a tax put on the purchase of various goods and services, which affects everyone from shopkeepers to big companies and even consumers like you and me

Earlier, many goods and services were taxed under different slabs like 5%, 12%, 18%, and 28%.



The government has reduced the number of slabs to only 5% and 18%, so that taxpayers and businesses find it easier to follow the rules. This step will also reduce confusion among consumers when they pay their bills.

The government has also tightened the rules for input tax credit (means businesses can get back the GST tax they paid while buying goods or services for their work) to prevent fraud, and expanded the digital systems like e-invoicing (creating invoices in a digital format instead of using paper). These steps will make India's tax system more transparent and efficient, while also reducing the burden on ordinary traders and customers.

#### What This Means for Students

Both these events—the US tariffs and the GST reforms—show how economics is linked to real life. Global trade policies affect Indian businesses and workers, while tax reforms within the country help make systems fairer and simpler. Understanding them helps us see economics not only as numbers, but as something that impacts every household and every citizen.

Ms. Neha Gupta Economics Teacher

## From The Counsellor's Desk

#### **Beyond the Mirror**

"Mirror, mirror on the wall, can you tell who is the prettiest of all?"

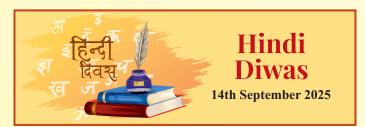
What can a mirror, by the virtue of its physical properties, truly reveal? Mostly, it reflects our external features—the blemish on the skin, the length of our hair, or the extra inch we lose or gain. But what about our creativity, kindness, or the warmth someone feels in our presence? Unfortunately, no physical instrument can measure these dimensions of our personhood.

Adolescence, the bridge between childhood and adulthood, is marked by profound physical and emotional transformations. During this vulnerable phase, criticism about one's appearance—body shaming—can deeply affect mental and social well-being (Sugiati, 2019; Schluter et al., 2023). Such experiences may lead to anxiety, stress, low self-esteem, or even depression (Golbasi et al., 2016; Syeda et al., 2023). Therefore, preventive efforts must focus on understanding body-shaming dynamics, fostering meaningful support systems, and strengthening resilience and emotional health (Deviantony et al., 2024).

Our interactions hold the power to nurture or harm mental well-being. In everyday situations—when peers mock a classmate's looks—do we stay silent or speak up? Does your social media feed uplift you or make you insecure? The answers to these questions define not only how you see others but also how you see yourself.

A mirror can only reflect your appearance. The true reflection of who you are lies far beyond that glass.

**The Counselling Department** 



## मेरा परिवार

मम्मी कहती चलो सुनने कहानी, राजा रानी और चतर सयानी। पापा के संग चित्र बनाऊं, गाना गाऊं खुब मुस्कुराऊं। दादी बनाएं गरम पराठा, प्यारी सी मुस्कान में छुपा है नाता। दादु लाएं रंग-बिरंगे गुब्बारे, कहे तुम हो "मेरे लिए सबसे प्यारे"। मम्मी मेरी गाती गाना. कभी नाचना, कभी पढाना। कागज से बने नाव और जहाज, उसके संग है, हर दिन लाजवाब। ओरियो मेरा प्यारा साथी. पुंछ हिलाए, करे भागा दौड़ी। भौं -भौं करके सबको जगाए. फिर गोदी में आकर सो जाए। मेरा परिवार है सबसे न्यारा, प्यार भरा, सपनों का सहारा। हर दिन हंसी, हर रात बाहर, मेरा परिवार, मेरा संसार।

> चेतस रूस्तगी कक्षा: एक-डी

जन-जन की यही अभिलाषा है,
हिंदी हमारी राष्ट्रभाषा है।
जैसे स्त्री के श्रृंगार के लिए जरूरी है बिंदी,
वैसे ही हिंदुस्तान के लिए अपरिहार्य है हिंदी।
हिंदी को हम तन मन से अपनाएंगे,
भारत राष्ट्र का गौरव हम सब बढ़ाएंगे।
हिंदी हमारी शान है हमारा अभिमान है,
हिंदी केवल भाषा ही नहीं राष्ट्र की आन और सम्मान है।



सरल ,सरस और मनोहारी है, अपनी हिंदी तो बहुत ही प्यारी है। भावों की अभिव्यक्ति हिंदी में कितनी आसान है, यही तो हिंदी भाषा की खूबसूरती और उसकी पहचान है। बाकी भाषाओं को मैंने महज, किताबों में रखा, हिंदी भाषा को हमेशा अपने भावों में रखा। संकल्प लेते हैं हम सब आज, हिंदी को ही अपनाएं,कोई सा हो कामकाज।

> दादाजी के विजय कुमार गुप्ता सोहम कच्छल कक्षा: द्वितीय-एक

हिंदी से मिलता स्नेह सारी, यह भाषा है सबसे न्यारी। शब्दों में इसकी है मिठास, दिल को करती यह खास। हिंदी दिवस का सब करें सम्मान, हिंदी से ही है जग में पहचान।

> राजवीर चौधरी के पिता मोहिता चौधरी कक्षा: पांचवां-ई

## हमारा परिवार

खुशियाँ समेटी हो जैसे सारे संसार से, आइए मिलवाती हूं आपको अपने परिवार से। घर की मुखिया दादी हमारी, संस्कार वो हमें सिखाती, प्यार दुलार से भरी हुई रोचक कहानियाँ रोज़ सुनाती, फिर आती पापा की बारी, रोज़ दफ्तर में जंग है जारी, सबकी समस्या सुलझाने की उनकी मुश्किल जिम्मेदारी। माँ के लिए अब क्या ही बताओ, खूबियाँ उनमें इतनी सारी, पूरे घर को सजा के रखती, जैसी माली की बिगयारी। भैया मेरा बहुत ही नटखट, तंग करके मारे किलकारी, लड़ता मुझसे प्यार भी करता, करता बातें ढेर सारी। परिवार के साथ है शक्ति, ये सबको मैं हूं समझांती! सबकी लाड़ली और दुलारी, मैं अनायका बिटिया न्यारी।

अनायका जैन कक्षा: द्वितीय-ई

हिंदी है हमारी राष्ट्रभाषा, इसको पढने की है मेरी अभिलाषा। हर स्वर-व्यंजन, को मत समझो तुम एक अड़चन। प्रत्येक शब्द दिखाएगा तुम्हें, कामयाबी का दर्पण। हिंदी हमारे देश की है शान. बनाए हमारे देश को महान। सदियों से चली आ रही यह भाषा, देती है नई ऊँचाइयों की आशा । हिंदुत्व का परचम इससे लहराया, गर्व है मुझे कि हिंदी भाषा ने मुझे अपनाया। हमारी प्यारी-निराली हिंदी. हमारी भारत माँ की है विंदी। पुरे विश्व में फैली हिंदी भाषा की ख्याति, यही चीज मैं दिल से चाहती। मोतियों जैसे अक्षर इसके, हमारी संस्कृति की पहचान हैं जैसे। ह्यदय से है यही मेरी आशा, दुनिया में सबसे प्यारी हो हमारी हिंदी राष्ट्रभाषा। है यही मेरी आशा।

> जपनीत कुमार कक्षा ः सातवीं



## भारत की पहचान हिंदी

हिंदी हमारी जान है,
भारत की पहचान है।
माँ की ममता जैसी बोली,
मीठे शब्दों की ये झोली।
जिसमें छुपा अपनापन है,
हर भावों का स्पंदन है।
उत्तर-दक्षिण, पूरब -पश्चिम,
हिंदी लाए सबको नजदीक
चलो आज ये वादा करें,
हिंदी का सम्मान करें।
जहाँ भी बोलें, गर्व से बोलें,
हिंदी को हर दिल में खोलें।

प्रभलीन नारंग कक्षा ः सातवीं ई

## खुशी और डर

तोड़े जाने के डर ले साथ,
खुशी के रंग के साथ।
अच्छी खुशबू की आकांक्षा के साथ,
जीवन में खुशियाँ लाने के साथ।
सोचो फूल हमें क्या सिखाना चाहते हैं ?
जितना हो जीवन में हमेशा अच्छा सोचो।
जीवन में तोड़े जाने के डर से,
फूल खिलना व महकना न छोड़ते।
जीवन में हार जाने का डर से,
कम नंबर लाने का डर से,
जीवन में पीछे रह जाने के डर से
फूल की तरह खिलना व महकना न छोड़ों।

रिद्धिमा टंडन कक्षा ः सातवीं ई ापनें की दुनिया है बड़ी निराली, कभी पंख लगाकर उड़ जाऊ मैं।
कभी मछली सी पानी में तैर जाऊँ मैं,
आसमान को छूकर झट वापस आ जाऊँ मैं,
कभी सुपरमैन के जैसे हीरो बन जाऊँ मैं।
मेरे सपने तो बदलते रहते
मौसम के जैसे रंग बदलते,
नए -नए सफर पर मुझे ले जाते
सपनों को है कहाँ कोई रोक पाता,
ये जीने की उमंग दे जाते।
मेरे सपनों में है खुशियों का जहाँ,
हर दिन नया, हर पल नया आसमाँ।

भुमित मलिक कक्षा ः सातवीं

हिंदी दिवस के लिए सलोगन हिंदी दिवस है अभिमान का दिन, एकता और सम्मान का दिन!

> प्रभलीन नारंग कक्षा ः सातवीं ई

हिंदी मेरी प्यारी भाषा, सबको लाती है पास ।
माँ की बोली, दिल की बात,
पढ़ो लिखो दिन हो या रात ।
सरल मीठी ,प्यारी बोली,
सबको लगे अपनी डोली ।
हिंदी से सीख ज्ञान नया,
भारत का ये है गहना भया ।
आओ सब मिल वचन निभाएँ।
हिंदी का सम्मान बढ़ाएँ।

ह्यधान शर्मा कक्षा ः छठी ज



आज दुनिया का हर रूप देखा सच की तलाश में भटकते चेहरों को देखा। अपनेपन की तलाश में बेचैनी से यहाँ –वहाँ भागते लोगों को देखा

रास्तों को नापते हर कदम देखें मजबूरी का हाथ थामें जीवन के रंग देखें भीड़ भरी इस दुनिया में अकेलेपन में डूबे हुए चेहरे देखें।

आज रास्ते में हर चेहरे को देखा देखा है बेसब्री और भूख को देखा है अमीरी और ताकत को

मोलभाव की इस दुनिया में सबको बिकते देखा है सब कुछ बिकता है यहाँ बस मोल मिलना चाहिए इन उलझनों में क्यों है मेरा दिल टूटता क्या नियम है इस दुनिया के क्यों है इतना अंतर हजारों उम्मीदों ने क्यों मेरे मन को जकड़ा है

मैं कुछ नहीं कर सकती फिर भी क्यों इन चेहरों ने मेरे मन को पकड़ा है ये मेरे नहीं हैं अपने फिर भी क्यों मेरा दिल रोता है।

> भुमित मलिक कक्षा ः सातवीं

हौसले की राह

राहों में चाहे कितने भी काँटे आएं, या मुश्किलें तुझे हर पल सताएँ। हौसला अपने मन में रखना साथी, ताकि हर मंज़िल आसान हो जाए। आँधियाँ चाहे कितनी भी तेज़ चलें, याद रख! उम्मीद का दीपक अंधेरे में भी जले। जो गिरकर फिर उठ खड़ा हो साथी, वही सच्चा पथिक कहलाए। हौसले की ठंडी छाँव मिल जाए, तो थका हुआ मुसाफ़िर भी मुस्कुराए। अगर विश्वास तेरे मन में सच्चा है साथी, तो विशालकाय पर्वत भी झुक जाए।

> स्वाति सोहनी सीनियर स्कूल जीवविज्ञान समन्वयक

### Farewell to a Legend: MiG-21

On the morning of 26th September 2025, the sky over Chandigarh was filled with the colours of the Indian flag, painted by the MiG-21 as one of the country's most iconic supersonic fighter jets took its final flight. A special farewell ceremony was held at the Chandigarh Air Force Station, featuring a spectacular flypast led by Air Chief Marshal Amar Preet Singh. After nearly 62 years of distinguished service as the backbone of the Indian Air Force's combat fleet, the MiG-21 was officially retired.

India received the needle-nosed MiG-21 fighter from the former USSR in 1963, and it soon became a vital part of the country's defence system. It helped safeguard India's skies and played a key role in major conflicts, including the wars of 1965, 1971, and the Kargil War in 1999. One of its most memorable moments came during the 1971 Indo-Pak War, when it shot down a Pakistani F-104 Starfighter near Jamnagar — a jet gifted to Pakistan by the United States after India had declined to purchase it.

However, over the years, the MiG-21 became outdated and increasingly difficult to maintain. Several mid-air accidents raised serious safety concerns. Due to these issues, the Indian Air Force made the decision to retire the aircraft. This legendary supersonic jet will now be replaced by newer and more advanced fighter aircraft, such as the French Rafale and the indigenous Tejas Light Combat Aircraft Mk1 and Mk2, developed by Hindustan Aeronautics Limited (HAL).

Although the MiG-21 will no longer soar through the skies, its courage and contributions will never be forgotten. It will always hold a proud and special place in the hearts of all Indians.

Ms. Shivani Mahindru Political Science Facilitator



## From Our Budding Writers

कविता का शीर्षक: "हिंदी का मान रखेंगे हम"
हिंदी हमारी शान है,
भारत की ये पहचान है।
माँ जैसी इसकी बोली है,
सब भाषाओं में भोली है।
संस्कृति की ये रक्षक है,
भावों की ये अभिव्यक्ति है।
हर कोने में गूंज रही है,



अंग्रेज़ी चाहे आ जाए, हिंदी ना पिछे रह जाए। दोनों को हम साथ निभाएं, पर हिंदी का मान बढ़ाएं। कक्षा में जब बोलेंगे हिंदी, तो सीखेंगे हम ज्ञान सही। हिंदी से जुड़ कर हम सब, लिखेंगे अपनी नई कहानी। आओ मिलकर वचन ये लें, हिंदी को अपनाएँ हम। हिंदी दिवस पर आज सभी, एक नया दीप जलाएँ हम।

> वृषांक श्रीवास्तव, कक्षा: द्वितीय-सी सोनाक्षी महाजन उत्कर्ष श्रीवास्तव

Love & joy
oh look so high in the sky
Shining brightly sun rise,
Chirping birds in the sky,
Look like tiny butterflies.
Oh butterflies butterflies
Look so cherished in the sky,
Up above nature and sky
We rely on natural advice.

Hope and love is what we thrive
But some people don't need advice,
We want a peaceful life
with love and joy,
it is not easy to give an advice
so I hope you understand things in life.

Arianna Rajput, Grade V-H

## मेरे प्रिय शिक्षकों के लिए

गुरू गोविन्द दोऊ खड़े, काके लागूं पांय। बलिहारी गुरू अपने गोविन्द दियो बताय॥

Saint Kabirdas beautifully captures the essence of a Guru's greatness in these lines. He says, when both Guru (teacher) and Govind (the Supreme Divine) stand before me, whose feet should I touch first? I will bow to my Guru, for it is through the Guru's wisdom and guidance that I have found and understood the Divine.

Since ancient times, our culture has celebrated the Guru-Shishya Parampara—the sacred teacher-student tradition. Great sages like Vashishtha, the Guru of Lord Rama, and Sandipani, the Guru of Lord Krishna, stand as shining examples of how even the Divine chose to learn from their teachers. Guru Dronacharya of the Mahabharata, too, is remembered for shaping the princes of Hastinapur into skilled warriors, with Arjuna proudly calling himself Drona Shishya.

The holy scriptures emphasize that knowledge becomes meaningful only when guided by a Guru. Even today, whether in the ancient Gurukul system or in modern classrooms, the role of the teacher remains irreplaceable. Teachers not only educate us but also shape our character, instill discipline, and open our minds to new horizons.

As students, our deepest respect and gratitude go to our teachers. Their lessons are not confined to textbooks—they are life-transforming. On this special occasion of Teacher's Day, I humbly offer my tribute to all my teachers, for being the guiding lights who help us grow, learn, and discover our true potential.

गुरुर्ब्रह्मा ग्रुरुर्विष्णुः गुरुर्देवो महेश्वरः । गुरुः साक्षात् परं ब्रह्म तस्मै श्री गुरवे नमः ॥

> सदैव आभारी, लौरा अनीक, कक्षा : आठवीं डी

## Our Creative Highlanders





Amaira Majumdar, Grade I-E







Krisha Saharan, Grade I-E





Aashray Agarwal, Grade II-A

Avnni Mehta, Grade II- A

## Clan News

#### Clan System: A Legacy with Purpose

The tradition of clan systems in educational institutions dates back centuries, rooted deeply in values of unity, identity, and holistic development. As clan elders, we take immense pride in preserving and nurturing this system, which serves strong for character-building and all-round growth among students.









In our school, the clan system comprises four proud clans: Anderson, Boyd, Lamont, and Macarthur. Each clan carries its own distinct motto and guiding principles, yet all are united in their purpose which is ,to inspire, engage, and empower students to become confident, compassionate, and capable individuals. These clans are not merely simple groupings, they are families within the larger school community, nurturing values and a lifelong sense of belonging.

From the earliest days of schooling, when a student is welcomed into a clan, a new identity is born - one that

binds them to their peers and mentors, and ties them to a rich legacy of achievements and traditions. This belongingness builds pride, responsibility, and a shared sense of purpose. Students no longer strive merely for personal success rather they aim to contribute to the glory of their clan. This selfless motivation strengthens teamwork, leadership, and resilience.

At the heart of the clan system is healthy competition. Throughout the academic year, students compete in a variety of arenas — academics, sports, arts, public speaking, community service, and more. Whether it is a science quiz, a football match, a debate, or a music competition, students give their best not just to win, but to bring honor to their clan. This spirit fosters discipline, motivation, and sportsmanship, preparing them to face challenges beyond school life with courage and grace.

Each clan, with its unique motto and values, offers diverse avenues for personal development. These values, while different in expression, all serve the same end — shaping students into well-rounded individuals who embody excellence, integrity, and service.

Moreover, the clan system encourages inter-age mentorship. Older students become role models and guides for younger members of their clan, fostering an environment of learning and support. This cultivates empathy, patience, and a sense of responsibility in senior students, while giving juniors confidence and inspiration to grow.

In today's fast-paced world, academic excellence alone is not enough. The clan system complements classroom learning with real-world experiences that nurture emotional intelligence, collaboration, and leadership. It reminds students that success is not just about individual glory, but about lifting others, being part of something greater, and contributing meaningfully to the community.

As elders, we see the clan system not just as a structure, but as a living legacy — one that shapes character, fosters unity, and prepares students for life. It is our hope and commitment that every student, through the bonds of Anderson, Boyd, Lamont, or Macarthur, grows into not just a scholar, but a citizen of purpose.

Clan Elders

#### WINNERS OF THE MONTH

Competition	Inter Clan Digital Story Telling Competition for Grade VI		
Winners	Myra Kukreja	I	Boyd
	Aarav Ramkrishnan VI D	II	MacArthur
	Aishani Singhal VI D	III	Lamont

Competition	Inter Clan Tell a Geo Tale Co	npetiti	on for Grade VII
Winners	Yohaan Cacoria VII C Shadab Singh Sidhu VII B	I	MacArthur
	Namish Varshney VII A Paramveer Singh Walia VII A	II	Anderson
	Hunar Puri VII CS-B Aira Singhal VII CS-A	III	Lamont



## Beat the pollution with Dyson air purifiers

Air quality matters, particularly if you suffer from allergies or a respiratory condition.

The Dyson air purifier is scientifically tested to capture 99.95% of pollutants as small as 0.1 microns, including bacteria and viruses<sup>1</sup>.

## dyson pure



Call 1800 258 6688 to book a free video demo or visit Dyson.in

 ${}^{1}\text{Tested for filtration efficiency} (EN1822) \text{ at } 0.1 \text{ microns. Virus testing conducted on } H1N1$ 

## Golf

#### ANITYA'S TIP OF THE MONTH

#### Set up to Play the Low Chip Shot

The short game must always be the strength of junior golfers and one shot they must excel at is the Low Chip and Run Shot. This is a shot that they will encounter most often on the golf course and actually is a simple shot to execute - use a pitching wedge or a sand wedge to play this

The set up of this shot is the key. Place the ball slightly behind the center of your feet and towards the trail leg or the right leg of a right handed golfer. Now, make sure that you keep you weight on to your left leg or the lead leg. You can see me set up this way in the picture. As you place the club behind the ball, make sure your hands are ahead and in front of the left thigh. This will give you enough shaft lean and will help de loft the club at address. This de lofting is the key to ensure that the ball takes off low and rolls like a putt when it lands on the green thereby maximising the chances of the ball ending up close to the hole



An important point to remember here is that the weight of the player should stay on to the left leg as the club swings back and through, thereby giving crisp contact with the ball. Any movement in the weight will change the bottom of the swing and may affect the purity of contact with the ball and hence the final outcome

Mr. Anitya Chand HoD, Golf Coordinator



#### The Scottish High International School

(An ISO 21001:2018 Certification, a standard for Learning Services Management)
(Promoted by Ruptech Educational India Ltd.)

Block- G, Sushant Lok - II, Sector 57, Gurugram 122011 (Haryana)
Phone: +91 124 4112781 to 90 Fax: +91 124 2573590
Email: info@scottishigh.com, Website: www.scottishigh.com

Editor : Ms. Kanchan Khanna

Editorial Team : Ms. Virender Bhullar, Ms. Shivani Johri,
Ms. Anshu Bhatnagar, Ms. Bhawna Rai

Ms. Anshu Bhatnagar, Ms. Bhawna Rajput, Mr. Sumit Gupta, Mr. Ashok Mahakur

Student Editorial Team: Agastya Kaul, Snigdha Saxena, Aditi Gupta,

Samika Jain, Harsh Kashyap, Suhani Arora, Ananshya Dhar, Mehr Kaur Aulakh, Prisha Abrol, Ahana Jacob, Jiyana Khanna, Ojas Lath, Mayrah Sharma, Siya Gupta, Danicca Bajaj, Harsh Bardhan Tripathy, Praneet

Kapoor